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Nonrecurrent Laryngeal Nerve: An Indian Documentation

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ABSTRACT

Purpose of the study: Aimed to highlight a rare anatomical variation of right recurrent laryngeal nerve and a brief review of literature.

Nonrecurrent laryngeal nerve is a rare anatomical variation with an incidence of 0.5 to 0.7% in thyroid surgery. It is difficult to identify this variation preoperatively either by imaging or by signs and symptoms, unless a vascular anomaly is suspected.

This study aims to underline the necessity of recognizing the possibility of non-RLN and also to follow a systematic dissection of recurrent laryngeal nerve during thyroid surgeries, to prevent intraoperative nerve damage.

Keywords: Recurrent laryngeal nerve, Thyroidectomy, Aberrant subclavian artery.

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INTRODUCTION

Identification and preservation of recurrent laryngeal nerve is of paramount importance in thyroid surgery. While the position of left recurrent laryngeal nerve (RLN) is more or less constant, one can encounter a nonrecurrent laryngeal nerve (NRLN) on the right in about (0.5-0.7%) of cases. However, in spite of its association with congenital vascular anomalies, short of extensive preoperative imaging, it is impossible to identify a NRLN.

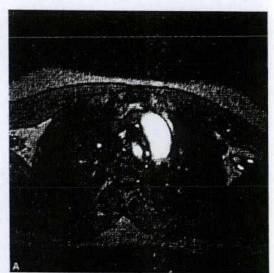
Therefore, it is imperative that we have a standard surgical practice to identify RLN. This will prevent an inadvertent damage to an eventual NRLN. Here, we report one such case of a right NRLN and a brief review of literature.

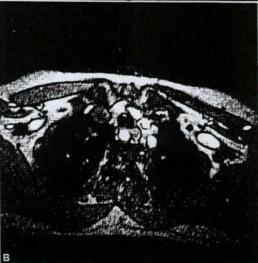
CASE REPORT

A 35-year-old woman presented to our department with complaints of right sided thyroid nodule and multiple cervical lymph node swelling on the same side. She had no complaints of dysphagia. Fine needle aspiration cytology was consistent with cystic papillary carcinoma thyroid. She underwent total thyroidectomy with right modified radical neck dissection. During surgery, the fascia between common carotid artery and thyroid gland was separated using blunt



Fig. 1: Type 1B right NRLN arising directly from vagus





Figs 2A and B: MR angiography, showing right aberrant subclavian artery, arising as the fourth branch of aorta and traversing retroesophageal

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Table 8: Stages of chronic kidney disease based on eGFR.

Stage	eGFR (ml/min)	Description	Frequent complications	Testing frequency	Prevalence (%)
1.	90-99	Kidney damage with normal GFR	Hypertension	Yearly	3.3
2	60-89	Kidney damage with mild CKD	Hypertension (Parathyroid hormone elevation)	Yearly	3.0
3	30-59	Moderate CKD	Hypertension, Changed in Calcium and phosphate metabolism, renal anaemia, left ventricular hypertrophy	6 months	4.3
4	15-29	Severe CKD	As above, plus hyperkalaemia	3 months; 6 monthly once stable	0.2
5.	<15	Kidney failure	All above plus salt and water retention causing apparent heart failure, anorexia, vomiting, pruritis	3 months	0.2

than 18yrs, pregnant women and elderly persons aged more than 75years.

3. eGFR is not useful in assessing acute renal failure.

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