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SSRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

(A DEEMED TO BE UNIVERSITY)

Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year, Semester- III, September 2021Examination

Time- 2 Hrs

[Max Marks: 50]

APPLIED NUTRITION- II Q.P Code: N3072

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- 1. Classify the minerals. Explain the functions and deficiency of Calcium.
- 2. Define Vitamins. Describe the general functions of Vitamins.

SHORT ESSAY

6x4=24 Marks

- 3. Explain how fluid and electrolyte balance is maintained.
- 4. Illustrate the metabolic functions of Zinc.
- 5. Explain functions of the Vitamin C as an Antioxidant .
- 6. Elaborate the toxicity of vitamin A.
- Explain the body composition changes during pregnancy and lactation .
- 8. Discuss the role of vitamin D in Calcium and Phosphorus Homeostasis

SHORT ANSWER

7x2=14 Marks

- 9. List the biological active components of vitamin K
- Name any four sign and symptoms of dry beriberi and wet beriberi
- 11. Mention the daily requirement of water.
- 12. Define Ariboflavinosis.
- 13. Mention the biologically active derivatives of cobalamin.
- 14. List any four food sources of folic acid.
- 15. Differentiate between fat- and water-soluble vitamins.

June

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Second Year, Semester- III, September 2021 Examination

Time- 2 Hrs

[Max Marks: 50]

MEDICAL NUTRITION MANAGEMENT-I QP Code: N3081

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- Describe the overview of digestive and absorptive processes.
- Describe the Macrovascular complications that develop from prolonged exposure to high blood glucose concentrations.

SHORT ESSAY

6x4=24 Marks

- 3. Explain the benefits of minimizing drug interactions.
- 4. Discuss the metabolic changes during fever.
- 5. Describe the major functions of the liver.
- 6. Define inborn errors of metabolism. List the causes and symptoms for Galactosemia .
- Discuss the causes of gallbladder and pancreatic disorders.
- 8. Explain the nutrients to be modified in diverticular disease.

SHORT ANSWER

7x2=14 Marks

- 9. Mention sign and symptoms for gout.
- 10. Define prediabetes.
- 11. List any four factors involved in chronic constipation.
- 12. Define dumping syndrome.
- 13. Name any four factors that determine the intensity of drug responses.
- List the generalized sign and symptoms of influenza.
- 15.List any four principles involved in management of dysentery .

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Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year, Semester- III, September 2021 Examination

Time- 2 Hrs

[Max Marks: 50]

NUTRITION THROUGH LIFE SPAN- I OP Code: N3091

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- Define hypothalamic amenorrhea. Explain the nutritional management of hypothalamic amenorrhea.
- List risk factors associated with Multifetal pregnancy. Explain the nutritional recommendations for women with Multifetal pregnancy.

SHORT ESSAY

6x4=24 Marks

- 3. Discuss the role of long chain omega-3 fatty acids during pregnancy.
- 4. Describe the relationship between body fatness and fertility in women.
- 5. Explain the recommended weight-gain pattern for a pregnant woman .
- Explain the Interrelationships between Breast-Nonfeeding Jaundice and Breast Milk Jaundice Syndrome.
- 7. Describe the placenta and its function.
- 8. Discuss the importance of preconception care.

SHORT ANSWER

7x2=14 Marks

- 9. Define female athlete triad.
- 10. Mention the composition of human milk.
- 11. Define postpartum follow-up.
- 12. Define Fertility.
- 13. Mention the stages of Lactogenesis .
- 14. Define flat or inverted nipples.
- 15. Define the term critical period.



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Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year, Semester- III, September 2021 Examination

Time- 2.00 Hrs.

Max. Marks: 60

FOOD SANITATION AND HYGIENE

Q.P-CODE: N3100

Your answers should be specific to questions asked.

Draw neat labelled diagrams wherever necessary

LONG ESSAY

2x10= 20Marks

5x5=25 Marks

- 1. Explain sanitary procedures while preparing and serving of food.
- 2. With a neat labeled diagram explain the procedures of three sink method.

SHORT ESSAY

- Explain the important points to be considered to prevent surplus food from causing food poisoning.
- 4. Explain the procedure of three bucket method to remove food contact surfaces.
- 5. Explainpasteurization of milk.
- 6. Discuss health of staff in food establishment.
- 7. Discuss storage of specific food and add a note on dry food store.

SHORT ANSWER

5x3=15 Marks

- 8. Define sterilizer. Write a note on dishwashing.
- 9. Mention the signs of spoilage in poultry and eggs.
- 10. Define incineration. Mention its disadvantages.
- 11. Write short note on composting.
- 12. Mention any six preventive measure to control food-borne illness.

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Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND)
Second Year, Semester- III, September 2021 Examination
TIME- 2 HRS
MAX MARKS: 60

FOOD STANDARDS AND QUALITY CONTROL Q.P. CODE: N3110

Your answers should be specific to questions asked.

Draw neat labelled diagrams wherever necessary

LONG ESSAY

 $2 \times 10 = 20 \text{ marks}$

- 1. Discuss role of PFA in prevention of food adulteration.
- 2. Describe food standardization and regulation agencies in India.

SHORT ESSAY

 $5 \times 5 = 25 \text{ marks}$

- 3. Explain the determinants of product quality.
- 4. Explain flavours and flavour enhancers used in food industry.
- 5. Discuss relationship between additives and food safety.
- 6. Discuss any five types of tests used in sensory evaluation of foods.
- 7. Discuss about different types of panel members.

SHORT ANSWER

 $5 \times 3 = 15 \text{ marks}$

- 8. Define quality control and quality assurance.
- 9. List six synthetic colours permitted to be used in foods under PFA rules.
- 10. Mention the techniques involved in smelling and tasting of food during sensory Evaluation.
- 11. Differentiate between duo-trio test and triangular test.
- 12. List the points to be considered while conducting objective evaluation of food.

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