Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics Second Year, Semester- III, February-2020 Examination

Time- 2 Hrs. [Max Marks: 50]

APPLIED NUTRITION- II OP Code: N3072

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x6= 12 Marks

1. List the different forms of vitamin A and Describe the role of vitamin A in Vision.

2. Describe the metabolic functions of iron. Mention the factor's effecting the iron absorption.

SHORT ESSAY 6x4=24 Marks

- **3.** Explain the function of Choline. Mention toxicity of Choline.
- 4. Describe the functions of Vitamin B₁₂.
- **5.** Explain the assessing body composition using anthropometric indices.
- 6. Discuss the role of vitamin K in blood clotting.
- 7. Describe the metabolic functions of folic acid.
- 8. Name causes and consequences of water depletion.

SHORT ANSWER 7x2=14 Marks

- **9.** Name the routes of water is lost from the body.
- 10. Define energy balance.
- 11. Difference between macro and micro minerals. Give an examples.
- **12.** Classify the B- complex vitamins? give an examples.
- **13.** Mention the Riboflavin requirement for adults.
- **14.** List the double indirect methods for assessing body composition.
- 15. Mention the diseases caused by deficiencies of Thiamin.

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Time- 2 Hrs. [Max Marks: 50]

Medical Nutrition Management-I OP Code: N3081

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x6= 12 Marks

- 1. Describe the overview of digestive and absorptive processes.
- 2. Define diabetes. Explain nutritional management for type 1 diabetes.

SHORT ESSAY 6x4=24 Marks

- 3. Discuss the medical nutrition management for patients with phenyl ketonuria.
- 4. Explain the nutritional support required in acute pancreatitis.
- 5. Describe the dietary management for traveler's diarrhea.
- 6. Explain the dietary management for peptic ulcer.
- 7. Describe the clinical features of tuberculosis.
- 8. Explain the relation between gastrointestinal Ph and food and drug interaction.

SHORT ANSWER 7x2=14 Marks

- 9. Define pharmacodynamics.
- 10. List the types of fever.
- 11. Define dyspepsia.
- 12. Name any four Factors affecting dysentery.
- 13. Mention any four factors involved in development of IBS.
- 14. Define Ascites.
- 15. List microvascular Complications for diabetes mellitus.

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Time- 2 Hrs [Max Marks: 50]

NUTRITION THROUGH LIFE SPAN- I OP Code: N3091

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY 2x6= 12Marks

1. Define the term critical period. Explain the adverse influences during critical periods affect later health?

2. Describe the nutrition-related factors that determine the risk of miscarriage and stillbirth.

SHORT ESSAY 6x4=24 Marks

- 3. Explain the dietary considerations based on Religion.
 - 4. Discuss the role of Antioxidant intake in fertility.
 - **5.** Discuss the nutritional requirements to management of hypothalamic amenorrhea.
 - **6.** Explain nutritional needs for women during pregnancy.
 - 7. Explain the effects of HIV/AIDS on nutritional status of pregnant woman.
 - 8. Discuss the importance of preparing breast for Breastfeeding.

SHORT ANSWER 7x2=14 Marks

- 9. Define flat or inverted nipples.
- **10.** Mention the causes for pathological jaundice.
- 11. Mention the composition of Colostrum.
- 12. List the sign and symptoms of preeclampsia.
- 13. Define Infant Mortality Rate.
- 14. Define eating disorders. Give an examples.
- 15. Define preconception.

Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year, Semester- III, February-2020 Examination

Time- 2.00 Hrs. Max. Marks: 60

FOOD SANITATION AND HYGIENE

Q.P-CODE: N3100

Your answers should be specific to questions asked. Draw neat labelled diagrams wherever necessary

LONG ESSAY 2x10=20 Marks

1. Explain botulism and staphylococcus food poisoning

2. Discuss the storage of specific foods and common faults in food preparation

SHORT ESSAY 5x5=25 Marks

- 3. Explain signs of spoilage in milk
- 4. Describe infectious hepatitis
- 5. Explain the five advantages and disadvantages of sanitizing procedures
- 6. Explain the benefits of HACCP and ISO 9000 certification
- 7. Write a note on biosanitizer

SHORT ANSWER 5x3=15 Marks

- 8. List common symptoms of food borne diseases
- 9. List bacteria involved in food infections and food poisonings
- 10. Define biodegradable and non-biodegradable waste with examples
- 11. Define sewage. List the characteristics of garbage bin
- 12. Mention the steps to be followed to avoid contamination through hand

Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year Semester- III, February-2020 Examination

TIME- 2 Hrs. MAX MARKS: 60

FOOD STANDARDS AND QUALITY CONTROL O.P. CODE: N3110

Your answers should be specific to questions asked. Draw neat labelled diagrams wherever necessary

LONG ESSAY $2 \times 10 = 20 \text{ marks}$

- 1. Expand FPO and explain its functions.
- 2. Describe incidental contaminants and their harmful effects on body.

SHORT ESSAY 5 x 5 = 25 marks

- 3. Explain quality parameters with respect to quality of design, conformance and use.
- 4. Discuss the importance of antioxidants in food industry.
- 5. Explain chelating agents used in food industry.
- 6. Define score card and hedonic scale and give two circumstances in which it can be used.
- 7. Explain all five physico- chemical methods of objective sensory evaluation of foods.

SHORT ANSWER $5 \times 3 = 15 \text{ marks}$

- 8. Differentiate between quality control and quality assurance.
- 9. Define humectants with three examples and list its function.
- 10. Classify and define the different types of panel members.
- 11. Differentiate between difference tests and descriptive tests of sensory evaluation.
- 12. List any six orders along with the establishment year that regulates food laws in India.