SSRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH (A DEEMED TO BE UNIVERSITY)

Integrated B.Sc.-M.Sc. Clinical Nutrition and Dietetics (CND) Second Year, Semester- III March 2022 Examination

Time- 2 Hrs

[Max Marks: 50]

APPLIED NUTRITION- II OP Code: N3072

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- Define body composition. Describe the estimation of body composition using Bioelectrical impedance.
- 2. Describe the Functions and deficiency of Vitamin C.

SHORT ESSAY

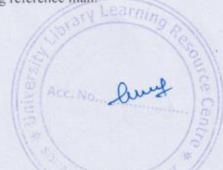
6x4=24 Marks

- 3. Explain the toxicity of vitamin A.
- 4. Explain the role of vitamin E in Relation to Selenium Metabolism.
- 5. Describe the stability and interfering factors Riboflavin destruction.
- 6. Discuss the role of Pyridoxine in metabolism.
- 7. Explain the role of calcium in bone and tooth formation.
- 8. Evaluate the routes by which water is lost from the body.

SHORT ANSWER

7x2=14 Marks

- 9. List the Symptoms of iodine deficiency.
- 10. Define Homeostasis.
- 11. Mention the toxicity of copper.
- 12. Mention the RDA of potassium for adults.
- 13. List the good food sources of vitamin E.
- 14. Mention body composition at the molecular level of a 70 kg reference man.
- 15. List the complications of vitamin D deficiency.



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Time- 2 Hrs

[Max Marks: 50]

MEDICAL NUTRITION MANAGEMENT-I

QP Code: N3081

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- 1. Explain the Classification of diabetes. Mention Diagnostic Criteria for diabetes.
- 2. Define cirrhosis. Discuss the medical nutritional management for cirrhosis.

SHORT ESSAY

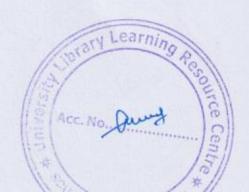
6x4=24 Marks

- 3. Describe the nutritional management for gastroctomy.
- 4. List intestinal gases. Explain factors involved for production of intestinal gas.
- 5. Describe Nutritional management for tuberculosis.
- 6. Describe the individuals at risk for drug-nutrient interactions.
- 7. Discuss the acute complications that may arise in uncontrolled diabetes.
- 8. Explain the medical nutrition managements for patients with Glycogen storage Disorder.

SHORT ANSWER

7x2=14 Marks

- Mention signs and symptoms for Homocystinuria.
- 10 Define Glycemic index.
- 11 Classify liver disease according to duration.
- 12 Define mal absorption syndrome.
- 13 Identify the foods to be included for constipation.
- 14 Define gastritis. Mention its types.
- 15 Define AIDS.



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Time- 2 Hrs

[Max Marks: 50]

NUTRITION THROUGH LIFE SPAN- I QP Code: N3091

Your answer should be specific to the question asked Draw neat labeled diagrams wherever necessary

LONG ESSAY

2x6= 12 Marks

- 1. Define fertility. Describe effects of Acute and chronic under nutrition in female fertility.
- Explain the requirements of folic acid during pregnancy. Mention the Congenital abnormalities due to folic acid deficiency.

SHORT ESSAY

6x4=24 Marks

- 3. Define Multifetal pregnancies. List the risk factors associated with Multifetal pregnancy.
- 4. Describe the developments of mammary gland.
- Explain the physiologic versus pathological jaundice.
- 6. Explain the nutritional needs during adolescent pregnancy.
- 7. Discuss the nutritional management for female athlete triad.
- 8. Explain benefits of Breastfeeding.

SHORT ANSWER

7x2=14 Marks

- 9. List any four factors that alter the male fertility.
- 10. Define Premenstrual dysphoric disorder (PMDD).
- 11. Define the term critical period.
- 12. Name any four complications of obesity during pregnancy.
- 13. Mention the composition of human milk.
- 14. Name any four benefits of Breastfeeding for mothers.
- 15. Define Preterm Delivery.



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Time - 2 Hrs.

Max. Marks: 60

FOOD SANITATION AND HYGIENE

O.P-CODE: N3100

Your answers should be specific to questions asked. Draw neat labelled diagrams wherever necessary

LONG ESSAY 2x10=20 Marks

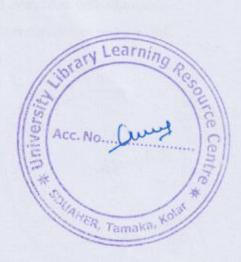
- 1. Describe the cleaning of premises and surroundings in catering establishment.
- Discuss the general guidelines for food storage and mention the types of food storage.

SHORT ESSAY 5x5=25 Marks

- 3. Differentiate between food poisoning and food infection.
- 4. Classify pests. Discuss the importance of pest control.
- 5. Explain water quality standards.
- 6. Explain codex alimentarius.
- 7. Discuss necessity for efficient cleaning programme and add a note on sanitizers.

SHORT ANSWER 5x3=15 Marks

- 8. List the symptoms and preventive measures of perfringens food poisoning.
- 9. Mention different types of hazards and give examples.
- 10. Abbreviate GHP, GMP, GCP, GAP, FSSAI and HACCP.
- 11. Define disinfectant, sanitizers and germicide.
- 12. Write a note on stored grain insects and housefly.



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TIME- 2 HRS MAX MARKS: 60

FOOD STANDARDS AND QUALITY CONTROL Q.P. CODE: N3110

Your answers should be specific to questions asked. Draw neat labelled diagrams wherever necessary

LONG ESSAY

 $2 \times 10 = 20 \text{ marks}$

- Explain harmful effects of adulterants used in following foods.
 - a. Red gram dal
- b. Turmeric.
- 2. Discuss the role of consumers in maintaining food standards and consumer protection act.

SHORT ESSAY

 $5 \times 5 = 25 \text{ marks}$

- 3. Differentiate between quality control and quality assurance.
- 4. Explain the importance of modified starches in food industry.
- 5. Describe food preservatives and classify them with examples.
- Discuss measurement of colour using objective sensory evaluation.
- Enumerate the basic guidelines to be followed while conducting objective sensory evaluation.

SHORT ANSWER

 $5 \times 3 = 15 \text{ marks}$

- 8. List any six factors affecting food quality.
- Mention any three antioxidants and emulsifiers along with the product that they are used in food industry.
- Mention the criteria for selection of panel members.
- 11. Mention the types of sensory tests employed for food evaluation with examples.
- 12. Define quality management system and list the practices that comes under TQM.



