"CLINICAL AND ETIOLOGICAL PROFILE OF PATIENTS WITH ACUTE FEBRILE ILLNESS WITH THROMBOCYTOPENIA"

By

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In partial fulfillment of the requirement for the degree of

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IN

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Under the guidance of

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LIST OF ABBREVIATIONS

AMP Adenosine Monophosphate

APP Acute phase proteins

APR Acute phase response

BBB Blood brain barrier

CMV Cytomegalovirus

CNTF Ciliary Neuro Trophic Factor

CRP C-reactive protein

CSF Cerebrospinal Fluid

DF Dengue Fever

DHF Dengue Hemorrhagic Fever

DIC Disseminated Intravascular Coagulation

DSS Dengue Shock Sydrome

EDTA Ethylenediamine tetraacetic acid

ELISA Enzyme-linked immunosorbent assays

Gp Glyco protein

HBV Hepatitis B Virus

HIV Human Immunodeficiency Virus

HSV Herpes Simplex Virus

LPS Lipopolysaccharide

ICAM Inter cellular adhesion molecule

IgG Immunoglobulin G

IFN Interferons

IL Interleukin

ITP Idiopathic Thrombocytopenic Purpura

MAT Microscopic agglutination test

NM Not mentioned

PGE Prostaglandins

POAH Pre-optic/anterior Hypothalamus

RES Reticuloendothelial System

RT PCR Reverse Transcriptase Polymerase Chain Reaction

SAA Serum amyloid A

TB Tuberculosis

TTP Thrombotic Thrombocytopenic Purpura

TNF Tumour necrosis factor

vWF von Willebrand factor

ABSTRACT

CLINICAL AND ETIOLOGICAL PROFILE OF PATIENTS WITH ACUTE FEBRILE ILLNESS WITH THROMBOCYTOPENIA

Background:

Fever is an easily noted and reliable marker of illness. Platelets play a central role in normal haemostasis and therefore also in thrombosis. Infections like dengue, leptospirosis, malaria, typhoid, miliary TB, HIV, septicemia are some of the common causes of fever with thrombocytopenia. Clinical manifestations commonly include petechiae, purpura, and gum bleed. Gastrointestinal bleed, intracranial bleed are rare complications. Early diagnosis treatment of febrile illness and thrombocytopenia will prevent the complications like renal failure, hepatic dysfunction, acute respiratory distress syndrome, severe bleeding. Serial monitoring is said to have prognostic value. Hence this study.

Objectives:

To study clinical profile and etiological agents of the patients presenting with fever and thrombocytopenia.

To correlate thrombocytopenia grades with hemorrhagic manifestations.

Materials and Methods:

134 patients presenting with fever with thrombocytopenia are taken up for study. Inclusion criteria: 1) Age more than 18 years, 2) History of fever and 3) Oral temperature should be > 37.5° c. Exclusion criteria: 1)Patients who are on antiplatelet drugs. 2) Idiopathic thrombocytopenic purpura. The diagnostic work up of patients with fever and thrombocytopenia should include battery of investigations including biochemical tests; haemograms; peripheral smear. Platelet count was repeated serially on Day 1,Day 3,Day 5 and Day 7. The grading of the thrombocytopenia was done and correlated with presence of hemorrhagic manifestations.

Results:

32.8% were between age group 21-30 years. 51.5% were males and 48.5% were females. Mean duration of fever was 2.69± 1.7 days. All patients presented with fever, followed by vomiting(72.4%), myalgia (67.2%), headache(63.4%) and joint pains (12.7%). In our study 44.8% had bleeding manifestations. In that 27.6% presented with Conjunctival Hemorrhage, 17.9% with Bleeding Gums, 18.7% with Petechiae and 3% with Hematuria. In our study we observed that with increase in grade of platelet count there was increase in bleeding tendency. At presentation , In GRADE 1 no bleeding, in GRADE 2 4% had bleeding, in GRADE 3 62.8% had bleeding and in GRADE 4 86.5% had bleeding manifestations. This observation was statistically significant. In present study 64.9% were positive for Dengue, 19.4% were diagnosed to have Sepsis , 23.8% were positive for Malarial parasite, 6.7% had Mixed Infection and one case was positive for both sputum AFB samples. None were positive for Leptospira and Rickettsia. In subjects who had mortality had higher Blood urea, Serum creatinine, Total bilirubin, SGOT and SGPT.

Conclusion:

Our study shows that most common cause of fever with thrombocytopenia was Dengue followed by malaria and sepsis. Bleeding had a significant correlation in patients with GRADE 1 thrombocytopenia. Most common bleeding manifestation was conjunctival Hemorrhage followed by petechiae and gum bleed. Prognosis was good in 94% of subjects and were discharged and 6% had poor prognosis and died during the stay.

Key words – Fever ,Thrombocytopenia, Dengue, Malaria, Sepsis, Bleeding manifestations, Petechiae.

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INTRODUCTION

Fever has been recognized as a cardinal manifestation of disease since ancient times, as recorded by ancient scholars like Hippocrates.¹ Fever is an easily noted and reliable marker of illness.²

Normal body temperature displays a diurnal pattern with lower values in the early morning hours and higher values in the afternoon. Normal ranges are between 35.8°C (96.5°F) and 37.2°C (99°F). Fever is superimposed on this pattern and thus temperatures are usually greatest in the afternoon and evening.²

Fever is defined as an elevation of the body temperature above the normal circadian range as the result of a change in the thermoregulatory center located in the anterior hypothalamus. An AM temperature of $>37.2^{\circ}$ C (98.9°F) or a P.M. temperature of $>37.7^{\circ}$ C (99.9°F) would define fever.3

Thrombocytopenia may result from impaired platelet production, accelerated platelet destruction and/or splenic sequestration. Infectious agents can also cause petechiea, purpura and diffuse bleeding manifestations through a variety of mechanisms including DIC, vasculitis, septic emboli, vascular toxins, direct vascular and endothelial invasion apart from thrombocytopenia.³

Thrombocytopenia is defined as platelet count <150,000/µl. At times the fever course is prolonged and fever with thrombocytopenia narrows the differential diagnosis of the clinical entity. Etiological agents include Malaria, Dengue, Chikungunya, Leptospirosis, Brucellosis, Enteric fever, HIV, miliary TB, Histoplasmosis, DIC, Gram negative and positive septicemia.³

Thrombocytopenia has an inverse relation to mortality and morbidity in various febrile illnesses, serial monitoring of platelet counts has prognostic value. This highlights the importance of thrombocytopenia in various febrile disorders. Early

diagnosis and treatment of febrile illness with thrombocytopenia will prevent the complications like renal failure, hepatic dysfunction, acute respiratory distress syndrome, severe bleeding.⁴

Hence this study.

OBJECTIVES

- 1) To study clinical profile and etiological agents of the patients presenting with fever and thrombocytopenia.
- 2) To correlate thrombocytopenia grades with hemorrhagic manifestations.

REVIEW OF LITERATURE

HISTORY OF FEVER

Sir William Osler stated humanity has three great enemies: fever, famine and war. Among these the most terrible is fever.

Carl Reinhold august Wunderlich defined the normal diurnal variation of the body temperature and gave the first quantitative definition of fever.⁵ He described that fever can give more certainly than anything else information as to the grade of the disease. Because of his work, fever which was previously been viewed as a disease, came to be recognized more appropriately as a clinical sign.⁵

The concept of central set point temperature was introduced by Hammel HT who proposed an original neuronal model to explain regulation of set point temperature by preoptic nuclei. Heat production responses were shown to regulate near a Set-point of 37°C by the respective effector neurons. The term circadian was proposed by Franz Harberg in 1950's to denote daily cycles.⁶

In 1948, Kleitmann and Ramswaroop provided information concerning endogenous and exogenous influences on the diurnal rhythm of core temperature. In most of their subjects there was a 12 hr difference between the maximum and minimum observed temperatures.

The current concept of fever physiology is that, host cell derived molecules induce fever, which usually occurs in the context of an overall inflammatory response directed against pathogenic microbes. The host derived molecules responsible for fever used to be known as endogenous pyrogens as first demonstrated by Paul Beeson in 1948. He described temperature elevating effect of a substance obtained from polymorpho-nuclear leucocytes.⁶

Kluger and co-workers stated that endotoxin induced fever is mediated by interleukin -1b with induction of IL-6, suggesting that IL-6 might be the final common pathway for such fever. Milton and Wendlandt proposed that E- series prostaglandins (PGE) might mediate the febrile response to pyrogens. This consensus of opinion still favors the proposition that PGE2 the endogenous isoform of PGE plays an essential role in fever production.

Rotondo et al. proposed that PGE2 involved in fever might be generated peripherally, transported to pre-optic/anterior hypothalamus (POAH) by the blood stream and then being lipophilic, either cross the Blood Brain Barrier (BBB) at this site or diffuse to POAH through the organum vasculosum laminae terminalis to cause the induction of fever.⁸

PATHOPHYSIOLOGY OF FEVER

Body temperature is regulated around a set point of 36.8±0.4°C, and a circadian temperature rhythm exists in which the highest temperature of each day occurs around 6.00 pm. The variance between the highest and lowest core temperature in a given day is usually no more than 1°C-1.5°C.9

Fever is a physiological disorder in which temperature is elevated above the normal temperature. An elevated body temperature may accompany any condition in which endogenous or exogenous heat gain exceeds mechanisms of heat dissipation such as occurs with vigorous exercise, exposure to a warm ambient temperature, or the use of drugs that cause excess heat production or limit heat dissipation.

Fever is an elevation of body temperature that exceeds the normal daily variation and occurs in conjunction with an increase in the hypothalamic set point.

Once the hypothalamic set point is raised neurons in the vasomotor centre are activated and vasoconstriction occurs. The individual first notices vasoconstriction in

the hands and feet. Shunting of blood away from the periphery to the internal organs decreases heat loss from the skin and the person feels cold. Shivering increases heat production from the muscles, however shivering is not required if heat conservation mechanisms raise blood temperature sufficiently.¹⁰

Process of heat conservation and heat production continue until the temperature of the blood bathing the hypothalamic neurons matches the new thermostat setting. Once that point is reached, the hypothalamus maintains the temperature at the febrile level by the same mechanisms of heat balance that functions in the afebrile state.

When the hypothalamic set point is again reset downward in response to either a reduction in the concentrations of pyrogens or the use of antipyretics, the process of heat loss through vasodilatation and sweating are initiated, loss of heat by sweating and vasodilatation continues until the blood temperature at the hypothalamic level matches the lower setting.

In order to maintain a relatively constant internal body temperature, fine balance between heat loss and heat production must be maintained so that any increase or decrease of one is promptly compensated by a similar increase or decrease of the other. Maintenance of body temperature with in a normal range is accomplished by a number of physiological process, involving both chemical and physical heat transfer. The operation of these mechanisms is integrated at various levels in the central nervous system. ^{11,12}

It is important to distinguish between fever and other causes of hyperthermia where, an elevation of body temperature above the hypothalamic set point due to insufficient heat dissipation.^{11,12}

Heat production takes place through physiological oxidation of food materials in the body, combustion of carbohydrates, fats and proteins. The contribution of various organ systems to the total heat production varies according to circumstances.¹¹

During physical work one generates much additional heat in the muscles. Heat production in the muscular systems has important role in temperature regulation because it is adopted to maintain uniform body temperature being readily increased or decreased according to the need.¹¹

Heat is lost from the body by three channels. They are: 1. Skin 2. Lungs and 3. Excretions – mainly through conduction, radiation, evaporation and convection. 11,12

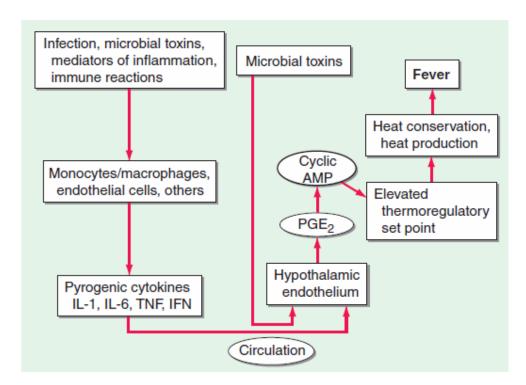


IMAGE 1: PATHOPHYSIOLOGY OF FEVER⁹

THERMOSTASIS:

Thermoregulation is controlled by a neutral structures and connections extending from the hypothalamus and limbic system to the lower brain stem and reticular formation, to the spinal cord and to the sympathetic ganglia. The preoptic region is sensitive to its own temperature and controls virtually all thermoregulatory responses, it is often described in terms of a negative feedback loop in a control system that regulates around a set-point temperature It integrates central and peripheral thermal information, apparently responding to such information by shifting the pre optic set point temperature.

Body temperature is mainly controlled by the hypothalamus. The hypothalamic thermoregulatory center balances the excess heat production derived from the metabolic activity in muscle and the liver with heat dissipation from the skin and lungs.

Heat regulating centre lies in the preoptic and the adjacent nuclei of the anterior hypothalamus in a small area called Thermostatic centre of the body. 9,11 Neurons in this centre becomes powerfully excited if the temperature of the hypothalamic tissue rises above normal. These neurons emit signals which increase heat loss, while at the same time decreasing heat production. As a result the body temperature falls towards normal. Conversely when the body temperature falls below normal, the thermosensitive cells becomes less excited which now elicits opposite signals decreasing the rate of heat loss and increasing the rate of heat production, thus increasing the body temperature towards normal. Lesions of the anterior hypothalamus abolishes these reactions and leads to loss of power to withstand high temperature. 9,13,14

Spinal cord is the connecting path between heat regulating centers in the hypothalamus, peripheral thermoreceptors and effector organs, the cervical part of the sympathetic outflow which regulates peripheral circulation and heat regulation. Effect of section of spinal cord depends on the level. When the section of the cord is above or through the level of sympathetic outflow, gross disturbance of temperature regulation appears. Transection of spinal cord from the level of the upper thoracic segments downwards abolishes sweating and shivering below the level of transection.

EXOGENOUS PYROGENS

Cytokines IL-1, tumor neurosis factor and IL-6 account for endogenous pyrogen activity, exogenous pyrogens by themselves do not cause fever unless they elicit cytokine release. There are many different substances capable of causing fever in humans, micro organisms (primary cell wall components) microbial toxins, antigen antibody complexes, activated compliment components (c3a,c5a), pyrogenic steroids (etiocholanolone), drugs, polynucleic acids. Gram negative bacteria possess 2 known pyrogens – lipopolysaccharide [Lps] which is component of the bacterial outer membrane and peptidoglycan, which forms cross link lattice below the outer membrane.

Gram positive bacteria lack LPS, but contain peptidoglycan, lipotechoic acid and a group of rhamnose glucose polymers. The basic structure responsible for peptidoglycans pyrogenecity is muramyl peptide. Gram positive bacteria release exotoxins which can also cause fever. Exotoxins act by binding to major histocompatibility complex – class 1 molecules on antigen presenting cells, which is then able to bind to T-cell receptor, which then becomes activated and release TNF and 1L-1. The ability of exotoxins to activate large numbers of T-cells has led to its designation as superantigen.

ENDOGENOUS PYROGENS

Endotoxin is an example of a pyrogen that can act both directly on the hypothalamus to cause fever and induce endogenous pyrogens synthesis in various host cells which then induce fever.⁷

Cytokines are peptides released from connective tissue, inflammatory tissue, and immune system cells. They act by autocrine and paracrine mechanisms. Cytokines that are secreted from lymphocytes are called lymphokines. Those secreted by monocytes and macrophages are called monokines. Lymphokines are also known as interleukins, since they are not only secreted by leukocytes but also able to affect the cellular response of the leukocytes. Specifically interleukins are growth factor targeted to the cells of the hematopoietic origin.

L-1a, IL-1b, TNF-beta, 1FN-alpha, 1L-6 are known to be intrinsically pyrogenic they produce rapid onset of fever by acting directly on the hypothalamus. These now include a family of cytokines using the cell signaling apparatus gp-130. Antigen–antibody complexes, inflammatory bile acids and some lymphocyte products are endogenous molecules can also induce endogenous pyrogens not requiring an exogenous stimuli.

INTERLEUKIN - 1

Inducing gene expression for cycloxygenase is one of the most potent proinflammatory properties of IL-1 resulting in the synthesis of large amounts of prostaglandins. IL-1 activates cultured vascular endothelial cells at relatively at low concentrations by inducing expression of inter cellular adhesion molecule (ICAM-1) on the cell surface. This molecule interacts with the leukocyte glycoprotein complex designated leukocyte function antigens.⁷

PROSTAGLANDIN E2

PGE 2 the endogenous isoform of PGE plays an essential role in fever production. Induction of PGE2 is triggered by peripheral signals evoked by early, non cytokine factor elicited in response to infectious challenge.

During fever, in the hypothalamic tissue and in the third cerebral ventricle levels of PGE2 are elevated. The concentrations of PGE2 are highest near the circumventricular vascular organs (organum vasculosum of lamina terminalis) networks of enlarged capillaries surrounding the hypothalamic regulatory centers. Pyrogenic cytokines such as IL-1, IL-6 and TNF are released from the cells enter systemic circulation. The systemic effects of these circulating cytokines lead to fever by inducing synthesis of PGE2. They also induce PGE2 in peripheral tissues, the increase in PGE2 in the periphery accounts for the non-specific myalgia and arthralgia that often accompany fever. It is thought that some systemic PGE2 escapes destruction by lung and gain access to the hypothalamus via the internal carotid. It is the elevation of PGE2 in the brain that starts the process of raising the hypothalamic set point for core temperature.⁸

INTERFERONS

Interferons were the first cytokines administered to humans. Fever was a prominent effect of interferon therapy. In addition to antiviral activities IFN has several biological activities. These include important effects such as their capacity for increasing natural killer activity and enhancing expression of class I and II MHC antigens. Recombitant human IFN injected into humans at a dose of 10-100 u/kg causes chills and fever within 2 hrs.

Non-infectious diseases like vasculitis, rheumatoid arthritis, Lupus, trauma, haemorrhage, thrombophlebitis, drug fever and cancer will produce fever by concept

of cytokines inducing other cytokines in which both fever and acute phase response are common. Fever is also a prominent side effect of cancer chemotherapy.

Rejection with antibodies to CD3 is also associated with fever. It has been implicated that in all these diseases cytokines such as IL-1, TNF and IL-6 are involved in pathogenic process.

TUMOUR NECROSIS FACTOR (TNF)

TNF is a macrophage product that is directly cytotoxic for certain tumor cells. Human TNF has been cloned and has the same amino acid sequence as another macrophage product called cachectin. Recombinant IL-1 and recombinant TNF both stimulates synovial cell production of PGE and collagenases, endothelial cell procoagulant activity and release of platelet activating factor. Both molecules are cytotoxic for certain tumor cells and both induce hepatic acute phase response.

TNF also has the property of inducing the production of IL-1 in vivo. TNF increases PGE2 production within 30 min. This property is shared by 1L-1. The systemic response to LPS appears to be mediated by TNF. IL-6 production is stimulated by IL-1 and TNF. IL-6 belongs to a family of cytokines that triggers cells via the glycoprotein (gp) 130 signaling apparatus. These receptors are present on nearly all cells. Pyrogenic cytokines such as IL-6, IL-11, oncostatin–m, CNTF, cardiotrofin-1 all use these receptors.

ACUTE PHASE RESPONSE

Several inflammations are accompanied by a large number of systemic changes referred to collectively as acute phase response (APR). The APR consists of substitution of new set points for the homeostatic mechanisms that normally maintain

a constant internal environment during good health and is presumed to play a major role in adaptation and defense. APR may be transient, dissipating with recovery or can persist in chronic disease resulting in chronic APR.

Stimuli that commonly give rise to acute phase reactants include bacterial, viral infections, surgical or other trauma, neoplasms, tissue infection and various immunologically mediated inflammatory states.

Fever is only one of the changes in homeostatic settings that occur during APR. Anorexia, changes in plasma protein synthesis and altered synthesis of many endocrine hormones are other changes. In addition negative nitrogen balance, gluconeogenesis, decreased levels of zinc and iron and increased level of copper occurs.

There is leucocytosis and thrombocytosis, decreased erythropoesis resulting in what is commonly called anemia of chronic disease.

The c-reactive protein (CRP) and serum amyloid A (SAA) are two major human acute phase proteins (APP) whose levels are increased by greater than 1000 fold in the plasma following stimulation in infected individuals. Positive APP (levels increased) are Ceruloplasmin and the complement components C3, C4 and other negative APP (levels decreased/synthesis decreased) are albumin, trans thyretin, alpha2 – HS glycoprotein.

C-Reactive Protein (CRP)

The major function of CRP has been presumed to be related to its ability to bind specifically to phosphocholine and thus recognize some foreign pathogens as well as phospholipid constituents of damaged or necrotic cells. The CRP protein can then activate the complement system.

FEBRILE PATTERNS

Fever is a reliable clinical sign and with the fever pattern it is possible to suggest a diagnosis within the group of disease and this can lead to specific therapy and ultimate cure.

- 1. Continuous fever^{3,15} fever does not fluctuate more than about 1°C during 24 hrs but at no time touches the normal.
- 2. Remittent fever^{3,15} fever with daily fluctuation exceeding 2°C in 24 hrs but never touches the baseline.
- 3. Intermittent fever^{3,15} when fever is present only for several hours during the day. When a paroxysm of intermittent fever occurs daily, the fever is described as quotidian, when one day intervenes between consecutive attack it is tertian, when 2 days intervene between consecutive attacks it is quartan. Eg: malaria, localized pyogenic infection and bacterial endocarditis.
- 4. Saddle back fever^{3,15} with several days of fever, a gap of reduced fever of about 1 day and then several additional days of fever seen in dengue and yellow fever.
- 5. Relapsing fever^{3,15,16} short febrile periods punctuating one or several days of normal temperature.

HIISTORY OF THROMBOCYTOPENIA

Since the time of Hippocrates, multiple cutaneous bleeding signs have been described as purpura. In Latin literature, the word purpura (from Greek porphyra) signifies the Precious purpledye, secreted by the purple snail, used as a status symbol during Antiquity in the middle Ages. Without knowledge of the different blood components and functions of course, no differentiation of bleeding signs was possible.

Krauss (1883) and Denys (1887) stated that platelets were diminished during the height of the purpura and increased when the haemorrhages ceased. These findings were confirmed by Hayem in (1895) who was able to perform more accurate platelet counts. Later, Henoch (1899), at that time Professor of Paediatrics in Berlin, differentiated purpura simplex with bleeding signs of the skin only (today known as dry purpura) from purpura haemorrhagica with mucosal bleeding (today known as wet purpura).

In 1557, Amatus Lusitanus mentioned a condition Morbus pulicaris absque febre (without fever). Lusitanus was born in Portugal, studied medicine at the University of Salamanca and had to flee from one country to another because of religious persecution. In his work Curationum medicinalum, he describes a boy with dark macules, resembling flea bites, had no fever and for several days had bloody discharges, eventually recovering.

Lusitanus further speculated whether the rash was due to nervous anxiety or an exudation of detrimental humors. What Lusitanus described could have been thrombocytopenic purpura.

In the early 17th century, Riverius attempted to distinguish purpura from pestilential fever or from a vitious quality of the blood or humors joined with malignity. In his Praxis medica, he described the spots arisen from the over thinness of the blood does sprout forth of the capillary veins into the skin where being retained, it loses its own color, and becomes either bluish or black, or light red, and causes great variety of spots.

In Jena, Hornung (1734) subdivided purpura into simplex, febrile and scorbutica, and 1 year later Paul Werlhof, poet, composer, linguist and physician,

described the disorder under the name of Morbus Maculosus Haemorrhagicus (Werlhof, 1735).

Werlhof described in a footnote a 16-year-old girl with cutaneous and mucosal bleeding which occurred after an infectious disease and recovered with citric acid.

The histogenesis of platelets from megakaryocytes was first described by John Wright in 1910. Adelson E described platelets as sponges in the year 1961. Behnke O described the electron microscope structure of platelet membrane in the year 1968.

Penington DG ,Oslen TE, Fauser AA, Ebbe S, Yee T showed that thrombopoiesis is regulated by humoral mechanisms. Whenever there is a decrease in the platelet count either due to immune destruction on increased removal, megakaryocytes respond by an increase in number, size, ploidy and increase in the rate of maturation.

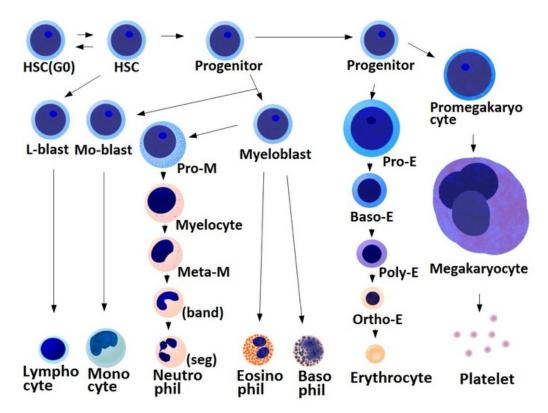
An estimated 15000000 megakaryocytes /kg body weight, averaging 12000 fl in volume, produce approximately 1000–1500 platelets each. Platelet counts normally range between 1.5 lakhs to 4.5 lakhs per microlitre and a count below 1.5 lakh is generally considered to constitute thrombocytopenia.

PLATELETS AND THROMBOPOISESIS

Platelets are the terminal stage of development of megakaryocyte series.

Platelets are small, anucleate cells, they are formed in the bone marrow by megakaryocytes and released in to vascular compartment where they play an essential role in hemostasis.

IMAGE 2: IMAGE OF HEMOPOIESIS



The most immature is the megakaryoblast which accounts for less than 8% of megakaryocyte population. The megakaryocyte population in total forms less than 1 % of Bone marrow cells.

Next stage is promegakaryocyte, they make up 25% of megakaryocyte population. These cells are nucleated and have basophilic cytoplasm. Next stage is the mature megakaryocytes which range from 30-90 µm in diameter and contain 4-16 nuclear lobes. Platelets appear to be formed by protrusion in to the bone marrow sinusoids of pseudopods of megakaryocyte cytoplasm. These pseudopods detach in the blood stream to yield small discoid platelets which play a role in hemostasis.

Each megakaryocyte can give rise hundred to thousand platelets. 17

A mature platelet is 2-4 micrometer in diameter. Volume is 7.06 ± 4.85 micro m^3 .

Thickness is $0.9 + 0.3 \mu m$.

The normal life span is 8-12 days.

In the stored blood life span is 1-2 days.

Platelet turnover is 1.2-1.5 x 10¹¹ /day

Once released from the marrow platelets are trapped in the marrow for 36 hours. 60-75% of the circulating platelets are in the blood. The remainder is in the spleen. Normal values for platelet numbers in peripheral blood vary with the method used for their estimation.

Normal range is 1.5 lakhs - 4.5 lakhs /cumm.

FUNCTIONS OF PLATELETS

 Hemostasis: Immediate reaction following vascular injury is vasospasm. Next reaction is formation of platelet plug.

Following endothelial injury, platelets come is contact with subendothelial collagen, vWF and proteoglycans in the vessel wall. They exhibit 3 reactions

- a) Adhesion
- b) Secretion and activation. The activated platelets change shape, put out pseudopodia and discharge their granules.
- c) Aggregation. The activated platelets stick to one another which is called aggregation.

Aggregation is also fostered by platelet activating factor. Primary platelet plug gets formed which gets reinforced by fibrin to form stable platelet plug.

Growth factors that secreted by platelets cause vascular endothelial cells, vascular smooth muscle cells and fibroblasts to multiply and grow that helps repair damaged vascular walls. They maintain the capillary integrity. This is evident by the fact that in thrombocytopenia due to any cause endothelium thins out with development of more fenestrations.

Under normal circumstances, hemostasis is regulated to promote blood flow; it is also prepared to clot blood rapidly to arrest blood flow and prevent exsanguination.

After bleeding is successfully halted, the system remodels the damaged vessel to restore normal blood flow.

The major components of the hemostatic system, which function in concert, are

- 1. Platelets and other formed elements of blood, such as monocytes and red cells
- 2. Plasma proteins (the coagulation and fibrinolytic factors and inhibitors) and
- 3. The vessel wall itself.

PLATELET PIUG FORMATION

Following vascular injury, platelets adhere to the site of injury, usually the denuded vascular intimal surface. Platelet adhesion is mediated primarily by von Willebrand factor (vWF), a large multimeric protein present in both plasma and in the extracellular matrix of the subendothelial vessel wall, providing sufficient strength to withstand the high levels of shear stress that would tend to detach them with the flow of blood. Platelet adhesion is also facilitated by direct binding to subendothelial collagen through specific platelet membrane collagen receptors.

Platelet adhesion results in subsequent platelet activation and aggregation. This process is enhanced by humoral mediators in plasma like epinephrine,thrombin; mediators released from activated platelets like adenosine diphosphate, serotonin; and vessel wall extracellular matrix constituents that come in contact with adherent platelets (e.g., collagen, vWF). Activated platelets undergo the release reaction,

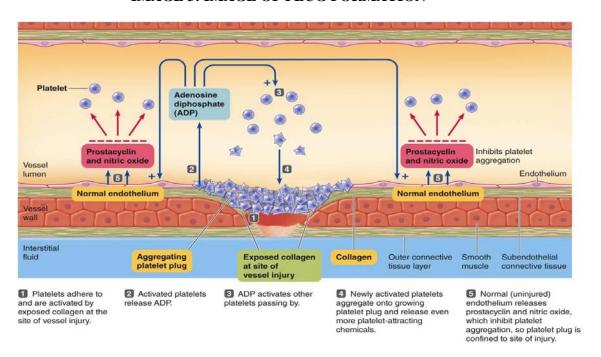
during which they secrete contents that further promote aggregation and inhibit the naturally anticoagulant endothelial cell factors. During platelet-platelet interaction additional platelets are recruited from the circulation to the site of vascular injury, leading to the formation of an occlusive platelet thrombus. The platelet plug is anchored and stabilized by the developing fibrin mesh. The platelet glycoprotein (Gp) IIb/IIIa complex is the most abundant receptor on the platelet surface. Platelet activation converts the normally inactive GpIIb/IIIa receptor into an active receptor, enabling binding to fibrinogen and vWF. Because the surface of each platelet has about 50,000 GpIIb/IIIa fibrinogen binding sites, numerous activated platelets recruited to the site of vascular injury can rapidly form an occlusive aggregate by means of a dense network of intercellular fibrinogen bridges. Since this receptor is the key mediator of platelet aggregation, it has become an effective target for antiplatelet therapy.

Fibrin Clot Formation

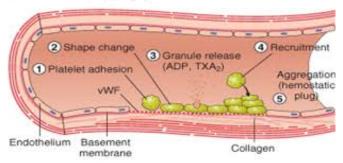
Plasma coagulation proteins (clotting factors) normally circulate in plasma in their inactive forms. The sequence of coagulation protein reactions that culminate in the formation of fibrin was originally described as a waterfall or a cascade. Two pathways of blood coagulation have been described: extrinsic or tissue factor pathway and the so called intrinsic or contact activation pathway.

Coagulation is normally initiated through tissue factor (TF) exposure and activation through the classic extrinsic pathway, but with critically important amplification through elements of the classic intrinsic pathway. These reactions take place on phospholipid surfaces, usually the activated platelet surface.

IMAGE 3: IMAGE OF PLUG FORMATION



B. PRIMARY HEMOSTASIS



THROMBOCYTOPENIA

Thrombocytopenia defined as subnormal number of platelets in circulating blood, which are counts below the normal limits of 1.5lakhs. 18

Thrombocytopenia can result from 4 processes.

- 1. Accelerated platelet destruction
- 2. Deficient platelet production
- 3. Abnormal distribution or pooling of platelets within the body.
- 4. Artifactual Thrombocytopenia

A single platelet count that is lower than normal should always be confirmed by a second count. Thrombocytopenia should also be confirmed by the examination of blood film. The electronic particle counters now widely employed gives accurate results.

Thrombocytopenia is characterized by bleeding most often form small vessels. This bleeding can manifest as petechiae over the skin, hemorrhages from mucosa of gastrointestinal or genitourinary tract. Intracranial haemorrhage is a dangerous consequence in thrombocytopenic patients.

CAUSES OF THROMBOCYTOPENIA

Decreased marrow Production

- Marrow infiltration with tumor, fibrosis
- Marrow failure- aplastic, hypoplastic anemias, drug effects
- Splenic sequestration of circulating Platelets
- Splenic enlargement due to tumor infiltration
- Splenic congestion due to portal hypertension

• Increased destruction of circulating Platelets

Non-immune destruction

- Vascular prostheses, cardiac valves
- Disseminated intravascular coagulation
- Sepsis
- Vasculitis Immune destruction.
- Autoantibodies to platelet antigens
- Drug-associated antibodies
- Circulating immune complexes
- Systemic lupus erythematosus, viral agents, bacterial sepsis.

INCREASED PLATELET DESTRUCTION

The most common cause of thrombocytopenia is accelerated platelet destruction. It leads to stimulation of thrombopoiesis and consequently to an increase in the size, number and rate of maturation of precursor megakaryocytes.

When destruction exceeds the compensatory increase, thrombocytopenia results. Platelet destruction can occur both intracorpuscular and extracorpuscular. Intracorpuscular destruction is rare and is seen in some forms of hereditary thrombocytopenia such as Wiskott Aldrich syndrome. Platelet destruction is most often the result of extracorpuscular destruction and in this immunologic phenomena are most important.

Mechanisms of platelet destruction

- 1. Immune mediated
- a) Autoantibody-mediated platelet destruction via reticuloendothelial system (RES)
 Example: ITP¹⁹Secondary lymphoproliferative disease, collagen vascular disease, infections such as infectious mononucleosis, HIV
- b) Alloantibody mediated platelet destruction via RES Example: Neonatal alloimmune thrombocytopenia; post transfusion purpura.²⁰
- c) Antibodies against microbial antigens adsorbed onto platelets Example: Malaria-associated thrombocytopenia.²¹
- d) Drug-dependent, antibody-mediated platelet destruction via RES
 Example: Drug-induced immune thrombocytopenic purpura (quinine, quinidine, sulfa drugs, vancomycin, etc).²²
- e) Platelet activation by binding of IgG Fc of drug-dependent IgG to platelet FcRIIa receptors Example: Heparin induced thrombocytopenia.²³
- 2. Non-immune mediated
- a) Platelet activation via thrombin or inflammatory cytokines Example: DIC,²⁴ septicemia and other systemic inflammatory response syndromes (adult respiratory distress syndrome, fat embolism, pancreatitis).
- b) Platelet destruction via ingestion by macrophages (heamophagocytosis)

 Example: Infections, malignant lymphoproliferative disorders. 25
- c) Platelet destruction via platelet-activating proteinase

Example: Thrombotic thrombocytopenic purpura, haemolytic uraemic syndrome . 26,27

DECREASED PLATELET PRODUCTION

Disorders that injure stem cells or prevent their proliferation frequently causes thrombocytopenia. Multiple cell lines get affected so that thrombocytopenia accompanied by varying degrees of anaemia and leucopenia, although thrombocytopenia may be the initial manifestation.

Most common cause of decrease production is marrow aplasia, marrow fibrosis or infiltration with malignant cells, ineffective thrombopoiesis, disorders of thrombopoietic control . Defect is readily established by Bone Marrow aspiration or Bone Marrow biopsy.²⁸

ABNORMAL PLATELET POOLING

- 1. Disorders of spleen (Neoplasm, congestive, infiltrative)
- 2. Hypothermia.
- 3. Dilution of platelets with massive transfusions.

ARTIFACTUAL THROMBOCYTOPENIA

Falsely low platelet counts can sometimes result, this is called Artifactual thrombocytopenia. This should be considered in patients with low platelets but no petichiae or ecchymosis.

Causes of artifactual thrombocytopenia are:

- Platelet satellitism^{29,30}
- Giant platelets

Platelet satellitism:

Platelet satellitism is a phenomenon of platelet rosetting around polymorphonuclear neutrophils, is observed in blood treated with EDTA as an anticoagulant at room temperature. Neither heparin nor citrate produces rosetting.

The proposed mechanisms include immunologic bonding through EDTA dependent antiplatelet and antineutrophil IgG autoantibodies directed against the glycoprotein IIb/IIIa complex and Fc γ receptors of platelets and neutrophils. Phagocytosis of platelets by polymorphonuclear leukocytes and monocytes is sometimes seen. Severe platelet satellitism is an important cause of spurious thrombocytopenia.

Giant platelet:

A platetet that is larger than usual, up to 10% of normal platelets are giant; when > 20% of platelets are giant, conditions considered are Bernard-Soulier syndrome—

BSS , ITP, lympho- and myeloproliferative disorders, reticulocytosis, DIC, SLE, gray platelet syndrome, May-Hegglin anomaly, Montreal platelet syndrome, TTP.

THROMBOCYTOPENIA ASSOCIATED WITH INFECTION:

Infection is a common cause of thrombocytopenia, occurring in approximately 50–75 % of patients with bacteremia or fungemia, and patients with septic shock or DIC.³¹ Even when caused by bacteremia, the thrombocytopenia is generally mild to moderate in severity, and usually not accompanied by significant coagulation abnormalities or bleeding. chemokine-induced macrophage ingestion of platelets

(hemophagocytosis) and direct activation of platelets by endogenous mediators of inflammation (e.g., plateletactivating factor)³²or certain microbial products³³ are mechanisms for thrombocytopenia in septicemia in the absence of DIC.

Prompt recognition and treatment of the infection is most important, as platelet count recovery tends to parallel the resolution of the infection. Prophylactic platelet transfusions are not required unless the platelet count falls to $<10 \times 109/L$, or unless comorbid clinical features increase the likelihood of serious bleeding (e.g., concomitant coagulopathy, an invasive procedure, uremic platelet dysfunction).

Immune platelet destruction, impaired platelet production secondary to HIV infection of megakaryocytes, drug- induced myelosuppression (commonly, zidovudine, ganciclovir, and trimethoprim / sulfamexthoxazole), HIV- associated thrombotic microangiopathy, hypersplenism, and marrow infiltration by tumor or opportunistic infections are potential causes of thrombocytopenia in HIV patients.³⁴

Viral causes:

Dengue, HIV, CMV, HSV, Parvo-B19, Hanta virus etc.³⁵ Viruses produce thrombocytopenia by impaired platelet production as a result of invasion of megakaryocytes by the virus, toxic effects of viral protein on progenitor cells, virus induced haemophagocytosis, destruction of circulating platelets by viruses – by viral antigen antibody complexes.³⁶

Bacterial causes:

Gram positive and gram negative septicemia, leptospirosis, miliary tuberculosis, typhoid, mycoplasma pneumonia. 35,37

Septicemia resulting from both gram negative and gram positive is the commonest cause of thrombocytopenia. It may be caused by disseminated intravascular

coagulation (DIC) and the diagnosis of DIC may be apparent when coagulation studies are performed.³⁸

Disseminated intravascular coagulation (DIC) is a complex systemic thrombohemorrhagic disorder involving the generation of intravascular fibrin and the consumption of procoagulants and platelets. The resultant clinical condition is characterized by intravascular coagulation and hemorrhage.

DIC defined as an acquired syndrome characterized by the intravascular activation of coagulation with loss of localization arising from different causes. It can originate from and cause damage to the microvasculature, which if sufficiently severe, can produce organ dysfunction.³⁹

DIC is a complication or an effect of progression of other illnesses and is estimated to be present in up to 1% of hospitalized patients. ⁴⁰ DIC is associated with a number of clinical conditions and always secondary to an underlying disorder, generally involving activation of systemic inflammation. DIC has several consistent components including activation of depletion of clotting factors, intravascular coagulation, and end-organ damage. DIC is most commonly observed in severe sepsis and septic shock. Indeed the development and severity of DIC correlates with mortality in severe sepsis. ^{41,42}

Although bacteraemia, including both gram-positive and gram-negative organisms, is most commonly associated with DIC, other organisms including viruses, fungi, and parasites may cause DIC.

Platelets adherence to damaged vascular surfaces also accounts for thrombocytopenia in certain bacterial infections, such as meningococcemia. Endotoxin, exotoxin, platelet activating factor may damage platelets, resulting in increased clearance.

Protozoal causes:

Thrombocytopenia occurs in over 80% of patients with malaria and human platelets have been demonstrated to contain plasmodia species.³⁵ It was immune mediated destruction with elevated platelet activated immunoglobulin. It was demonstrated that ultra structural changes in platelets, and the level of parasitemia was the cause for thrombocytopenia. Antibodies against microbial antigens adsorbed onto platelets.

DENGUE

INTRODUCTION:

The first confirmed case report dates from 1789 and is by Benjamin Rush, who coined the term "breakbone fever" because of the symptoms of myalgia and arthralgia. The viral etiology and the transmission by mosquitoes were discovered in the 20th century by Sir John Burton Cleland.

Dengue infections caused by the four antigenically distinct dengue virus serotypes (DENV1, DENV2, DENV3, DENV4) of the family Flaviviridae. The infection is transmitted from person to person by Aedes mosquitoes. Dengue infections may be asymptomatic or may lead to an undifferentiated fever, dengue fever or dengue haemorrhagic fever (DHF).⁴³ Each year there are an estimated 50–100 million dengue infections, 500 000 cases of DHF and 20 000 deaths, mainly children.

Clinical features of classical dengue⁴⁴

After an incubation period of 5–8 days following an infective mosquito bite, the disease in adults begins with a sudden onset of fever with severe headache, and any of the following: chills, pain behind the eyes – particularly on eye movement or eye pressure-photophobia, backache, and pain in the muscles, bone and joints of the extremities. The temperature is usually high (39–40°C); the fever may be sustained for 5–6 days and may occasionally have a biphasic course. Other common symptoms include sore throat, colicky pain, altered taste sensation, and abdominal tenderness, dragging pain in the inguinal region, constipation and general depression.

Symptoms vary in severity and usually persist for several days. Several types of skin rash have been described. Initially, diffuse flushing, mottling or fleeting pinpoint eruptions may be observed on the face, neck and chest. These are transient in nature. A second type of skin rash is a conspicuous rash that may be maculopapular or scarlatiniform and appears on approximately the third or fourth day. This rash starts on the chest and trunk and spreads to the extremities and face and may be associated with itching and dermal hyperaesthesia. A positive tourniquet test and petechiae on extremities are not uncommon.

Epistaxis, gum bleeding, gastrointestinal haemorrhage, haematuria and hypermenorrhoea are common haemorrhagic complications have been reported in any epidemics of dengue fever, and on rare occasions severe bleeding has caused deaths in some epidemics. Dengue fever with encephalitic signs but with normal cerebrospinal fluid has been reported in some epidemics. Recently there has been an increase in reported cases of dengue encephalitis which was confirmed either by demonstration of virus, antigen or anti-dengue IgM antibody in cerebrospinal fluid.

The most significant laboratory finding during the acute illness is leucopenia, which is usually noted 2–3 days after onset and lasts throughout the febrile phase. Mild to moderate thrombocytopenia is occasionally observed.⁴⁸

COMPLICATIONS

- Hemorrhagic complications
- Liver failure- liver is involved in all types of dengue viral replication, DEN-3 or DEN-4 serotypes produce greater liver involvement. One-third of dengue infections experience liver derangements
- Encephalopathy- Dengue infections can cause headache, depressed sensorium, seizure, behavioral disorders, neck stiffness, paralysis, delirium, cranial nerve palsies, and coma. Encephalopathy in dengue infections has been ascribed to hepatic dysfunction, electrolyte imbalances, cerebral edema, hypoperfusion, cerebral anoxia, cerebral haemorrhage, microcapillary haemorrhage, release of toxic products, and dengue encephalitis.
- Myocarditis Acute reversible myocardial dysfunction is the commonest cardiac complication. Alternation of tone, rhythm disorders, such as atrioventricular blocks and ventricular ectopic beats, ST segment and T wave changes, low ejection fractions, and global hypokinesia have been reported. Dengue myocarditis is generally reversible with favorable outcomes if diagnosed and treated early.

IMAGE 4: Bleeding manifestations images in dengue fever





DENGUE HAEMORRHAGIC FEVER (DHF)

Pathophysiology:

The pathophysiological hallmarks of DHF are plasma leakage and abnormal haemostasis. Plasma leakage includes a rapid rise in haematocrit, pleural effusion and ascites, hypoproteinaemia and reduced plasma volume. Hypovolaemic shock and death due to loss of plasma.

A disorder in haemostasis involves all major components:⁴⁸

- (1) Vascular changes including capillary fragility changes that lead to a positive tourniquet test and easy bruisability.
- (2) Thrombopathy with impaired platelet function and moderate to severe thrombocytopenia.
- (3) Coagulopathy, acute-type disseminated intravascular clotting (DIC) is documented in severe cases, often with prolonged shock and responsible for the severe bleeding.
- (4) Bone marrow changes include depression of all marrow elements, with maturation arrest of megakaryocytes during the early phase of the illness.

Halstead proposed concept of sequential infection- Antibody dependent immune enhancement. Previous infection with a heterologous serotype results in production of nonprotective antiviral antibodies to other serotypes, these non protective antibodies bind to virion particles but are unable to neutralize them, these antibodies through interaction with Fc receptor ,focus secondary dengue virus on the target cell, which results in enhanced uptake and multiplication of virus in mononuclear phagocyte. The interval between sequential infections has been reported to be 1-5 years, but can be as long as 20 years. Sequence of infection DENV1----- DENV2 is more virulent than DENV4--DENV 2.

The role of non-structural protein NS1 and complement in the pathogenesis of plasma leakage revealed that complement activation mediated by NS1 led to local and systemic generation of anaphylatoxin C5a and the terminal SC5b-9 complex.

The plasma levels of NS1 and SC5b-9 complexes correlated with disease severity and they were present in the pleural fluid from patients with dengue shock syndrome (DSS). The major role of NS1 as an important trigger for complete complement activation and the role of the terminal SC5b-9 complex in the pathogenesis of plasma leakage. High circulating levels of NS1 that can be detected early in dengue illness are prone for development of DHF. 50

CLINICAL FEATURES:

DHF is a severe form of dengue infection that is associated with haemorrhagic diathesis and a tendency to develop shock (dengue shock syndrome: DSS) as a consequence of plasma leakage selectively into pleural and peritoneal cavities. The clinical course could be divided into febrile, critical and convalescence phases.

Febrile phase

It resembles Classical Dengue. A haemorrhagic diathesis commonly presents in the febrile phase as petechiae on extremities, axillae, trunk and face. A positive tourniquet test and tendency to bruise at venepuncture sites are present. Bleeding from the nose, gums and gastrointestinal tract are less common. Haematuria is extremely rare.

Towards the end of febrile phase there is neutropenia, lymphocytosis with presence of atypical lymphocytes. Leucopenia usually reaches shortly before temperature and platelets drop.

Critical Phase

The critical phase, which is the period of plasma leakage, is reached near or by the time the fever subsides. In severe cases shock occurs. The skin is cold and clammy and the pulse pressure becomes narrow ≤20 mmHg with a slight elevation of diastolic level.

If no treatment is given the patient deteriorates rapidly into the stage of profound shock with an imperceptible pulse and blood pressure and dies within 12–24

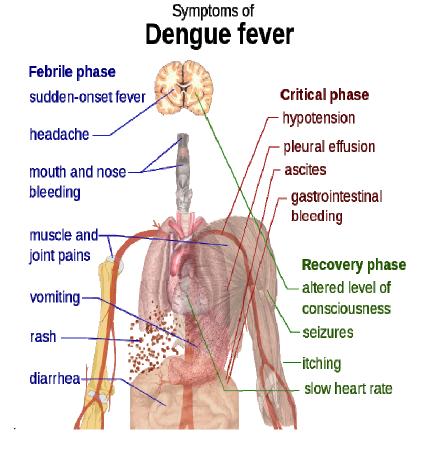


IMAGE 5: SYMPTOMS OF DENGUE FEVER

Prolonged shock is often complicated by metabolic acidosis and severe bleeding, which indicates a poor prognosis. However, if the patient is properly treated before irreversible shock has developed, rapid, often dramatic recovery is the rule. Infrequently, encephalitic signs associated with metabolic or electrolyte disturbances, intracranial haemorrhage or hepatic failure occur and give rise to a more complicated course. ⁵¹ The critical phase usually lasts 24–48 h.

Haemoconcentration and thrombocytopenia are constant findings. The platelet count drops shortly before or simultaneously with the haematocrit rise (≥20%) and both changes occur before the subsidence of fever and before onset of shock. Clotting abnormalities are usually seen in severe cases with shock. Other changes include hypoproteinaemia, hypoalbuminaemia, hyponatraemia and mildly elevated alanine aminotransferase/aspartate aminotransferase levels.⁵²

Bleeding tendencies should be closely watched for. When features of plasma leakage such as pedal edema, pleural effusion, ascites, are present, patient should be closely watched for and should be immediately managed. Dengue fever was a more common manifestation than DHF or DSS. During epidemic dengue should be strongly considered on the differential diagnosis of any patient with fever.⁵³

SEROLOGICAL TESTING:

- Dengue IgM and IgG ELISA are sensitive (83.9-98.4%) and specific (100%), Dengue
 IgM antibodies appear in serum by the fifth day of infection and become undetectable
 by 30- 60 days of illness.
- ELISA FOR NS1(93.4% sensitive, 100% specific) FOR 1st 5 days

- IgM antibody capture ELISA- single sample alone is sufficient (80% sensitive in acute phase and 98% sensitive in convalescent phase)
- Diagnostic (four fold) increase in dengue antibody by heamagglutination test can be demonstrated from paired samples

Molecular diagnosis:

RT-PCR is a valuable diagnostic tool with high sensitivity and specificity even before dengue-specific antibodies are produced. RT-PCR is more sensitive (80-100%) when compared to virus isolation and also identifies the circulating serotype. It also avoids interference due to cross-reactivity of dengue serotypes with other flaviviruses. The disadvantage is its high cost and the expertise needed.

MALARIA

INTRODUCTION:

Malaria is a protozoan disease transmitted by the bite of infected Anopheles mosquitoes. Five species of the genus Plasmodium which are P. Falciparum, P. Vivax, Ovale, and P. Malariae, P.Knowlesi.

THROMBOCYTOPENIA IN MALARIA:

Thrombocytopenia is seen in both complicated and uncomplicated malaria. In the study by Sharma. K. et al Thrombocytopenia was present in as high as 90% of patients, Horstman et al found thrombocytopenia in 85% of P.falciparum and 72% of P.vivax patients respectively. Thrombocytopenia is generally unrelated to clinical severity but the degree of thrombocytopenia co-related with the size of the spleen.

Thrombocytopenia usually resolves spontaneously once the infection subsides. The pathogenesis of thrombocytopenia is thought to be similar to that of anaemia and they often co-exists .Various studies have shown that anaemia and thrombocytopenia occur simultaneously and subside gradually with therapy and clearance of parasitemia. The factors involved in pathogenesis of thrombocytopenia include

- 1) Hypersplasia of reticuloendothelial cells and increased phagocyte destruction.
- 2) Hypersplenism and splenic pooling of parasites.
- Destruction of platelets bound by immune complexes by the reticuloendothelial system.
- 4) And rarely disseminated intra vascular coagulation.

Immunological basis for thrombocytopenia

The low platelet count emerged as the strongest predictor of malaria.⁵⁴ Platelet count of less than 1,50,000 increases the likelihood of malaria by 12-15 times.⁵⁵ Anti-Platelet IgG has also been implicated in the pathogenesis of thrombocytopenia.⁵⁶ Thrombocytopenic malaria, in contrast to the non-thrombocytopenic variety correlates with a higher degree of parasitemia and increased cytokine production.⁵⁷ The mechanism of thrombocytopenia in malaria could be due to peripheral destruction and consumption by DIC.

Immune mediated lysis, sequestration in the spleen and a dyspoietic process in the marrow with diminished platelet production have all been postulated. Abnormalities in platelet structure and function have been described as a consequence of malaria, and platelet can be invaded by malarial parasites themselves.

Two types of changes in platelet dysfunction are seen in malaria. Initially there is platelet hyperactivity, this is followed by platelet hypoactivity. Aggregating

agents like immune complexes, surface contact of platelet membrane to malarial red cells and damage to endothelial cells will result platelet hyperactivity. The injured platelets undergo lysis intravascularly. The release of platelet contents can activate the coagulation cascade and contributes to DIC. Transient platelet hypoactivity is seen following this phase and returns to normal in 1 to 2 weeks.

Thrombocytopenia an indicator of acute vivax malaria and a finding that is frequent and present even before anemia and splenomegaly set in. The possible mechanisms leading to thrombocytopenia in malaria includes immune mechanisms, oxidative stress, alterations in splenic functions and a direct interaction between plasmodium and platelets.⁵⁸

Thrombocytopenia has an excellent sensitivity and very good specificity for vivax malaria. Normal platelet count provides very strong evidence against malaria as the etiology of fever without a focus. ⁵⁹ Thrombocytopenia has an excellent sensitivity and a very good specificity for vivax malaria. Thrombocytopenia is an important marker in the diagnosis of malaria. In endemic regions patients with thrombocytopenia should be screened for possible malaria. ⁶⁰

LEPTOSPIROSIS

INTRODUCTION:

Leptospirosis is a zoonosis that occurs in many parts of the world but most frequently in tropical and subtropical regions. The major maintenance hosts are rodents and the organism is passed in their urine for long periods of time, even for the lifetime of the animal. Humans are infected through direct or indirect contact with the urine, blood, or tissue of infected animals. Most cases are mild or asymptomatic but the most severe illness, often referred to as Weil's disease, characterized by a severe

febrile illness with bleeding, jaundice and renal failure, may be associated with death through renal failure or pulmonary haemorrhage. 61,62,63,64,65

The causative agents belong to the genus Leptospira, fine spiral bacteria of 0.1µm in diameter and 6–20µm in length.⁶⁶ Under dark ground microscopy, the organism appears straight with one or both ends hooked. Spinning motility around their long axis may disguise the spiral nature of the organisms.⁶⁷

CLINICAL PRESENTATION

Bacteraemic phase

First phase does not involve much inflammation, direct hepatocellular damage leads to jaundice, and tubular damage. Haemorrhage may be present in any internal organ, and reflects endothelial damage and increased capillary fragility. ⁶⁸ Cell damage may occur by interference by glycolipoprotein fractions with Na-K ATPase.

Incubation period is usually 7–12 days, there follows an acute febrile, influenza-like illness with chills, sore throat, headache, myalgia, back pain, anorexia, nausea and vomiting and, sometimes, herpes labialis. Sometimes the acute phase is severe, the patient is prostrate and has a persistently high fever (39–40°C) with exquisitely tender muscles, some cough and perhaps even haemoptysis, with dyspnoea and persistent vomiting. Abdominal pain is common and the patient tends to be constipated. There may be moderate hepatomegaly but splenomegaly is less common. The platelet count may fall and thrombocytopenic purpura and frank bleeding ensue. Urinalysis shows proteinuria but creatinine clearance usually remains normal until tubular necrosis or glomerulonephritis occurs.

Immune phase

The second phase of the illness is characterized by the host immune response and includes immune complex glomerulonephritis and vasculitis with endothelial injury.

Second phase begins after the initial illness, characteristically the patient having developed antibodies to the infecting organism. The antibody response is predominantly in the IgM class, which has strong agglutinating properties and may persist for many months. In mild cases, the second phase may be associated with minimal symptoms and signs but in a proportion of more severe infections, meningeal or hepatorenal manifestations predominate. In the severe form of the disease, the first and second phases merge imperceptibly; with persistent high fever the patient deteriorates, becoming jaundiced and starting to bleed into the skin, mucous membranes and lungs.

The liver enlargement is now more prominent. As the sclerae become icteric, the suffused vessels glow orange. Purpura and ecchymoses are seen. High mortality rate associated with oliguric renal failure, shock and myocarditis. The patient develops pulmonary oedema and subpleural pulmonary haemorrhages with haemoptysis. Acute adult respiratory distress syndrome occurs occasionally and, in these cases, smoking may be an important risk factor. The patient will deteriorate rapidly if significant gastrointestinal haemorrhage occurs, but pulmonary haemorrhage is an important cause of death. The electrocardiogram is often abnormal, reflecting myopericarditis. Renal dialysis requires in patients who develop oliguria, then anuria with rising plasma creatinine concentrations. The bilirubin concentration is high, but often without marked enzyme abnormalities, and the combination of high bilirubin and creatinine levels should immediately raise the

suspicious of leptospirosis. Renal failure is the usual cause of death but myocarditis, renal failure, haemorrhage and cerebral artery thrombosis may also be contributory. In those who survive without renal support, the creatinine concentration begins to fall at the end of the second week of the illness, indicating rapid resolution of the tubular necrosis. All renal function parameters will have returned to normal by 6 months except urinary concentrating ability.⁷²

DIAGNOSIS:

- A definite diagnosis of leptospirosis is based either on isolation of the organism from patient or on seroconversion or a rise in antibody titer in microscopic agglutination test (MAT).
- In cases with strong clinical evidence of infection, a single antibody titer of 1:200–1:800 in the MAT is required. A fourfold or greater rise in titer is detected between acute- and convalescent-phase serum specimens.
- Antibodies generally do not reach detectable levels until the second week of illness.
 The antibody response can be affected by early treatment
- Leptospires can be isolated from blood and CSF during first 10 days of illness and from urine for several weeks beginning at ~1 week.
- Dark-field examination of blood or urine frequently results in misdiagnosis and should not be used.

MECHANISMSOF	INFECTIONS
THROMBOCYTOPENIA	
Haemophagocytosis	Septicemia ⁷³ , Epstein Barr virus ⁷⁴
Increased platelet destruction	Meningococcemia ⁷⁵ , Dengue
Platelet reactive auto antibodies	
Hemolytic uremic syndrome	Verocytotoxin producing E.coli ⁷⁶ HIV ⁷⁷
Antibodies against platelet absorbed	Malaria ⁷⁸
microbial antigens	
Hypersplenism	Hepatitis, Malaria
Decreased platelet production	Ehrlichiosis ⁷⁹ , Tuberculosis
Infection of megakaryocytes	HIV 80
Platelet destruction+ hypersplenism	Malaria

CLINICAL FEATURES OF THROMBOCYTOPENIA:

Manifestations of thrombocytopenia include epistaxis, purpura, gingival bleeding, sub conjunctival hemorrhage, haematemesis, malena, hematuria, intracranial hemorrhage, menorrhagia, postpartum hemorrhage.

Bleeding that requires blood transfusion is unusual unless the platelet count is less than 10,000 per microlitre. 81 Petechiae are small capillary haemorrhages the size of pinhead to much larger.

Patients who appear to increased risk include

- 1) Older patients
- 2) Chronic, refractory patients with history of haemorrhage

3) Patients with concomittent bleeding diathesis such as uraemia and hemophilia. 82

Major danger is bleeding in to the brain. Retinal haemorrhages are unusual. Marrow aplasia, fibrosis or infiltration with malignant cells, drugs, vasculitis,transient immunologic thrombocytopenia which complicates infection are the most common causes for thrombocytopenia. Low platelet counts may be the initial manifestation of HIV, SLE and myelodysplastic syndromes.⁸³

Counts more than $50000/\mu L$ there may be bleeding only following trauma. Between 10000 and $50000/\mu L$ spontaneous bleeding can occur.

Mortality can occur with counts less than 10,000 although the incidence is very low. Spontaneous bleeding in to the skin the form of petechiae appear as minute red to purple haemorrhages that range in size from pinpoint to pin head. They are flat and do not blanch on pressure. The presence of petechiae on the face is unusual except while coughing. Ecchymosis can develop on skin surface but they seldom dissect in to deeper tissue planes.

Gingival bleeding and epistaxis are common. The genitourinary tract can also be a source of bleeding. Intracranial bleed occurs in less than 1% with severe thrombocytopenia. These haemorrhages are usually subarachnoid.⁵ Spontaneous gingival bleeding in an otherwise asymptomatic patient should make us consider thrombocytopenia as one of the differential diagnosis. Gastrointestinal bleed can manifest as malena or less commonly as haematemesis.

In Gandhii AA study they concluded that common bleeding manifestations are petechiae, purpura and gum bleeding. 84,85

IMAGE 6: IMAGES OF BLEEDING MANIFESTATIONS





CLINICAL IMPLICATIONS OF THROMBOCYTOPENIA:

- The normal blood platelet count is 1,50,000–4,50,000/L
- Platelet count of >1 lakh, are usually asymptomatic and bleeding time (BT)
 remains normal.⁸⁰
- Platelet count of 50,000 1,00,000 cause mild prolongation of the BT,
 bleeding occurs only after severe trauma. ⁸⁶
- Bleeding rarely occurs in isolated thrombocytopenia at counts <50,000/L and usually not until <10,000-20,000/L.
- Majority of bleeding manifestations occur in patients with less than 10,000/cumm.⁸⁷
- Coexisting coagulopathies, as seen in liver failure or disseminated coagulation; infection; platelet-inhibitory drugs; and underlying medical conditions can all increase the risk of bleeding in thrombocytopenic patient.
- Platelet count of <50,000/μl have easy bruising, manifested by skin purpura after minor trauma. 35,86
- Platelet count of <20,000/μl have spontaneous bleeding, they usually have petechiae, and may have intracranial or spontaneous internal bleeding. 35,86
- Most procedures can be performed in patients with a platelet count of 50,000/L. The level needed for major surgery will depend on type of surgery and the patients' underlying medical state, although a count of approximately 80,000/L is likely sufficient.
- Mucosal bleeding symptoms are more suggestive of underlying platelet disorders or von Willebrand disease (vWD), termed disorders of primary hemostasis or platelet plug formation.⁸⁸

Treating the causative agent will improve the platelet count. ⁸⁹Grading of thrombocytopenia is carried out according to National Cancer Institute (NCI)
 Common Terminology Criteria. ⁹⁰

Grade 0: Within normal limit, platelet count 150,000 or above.

Grade I: Platelet count between 75,000 and 150,000.

Grade II: Platelet count between 50,000 and 75,000.

Grade III: Platelet count between 25,000 and 50,000.

Grade IV: Platelet count less than 25,000.

INVESTIGATIONS

- A. Complete haemogram:
- 1) ESR: > 30 mm/hr suggests TB; malignancy.
- 2) Leucopenia in early dengue before the IgM ELISA dengue is positive.
- 3) Leucocytosis predominantly neutrophils indicates septicemia.
- Blood smear Dohle bodies; toxic granules suggests septicemia also should be examined for malarial parasites.
- B. Rapid spot test:

For plasmodium vivax and plasmodium falciparum species. It is very sensitive for detection of malaria.

- C. WIDAL: tube method for identification of enteric fever.
- D. IgM ELISA dengue will be positive after 5th day of fever and rising titres are indicative of dengue.
- E. IgM ELISA leptospiral antibodies: In very acute, toxic presentation with conjunctival suffusion with renal and liver parameters being abnormal. In patients with fever and

thrombocytopenia with renal and liver parameters being abnormal, it is very important to consider.

- i. Malarial infections
- ii. Leptospiral
- iii. Dengue infections
- iv. Septicaemia with multiorgan dysfunction syndrome

Platelet counts should also be repeated and observed for bleeding manifestations.

Diagnosis of Thrombocytopenia

Thrombocytopenia is said to be present when the platelet count is <1.5 lakhs/microlitre. A single platelet count that is lower than normal should always be confirmed by a second count.⁹¹

Platelet enumeration is more difficult in view of small size, their ability to adhere to foreign substances and aggregate when activated. Thrombocytopenia should also be confirmed by examination of the blood film as well. The electronic counters give the most reliable results.

Errors in counting can arise both because of clumping of platelets in some individuals in whom the platelet clump in the presence of EDTA anticoagulant and also some small extraneous particles may be mistaken for platelets. Others include giant platelets, lipaemia and previous contact with foreign substances. Automated methods provide the best method of counting large number of cells and in minimizing statistical errors. Autoanalysers are better than manual counting. The degree of reproducibility is very high, which is not seen with the manual counters.

Automated instruments provide data with increased reliability, precision, accuracy and reproducibility.

Advantages of automated counters are decreased lab cost, decreased turn around time and increased accuracy.

Types of automated instrument

- 1) Aperture impedance counters
- 2) Optical method counters.

Principles of platelet transfusion therapy

Johns Hopkins in 1910 physician; W.W. Duke, demonstrated the relation of blood platelets to hemorrhagic disease, described a method for determining the bleeding time, and for the first time showed that hemorrhagic disease caused by thrombocytopenia could be relieved by transfusion. However, reliable methods for platelet preparation were not developed until 1950. 92

Platelet preparations

Platelet Concentrates and Apheresis Platelets

Platelet transfusions are available as platelet concentrates or as apheresis units. The former are prepared from units of whole blood by centrifugation and the latter are collected by pheresis devices. Various arguments have been proposed for the superiority of apheresis platelets, including reduced rates of alloimmunization and transfusion reactions. 93,94

Cryopreserved Platelets

Cryopreserved platelets have been developed for long-term platelet storage using dimethylsulfoxide (DMSO) or glycerol. The average post-transfusion recovery of cryopreserved platelets is about 50%. Hemostasis seems to be maintained with DMSO preserved platelets.

Lyophilized Platelets

In 1995 Read and co-workers reported that lyophilized platelets may support hemostasis in an animal model.⁹⁵ They reported that they could correct the bleeding time in thrombocytopenic animals, and also that transfused reconstituted lyophilized platelets participated in carotid arterial thrombus formation in a canine model. This form of platelet is currently undergoing human clinical trials and is not yet approved for routine use.

RECENT REVIEW OF LITERATURE

Gandhi AA, Akholkar PJ. Clinical and laboratory evaluation of patients with febrile thrombocytopenia. NJMR, Vol 5 (1), Jan- Mar 2015:43-46

In their study they concluded that fever with thrombocytopenia reveals infections like dengue and malaria are common causes because of seasonal and regional variations.

Common Bleeding manifestations are petechiae /purpura and gum bleeding.

Lakum N, Makwana H, Shah R. A study pf laboratory profile of fever with thrombocytopenia in adult patients at C.U.Shah Medical College, Surendranagar.

SEAJCRR, Jan-Feb 2014;3(1):556-561.

In their study they concluded that Infection is the most common cause of patient presenting with fever with thrombocytopenia. Among infection malaria was the commonest followed by dengue hemorrhagic fever. In bleeding manifestation petechiae was the commonest cause At presentation majority of patient having platelet count in range of 50,000 to 1,00,000/cumm

Bhalara SK, Shah S, Goswami H, Gonsai RN. Clinical and etiological profile of thrombocytopenia in adults: A tertiary care hospital based cross sectional study. International Journal of Medical Science and Public Health 2015:4;7-10

In their study they concluded that Dengue fever was the most common cause of thrombocytopenia and the most common etiology found in patients who had bleeding secondary to thrombocytopenia with gum bleed as a common manifestation.

Putta suresh, C.Ramesh Kumar, C. Yamini Devi, K.Deva Priyanka. Incidence of Bleeding Manifestations in Fever with Thrombocytopenia Cases. J of Evidence Based Med & Hlth care, vol 2,issue: 15; April 2015; 2154-2156.

In their study they conclude that Fever with thrombocytopenia is the commonest problem in the medical wards. Malaria fever was the commonest cause of fever with thrombocytopenia followed by dengue fever. Bleeding is not attributable to thrombocytopenia if platelet count is >1,00,000. Bleeding is usually due to thrombocytopenia if platelet count is <50,000/µl. Bleeding manifestations commonly seen in dengue fever with thrombocytopenia.

Fazal F, Biradar S. Clinical and laboratory profile of dengue fever. Journal of Evidence Based Medicine and Healthcare 2015:2;1136-1147

In their study they concluded that dengue fever was a more common manifestation than DHF or DSS. During epidemic dengue should be strongly considered on the differential diagnosis of any patient with fever.

Arshad AR. Thrombocytopenia in Malaria: Can platelet counts differentiate Malaria from other Infections. Journal of the College of Physicians and Surgeons Pakistan 2015:25;31-34

concluded that thrombocytopenia has an excellent sensitivity and very good specificity for vivax malaria. Normal platelet count provide very strong evidence against malaria as the etiology of fever without a focus.

Kakar N, Mehmood Z, Sajjad A, Ashraf M. Thrombocytopenia as a diagnostic marker for identifying patients with malaria in endemic regions. International Journal of Advanced Research 2014:2;35-42

concluded that thrombocytopenia is an important marker in the diagnosis of malaria.

In endemic regions patients with thrombocytopenia should be screened for possible malaria.

METHODOLOGY

METHOD OF STUDY:

This study was done on 134 patients, who were admitted to Sri Devraj Urs Medical College and Research Hospital, Tamaka, kolar during a period of December 2013 to December 2014.

We prospectively randomly collected a series of 134 patients with fever and thrombocytopenia.

METHOD OF COLLECTION OF DATA:

Once the patients admitted with fever and those who had thrombocytopenia, a careful history was recorded, general physical examination was done. Detailed examination of various systems was done. Routine investigations were done, the specific and special investigations were done as and when indicated. In whom a final definite diagnosis was reached, were treated for the disease.

Platelet count was repeated serially on Day 1, Day 3, Day 5 and Day 7

The grading of the thrombocytopenia was do and correlated with presence of hemorrhagic manifestations.

Informed written consent was obtained from all the patients participating in the study after clearly explaining the study procedure.

The study was approved by the Ethical committee, Sri Devaraj Urs Medical College, Kolar.

INCLUSION CRITERIA:

- 1) Age more than 18 years
- 2) History of fever.
- 3) Oral temperature should be $> 37.5^{\circ}$ c

EXCLUSION CRITERIA:

- 1) Patients who are on antiplatelet drugs.
- 2) Idiopathic thrombocytopenic purpura.

SAMPLE SIZE:

The required sample size for this study is estimated based on the prevalence of thrombocytopenia of 45.2% in a study. 96 so taking prevalence (p)= 45.2%

$$N=z_{\alpha}^2 pq/d^2$$

where z_{α} = 95% confident interval which is equal to 1.96

d= absolute error 10%

$$q=(100-p)=(100-45.2)=54.8$$

STUDY DESIGN:

Observational hospital based study.

STUDY PERIOD:

DEC 2013 TO DEC 2014.

STATISTICAL METHODS:

Data was entered into Microsoft excel data sheet and was analyzed using SPSS 22 version software. Categorical data was represented in the form of Frequencies and proportions. Chi-square was used as test of significance. Continuous data was represented as mean and standard deviation. Independent t test was used as test of significance to identify the mean difference between two groups. and ANOVA (Analysis of Variance) was the test of significance to identify the mean difference between more than two groups. p value <0.05 was considered as statistically significant.

INVESTIGATIONS

- a) Complete haemogram
 - 1) ESR It is a non specific test, it is raised in most conditions.
 - 2) Leucopenia seen in viral fever.
 - 3) Leucocytosis predominantly neutrophils indicates septicemia.
 - 4) Blood smear Dohle bodies; toxic granules suggests septicemia also should beexamined for malarial parasites.
- b) Rapid spot test: For plasmodium vivax and plasmodium falciparum species. It is very sensitive for detection of malaria.
- c) WIDAL tube method for identification of enteric fever.
- d) IgM ELISA dengue will be positive after 5th day of fever and rising titres are indicative of dengue.
- e) IgM ELISA leptospiral antibodies In very acute, toxic presentation with conjunctival suffusion with renal and liver parameters being abnormal.



IMAGE 7: CBC MACHINE - Alere h 560

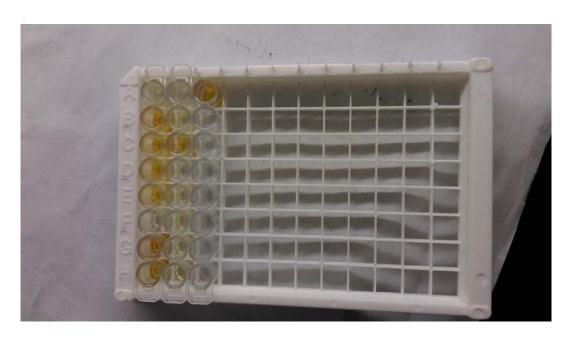


IMAGE 8: MALARIA CARD TEST

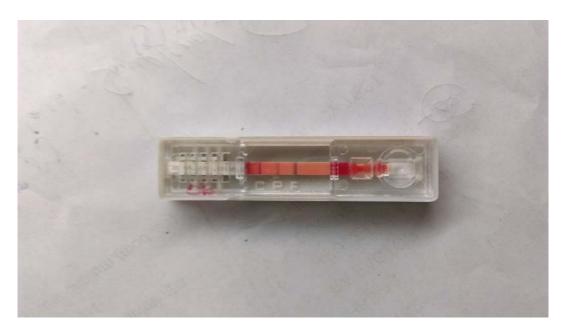


IMAGE 9: ELISA

57

RESULTS

Table 1: Age distribution of subjects

		Frequency	Percent
	< 20 years	14	10.4
	21 to 30 years	44	32.8
Age	31 to 40 years	37	27.6
	41 to 50 years	25	18.7
	> 50 years	14	10.4
	Total	134	100.0

In this study majority 32.8% of subjects are in the age group 21 to 30 years followed by 27.6% in 31 to 40 years. Least no of cases are seen in < 20 years and > 50 years (10.4% respectively).

Mean age of subjects is 35.49 ± 12.94 years.

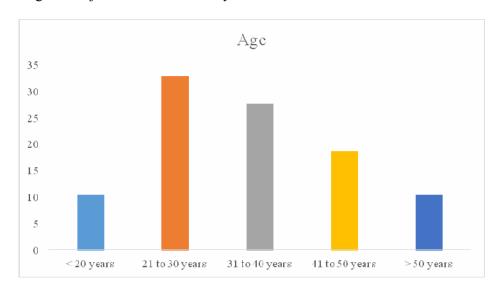


Figure 1: Bar diagram showing Age distribution of subjects

Table 2: Gender distribution of subjects

		Frequency	Percent
	Female	65	48.5
Gender	Male	69	51.5
	Total	134	100.0

Majority of the patients are males (51.5%) and 48.5% are females.

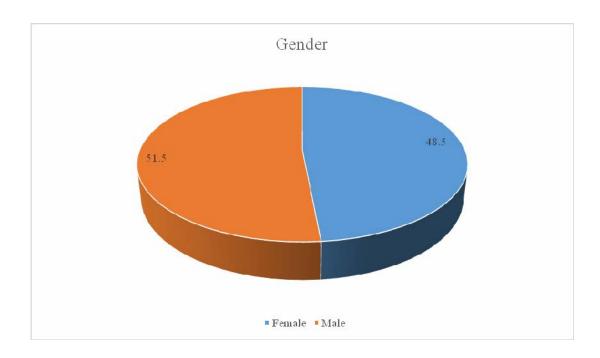


Figure 2: Pie diagram showing gender distribution of subjects

Table 3: Clinical Features at presentation in subjects

	Yes		No	
	Frequency	Percent	Frequency	Percent
Fever	134	100.0	0	0
Headache	85	63.4	49	36.6
Joint pains	17	12.7	117	87.3
Vomiting	97	72.4	37	27.6
Myalgia	90	67.2	44	32.8
Abdominal pain	36	26.9	98	73.1
Dyspnea	14	10.4	120	89.6
Rashes	36	26.9	98	73.1
Bleeding manifestations	60	44.8	74	55.2

All the cases had fever, mean duration of fever is 2.69 ± 1.71 days. 63.4% had headache, 12.7% had joint pains, 72.4% had vomiting, 67.2% had myalgia, 26.9% had abdominal pain & rashes respectively, 10.4% had dyspnea and 44.8% had bleeding manifestations.

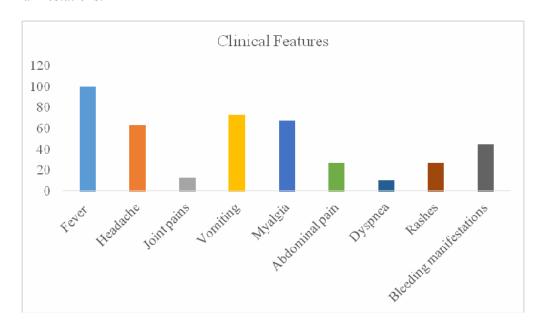


Figure 3: Bar diagram showing Clinical Features of subjects

Table 4: Duration of Fever at Presentation in Subjects

		Frequency	Percent
	1 to 3 days	102	76.1
Duration of	4 to 6 days	30	22.4
Fever Grouped	> 6 days	2	1.5
	Total	134	100.0

Majority of the patients presented within 3 days of fever (76.1%), 22.4% in 4 to 6 days and 1.5% presented after one week.

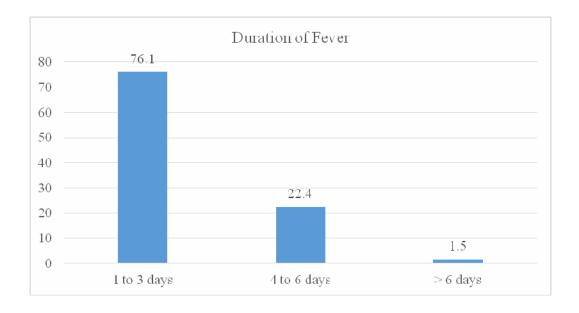


Figure 4: Bar diagram showing Duration of Fever

None of the patients had Drug History

Table 5: Descriptive statistics of Vital Signs

	Temperature	Pulse	SBP	DBP
Number of patients	134	134	134	134
Mean	99.99	99.73	106.42	67.46
SD	0.95	5.89	15.57	7.82
Median	100.00	102.00	110.00	70.00
 Minimum	98	82	70	50
Maximum	104	110	140	80
Range	6	28	70	30

Mean Temperature is 99.99 \pm 0.95 degree F, Mean Pulse rate is 99.73 \pm 5.89 bpm, Mean SBP is 106.42 ± 15.57 mm/Hg and Mean DBP is 67.46 ± 7.82 mm/Hg.

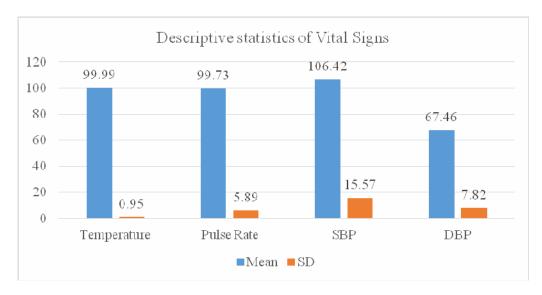


Figure 5: Bar diagram showing Mean and SD of Vital signs

Table 6: Hemorrhagic manifestations in subjects

	Pres	Present		sent
	Frequency	Percent	Frequency	Percent
Conjunctival	37	27.6	97	72.4
Hemorrhage		27.0	,	, 2
Bleeding Gums	24	17.9	110	82.1
Petechiae	25	18.7	109	81.3
Hematuria	4	3.0	130	97.0

In this study 27.6% presented with Conjunctival Hemorrhage, 17.9% with Bleeding Gums, 18.7% with Petechiae and 3% with Hematuria

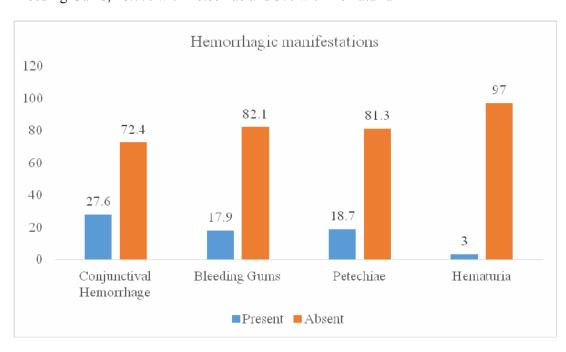


Figure 6: Bar diagram showing Hemorrhagic manifestations in subjects

Table 7: Classification of Hemorrhagic Manifestations

Hemorr	hagic Manifestations	Frequency	Percent
Absent		73	54.5
	Conjunctival Hemorrhage	13	9.7
	Conjunctival Hemorrhage + Bleeding Gums	12	9.0
	Petechiae	12	9.0
	Bleeding Gums	9	6.7
Present	Conjunctival Hemorrhage + Petechiae	8	6.0
	Bleeding Gums + Petechiae	3	2.2
	Conjunctival Hemorrhage + Hematuria	2	1.5
	Conjunctival Hemorrhage + Petechiae + Hematuria	2	1.5
	Total	134	100.0

Conjunctival Hemorrhage is the most common bleeding manifestation in this study.

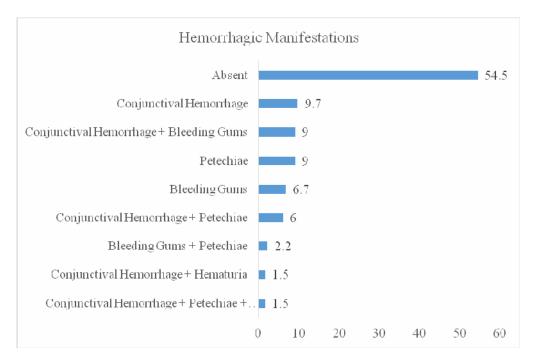


Figure 7: Bar diagram showing Hemorrhagic manifestation in subjects

Table 8: Findings of Systemic Examination

		Frequency (n=134)	Percent
	Normal	115	85.8
Respiratory System	Crepitation (B/L – 17 &Rt -1)	18	13.4
	Pleural effusion (B/L)	1	0.7
	Normal	115	85.8
Per Abdomen	Abdominal distension	10	7.5
	Hepatomegaly	5	3.7
	Splenomegaly	4	3.0
Central Nervous	3		
System	Irritable	1	0.7

Respiratory System examination showed that 13.4% had crepitation and 0.7% had Pleural effusion. Per Abdomen examination showed 7.5% had abdominal distension, 3.7% had hepatomegaly and 3% had splenomegaly. Cardiovascular system is normal in all subjects

Only one subject is irritable on Central Nervous system examination

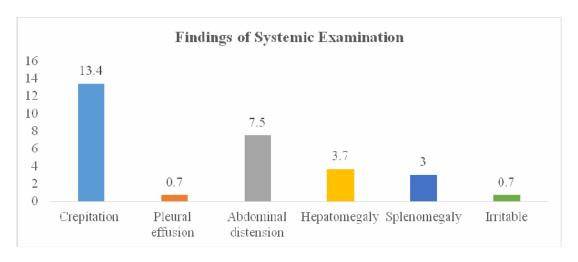


Figure 8: Bar diagram showing Findings of Systemic Examination

Table 9: Grading of Platelet count on Day 1, Day 3, Day 5 and Day 7

	Grade	1	Grade 2 Grade 3		rade 2 Grade 3 Grade 4		4	
	Frequency	%	Frequency	%	Frequency	%	Frequency	%
Day 1	4	3.0	50	37.3	43	32.1	37	27.6
Day 3	16	11.9	59	44.0	38	28.4	20	14.9
Day 5	57	42.5	29	21.6	25	18.7	4	3.0
Day 7	54	40.3	0	0	0	0	0	0

In this study on day 1, 3% had Grade 1 platelet count, 37.3% had Grade 2, 32.1% had Grade 3 and 27.6% had Grade 4 Platelet count.

On Day 3, 11.9% had Grade 1, 44% had Grade 2, 28.4% had Grade 3 and 14.9% had Grade 4 Platelet count.

On Day 5, 42.5% had Grade 1, 21.6% had Grade 2, 18.7% had Grade 3 and 3% had Grade 4 platelet count.

On Day 7, 40.3% had Grade 1 only. Hence with increase in duration there is improvement in subjects.

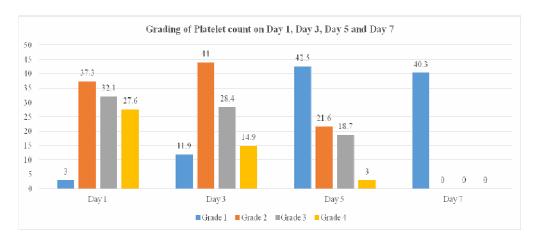


Figure 9: Bar diagram showing Grading of Platelet count

Table 10: Etiology in subjects with Fever with Thrombocytopenia

	Etiology				
	Prese	Present		nt	
	Frequency	Percent	Frequency	Percent	
Sepsis	26	19.4	109	80.6	
Dengue	87	64.9	47	35.07	
Malaria	32	23.8	102	76.11	
Mixed (Dengue + Malaria)	9	6.7	125	93.28	

In this study 19.4% are diagnosed to have Sepsis (TLC > 10000), 64.9% are positive for Dengue, 23.8% are positive for Malarial parasite and 6.7% had Mixed Infection.

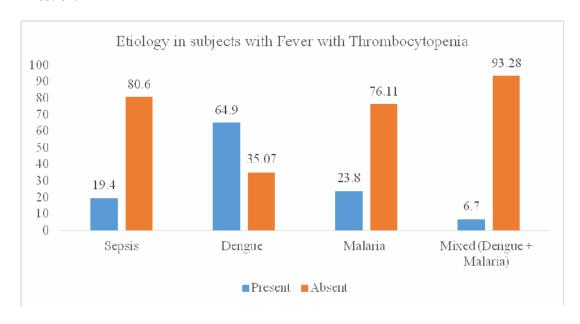


Figure 10: Bar diagram showing Etiology in subjects with Fever with Thrombocytopenia

Table 11: Etiology split up in subjects

		Frequency	Percent
	NS1 Ag Positive	50	37.3
Dengue Serology	IgM Positive	25	18.7
Beligue Serology	Both NS1 Ag & IgM Positive	12	9.0
Malaria	P. vivax	23	17.2
Trialal la	P.falciparum	9	6.7
Mixed Infection (Dengue	+Dengue + PV	5	3.7
Malaria)	Dengue + PF	4	3.0

Among Dengue Positive cases 37.3% are positive for NS1 Ag, 18.7% are positive for IgM antibodies and 9% are positive for Both NS1 and IgM ab.

- 17.2% are positive for P.vivax and 6.7% for P. falciparum.
- 3.7% had Dengue + P. vivax and 3% had Dengue + P. falciparum

No cases of Leptospira and Rickettsia

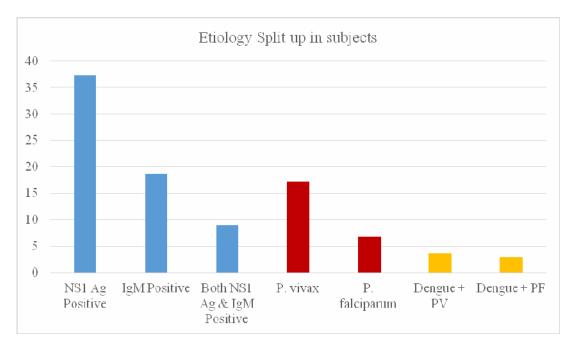


Figure 11: Bar diagram showing Etiology split up in subjects

Table 12: Chest X ray(CXR) findings in Subjects

		Frequency	Percent
	Normal	116	86.6
	ARDS	13	9.7
	B/L lower zone non homogenous opacities	2	1.4
CXR	Rt. lower zone non homogenous opacity	1	0.7
	B/L Pleural Effusion	1	0.7
	Left Lung Fibrosis	1	0.7
	Total	134	100.0

In this study on chest X ray, 9.7% had ARDS and 5 cases had other findings shown in the above table.

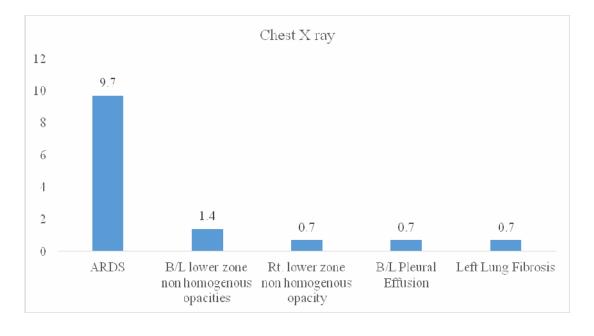


Figure 12: Bar diagram showing Chest X ray Findings

Table 13: Ultrasonography(USG) abdomen findings in subjects

		Frequency	Percent
	Normal	105	78.4
	GB Sludge	11	8.2
USG abdomen	Ascites	10	7.5
oso abdomen	Hepatomegaly	5	3.7
	Splenomegaly	3	2.2
	Total	134	100.0

On USG, 8.2% had Gall bladder sludge, 7.5% had ascites, 3.7% had hepatomegaly and 2.2% had splenomegaly.

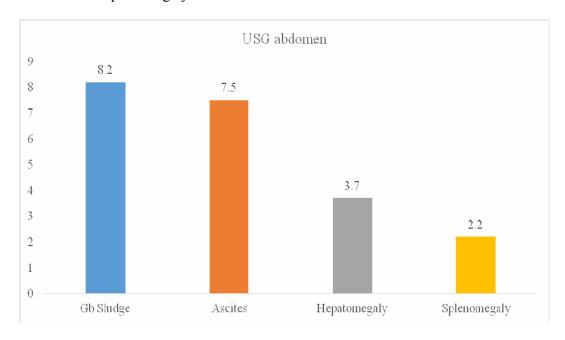


Figure 13: Bar diagram showing USG abdomen Findings

Only one case is positive for AFB (both samples).

Table 14: Platelet transfusion in Subjects

			Frequency	Percent
	Not given		100	74.6
Platelet		4 pints	12	9.0
transfusion	Given	6 pints	17	12.7
u ansiusion	Given	8 pints	4	3.0
		12 pints	1	0.7
	Total		134	100.0

25.4% of subjects required Platelet transfusion. Of them 12.7% are transfused with 6 pints, 9% with 4 pints, 3% with 8 pints and 0.7% with 12 pints.

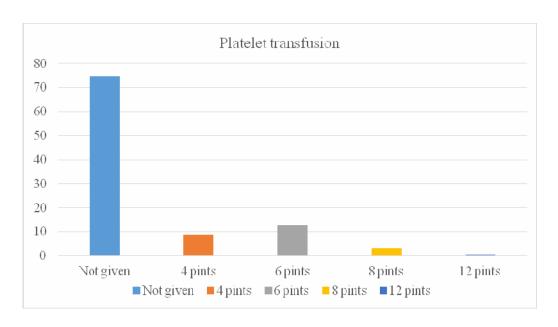


Figure 14: Bar diagram showing Platelet transfusion in Subjects

Table 15: Outcome in subjects with Fever and Thrombocytopenia

		Frequency	Percent
	Death	8	6.0
Outcome	Discharge	126	94.0
	Total	134	100.0

Prognosis is good in 94% of subjects and are discharged and 6% had poor prognosis and died during the stay.

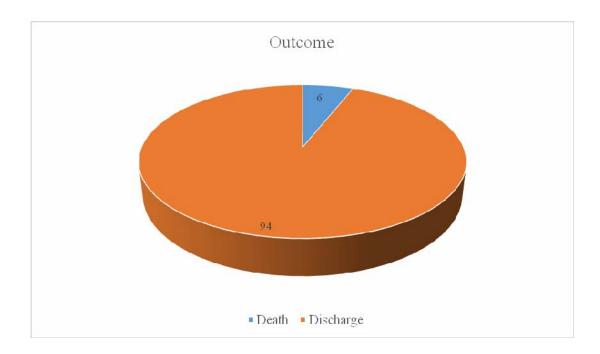


Figure 15: Pie chart showing Outcome in subjects

Table 16: Association between Platelet count grading and Bleeding Manifestations At Presentation

		Day1								P value
		Gra	ide 1	Gra	de 2	Gra	de 3	Gra	de 4	
		Count	%	Count	%	Count	%	Count	%	
Bleeding	Present	0	0.0%	2	4.0%	27	62.8%	32	86.5%	<0.001*
	Absent	4	100.0%	48	96.0%	16	37.2%	5	13.5%	

It is observed that with increase in grade of platelet count there is increase in bleeding tendency. In Grade 1 no bleeding, in grade 2 4% had bleeding, in grade 3 62.8% had bleeding and in Grade 4 86.5% had bleeding manifestations. This observation is statistically significant.

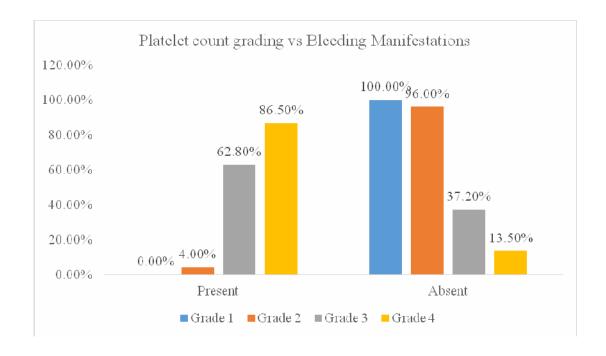


Figure 16: Bar diagram showing Platelet count grading and Bleeding Manifestatio

Table 17: Association between Various Hemorrhagic Manifestations and Platelet Grading on day 1

Hemorrhagic	1ST DAY									
Manifestations	Grade	2	Grade	3	Grade 4					
	Count	%	Count	%	Count	%				
BG	0	0.0%	9	33.3%	0	0.0%				
BG+Petechiae	0	0.0%	0	0.0%	3	9.4%				
СН	2	100.0%	6	22.2%	5	15.6%				
CH+BG	0	0.0%	0	0.0%	12	37.5%				
CH+Hematuria	0	0.0%	1	3.7%	1	3.1%				
CH+Petechiae	0	0.0%	2	7.4%	6	18.8%				
CH+Petechiae+Hematuria	0	0.0%	0	0.0%	2	6.2%				
Petechiae	0	0.0%	9	33.3%	3	9.4%				

p < 0.001**

It is observed that Conjunctival hemorrhage (CH) was common in Grade 2, Bleeding gums (BG) & Petechiae was common in Grade 3 and Conjunctival hemorrhage with Bleeding Gums was common in Grade 4. This observation is statistically significant.

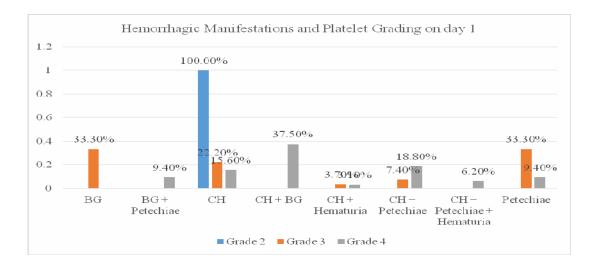


Figure 17: Bar diagram showing Various Hemorrhagic Manifestations and Platelet

Grading on day 1

Table 18: Association between Diagnosis and Platelet Grades

		1st day	y							P value
		Grade	rade 1 G		2	Grade 3		Grade 4		
		Count	%	Count	%	Count	%	Count	%	
	Present	0	0.0%	9	18.0%	8	18.6%	9	24.3%	0.656
Sepsis	Absent	4	100.0%	41	82.0%	35	81.4%	28	75.7%	
	Present	2	50.0%	31	62.0%	27	62.8%	27	73.0%	0.633
Dengue	Absent	2	50.0%	19	38.0%	16	37.2%	10	27.0%	
Malaria	Present	2	50.0%	13	26.0%	11	25.6%	6	16.2%	0.409
	Absent	2	50.0%	37	74.0%	32	74.4%	31	83.8%	l.
Mixed	Present	0	0.0%	4	8.0%	2	4.7%	3	8.1%	0.843
infection	Absent	4	100.0%	46	92.0%	41	95.3%	34	91.9%	

There is no significant association between grade of platelet count and Diagnosis. In higher grades of platelet count dengue is the common etiology.

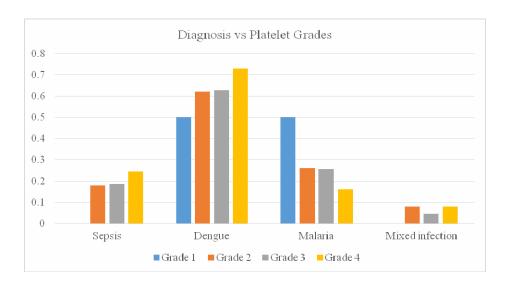


Figure 18: Bar diagram showing Association between Diagnosis and Platelet

Grades

Table 19: Dengue serology and Platelet Grading association

	1st Day									
Dengue Serology	Grade	Grade 1		2	Grade 3		Grade	4	value	
	Count	%	Count	%	Count	%	Count	%	value	
NS1 Ag Positive	2	50.0%	17	34.0%	18	41.9%	13	35.1%		
IgM Positive	0	0.0%	13	26.0%	7	16.3%	5	13.5%		
Both NS1 Ag & IgM Positive	0	0.0%	1	2.0%	2	4.7%	9	24.3%	0.032*	
Negative	2	50.0%	19	38.0%	16	37.2%	10	27.0%		

In this study there is significant association between Grade of Platelet count and Dengue serology. i.e. in higher grades both NS1 and IgM is positive and at Lower grade Ns1 Ag is positive.

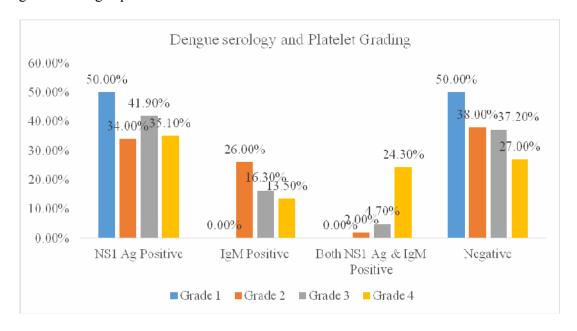


Figure 19: Bar diagram showing Dengue serology and Platelet Grading association

Table 20: Association between Platelet Grading and Diagnosis of Malaria

		Present		Ab	P value	
		Count	%	Count	%	
	Grade 1	2	6.2%	2	2.0%	
Day1Platelet Grading	Grade 2	13	40.6%	37	36.3%	0.409
	Grade 3	11	34.4%	32	31.4%	
	Grade 4	6	18.8%	31	30.4%	

In this study among Malaria Positive patients 40.6% had Grade 2 platelet count, 34.4% had Grade 3 and 18.8% had Grade 4 platelet count. But there is no significant association between malaria diagnosis and platelet grading.

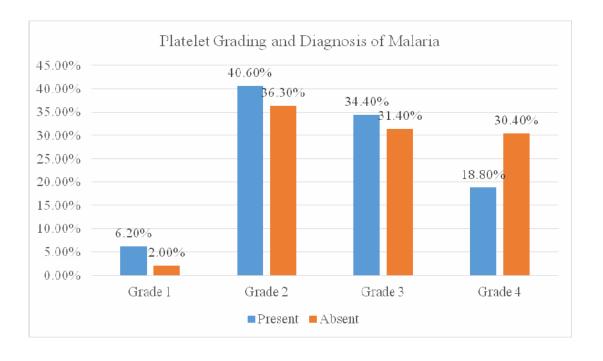


Fig 20: Platelet Grading and Diagnosis of Malaria

Table 21: Association between Platelet Grading and Plasmodium Vivax Infection

			P.vi	ivax		
		Ab	sent	Pre	sent	P value
		Count	%	Count	%	
	Grade 1	2	1.8%	2	8.7%	
Day1Platelet Grading	Grade 2	42	37.8%	8	34.8%	0.207
	Grade 3	34	30.6%	9	39.1%	
	Grade 4	33	29.7%	4	17.4%	

In this study among 23 P.vivax positive patients 34.8% had Grade 2 platelet count, 39.1% had Grade 3 and 17.4% had Grade 4 platelet count. But there is no significant association between P.vivax infection and platelet grading.

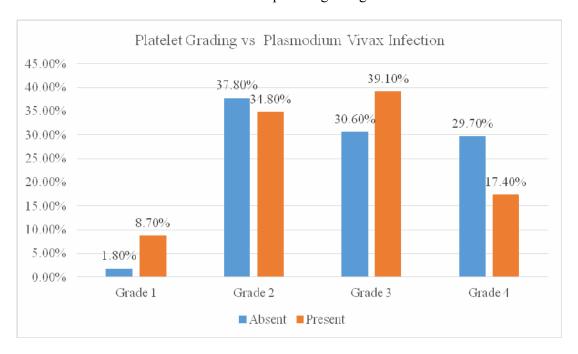


Fig 21: Platelet Grading and Plasmodium Vivax Infection

Table 22: Association between Platelet Grading and Plasmodium Falciparum Infection

			P. Falc	iparum		
		Absent		Pre	P value	
		Count	%	Count	%	
	Grade 1	4	3.2%	0	0.0%	
Day1 Platelet Grading	Grade 2	45	36.0%	5	55.6%	0.672
	Grade 3	41	32.8%	2	22.2%	
	Grade 4	35	28.0%	2	22.2%	

In this study among 9 P.vivax Positive patients 55.6 % had Grade 2 platelet count, 22.2 % had Grade 3 and Grade 4 platelet grade respectively. But there is no significant association between P.falciparum infection and platelet grading.

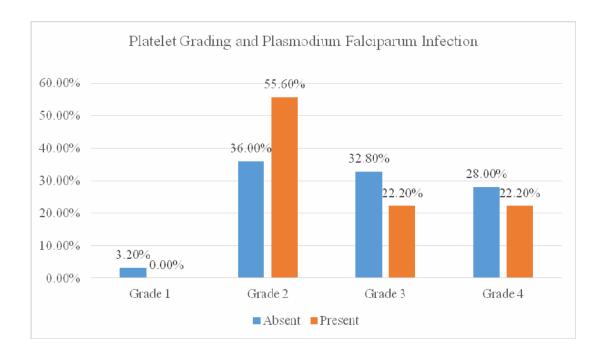


Fig 22: Platelet Grading and Plasmodium Falciparum Infection

Table 23: Grade of Platelet count and Mean difference in Renal and Liver parameters

				1st	day				
	Gra	ide 1	Gra	Grade 2		Grade 3		nde 4	P value
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	
BU	13.38	13.88	15.13	16.62	20.97	23.68	21.64	31.11	0.511
SC	0.76	0.09	0.93	0.47	1.01	0.76	1.01	1.11	0.888
ТВ	0.80	0.40	0.82	0.65	0.97	0.87	1.02	1.14	0.710
SGOT	20.50	9.88	28.42	23.05	37.91	35.77	36.68	43.47	0.429
SGPT	30.50	4.43	30.04	12.66	34.12	18.49	34.92	23.16	0.573

There is no significant difference in mean Renal and Liver function parameters with respect to Grades.

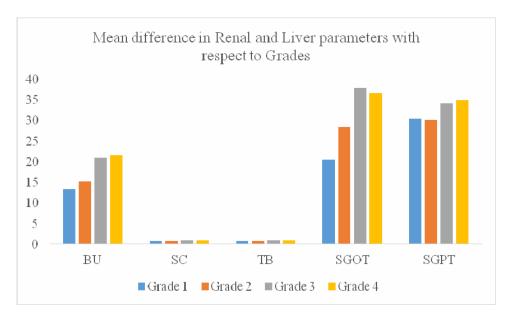


Figure 23: Bar diagram showing Mean difference in Renal and Liver parameters

with respect to grades

Table 24: Grade of Platelet count and Organ Failure in subjects

		Day1								P value
		Grade 1		Grade 2		Grade 3	3	Grade 4	1	
		Count	%	Count	%	Count	%	Count	%	
Blood urea	Normal	4	100.0%	49	98.0%	40	93.0%	35	94.6%	0.658
Blood ulea	Raised	0	0.0%	1	2.0%	3	7.0%	2	5.4%	
Serum	Normal	4	100.0%	49	98.0%	40	93.0%	35	94.6%	0.658
creatinine	Raised	0	0.0%	1	2.0%	3	7.0%	2	5.4%	
Total bilirubin	Normal	4	100.0%	49	98.0%	39	90.7%	33	89.2%	0.319
Total billiubili	Raised	0	0.0%	1	2.0%	4	9.3%	4	10.8%	_
SGOT	Normal	4	100.0%	49	98.0%	39	90.7%	33	89.2%	0.319
3001	Raised	0	0.0%	1	2.0%	4	9.3%	4	10.8%	1
CCDT	Normal	4	100.0%	49	98.0%	39	90.7%	33	89.2%	0.319
SGPT	Raised	0	0.0%	1	2.0%	4	9.3%	4	10.8%	1

There is no significant difference in Renal and Liver failure with respect to Grades of platelet count.

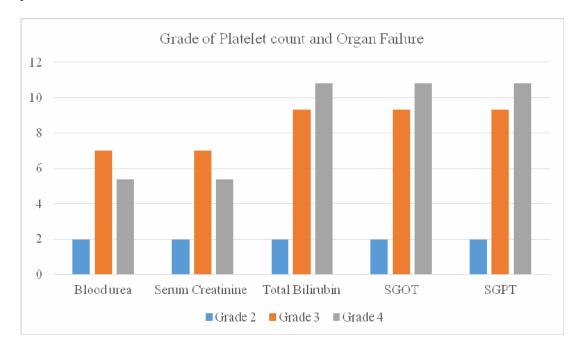


Figure 24: Bar diagram showing Grade of Platelet count versus Organ Failure

Table 25: Association between X ray findings and Platelet Grading

CXR				1st d	lay			
	Grade 1	Grade 1		Grade 2		Grade 3		1
	Count	%	Count	%	Count	%	Count	%
ARDS	0	0.0%	0	0.0%	3	7.0%	10	27.0%
B/L lower zone non homogenous opacities	0	0.0%	0	0.0%	1	2.3%	1	2.7%
B/L pleural effusion	0	0.0%	0	0.0%	0	0.0%	1	2.7%
Left lung fibrosis	0	0.0%	0	0.0%	1	2.3%	0	0.0%
Normal	4	100.0%	50	100.0%	38	88.4%	24	64.9%
Rt. lower zone nor homogenous opacity	0	0.0%	0	0.0%	0	0.0%	1	2.7%

P value = 0.017*

There is significant association between X ray findings and platelet grading. i.e. in grade 3 and grade 4 ARDS and features of hemo perfusion is seen.

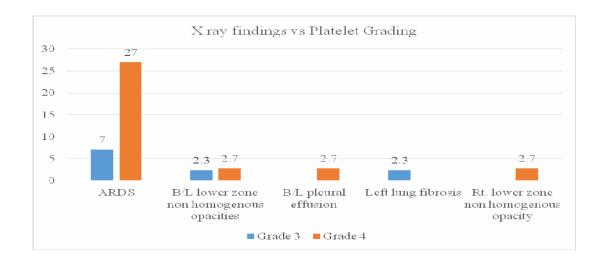


Figure 25: Bar diagram showing X ray findings vs Platelet Grading

Table 26: Association between Platelet Grading and USG findings

		1st day	y						
		Grade	Grade 1		Grade 2		3	Grade 4	
		Count	%	Count	%	Count	%	Count	%
	Ascites	1	25.0%	5	10.0%	4	9.3%	0	0.0%
	GB Sludge	0	0.0%	4	8.0%	2	4.7%	5	13.5%
USG	Hepatomegaly	0	0.0%	2	4.0%	0	0.0%	3	8.1%
	Normal	3	75.0%	38	76.0%	35	81.4%	29	78.4%
	Splenomegaly	0	0.0%	1	2.0%	2	4.7%	0	0.0%

p = 0.362

There is no significant association between Platelet grading and USG findings.

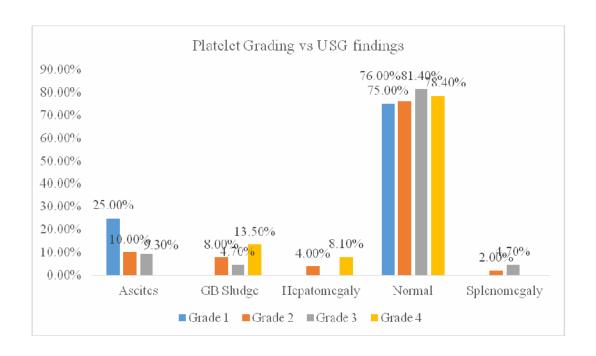


Figure 26: Bar diagram showing Platelet Grading and USG findings

Table 27: Association between Platelet Transfusion versus Grade of Platelet counts

		Grade 3		Grade 4		P value
		Count	%	Count	%	
	4	2	66.7%	10	32.3%	
Platelet transfusion	6	0	0.0%	17	54.8%	0.266
i interest transplaction	8	1	33.3%	3	9.7%	_0.200
	12	0	0.0%	1	3.2%	

In this study there is no significant association between platelet transfusion and grade of platelet count.

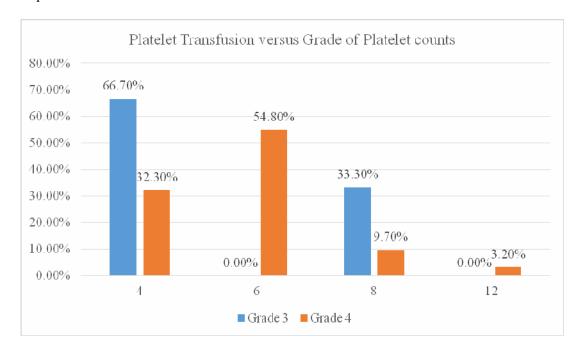


Figure 27: Bar diagram showing Platelet Transfusion versus Grade of Platelet counts

Table 28: Association between Outcome and Platelet count Grading

		1st day								
	Grade 1		Grade 2		Grade 3		Grade 4			
		Count	%	Count	%	Count	%	Count	%	
Outcome	Death	0	0.0%	0	0.0%	3	7.0%	5	13.5%	
	Discharge	4	100.0%	50	100.0%	40	93.0%	32	86.5%	

p = 0.064

In this study higher grade had poor outcome in 13.5%. But this observation is not statistically significant.

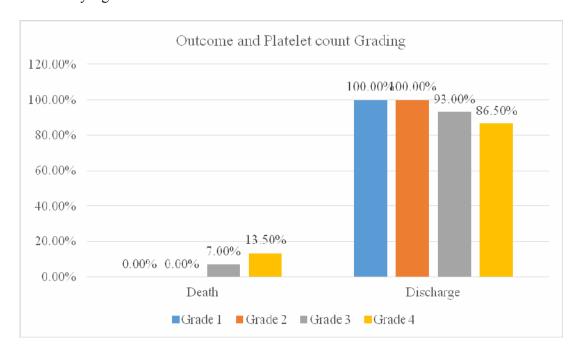


Fig 28: Association between Outcome and Platelet count Grading

Table 29: Association between Outcome and Duration of Fever

Outcome coded						
		Dischar	ged	Death		P value
		Count	%	Count	%	_
	1 to 3 days	102	81.0%	0	0.0%	
Duration of Fever	4 to 6 days	23	18.3%	7	87.5%	<0.001*
	> 6 days	1	0.8%	1	12.5%	-

In this study there is significant association between duration of fever and outcome.

i.e. Mortality is commonly seen in subjects with duration of fever > 3 days (100%).

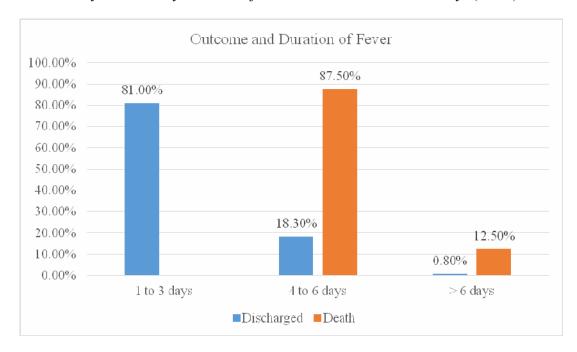


Figure 29: Bar diagram showing Outcome versus Duration of Fever

Table 30: Association between Outcome and Vital signs

	Outcome							
		Disch	narged	De				
		Count	%	Count	%			
Pulse	61 to 100 bpm Normal	56	44.4%	1	12.5%	0.76		
Rate	> 100 bpm Tachycardia	70	55.6%	7	87.5%			
Systolic	< 90 mm/hg Hypotension	24	19.0%	6	75.0%	<0.001*		
blood pressure	90 to 140 mm/hg Normal	102	81.0%	2	25.0%			
Diastolic	< 60 mm/hg Hypotension	51	40.5%	7	87.5%	0.009*		
blood Pressure	60 to 90 Normal	75	59.5%	1	12.5%			

There is significant association between SBP and DBP with outcome. i.e. 75% of death cases had SBP hypotension and 87.5% had DBP hypotension.

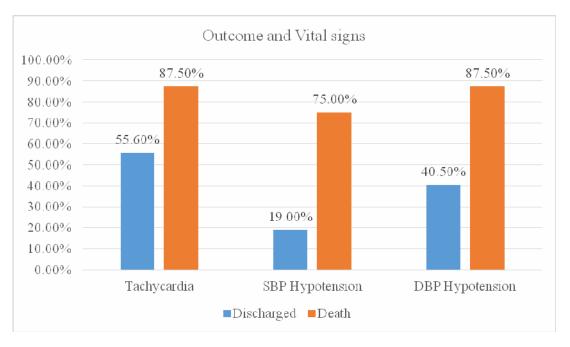


Figure 30: Bar diagram showing Outcome versus Vital signs

Table 31: Association between Outcome and Bleeding

		Outcon	ne			P value
		Discha	rged	Death		_
		Count	%	Count	%	
Bleeding	Present	56	44.4%	5	62.5%	0.320
	Absent	70	55.6%	3	37.5%	

There is no significant association between Outcome and bleeding.

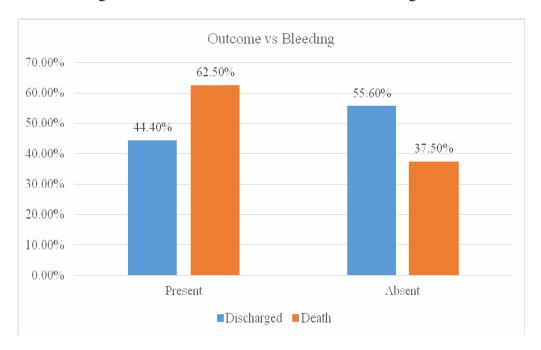


Figure 31: Bar diagram showing Outcome and Bleeding

Table 32: Association between Outcome and Dengue Serology

		Outcome coded				
		Discha	rged	Death	P value	
		Count	%	Count	%	
	NS1 Ag Positive	48	38.1%	2	25.0%	
Dengue serology	IgM Positive	23	18.3%	2	25.0%	0.359
	Both NS1 Ag & IgM Positive	10	7.9%	2	25.0%	
	Negative	45	35.7%	2	25.0%	

There is no significant association between outcome and Dengue serology

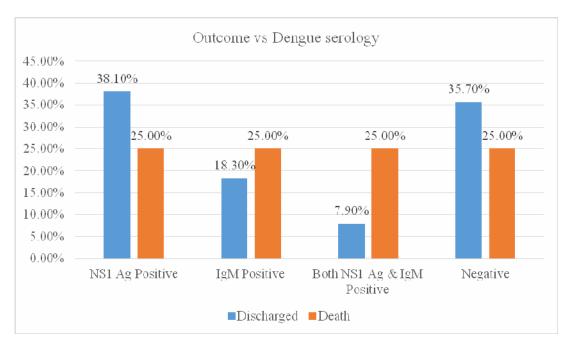


Figure 32: Bar diagram showing outcome vs Dengue serology

Table 33: Association between Outcome and Diagnosis

		Outcome coded						
		Dischar	ged	Death	P value			
		Count	%	Count	%			
Sepsis	Present	21	16.7%	5	62.5%	0.001*		
1	Absent	105	83.3%	3	37.5%			
Dengue	Present	81	64.3%	6	75.0%	0.538		
	Absent	45	35.7%	2	25.0%			
PS for MP	Present	32	25.4%	0	0.0%	0.102		
	Absent	94	74.6%	8	100.0%			
Mixed infection	Present	9	7.1%	0	0.0%	0.434		
	Absent	117	92.9%	8	100.0%			

There is significant association between Sepsis and Outcome. i.e. 62.5% of the subjects who died had sepsis. There is no significant association with other diagnosis.

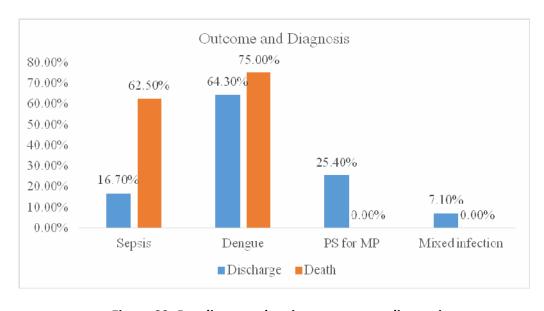


Figure 33: Bar diagram showing outcome vs diagnosis

Table 34: Association between Outcome Vs Total leucocyte count(TLC)

	Outcome	N	Mean	Std. Deviation	P value
TLC	Discharged	126	8643.65	3455.928	0.009*
	Death	8	12112.50	5298.366	

There is significant difference in mean TLC with respect to outcome. i.e. Subjects who died had higher TLC.

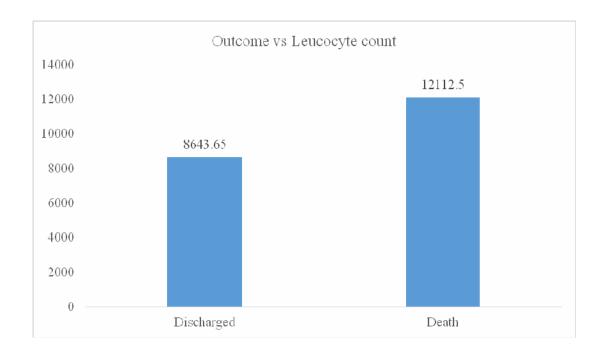


Figure 34: Bar diagram showing Outcome vs Leucocyte count

Table 35: Mean Difference of Renal and Liver Function parameters with respect to Outcome

		P value			
	Disch	arged	De		
	Mean	SD	Mean	SD	
Blood Urea	16.27	15.97	57.82	64.29	<0.001*
Serum Creatinine	0.89	0.47	2.27	2.33	<0.001*
Total Bilirubin	0.85	0.75	2.04	1.70	<0.001*
SGOT	30.09	27.02	87.38	71.00	<0.001*
SGPT	31.15	15.27	57.25	33.74	<0.001*

There is significant difference in renal parameters and liver function parameters with respect to outcome. i.e. .in subjects who had mortality had higher Blood urea, Serum creatinine, Total bilirubin, SGOT and SGPT.

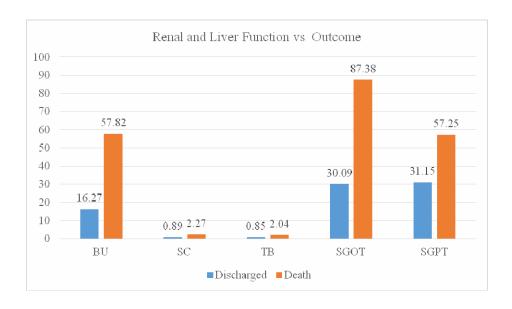


Figure 35: Bar diagram showing Renal and Liver Function parameters with respect to Outcome

Table 36: Association between Outcome and Organ Failure

		Outcom	e				
		Dischar	ged	Death		P value	
		Count	%	Count	%		
Blood urea	Normal	123	97.6%	5	62.5%	<0.001*	
Blood urea	Raised	3	2.4%	3	37.5%	0.001	
Serum creatinine	Normal	123	97.6%	5	62.5%	<0.001*	
	Raised	3	2.4%	3	37.5%	. <0.001	
Total bilirubin	Normal	121	96.0%	4	50.0%	<0.001*	
Total billiubili	Raised	5	4.0%	4	50.0%	<0.001	
SGOT	Normal	121	96.0%	4	50.0%	<0.001*	
3001	Raised	5	4.0%	4	50.0%	<0.001	
SGPT	Normal	121	96.0%	4	50.0%	.0.001	
	Raised	5	4.0%	4	50.0%	<0.001*	

There is significant difference in renal parameters and Liver function parameters with respect to outcome. i.e. .in subjects who had mortality had higher Blood urea, Serum creatinine, Total bilirubin, SGOT and SGPT.

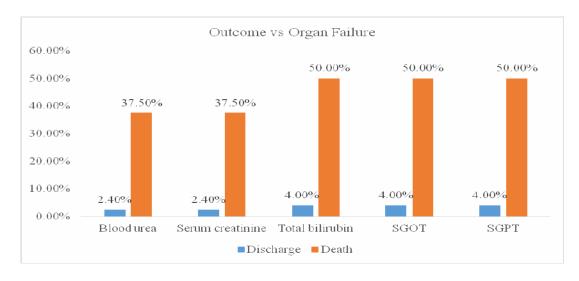


Figure 36: Bar diagram showing Renal and Liver Function parameters with respect to Outcome

Table 37: Association between Chest X ray findings and Outcome

		Outcome					
		Dischai	rged	Death		P value	
		Count	%	Count	%		
	ARDS	10	7.9%	3	37.5%		
	B/L lower zone non homogenous opacities	2	1.6%	0	0.0%		
CXR	B/L pleural effusion	0	0.0%	1	12.5%	<0.001*	
C2111	Left lung fibrosis	1	0.8%	0	0.0%	. 10.001	
	Normal	112	88.9%	4	50.0%		
	Rt. lower zone non homogenous opacity	1	0.8%	0	0.0%		

In this study there is significant association between Chest X ray findings and Outcome. i.e 37.5% of .Subjects with Chest X ray findings (ARDS) had mortality.

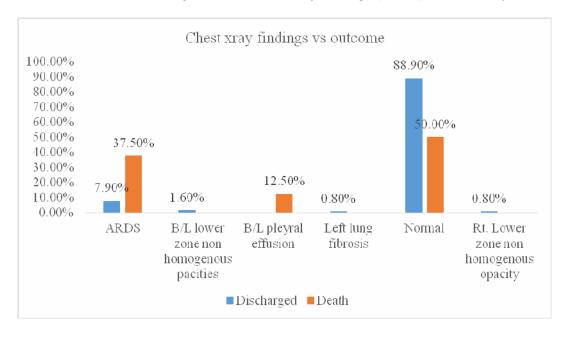


Figure 37: Bar diagram showing Chest X ray findings vs Outcome

Table 38: Association between USG findings and Outcome

		Outcom	e			
		Discharged		Death		P value
		Count	%	Count	%	
	Ascites	10	7.9%	0	0.0%	
	Gall Bladder Sludge	8	6.3%	3	37.5%	
USG	Hepatomegaly	4	3.2%	1	12.5%	0.015*
	Normal	101	80.2%	4	50.0%	
	Splenomegaly	3	2.4%	0	0.0%	

There is significant association between outcome and USG findings. i.e. 50% of subjects who had mortality had abnormal findings such as Gall Bladder(GB) sludge (37.5%) and Hepatomegaly (12.5%).

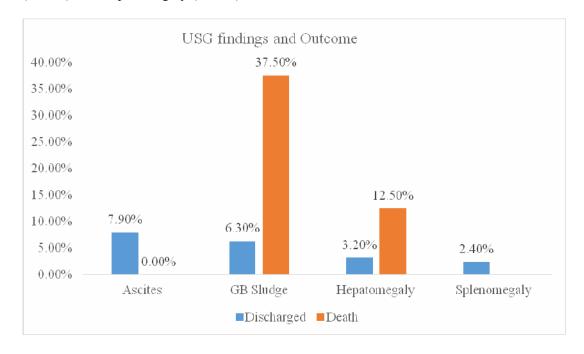


Figure 38: Bar diagram showing USG findings vs Outcome

Table 39: Association between Outcome and Platelet transfusion

		Outcom				
		Discharged		Death		P value
		Count	%	Count	%	
	4	10	37.0%	2	28.6%	
Platelet transfusion	6	15	55.6%	2	28.6%	0.075
	8	2	7.4%	2	28.6%	
	12	0	0.0%	1	14.3%	

There is no significant association between platelet transfusion and outcome.

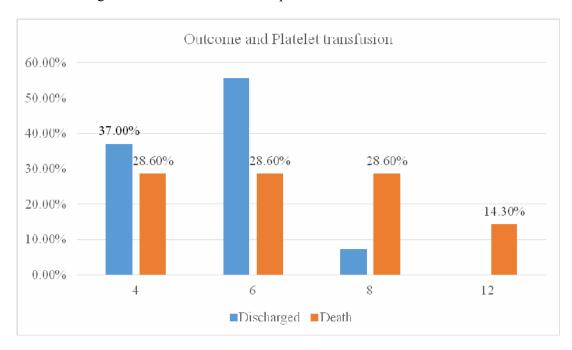


Figure 39: Bar diagram showing Outcome and Platelet transfusion

DISCUSSION

A prospective study of 134 patients, who presented with fever and thrombocytopenia, was carried out at Sri Devraj URS Medical college, Tamaka, Kolar.

In our study majority 32.8% of subjects were in the age group 21 to 30 years followed by 27.6% in 31 to 40 years. Least number of cases were seen in < 20 years (10.4%) and > 50 years (10.4%). Mean age of subjects was 35.49 ± 12.94 . This is in consistent with the study done by Monira Pervin et al, where the age group in the study was 20 - 29 yrs (37%) and a study done by Ekta Gupta et al, had included patients with age group of 21 - 30 yrs (34.2%) which is again in consistent with our study. 95

In our study Majority of the patients are males (51.5%) and 48.5% are females. This is consistent with study done by Nair PS et al, where 69.7% males and 30.3% females.⁵¹ A study done by Putta Suresh ,the majority of the patients were male (54%)⁸⁹ and females 46%, which is consistent with our study.

In our study all the cases had fever, mean duration of fever was 2.69 ± 1.71 days. 63.4% had headache, 12.7% had joint pains, 72.4% had vomiting, 67.2% had myalgia, 26.9% had abdominal pain & rashes respectively, 10.4% had dyspnea and 44.8% had bleeding manifestations. In a study done by Monira Pervin et al, the common symptoms were myalgia (84.5%), headache (82.5%), arthralgia (68%), lethargy (80.4%) and retro orbital pain (49.5%)⁹⁴. In a study done by Kumar A et al, most common presentation was myalgia (64.6%), vomiting (47.6%) ,headache (47.6%) and abdominal pain (37.6%).⁹⁷

CLINICAL	Monira Pervin et	Kumar A et	Present study
FEATURES	al (2004)	al(2010)	
FEVER	100%	100%	100%
HEADACHE	82.5%	47.6%	63.4%
JOINT PAINS	68%	NM	12.7%
MYALGIA	84.5%	64.6%	67.2%
VOMITING	NM	47.6%	72.4%

In the above studies headache and mayalgia are the common presenting symptoms followed by arthralgia and vomiting, which is consistent with our present study.

In the present study 44.8% had bleeding manifestations. In that 27.6% presented with Conjunctival Hemorrhage, 17.9% with Bleeding Gums, 18.7% with Petechiae and 3% with Hematuria.

BLEEDING	Putta	Gandhi	Kumar A et	PS Nair	Present
MANIFESTATION	Suresh	AA et al	al	et al	study
	study	study	study(2010)	study	
	(2015)	(2015)		(2003)	
Petechiae	16%	29.4%	67.2%	22.2%	18.7%
Bleeding gums	8%	6%	35.2%	15.6%	17.9%
Conjunctival	NM	NM	NM	NM	27.6%
haemorrhage					
Haematuria	8%	1%	NM	NM	3%

In a study done by Kumar A et al, most common bleeding manifestations were petechiae (67.2%), gum bleed (5.2%), melena (4.7%), hemetemesis (3%) and epistaxis (2.6%).⁹⁷ In a study done by PS Nair et al, petechiae / purpura was the commonest bleeding manifestations (22.22%,n=45) and GI bleed (22.22%) followed by epistaxis(15.56%,n=45), bleeding gums (13.33%,n=45), and other bleeding accounting for 26.67%(n=45).⁵¹

In a study done by Putta Suresh the commonest bleeding manifestation was cutaneous in the form of petechiae and purpura, which was seen in 8 cases (16%), followed by hematemesis (12%), malena (12%), bleeding gums (8%), hematuria (8%) and epistaxis (2%).⁸⁹ In a study done by Gandhi AA et al the common bleeding manifestation was petechiae (29.4%) followed by bleeding gums (6%).⁸⁴

In the present study conjunctival haemorrhage is the most common bleeding manifestation (27.6%). Conjunctival haemorrhage + Bleeding gums seen in 12 patients (9%), conjunctival haemorrhage + petechiae seen in 8 patients (6%), bleeding gums + petechiae seen in 3 patients (2.2%), conjunctival haemorrhage + hematuria seen in 2 patients (1.5%), conjunctival haemorrhage + petechiae + hematuria seen in 2 patients (1.5%)(TABLE 7)

Grading of thrombocytopenia is carried out according to National Cancer Institute (NCI)

Common Terminology Criteria. 90

Grade 0: Within normal limit, platelet count 150,000 or above.

Grade I: Platelet count between 75,000 and 150,000.

Grade II: Platelet count between 50,000 and 75,000.

Grade III: Platelet count between 25,000 and 50,000.

Grade IV: Platelet count less than 25,000.

PLATELET	PS Nair et al	Gandhi AA	Putta Suresh	Bhalara et	Present study
COUNT AT	study (2003)	et al study	study (2015)	al study	
PRESENTATIO		(2015)		(2015)	
N					
<10,000	8.2%	<50,000	<20,000	6%	GRADE 1 - 3%
10,000-20,000	9.2%		15%	9.7%	
		18%			GRADE 2- 37.3%
20,000-50,000	25.7%		13.3%	23.5%	
					GRADE 3-32.1%
50,000-1,00,000	56.8%	14%	64%	28.4%	
					GRADE 4- 27.6%
1,00,000-				31.4%	
1,50,000					

In the present study

On Day 1, 3% had Grade 1 platelet count, 37.3% had Grade 2, 32.1% had Grade 3 and 27.6% had Grade 4 Platelet count.

On Day 3, 11.9% had Grade 1, 44% had Grade 2, 28.4% had Grade 3 and 14.9% had Grade 4 Platelet count.

On Day 5, 42.5% had Grade 1, 21.6% had Grade 2, 18.7% had Grade 3 and 3% had Grade 4 platelet count.

On Day 7, 40.3% had Grade 1 only. Increase in duration there was improvement in subjects.

In a study, conducted by Nair PS et al, 56.8% had platelet count between 50,000-1,00,000 followed by 28 patients (25.7%) between 20,000 to 50,000,and 9.2% between 10,000 to 20,000, and 8.2% had <10,000. This is consistent with our study. 51

In Gandhi AA et al study distribution of platelet count in the range of > 50000-150000/mm3 was seen in 57.14%. Platelet count in the range of 20-50000/mm3 was seen in 29.47% and Platelet count in the range of 0-20000/mm3 was

seen in 13.39%. ⁸⁴ In Bhalara et al study 1,00,000- 1,50,000 present in 31.4%, 50,000 - 1,00,000 present in 28.4%, 20,000-50,000 present in 23.5%, 10,000-20,000 present in 9.7% and <10,000 present in 6%. ⁸⁷

In the present study we observed that with increase in grade of platelet count there was increase in bleeding tendency. At presentation In Grade 1 no bleeding, in grade 2 % had bleeding, in grade 3 62.8% had bleeding and in Grade 4. 86.5% had bleeding manifestations. This observation was statistically significant.

	Platelet counts	Platelet counts association with bleeding manifestations						
Gandhi AA et	<20,000-	20,000 - 50,000	>50,000-1.7%					
al study (2015)	16.9%	24.1%						
Present study	GRADE 4 -	GRADE - 3	GRADE 2-	GRADE 1-				
, and the second	86.5%	62.8%	4%	0%				

In Gandhi AA et al study 16.9% of cases with <20,000 platelet count had bleeding manifestations,24.1% of cases with range of 20,000 - 50,000, 1.7% of cases with >50,000 platelet count had bleeding manifestations.⁸⁴

In our study we observed that Conjunctival hemorrhage was common in Grade 2, Bleeding gums & Petechiae was common in Grade 3 and Conjunctival hemorrhage with Bleeding Gums was common in Grade 4. This observation was statistically significant. (TABLE 17)

In the present study 19.4% were diagnosed to have Sepsis (TLC > 10000), 64.9% were positive for Dengue, 23.8% were positive for Malarial parasite, 6.7% had Mixed Infection and one case is positive for both sputum AFB samples.

Etiology for	Bhalara et	Gandhi	Putta	PS Nair	Present
thrombocytopenia	al	AA et al	Suresh	et al	study
	Study	study	study	study	
	(2015)	(2015)	(2015)	(2003)	
DENGUE	28.6%	26.7%	14%	13.7%	64.9%
MALARIA	22.8%	36.6%	8%	9.1%	23.8%
SEPSIS	6.3%	4.4%		26.6%	19.4%
DENGUE +					6.7%
MALARIA					
OTHERS			8%	14.6%	

In the present study among Dengue Positive cases 37.3% were positive for NS1 Ag, 18.7% were positive for IgM antibodies and 9% were positive for Both NS1 and IgM ab. 17.2% were positive for P.vivax and 6.7% for P. falciparum. 3.7% had Dengue + P. vivax and 3% had Dengue + P. falciparum .No cases of Leptospira and Rickettsia (TABLE 11)

In Bhalara et al most common etiology responsible for newly diagnosed thrombocytopenia in adult patients is dengue (28.6%), second common etiology was malaria (22.8%) which is consistent with our study.⁸⁷ In Putta Suresh study common etiology is dengue (14%), followed by malaria (8%) which is consistent with our study.⁸⁹ Whereas in PS Nair et al study common etiology is sepsis(26.6%) followed by enteric fever(14.6%), dengue(13.7%) and malaria (9.1%).⁵¹

In Gandhi AA et al study dengue positive in 30 cases in that 36.6% cases of dengue had > 50,000 platelet count, 50% cases of dengue had 20,000-50,000 platelet count range, 10% cases of dengue are in 10000- 20000 platelet count range and 3% 0f cases are in 5000- 10000 range. Malaria positive in 41 cases in that 63.4% of cases had >50000 platelet count, 24.3% cases are within range of 20000-50000, 9.7% cases are in 10000- 20000 platelet count range and 2% are within 5000-10000 platelet count

range. Septicemia in 4 cases, in that 80% had > 50000 and 20% are in 5000-10000 platelet count range. 84

Gandhi AA et al study etiology of fever with thrombocytopenia in different platelet count range **Plateletcount** 20000-10000-5000-< 5000 **Etiology** >50000 50000 20000 10000 **Dengue** 36.6% 50% 10% 3% 0 Malaria 63.4% 24.3% 9.7% 2% 0

0

20%

0

0

80%

Septicemia

In the present study dengue positive in 87 cases in that 2% of cases are presented with GRADE 1 thrombocytopenia, 35.6% of cases presented with GRADE 2 thrombocytopenia, 31% of cases presented with GRADE 3 thrombocytopenia and 31% of cases presented with GRADE 4 thrombocytopenia. There was significant association between Grade of Platelet count and Dengue serology. I.e. in higher grades both NS1 and IgM was positive and at Lower grade Ns1 Ag was positive.

In the present study Malaria positive in 32 cases in that 6% of cases presented with GRADE 1 thrombocytopenia, 40% cases presented with GRADE 2 thrombocytopenia, 34% cases presented with GRADE 3 thrombocytopenia and 18% cases presented with GRADE 4 thrombocytopenia.

In the present study Sepsis is seen in 26 cases in that 34% cases presented with GRADE 2 thrombocytopenia, 30% cases presented with Grade 3 thrombocytopenia, 34% cases presented with GRADE 4 thrombocytopenia.

In the present study Mixed infection (Dengue + Malaria) seen in 9 cases in that 44% cases presented with GRADE 2 thrombocytopenia, 22% cases presented with GRADE 3 thrombocytopenia, 33% cases presented with GRADE 4 thrombocytopenia.(TABLE 18)

In our study radiologically on chest X ray, 9.7% had ARDS and 2 cases had b/l lower zone non homogenous opacities, 1 case had Rt lower zone non homogenous opacity, 1 case had b/l pleural effusion and 1 case had left lung fibrosis. On USG 8.2% had GB sludge, 7.5% had ascites, 3.7% had Hepatomegaly and 2.2% had Splenomegaly.

In our study 25.4% of subjects required Platelet transfusion. Of them 12.7% were transfused with 6 pints, 9% with 4 pints, 3% with 8 pints and 0.7% with 12 pints.

In the present study Prognosis was good in 94% of subjects and were discharged and 6% had poor prognosis and died during the stay. 126 cases are discharged and 8 cases are died, in that 8 cases 3(7%) cases presented with GRADE 3 thrombocytopenia, 5 (13.5%) presented with GRADE 4 thrombocytopenia. Higher grade thrombocytopenia had poor outcome in 13.5%.

In the present study there was significant association between Duration of fever and outcome. I.e. Mortality was commonly seen in subjects with duration of fever > 3 days. In 8 cases, 7(87.5%) cases presented with duration of 4-6 days, 1(12.5%) case presented with duration of fever >6 days.

In the present study 61 cases presented with bleeding manifestations, in that 56(91.8%) cases are discharged and 5(8.1%) cases are died.

In our study there was significant association between Sepsis and Outcome. I.e. 62.5% of the subjects who died had sepsis. In 8 cases, 5(62.5%) cases has sepsis and 6 (75%) are dengue positive.

In the present study there was significant difference in renal parameters and Liver function parameters with respect to outcome. i.e. .In subjects who had mortality had higher Blood urea, Serum creatinine, Total bilirubin, SGOT and SGPT. (TABLE 36) There was significant association between Chest X ray findings and Outcome. I.e 37.5% of .Subjects with Chest X ray findings (ARDS) had mortality. ARDS seen in 13 cases in that 3 cases are died. There was significant association between outcome and USG findings. I.e. 50% of subjects who had mortality had abnormal findings such as GB sludge (37.5%) and Hepatomegaly (12.5%).

CONCLUSION

This study shows that dengue fever (64.9%) is the most common diagnosis made in patients who are presented with febrile illness with thrombocytopenia followed by malaria(23.8%) and sepsis (19.4%). Among Dengue positive patients 37.3% are positive for NS1Ag, 18.7% positive for IgM antibodies and 9% are positive for both NS1 and IgM antibodies. Among Malaria, 17.2% are positive for P.vivax and 6.7% for P.falciparum. 3.7% had Dengue + P.vivax and 3% had Dengue + P.falciparum. No cases of Leptospira and Rickettsia. Sixty one patients tend to have bleeding manifestations, most common being the conjunctival haemorrhage. In this study we observed that with increase in grade of platelet count there was increase in bleeding tendency. Majority of bleeding manifestations occurred in patients with GRADE 4 thrombocytopenia.

SUMMARY

- In our study we included 134 patients who presented with Fever with thrombocytopenia.
- 32.8% were between age group 21-30 years.
- 51.5% were males and 48.5% were females.
- Mean duration of fever was 2.69+ 1.7 days.
- In our study all patients presented with fever, followed by vomiting(72.4%),myalgia (67.2%), headache(63.4%) and joint pains (12.7%).
- In our study 44.8% had bleeding manifestations. In that 27.6% presented with Conjunctival Hemorrhage, 17.9% with Bleeding Gums, 18.7% with Petechiae and 3% with Hematuria.
- In a present study conjunctival haemorrhage is the most common bleeding manifestation (27.6%). Conjunctival haemorrhage + Bleeding gums seen in 12 patients (9%), conjunctival haemorrhage + petechiae seen in 8 patients (6%), bleeding gums + petechiae seen in 3 patients (2.2%), conjunctival haemorrhage + hematuria seen in 2 patients (1.5%), conjunctival haemorrhage + petechiae + hematuria seen in 2 patients (1.5%).
- In our study 25.4% of subjects required Platelet transfusion. Of them 12.7% were transfused with 6 pints, 9% with 4 pints, 3% with 8 pints and 0.7% with 12 pints.
- In our study
 - **On Day 1**, 3% had Grade 1 platelet count, 37.3% had Grade 2, 32.1% had Grade 3 and 27.6% had Grade 4 Platelet count.
 - On Day 3, 11.9% had Grade 1, 44% had Grade 2, 28.4% had Grade 3 and 14.9% had Grade 4 Platelet count.

- **On Day 5**, 42.5% had Grade 1, 21.6% had Grade 2, 18.7% had Grade 3 and 3% had Grade 4 platelet count.
- **On Day 7**, 40.3% had Grade 1 only. Increase in duration there was improvement in subjects.
- In our study we observed that with increase in grade of platelet count there was increase in bleeding tendency. At presentaion In GRADE 1 no bleeding, in GRADE
 2 4% had bleeding, in GRADE 3 62.8% had bleeding and in GRADE 4 86.5% had bleeding manifestations. This observation was statistically significant.
- In present study 64.9% were positive for Dengue, 19.4% were diagnosed to have Sepsis, 23.8% were positive for Malarial parasite, 6.7% had Mixed Infection and one case is positive for both sputum AFB samples. No cases of Leptospira and Rickettsia.
- Mortality was commonly seen in subjects with duration of fever > 3 days.
- In present study 61 cases presented with bleeding manifestations, in that 56(91.8%) cases are discharged and 5(8.1%) cases are died.
- In subjects who had mortality had higher Blood urea, Serum creatinine, Total bilirubin, SGOT and SGPT.

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ANNEXURES

PROFORMA

1. OP/	IP No.:	2.Date:	
3. Seri	al No.:		
4. Nan	ne:	5.Age:	6. Gender:
7. Occ	upation:		
8. Date	e of Admission:		
9. Date	e of Discharge:		
10. A	ddress with Phone no.:		
11. Ch	ief Complaints:		
12. Pa	st history:		
13. Dr	ug / Treatment history:		
14. Pe	rsonal History:		
15. Ge	neral Physical Examination	on: (At admission)	
	PR:	BP:	Temp:
	Resp Rate:	Spo2:	
	Conjunctival haemorrhage:	Bleeding gums:	
	Petechia :		
	Pallor:	Icterus:	Cyanosis:
	Clubbing:	Lymphdenopathy:	Oedema:
16. Sy	stemic examination:		
	CVS:		

RS:				
PA:				
CNS:				
17. Diagnosis:				
18. Duration of hospital stay:				
19. INVESTIGATIONS:				
1)Complete blood picture. (At a	dmission)			
	Day 1	Day 3	Day 5	Day 7
Platelet count				
Grading				
2)Specific serology tests for				
Dengue(NS1.	Ag,IgM,IgG)			
Leptospirosis	,			
Peripheral sm	near for malaria	al parasite	,	
Rapid card te	st malaria .			
3. Weil Felix test.				
4. Chest X-ray.				
5. Sputum for Acid Fast Bacill	i I &II			
6. ECG .				
7. Renal function tests.				
8.Urine routine.				
9.Liver function tests.				

INFORMED CONSENT FORM

Name of the investigator: **Dr K.SABARI GIRISH**

Name of the organization: R L Jalappa Hospital and Research centre attached to Sri Devaraj Urs Medical College

Name of the participant:

CLINICAL AND ETIOLOGICAL PROFILE OF PATIENTS WITH ACUTE FEBRILE ILLNESS WITH THROMBOCYTOPENIA.

Sl no:

I have been invited to take part in this research study. The information in this document is meant to help me to decide whether or not to take part. I have clarified my doubts regarding this study with the principal investigator.

I have been asked to participate in this study because I satisfy the eligibility criteria which are mentioned in synopsis.

I request and authorize Dr. K.Sabari Girish to perform the designated tests for my blood sample. My signature below constitutes my acknowledgment that the benefits, risks and limitations of this testing have been explained to my satisfaction by a qualified health professional.

Participation is totally voluntary and there would be no payment for sample collection. All test results are treated with medical confidentiality and will not be disclosed to any outsider except if it is required by the law.

I give my consent to allow my sample to be used for medical research, test validation or education as long as my privacy is maintained.

I understand that I remain free to withdraw from this study at any time and this will not change my future care.

I have read and received a copy of patient information sheet. I understand the information provided in this document and I have had the opportunity to ask questions I might have about the testing, the procedure, the associated risk and alternatives.

Subject name and signature/ Thumb impression	DATE:
Parents / Guardians name / Thumb impression	DATE:
Signature of the person taking consent	DATE:

KEY TO MASTER CHART

M Male

F Female

Y Yes

N No

SBP Systolic blood pressure

DBP Diastolic blood pressure

Bleeding coded

0 No bleeding

1 Bleeding present

CH Conjunctival haemorrhage

BG Bleeding gums

CVS Cardio vascular system

RS Respiratory system

b/l Bilateral

P/A Per abdomen

CNS Central nervous system

TLC Total leukocyte count

Sepsis

1 Absent

2 Present

Dengue serology

1 NS1Ag

2 IgM

3 NS1Ag + IgM

4 Absent

PS for MP Peripheral smear for malarial parasite

PS for MP

0 Absent

1 Present

P.Vivax Plasmodium vivax

P.Falciparum Plasmodium Falciparum

Mixed infection

0 Absent

1 Present

ECG Electro cardio gram

CXR Chest X Ray

USG Ultra sono graphy

AFB Acid Fast Bacilli

RFT Renal Function Test

BU Blood Urea

SC Serum Creatinine

LFT Liver Function Test

TB Total Bilirubin

SGOT Serum Glutamic Oxaloacetic Transaminase

SGPT Serum Glutamic Pyruvic Transaminase

					PLATELETCOUNT																																
NAME	AGE	GENDER	IPNO	Chiefcomplaints FEVER	DURATIONOFFEVERAT PRESESNTATION	JOINTPAINS	MYALGIA	ABDOMINALPAIN DYSPNOEA	RASHES BLEEDING	MANIFESTATIONS DRUGHISTORY TEMP	PULSE	DBP Bleedingcoded	HEMORRHAGIC MANIFESTATIONS	CONJUNCTIVAL HEMORRHAGE	PETECHIA HEMATURIA SYSTEMICEXAMINATI	ON	RS	PA	CNS	@1STDAY	@3RDDAY	@STHDAY	@7THDAY	пс	Sepsis DENGUESEROLOGY NS1AG	IGM	IGG PSFORMP	P.vivax P.Falciparum	Mixedinfection LEPTOSPIRA	WEILFELIX	ECG	CXR	SPUTUM	AFB2 RFT	BU SC SC	TIB SGOT SGPT	PLATELET TRANSFUSION OUTCOME
1 Lakshmamn	ma 75	F Housewif	fe 10956	Y	3	N N	YY	N N	I N N	N N 100	96 110	70 0 A	Absent	N I	N N	Norm	al Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 1	12000	2 4		Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 31	1.8 1.16	0.9 19 19	DISCHARGE
2 Prasad	23	M Student	23219	Y	2	Y N	YY	N N	N Y	Y N 100	92 130	80 1 0	СН	Y	N N	Norm	al Normal	fild hepatomega	No deficits	GRADE 2	GRADE 1	GRADE 0	GRADE 0	7800	1 1 Prese	nt	Absent 1	Prese	ent 1 absent	absent	Normal	Normal mild hepator	negaly Absent A	bsent 7.	7.6 0.93	0.2 31 33	DISCHARGE
3 Doddapillai	ah 41	M Agricultu	ure 28482	Y	4	Y N I	N Y	N N	N N N	N N 101	1 102 120	80 0 A	Absent	N N	N N	Norm	al Normal	Normal	No deficits	GRADE 1	GRADE 0			5600	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 8.	3.3 0.67	1 18 32	DISCHARGE
4 Sridhar	30	M Driver	28338	Y	4	Y N	YY	N N	N Y Y	Y N 101	1 106 110	70 1 0	CH+Petechiae	Y	Y N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 0	5600	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 5.	5.6 0.68	0.5 34 35	DISCHARGE
5 Nagaraj	40	M Agricultu	ure 8162	Y	3	Y N	YY	Y N	N N	N N 103	3 108 130	70 0 A	Absent	N N	N N	Norm	al Normal	odominal disten	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	9000	1 4		Absent 0		0 absent	absent	Normal	Normal Minimal as	cites Absent A	bsent 7.	7.5 0.83	0.8 22 28	DISCHARGE
6 Sreenath	18	M Student	13543	Y	2	Y N	Y N	N N	N Y	Y N 102	2 98 80	60 1 0	CH+BG	Y	N N	Norm	al b/l basal crep	ts Normal	No deficits	GRADE 4	GRADE 4	GRADE 3	GRADE 1	14500	2 4		Absent 0		0 absent	absent	Normal	e non homoger Norma	Absent A	bsent 20	0.1 1.16	3 124 96	4 DISCHARGE
7 Anandh	25	M Student	21361	Y	2	YN	YY	Y N	I N N	N N 102	2 102 110	70 0 A	Absent	N N	N N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	8900	1 3 Prese	nt Present	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 5.	5.8 0.76	0.6 23 33	DISCHARGE
8 Shivanna	20	M Student	8095	Y	1	Y N	YY	N N	N N Y	Y N 104	4 110 120	80 1 0	СН	Y	N N	Norm	al Normal	odominal disten-	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	8900	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Minimal as	cites Absent A	bsent 18	8.4 0.69	0.9 42 21	DISCHARGE
9 Bebejahn	60	F Housewif	fe 8670	Y	4	Y N I	N Y	N Y	/ N Y	Y N 100	0 102 130	80 1 E	3G	N Y	N N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 4	GRADE 2	GRADE 1	7800	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 14	4.6 0.72	0.3 24 23	DISCHARGE
10 Manjunath	30	M Driver	7792	Y	4	Y N	YY	N N	N N	N N 100	0 104 110	70 1 P	Petechiae	N I	YN	Norm	al Normal	Normal	No deficits	GRADE 4	GRADE 3	GRADE 2	GRADE 1	7800	1 2	Present	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 20	0.1 0.75	0.8 12 22	4 DISCHARGE
11 Navya	20	F Student	161240	Y	8	Y N I	N Y	N N	N Y	Y N 101	1 102 80	60 1 P	Petechiae	N I	YN	Norm	al b/l basal crep	ts Normal	No deficits	GRADE 3	GRADE 4	GRADE 4		13500	2 3 Prese	nt Present	Absent 0		0 absent	absent	Normal	ARDS Gb slud	e Absent A	bsent 34	4.1 1.11	3 98 76	4 DEATH
12 Santosh kun	mar 19	M Student	34199	Y	5	Y N	Y N	N N	N Y	Y N 102	2 102 120	80 1 C	CH+Petechiae	Y	YN	Norm	al Normal	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	6700	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 31	1.8 0.73	0.3 26 32	6 DISCHARGE
13 Veerappa	74	M School tes	eacher 34169	Y	2	YN	Y N	N N	I N N	N N 100	0 102 110	70 0 A	Absent	N I	N N	Norm	al Normal	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	14000	2 4		Absent 0		0 absent	absent	Normal	Normal Norma	Absent A	bsent 3	32 0.72	0.4 18 34	DISCHARGE
14 Raja reddy	40	M Labour	35856	Y	2	N N	YY	Y N	I Y N	N N 100	102 120	80 1 C	CH	Y	N N	Norm	al b/l basal crep	ts Normal	No deficits	GRADE 4	GRADE 4	GRADE 3	GRADE 1	7900	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	ARDS Norma	Absent A	bsent 8.	3.4 0.58	0.1 34 24	4 DISCHARGE
15 Suresh pand	ley 27	M Labour	34998	Y	3	N N I	N Y	N N	N N Y	Y N 99	88 100	70 1 E	BG	N Y	N N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 1	GRADE 0	6700	1 1 Prese	nt	Absent 1	Present	1 absent	absent	Normal	Normal Norma	Absent A	bsent 5.	5.3 0.76	0.1 19 21	DISCHARGE
16 Ramana	28	M Labour	8763	Y	1	N N	YY	N N	N Y N	N N 100	98 110	70 0 A	Absent	N N	N N	Norm	al Normal	fild hepatomega	No deficits	GRADE 2	GRADE 2	GRADE 1		6700	1 1 Prese	nt	Absent 1	Present	1 absent	absent	Normal	Normal mild hepator	negaly Absent A	bsent 2	22 0.7	0.6 34 28	DISCHARGE
17 Suhab	19	M Student	10518	Y	3	Y N	YY	Y N	N Y	Y N 100	96 90	60 1 0	СН	Y	N N	Norm	al t lower lobes o	rep Normal	No deficits	GRADE 4	GRADE 4	GRADE 2	GRADE 1	15000	2 4		Absent 0		0 absent	absent	Normal	ne non homoge Norma	Absent A	bsent 34	4.1 1.31	5 164 106	
18 Pruthvi raj	21	M Student	17226	Y	4	Y N I	N Y	N N	N N	N N 100	94 100	60 0 A	Absent	N N	N N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 1		6000	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Norma	Absent A	bsent 9.	9.2 0.93	0.8 19 31	DISCHARGE
19 Manjunath	41	M Labour	1007191	1 Y	4	Y N	YY	Y Y	/ N N	N N 99	92 110	70 0 A	Absent	N N	N N	Norm	al Normal	lild spleenomeg	No deficits	GRADE 3	GRADE 2	GRADE 1		7800	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Mild splenor	negaly Absent A	bsent 14	4.6 0.87	0.5 27 34	DISCHARGE
20 Ravi	22	M Student	14130		3	YN	YN	N N	I Y Y	Y N 99	92 90	60 1 C	CH+Petechiae	Y	YN	Norm	al Normal	Normal	No deficits		GRADE 2	GRADE 1		5800	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Norma			7.5 0.83	0.7 18 27	6 DISCHARGE
21 Rmakrishna	рра 69	M Student	12232		5	YN	YN	N Y	NN	N N 99	94 100		Petechiae	N I	YN	Norm		Normal	No deficits		GRADE 4	GRADE 1		13500	2 4		Absent 0		0 absent	absent	Normal	Normal Norma			5.3 0.44	0.9 18 16	4 DISCHARGE
22 Shabeer pasi		M Shop keep			3	N N I	N Y	Y N	I N Y	Y N 100	0 102 110	70 1 E	3G		N N	Norm		Normal	No deficits		GRADE 1	GRADE 0		7800	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Norma			5.6 0.83	0.4 33 32	DISCHARGE
23 Kamalamma					3	YN			N N N		92 110				N N	Norm		Normal	No deficits		GRADE 1			6700	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Norma			22 0.86	0.9 29 24	
24 Rajesh		M Student	19950		2	., .,			N Y		0 104 100				N N	Norm				GRADE 4		GRADE 2			1 3 Prese	nt Present			0 absent	absent	Normal	Normal Norma			0.1 0.87	1 27 27	, BBellino
25 Vijay kumar			397950		1						2 106 120							ndominal disten				GRADE 1			1 4		Absent 1		0 absent			Normal Moderate a				0.7 31 29	
26 Manjunath		M Labour	400649		1 :			N N			0 102 90				N N		al Normal			GRADE 4	GRADE 3			6000	1 4		Absent 1	Present	0 absent	absent	Normal	Normal Norma			5.8 0.87	1 17 29	
27 Byrappa		M Agricultu									98 110				N N	Norm		Normal		GRADE 3	GRADE 2			6800	1 4			Present	0 absent	absent	Normal	Normal Norma				1 34 33	
28 Markondapp											2 106 100						al b/l basal crep			GRADE 4		GRADE 2			1 3 Prese				0 absent		Normal					1 12 34	
29 Nanjappa		M Agricultu						N N			92 120				N N		al Normal					GRADE 2			1 1 Prese		Absent 0		0 absent	absent	Normal	Normal Minimal as				0.7 27 22	
30 Sakamma					3	N N I	Y				106 130				N N		al Normal			GRADE 2	GRADE 1			6700	1 2	Present	Absent 0		0 absent			Normal Norma				0.8 27 28	
31 Tamilarasin		F Housewif			2	N N	Y N	Y Y			1 108 100				N N	Norm		Normal		GRADE 4	GRADE 3				2 4		Absent 0		0 absent	absent	Normal	Normal Norma			3.3 0.56	0.9 17 34	
32 Amarnath		M Labour									1 106 100				N N		al b/l basal crep			GRADE 4		GRADE 4		7000	1 2	Present			0 absent	absent	Normal					0.8 24 32	
33 Parvathamm			59068								96 110	c	H+Petechiae		N N		al Normal			GRADE 4					1 1 Prese		Absent 0		0 absent			Normal Norma				0.8 12 24	
34 Lakshmamn						YN					98 90				YY	Norm				GRADE 4					1 3 Prese			Prese		absent	Normal	Normal Norma				0.5 31 34	
35 Shivamma			73837		3						92 130				N N		al Normal			GRADE 2				7800	1 2		Absent 0		0 absent			Normal Norma				0.8 20 28	
36 Sukanya		F Student			2	N N I		N N			2 106 110				N N	Norm				GRADE 2	GRADE 1			5600	1 1 Prese		Absent 0		0 absent	absent	Normal	Normal Norma			9.6 0.69	0.8 32 35	
37 Radhamma		F Housewif									88 120				N N	Norm		Normal		GRADE 3	GRADE 1			5600	1 1 Prese	nt	Absent 0		0 absent	absent	Normal	Normal Norma				0.9 12 19	
38 Venkatamm	na 40	F Agricultu	ure 62785	Y	1	Y N	YY	N N	N N N	N N 100	0 102 110	70 0 A	Absent	N N	N N	Norm	al Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 1	GRADE 0	14500	2 4		Absent 0	1 1	0 absent	absent	Normal	Normal Norma	Absent A	bsent 7.	/.6 0.58	0.7 24 16	DISCHARGE

39 Dhanamma	47 I	F Housewife	73367	Y 1	N Y	Y Y	Y N	N Y	N 100	106 100 60	1 BG	N	Y N	N N	Normal	Normal	lild spleenomeg	a No deficits	GRADE 3	GRADE 2	GRADE 0		6400	1 2	Present	Absent 0	0 absent	absent	Normal Norm	nal Mild splenomega	aly Absent Absent	32 0.87	0.1 22 29	DISCHARGE
40 Varalakshmi	39 I	F Housewife	72913	Y 2	Y N	N N	Y N	N N	N 101	106 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 3	GRADE 3	GRADE 0	8900	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	23.1 0.7	0.7 12 26	DISCHARGE
41 Mubarak ahi	ned 60 M	M Labour	210210	Y 15	Y N	N N	N N	N N	N 101	110 100 70	0 Absent	N	N N	N N	Normal	b/l basal crepts	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	31000	2 4		Absent 0	0 absent	absent	Normal _eft lung	fibrosi Normal	present present	16.7 0.69	0.8 24 32	DISCHARGE
42 Lelavathi	47 I	F Agriculture	66321	Y 2	N N	Y Y	Y N	N N	N 101	106 120 80	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 0	7800	1 1 Present		Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	36.4 0.72	0.5 12 21	DISCHARGE
43 Savithramma	46 I	F Housewife	72257	Y 2	Y N	YY	N N	Y N	N 99	92 130 80	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 1	GRADE 3	GRADE 3	GRADE 1	7800	1 1 Present		Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	34.1 0.72	0.2 8 36	DISCHARGE
44 Shabeena pa	rve 37 I	F Housewife	66179	Y 2	Y N	YY	Y N	N N	N 100	102 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 0	GRADE 0	7800	1 2	Present	Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	36.4 1.31	1 31 34	DISCHARGE
45 Munirathnar	ımı 28 I	F Labour	67974	Y 1	N Y	N Y	N Y	N Y	N 100	108 110 70	1 CH	Y	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 0	GRADE 0	6700	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	20 0.73	0.6 33 28	DISCHARGE
	24	E Hif-	130744	V 1	V N	V N	N N	N N	N 100		0 Absent	N	,, ,		Normal					GRADE 1		GRADE 0	9800	1 4		Absent 1 Present	0 absent				Absent Absent	61 088	0.0 33 20	DISCHARGE
46 Nagamani	34 1	nousewife		1 1	I N	I N	N N	N N	N 100			IN	IN I	N IN	Normai	Normal	Normal	No deficits						1 4			0 absent	absent	Normal Normal				0.8 21 29	
47 Aruna		F Student	131322	YI	YN	YY	N N	YN	N 100	96 120 80			N N		Normal	Normal	Normal	No deficits		GRADE 2			7900	1 2	Present		Present 1 absent	absent	Normal Normal		Absent Absent	15.9 1.03	1 24 29	DISCHARGE
48 Nirmala	31 I	F Housewife	131720	Y 1	N N	YY	N N	N Y	N 98	92 80 60	1 CH+Pete	echiae Y	N Y	YN	Normal	b/l basal crepts	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	6700	1 1 Present		Absent 0	0 absent	absent	Normal AR	OS Normal	Absent Absent	7.5 0.58	0.5 14 18	6 DISCHARGE
49 Shyla	26 I	F Student	144265	Y 1	Y N	YY	N N	Y N	N 100	98 110 70	0 Absent	N	N N	N N	Normal	Normal	odominal disten-	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	15000	2 4		Absent 0	0 absent	absent	Normal Normal	nal Minimal ascites	Absent Absent	3.3 0.8	1 29 29	DISCHARGE
50 Ashwini	24 I	F Student	145965	Y 4	YY	Y N	Y N	YY	N 100	96 110 70	1 CH	Y	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	6100	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	36.9 0.75	0.9 39 34	DISCHARGE
51 Lakshmi	27 I	F Housewife	147294	Y 2	Y N	N Y	N N	Y N	N 100	92 130 80	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	6000	1 2	Present	Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	8.1 0.83	1 34 29	DISCHARGE
52 Krishnappa	45 M	M Labour	171672	Y 4	N N	Y Y	N N	N N	N 100	96 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	7800	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	7.9 0.76	0.9 29 33	DISCHARGE
53 Suresh	23 N	M Driver	173020	Y 5	Y N	Y Y	N N	N Y	N 98	90 90 60	1 BG	N	Y	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 1	16000	2 4		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	86 3	4 152 86	DISCHARGE
54 Nizam pasha	17 N	M Student	173051	Y 2	Y N	Y Y	Y N	N N	N 100	102 120 80	0 Absent	N	N N	N N	Normal	Normal	odominal disten-	No deficits	GRADE 1	GRADE 1	GRADE 0		6500	1 4		Absent 1 Present	0 absent	absent	Normal Normal	nal Moderate ascite	s Absent Absent	6.1 0.78	1 31 28	DISCHARGE
55 Fiyaz ahmed	38 N	M Shop keeper	171790	Y 2	Y N	Y Y	N Y	N N	N 100	104 130 80	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	7800	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	4.7 0.76	0.5 19 26	DISCHARGE
56 Shivraj	42 N	M Labour	189716	Y 4	Y Y	N N	N N	N N	N 100	102 80 60	1 Petechia	ne N	N Y	Y N	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 4	GRADE 4		16000	2 3 Present	Present	Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	156 5	5 212 102	12 DEATH
57 Lalitha	27 I	F Housewife	149445	Y 4	Y N	YY	N N	YY	N 101	102 110 70	1 CH	Y	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE I	7600	1 2	Present	Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	6.1 0.83	0.8 25 26	DISCHARGE
58 Arunamma	47 I	F Housewife	149490	Y 4	N N	N N	Y N	N N	N 100	102 80 60	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 1	GRADE 0	6500	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	9.8 0.76	1 34 34	DISCHARGE
59 Arif pasha	31 1	A Labour	174400	V 1	V N	vv	N N	N N	N 90	98 120 80	0 Abcent	N	N N	N N	Normal	Normal	Normal	No deficits		GRADE 3			6000	1 4			Present 0 absent	absent	Normal Norm		Absent Absent	9.3 0.87	1 27 34	DISCHARGE
	22 1	Luodi	175120						N 100				N N																				27 37	
60 Muniraju	32 N	vi Labour	1/5138	Y	YN	YY	N N	YY	N 100	102 80 60	1 CH+Pete	echiae Y	N 1	Y N	Normai		fild hepatomega						6800	1 1 Present		Absent 0	0 absent	absent		OS mild hepatomega		16.8 0.55	0.2 16 12	6 DISCHARGE
61 Nalina	29 I	F Housewife	149037	Y 2	YN	YN	Y N	N N	N 100	104 120 80	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	16000	2 4		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	8.1 0.61	1 25 34	DISCHARGE
62 Hayath khan	57 N	M Agriculture	177740	Y 3	Y N	YY	N N	Y N	N 98	92 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	7800	1 1 Present		Absent 1 Present	1 absent	absent	Normal Normal	nal Normal	Absent Absent	6.1 0.93	0.6 24 24	DISCHARGE
63 Manjunath n	edd 35 N	M Shop keeper	177756	Y 2	Y Y	YY	N N	Y Y	N 100	102 130 70	1 CH+Her	maturia Y	N N	N Y	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	6700	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	16.8 0.76	1 22 31	6 DISCHARGE
64 Asha	34 I	F Housewife	150412	Y 2	N N	N Y	N Y	Y N	N 98	96 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	8000	1 2	Present	Absent 0	0 absent	absent	Normal Normal	nal Gb sludge	Absent Absent	8.3 0.94	0.5 27 29	DISCHARGE
65 Kalavathi	29 I	F Housewife	151266	Y 1	Y N	Y N	Y N	N N	N 100	102 130 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	9200	1 4		Absent 1 Present	0 absent	absent	Normal Normal	nal Normal	Absent Absent	7.5 0.89	0.3 32 32	DISCHARGE
66 Ramchandra	ppa 43 N	M Labour	177762	Y 2	Y N	Y N	N N	N N	N 100	110 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	7000	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	8.9 0.78	1 27 24	DISCHARGE
67 Rajanna	35 N	M Labour	177825	Y 2	Y N	N Y	N N	N Y	N 100	96 130 70	1 BG+Pete	echiae N	YY	Y N	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	7300	1 3 Present	Present	Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	36.9 0.87	1 30 32	6 DISCHARGE
68 Manjula	32 I	F Housewife	151554	Y 3	Y Y	YY	N N	N Y	N 99	86 100 60	1 CH+Her	maturia Y	N N	N Y	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 4	GRADE 3	GRADE I	7800	1 1 Present		Absent 0	0 absent	absent	Normal Norm	nal Normal	Absent Absent	7 0.8	1 19 34	DISCHARGE
69 Venkatravan	apr 30 N	M Labour	178359	Y 3	Y N	N N	N N	N Y	N 100	92 100 60	1 BG	N	Y	N N	Normal	Normal	odominal disten	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 1	5600	1 4		Absent 1	Present 0 absent	absent	Normal Normal	nal Minimal ascites	s Absent Absent	18.4 0.86	0.2 28 26	DISCHARGE
70 Ashraf pasha	21 N	M Student	178727	Y 4	N N	YY	N N	Y N	N 100	96 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	5600	1 2	Present	Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	19.6 0.86	0.6 24 31	DISCHARGE
71 Nagamani	40 I	F Housewife	153320	Y 4	Y N	YY	N N	N Y	N 99	92 100 60	1 BG	N	Y	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 1	9000	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	8.4 0.8	0.5 31 23	DISCHARGE
72 Raheen bee	62 I	F Housewife	76519	Y 6	N N	YY	N N	N N	N 99	96 80 60	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 4	GRADE 3		6400	1 4		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	112 4	3 162 86	4 DEATH
73 Munnabhai		F Labour	153742	y 2		YN	Y N			104 90 60			N N		Normal	Normal	Normal		GRADE 4				14000	2 4		Absent 0	0 absent	absent	Normal Normal		Absent Absent	6.1 0.55		4 DISCHARGE
		M Labour		v s									N N				odominal disten							1 1 2 2								12.1 0.8		DISCHARGE
74 Rajareddy			179529							102 100 60					Normal									1 1 Present			1 absent	absent		nal Moderate ascite				
75 Srinivasa		M Labour	179967	Y 3	N Y	N N	Y N		N 100	104 110 70	0 Absent		N N		Normal	Normal			GRADE 2		GRADE 1			1 1 Present		Absent 0	0 absent	absent	Normal Normal		Absent Absent			DISCHARGE
76 Subramani	35 N	M Agriculture	180228	Y 3	N N	Y N	N N	Y N	N 99	106 100 60	0 Absent	N	N I	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 1	GRADE 0		7800	1 2	Present	Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	31.8 0.87	0.5 24 33	DISCHARGE
77 Nagaveni	27 I	F Housewife	155609	Y 2	Y N	YY	Y Y	N Y	N 100	98 80 60	1 CH+BG	Y	Y	N N	Normal	b/l basal crepts	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	7800	1 1 Present		Absent 0	0 absent	absent	Normal AR	OS Normal	Absent Absent	12.1 0.61	1 17 26	6 DISCHARGE
78 Lalitha	30 I	F Housewife	156037	Y 2	Y N	N N	N N	N Y	N 100	86 100 60	1 Petechia	ne N	N Y	YN	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 3	GRADE 2	GRADE 1	6700	1 4		Absent 1 Present	0 absent	absent	Normal Normal	nal Gb sludge	Absent Absent	22 1.09	1 32 33	DISCHARGE
79 Syed yasir	22 N	M Student	180471	Y 2	N N	YY	N N	N Y	N 100	98 90 60	1 CH+BG	Y	Y	N N	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 4	GRADE 3	GRADE 1	9800	1 3 Present	Present	Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	16.8 0.88	0.9 27 34	4 DISCHARGE
80 Masud	30 M	M employee	180486	Y 2	N N	Y N	Y N	N Y	N 99	92 110 70	0 Absent	N	N N	N N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	7900	1 1 Present		Absent 0	0 absent	absent	Normal Normal	nal Normal	Absent Absent	12.1 0.83	1 28 35	DISCHARGE

81 Naresh 18 M Student 179983 Y 1 Y N Y N N N N N N N N N N N N N N N	6700 1 2 Present Absent 0 0 absent absent Normal Normal Minimal ascites Absent Absent 7.6 0.83 0.9 31 21 DISCHARGE
82 Varalakshmamr 48 F Housewife 156150 Y 1 Y N N Y N N N N N 101 104 110 70 0 Absent N N N N N N N N N N N N N N N N N N N	6700 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent D. 2 0.83 1 17 22 DISCHARGE
83 Arathi 28 F Housewife 120013 Y 1 N N Y Y Y N N N Y N 100 102 130 70 1 BG N Y N N Normal Normal Normal No deficits GRADE 3 GRADE 3 GRADE 2 GRADE 1 6100	6100 1 2 Present Absent 0 0 absent absent Normal Normal Normal Absent 20 0.87 1 31 23 DISCHARGE
84 Syed sab 22 M Student 180904 Y 1 N N Y Y N N N Y Y N N N Y Y N 101 102 100 60 1 CH Y N N N N Normal bil basal crepts Normal No deficits GRADE 3 GRADE 3 GRADE 1 GRADE 0 15000	15000 2 4 Absent 0 0 absent absent Normal le non homoger Normal Absent Absent 96 4 4 162 104 DISCHARGE
	7800 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent 13.1 0.86 0.3 18 34 4 DISCHARGE
86 Rajesh 30 M Driver 182043 Y 1 N Y N N N N N N N N N N N N N N N N	14500 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 7.6 0.58 0.9 32 35 DISCHARGE
87 Lakshmidevi 25 F Housewife 157562 Y 2 Y N Y N N N N N N N N N N N N N N	6500 1 4 Absent 1 Present 0 absent absent Normal Normal Normal Absent 8.1 0.93 0.9 20 28 DISCHARGE
88 Gauramma 54 F Labour 158415 Y 1 Y N Y N N N Y N N 100 104 110 70 0 Absent N N N N N Normal Normal fild spleenomega No deficits GRADE 2 GRADE 1 GRADE 0 7800	7800 1 3 Present Present Absent 0 0 absent absent Normal Gb sludge Absent Absent 13.1 1.03 1 31 27 DISCHARGE
89 Sonappa 23 M Shop keeper 183448 Y 3 Y N N Y N N N Y N 99 98 100 60 1 BG N Y N N N Normal b/l basal crepts Normal No deficits GRADE 3 GRADE 3 GRADE 1 GRADE 1 6700	6700 1 1 Present Absent 0 0 absent absent Normal ARDS Normal Absent Absent 9.2 0.61 1 15 24 DISCHARGE
90 Nagaraj 28 M employee 183476 Y 3 Y Y Y Y Y N N N N 101 110 140 70 0 Absent N N N N N N N N N N N N N N N N N N N	7600 1 4 Absent 1 Present 0 absent absent Normal Normal Normal Absent 8.9 0.8 0.8 28 34 DISCHARGE
91 Subramani 18 M Student 184862 Y 3 Y N Y N N N N Y Y N 100 102 100 60 1 CH+BG Y Y N N N NOrmal Normal Normal Normal Nodeficits GRADE 4 GRADE 3 GRADE 1 6500	6500 1 1 Present Absent 0 0 absent absent Normal Normal Gb studge Absent Absent 8.4 0.94 0.1 31 34 6 DISCHARGE
92 Lakshmidevamu 38 F Housewife 85388 Y 5 N N Y N N N N N 101 110 80 60 0 Absent N N N N N N N N N N N N N N N N N N N	6000 1 1 Present Absent 0 0 absent absent Normal I pleural effusic Gb sludge Absent Absent 7.9 0.53 0.4 32 12 6 DEATH
93 Sharadamma 48 F Housewife 158920 Y 2 Y N Y Y N N N N Y N 99 92 110 60 1 Petechiae N N Y N Normal Normal Normal No deficits GRADE 3 GRADE 2 GRADE 1 6800	6800 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent Absent 36.4 0.87 0.7 19 23 DISCHARGE
	8900 1 1 Present Absent 1 Present 1 absent absent Normal Normal Normal Absent 18.4 0.99 1 27 23 6 DISCHARGE
27 Labour 15777 1 2 1 N N 1 1 N 100 102 50 00 1 CLIBO 1 1 N 100 100 100 100 100 100 100 100 1	
96 Venkatramaiah 64 M Labour 158518 Y 2 N Y Y N N Y Y N N 98 92 130 70 0 Absent N N N N Normal Norma	6700 1 4 Absent 1 Present 0 absent absent Normal Normal Normal Absent Absent 22 0.83 0.3 27 29 DISCHARGE
97 Ayub khan 46 M Labour 187516 Y 3 Y N Y N N N N N N N N N N N N N N N	8000 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent 34.1 0.87 0.9 20 22 DISCHARGE
98 Geetha 27 F Student 159872 Y 2 N N N Y Y N N 100 106 80 60 1 CH+BG Y Y N N N N N N N N N N N N N N N N N	9200 1 2 Present Absent 0 0 absent absent Normal nild hepatomegaly Absent Absent 12.1 0.89 0.9 18 23 DISCHARGE
99 Baby rajani 22 F Student 160244 Y 2 Y N Y N N Y N N 101 98 100 60 1 Petechiae N N Y N Normal Normal Normal No deficits GRADE 3 GRADE 2 GRADE 1 15000	15000 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 7.5 0.58 0.5 32 36 DISCHARGE
100 Harish kumar 19 M Student 187589 Y 4 Y N N Y N N N N N N N N N N N N N N	7300 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent 4.7 0.88 0.7 18 28 DISCHARGE
101 Somsundhar 21 M Student 18967 Y 3 Y N Y N N N N N N 98 92 130 70 0 Absent N N N N N N N N N N N N N N N N N N N	7800 1 4 Absent 1 Present 0 absent absent Normal Normal Normal Absent 7.6 0.89 0.5 29 29 DISCHARGE
102 Shivaraj 30 M Labour 189716 Y 2 N N Y Y N N 100 102 90 60 1 CH+BG Y Y N N N Normal bil basal crepts Normal No deficits GRADE 4 GRADE 4 GRADE 5600	5600 1 3 Present Present Absent 0 0 absent absent Normal ARDS Normal Absent Absent 7.5 0.68 1 24 24 6 DISCHARGE
103 Nagalakshmi 27 F Student 1021664 Y I Y N N N N N N N N N N N N N N N N N	13500 2 4 Absent 0 0 absent absent Normal Normal Normal Absent 9.3 0.52 0.7 40 24 DISCHARGE
104 Kavitha 20 F Student 160264 Y 4 Y Y Y N N N N Y N 100 102 100 60 1 Petechiae N N Y N Normal Normal Normal No deficits GRADE 3 GRADE 2 GRADE 1 GRADE 1 9000	9000 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent Absent 3.3 0.89 0.6 22 33 DISCHARGE
	6400 1 2 Present Absent 0 0 absent absent Normal Normal Gb studge Absent Absent 22 0.99 0.5 34 22 DISCHARGE
	16000 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 6.1 0.61 1 38 24 DISCHARGE
107 Nagesh 32 M Labour 191458 Y 2 Y N N Y N N N Y N 99 92 80 60 1 CH+BG Y Y N N N Normal Norm	8900 1 4 Absent 1 Present 0 absent absent Normal Normal Normal Absent 16.7 0.83 0.5 21 33 6 DISCHARGE
108 Shabeena 39 F Housewife 160309 Y 3 N Y Y N N N N N N N N N N N N N N N	7800 1 2 Present Absent 0 0 absent absent Normal Normal Normal Absent 7 0.89 0.7 18 23 DISCHARGE
109 Lashmidevamm 42 F Housewife 160230 Y 1 Y N Y Y N N N N Y N 100 98 110 70 0 Absent N N N N N N N N N N N N N N N N N N N	7800 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent Absent 7.5 0.93 0.3 22 26 DISCHARGE
110 Sandeep 23 M Student 192554 Y 2 Y N Y N N N N N N N N N N N N N N N	7800 1 2 Present Absent 0 0 absent absent Normal Normal Moderate ascites Absent 5 0.76 0.5 24 27 DISCHARGE
111 Ravi 28 M Student 192283 Y 3 N N Y Y Y N N N 99 98 110 70 0 Absent N N N N N N N N N N N N N N N N N N N	6700 1 I Present Absent 0 0 absent absent Normal Normal Normal Absent 7.5 0.94 0.7 30 34 DISCHARGE
112 Anjamma 45 F Housewife 85383 Y 5 N Y Y N N N N Y N 100 106 80 60 1 CH+Petechiae Y N Y N Normal bil basal crepts Normal No deficits GRADE 3 GRADE 3 GRADE 4 19000	19000 2 2 Present Absent 0 0 absent absent Normal ARDS Normal Absent 5 0.52 0.6 28 32 8 DEATH
113 Sheela 32 F Housewife 161320 Y I Y N N N N N N N N N N N N N N N N N	7900 1 2 Present Absent 1 Present 1 absent Absent Normal ARDS Gb sludge Absent Absent 7 0.58 0.6 24 34 6 DISCHARGE
	6700 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent Absent 5.6 0.94 0.9 17 23 DISCHARGE
	12500 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 36.9 1.31 1 24 26 DISCHARGE
	6100 1 2 Present Absent 0 0 absent absent Normal Normal Normal Absent 12.1 0.93 0.6 27 34 DISCHARGE
117 Gauravamma 39 F Housewife 163921 Y 2 N N N Y Y N N 100 104 90 60 1 Petechiae N N Y N Normal Normal Normal Normal Nodeficits GRADE 3 GRADE 3 GRADE 1 GRADE 0 6000	6000 1 1 Present Absent 0 0 absent absent Normal Normal Normal Absent 16.7 0.99 1 25 33 DISCHARGE
118 Sumithra 29 F Housewife 163302 V 4 N N V N N N N N N N N N N N N N N N	7800 1 4 Absent 1 Present 0 absent absent Normal Obsludge Absent Absent 14.6 1.11 0.7 22 31 DISCHARGE
119 Anjanappa 39 M Labour 190555 Y 2 Y N N Y N N 100 102 110 70 0 Absent N N N N N Normal Nor	16000 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 112 4 5 182 112 DISCHARGE
120 Venkatchalapati 39 M Labour 196290 Y 1 Y Y Y N Y N Y N Y N 98 82 90 60 1 CH+BG Y Y N N Normal b/l basal crepts Normal No deficits GRADE 4 GRADE 4 GRADE 3 GRADE 1 6500	6500 1 3 Present Present Absent 0 0 absent absent Normal ARDS Normal Absent 22 0.69 0.7 12 34 6 DISCHARGE
121 Praveen taj 34 F Labour 16528 Y 2 Y N Y Y N N N N N N 100 102 130 70 0 Absent N N N N N N N N N N N N N N N N N N N	14000 2 4 Absent 0 0 absent absent Normal Normal Normal Absent Absent 8.9 0.55 0.6 24 34 DISCHARGE
122 Bharathi 32 F Housewife 164650 Y 3 N N N N N N N N N N N N N N N N N N	6700 1 2 Present Absent 0 0 absent absent Normal Normal Normal Absent 8.4 0.83 0.9 27 33 DISCHARGE

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100 1		20 .		166102	.,				., .,	., .,	00 02	70 50	CH+Petechi		., .,	,,					CD LDE 4	CD L DE 4	CD + DE A	GD LDE I	7600										0.4	0.4	24 27	8 DISCHARGE
123 L	ksnmamma	28 I	F Housewife	166183	Y	1 Y Y	YY	N	N N	Y N	98 92	/0 50	1 +Hematuria	Y	N Y	Y	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 4	GRADE 3	GRADE 1	/600	1 3 Present	Present Absent 0		0 abs	nt absent	Normal	Normal	Normal	Absent Absent	8.4 0.89	0.4	24 27	8 DISCHARGE
124 0				197044	.,				., .,	N N	100 100	120 00	0 45		N N		Normal			ega No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	6500	1 4	Absent 1	n .	0 abso						7.9 0.88	0.5	31 31	DISCHARGE
124 P	nce kumar	19 N	M Student	197044	Y	2 Y N	YY	Y	N N	N N	100 102	120 80	0 Absent	N	N N	N	Normal	Normai	liid spieenom	ega No deficits	GRADE 2	GRADE 2	GRADE I	GRADE 0	6500	1 4	Absent 1	Present	U abs	nt absent	Normal	Normal	Mild splenomegaly	Absent Absent	7.9 0.88	0.5	31 31	DISCHARGE
125 N		10	M Student	194901	3/		N N	N.	N V	v N	101 110	100 60	1 Petechiae	N.	N Y		Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	6000	1 4	Absent 1	D	0 abso	nt absent	Normal	Normal	Normal	Absent Absent	23.1 0.86	0.6	31 34	DISCHARGE
125 N	ıralı	19 N	M Student	194901	Y	3 N N	YN	N .	NY	Y N	101 110	100 60	1 Petecmae	N	NY	N	Normal	Normai	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE I	6000	1 4	Absent 1	Present	U abs	nt absent	Normal	Normal	Normal	Absent Absent	23.1 0.86	0.6	31 34	DISCHARGE
126 N	unis sankatamun	46 1	F Housewife	167162	v	2 V N	NV	N I	NI NI	N N	100 102	110 70	O Abcont	N	N N	N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 0	6800	1 1 Present	Absent 0		0 abso	nt absent	Normal	Normal	Normal	Absent Absent	19.6 1.03		18 32	DISCHARGE
120 N	illivelikatallii	40 1	r riousewire	10/103	1	2 1 1	IN I	IN I	IN IN	IN IN	100 102	110 70	0 Absent	IN.	IN IN	19	Norman	Normai	Norman	No deficits	GRADE 2	GRADE 2	GRADE I	GKADE 0	0800	1 1 Present	Absent 0		U absi	iii aoseiii	Normai	Normai	Normai	Ausent Ausent	19.0 1.03	1	10 32	DISCHARGE
127 S	etha	43 F	F Housewife	167179	v	3 N N		N I	N N	y N	100 102	80 60	1 BG+Petechi	ae N	YY	N	Normal	Normal	Normal	No deficits	GRADE 4	GRADE 4	GRADE 3	GRADE 1	8900	1 2	Present Absent 0		0 abso	nt absent	Normal	Normal	Normal	Absent Absent	8.3 0.83	0.6	31 23	4 DISCHARGE
127 0	Cinii		1 Housewife	10/1//		, ,, ,,	1 1		., .,		100 102	00 00	1 DO T CICCII			.,	110111111	TOTHER	TYOTHAN	110 delicita	GILLIDE 1	OK IDD 1	GRUDES	OIGIDE I	0,00		Tresent Tresent 0		0 403	in uosein	110111111	1101111111	TOHIM	7103CH 7103CH	0.5	0.0	J. 25	· DIDELLINGE
128 R	ni	20 F	F Student	88266	Y	6 Y N	N N	N	N N	N N	101 110	70 50	0 Absent	N	N N	N	Normal	Normal	Normal	Irritable	GRADE 4	GRADE 4			18000	2 4	Absent 0		0 abso	nt absent	Normal	Normal	Normal	Absent Absent	9.8 0.55	0.5	33 32	DEATH
				00200																					10000										710			
129 H	mavathi	23 F	F Student	167541	Y	ı Y N	YY	Y	N N	N N	99 92	100 60	0 Absent	N	N N	N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 1	13500	2 4	Absent 0		0 abso	nt absent	Normal	Normal	Normal	Absent Absent	4.7 0.53	0.3	10 18	DISCHARGE
130 M	ızammil ahm	36 N	M Shop keeper	77297	Y	2 N Y	YN	N I	N Y	Y N	99 88	90 60	1 CH+Petechi	ae Y	N Y	N	Normal	b/l basal crepts	Normal	No deficits	GRADE 4	GRADE 3	GRADE 3	GRADE 1	8000	1 1 Present	Absent 0		0 abso	nt absent	Normal	ARDS	Gb sludge	Absent Absent	12.1 0.56	0.8	32 32	6 DISCHARGE
																		•																				
131 S	mangala	29 F	F Housewife	170370	Y	2 Y N	N N	N ·	Y N	N N	100 102	110 70	0 Absent	N	N N	N	Normal	Normal	Normal	No deficits	GRADE 1	GRADE 2	GRADE 1	GRADE 0	9200	1 4	Absent 1	Present	0 abso	nt absent	Normal	Normal	Normal	Absent Absent	5 0.87	1	25 26	DISCHARGE
132 K	suma	36 I	F Housewife	171744	Y	3 N N	YY	Y	N N	Y N	100 102	80 60	1 Petechiae	N	N Y	N	Normal	Normal	Normal	No deficits	GRADE 3	GRADE 2	GRADE 2	GRADE 1	7000	1 2	Present Absent 0		0 abs	nt absent	Normal	Normal	Normal	Absent Absent	15.9 0.86	0.8	32 28	DISCHARGE
133 K	vya	32 I	F Housewife	177826	Y	2 Y N	N Y	N I	N Y	N N	100 102	120 80	0 Absent	N	N N	N	Normal	Normal	Normal	No deficits	GRADE 2	GRADE 2	GRADE 1	GRADE 1	7800	1 1 Present	Absent 0		0 abs	nt absent	Normal	Normal	Normal	Absent Absent	23.1 1.09	1	29 26	DISCHARGE
134 V	nkatamma	65 I	F Housewife	95396	Y	5 N N	YY	N I	N N	Y N	100 108	110 70	1 CH+Petechi	ae Y	N Y	N	Normal	b/l basal crepts	fild hepatom	gal No deficits	GRADE 4	GRADE 4			11000	2 1 Present	Absent 0		0 abso	nt absent	Normal	Normal	Hepatomegaly	Absent Absent	132 6	3	110 86	6 DEATH