

**“PROGNOSTIC ACCURACY OF qSOFA SCORE COMPARED  
TO SOFA SCORE AMONG PATIENTS WITH SEPSIS”**

**By:**

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**Dissertation submitted to the  
Sri Devaraj Urs Academy of Higher Education and Research,  
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in partial fulfillment of the requirement for the degree of**

**DOCTOR OF MEDICINE (M.D.)**

**IN**

**GENERAL MEDICINE**

**Under The Guidance Of**

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**SRI DEVARAJ URS MEDICAL COLLEGE**

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
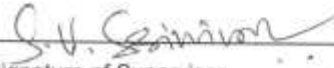
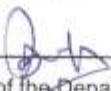
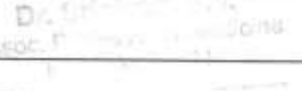


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**Dr. HAMSA B T**



## **ABSTRACT**

**Background & objective:** Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection. Sepsis and septic shock are major healthcare problems, affecting millions of people around the world each year, and killing as many as one in four. According to Sepsis-3, criteria to diagnose sepsis is solely based on the change in SOFA score by 2 or more points. SOFA score consists of 6 variables, which include 2 clinical parameters and 4 laboratory parameters. In developing countries like India, with limited resource settings across the country, lack of availability of laboratory parameters makes prognostication of sepsis early becomes difficult according to SOFA score. Surviving sepsis campaign introduced a newer scoring system, the QSOFA score which uses only clinical parameters to prognosticate sepsis bed side and at the earliest. Present study in evaluating the QSOFA score compared to SOFA score as a predictor of morbidity and mortality in sepsis assumes more importance in lights of early identification and prognostication of sepsis in resource poor settings

**Materials & methods:** This study was a comparative cross-sectional study conducted in R.L. Jalappa hospital among 150 individuals divided into two groups. Assessment of SOFA and QSOFA score was done and compared its significance in predicting mortality and morbidity like need for ventilatory support, inotropic support, renal replacement therapy and length of ICU stay.

**Results:** There were 87 males and 63 females in this study. The mean age was 51.66 years .Most common etiology for sepsis was lower respiratory tract infection. Mortality rate in the study was 38.7%. The initial QSOFA score of 1, 2 and 3 had mortality rate of 5.2%, 24.1% and 70.7% respectively. Initial SOFA score of <4, 4-8 and >8 had mortality rate of 5.2%, 37.9% and 56.9% respectively. The mean SOFA

score had statistically significant correlation (P value <0.001) with respect to assessment of ARDS and subsequent ventilator support whereas the mean QSOFA score had a statistically significant relation in predicting need for ventilator support, vasopressor support. Both the scores had statistically insignificant correlation with respect to assessment of AKI and need for haemodialysis and in predicting the probable length of ICU care

**Conclusion:** Both QSOFA score and SOFA score demonstrated fair to good accuracy for predicting in-hospital mortality when applied to patients with severe sepsis. The QSOFA scoring system can aid the physicians in early referral to health care centre, in admitting patients to ICU, monitoring the clinical course, assessment of organ dysfunction, predicting mortality, and for transferring patients out from the ICU and thus in proper utilization of ICU resources in developing countries, where the resources are limited.

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## **LIST OF ABBREVIATIONS**

ACCP/SCCM	→	American College of Chest Physicians/Society of Critical
AKI	→	Acute Kidney Injury
APS	→	Acute Physiology Score
ARDS	→	Acute Respiratory Distress Syndrome
AUC	→	Area Under Curve
BP	→	Blood Pressure
CABG	→	Coronary Artery Bypass Graft
CM	→	Care Medicine
COPD	→	Chronic Obstructive Pulmonary Disease
DAMPs	→	Damage Associated Molecular Patterns
DIC	→	Disseminated Intravascular Coagulation
ECG	→	Electrocardiography
Ei	→	Expected Frequency
ELISA	→	Enzyme Linked Immunosorbent Assay
HIV	→	Human Immunodeficiency Virus
ICU	→	Intensive Care Unit
IHD	→	Ischemic Heart Disease
ITU	→	Intensive Therapy Unit
LODS	→	Logistic Organ Dysfunction Score
LVH	→	Left Ventricular Hypertrophy
MAT	→	Microscopic Agglutination Test
MODS	→	Multiple Organ Dysfunction Syndrome
MPM	→	Mortality Probability Model
NMUAF	→	Non-malarial Acute Undifferentiated Fever
Oi	→	Observed Frequency
OSF	→	Organ System Failure
PAMPs	→	Pathogen Associated molecular Patterns
PARs	→	Protease Activated Receptors
PRR	→	Pattern Recognition Receptors
PaO <sub>2</sub> /FiO <sub>2</sub>	→	Partial pressure of oxygen/fraction of inspired oxygen
pH	→	Power of Hydrogen
QBC	→	Quantified Buffy Coat
ROC	→	Receiver Operating Characteristic

SAPS	→	Simplified Acute Physiology Score
SD	→	Standard Deviation
SIRS	→	Systemic Inflammatory Response Syndrome
SOFA	→	Sequential Organ Failure Assessment
QSOFA	→	Quick Sequential Organ Failure Assessment
TISS	→	Therapeutic Intervention Scoring System
TLC	→	Total Leucocyte Count

# INTRODUCTION



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## INTRODUCTION

Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection.<sup>1,2</sup> Sepsis is a major healthcare problem, causing mortality among one in four and often even more. Similar to acute coronary syndrome, stroke and polytrauma, early identification and early initiation of goal directed management in the initial hours of sepsis improves outcome.<sup>1,3</sup>

Sepsis currently is the tenth most common cause of mortality in the United States and one of the most common causes of mortality in the non-coronary intensive care units.<sup>4,5</sup>

Sepsis is a syndrome of physiologic, pathologic, and biochemical abnormalities induced by infection.<sup>1</sup> 28 day mortality and Hospital mortality of severe sepsis in India are 57.6% and 59.3%<sup>6</sup> respectively. There is an elevated awareness regarding long term physical, psychological, and cognitive disabilities in patients who survive sepsis.<sup>6</sup>

The diagnosis as sepsis depends on overt symptoms of systemic illness causing a change in the vitals of patient and also indication of infection through microbial cultures and serology. While our understanding of the complex pathophysiologic alterations that occur in septic shock has increased greatly as a result of recent clinical and preclinical studies, mortality associated with the disorder remains unacceptably high.<sup>5</sup>

Septic is the most common cause for hospitalization in the worldwide, patients often hospitalized for prolonged periods of up to 2-3 weeks.<sup>7</sup> Despite the use of appropriate antimicrobial therapy and advanced supportive care, mortality in patients with sepsis has remained high since the past decade.<sup>8,9</sup> Elderly subjects are especially

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vulnerable population and are susceptible to a wide array of infectious diseases. Estimations suggest that the global burden of sepsis and septic shock among elderly population is expected to be on the rise in the forthcoming years.<sup>10</sup>

Cultures and serology results will be obtained only after 24 to 72 hours. In the initial hours of sepsis which will determine the outcome and prognosis of sepsis patients, Physician should depend on clinical findings and the demographic data framed in the locality to help in initial provisional diagnosis and further management of patients. Hence various guidelines propose the use of early empirical broad-spectrum antibiotics that will cover all the likely pathogens, and also supportive care, early recognition and treatment of complications, and intensive monitoring to prevent progression of organ dysfunction.<sup>3</sup> In more than quarter of the patients, aetiology is never determined even till death or discharge.<sup>11</sup>

In India, majority of ICU burden due to sepsis is mainly attributed to multi organ dysfunction caused by various tropical infections. Majority of patients present with fever associated features like myalgia, arthralgia, icterus, rash, or acute encephalitic syndrome.<sup>12,13</sup> Due to varied presentation, multi organ involvement and lack of proposed clinical diagnostic and prognostic criteria these tropical infections often remain undiagnosed.<sup>14</sup>

Scoring systems for use in the critical care patients have been developed from the past 30 years. They aid in prognostication of illness and a probability of in-hospital mortality. Use of these prognostic models helps in providing information to physicians when counseling about patient management plan and prognosis with the patient's care takers.

In June 2016, Third international consensus definition for sepsis and septic shock was proposed to define the patient definitions and guidelines for diagnosis of

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sepsis based on the advances and modifications made into epidemiology, pathobiology of sepsis and its management. According to Sepsis-3 criteria the diagnosis of sepsis is mainly based on the change in SOFA score by 2 or more points consequent to the infection.<sup>1</sup> SOFA score consists of 6 variables, which include 2 clinical parameters and 4 laboratory values. In developing countries like India, with limited resource settings across the country, where rural population encounter primary care centers initially, lack of availability of laboratory facilities makes early prognostication of sepsis difficult according to SOFA score. Surviving sepsis campaign has also introduced a newer scoring system, the QSOFA score which uses clinical parameters alone to prognosticate sepsis bed side and at the earliest. QSOFA not only directs for early intensive management but also to take decisions regarding early referral to a tertiary care center from resource poor settings.<sup>1,15</sup> Present study in evaluating the QSOFA score as prognostic marker in patients with sepsis when compared to SOFA score assumes more importance in lights of early identification and prognostication in resource poor settings.

# OBJECTIVES

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## **OBJECTIVES OF THE STUDY**

- 1) To calculate the SOFA score in patients with sepsis
- 2) To calculate the qSOFA score in patients with sepsis
- 3) To compare the above two scores with prognosis among subjects with sepsis.



# REVIEW OF LITERATURE

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## **REVIEW OF LITERATURE**

### **HISTORY OF SEPSIS**

Sepsis is one of the oldest and most elusive syndromes in medicine. The word Sepsis is derived from the Greek sepsi meaning “make rotten”, Hippocrates (460-370 BC) first coined the term sepsis to describe the unpleasant process of organic matter putrefaction.<sup>16</sup> Hippocrates claimed that sepsis is a process by which flesh rots, swamps generate foul airs, and wounds fester.<sup>17</sup>

Avicenna, the great Persian physician/scientist/philosopher, noted the frequent coincidence of blood putrefaction, known today as septicaemia, and fever in the aftermath of surgery.<sup>18</sup> In centuries that followed witnessed important discoveries linking germs to a varied disorders including sepsis. The germ theory of disease failed to explain the pathogenesis of sepsis since many patients succumbed to it despite successful eradication of the microbial agent. Hence, the host response to the germ, and not the germ per se, was proposed to be responsible for the pathogenesis of sepsis.<sup>19</sup>

#### **Definition of sepsis**

In 1914, Hugo Schottmuller in Germany introduced the modern definition of sepsis: Sepsis is present if a focus has developed from which pathogenic bacteria constantly or periodically invade the blood stream which lead to subjective and objective symptom.<sup>20</sup> One of the early attempts to establish a set of clinical parameters to define patients with severe sepsis came in 1989 when Roger Bone and his colleagues proposed the term “sepsis syndrome”.<sup>21</sup>

In 1991, sepsis was defined by ICS panel defined as a systemic inflammatory response to infection, noting that sepsis can arise in response to multiple infectious

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causes and that septicaemia was neither a necessary condition nor a helpful term. Instead, the consensus panel codified the term “severe sepsis” to describe instances where sepsis is complicated by acute multi organ dysfunction, and they codified “septic shock” as sepsis complicated by either hypotension that is refractory to fluid resuscitation or by hyper lactemia.<sup>22</sup>

Multi organ dysfunction syndrome is the presence of multiple altered organ function in a patient who is acutely ill such that without intervention homeostasis cannot be maintained. Primary MODS is the organ dysfunction which occurs early due to the direct result of a well-defined insult and can be directly ascribed to the insult itself. MODS that develops as a consequence of a host response is secondary MODS and is identified within the context of SIRS.<sup>22</sup>

In 2001, a second consensus panel endorsed most of these concepts, with the warning signs of a systemic inflammatory response, which include tachycardia or an elevated white-cell count, occur in many infectious and non-infectious conditions and therefore are not helpful in differentiating sepsis from other conditions.<sup>23</sup> Thus, “severe sepsis” and “sepsis” are sometimes used interchangeably to explain the syndrome of acute organ dysfunction due to infection. SIRS criteria were indeed too sensitive and non-specific<sup>24</sup> and that, in preference to the SIRS criteria, it was suggested that an expanded list of signs and symptoms must be used to reflect the clinical response to infection in sepsis.<sup>23</sup>

Definitions of infection and sepsis proposed during 2001 International Sepsis Definitions Conference<sup>23</sup>

**Infection:** Infection is a pathologic process which is caused by the invasion of a initially sterile tissue or body fluid by a pathogenic microorganism.

**Sepsis:** It is the Presence of infection, documented or strongly suspected, with a

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systemic inflammatory response, as indicated by the presence of few of the features listed below.

Severe sepsis: It is the organ dysfunction complicated by sepsis.

Septic shock: It is the acute circulatory failure which is complicated by severe sepsis, characterized by persistent arterial hypotension, despite initial adequate volume resuscitation, and unexplained by other causes.

Proposed change from SIRS to a longer list of clinical findings for the diagnosis of sepsis.

Sepsis is suspected or documented infection with presence of some of the enlisted variables

General variables

- Fever (core temperature  $>38^{\circ}\text{C}$ )
- Hypothermia (core temperature  $<36^{\circ}\text{C}$ )
- Heart rate  $>90$  beats/min or  $>2$  Standard Deviations (SD) above normal range for age.
- Tachypnoea
- Altered mental status.
- Oedema or positive fluid balance ( $>20$  ml/kg over 1 day).
- Hyperglycaemia (blood glucose level  $>120$  mg/dl) in non-diabetics.

Inflammatory variables

- Leucocytosis: Leucocyte count  $>12,000/\mu\text{L}$ .
- Leukopenia: Leucocyte count  $<4000/\mu\text{L}$ .
- Normal Leucocyte count with  $>10$  per centimetre band forms.
- Plasma C-reactive protein  $>2$  SD above normal value.
- Plasma procalcitonin  $>2$  SD above normal value.

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#### Organ dysfunction variables

- Arterial hypoxemia ( $\text{PaO}_2/\text{FiO}_2$ )  $<300$ .
- Acute oliguria: Urine output  $<0.5$  ml/Kg/h for at least 2 hours.
- Creatinine  $>2.0$  mg/dl.
- Coagulation defects: International Normalized Ratio (INR) $>1.5$  or Activated Partial Thromboplastin Time (APTT)  $>60$  seconds.
- Thrombocytopenia (platelet count  $<100,000/\text{mL}$ ).
- Hyperbilirunemia (Serum total bilirubin $>2.0$  mg/dl).

#### Tissue perfusion variables

- Hyperlactatemia ( $>2\text{mmol/L}$ )
- Decreased capillary refill

#### Hemodynamic variables

- Mean arterial pressure  $<70\text{mmHg}$
- Mixed venous oxygen saturation  $>70\%$
- Cardiac index  $>3.5$  l min/m<sup>2</sup>
- Organ dysfunction parameters

### **PIRO Model**

A new concept was proposed during 2001 International Sepsis Definitions Conference that sepsis is mainly a heterogeneous condition and that it may be possible to explain sepsis based of four characteristics in the same way that cancer can be elaborated on the basis of the TMN system<sup>22</sup>. Using a variation of the TNM approach, they developed a classification scheme for sepsis - called PIRO - that stratify patients based on their predisposing conditions, the nature and extent of the

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insult(in the case of sepsis, infection), the nature and extent of the host response, and degree of concomitant organ dysfunction.

**P: Predisposing Factors**

Innate: Deficiencies of immune response genes and genetic polymorphisms affecting innate immune response, coagulation system, complement receptors, Toll-like receptors and intracellular signaling.

Acquired: Burns, trauma, acquired immune deficiencies.

**I: Infection**

Site, quantity, intrinsic virulence, and local vs. systemic infection caused by specific microbial pathogens.

**R: Response**

Differential responses based on hyper responsiveness vs. hypo responsiveness immunosuppression; Response modifiers such as alcohol, age, sex, nutritional status, diabetes, other preexisting diseases, and physiologic status of host.

**O: Organ dysfunction**

Number, pattern, and severity of organ dysfunction in response to systemic infection, primary vs. secondary organ injury; and organ injury due to pre-existing organ dysfunction vs. sepsis.

PIRO Model is now more of a framework for research than as a system that has immediate clinical application. Much work is needed to characterize those factors within each domain that affect prognosis and response to therapy.<sup>24</sup>

SIRS and MODS are not diseases or syndromes, but concepts. The four criteria that define SIRS are non-specific manifestations of physiologic severity, rather than distinctive manifestations of a disease process.<sup>26</sup>

However, these syndromes are characterized considering that shared biologic mechanisms may allow the development of effective treatment for different diseases.

Challenge lies in characterizing common pathologic processes for different diseases.<sup>26</sup>

**Table 1: The PIRO system for staging sepsis<sup>22</sup>**

Domain	Present	Future	Rationale
Predisposition	Premorbid illness with reduced probability of short term survival. Cultural or religious beliefs, age, gender	Genetic polymorphisms in components of inflammatory response (e.g. Tlr, TNF, IL-1, CD14); Enhanced understanding of specific interactions between pathogens and host diseases	In the present, premorbid factors impact on the potential attributable morbidity and mortality of an acute insult; deleterious consequences of insult heavily dependent of genetic predisposition (future)
Insult (Infection)	Culture and sensitivity of infecting pathogens; detection of disease amenable to source control	Assay of microbial products (LPS, mannan, bacterial DNA); gene transcript profiles	Specific therapies directed against inciting insult require demonstration and characterization of that insult
Response	SIRS, other signs of sepsis, shock, CRP	Non-specific markers of activated inflammation (e.g. PCT or IL-6) or impaired host responsiveness (e.g. HLA-DR); specific detection of target of therapy (e.g. Protein C, TNF, PAF)	Both mortality risk and potential to respond to therapy vary with non-specific measures of disease severity (e.g. shock); specific mediator-targeted therapy is predicated on presence and activity of mediator
Organ Dysfunction	Organ dysfunction as number of failing organs or composite score (e.g. MODS, SOFA, LODS, PEMOD, PELOD)	Dynamic measures of cellular response to insult – apoptosis, cytopathic hypoxia, cell stress	Response to pre-emptive therapy (e.g. targeting micro-organism or early mediator) not possible if damage already present; therapies targeting the injurious cellular process require that it be present

The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)

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Sepsis is defined as life-threatening organ dysfunction caused by a dysregulated host response to infection. This new definition emphasizes the primacy of the no homeostatic response by the host to infection, the potential lethality that is considerably in excess of a straightforward infection, and the necessity for urgent recognition.

- Organ dysfunction can be assessed by an acute change in total SOFA score-2 points following infection.

- 
- The initial SOFA score can be taken as zero in patients who do not have pre-existing organ dysfunction.
  - qSOFA score-2 reflects an overall mortality risk of approximately 10% in patients suspected to have infection. Even patients presenting with modest dysfunction can deteriorate further, emphasizing the seriousness and the need for prompt and appropriate intervention at the earliest, if not already being instituted. Early referral, if appropriate intensive care facilities are not available.
  - Patients with suspected infection can be assessed bedside with QSOFA score to know those who are likely to have a prolonged ICU stay or to die in the hospital
  - Patients with septic shock can be identified as those with persisting arterial hypotension despite initial fluid resuscitation and who may require vasopressors to have MAP-65mmHg and having a serum lactate level >2 mmol/L (18mg/dl) despite adequate volume resuscitation.
  - “Sepsis is a medical emergency” a concept that is paramount in the management of sepsis. As with acute myocardial infarction and stroke, prompt early identification and appropriate immediate management in the early hours after development of sepsis improves outcomes. “SSC: Guidelines for management of sepsis:2016” has developed a revised “hour 1 bundle” uplifting the need for urgent assessment and treatment, including initial fluid resuscitation while pursuing source control, obtaining further laboratory results. The main change in the revised SCC bundle is the 3-h and 6-h bundles has been clubbed into a single “hour-1 bundle” with sole intention of beginning resuscitation and management immediately.<sup>3,4</sup>



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Hour 1 bundle includes:

- Measure lactate levels. Re measure if initial lactate >2mmol/l
- Obtain blood cultures before antibiotic administration
- Administer broad spectrum antibiotics
- Begin early administration of crystalloid at 30ml/kg for low SBP or if lactate level > 4mmol/l
- Administer vasopressors if patient is hypotensive during or after fluid resuscitation to maintain MAP of > 65mmHg.

### Epidemiology of sepsis

Sepsis, a syndrome of physiologic, pathologic, and biochemical abnormalities induced by infection, remains as a major public health concern, accounting for about \$20 billion (5.2%) of total US hospital costs in 2011.<sup>27</sup> incidence of sepsis mainly depends on how acute organ dysfunction is being defined and also the sources that are being studied. The reported incidence of sepsis is increasing<sup>28,29,30</sup>

Factors underlying the rising incidence of sepsis:

- Increasing patient age<sup>31</sup>
- Increase in the use of immunosuppressive therapy
- Increase in the incidence of comorbidities and concomitant illness
- Increase use of invasive procedures for diagnosis and treatment
- Emergence of antibiotic resistant organisms

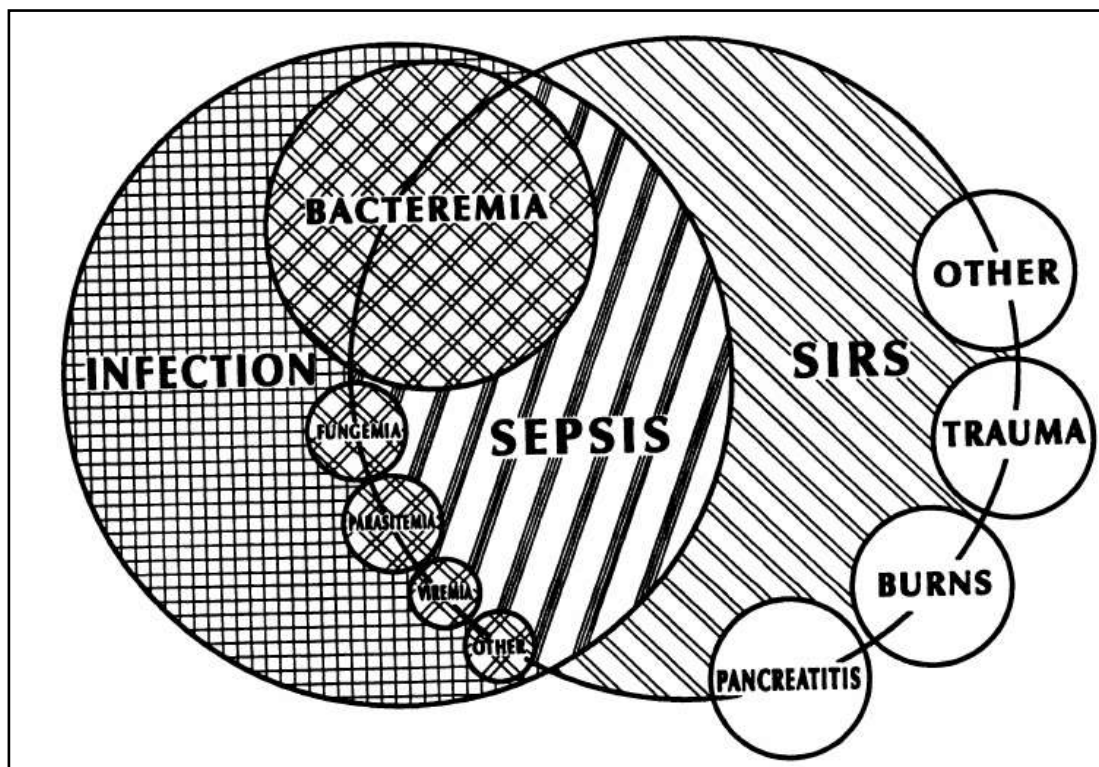
Although the true incidence is unknown, conservative estimates show that sepsis is the leading cause of mortality and critical illness worldwide.<sup>31,32</sup> Furthermore, there is increasing evidence that patients who survive sepsis often have

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long-term physical, psychological, and cognitive disabilities with significant health care and social implications.<sup>8</sup>

In high income countries, sepsis is a significant public health burden, whereas in developing low and middle income countries its burden remains even higher due to increased incidence of infectious disease and communicable diseases. Case fatality rates are higher in these countries when compared to developed countries.

### ETIOLOGY<sup>32</sup>



Sepsis may be a response to any class of microorganism. In fact, blood cultures yield bacteria or fungi in only -20-40% of cases of sepsis and 40-70% of cases of severe sepsis. Individual gram-negative or gram-positive bacteria account for 70% of these isolates; the remainder are fungi or a mixture of microorganisms.<sup>33</sup>

The etiology of sepsis has been determined by medical advances that has led to increased use of invasive devices and antibiotics.<sup>34</sup> Historically, gram-negative

rods were the predominant etiologic agent; however in recent years sepsis by gram positive cocci and fungal organisms is in the rise.<sup>35</sup>

1. Gram-negative bacteria-Enterobacteraceae , pseudomonas, Haemophilus species
2. Gram-positive bacteria-Staphylococcus aureus, coagulase-negative staphylococci, enterococci, Streptococcus pneumoniae , other streptococci.
3. Fungi
4. Polymicrobial
5. Classic pathogens -Neisseria meningitides, S.pneumoniae, Haemophilus influenzae, and Streptococcus pyogenes

**Table 2: Micro organisms involved in episodes severe sepsis**

Micro organisms	Episodes with Bloodstream Infection, % (n= 436)	Episode with Documented Infection but No Blood stream Infection, % (n= 430)	Total Episodes,% (n= 866)
Gram-ve organism	35	44	40
Gram +ve organism	40	24	31
Fungi	7	5	6
Poly-microbial	11	21	16

The most common foci of infection include respiratory and urinary tract. The respiratory and genitourinary systems combined are the source in 65.3% of patients with sepsis aged  $\geq 65$  years, vs. only 49.3% in those younger patients. Whereas younger patients are at increased risk of gastrointestinal sources, skin and soft tissue sources compared to older adults.<sup>36</sup>

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We are in a way unfortunate in that we see merely the usual causes of sepsis and MODS encountered in West, but also certain infections peculiar to tropical and developing countries.

These infections to which we are exposed are not just related to geography or climate, but are significantly related to environmental and socioeconomic conditions that prevail in involved part of the world.<sup>37</sup> Infections like fulminant falciparum infections, severe leptospiral infections and hemorrhagic fevers sometimes cause life threatening organ dysfunction and have several overlapping features.

Pathophysiology.

Sepsis is triggered most often by bacteria or fungi that do not ordinarily cause systemic disease in immunocompetent hosts. To survive within the human body, these microbes often exploit acquired deficiencies in host defenses, indwelling catheters or other foreign matter, or obstructed fluid drainage conduits.

Host Response to infection:

Earlier days it was assumed that the development of clinical features in sepsis is mainly due to the overly exuberant inflammation, whereas recent evidences conclude that the initial inflammatory response will give way for the development of compensatory anti-inflammatory response. It has become apparent that that initial infection will trigger more complex and variable host response. Hence host response will include both pro-inflammatory and anti-inflammatory immunosuppressive response. The extent of these two reactions are determined by both the host factors (age, comorbid illness, genetic characteristics, medications) and the pathogen factors (virulence and microbial load). Host response is mainly aimed at initiating tissue repair following pathogen invasion.

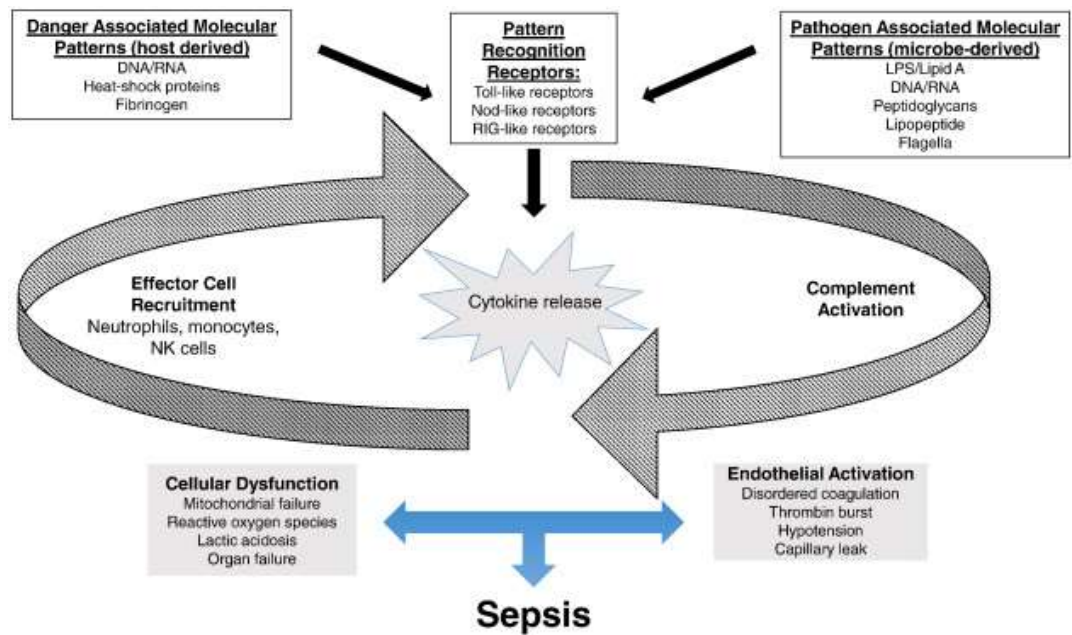
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Pathogens express molecular patterns on their surface which are recognized by the pattern recognition receptors (PRR) which are present over host cell surface, these receptors mainly include the toll-like receptors (TLRs) and the C Type lectin receptors (CLRs). Collateral tissue damage and necrotic cell death occurs as a consequence of exaggerated inflammation, this results in release of danger molecules which will perpetuate inflammation.

The innate immunity response is the first line of defense towards invading pathogens. Recognition of microbe and its components, activation of phagocytosis, activation of complement system and coagulation cascade and also production of acute phase reactants. Adaptive immunity includes responses of cell-mediated and humoral immunity.<sup>38</sup>

### **Innate immune response**

The natural mechanical barriers to pathogen invasion are formed by the skin externally and by mucous membranes internally. These mechanical barriers are in co-operation with the commensal flora. In the hospital, patient's indwelling catheters and intravenous cannulas must be considered as potential sources of infection.<sup>39</sup> various structural components of the pathogen may be involved in the pathogenesis of sepsis, detection of which may aid in development of therapeutic targets. Endotoxin and exotoxin produced by bacteria trigger the immune cells via molecular patterns expressed over pathogen.<sup>40</sup>



**Figure 1: Role of innate immune response in sepsis<sup>41</sup>**

The invading pathogen will activate the immune cells by interaction with pattern recognition receptors (PRR).<sup>42</sup>

four main classes of PRR include- toll-like receptor, C Type lectin receptors, retinoic acid inducible gene 1-like receptors and the nucleotide-binding oligomerization domain like receptors. These receptors will recognize unique cell-wall molecules present over microbes known as pathogen-associated molecular patterns (PAMPs). This will result in initiation of innate immunity by up regulation of inflammatory gene transcription. The same molecular receptors also sense the endogenous molecules which are released from the damaged cells, called as damage associated molecular patterns (DAMPs). Macrophages and monocytes secrete pro inflammatory cytokines. Adhesion molecules on endothelium are produced by activated Neutrophils and endothelial cells, these adhesion molecules help to kill the pathogens, but also cause damage to the endothelium. Activated Macrophages release VEGF-like

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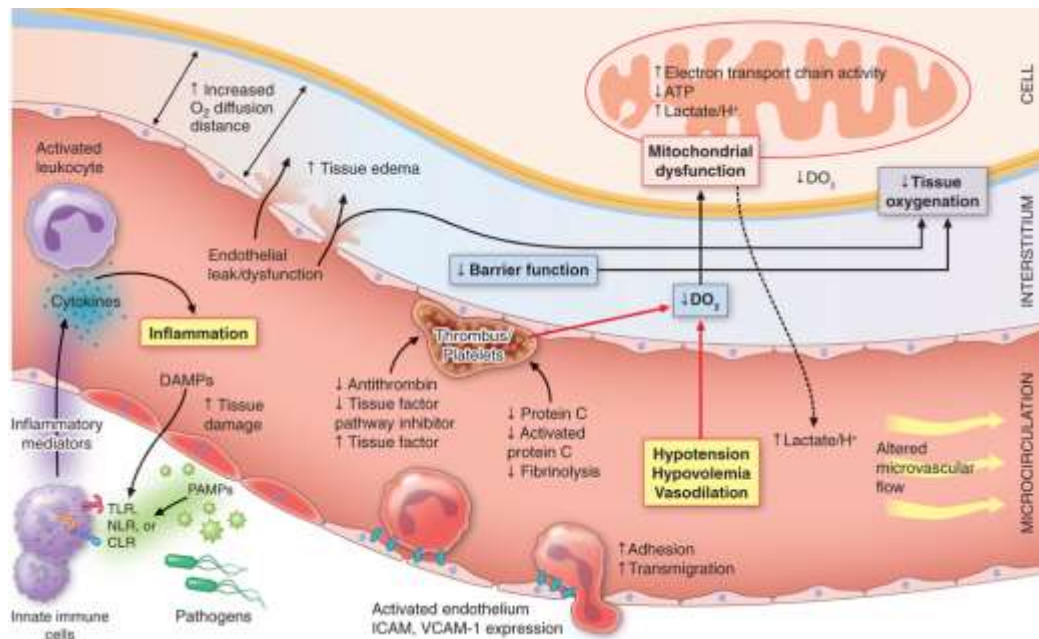
mediators, which will increase the vascular permeability and contribute to coagulation and inflammatory processes.<sup>42,43</sup>

### **Adaptive immune response**

Following the initial pathogen invasion and host-pathogen interaction there will be activation of adaptive immune response, this immune response coordinates the defense responses involving both the humoral and cellular immune response. The humoral immune response is mediated by the antibodies which are produced by plasma cells which belong to B cell lineage, whereas the cellular immune effectors are the T Lymphocytes.<sup>44</sup> Activated phagocytes destroy the pathogen with the help of complement activation or by recognition by antibodies.<sup>45</sup>

Effector T cells are mainly secreted by Thymus in early life, maintained throughout life by the peripheral lymphoid organs. Upon exposure to antigen there will be activation of macrophages, natural killer cells, cytotoxic T-lymphocytes and various inflammatory cytokines. Viruses and the intracellular bacteria are mainly targeted and destroyed by Cytotoxic T-lymphocytes (CD8). The Helper T cells (CD4) differentiate into type 1 helper T-cells (Th1) and type 2 helper T-cells (Th2) and secrete cytokines. Th1 secretes pro-inflammatory cytokines which trigger inflammation whereas the Th2 cells secrete anti-inflammatory cytokines which tries to curtail inflammation. Pro inflammatory mediators mainly include (e.g. interleukin-1 (IL-1), interleukin-6 (IL-6) and tumor necrosis factor-alpha (TNF- $\alpha$ ) and anti-inflammatory mediators mainly include (e.g. interleukin-4 (IL-4) and interleukin-10 (IL-10))<sup>46,47</sup>.





**Figure 2 : Pathophysiology of Sepsis** <sup>42</sup>

### Coagulation abnormalities

Altered coagulation profile invariably accompanies severe sepsis in most patients. This frequently leads to disseminated intravascular coagulation (DIC). Excessive fibrin deposition is mainly driven by the coagulation system via activated Tissue factor which is a trans-membrane glycoprotein and by impaired anticoagulation mechanisms which include protein C system and the Antithrombin. Molecular link between the coagulation pathway and the inflammatory cascade is formed by the Protease- Activated Receptors (PARs). There are four subtypes of PARs, in sepsis PAR1 has been implicated. When PAR1 is activated by low dose of thrombin or by Protein C it exerts cyto-protective effect, but when this PAR1 is activated by high doses of thrombin it mainly exerts disruptive effects on the endothelium <sup>42</sup>.



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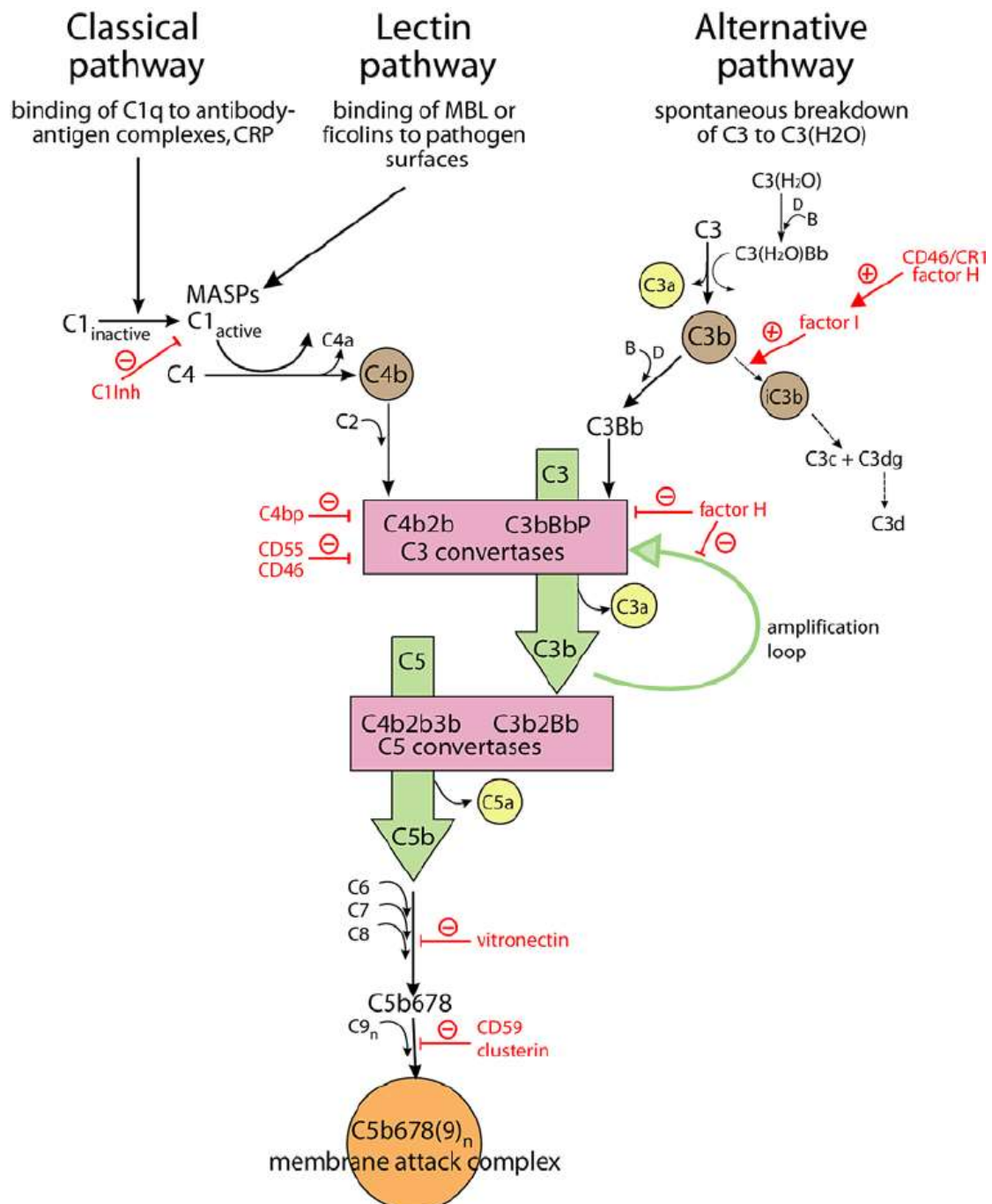
There will be activation of coagulation as well as concurrent impairment of anticoagulation system due to the decreased activity of endogenous anticoagulant system which is mediated by the activated protein C, anti-thrombin and the inhibitor of tissue factor pathway, this will ultimately lead to the formation of micro vascular thrombosis in sepsis, this micro vascular thrombosis is further augmented by the impaired fibrinolysis via excessive release of PAR1. Dying neutrophils release Neutrophil Extracellular Traps (NETs) which will further facilitate thrombus formation. Thrombus formation will ultimately lead to tissue hypo perfusion which will be further aggravated by the vasodilatation and hypotension in severe sepsis.<sup>42</sup>

Complement cascade.

Complement cascade also gets activated in par with the coagulation system, both the pathways mutually interact at several stages and aggravate the inflammatory response.<sup>47</sup> The major function of the activated complement cascade is to defend against the pyogenic bacterial infections, it acts as a bridge between the adaptive and the innate immune system. Activated complement pathways plays a role in elimination of products of inflammatory injury and to clear the immune complexes.

Complement components in the circulation are activated by three pathways:

1. The classical pathway which is initiated by the binding of complement component C1q to the antigen antibody complex,
2. The lectin pathway which is initiated by the binding of mannose-binding lectin that are present over the bacterial cell wall
3. The alternative pathway which is initiated after exposure to invading pathogens surface molecules



**Figure 3 : The Complement Cascade** <sup>48</sup>

The complement pathway convertases which mainly include the C3 convertase and the C5 convertase eliminate the pathogen by aiding opsonisation and phagocytosis via the macrophages and the neutrophils.<sup>47</sup>

Anti-inflammatory mechanisms and immunosuppression

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The potential harmful effects of the pro-inflammatory response is attenuated by the immune system via the humoral, cellular and the neutrally mediated mechanisms. Tissue repair can be promoted by phagocytes by switching over to the anti-inflammatory phenotype. The regulatory T cells and the myeloid derived suppressor cells will further curtail the inflammation. Via the Neuro-inflammatory reflex the Vagus nerve carries the afferents to the brainstem from where the information is relayed and via the efferent vagus nerve the splenic nerve in the celiac plexus is activated, this results in release of nor-epinephrine in the spleen and acetylcholine by subset of CD4<sup>+</sup> T cells. This acetylcholine will target the  $\alpha 7$  cholinergic receptors which are present over the activated macrophages and leads to the suppression of pro-inflammatory cytokine release.

There is an evidence of immunosuppression among patients who depend on critical care despite surviving through early sepsis this in part is reflected by the decreased expression of KLA-DR present over the myeloid cells. These subset of patients will usually have an ongoing foci of infection despite extensive antimicrobial therapy. Recent post mortem studies on splenocytes in patients who succumbed due to sepsis in ICU have shown strong functional impairments. Apart from splenocytes the lungs also showed similar evidence, both these organs had an increased expression of inhibitory receptor ligands of T cells.<sup>42</sup>

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## Endothelium and inflammation

Numerous pro-inflammatory and anti-inflammatory mediators are being synthesized by the vascular endothelial cells. Vascular endothelial cells play a vital role in maintaining and regulating the vascular tone, activation of platelets and the leucocytes, they are involved in coagulation cascade and angiogenesis. They also produce various proteins which will alter the permeability of the vessel leading to leakage of fluid and larger molecules like antigen-antibody complexes. Chemotaxis of neutrophils and monocytes occurs by the adhesion of microbial antigen to the endothelial surface, increase in the permeability leads to the migration of neutrophils to the surrounding injured site. Microbial antigens and the endotoxin promote activation of neutrophils and the release of pro-inflammatory mediators.<sup>49</sup>

## SEPSIS AND ORGAN DYSFUNCTIONS

The pathologic mechanisms that underlie multiple organ dysfunction in patients with sepsis is only partly understood. Key factor involved is the impaired tissue oxygenation. Multiple other factors like hypotension, decrease in red cell deformability and micro-vascular thrombosis also contribute to decreased oxygen delivery and thus organ dysfunction in sepsis. Subcutaneous edema and body-cavity edema in sepsis patients is mainly attributed to vascular endothelial dysfunction and loss of its barrier integrity.<sup>42,50</sup> Impaired cellular oxygen is also attributed to oxidative stress which causes damage to the mitochondria.<sup>51</sup>

## DEFINING ORGAN DYSFUNCTIONS<sup>42</sup>

Acute cardiac dysfunction : In patients with sepsis who do not have any evidence of acute coronary syndrome, pulmonary embolism, dysrhythmia or cardiac tamponad .

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- Evidence of left or right ventricular failure
  - Elevated ventricular filling pressure
  - Low cardiac index ( $<2.2\text{L}/\text{min}/\text{m}^2$ )

Acute Respiratory failure:

- Requirement of ventilator support with a  $\text{FiO}_2$  of  $>0.4$
- ARDS if need for positive end expiratory pressure is  $\geq 5\text{cmH}_2\text{O}$

Acute renal dysfunction:

- Serum creatinine level  $>2\text{mg}\%$  or
- In a patient with prior kidney disease- Doubling of the admission Creatinine

Liver dysfunction :

- Total bilirubin level  $>2\text{mg}\%$  and
- Transaminases and lactate dehydrogenase levels at least twice the upper limit of normal.

Disseminated intravascular coagulation: evidence of spontaneous hemorrhage from two or more regions along with

- Platelet count of  $<50,000/\text{cu.mm}$
- Elevated fibrin degradation products and
- Fibrinogen of  $<200\%$ .

Neurological dysfunction : Glasgow Coma Scale (GCS) of  $< 7/15$ .

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## **CLINICAL MANIFESTATIONS AND ETIO-PATHOGENESIS:**

### **ACUTE RENAL FAILURE AND SEPSIS**

Acute kidney injury secondary to sepsis has been noted in >50% patients in the ICU. This is associated with an elevated risk of in-hospital mortality by six-to eight fold. Mechanism behind renal injury is poorly understood. Even in the absence of overt hypotension approximately 25% patients are prone to develop renal injury. Beyond mere organ ischemia Current hypothesis includes the combinations of widespread micro-circulatory abnormalities and inflammation. Clinical manifestations include oliguria, elevated blood urea levels and serum creatinine levels frequently requiring renal replacement therapy.<sup>42,51</sup>

### **RESPIRATORY SYSTEM AND SEPSIS**

ARDS is associated mortality rate of 50% to 70% in the United States. The proposed pathology behind this is injury to the alveolar capillary endothelial cells and the type I Pneumocytes attributed to oxidative stress and free radical injury leading to accumulation of edema fluid in the alveoli and the interstitium. ARDS clinically presents as arterial hypoxemia and bilateral infiltrates on chest radiograph of non-cardiac origin within 7 days of sepsis.<sup>52</sup>

ARDS is graded based on the Berlin's score: which include.<sup>42</sup>

- Mild ARDS –  $\text{PaO}_2/\text{FiO}_2$  of 201-300mmHg
- Moderate ARDS -  $\text{PaO}_2/\text{FiO}_2$  of 101-200mmHg
- Severe ARDS -  $\text{PaO}_2/\text{FiO}_2$  of <100mmHg

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## **CARDIOVASCULAR SYSTEM IN SEPSIS**

Two most frequently involved organs in sepsis are the heart and lungs. Cardiac compromise typically manifests as arterial hypotension. This further leads to organ dysfunction as well.<sup>53</sup> Factors responsible for hypotension mainly includes frank hypovolemia, diffuse capillary leakage leading to mal-distribution of blood flow. Decrease in systemic vascular resistance or depressed myocardium. Following initial fluid resuscitation, hypotension still persists requiring vasopressors. Studies have shown a reduction in ejection fraction up to 40% in sepsis.<sup>54</sup> The major molecules which are involved in producing cardiac depression in sepsis are TNF, IL-1 $\beta$  and NO.<sup>55</sup> The cardiac dysfunction findings include:

1. Reduced Ejection fraction
2. Elevated end diastolic and end systolic volumes of ventricles with maintained stroke volume
3. Increased heart rate
4. Decreased systemic vascular resistance

## **CENTRAL NERVOUS SYSTEM AND SEPSIS**

Coma or delirium are the typical presentations of nervous system dysfunction in sepsis. There will be no focal lesions or electro-encephalogram findings usually suggesting a non-focal encephalopathy. The Pro-inflammatory response to sepsis manifests as delirium without any objective evidence of primary nervous system infection. Other neurological manifestations of prolonged sepsis are critical illness polyneuropathy and myopathy. The proposed mechanisms for nervous system dysfunction are disseminated micro abscesses via hematogenous route, multiple microscopic infarctions due to coagulation abnormality, oxidative injury and imbalance in neurotransmitters.<sup>56</sup>

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## **SEPSIS INDUCED THROMBOCYTOPENIA**

Hemophagocytosis of megakaryocytes and transient bone marrow suppression lead to decrease in platelet count in sepsis. The incidence of which is about 35-44%. A count of  $\leq 100,000$  is noted in 12-15% of patients.<sup>57</sup>

## **THE ENDOCRINE SYSTEM DURING SEPSIS**

Elevated sugar levels and increase in insulin resistance has been encountered most commonly in sepsis. There is depressed production of Corticosteroids and vasopressin. Studies have shown optimal sugar control can confer survival benefit in sepsis.<sup>58,59</sup>

## **ADDITIONAL CLINICAL MANIFESTATIONS**

The clinical presentation of the septic response are superimposed on patient's primary illness. Hyperventilation is often an initial feature of the septic response.<sup>59</sup>

Disorientation, delirium and other manifestations of encephalopathy may also develop early especially in the elderly and in individuals with preexisting neurologic impairment. Focal neurologic signs are uncommon, although preexisting focal deficits may become more prominent.<sup>42, 59</sup>

Hypotension and DIC predispose to acro cyanosis and ischemic necrosis of peripheral tissues, most commonly the digits. Cellulitis, pustules, bullae, or hemorrhagic lesions may develop when hematogenous bacteria or fungi seed the skin or underlying soft tissue.<sup>42</sup>

Gastrointestinal manifestations include nausea, gastro-enteritis presenting as emesis and diarrhea. Upper gastrointestinal bleeding secondary to stress ulceration. Obstructive jaundice secondary to cholestasis. Persistent arterial hypotension may lead to acute ischemic hepatitis or bowel necrosis secondary to ischemia.<sup>59</sup>



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## Differential Diagnosis

The following serious medical conditions may mimic sepsis:

- Cardiogenic shock
- Extensive myocardial infarction
- Saddle Pulmonary Embolism
- Major hemorrhage
- Hypo adrenal crisis
- Acute pancreatitis
- Diabetic ketoacidosis

## TREATMENT<sup>59,60</sup>

1. Identification and removal of the septic foci
  - Removal of infected catheters or venous access devices
  - Identification and drainage of abscess
  - Debridement of infected tissue
2. Fluid resuscitation guided by vital signs (including central venous pressure) and urine output
3. Initiate vasoactive agents if needed.
4. Obtain antimicrobial cultures
5. Broad-spectrum antibiotics
6. Supportive management of other symptoms
  - a. Oxygen, to keep saturations more than 90 mmHg
  - b. Treatment of delirium, nausea, vomiting and pain.
  - c. Intravenous Insulin for hyperglycemia
  - d. Initiate prophylactic measures for venous thromboembolism and

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gastrointestinal hemorrhage

- e. Initiate lung protective ventilation strategies

### **Protocols and guidelines**

The SCC guidelines has revised the initial 6 hours bundle for resuscitation and the initial 24 hours Management Bundle following hospital admission and the sepsis diagnosis into hour 1 bundle for immediate management of sepsis.<sup>3,4</sup> Mortality in patients with severe sepsis has decreased when these SSC guidelines or modified protocols have proposed initial goal directed therapy to prevent organ damage. The Spanish study was able to show prospectively how better compliance with the bundles decreased mortality.<sup>61</sup>

### **SCORING SYSTEM**

The first ICU model of disease severity, the Therapeutic Intervention Scoring System (TISS), was proposed in 1974<sup>62</sup>. 25 years later a number of physiology based ICU scoring systems have developed to aid in assessment of in-hospital mortality rates. Scoring systems essentially consists of two parts:

- A severity score (generally the higher this is the more severe the condition).
- Calculated probability of mortality.<sup>63</sup>

### **VARIOUS SCORING SYSTEMS**<sup>15,64,65,66</sup>

General important scores

- APACHE (Acute Physiology and Chronic Health Evaluation)
- MPM (Mortality Probability Model)
- LODS (Logistic Organ Dysfunction Score)
- SOFA (Sequential Organ Failure Assessment)
- SAPS (Simplified Acute Physiology Score)

- Multiple Organ Dysfunction Score
- QSOFA (Quick Sequential Organ Failure Assessment)

## SOFA SCORE

SOFA is the most commonly used organ dysfunction assessment model. Most of the variables considered in these systems are easily available and obtained from critical care settings.

Initially Sepsis related organ failure assessment score, was proposed to estimate the organ dysfunction sepsis patients<sup>67</sup>. Further, it was renamed the sequential organ failure assessment because its utility was not restricted merely to sepsis. The SOFA score is a six-organ dysfunction/failure score measuring organ failure daily. Each organ is graded from 0-4 providing daily score of 0-24 points. SOFA score assessment initially can serve as prognostic indicator. Mean and highest SOFA scores are particularly useful predictors of outcome.<sup>68,69</sup>

**Table 3: SOFA score<sup>70</sup>**

<b>Sequential [Sepsis-Related] Organ Failure Assessment (SOFA) Score</b>					
<b>System</b>	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
Respiration PaO <sub>2</sub> /FIO <sub>2</sub> , mmHg (kPa)	≥400 (53.3)	<400 (53.3)	<300 (40)	<200 (26.7) with respiratory support	<100 (13.3) with respiratory support
Coagulation Platelets, x10 <sup>3</sup> /uL	≥150	<150	<100	<50	<20
Liver Bilirubin, mg/dL (umol/L)	<1.2 (20)	1.2 - 1.9 (20 - 32)	2.0 - 5.9 (33 - 101)	6.0 - 11.9 (102 - 204)	>12.0 (204)
Cardiovascular	MAP ≥70mmHg	MAP ≥70mmHg	Dopamine ≤5 or Dobutamine (any dose)	Dopamine 5.1 - 15 or Epinephrine ≤0.1 or Norepinephrine ≤0.1	Dopamine >15 or Epinephrine >0.1 or Norepinephrine >0.1
CNS GCS Score	15	13 - 14	10 - 12	6 - 9	≤6
Renal Creatinine, mg/dL (umol/L) Urine Output, mL/d	<1.2 (110)	1.2 - 1.9 (110 - 170)	2.0 - 3.4 (171 - 299)	3.5 - 4.9 (300 - 440)	>5.0 (440)
*Catecholamine Doses = ug/kg/min for at least 1hr					

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The prognosis in sepsis is also dependent on the patient's underlying health status, development of adverse consequences, organ dysfunctions and prevention of complication.

#### **QSOFA SCORE :**

The 2016 sepsis campaign proposed that the utility of SOFA score outside ICU and in areas with limited resources would be impractical, hence it introduced a new scoring system, the Quick SOFA Score, which had 3 clinical variables which can be assessed bedside, without any aid for laboratory or advanced assistance. The score includes 2 vital signs and a brief neurological evaluation. The score consists of 1 point for each of hypotension (SBP  $\leq$  100 mm Hg), tachypnea (respiratory rate  $\geq$  22/min), and altered mental status, positive score is considered as 2 or 3 points.<sup>15</sup>

**Table 4: QSOFA score:<sup>15</sup>**

CLINICAL PARAMETER	SCORE
SBP $\leq$ 100mmHg	1
Respiratory rate $\geq$ 22/min	1
Altered mental state	1

In developing countries, in areas with limited resources where appropriate laboratory facilities are unavailable, when patients contacts primary care initially, a quick estimation of severity of sepsis and the probable need for intensive care, can aid in early referral/ early intensive care with initial goal directed therapy. The 2018 sepsis hour 1 bundle stressed on early goal oriented therapy which can prevent organ dysfunction and thus have a good prognosis in sepsis . Hence there is need for studies that assess the significance of QSOFA score, which can guide in early identification of severity and prognosis of sepsis especially in developing countries.

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## REVIEW OF LITERATURE

1. Shannon M et al, conducted a study on prognostic accuracy of the QSOFA score for Mortality in patients with Infection, Thirty-eight studies were clubbed ( $n = 385\ 333$ ). For mortality the qSOFA had a pooled sensitivity of 60.8% and a pooled specificity of 72.0%. The SIRS had a pooled sensitivity of 88.1% and a pooled specificity of (25.8%). This study concluded qSOFA can be rapidly scored bedside without laboratory assistance, and it will facilitate prompt identification of infection that poses a greater threat to life. If appropriate laboratory tests have not already been undertaken, this may prompt testing to identify biochemical organ dysfunction.<sup>71</sup>
2. S Todi, S Chatterjee and M Bhattacharyya conducted a study at AMRI Hospitals, Kolkata. Total of 1,344 sepsis patients were studied. There were no SIRS in 31.3% and SIRS without organ dysfunction in 51.6%. SIRS with organ dysfunction was found in 230 (17.1%) patients, of which 54 (23.5%) were not due to sepsis and 176 (76.5%) were due to sepsis. The incidence of severe sepsis was 13.1% of all admissions. The mean age of the study population was 54.9 years (SD 17.6), of which 67% were male. ITU mortality of all admissions was 13.9% and that of severe sepsis was 54.1%.<sup>6</sup>
3. Acharya SP, Pradhan B, Marhatta MN of Department of Anaesthesiology, Tribhuban University Teaching Hospital, Maharajgunj, Kathmandu, Nepal in their study Application of SOFA score in assessing outcome in SIRS concluded that the non survivors had high initial, mean and highest SOFA scores when compared to survivors. ( $p$  value = 0.002). Delta SOFA was not significantly associated with outcome. The initial SOFA score  $> 11$  predicted a mortality of 90%. Similarly,

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mean SOFA score of  $> 7$  predicted a mortality of 73.9% and high SOFA score  $> 11$  predicted a mortality of 87.5%. Thus mean, high and initial SOFA scores were helpful in predicting between the survivors and the non-survivors<sup>10</sup>.

4. Lauren J et al, Study on Prognostic accuracy of age-adapted SOFA, SIRS, PELOD-2, and qSOFA for predicting in-hospital mortality among patients with sepsis, Of 2594 paediatric ICU admissions due to infection, 151 (5.8%) children died, and 949/2594 (36.6%) patients died. A  $\geq 2$ -point increase in each score was associated with a crude mortality increase from 3.1 to 6.8% for SIRS, from 1.9 to 7.6% for age-adapted SOFA, from 1.7 to 7.3% for PELOD-2, and from 3.9 to 8.1% for qSOFA ( $p < 0.001$ ). The outcome discrimination was significantly higher for SOFA (adjusted AUROC 0.829; 0.791–0.868) and PELOD-2 (0.816; 0.777–0.854) than for qSOFA (0.739; 0.695–0.784) and SIRS (0.710; 0.664–0.756). This study concluded that the predictive value of qSOFA to identify patients with organ dysfunction was poor, and may not be of sufficient clinical value to be used routinely as a screening tool for patients within the ICU.<sup>72</sup>
5. Flavio Lopes Ferreira, Daliana Peres Bota study concluded organ dysfunction assessment sequentially during the first few days of ICU admission serve as good predictor of prognosis. The mean and highest SOFA scores are particularly useful predictors of outcome. Independent of the initial score, within 48 hours an increase in SOFA score indicates high mortality of at least 50%<sup>73</sup>.

# METHODOLOGY

A decorative graphic consisting of a thick horizontal black line and a thick vertical black line intersecting at the right end of the horizontal line, forming a crosshair shape. The lines have a slight gray shadow or offset.

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## **MATERIALS AND METHODS**

A prospective observational study titled “PROGNOSTIC ACCURACY OF qSOFA SCORE COMPARED TO SOFA SCORE AMONG PATIENTS WITH SEPSIS” was done at Sri Devraj Urs Medical College attached to R L Jalappa Hospital , Tamaka, Kolar after obtaining the approval from the institutional Ethics Committee.

Study site: This study was conducted in the Department of General Medicine, R.L.Jalappa hospital and research centre.

Study population: This study was conducted in R.L.Jalappa hospital in patients of sepsis who fulfilled inclusion and exclusion criteria.

Study design: The current study was a prospective observational study

Sample Size:

The sample size for the study is estimated based on the difference in proportions in SOFA and Qsofa score in a study by Yutaka U, Hiroshio O, Satoshi G, Shigek K, Daizoh S, Toshihiko M, et al.<sup>2</sup> to detect an effect size of 20% with 80% power, 95% confidence interval , the estimated sample size is 96. However 150 patients with sepsis were included in the study.<sup>74</sup>



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**Sample size estimation formula:**

$$\text{Sample size} = Z_{1-\alpha/2}^2 p (1-p) / d^2$$

Here,

$Z_{1-\alpha/2}$  = is standard normal variate (at 5% type 1 error ( $p < 0.05$ ) it is 1.96 and at 1% error

( $p < 0.01$ ) it is 2.58). As in majority of studies p values are considered significant below

0.05 hence 1.96 is used in formula

P = expected proportion in population based on previous studies or pilot studies.

d = absolute error or precision.

Sampling method: All the eligible subjects were recruited into the study consecutively by convenient sampling till the sample size is reached.

Study duration: The data collection for the study was done between November 2017 to September 2019 for a period of 2 years.

**INCLUSION CRITERIA**

- Patients above 18 years of age.
- Patients admitted to medicine department with sepsis. ( According SCC-3 guidelines: that is patients with SOFA score of  $>2$ )

**EXCLUSION CRITERIA**

- Patients with pre-existing organ dysfunction prior to infection (chronic kidney disease, decompensated liver disease)
- Patients discontinuing treatment.

Ethical considerations: Study was approved by the institutional ethics committee. Written informed consent was taken from all the study subjects. The risks and benefits involved in the study and the voluntary nature of participation were explained to the

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participants before obtaining consent. Confidentiality of the study participants was maintained.

Data collection tools: All the relevant parameters were documented in a structured study proforma.

The study requires investigations such as:

- Complete blood count
- Blood, Urine, Sputum culture
- CRP
- Renal function tests
- Liver function tests
- ABG
- Chest X-ray
- Serological tests

## **Methodology:**

1. Patients admitted to medicine department with sepsis as per sepsis definitions (SOFA score  $>$  ) were taken up for the study.
2. Informed written consent was taken.
3. A detailed history was elicited from the patient or a reliable relative. The duration of onset and progress of the presenting symptoms were documented
4. A complete physical examination was done.
5. After an initial evaluation at admission the patient was followed up till discharge or death or a maximum period of 5 days.
6. The progress of the patient was assessed at regular intervals by the Sequential Organ Failure Assessment score and Quick Sequential Organ Failure Assessment score.
7. The need for supportive management was noted. Which included inotropic support, dialysis, ventilator support and ICU care.
8. The outcome of the patient in terms of morbidity (length of ICU stay, need for ventilator support, inotropic support, and dialysis) and mortality was documented in terms of SOFA score and QSOFA score.

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**Statistical analysis.** <sup>62,63,64,65,74</sup>

Data was entered into Microsoft excel data sheet and was analysed using SPSS 22 version software. Categorical data was represented in the form of Frequencies and proportions. Chi-square test or Fischer's exact test (for 2x2 tables only) was used as test of significance for qualitative data. Continuous data was represented as mean and standard deviation. Independent t test was used as test of significance to identify the mean difference between two quantitative variables. SOFA and QSOFA score were further analysed using the receiver operating characteristic (ROC) and optimal cut-off points were chosen for the calculation of sensitivity, specificity. A test that predicts an outcome no better than chance has an area under the ROC curve of 0.5. An area under the ROC curve above 0.8 indicated fairly good prediction.

Graphical representation of data: MS Excel and MS word was used to obtain various types of graphs

P value (Probability that the result is true) of  $<0.05$  was considered as statistically significant after assuming all the rules of statistical tests.

Statistical software: MS Excel, SPSS version 22 (IBM SPSS Statistics, Somers NY, USA) was used to analyse data

# RESULTS

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## **RESULTS**

This study was carried out in the period of November 2017 to September 2019 and 150 patients were studied.

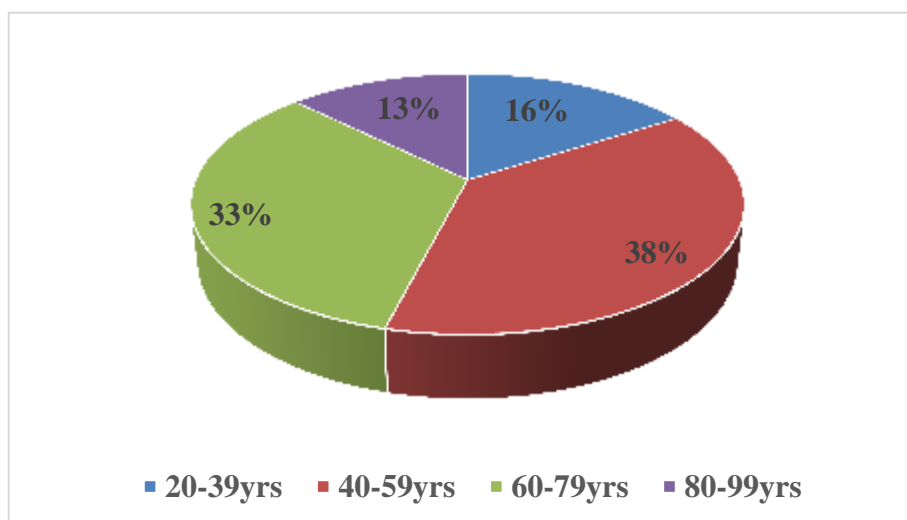
The subjects were in the age group of 20 to 95 years.

Of 150 patients of sepsis, 87 were male and 63 were females

**Table 5: Age distribution of study patients**

Age group	Frequency	Percent
20-39yrs	24	16.0
40-59yrs	57	38.0
60-79yrs	50	33.3
80-99yrs	19	12.7
Total	150	100.0

Mean  $\pm$  SD: 51.66 $\pm$ 18.93

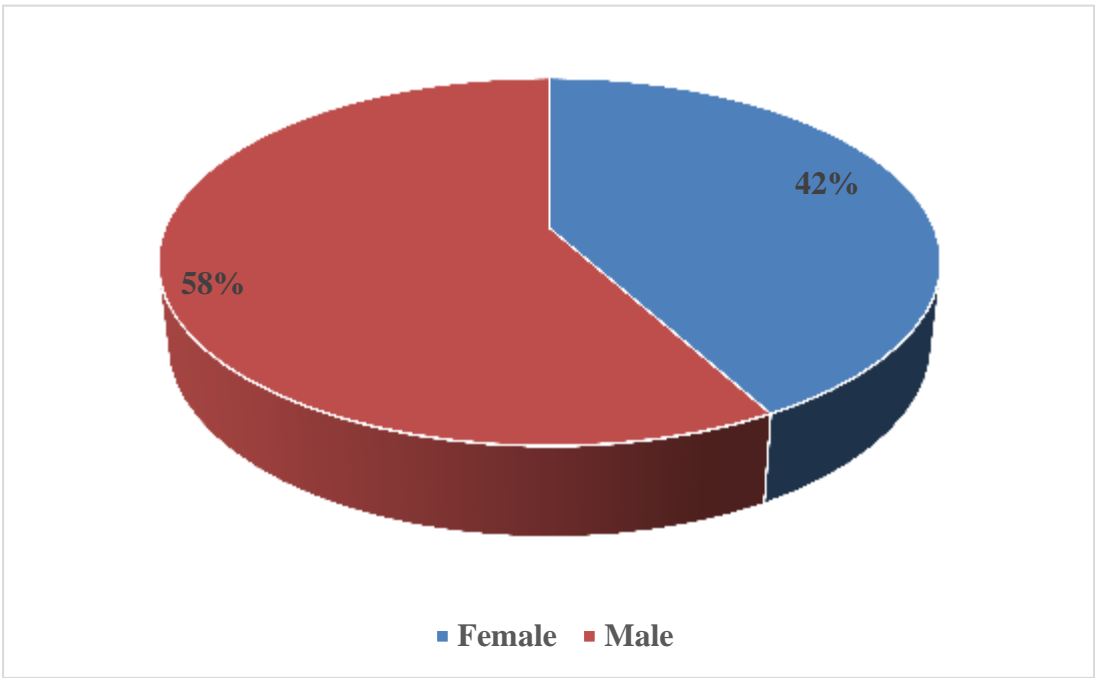


**Figure 4: Age distribution of patients studied**

Highest numbers of cases were in age group of 40 to 59 years i.e. 57 patients (38%) followed by 60 to 79 years in 50 cases (33.3%).

**Table 6: Gender distribution of study participants**

Gender	Number of patients	Percentage
Male	87	58.0
Female	63	42.0
Total	150	100

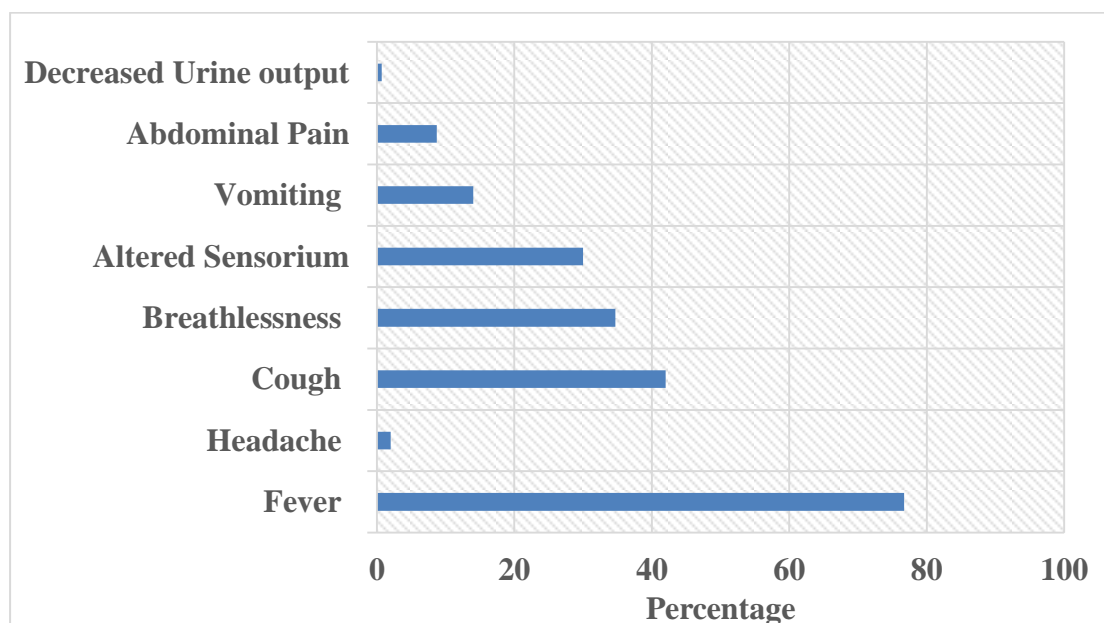


**Figure 5: Gender distribution**

Out of 150 patients, 87 were males and 63 were females

**Table 7a: Clinical symptoms distribution of patients studied**

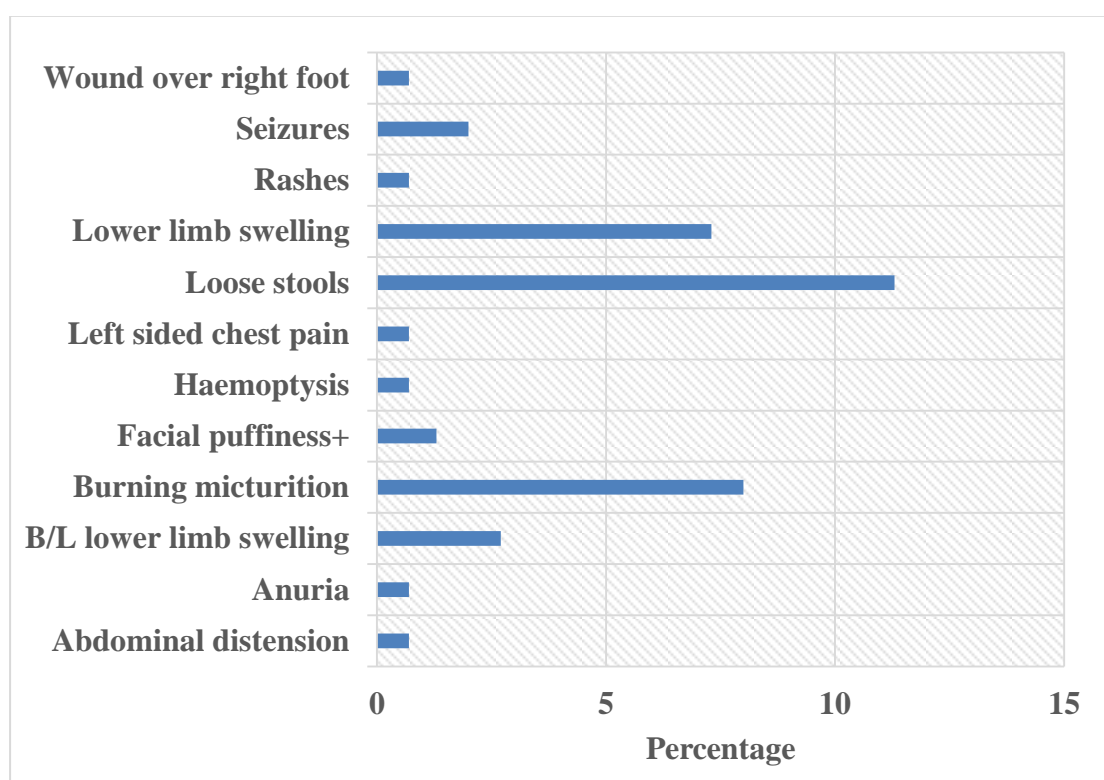
Clinical symptom	Frequency	Percent
Fever	115	76.7
Headache	3	2.0
Cough	63	42.0
Breathlessness	52	34.7
Altered Sensorium	45	30.0
Vomiting	21	14.0
Abdominal Pain	13	8.7
Decreased Urine output	1	0.7



**Figure 6a: Symptoms distribution**

**Table 7b:- Frequency of distribution of other symptoms**

	Frequency	Percent
Abdominal distension	1	0.7
Anuria	1	0.7
B/L lower limb swelling	4	2.7
Burning micturition	12	8.0
Facial puffiness+	2	1.3
Haemoptysis	1	0.7
Left sided chest pain	1	0.7
Loose stools	17	11.3
U/L Lower limb swelling	11	7.3
Rashes	1	0.7
Seizures	3	2.0
Wound over right foot	1	0.7



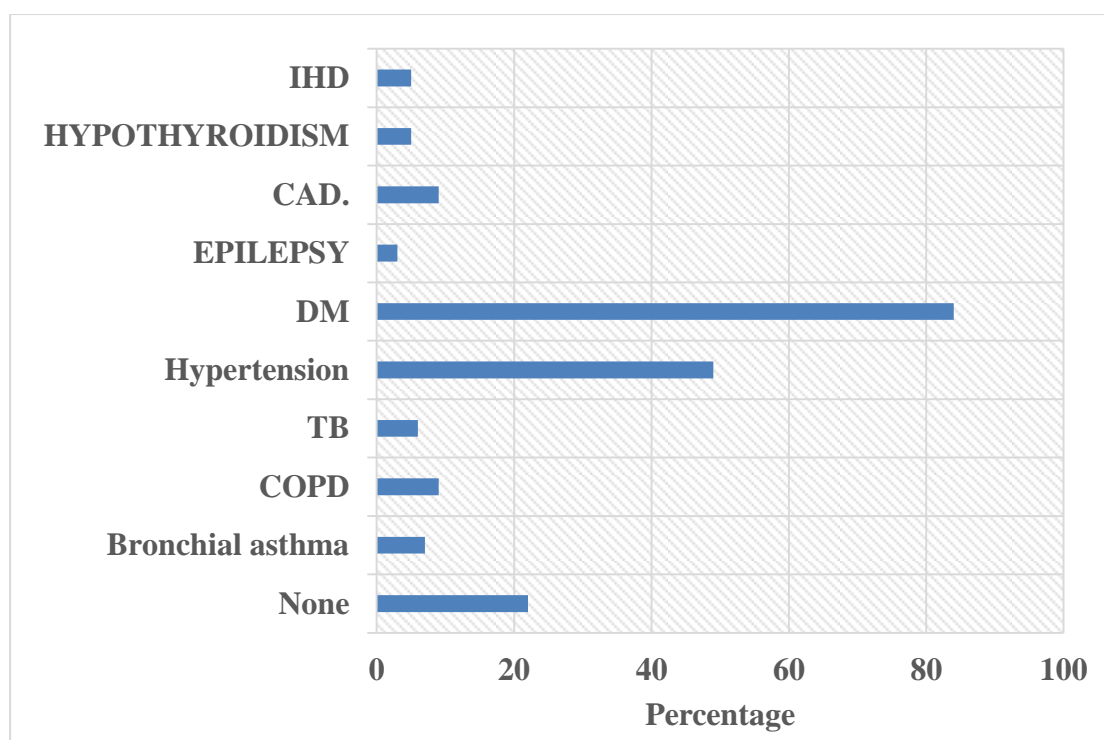
**Figure 6b:- Distribution of other symptoms**

The commonest symptom in the study was fever which is seen in 76.7% of patients followed by cough, breathlessness, altered sensorium, vomiting, abdominal pain and decreased urine output.



**Table 8: Comorbidities distribution of patients studied**

Comorbidities	Frequency	Percent
None	22	14.66
Bronchial asthma	7	4.66
COPD	9	6
TB	6	4
Hypertension	49	32.67
DM	84	56
EPILEPSY	3	2.0
IHD	14	9.3
HYPOTHYROIDISM	5	3.3

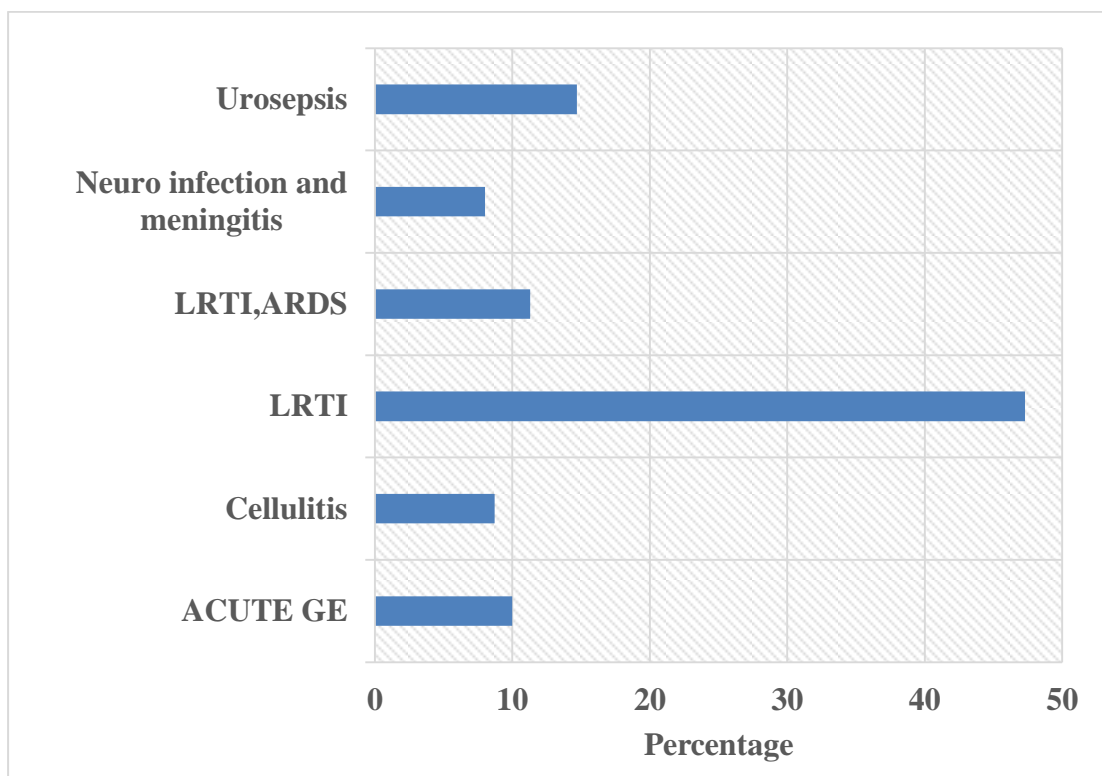


**Figure 7: Comorbidities of patients studied**

Most common co morbidity was diabetes seen in 56% of study patients. Hypertension was next common seen in 32.67%. 40% of study patients did not have any comorbidities.

**Table 9:- Diagnosis of study subjects**

DIAGNOSIS	Frequency	Percent
ACUTE GE	15	10.0
Cellulitis	13	8.7
LRTI	71	47.3
LRTI,ARDS	17	11.3
Neuro infection and meningitis	12	8
Urosepsis	22	14.7
Total	150	100.0



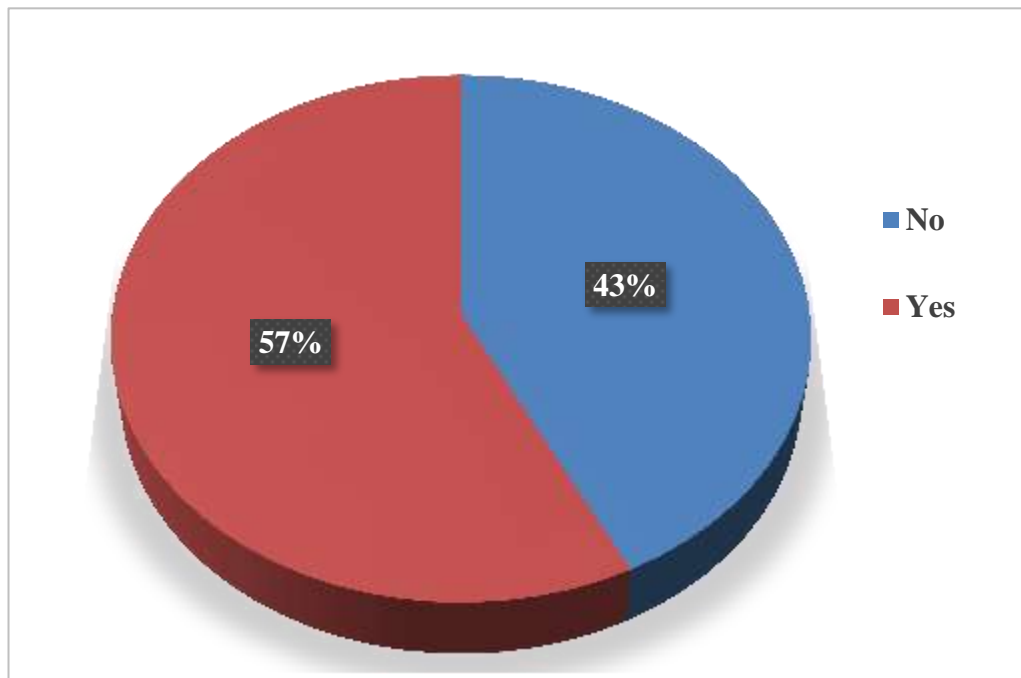
**Figure 8:- Distribution of subjects of according to diagnosis**

Most common diagnosis was LRTI seen in 71 (47.3%) patients, 17 patients (11.3%) with LRTI developed ARDS, next common diagnosis was urosepsis seen in 22 (14.7%) patients.

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**Table 10:-Requirement of ventilator support**

Ventilator Support	Frequency	Percent
No	64	42.7
Yes	86	57.3
Total	150	100.0



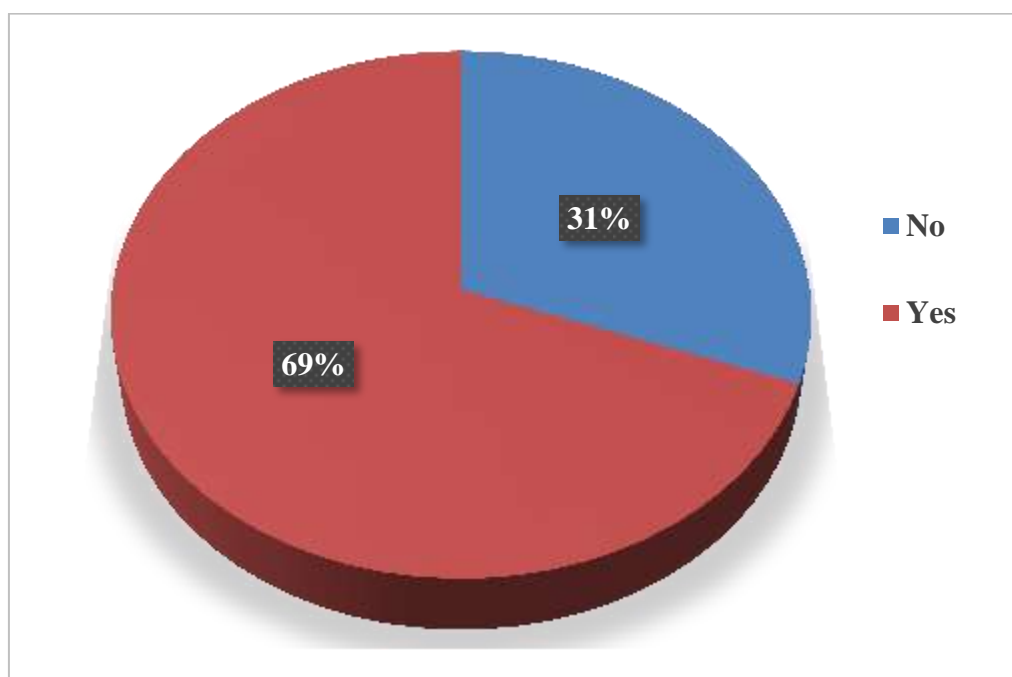
**Figure 9:- Distribution of subjects according to ventilator requirement**

Among 150 patients, 86 (57.3%) needed ventilator support, 64 (42.7%) did not require any ventilator support.

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**Table 11:-Requirement of Inotropic support**

Inotropic support	Frequency	Percent
No	46	30.7
Yes	104	69.3
Total	150	100.0



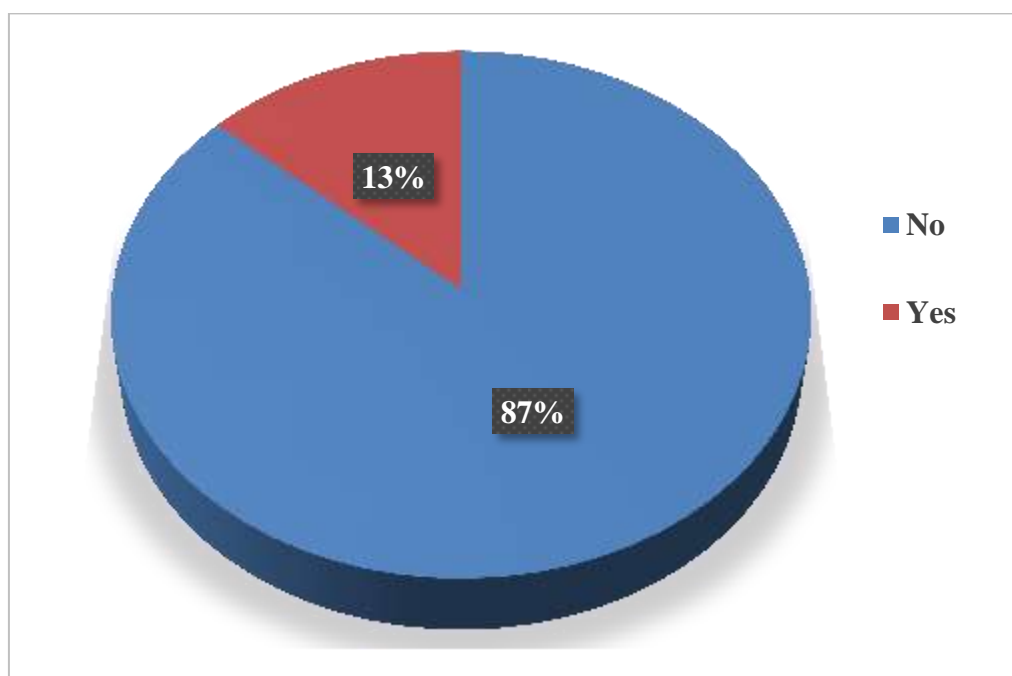
**Figure 10:- Distribution of subjects of according to inotropic support**

Among 150 study subjects, 104 (69.3%) patients required inotropic support, 46 (30.7%) did not require inotropic support.

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**Table 12:- Requirement for Haemodialysis**

Haemodialysis	Frequency	Percent
No	130	86.6
Yes	20	13.4
Total	150	100.0



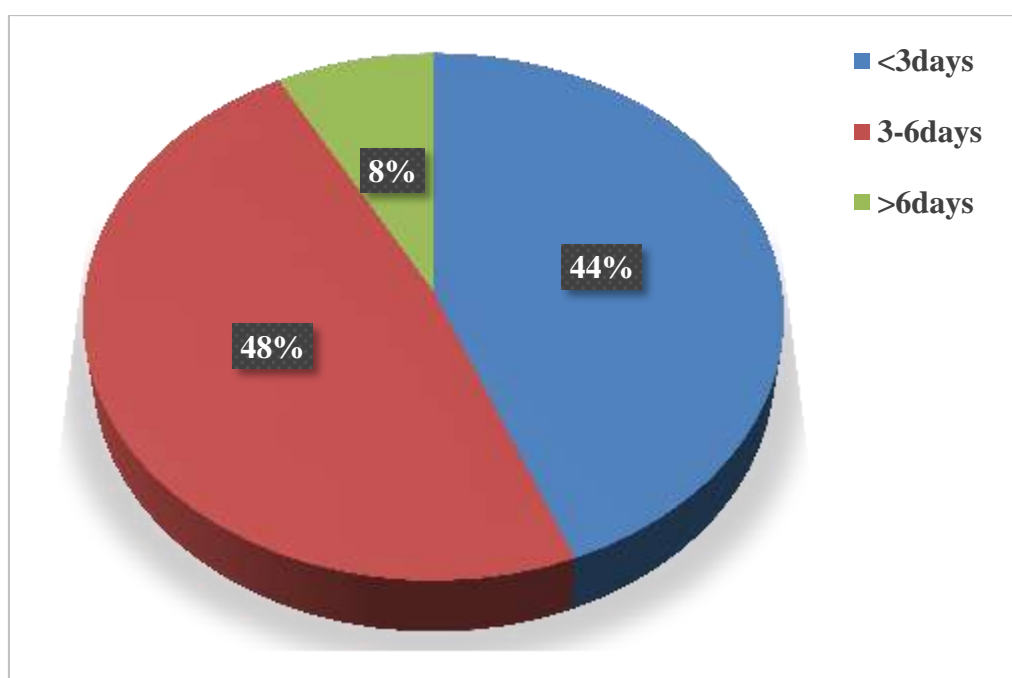
**Figure 11:- Distribution of subjects of according to haemodialysis requirement**

Among 150 patients, 20 patients required renal replacement therapy, 130 patients did not require renal replacement therapy.

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**Table 13:- Distribution of subjects of according to ICU Stay**

	Frequency	Percent
<3days	66	44.0
3-6days	72	48.0
>6days	12	8.0
Total	150	100.0



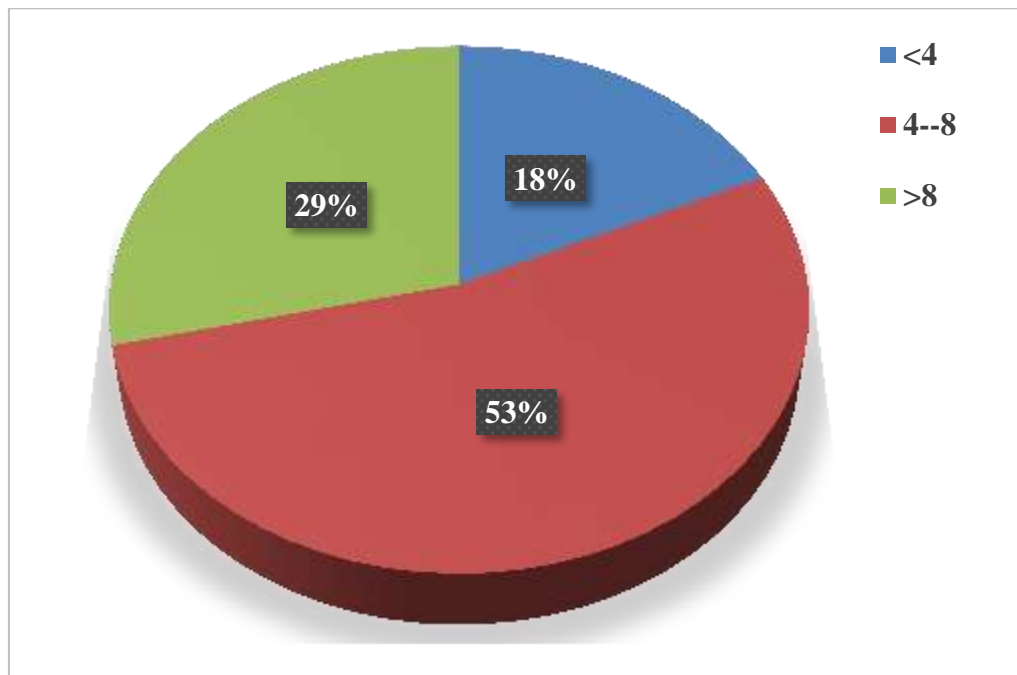
**Figure 12:- Distribution of subjects of according to duration of ICU Stay**

Among 150 patients, 12(8%) patients required prolonged stay in ICU of more than 6 days, 72(48%) patients stayed for 3-6 days, 66(44%) patients needed less than 3 days.

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**Table 14:- Initial SOFA score of study subjects**

SOFA score	Frequency	Percent
<4	27	18.0
4-8	80	53.3
>8	43	28.7
Total	150	100.0



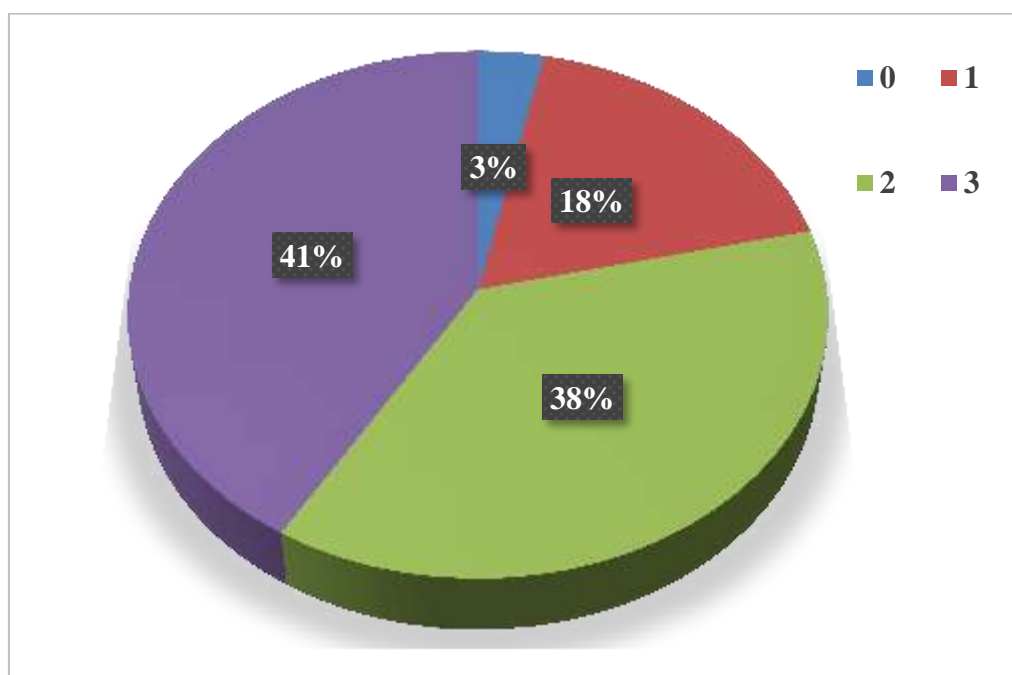
**Figure 13:- Initial SOFA score of study subjects**

Initial SOFA score of 28.7% of study subjects was more than 8 and 53.3% had a initial SOFA score of 4-8.

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**Table 15:- Initial QSOFA score of study subjects**

QSOFA score	Frequency	Percent
0	5	3.3
1	27	18.0
2	56	37.3
3	62	41.3
Total	150	100.0



**Figure 14:- Distribution of subjects according to initial QSOFA score**

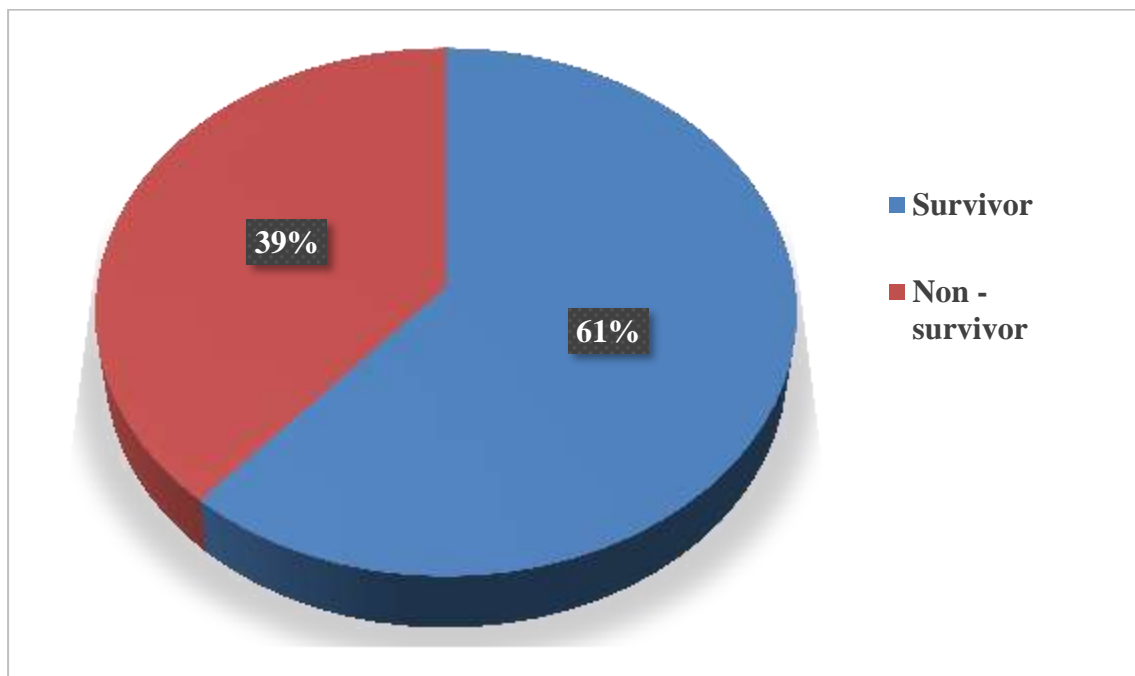
Initial QSOFA score of 41% patients was 3, 38% patients had QSOFA score of 2, 18% patients had QSOFA of 1 whereas 3% patients had QSOFA score of 0.



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**Table 16: Mortality rate**

	Frequency	Percent
Survivor	92	61.3
Non -survivor	58	38.7
Total	150	100.0



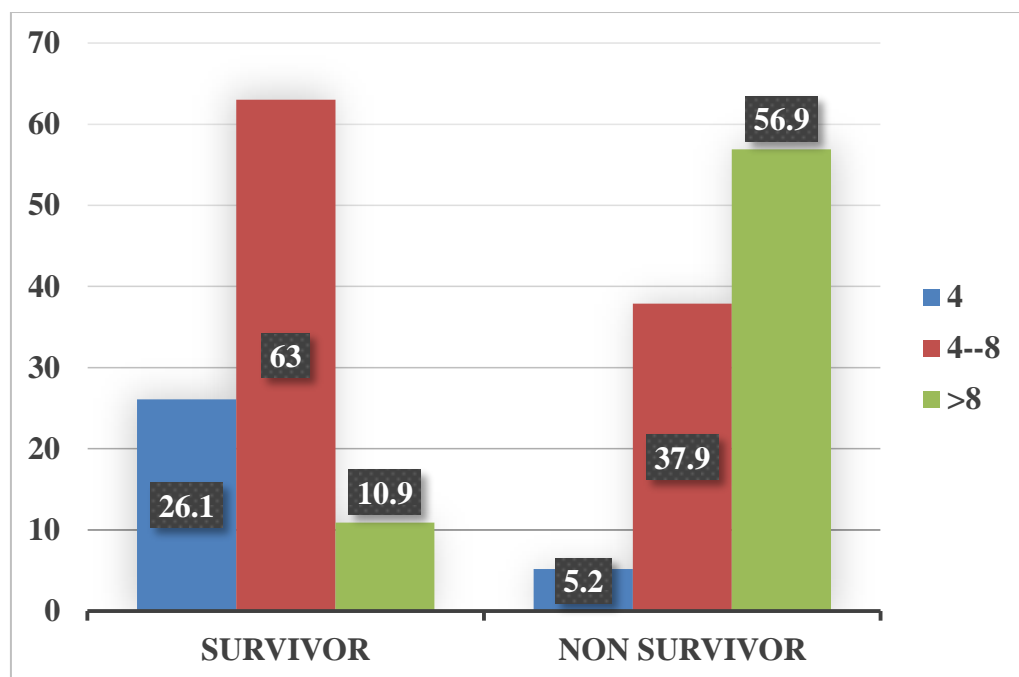
**Figure 15: Mortality rate**

Mortality rate in the study is 39 %. 92 of 150 patients had survived.

**Table 17:- Initial SOFA score and Outcome**

Initial SOFA score	Survivor	Non survivor
<4	24(26.1%)	3(5.2%)
4-8	58(63%)	22(37.9%)
>8	10(10.9%)	33(56.9%)
Total	92(100%)	58(100%)

P value <0.001, statistically significant difference found between initial SOFA score and Outcome



**Figure 16:- Initial SOFA score and Outcome**

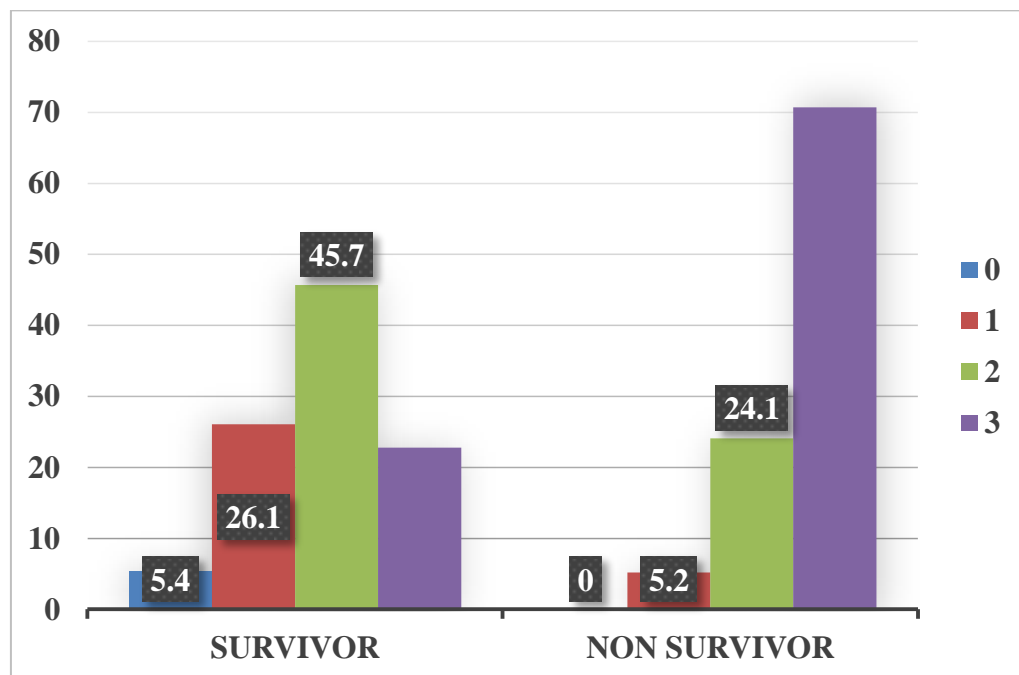
Among Survivors: Initial SOFA score was between 4-8 in 63% patients, <4 in 26.1% patients and more than 8 in 10.9% patients

Among Non Survivors: Initial SOFA score was between 4-8 in 37.9% patients, less than 4 in 5.2% patients and above 8 in 56.9% patients.

**Table 18:-Initial QSOFA score and Outcome**

QSOFA score	Survivor	Non survivor
0	5(5.4%)	0
1	24(26.1%)	3(5.2%)
2	42(45.7%)	14(24.1%)
3	21(22.8%)	41(70.7%)
Total	92(100%)	58(100%)

P value <0.001, statistically significant difference was found between QSOFA score and Outcome.



**Figure 17:- Initial QSOFA score and Outcome**

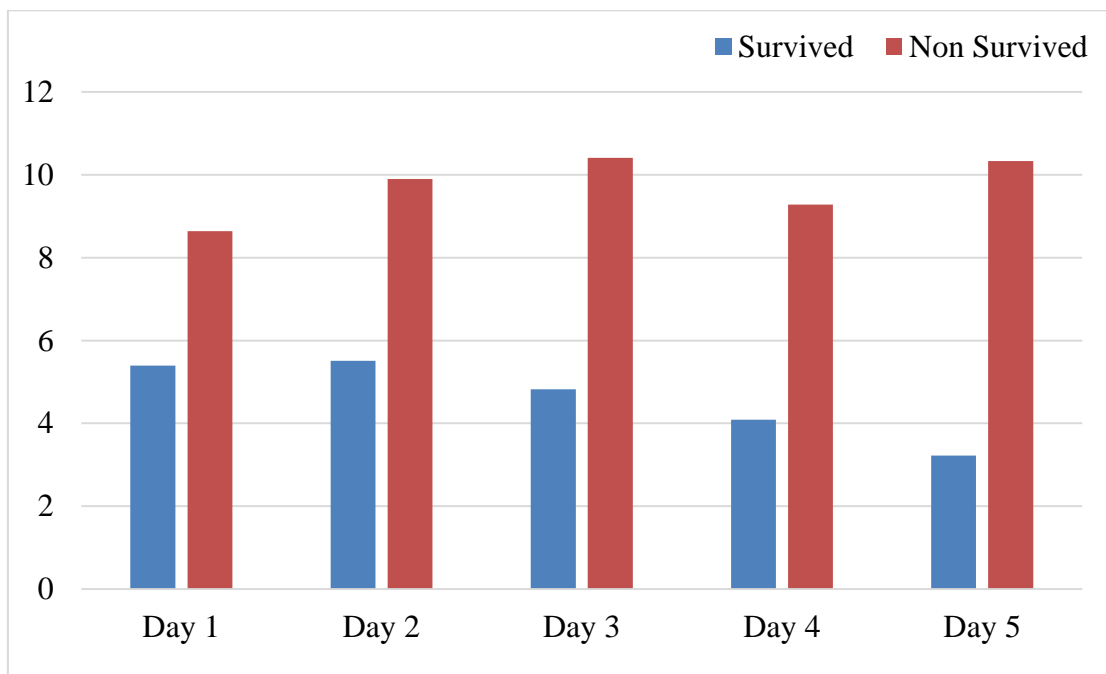
Among survivors initial QSOFA was 2 in 45.7% patients, 1 in 26.1% patients, 3 in 22.8% patients and 0 in 5.4% patients.

Among Non survivors initial QSOFA score was 3 in 41.7% patients, 2 in 24.1% patients, 1 in 5.25 patients and none with QSOFA score of zero.

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**Table 19: Comparison of SOFA score among survivors and non-survivors**

SOFA score	Survivors		Non Survivors		P value
	Mean	SD	Mean	SD	
Day 1	5.39	2.79	8.64	3.63	<0.001
Day 2	5.51	2.83	9.90	3.72	<0.001
Day 3	4.82	2.80	10.41	4.52	<0.001
Day 4	4.09	2.70	9.28	4.20	<0.001
Day 5	3.22	2.38	10.33	3.58	<0.001

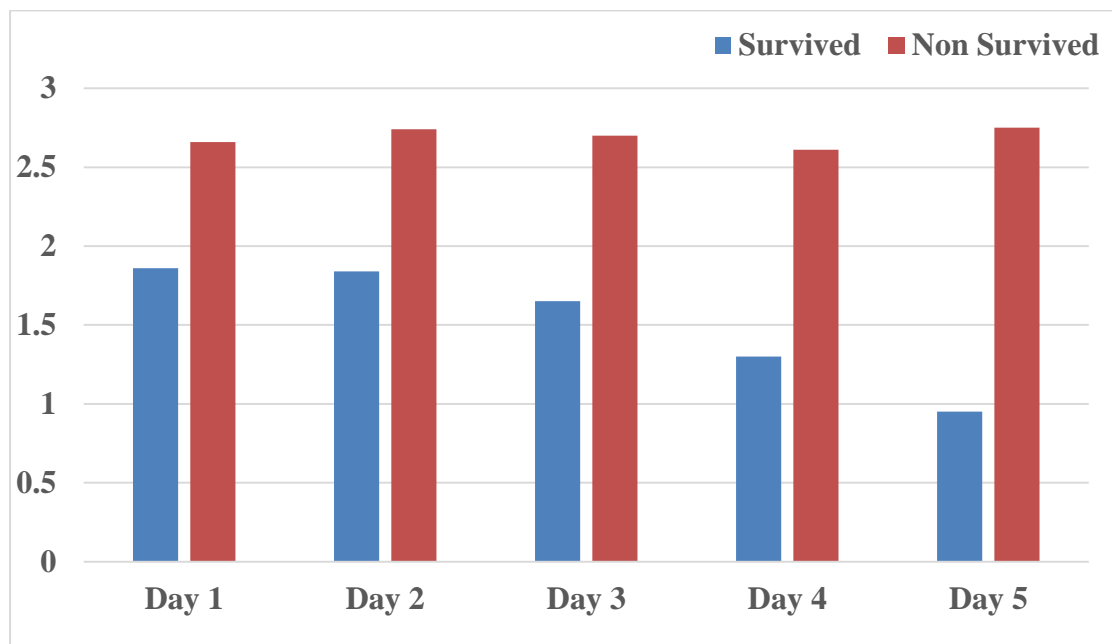


**Figure 18: SOFA score among survivors and non-survivors**

SOFA scores among non survivors group was higher than survivors group. Significance was highest starting from day 3 and it remained significantly higher till day 5/last day in non-survivors. The mean SOFA score on day 1 among survivors was 5.39 and among non survivors was 8.64, and on day 5 the mean SOFA score in survivors was 3.22 and in non survivors was 10.33. the P value was significant on all 5 days

**Table 20: QSOFA score among survivors and non-survivors**

QSOFA	Survivors		Non Survivors		P value
	Mean	SD	Mean	SD	
Day 1	1.86	.83	2.66	.58	<0.001
Day 2	1.84	.88	2.74	.54	<0.001
Day 3	1.65	.91	2.70	.61	<0.001
Day 4	1.30	.85	2.61	.85	<0.001
Day 5	0.95	.83	2.75	.45	<0.001



**Figure 19: QSOFA score among survivors and non-survivors**

QSOFA score among non survivors group was significantly higher than survivors group. Significance was highest starting from day 2 and it remained significantly higher till day 5/last day in non-survivors group. QSOFA score on day 1 in survivors was 1.86 and in non survivors it was 2.66, and on day 5 the mean QSOFA score in survivors was 0.95 and in non survivors was 2.75. the P value was significant on all 5 days

**Table 21: Relation of mean initial SOFA score and morbidity.**

Morbidity indicators		SOFA		P Value
		Mean	SD	
Ventilator Support	NO	1.72	.52	<0.001
	YES	2.40	.64	
Inotropic support	NO	1.93	.65	0.040
	YES	2.18	.68	
Haemodialysis	NO	2.06	.69	0.037
	YES	2.40	.50	
Length of ICU stay	<3days	2.14	.78	0.805
	3-6days	2.07	.59	
	>6days	2.17	.58	

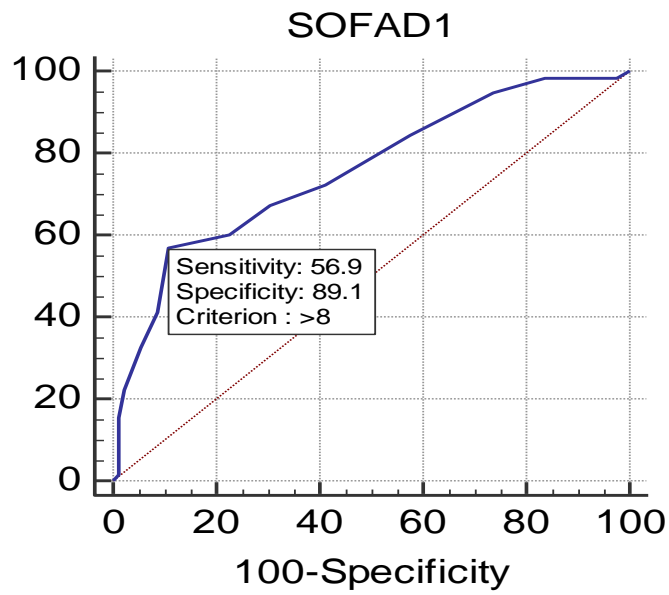
Mean initial SOFA score in assessing requirement for ventilator support was significant with P value < 0.001. Whereas the mean initial SOFA score in assessing the requirement for inotropic support, haemodialysis and length of ICU stay was statistically not significant.

**Table 22: Relation of mean initial QSOFA score and morbidity .**

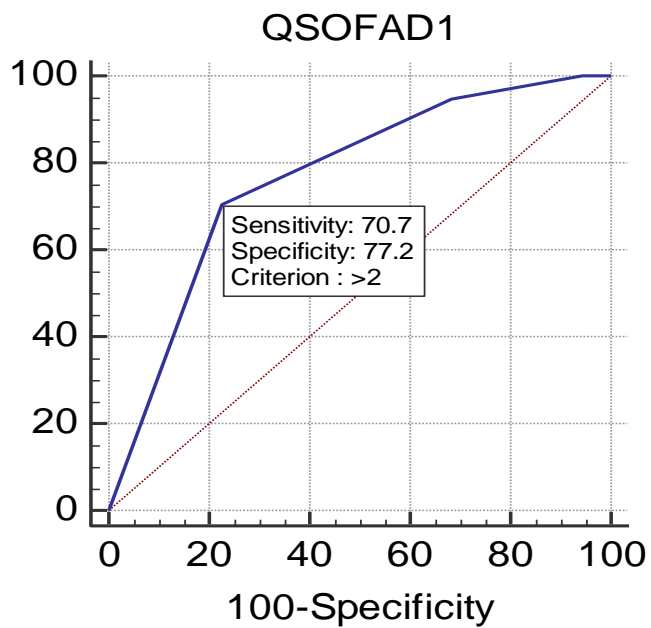
Morbidity indicators		QSOFA		P Value
		Mean	SD	
Ventilator Support	NO	1.81	.91	<0.001
	YES	2.43	.68	
Inotropic support	NO	1.62	.75	<0.001
	YES	2.40	.77	
Renal replacement therapy	NO	2.21	.78	0.127
	YES	1.90	1.12	
Length of ICU stay	<3days	2.26	.79	0.287
	3-6days	2.06	.87	
	>6days	2.33	.89	

The mean initial QSOFA score in assessing requirement for ventilator support and inotropic support was significant statistically with P value < 0.001. whereas initial mean QSOFA score in assessing the requirement for renal replacement therapy and length of ICU stay was statistically insignificant.

**Figure 20 :- ROC curve for SOFA score on day 1**



**Figure 21:- ROC curve for QSOFA score on day 1**



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**Table 23: Area under the ROC curve of QSOFA and SOFA Score**

	QSOFA Score	SOFA Score
Area under the ROC curve (AUC)	0.767	0.757
Standard Error	0.0360	0.0411
95% Confidence interval	0.691 to 0.832	0.681 to 0.824
P Value	<0.0001	<0.0001

An area under the ROC curve above 0.8 indicated fairly good prediction. Area under the ROC curve for both SOFA and QSOFA score was almost similar with 0.767 and 0.757 respectively, suggesting that they are similar in assessing outcome (mortality). SOFA score on day 1 had a sensitivity of 56.9% and specificity of 89.1% in predicting mortality, and QSOFA score on day 1 had a sensitivity of 70.7% and specificity of 77.2% in predicting mortality.



# DISCUSSION



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## **DISCUSSION**

As per SSC-3 150 patients with sepsis was studied.

The study included 87 males and 63 females in the age group between 18 years to 95 years. Mean age in the study was 51.66 years. Male preponderance has been seen in similar studies in India<sup>7</sup>.

**Table 24: Age comparison of patients**

Age group	Rachel Oommen et al <sup>75</sup>	Abhinandhan et al <sup>76</sup>	Present study
<40 years	29.5%	36%	16%
40-70 years	63%	60%	63%
≥ 70 years	7.5%	4%	21%
Mean age	51.85±15	48.36±17	51.66±18.93

Mean age of study participants in this study is almost similar to Rachel Oommen et al. Mean age in a study by Antonino Mazzone et al in Italy was 73.3<sup>77</sup>.

**Table 25: Sex comparison of patients studied**

Sex	Ferreira FL et al <sup>68</sup>	Abhinandhan et al <sup>76</sup>	Present study
Males	65%	56%	58%
Females	35%	44%	42%

Among 150 patients, 87 were male and 63 females in this study. Marginal male sex predominance was similar as seen other studies done at India and also foreign studies.

Table 26: clinical profile

Clinical feature	Abhinandhan et al <sup>76</sup>	Present study
Fever	100.0	76.7
Cough	26.0	42.0
Breathlessness	32.0	34.7
Altered Sensorium	4.0	30.0
Decreased Urine output	32.0	0.7
Abdominal Pain	32.0	8.7

Most common symptom in our patients was fever, followed by cough, breathlessness, altered sensorium, pain abdomen and reduced urine output . In study conducted by Abhinandhan et al, most common presentation was fever and was present in all patients in their study. Reduced urine output was observed in 29 patients for AKI .Among various organ dysfunctions in sepsis AKI is the most morbid condition since it independently increases of mortality, as well as it increases cost of care.<sup>76,78</sup>

Table 27: Comorbidity comparison of patients studied

Co-Morbid Illness	Dagher et al. (%) <sup>79</sup>	Rachel Oommen et al. (%) <sup>75</sup>	Present study (%)
Diabetes	34	27.5	56
Hypertension	58.8	22.5	32.67
COPD	10.3	4.5	6
IHD	25.8	8	9.3

Most common co-morbidity was diabetes, similar to Rachel Oommen et al. Dagher et al study had more number of hypertensive patients.COPD and IHD in our patients were 6% and 9.3% prevalent respectively.

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**Table 28: Comparison SOFA score: day 1**

SOFA Score	Ferreira FL et al (%) <sup>68</sup>	Hewett et al (%) <sup>80</sup>	Present study (%)
<4	17	35.5	18.0
4-8	35	31.5	53.0
>8	48	33	28.7

Proportion of patients with SOFA score of < 4 on day 1 in our study was similar to the study done by Ferreira FL et al, whereas it was higher in study by Hewett et al. SOFA score between 4-8 was higher in this study when compared to above two studies. In this study SOFA score of >8 on the day of presentation was seen in 28.7% patients suggesting significant multi-organ dysfunction at the time of presentation.

**Table 29: Comparison of mortality rate**

	Dagher et al <sup>79</sup>	Abhinandhan et al <sup>76</sup>	Rachel Oommen et al <sup>75</sup>	Present study
Mortality	30.9%	36%	34%	38.7.0%

38.7% mortality is noted in this study.in studies done by Abhinandhan et al and Rachel Oommen et al reported a mortality of 36% and 34% respectively, similar to the present study. Mortality in sepsis ranges between 13% and 50% in numerous large clinical trials.

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**Table 30: Comparison of Cause of sepsis**

Cause of sepsis	Antonino et al <sup>81</sup>	Rachel Oommen et al <sup>75</sup>	Present study (%)
Respiratory	26.5	48	58.6
Genitourinary	30.8	20	14.7
Gastrointestinal	-	-	10
Cellulitis	9.1	15	8.7
CNS infection	-	6	8
Others	26	11	-

Respiratory infection was the most common cause of sepsis in the study, 17 patients with pneumonia progressed to ARDS. 22 cases of UTI associated septicemia was observed. 13 patients had cellulitis. 12 had meningitis and 15 patients had gastroenteritis with sepsis.

Organ dysfunction and need for supportive care: In the current study requirement for ventilator support was seen in 86 (57.3%) patients, the mean SOFA score and mean QSOFA score of these patients were 2.4 and 2.43 respectively, both were statistically significant with p value of <0.001. 42.7% patients did not require ventilator support.

Requirement for vasopressor therapy was noted in 104 (69.3%) patients among whom the mean SOFA and QSOFA score was 1.93 and 1.62 respectively, mean SOFA score in assessing need for vasopressor therapy was statistically insignificant whereas for mean QSOFA score it was significant statistically with p value of <0.001. Requirement for hemodialysis due to sepsis related AKI was seen in 20 (13.4%), in whom the mean SOFA and QSOFA score was 2.4 and 1.90 respectively, both the mean SOFA and QSOFA in assessing need for hemodialysis was statistically

insignificant with p value of 0.037 and 0.127 respectively. Majority of the patients in the study did not develop AKI.

Based on length of ICU stay patients were divided into three groups, those who required ICU care for < 3 days were 66(44%) patients in those the mean SOFA and QSOFA score was 2.4 and 2.26 respectively. Those who stayed between 3-6 days were 72 (48%) patients, in them the mean SOFA and QSOFA score was 2.07 and 2.06 respectively. 12 (8%) patients stayed for more than 6 days in them the mean SOFA and QSOFA score was 2.17 and 2.33 respectively. For the assessment of duration of ICU stay the p value for both mean SOFA and QSOFA score was statistically insignificant with p values of 0.805 and 0.283 respectively.

#### Predictors of mortality

In the current study, 58 patients succumbed and 92 patients survived. Among non-survivors the mean age was little high when compared to survivors (54.42 v/s 48.90) which was statistically insignificant (p=0.146).

**Table 31: SOFA score as a predictor of mortality**

SOFA Score	Present Study		p-value	Abhinandhan et al. <sup>76</sup>		p-value
	Survivors	Non-survivors		Survivors	Non-survivors	
Day 1	5.39±2.79	8.64±3.63	<0.001**	7.94±2.64	10.17±3.45	0.014*
Day 2	5.51±2.83	9.90±3.72	<0.001**	8.28±2.62	11.63±4.33	0.002**
Day 3	4.82±2.80	10.41±4.52	<0.001**	6.84±2.96	13.42±4.06	<0.001**
Day 4	4.09±2.70	9.28±4.20	<0.001**	5.94±3.41	10.78±3.77	0.001**
Day 5	3.22±2.38	10.33±3.58	<0.001**	4.55±3.27	12.25±4.8	<0.001**

In our study, evaluation of SOFA score was done from day of admission to day 5 of hospital stay. SOFA score on day 1 was more among non-survivors when compared to survivors which was significant statistically ( $p < 0.001$ ).

When compared to study done by Abhinandhan et al, current study had statistically significant correlation on all 5 days, whereas in the study quoted above statistically significant correlation was seen only on day 3 and 5.

Vosylius et al in their study which included 117 patients with sepsis showed that the changes in SOFA score as an indicator of organ involvement was closely related to the outcome in ICU patients with sepsis.<sup>82</sup>

**Table 32: Analysis of SOFA score as predictor of mortality**

SOFA	Acharya et al (mortality rate) <sup>10</sup>	Ferreira FL et al (mortality rate) <sup>68</sup>	Present study (mortality rate)
SOFA at presentation >11	90%	95%	88%
Mean SOFA >7	73.91%	80% (SOFA >5.1)	87%
Highest SOFA >11	87.5%	85%	85.7

Predictive value of presentation SOFA above 11 was 88% in our study which is comparable other studies done at and Nepal and Belgium mentioned above.

Mean SOFA score of above 7 had 87% mortality predictive value. Highest SOFA score of 11 had 85.7% mortality predictive value. In study by Acharya et al and Ferreira FL et al had a mortality predictive value of 87.5% and 85% respectively with Highest SOFA score of above 11

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**Table 33: Analysis of QSOFA score as predictor of mortality.**

QSOFA at presentation	Rudd, et al (mortality rate) <sup>83</sup>	Present study (mortality rate)
0	3%	0%
1	8%	5.2%
2	16%	24.1%
3	30%	70.7%

In the current study mortality with initial QSOFA score of 0 was 0%, in a study by Rudd, Kristina et al the mortality with QSOFA of 0 was 3%.in their study QSOFA score of 3 was associated with only 30% mortality whereas current study has 70.7% mortality with similar score.

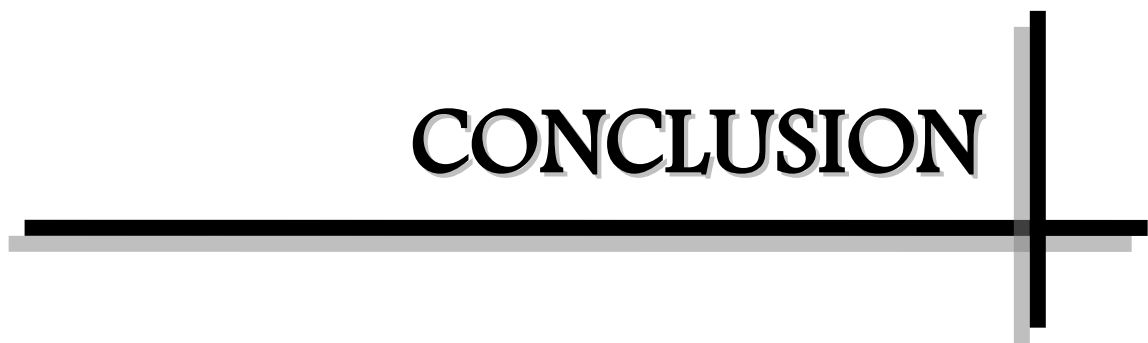
**Table 34: Analysis of Area under the ROC curve of QSOFA for mortality**

ROC of QSOFA	Rudd et al <sup>83</sup>	Present study
Area under the ROC curve (AUC)	0.69	0.767
95% Confidence interval	0.67-0.71	0.691 to 0.832
P Value	<0.0001	<0.0001

Area under the ROC curve above 0.8 indicated fairly good prediction. Our study had an AUC of 0.767 compared to study by Rudd et al, who had an AUC of 0.69.



**CONCLUSION**



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## **CONCLUSION**

- Sepsis carries a high mortality rate. In our study, it was 38.7%
- LRTI is s most frequent cause for severe sepsis in developing countries like India
- Prompt identification of patients at risk for developing sepsis and classifying them with QSOFA score at bedside with only clinical variables helps in priority care to such patients who are at increased risk.
- QSOFA score and the SOFA score demonstrated fair to good accuracy for predicting in-hospital mortality when implicated to patients with severe sepsis.
- The initial QSOFA score of 1,2 and 3 had 5.2%, 24.1% and 70.7% mortality rate respectively. Initial SOFA score of <4, 4-8 and >8 had mortality rate of 5.2%, 37.9% and 56.9% respectively.
- The mean SOFA score had statistically significant correlation with respect to assessment of ARDS and subsequent ventilator support whereas the mean QSOFA score had a statistically significant relation in predicting need for ventilator support, vasopressor support. Both the scores had statistically insignificant correlation with respect to assessment of AKI and need for haemodialysis and in predicting the probable length of ICU care
- The QSOFA scoring system can aid the physicians in early referral to health care centre, in admitting patients to ICU, monitoring the clinical course, assessing organ dysfunction, prediction of mortality, and for transferring patients out of ICU and hence in proper utilization of ICU resources in developing countries,

# SUMMARY



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## **SUMMARY**

Sepsis with multi-organ dysfunction syndrome (MODS) is a common cause of Intensive Care Unit (ICU) mortality and morbidity. Sepsis can be reversed, but as sepsis progresses to severe sepsis and septic shock the mortality rate substantially increases.

Multi-organ dysfunction syndrome is well established as the final stage of the continuum. Due to the high mortality associated with sepsis and its complications it is necessary to rapidly diagnose and treat the underlying cause.

Scoring systems for use in the intensive care unit (ICU) have been developed from the past 30 years. They are widely used in the field of critical care medicine. They allow a quantification of the severity of illness and a probability of in-hospital mortality. A well performing prognostic model in sepsis helps to make meaningful decisions regarding early goal directed therapy, anticipate organ dysfunctions and early referral from resource limited settings. The use of these prognostic models helps in providing meaningful information to physicians when discussing patient prognosis with the patient's relatives. Our study used Sequential organ failure assessment (SOFA) score and the Quick Sequential Organ Failure Assessment (QSOFA) score.

The objectives of our study were to assess morbidity and mortality of patients with multi organ dysfunction syndrome in sepsis and to compare the efficacy of a simple bedside estimable QSOFA score with the widely accepted SOFA score in prognosticating sepsis.

The study was carried out in the period of November 2017 to September 2019 and 150 patients were included in the study. The patients with sepsis as defined by the third international consensus for sepsis :according to surviving sepsis

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campaign-3 were included in the study. The detailed history, clinical examination and all the relevant laboratory investigations were done including blood culture. In our study, the conditions were defined according to standard practice and based on relevant literature. All the patients of sepsis admitted to ICU/emergency ward were prognosticated on the basis of and SOFA and QSOFA score. To assess sequential involvement of organ we calculated SOFA score and QSOFA score on every day from day of admission till 5 days/discharge/ In-hospital death. This gave us idea whether involvement of number of organ was increasing or decreasing and if the severity of particular organ was increasing.

We have also analyzed various profiles between two groups, survivor group which include the patients who are successfully discharged after recovery and non-survivor group which include the patients who died.

There were 87 males and 63 females in this cohort. The age of patients varied from 18 years to 95 years. The mean age was 51.66 years. In this study, 58 patients died and 92 patients survived.

Requirement for ventilator support was seen in 86 (57.3%) patients, Requirement for vasopressor therapy was noted in 104 (69.3%) patients, Requirement for hemodialysis due to sepsis related AKI was seen in 20 (13.4%), with respect to ICU care, patients who stayed for < 3 days were 66(44%), between 3-6 days were 72 (48%) patients and 12 (8%) patients stayed for more than 6 days.

The initial QSOFA score of 1,2 and 3 had 5.2%, 24.1% and 70.7% mortality rate respectively. Initial SOFA score of <4, 4-8 and >8 had mortality rate of 5.2%, 37.9% and 56.9% respectively.

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Serial measurement of SOFA score during first week is very useful tool in predicting the outcome. The trend of SOFA score was progressively declining in survivors while non-survivors had stable higher score during the first week.

Assessment of QSOFA score at presentation is a useful tool as a sepsis prognosticator and the need for early intensive care.

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## **LIMITATIONS OF THE STUDY**

- With a sample size of 150 patients this model requires external validation.
- The time of admission to ICU for each patient is different. Lead time bias is possible.
- Nosocomial complications and socio-economic constraints are difficult to model in studies.
- History of prior antibiotic usage could not be ascertained by history.
- The short term follow up of survivors of sepsis only till hospital discharge was done, hence long term effects of sepsis on survivors could not be established by the current study.

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**RECOMMENDATIONS:**

1. There is strong need for scoring systems for prognostication of sepsis in resource poor settings which uses clinical variables for early identification of patients who require early intensive management for prevention of development of organ dysfunction due to sepsis
2. The accuracy of QSOFA score for prognostication of sepsis patients also needs to be evaluated by further studies, to guide the clinical practice.



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# ANNEXURES



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## ರೋಗಿಯ ತಿಳುವಳಿಕೆ ಸಮ್ಮತಿ ನಮೂನೆ

ಸಂಶೋಧಕರ ಹೆಸರು: ಡಾ. ಹಂಸ ಬಿ ಟಿ

ಸಂಸ್ಥೆಯ ಹೆಸರು: ಆರ್.ಎಲ್ ಜಲಪ್ಪ ಆಸ್ಪತ್ರೆ ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ - ಶ್ರೀ

ದೇವರಾಜ್ ಅರಸ್ ಮೆಡಿಕಲ್ ಕಾಲೇಜ್‌ಜೋಡಿಸಲಾಗಿದೆ.

ಪಾಲ್ಗೊಳ್ಳುವವರ ಹೆಸರು:

ಕ್ರಮ ಸಂಖ್ಯೆ :

ನಾನು ಶ್ರೀ /ಶ್ರೀಮತಿ

ನನಗೆ ಆರ್. ಎಲ್. ಜಲಪ್ಪ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ

ನಡೆಸಲಾಗುತ್ತಿರುವ ಅಧ್ಯಯನ “ನಿರೀಕ್ಷಿತ ಸೋಂಕಿನ ರೋಗಿಗಳಲ್ಲಿ ರೋಗದ ನಿಖರವಾದ ಮುನ್ನರಿವಿಗೆ

QSOFA ಮತ್ತು SOFA ಅಂಕಗಳ ಹೋಲಿಕೆ ” ದಲ್ಲಿ ನನ್ನನ್ನು ಸೇರಿಸಲ್ಪಡಲಾಗುವುದು ಎಂದು ನನಗೆ

ಅರ್ಥವಾಗುವ ಭಾಷೆಯಲ್ಲಿ ವಿವರಿಸಲಾಗಿದೆ.

ಈ ಸಂಶೋಧನಾ ಅಧ್ಯಯನದಲ್ಲಿ ಪಾಲ್ಗೊಳ್ಳಲು ನನ್ನನ್ನು ಆಹ್ವಾನಿಸಲಾಗಿದೆ. ಈ ದಾಖಲೆಯಲ್ಲಿರುವ

ಮಾಹಿತಿಯು ಅಧ್ಯಯನದಲ್ಲಿ ಪಾಲ್ಗೊಳ್ಳಬೇಕೇ ಅಥವಾ ಬೇಡವೇ ಎಂಬುದನ್ನು ನಿರ್ಧರಿಸಲು ನನಗೆ

ನೆರವಾಗುವುದು. ಪ್ರಧಾನಸಂಶೋಧಕನೊಂದಿಗೆ ನಾನು ಈ ಅಧ್ಯಯನಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ನನ್ನ

ಅನುಮಾನಗಳನ್ನು ಸ್ಪಷ್ಟಪಡಿಸಿಕೊಂಡಿದ್ದೇನೆ.

ಈ ಅಧ್ಯಯನದಲ್ಲಿ ಪಾಲ್ಗೊಳ್ಳುವಂತೆ ನನಗೆ

ಸೂಚಿಸಲಾಗಿದೆ ಏಕೆಂದರೆ

ನಾನು

ಅರ್ಹತಾ ಮಾನದಂಡಗಳನ್ನು ಪೂರೈಸುತ್ತೇನೆ.

ನನ್ನ ರಕ್ತದ ಮಾದರಿಯನ್ನು ಗೊತ್ತುಪಡಿಸಿದ ಪರೀಕ್ಷೆಗಳಿಗೆ ನಿರ್ವಹಿಸಲು ನಾನು ಡಾ.ಹಂಸ ಬಿ

ಟಿ ಅವರನ್ನು ವಿನಂತಿಸುತ್ತೇನೆ ಮತ್ತು ಅಧಿಕಾರವನ್ನು ನೀಡುತ್ತೇನೆ.ಕೆಳಗಿನ ನನ್ನ ಸಹಿಯು ಅರ್ಹ

ಆರೋಗ್ಯ ವೃತ್ತಿಪರರಿಂದ ಪರೀಕ್ಷೆಯ ಅನುಕೂಲಗಳು,ಅಪಾಯಗಳು ಮತ್ತು ಮಿತಿಗಳನ್ನು ನನ್ನ ತೃಪ್ತಿಗೆ

ವಿವರಿಸಲಾಗಿದೆ ಎಂದು ನನ್ನ ಅಂಗೀಕಾರವನ್ನು ರೂಪಿಸುತ್ತದೆ.

ಭಾಗವಹಿಸುವಿಕೆ ಸಂಪೂರ್ಣವಾಗಿ ಸ್ವಯಂಪ್ರೇರಿತವಾಗಿರುತ್ತದೆ ಮತ್ತು ಮಾದರಿ

ಸಂಗ್ರಹಣೆಗೆ ಯಾವುದೇ ಹಣಕಾಸಿನ ಪಾವತಿಯಿಲ್ಲ. ಎಲ್ಲಾ ಪರೀಕ್ಷಾ ಫಲಿತಾಂಶಗಳನ್ನು

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ವೈದ್ಯಕೀಯ ಗೌಪ್ಯತೆಯೊಂದಿಗೆ ಪರಿಗಣಿಸಲಾಗುತ್ತದೆ ಮತ್ತು ಕಾನೂನಿನ ಅಗತ್ಯವಿದ್ದರೆ ಹೊರತುಪಡಿಸಿ  
ಯಾವುದೇ ಹೊರಗಿನವರಿಗೆ ಬಹಿರಂಗಪಡಿಸುವುದಿಲ್ಲ.

ನನ್ನ ಗೌಪ್ಯತೆ ನಿರ್ವಹಿಸಲ್ಪಡುವವರೆಗೆ ವೈದ್ಯಕೀಯ ಪರೀಕ್ಷೆ, ಪರೀಕ್ಷೆಯ

ಮೌಲ್ಯಮಾಪನ ಅಥವಾ ಶಿಕ್ಷಣಕ್ಕಾಗಿ ನನ್ನ ಮಾದರಿಯನ್ನು ಬಳಸಲು ನನ್ನ ಒಪ್ಪಿಗೆಯನ್ನು ನೀಡುತ್ತೇನೆ.

ನಾನು ಈ ಅಧ್ಯಯನದಿಂದ ಯಾವುದೇ ಸಮಯದಲ್ಲಿ ಹಿಂತೆಗೆದುಕೊಳ್ಳಲು

ಮುಕ್ತವಾಗಿರುತ್ತೇನೆ ಮತ್ತು ಇದು ನನ್ನ ಮುಂದಿನ ಕಾಳಜಿಯನ್ನು ಬದಲಿಸುವುದಿಲ್ಲ

ಎಂದು ಅರ್ಥಮಾಡಿಕೊಂಡಿದ್ದೇನೆ.

ರೋಗಿಯ ಮಾಹಿತಿ ಪತ್ರವನ್ನು ನಾನು ಓದಿದ್ದೇನೆ ಮತ್ತು ಪ್ರತಿಯನ್ನು ಸ್ವೀಕರಿಸಿದ್ದೇನೆ. ಈ ದಾಖಲೆಯಲ್ಲಿ

ಒದಗಿಸಿದ ಮಾಹಿತಿಯನ್ನು ನಾನು ಅರ್ಥಮಾಡಿಕೊಂಡಿದ್ದೇನೆ ಮತ್ತು ಪರೀಕ್ಷೆ,

ಪ್ರಕ್ರಿಯೆ, ಸಂಬಂಧಿಸಿದ ಅಪಾಯ ಮತ್ತು ಪರ್ಯಾಯಗಳ ಬಗ್ಗೆ ನಾನು ಹೊಂದಿರುವ ಪ್ರಶ್ನೆಗಳನ್ನು ಕೇಳಲು

ನನಗೆ ಅವಕಾಶ ಕಲ್ಪಿಸಲಾಗಿದೆ .

ಹೆಸರು ಮತ್ತು ಸಹಿ / ಹೆಬ್ಬರಳುಗುರುತು

ದಿನಾಂಕ:

ವೋಷಕರ / ಪಾಲಕರ ಹೆಸರು /ಹೆಬ್ಬರಳು ಗುರುತು

ದಿನಾಂಕ:

ಒಪ್ಪಿಗೆ ತೆಗೆದುಕೊಳ್ಳುವ ವ್ಯಕ್ತಿಯ ಸಹಿ

ದಿನಾಂಕ

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## PATIENT INFORMATION SHEET

ಅಧ್ಯಯನ : “ನಿರೀಕ್ಷಿತ ಸೋಂಕಿನ ರೋಗಿಗಳಲ್ಲಿ ರೋಗದ ನಿಖರವಾದ ಮುನ್ನರಿವಿಗೆ QSOFA ಮತ್ತು SOFA ಅಂಶಗಳ ಹೋಲಿಕೆ ”

ಸಂಸ್ಥೆಯ ಹೆಸರು: ಆರ್.ಎಲ್ ಜಲಪ್ಪ ಆಸ್ಪತ್ರೆ ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರ - ಶ್ರೀ ದೇವರಾಜ್ ಅರಸ್ ಮೆಡಿಕಲ್ ಕಾಲೇಜ್‌ಜೋಡಿಸಲಾಗಿದೆ.

ಭಾಗವಹಿಸಲುಸಮ್ಮತಿ

ನಾನು, ರುಜುಮಾಡಿರುವ,

ಈ ಅಧ್ಯಯನದಲ್ಲಿ ಭಾಗವಹಿಸಲು ಮತ್ತು ಈ ಒಪ್ಪಿಗೆರೂಪದಲ್ಲಿ ಅಂಶಗಳಂತೆ ನನ್ನ ವೈಯಕ್ತಿಕ ಮಾಹಿತಿಯ ಸಂಗ್ರಹಣೆ ಮತ್ತು ಡಿಸ್ಕ್ಲೋಸರ್ ಅಧಿಕೃತಗೊಳಿಸಲು ಒಪ್ಪುತ್ತೀರಿ.

ಅಧ್ಯಯನ ಮತ್ತು ಅಧ್ಯಯನದ ಸಮಯದಲ್ಲಿ ಸಂಗ್ರಹಿಸಿದ ಮತ್ತು ಬಹಿರಂಗ ನಡೆಯಲಿದೆ ಮಾಹಿತಿಯನ್ನು ಗೌಪ್ಯ ಪ್ರಕೃತಿಯಲ್ಲಿ ನನ್ನ ಒಳಗೊಳ್ಳುವಿಕೆ ಸಂಬಂಧಿಸಿದ ಅಪಾಯಗಳನ್ನು ಮತ್ತು ಲಾಭಗಳನ್ನು ಅರ್ಥಮಾಡಿಕೊಂಡಿದ್ದೇನೆ.

ನಾನು ವಿವಿಧ ಈ ಅಧ್ಯಯನದ ಅಂಶಗಳು ಮತ್ತು ನನ್ನ ಪ್ರಶ್ನೆಗಳಿಗೆ ನನ್ನ ತೃಪ್ತಿಕರ ಉತ್ತರಗಳನ್ನು ಮಾಡಲಾಗಿದೆ ಸಂಬಂಧಿಸಿದ ಪ್ರಶ್ನೆಗಳನ್ನುಕೇಳಲು ಅವಕಾಶ ಹೊಂದಿದ್ದರು.

ನಾನು ಯಾವುದೇ ಸಮಯದಲ್ಲಿ ಈ ಅಧ್ಯಯನದಿಂದ ಹಿಂತೆಗೆದುಕೊಳ್ಳುವಂತೆ ಮತ್ತು ಈ ನನ್ನ ಮುಂದಿನ ಆರೈಕೆ ಬದಲಾಗುವುದಿಲ್ಲ ಉಚಿತ ಉಳಿಯಲು ಎಂದು ಅರ್ಥ.

ವಿಷಯದಹೆಸರುಮತ್ತುಸಹಿ / ಹೆಬ್ಬೆಟ್ಟಿನಗುರುತುದಿನಾಂಕ:

ಪೋಷಕ / ಪೋಷಕರು ಹೆಸರು ಮತ್ತು ಸಹಿದಿನಾಂಕ:

ಒಪ್ಪಿಗೆಪಡೆದ ವ್ಯಕ್ತಿಯ ಹೆಸರು ಮತ್ತು ಸಹಿ

ದಿನಾಂಕ:

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## **INFORMED CONSENT FORM**

Name of the investigator: DR. HAMSA B T

Name of the organisation: R L JALAPPA HOSPITAL AND RESEARCH CENTRE  
ATTACHED TO SRI DEVARAJ URS MEDICAL COLLEGE

Name of the participant:

SI no:

I Mr./Mrs. \_\_\_\_\_ have been explained in my own understandable language, that I will be included in a study which is “PROGNOSTIC ACCURACY OF QSOFA SCORE COMPARED TO SOFA SCORE AMONG PATIENTS WITH SEPSIS” being conducted in RL JALAPPA HOSPITAL.

I have been invited to take part in this research study. The information in this document is meant to help me decide whether or not to take part. I have clarified my doubts regarding this study with the principal investigator.

I have been asked to participate in this study because I satisfy the eligibility criteria .

I request and authorise Dr. Hamsa B T to perform the designated tests for my blood sample. My signature below constitutes my acknowledgement that the benefits, risks and limitations of this testing have been explained to my satisfaction by a qualified health professional.

Participation is totally voluntary and there would be no payment for sample collection. All test results are treated with medical confidentiality and will not be disclosed to any outsider except if it is required by the law.

I give my consent to allow my sample to be used for medical research, test validation or education as long as my privacy is maintained.

I understand that I remain free to withdraw from this study at any time and this will not change my future care.

I have read and received a copy of patient information sheet. I understand the information provided in this document and I have had the opportunity to ask questions I might have about the testing, the procedure, the associated risk and alternatives.



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Subject name and signature/ thumb impression

Date:

Parent's/ guardian's name/ thumb impression

Date:

Signature of the person taking consent

Date:

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## **PATIENT INFORMATION SHEET**

Study title: “PROGNOSTIC ACCURACY OF QSOFA SCORE COMPARED TO SOFA SCORE AMONG PATIENTS WITH SEPSIS”

Study site: R L Jalappa Hospital and Research Centre attached to Sri Devaraj Urs Medical College, Tamaka, Kolar

Details : patients aged above 18 years with sepsis admitted to medicine department will be included in the study

Patients with sepsis will be assessed for prognosis based on sofa and qsofa scores, using routine investigations, the two scores at the end of the study will be compared.

Please read the following information and discuss with your family members. You can ask any question regarding the study. If you agree to participate in this study we will do routine investigations daily and assess the prognosis. This information collected will be used for dissertation and publication only.

All information collected from you will be kept confidential and will not be disclosed to any outsider. Your identity will not be revealed. This study has been reviewed by the Institutional Ethics Committee and you are free to contact the member of the Institutional Ethics Committee. There is no compulsion to agree to this study. The care you will get will not change if you don't wish to participate. You are required to sign/ provide thumb impression only if you voluntarily agree to participate in this study.



For any further clarification you can contact the study investigator:

Dr. HAMSA B T

Mobile no: 9686276756

E-mail id: hamsareddy12@gmail.com

## IEC CERTIFICATE

 <b>SDUAHER</b>	<b>SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION &amp; RESEARCH</b>  <b>SRI DEVARAJ URS MEDICAL COLLEGE</b> Tamaka, Kolar <b>INSTITUTIONAL ETHICS COMMITTEE</b>	
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Asst. Prof. of Anesthesia,  
SDUMC

No. SDUMC/KLR/IEC/ 05 /2017-18      Date: 29-11-2017

### CERTIFICATE

This is to certify that the ethics committee of Sri Devaraj Urs Medical College, Kolar in its meeting conducted on **29-11-2017** has unanimously approved the synopsis for the dissertation entitled "**Prognostic accuracy of qsofa score compared to sofa score among patients with sepsis**" to be submitted to Sri Devaraj Urs Academy of Higher Education and Research, Kolar, Karnataka, by **Dr.Hamsa B T**, Postgraduate student in the department of **General Medicine** at Sri Devaraj Urs Medical College, Kolar.

  
 Member Secretary  
 Institutional Ethics Committee  
 SDUMC, Tamaka Kolar  
**Member Secretary**  
 Institutional Ethics Committee  
 Sri Devaraj Urs Medical College  
 Tamaka, Kolar,

  
 Chairman  
 Institutional Ethics Committee  
 SDUMC, Tamaka Kolar  
**CHAIRMAN**  
 Institutional Ethics Committee  
 Sri Devaraj Urs Medical College,  
 Tamaka, Kolar

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## **PROFORMA FOR DATA COLLECTION**

Name of the patient:

Age:

Sex:

Date of admission:

IP Number:

Address:

History of symptoms at presentation with duration:

ON EXAMINATION:

	Day 1	Day 2	Day 3	Day 4	Day 5
Blood pressure					
Pulse					
Respiratory rate					
Spo2					
GCS					

RESPIRATORY SYSTEM:

CARDIOVASCULAR SYSTEM:

ABDOMEN EXAMINATION:

CNS:

DIAGNOSIS:

INVESTIGATIONS:

DATE	DAY1	DAY2	DAY3	DAY4	DAY5
HAEMOGLOBIN (GM %)					
TOTAL LEUKOCYTE COUNT					
PLATELET COUNT					
BLOOD UREA					
S.CREATININE					
BILIRUBIN					

CHEST XRAY:

ECG:

CRP:

USG ABDOMEN AND PELVIS:

SEROLOGY:

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CULTURES:

OTHER INVESTIGATIONS:

SUPPORTIVE CARE:

RENAL REPLACEMENT THERAPY:

VENTILATORY SUPPORT:

IONOTROPIC SUPPORT:

OUTCOME: DISCHARGE:

☐

DEATH:

☐

DAILY PROGRESS OF THE PATIENT:

SOFA SCORE DAY	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
RESPIRATORY					
COAGULATION					
HEPATIC					
RENAL					
CARDIOVASCULAR					
CNS					
TOTAL					

QSOFA SCORE DAY	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
RESPIRATION					
ALTERED MENTATION					
SYSTOLIC BLOOD PRESSURE					
TOTAL					

SIGNATURE OF GUIDE





118	673528	50	F	YES	NO	NO	YES	NO	NO	NO	NO	BURNING MICTURITION	T2DM, BID	99	120	80/50	70/40					30	28							B/L NVBS+	S1 S2 NORMAL	DROWSY	YES	NO	9.4	LVH	NORMAL	PUS CELLS 16-18	URINE C/S- E.COLI	CRP-POSITIVE	12	10					11.2	6.5					61	83					0.7	0.6					0.8	0.8					2D	2D	NQ2	NO	11	12					3	3					UROSEPSIS	
119	402090	73	M	YES	NO	YES	YES	NO	NO	NO	NO		COPD, T2DM, CAD	100	100	140/80	136/80	140/82	136/80	140/80	40	36	36	38	30					LEFT ISA CRACKLES+	S1 S2 NORMAL	CONSCIOUS, ORIENTED	NO	NO	14.9	SINUS TACHYCARDIA	LEFT LL NHO+	NORMAL			CRP-POSITIVE, HIV/HBSAG-NEGATIVE	14	15	15	15	15	9.12	9.16	10.2	11.2	10.8	250	236	240	256	286	1.1	1.5	1.4	1.2	1.1	1.4	1.4	1.2	1.2	0.8					2D	NO	NQ3	YES	5	4	3	3	1		2	1	1	1	1		LRTI	
120	673706	50	M	NO	NO	NO	NO	NO	NO	NO	NO		T2DM	98	110	60/40	80/50	90/50				24	24	20						B/L DIFFUSE CREPTIS+	S1 S2 NORMAL	UNCONSCIOUS, B/L PUPIL- SLUGGISHLY REACTIVE, B/L PLANTAR- FLEXOR	NO	NO	11.1	SINUS RHYTHM	RIGHT LL NHO+			CRP-POSITIVE, HIV/HBSAG-NEGATIVE	8	8	8			26.1	29.5	32				261	121	84			2.2	4.2	5.8			0.2	0.2	0.8					3D	3D	2C	3	NO	11	15	17			3	3	3				LRTI			
121	729241	95	M	YES	NO	YES	NO	NO	NO	NO	NO		T2DM, HTN	99	130	80/50						34								B/L ISA/JAA CREPTITATIONS +	S1 S2 NORMAL	CONSCIOUS, RESTLESS	NO	NO	7	NORMAL	B/L LL NHO+	NORMAL	NO GROWTH														1.2				1.3						1D	1D	NO	1	NO	9					3						LRTI, ARDS									
122	656067	50	M	YES	NO	YES	YES	NO	NO	NO	NO		T2DM, HYPOTHYROIDISM	99	110	140/80						40								B/L BASAL CRACKLES+	S1 S2 NORMAL	RESTLESS, IRRITABLE	NO	NO	14.2	SINUS TACHYCARDIA	B/L BASAL NHO+	NORMAL			CRP-POSITIVE, HIV/HBSAG-NEGATIVE	14																													1D	1D	NQ1	NO	3					2						LRTI		
123	655765	50	F	YES	NO	NO	NO	NO	NO	NO	NO	LEFT LOWER LIMB SWELLING	DM, IHD	100	120	90/60	84/60	94/64	90/60	100/60	30	28	26	20	20					B/L NVBS+	S1 S2 NORMAL	CONSCIOUS, RESTLESS	NO	NO	12.6	LVH	NORMAL	NORMAL			CRP- POSITIVE	14	13	13	13	13	26	32	28	30	26	100	96	84	64	48	2.1	1.8	1.6	1.8	1.6	2.8	2.2	1.8	1.6	1.2			NO	7D	NQ7	NO	9	10	9	9	10	3	3	3	2	2		CELLULITIS				
124	729627	48	M	YES	NO	NO	NO	NO	NO	NO	NO	LOWER LIMB SWELLING	DM	99	140	80/50					36									B/L NVBS+	S1 S2 NORMAL	DROWSY	NO	NO	12.6	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE	12													1.6				2.1						1D	1D	NO	1	NO	14				3							LRTI, ARDS							
125	656572	36	M	YES	NO	NO	NO	YES	NO	NO	NO			101	120	90/80	80/54	80/60	90/64		30	28	26	28						B/L NVBS+	S1 S2 NORMAL	DROWSY, NECK STIFFNESS+	NO	NO	13.2	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE, CSF ANALYSIS, ICELLS, NEUTROPHILS	12	10	10	10		26	22	28	24		59	50	42	26		1.2	1.1	1	1.6		4.8	4.6	3.2	2.8							4D	4D	NQ4	NO	10	11	12	14			3	3	3	3			MENINGITIS
126	656588	55	F	YES	NO	NO	NO	NO	NO	NO	NO	LEFT LOWER LIMB SWELLING	DM, IHD	102	120	90/60	84/60				30	28								B/L NVBS+	S1 S2 NORMAL	CONSCIOUS, RESTLESS	NO	NO	12.6	LVH	NORMAL	NORMAL			CRP- POSITIVE	14	13				26	32							2.1	1.8			2.8	2.2							NO	2D	NQ2	NO	9	10					3	3					CELLULITIS					
127	720938	34	F	YES	NO	NO	NO	YES	NO	NO	NO		T2DM, HTN	99	120	130/70	140/80	130/70	120/80	130/70	30	26	24	26	30					B/L NVBS +	S1 S2 NORMAL	CONSCIOUS, ORIENTED, NECK STIFFNESS+	NO	NO	11.1	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE	12	12	14	14	15	10.45	9.84	9.32	10	11.5	8	20	46	50	64	1.1	1.5	1.4	1.6	1.5	8	8	7.2	7	7.2	2D	NO	NO	3	YES	11	12	10	9	7		2	2	2	2	1		ACUTE GE				
128	658400	70	M	YES	NO	NO	NO	YES	NO	NO	YES		T2DM, HTN	101	140	70/50					36									B/L NVBS+	S1 S2 NORMAL	DROWSY, NO MENINGEAL SIGNS	NO	NO	13.2	LVH +	NORMAL	NORMAL			CRP- POSITIVE	10													2.1										1D	1D	NQ1	NO	15					3						UROSEPSIS								
129	728638	65	M	YES	NO	YES	YES	NO	NO	NO	NO			90	100	140/80					40									B/L BASAL CRACKLES+	S1 S2 NORMAL	RESTLESS, IRRITABLE	NO	NO	14.2	SINUS TACHYCARDIA	B/L BASAL NHO+	NORMAL			CRP- POSITIVE, HIV/HBSAG-NEGATIVE	14													0.8				1.8						1D	1D	NQ1	NO	3					2						LRTI								
130	659750	58	M	YES	NO	YES	YES	NO	NO	NO	NO		HTN	102	130	110/70	114/76				36	32								B/L DIFFUSE CRACKLES +	S1 S2 NORMAL	CONSCIOUS, ORIENTED	NO	NO	12.8	RBBB	B/L NHO (L-R)	NORMAL	NO GROWTH			CRP- POSITIVE	15	15				21	20							1.2	1.4			1.2	1.8							2D	NO	NQ2	NO	4	4				1	1					LRTI					
131	668182	60	M	YES	NO	NO	NO	NO	NO	NO	NO	LOWER LIMB SWELLING	DM	99	140	80/50					36									B/L NVBS+	S1 S2 NORMAL	DROWSY	NO	NO	12.6	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE	12													1.6				2.1						1D	1D	NQ1	NO	14					3							CELLULITIS							
132	676460	36	M	YES	NO	YES	YES	NO	NO	NO	NO			101	98	100/70	100/60	110/74	110/60	120/70	36	32	30	28	26					B/L COARSE CRACKLES+	S1 S2 NORMAL	RESTLESS, IRRITABLE	YES	NO	12.9	POOR R WAVE PROGRESSION	B/L PATCHY NHO+	NORMAL			CRP- POSITIVE	12	13	13	12	12	18	21	10.9	14.36	12	179	160	151	138	100	2.2	2	2.9	1.6	1.4	6.7	6.6	5.8	5.8	4.9			7D	2D	NQ8	YES	11	9	9	10	9		3	3	2	2	2		LRTI			
133	730428	58	M	YES	NO	NO	NO	YES	NO	NO	NO	BURNING MICTURITION	T2DM	101	130	130/80	120/70	110/70	100/70	100/74	32	30	26	24	24					B/L NVBS +	S1 S2 NORMAL	DROWSY, RESPONDING TO COMMANDS	NO	NO	10.4	SINUS TACHYCARDIA	NORMAL		PUS CELLS 13-14	URINE C/S- E.COLI	CRP-POSITIVE, HIV, HBSAG-NEGATIVE	12	12	13	13	14	19.4	20.43	18	16	14	326	342	340	342	340	0.3	0.3	0.4	0.8	0.7	1.2	1.2	1.2	1.2	1.2			NO	1D	NO	1	YES	3	3	2	2	2	2	2	2	2	2		UROSEPSIS			
134	677680	37	F	YES	NO	NO	NO	NO	NO	NO	NO	HEMOPHYYSIS	TB	99	90	100/60	102/70	100/64	90/60		34	30	32	28						B/L CRACKLES +	S1 S2 NORMAL	DROWSY, NO SIGNS OF MENINGEAL SIGNS	NO	NO	10.5	RBBB	NORMAL	NORMAL			CRP- POSITIVE	13	12	10	10		12	14	16	14		93	55	40	32		2	1.5	1.8	1.6		1.6	2.2	2.1	1.8			4D	1D	NQ4	NO	7	10	12	13			2	2	2	3			LRTI				
135	730521	48	F	NO	NO	NO	NO	NO	YES	NO	NO	LOOSE STOOLS	T2DM, HYPOTHYROIDISM	98	120	80/50					34									B/L BASAL CRACKLES+	S1 S2 NORMAL	RESTLESS, IRRITABLE	NO	NO	12.5	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE	14													1.5				0.9						1D	1D	1C	1	NO	9				3							ACUTE GE							
136	667379	56	M	YES	NO	YES	YES	NO	NO	NO	NO			102	130	100/60	90/80	80/50	80/58		46	42	40	30						B/L CRACKLES+	S1 S2 NORMAL	ALTERED SENSORIUM, RESTLESS, IRRITABLE	NO	NO	14.8	SINUS TACHYCARDIA	B/L DIFFUSE NHO+	NORMAL			CRP-POSITIVE, HIV/HBSAG-NEGATIVE	13	12	10	10	10	10	12.17	19.1	14.7			102	140	155	150		0.8	1	0.9	1		0.7	0.8	0.9	1			4D	3D	NQ4	NO	5	7	8	9		2	3	3	3			LRTI				
137	678419	32	M	NO	NO	NO	NO	NO	YES	NO	NO	LOOSE STOOLS		98	100	100/60	80/50	96/60	90/60	104/60	30	28	26	24	24					B/L NVBS+	S1 S2 NORMAL	RESTLESS, IRRITABLE	NO	NO	15.7	LVH	NORMAL	NORMAL			CRP- POSITIVE	15	14	14	14	15	10.8	12	16	14	10	210	200	168	172	160	0.9	0.8	0.9	1	1.8	1.6	1.2	1.4	1.6	1.8			NO	3D	NQ3	YES	2	5	6	4	2	1	3	3	3	1			ACUTE GE			
138	678400	30	M	NO	NO	NO	NO	NO	YES	NO	NO	LOOSE STOOLS		98	120	80/50	90/50	100/64	110/64	110/70	30	32	30	28	26					B/L NVBS+	S1 S2 NORMAL	CONSCIOUS, RESTLESS, IRRITABLE	NO	NO	15.5	SINUS RHYTHM	NORMAL	NORMAL			CRP- POSITIVE	14	14	15	15	15	12	14	12	11	10	205	200	160	150	148	0.9	0.9	0.8	1	0.8	2.8	2.6	3.2	2.8	1.8			NO	2D	NQ2	YES	7	5	3	3	2	3	3	1	1	1			ACUTE GE			
139	728163	24	F	NO	NO	NO	YES	NO	NO	NO	NO	SEIZURES	EPILEPSY	98	90	116/80	80/60				24	28								B/L COARSE CREPTITATIONS+	S1 S2 NORMAL	DROWSY, MOVING ALL 4 LIMBS, B/L PLANTAR-MUTE	NO	NO	8	POOR R WAVE PROGRESSION	RIGHT MID-AND LOWER ZONE NHO+	NORMAL			CRP-POSITIVE	8	8				20	20								0.5	0.5				1	1							2D	1D	NO	2	NO	5	8					2	3				LRTI			
140	678401	30	F	NO	NO	NO	NO	YES	NO	NO	NO	LOOSE STOOLS		98	110	80/40	80/60	90/60	100/60	100/64	20	22	20	18	16					B/L NVBS+	S1 S2 NORMAL	CONSCIOUS, ORIENTED	NO	NO	12.3	SINUS RHYTHM	NORMAL	NORMAL			CRP-POSITIVE, HIV/HBSAG-NEGATIVE	14	15	15	15	15	10.17	10.6	12.4																																							