SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH (A DEEMED TO BE UNIVERSITY)

Integrated B.Sc. - M.Sc. Clinical Nutrition and Dietetics (CND) First Year Semester-II, July/August-2019 Examination.

Time: 2 Hrs Max Marks: 50

FOOD FACTS & PRINCIPLES II OP Code: N2042

Your answers should be specific to the question asked Draw neat labelled diagrams wherever necessary

<u>LONG ESSAY</u> 2×6=12 Marks

1. Discuss effect of pasteurization on nutritive value, flavour, micro-organisms and on enzymes present in milk.

2. Elaborate on the pigments and colour changes that occur in meat and its relationship with grading of meat.

SHORT ESSAY 6×4=24 Marks

- 3. Mention the application of milk powder in food industries.
- 4. Discuss the chemical and physical changes associated with eggs during storage.
- 5. Explain the process of salting of fish.
- 6. Discuss the effect of time and temperature in the formation of ferrous sulphide in eggs.
- 7. Mention and explain the test done in milk to assess its quality.
- 8. Discuss the properties and uses of gelatin.

SHORT ANSWER 7×2=14 Marks

- 9 What is TMA?
- 10. Name the organisms involved in the black rots of eggs.
- 11. Name the enzymes involved in spoilage of milk
- 12. Define Caramelization
- 13. Write the functions of Actin and myosin
- 14. List the non-meat protein source suitable for meat Analogue
- 15. What are whey proteins?

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Integrated B.Sc. - M.Sc. Clinical Nutrition and Dietetics (CND) First Year, Semester-II, July/August-2019 Examination.

Time: 2 Hrs Max Marks: 50

Assessment of Nutritional Status QP Code: N2050

Your answers should be specific to the question asked Draw neat labelled diagrams wherever necessary

LONG ESSAY 2×6=12 Marks

1. Define toddler mortality rate and explain clinical assessment.

2. Explain ICDS programme in detail.

SHORT ESSAY 6×4=24 Marks

- 3. List the various dietary assessments and explain any one.
- 4. Define anthropometric assessment and add a note on marasmus.
- 5. Discuss laboratory test and biochemical test.
- 6. Discuss Harvard Step test.
- 7. Describe Cardiorespiratory endurance.
- 8. Discuss the test for PEM.

SHORT ANSWER 7×2=14 Marks

- 9. List the parameters used under Vital Health Statistics.
- 10. List the factors affecting PEM.
- 11. What is Brokas and Ponderal index.
- 12. Write a short note on welcome clinical classification.
- 13. Write a note on Serum Amino Acid Ratio and Urinary Creatinine Height index.
- 14. Abbreviate; BMI, IAP, ICMR, PNMR.
- 15. Write a note on Waterlow malnutrition classification.



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Integrated B.Sc - M.Sc Clinical Nutrition and Dietetics (CND) First Year Semester- II, July/August-2019 Examination

Time- 2 Hrs [Max Marks: 50]

HOSPITAL DIETETICS- I OP Code: N2061

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x6= 12 Marks

1. Explain the role of Nutritional assessment in nutrition care plan.

2. Discuss the regulation of food intake.

SHORT ESSAY 6x4=24 Marks

- 3. Explain the indications of Low Caloric diet.
- 4. Identify the components of parenteral solutions that contribute to osmolarity.
- 5. Explain the Planning of High Calorie diets.
- 6. Explain the Enteral Nutrition.
- 7. Explain the indications of clear fluid diet.
- 8. Discuss the potential complications associated with parenteral nutrition.

SHORT ANSWER 7x2=14 Marks

- 9. List types of food intake data used of Nutritional assessment.
- 10. List the factors affecting food choice.
- 11. Mention the foods to be included and avoided in Acid-ash diet.
- 12. Mention the foods to be included and avoided in low cholesterol diet.
- 13. List the foods to be included and excluded in High Calorie diet.
- 14. Define Cancer Cachexia.
- 15. Define Nutrition monitoring and evaluation.



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Integrated B.Sc. – M.Sc. Clinical Nutrition and Dietetics (CND) First Year Semester-II, July/August-2019 Examination.

Time- 2 Hrs. [Max Marks: 50]

APPLIED NUTRITION- I OP Code: N2071

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x6= 12 Marks

- 1. Explain the components of energy expenditure.
- 2. Define Dietary Fibre. Discuss the role of fibre in prevention of metabolic disorders.

SHORT ESSAY 6x4=24 Marks

- 3. Explain the functions of Branched chain amino acids (BCAA).
- 4. Compare the effects on health of excessive intake of protein.
- **5.** Classify the fatty acids based on number of carbon atoms. Give an examples.
- 6. Discuss the role cholesterol in the body.
- 7. Differentiate between the low and high Glycemic index of foods.
- 8. Distinguish between body weight and body composition.

SHORT ANSWER 7x2=14 Marks

- 9 Define Nutrients
- 10. Identify the energy-producing nutrients and state their fuel value.
- 11. Define disaccharides. Give an examples.
- 12. List the major food sources of proteins.
- 13. Mention the chemical composition of proteins.
- 14. Define simple lipids. Give an example.
- 15. Define Nutritional Status.

