"EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA"

By
Dr. PREETHI R



DISSERTATION SUBMITTED TO SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH CENTER, KOLAR, KARNATAKA

In partial fulfillment of the requirements for the degree of

DOCTOR OF MEDICINE

IN

ANAESTHESIOLOGY

Under the Guidance of Dr. SURESH KUMAR N MBBS, MD, IDCCM Professor



DEPARTMENT OF ANAESTHESIOLOGY, SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR-563101

APRIL 2022

SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR-563101

DECLARATION BY THE CANDIDATE

I hereby declare that this dissertation/thesis entitled "EVALUATION OF

EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE

HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC

SURGERIES UNDER GENERAL ANAESTHESIA" is a bonafide and genuine

research work carried out by me under guidance of Dr SURESH KUMAR N

MBBS,MD,IDCCM Professor, Department of Anaesthesiology and Critical care, Sri

Dr. PREETHI R

Devaraj Urs Medical College, Tamaka, Kolar.

Date:

Place: Kolar

II

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION, TAMAKA, KOLAR, KARNATAKA

CERTIFICATE BY THE GUIDE

This is to certify that the dissertation/thesis entitled "EVALUATION OF

EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE

HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC

SURGERIES UNDER GENERAL ANAESTHESIA" is a bonafide and genuine

research work carried out by Dr PREETHI R in partial fulfilment of the

requirement for the degree of DOCTOR OF MEDICINE in

ANAESTHESIOLOGY.

Date: Dr. SURESH KUMAR N MBBS,MD,IDCCM

Place: Professor,

Department of Anesthesiology, Sri Devaraj Urs Medical College,

Tamaka, Kolar.

Ш

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION, TAMAKA, KOLAR, KARNATAKA

CERTIFICATE BY THE CO-GUIDE

This is to certify that the dissertation/thesis entitled "EVALUATION OF

EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE

HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC

SURGERIES UNDER GENERAL ANAESTHESIA" is a bonafide and genuine

research work carried out by Dr PREETHI R in partial fulfilment of the

requirement for the degree of DOCTOR OF MEDICINE in

ANAESTHESIOLOGY.

Date: Dr. DINESH K MD,MNAS

Place: Professor,

Department of Emergency Medicine,

Sri Devaraj Urs Medical College,

Tamaka, Kolar.

IV

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH CENTER, TAMAKA, KOLAR, KARNATAKA

ENDORSEMENT BY THE HOD, PRINCIPAL / HEAD OF THE INSTITUTION

This is to certify that the dissertation/thesis entitled "EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA" is a bonafide and genuine research work carried out by Dr PREETHI R in partial fulfilment of the requirement for the degree of DOCTOR OF MEDICINE in ANAESTHESIOLOGY.

Dr. RAVI M D.A, DNB, MNAMS

Professor & HOD

Department of Anaesthesiology,

Sri Devaraj Urs Medical College,

Tamaka, Kolar

Dr. P N SREERAMULU

Principal,

Sri Devaraj Urs Medical College

Tamaka, Kolar

Date: Date:

Place: Kolar Place: Kolar

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

CENTER, TAMAKA, KOLAR, KARNATAKA

ETHICAL COMMITTEE CERTIFICATE

This is to certify that the Ethical committee of Sri Devaraj Urs Medical

College, Tamaka, Kolar has unanimously approved **Dr PREETHI R** Post-

Graduate student in the subject of ANAESTHESIOLOGY at Sri Devaraj Urs

Medical College, Kolar to take up the Dissertation work entitled

"EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON

INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING

LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA" to

be submitted to the SRI DEVARAJ URS ACADEMY OF HIGHER

EDUCATION AND RESEARCH, TAMAKA, KOLAR, KARNATAKA.

Date:

Member Secretary

Place: Kolar

Sri Devaraj Urs Medical College,

Tamaka, Kolar-563101

VI

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION

TAMAKA, KOLAR, KARNATAKA

COPY RIGHT

DECLARATION BY THE CANDIDATE

I hereby declare that the Sri Devaraj Urs Academy of Higher Education and Research Center, Kolar, Karnataka shall have the rights to preserve, use and disseminate this dissertation/thesis in print or electronic format for academic /research purpose.

Date:

Place: Kolar **Dr. PREETHI R**



Drillbit Softtech India Pvt. Ltd Certificate of Plagiarism Check for Dissertation

Author Name	Dr.PREETHI R.
Course of Study	M.D ANAESTHESIOLOGY
Name of Major Supervisor	Dr.SURESH KUMAR.N.
Department	ANAESTHESIOLOGY
Acceptable Maximum Limit	10%
Submitted By	librarian@sduu.ac.in
Paper Title	EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA
Similarity	10%
Paper ID	416110
Submission Date	2021-11-24 11:53:47

Signature of Student

N. Sneeh Kun

Signature of Major Advisor

Department of "naesthesions, Sri Devaraj Ure Indical Colina

la 'alapp Hospit 1 4 . famaka Volar S

Head of the Department Department of Anaesthesiology Srl Devaraj Urs Medical Colle-

R.L. Jaloppa Hospital & Research (care TAMAKA KOLAR-563 181

University Librarian
University Librarian
University Library Learner Sri Devarg Urs Academy
Sri Devarg Urs Academy of Higher
Education & Research
Tamaka, Kolar- 563103

* This report has abeen generated by DrillBit Anti-Plagiarism Software

ismchack com/drilhit-analysis/analysis/416110/HLHRCAFHH9C.IRWXI OWM/av.lhhGciOt.III IzI1NtI9 av.IzdWiiOt.IsaW.

ACKNOWLEDGEMENT

First and foremost I thank the "Lord Almighty" for showering his blessings and giving me the strength during my post graduation and providing me with everything that I required in completing my dissertation.

I would like to acknowledge all those who have supported me, not only to complete my dissertation, but helped me throughout my post graduation course.

I attribute the success of my dissertation and owe immense gratitude to my mentor and guide **Dr SURESH KUMAR N**, Professor, Department of Anaesthesiology, for being very helpful throughout the study, whose valuable guidance has helped me patch this dissertation and make it a complete dissertation book. His suggestions and his instructions have served as the major contribution towards the completion of this study. His dedication, keen interest, professional knowledge and overwhelming attitude to help students had been solely and mainly responsible for completing my work.

I wish to express my sincere thanks and greatfullness to **Dr.RAVI M** Professor and Head, Department of Anaesthesiology for his constant and continuous support. He as conveyed a sprit of adventure in regard to research and scholarship and an excitement in regard to teaching. Without his guidance and persistent help this dissertation would not have been possible

I am extremely thankful and indebted to my co-Guide **Dr.DINESH K**, Professor Department of Emergency Medicine for encouraging me to complete this study. His moral support encouragement at every stage of my study and his timely suggestions and enthusiasm have enabled me to complete my study.

It gives me immense pleasure to extend my sincere thanks to Professor **Dr KIRAN N** for providing valuable suggestions and motivation thought-out the course.

A special mention and gratitude to my Associate Professor **Dr SUJATHA M P** for being my moral support and an inspiration throughout the course. Plenty thanks for emboldening me.

I am also grateful to all my Associate Professors, Dr LAVANYA K, Dr THREJA C K and Dr VISHNUVARDHANV for their positivity and encouragement which has helped me in completing the study and throughout.

I am extremely thankful to all my Assistant Professors Dr SUMANTH T, Dr SHIVAKUMAR K M, Dr AHMEDI FATHIMA and Dr.NAGASESHU KUMARI VASANTHA and Dr SINDHU J for their constant help and guidance throughout the course. They were source of encouragement, support and for patient perusal to which I am deeply obliged.

My heartfelt thanks to Senior Residents DR GAJANAN BABU, Dr.HUCHAPPA, Dr.ABHINAYA MANEM, Dr.LAKSHMI K SWAMY and my super seniors Dr ARPITHA MARY, Dr.NAGARAJ SK, Dr.SREENIDHI and my seniors Dr MANJULA DEVI S, Dr SRAVANTHI GNS and Dr SANDEEP V D for their practical tips, advice and constant encouragement.

I express my sincere thanks to my colleagues and dearest friends Dr.SHRI EASWARI S, Dr CHANDRAMOHAN, Dr BALAJI J, Dr ISHITA RAJ, Dr SINCHANA B & Dr MAHIMA L N for their co-operation and help in carrying out this study. I thank my JUNIORS for providing useful tips and clues in completing this vast work.

I extend my sincere thanks to all the SURGEONS who played an important

role during the study.

I am also thankful to all the **OT**, **ICU** and **Paramedical Staff** for their valuable

help while performing the study.

Thanks to my beloved PARENTS Smt. VALLI R and Sri.RATHNA

SABAPATHY R. for their constant support, unconditional love and for who's

prayers has sustained me throughout. I am indeed blessed to have Dr.RANI

KALAVATHY and Dr.SIVAKUMAR B as my INLAWS who believed in me and

supported me throughout this journey. I also extend my gratitude to my husband

Dr.ARAVIND S for all his love, patience and for being my pillar of strength

throughout.

I also thank my friend DHILANI SUNDARSEKAR for being my support

system through the tough times.

I am also thankful to Dr SURESH, statistician for helping me with the

statistical analysis.

Last but not the least, I express my special thanks to all my PATIENTS and

their families, who in the final conclusion are the best teachers and without whom

this study would have been impossible.

Date:

Dr PREETHI R

Place: Kolar

XI

ABBREVATIONS

IID	TT
HR	Heart rate
Bpm	Beats per minute
PR	Pulse rate
SBP	Systolic blood pressure
DBP	Diastolic blood pressure
NIBP	Non invasive blood pressure
MAP	Mean arterial pressure
ECG	Electrocardiogram
SPO ₂	Peripheral capillary oxygen saturation
CVS	Cardiovascular system
PA	Per abdominal
RS	Respiratory system
CNS	Central nervous system
Iv	Intravenous
ASA	American society of anaesthesiologists
NS	Normal saline
ICU	Intensive care unit
СВС	Complete blood count
НВ	Haemoglobin
BT	Bleeding time
CT	Clotting time
WBC	White blood count

HS	Horasomni- at bedtime
RFT	Renal function tests
i.e.,	That is
µg/mcg	Microgram
Kg	Kilogram
Mm Hg	Millimeter of mercury
Cm	Centimeter
Mg	Milligram
Ml	Millilitre
Mins	Minutes
Secs	Seconds
SD	Standard deviation
PACU	Post Anaesthesia Care Unit
Hr	Hour
ETCO ₂	Endtidal carbondioxide
No. of	Number of

TABLE OF CONTENTS

SL NO		PAGE NO
1,	ABSTRACT	
2.	INTRODUCTION	01
3.	AIMS AND OBJECTIVE	04
4.	PHARMACOLOGY OF DEXMEDITOMIDINE	05
5.	REVIEW OF LITRATURE	14
6.	MATERIAL AND METHODS	17
7.	OBSERVATION AND RESULTS	25
8	DISCUSSION	38
9.	CONCLUSION	47
10.	SUMMARY	48
11.	BIBLIOGRAPHY	49
12.	ANNEXURE – I PROFORMA	56
13.	ANNEXURE - II INFORMATION SHEET	58
14.	ANNEXURE – III INFORMED CONSENT	60
15.	KEY TO MASTER CHART	61
16.	MASTER CHART	62

LIST OF TABLES

TABLE	TITLE	PAGE
NO		NO
1.	Differences Between Clonidine And	11
	Dexmeditomidine	
2.	Study Groups	24
3.	Mean Among The Two Groups	25
4.	Age Distribution Of The Study Participants	26
5.	Gender Distribution Among The Study	27
	Participants	
6.	Mean Weight Among The Participants	28
7.	ASA Classification Among The Study Participants	29
8.	Distribution Of Procedure Among The Study	30
	Participants	
9.	Heart Rate Changes Among The Study	32
	Participants	
10.	Systolic Blood Pressure Changes Among The	33
	Study Participants	
11.	Diastolic Pressure Changes Among The Study	34
	Participants	
12.	Mean Arterial Pressure Among The Study	36
	Participants	
13.	Oxygen Saturation Among The Study Participants	37

LIST OF FIGURES

TABLE	FIGURES	PAGE
NO		NO
1.	Chemical Structure Of Dexmedetomidine	05
2.	Physiology Of Various A2-Adrenergic Receptors	07
3.	Physiology Of The A2-Adrenoceptor Agonists Receptor	08
4.	Effects Mediated By Dexmedetomidine Through Alpha-2 Receptors	09
5.	Mechanism Of Action Of Dexmedetomidine On Various Alpha2 Receptors	09
6.	Effects Of Dexmedetomidine On Perioperative Stress, Inflammation, And Immune Function	13
7.	Modified Consort Flow Diagram	21
8.	Pie Chart. Study Groups	24
9.	Bar Chart. Age Distribution Of The Study Participants	26
10.	Gender distribution of the study participants	27
11.	Asa Classification Among The Study Participants	29
12.	Bar Chart. Distribution Of Procedure Among The Study Participants	30
13.	Bar Chart. Diagnosis Among The Study Participants	31
14.	Heart Rate Changes Among The Study Participants	32
15.	Systolic Blood Pressure Changes Among The Study Participants	33
16.	Diastolic Blood Pressure Changes Among The Study Participants	35
17.	Mean Arterial Pressure Changes Among The Study Participants	
1.0	-	36
18.	Oxygen Saturation Among The Study Participants	37

ABSTRACT

EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA

BACKGROUND AND OBJECTIVE:

INTRODUCTION:

Dexmedetomidine has proved to provide adequate intraoperative analgesia and good surgical field, postoperative sedation, and patient comfort with no adverse effects for patients. Dexmedetomidine helps in blunting hemodynamic changes in response to laryngoscopy, tracheal intubation, pneumoperitoneum and extubation in the perioperative period due to the sympatholytic activity.

OBJECTIVES:

To assess the hemodynamic stability with the two different dose of dexmedetomidine (0.25mcg & 0.5mcg) among patients experiencing laparoscopic surgeries under general anaesthesia.

METHODOLOGY:

This is Prospective observational study done among 64 Patients admitted under General Anaesthesia for elective laparoscopic surgeries performed at R. L. Jalappa Hospital and Research centre, Tamaka, Kolar during the interval between January 2020 to May 2021. They were classified into two groups, Group A (Dexmed-0.25mcg/kg/hr) and Group B (Dexmed-0.5mcg/kg/hr). Haemodynamic changes were examined among the two groups.

RESULTS:

The differences in Baseline characteristics of the study groups were not statistically significant except the ASA grade. The difference in means of the haemodynamic parameters such as Heart rate, systolic-blood pressure, diastolic-blood pressure, mean-arterial pressure, and oxygen saturation were between the study groups were not statistically significant except the systolic-blood pressure at 90 min, where the mean SBP is significantly greater among Group A (Dexmed- 0.25mcg).

CONCLUSION:

From this study, we conclude that there is no difference in hemodynamic stability with two different doses of dexmedetomidine(0.25mcg & 0.5mcg) among patients underwent laparoscopic surgeries under general anaesthesia. We did not see any majorly adverse side effects in both the groups, with the haemodynamically stability with the two separate doses of dexmedetomidine, the drug can be used with any of the doses, depending upon the desired effect.

KEYWORDS:

Dexmedetomidine, 0.25mcg &0.5mcg, general anaesthesia, Haemodynamic stability

2. INTRODUCTION

Anaesthetic procedures involved in general anaesthesia, like direct laryngoscopy, intubation of trachea and extubationusually causes stimulation of the sympathetic system. (1)This leads to the increase in plasma nor-epinephrine, adrenaline levels and blood plasma renin activity.(2)

Because of its minimal scar, lessened postoperative pain, decreasedduration of stay at hospital and obviously less mortality, Laparoscopic surgeries become the choice wherever possible. (3)Also, the hallmark of laparoscopy is the creation of pneumoperitoneum with carbon dioxide (CO2) insufflationsunder pressure, to separate the organs present inside the abdominal cavity. (4)

The stimulation of the sympathetic system cause increase in intra-arterial pressure, systemic –pulmonary vascular resistance and changes in heart rate. Sometimes these haemodynamic alterations can produce severe permanentinjury to the myocardium or rarely life-threatening complication. (5)

To prevent this sympathetic discharge modern anaesthesia uses various drugs to provide haemodynamic stability. Most common used drugs for this purpose includes opioid analgesics, beta blockers, calcium channel blockers, benzodiazepines, and vasodilators α -2 agonists have shown to provide adequate sedation, analgesia, weakening of response to stress and reduction in anaesthetic drug requirement, hence they are used in modern anaesthesia practice.(5)

Dexmedetomidine is a highly selective agonist at the α 2-adrenergic receptor falls under the imidazole subclass which is a pharmacologically active dextrorotatory S-enantiomer of medetomidine. Dexmedetomidine acts through a receptor which is different from theusual γ -aminobutyric receptor which is utilized by drugs such as benzodiazepines and propofol. (6)

Dexmedetomidine, first introduced in 1999, is a highly selective alpha 2 adreno-receptor agonist. When compared to clonidine, dexmedetomidine has eight times higher affinity to $\alpha 2$ adreno-receptor ($\alpha 2/\alpha 1$ selectivity) without causing respiratory depression. (7)This property of dexmedetomidine being a sedative and anxiolytic makes it as the ideal choice of adjuvants in practice of general anaesthesiatraining for the reduction of the hemodynamic stimulation.(5)

The elimination half-life of dexmedetomidine is nearly 2 hours and the redistribution half-life is 6 min, and this short life makes it an ideal drug for intravenous titration. Intravenous usage of the dexmedetomidine causes reduction in serum catecholamine levels by almost 90%. (8)

Dexmedetomidine has proved to provide adequate intraoperative analgesia and good surgical field, postoperative sedation, and patient comfort with no adverse effects for patients. (9)Dexmedetomidine helps in blunting hemodynamic changes in response to laryngoscopy, tracheal intubation, pneumoperitoneum and extubation in the peri-operative period due to the sympatholytic activity.(10) It is successfully used in intravenous doses varying from 0.25 to 1 mcg/kg for attenuating intubation response. (11)

Only a few studies have evaluated dose for continuous intravenous with Dexmedetomidine. Majority of the studies done so far were with bolus doses of Dexmedetomidine for anaesthetic practice and analgesia especially in the post-operative period, proved a prolongation of analgesia and stability in hemodynamic parameters. (12) Nevertheless, an effective dose for the Dexmedetomidine remains unclear.

NEED FOR THE STUDY:

Numerous studies have demonstrated that intra-operative infusion with the dexmedetomidine reduces the requirement of perioperative analgesics. Dexmedetomidinehas also proved to reduce intra operative blood pressure and provide satisfactory surgical field conditions used in hypotension anaesthesia. This study aims to assess the efficacy of dexmedetomidine infusion in lower doses than previous studies, to reduce the systolic blood pressure lower than 30% of baseline value to achieve the targeted SBP in patients undergwent laparoscopic surgeries.

3. AIM AND OBJECTIVES

3.1 AIM:

To assess the hemodynamic stability with two separatedosesof dexmedetomidine (0.25mcg/kg/hr& 0.5mcg/kg/hr) among patients who underwent laparoscopic surgeries with general anaesthesia

3.2 OBJECTIVES:

- To determine the changes in blood pressure and heart rate among subjects receiving GROUP A-Dexmed-0.25mcg/kg/hr during laparoscopic surgeries with general anaesthesia.
- To determine Blood pressure and heart rate among subjects receiving GROUP
 B-Dexmed-0.5mcg/kg/hr during laparoscopic surgeries with general anaesthesia.
- 3. To compare the fluctuations in blood pressure and heart rate among the study participants in GROUP A and GROUP B.

4 PHARMACOLOGY OF DEXMEDITOMIDINE

Review of Literature of this study is discussed under the following heads:

- a. Dexmedetomidine
 - ➤ Physical and Chemical Properties
 - ➤ Mechanism of action
 - > Pharmacokinetics
 - Uses
 - Side effects
- b. Similar Studies in the Topic

a. Dexmedetomidine:

Dexmedetomidine is a highly selective agonist at the $\alpha 2$ -adrenergic receptor falls under the imidazole subclass which is a pharmacologically active dextrorotatory S-enantiomer of medetomidine. Dexmedetomidine acts through a receptor which is different from the usual γ -aminobutyric receptor which is utilized by drugs such as benzodiazepines and propofol.(6)Dexmedetomidine chemically dextrorotatory (S)-4-[1-(2,3-dimethylphenyl) ethyl]-3H-imidazole. (13)

Empirical formula of Dexmedetomidine - C13H16N2 • HCl

Molecular weight of Dexmedetomidine 236.74 Da

The following image represents the chemical structure of Dexmedetomidine. (13)

Figure 1. Chemical structure of Dexmedetomidine:

Physical properties:

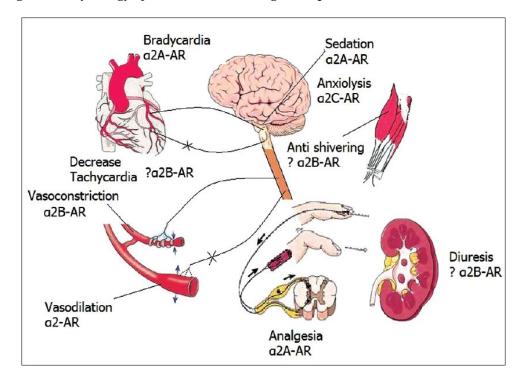
- I. A white or almost white crystalline powder with a composition of Carbon 67.6 % Chloride 14.25%, Nitrogen 11.26 % Hydrogen 6.89 % with melting point ranging between 156.5° and 157.5° C
- II. pH of 1% diluted solution in water is 4.3
- III. pKa -7.1
- IV. density 1.17g/cm³
- V. optical rotation [Alpha]+52.4°
- VI. Freely soluble in water and is available as clear isotonic solution consist of 100mcg/ml or 50mcg/0.5ml and 9gm of sodium chloride per millilitre of water.
- VII. compatible when administered with 0.9% sodium chloride in water, Lactated Ringer's solution, 100 mg/mL magnesium sulphate solution, 5% dextrose in water, 20% mannitol, 0.3% potassium chloride solution.(13)

Mechanism of action of Dexmedetomidine:

Dexmedetomidine is an extremely selective agonist Alpha-2 receptor, which is eight times more specific to Alpha-2 receptors than that of clonidine. With alpha-1: alpha-2 binding ratio of 1:1620.(14)Agonists binding to G protein coupled alpha-2 receptors produce the required clinical effects.

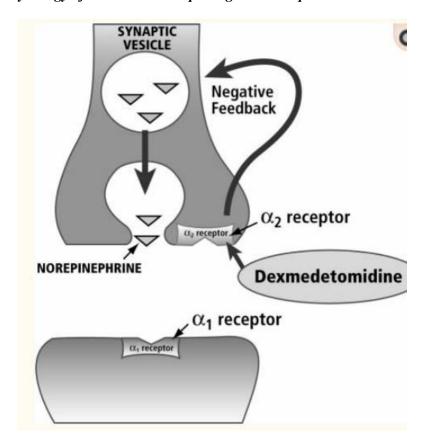
The following image represents the Physiology and action of various $\alpha 2$ -adrenergic receptors,(15)

Figure 2. Physiology of various a2-adrenergic receptors



Dexmedetomidine has proved to deliver an adequate intraoperative analgesia and good surgical field, postoperative sedation, and patient and surgeon comfort with noside effects for patients. (9) Dexmedetomidine assists in blunting hemodynamic responses in the peri-operative period due to its sympatholytic activity. It is successfully applied in intravenous doses varying between 0.25 to 1 mcg/kg for attenuating intubation response.(11) The following image characterises the Physiology and action of the α 2-adrenoceptor agonists receptor, (16)

Figure 3. Physiology of the \alpha2-adrenoceptor agonists receptor:



The site for action for the sedation is locus coeruleus of the brainstem, whereas the primary site of analgesia is spinal cord. In the heart, the outcome of alpha2 stimulation reduces tachycardia by blocking cardioaccelerator nerves and creates bradycardia by vagal stimulation. In the peripheral vasculature, there are vasodilatory effects produced by the dexmedreflecting sympatholytic action and vasoconstriction mediated by receptors in smooth muscle cells. The following image represents the Effects mediated by Dexmedetomidine through alpha-2 receptors, (17)

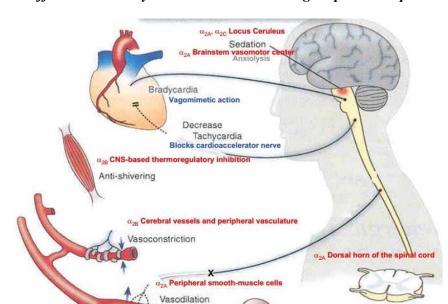
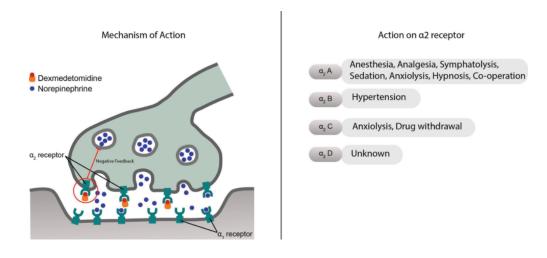


Figure 4. Effects mediated by Dexmedetomidine through alpha-2 receptors:

The following image represents the mechanism of action of dexmedetomidine on various alpha2 receptors, (18)

Analgesia

Figure 5. Mechanism of action of dexmedetomidine on various alpha2 receptors



Pharmacokinetics:

Absorption: Dexmedetomidine has a reduced bioavailability when delivered viaoral route due to great first pass metabolism within the liver and also, it has a good bioavailability when delivered via other routes of administration like sublingual, intranasal, intraarticular, intramuscular buccal, neuraxial, regional, and its conventional intravenous administration.

Distribution:Dexmedetomidine is rapidly disseminated throughout the body with fast onset of action of 6 min with peak effect accomplished at 15min. The context sensitive half time is 4 minutes after 10 min infusion and 250 minutes after 8-hour infusion.

Metabolism and excretion:Dexmedetomidine is widely metabolised by the liver and the metabolites of the drug are excreted in urine 95% and 4% in faeces. Its elimination has a half-life of two to three hours and clearance happens at the elimination rate of 10-30 ml/kg/min.(19)

Pharmacokinetics does not experienceany modification with respect to age, gender, or renal failure as it experiences almost comprehensive biotransformation in liver. Dose is required to be corrected in hepatic failure.(20) The following table represents the differences in action between the two commonly used alpha2 agonists, clonidine and Dexmedetomidine, (21,22)

Table 1.Difference between the alpha2 agonistsclonidine and Dexmedetomidine

Clonidine	Dexmedetomidine
Developed in the 1960s	Developed in the 1980s
Clinically used first as antihypertensive in 1966	Clinically approved as sedative and analgesic used in ICU in 1999
Ratio α 2: α 1 receptor binding is 220:1	Dexmedetomidine is 7-8 times more specific for a2. Ratio α 2: α 1 receptor binding is 1620:1
Clonidine is a partial agonist at the α 2 adrenergic receptor	Dexmedetomidine is a full agonist at the α 2 adrenergic receptor
Octanol/buffer partition coefficient: 0.8	Octanol/buffer partition coefficient: 2.8 more lipophilic (3.5-fold) than clonidine
The maximum reduction in inhalational anesthetic requirement to maintain 1 MAC provided by clonidine is 50%	Dexmedetomidine has been shown to result in approximately a 90% reduction in inhalational anesthetic requirement to maintain 1 MAC
Plasma half-life is T1/2: 9-12 hours	Plasma half-life T1/2: 2-2.5 hours
Protein binding: 50%	Protein binding: 94%
Elimination half life is 8 hrs	Elimination half life is 2 hrs
Distribution half life is >10 min	Distribution half life is 5 min

Pharmacodynamics:

In CNS, it causes sedation by acting as agonist on alpha -2 receptors in locus ceruleus and it is quite different from drugs producing sedation by GABA systems. Advantages of Dexmedetomidine includes easy to awake, ability to follow commands and limited respiratory depression. (23,24)

Uses of Dexmedetomidine:

The clinical uses of Dexmedetomidineconsist of the following:

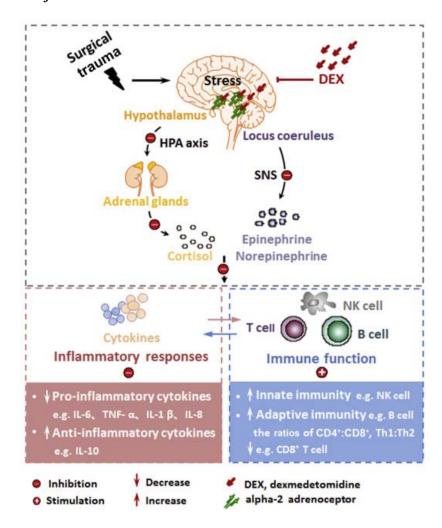
- I. Premedication
 - Dexmedetomidine has ananxiolytic, analgesic, sympatholytic sedative, and anti-sialagogue properties
- II. Neuro anaesthesia
- III. Post-operative analgesia and sedation

- IV. Sedation in ICU
- V. As an adjunct to general anaesthesia and regional anaesthesia
- VI. Cardiovascular anaesthesia
- VII. For de-addiction treatment. (16)

Side effects:

Hypotension, hypertension, and bradycardia are the commonly established adverse effects caused by agonist action on alpha 2A receptors. The drug causes the decreased release of noradrenaline from sympathetic nervous system. Other infrequent adverse effects include nausea, vomiting, dry mouth, extrasystoles, myocardial ischaemia, pulmonary oedema, hyperkalaemia, atelectasis, atrial fibrillation, acidosis, arrhythmia, AV block, hypervolemia, muscle weakness, syncope etc. The following image represents the action of dexmedetomidine on inflammation, perioperative stress, and immune function, (25)

Figure 6.Effect of the drug-dexmedetomidine on perioperative stress, inflammation, and immune function



5.REVIEW OF LITRATURE

Gourishankar Reddy Manne et al, studied the effects of infusion of different low dose of dexmedetomidine (0.2 mcg/kg/hr and 0.4 mcg/kg/hr) on haemodynamic stress response, sedation and need for the post-operative analgesia among the participants under general anaesthesia undergoing laparoscopic cholecystectomy. They concluded that the low dose of infusion ofdexmedetomidine in the dose of 0.4 mcg/kg/hr effectively decreases haemodynamic stress response with decrease in post-operative analgesic requirements and no significant side effects.(5)

Summaira Janet al, studied the effects of infusion of different low dose of dexmedetomidine (0.2 mcg/kg/hr) compared with the infusion of normal saline on haemodynamic stress response, sedation and need for the post-operative analgesia among the cases under general anaesthesia undergoing laparoscopic cholecystectomy. They observed that in their 60 patients that the Dexmedetomidine infusion in the dosage of 0.2μg/kg/hr effectively diminishes the haemodynamic changes to stress response with a significant reduction on the heart rate, Systolic blood pressure, Mean arterial pressure and Diastolic blood pressure. (26)

YojanTrikhatri et al, examined the effects of Dexmedetomidine on Intraoperative Haemodynamicresponse and Postoperative Analgesia among the 84 patients receiving general anaesthesia for Laparoscopic Cholecystectomy. They observed that among the group received dexmedetomidine (0.4 mcg/kg/hr), haemodynamic responses were considerablydiminished and the during postoperative period, the 24 hours analgesic requirement were substantially reduced. (27)

Qin Ye, Fangjun Wang et al, did randomized controlled trialto study the effects of infusion of seperate doses of dexmedetomidine D1, D2, D3 (0.4 mcg/kg/hr, 0.6 mcg/kg/hr, 0.8 mcg/kg/hr) matched with the infusion of normal saline on haemodynamic stress response, sedation and need for the analgesia during the post-operative period in subjects under general anaesthesia undergoing laparoscopic cholecystectomy. The did the study among 120 patients divided into four groups. They observed that the heart rate, systolicand diastolic blood pressures had smaller fluctuations, low incidence of cough, low visual analogue scale scores, less tramadol dosage, longer spontaneous respiratory recovery and extubation among the groups received higher dose of dexmedetomidine. (28)

VinayakPanchgar et al, explored the effects of Dexmedetomidine on Intraoperative Haemodynamic response and Postoperative Analgesia among the 84 patients receiving general anaesthesia for Laparoscopic surgeries. They observed that among the group received dexmedetomidine (0.5 mcg/kg/hr), haemodynamic responses were significantly attenuated during laryngoscopy, intubation, during pneumoperitoneum formation, and during extubation. During postoperative period, the 24 hours analgesic requirement were significantly reduced. (28)

Geetanjali T. Chilkoti et al, did a randomised, double-blinded, placebocontrolled trialand analysed the effects of Dexmedetomidine on Intraoperative Haemodynamic response and Postoperative Analgesia with low dose intravenous dexmedetomidine infusion in patients who underwent laparoscopic cholecystectomy. They observed that among the group received dexmedetomidine (0.5 mcg/kg/hr), haemodynamic responses were significantly attenuated during laryngoscopy, intubation, during pneumoperitoneum formation, and during extubation. During postoperative period, the 24 hours analgesic requirement in terms of VAS score were decreased but not statistically significant. (29)

M.R.El-Tahan et al, did a dose–response study to study the efficacy of dexmedetomidine in curbing the cardiovascular response and hormonal response to general anaesthesia for caesarean delivery in 68 parturient. The study participants were randomly assigned three seperate doses of dexmedetomidine (0.4 mcg/kg/hr, 0.6 mcg/kg/hr, 0.8 mcg/kg/hr). They noticed that the heart rate, mean arterial blood pressure had smaller fluctuations, low Sevoflurane alveolar concentrations,lesser serum cortisol levels, higher sedation scores and greater uterine tone among the groups received higher dose of dexmedetomidine. They did not observe any difference between the Apgar scores, NACS and acid–base status of the neonates. (30)

Meiyan Sun et al, did randomized controlled trial to study the effects of low dose of dexmedetomidine prevention of emergence of agitation following general anaesthesia in elderly patients. They observed a low emergence of agitation following general anaesthesia in elderly patients. They further observed that they remained stable in terms of haemodynamic responses, without any delay in anaesthesia recovery time and extubation time. (31)

6 MATERIAL AND METHODS

METHODOLOGY

STUDY SUBJECTS:

Patients admitted for elective laparoscopic surgeries with General Anaesthesia at R. L.Jalappa Hospital & Research centre, Tamaka, Kolar, Karnataka during the time period from January 2020 to May 2021.

STUDY DESIGN:

Prospective observational study.

SAMPLING PROCEDURE:

Computerized random sampling.

INCLUSION CRITERIA:

Patients belonging to

- o ASA Grade I and II
- Both genders
- o Age group between 18 years to 60 years
- o Weighing more than 45 kgs
- o Scheduled for elective laparoscopic surgeries.

EXCLUSION CRITERIA:

Patients suffering from

- o chronic hypertension,
- o severe ventricular dysfunction
- Hypovolemia
- o Bradycardia

SAMPLE SIZE:

According to **SarikaAshutoshSamel et al** study,(32) considering the mean and stan.deviation of Diastolic BP at 60 min at Group A as 86.8 ± 7.95 , mean and stan. deviation of Diastolic BP at 60 min at Group B as 92.33 ± 7.75 at 95% confidence interval with 80% power, the sample size is calculated as

$$N = (Z1-\alpha/2 + Z1-\beta)2 * 2 * \sigma 2/(\mu 1 - \mu 2)2$$

 $Z1-\alpha/2$ - two tailed probability for 95% confidence interval = 1.96

Z1-β - two tailed probability for 80% power = 0.84

 μ 1 - mean of Diastolic BP at 60 min at Group A = 86.8

 μ 2 - mean of Diastolic BP at 60 min at Group B = 92.33

 σ - average standard deviation of Diastolic BP at 60 min at Group A & Diastolic BP at 60 min at Group B = 7.85

$$N = (1.96 + 0.84)^2 * 2 * 7.85^2 / (86.8 - 92.33)^2$$

$$N = 31.63$$

Thus, the calculated sample size for each group is 32 and the total sample size is 64.

STUDY PROCEDURE:

64 study subjects underwent elective laparoscopic surgeries with the General Anaesthesia were randomly selected. All the patients were evaluated one day prior to surgery. During pre-operative evaluation, Informed consents were taken from the patients. Data was collected using a proforma. The following investigations were routinely done preoperatively,

- Complete hemogram.
- Bleeding time and clotting time.
- Random blood sugar.

- Blood urea and serum creatinine.
- Serum electrolytes.
- Urine analysis for sugar, albumin, and microscopy.
- ECG and chest x-ray.

ensured and were premedicated with Tab. Alprazolam 0.5 mg and Tab. Ranitidine 150 mg and the drugs were repeated 2 hours before the surgery. Based on the Computerised randomisation, the patients will be allocated to either of the two groups.

Group A (Dexmed- 0.25mcg):received dexmedetomidine 0.25mcg/kg/hr as continuous iv infusion at aninfusion rate of 0.05ml/kg/hr from a prepared dexmedetomidine diluted in saline to a concentration of 5mcg/ml.

Airway assessment was done using Mallampati score. Fasting of 6 hours was

Group B (Dexmed -0.5mcg): received dexmedetomidine 0.5mcg/kg/hr as continuous iv infusion at aninfusion rate of 0.05ml/kg/hr from a prepared dexmedetomidine diluted in saline to a concentration of 10mcg/ml.

After securing a venous access using a 18G cannula, patients were preloaded with Ringer's Lactate at aninfusion rate of 5ml/kg/hr. On arrival to the operation room, baseline HR, NIBP, ECG, SPO2 were recorded, and monitoring was started. All patients were pre-medicated with Inj. Glycopyrrolate 0.005mg/kg, Inj. Fentanyl citrate 2 mcg/kg and Inj. Ondansetron 4 mg, 10 minutes before induction of anaesthesia.

After preoxygenation for 3 minutes, anaesthesia was induced with the Inj.Propofol 2 mg/kg till loss of verbal command and tracheal intubation with appropriate size Oral Endo Tracheal Tube was facilitated with Inj. Succinyl Choline 2 mg/kg.

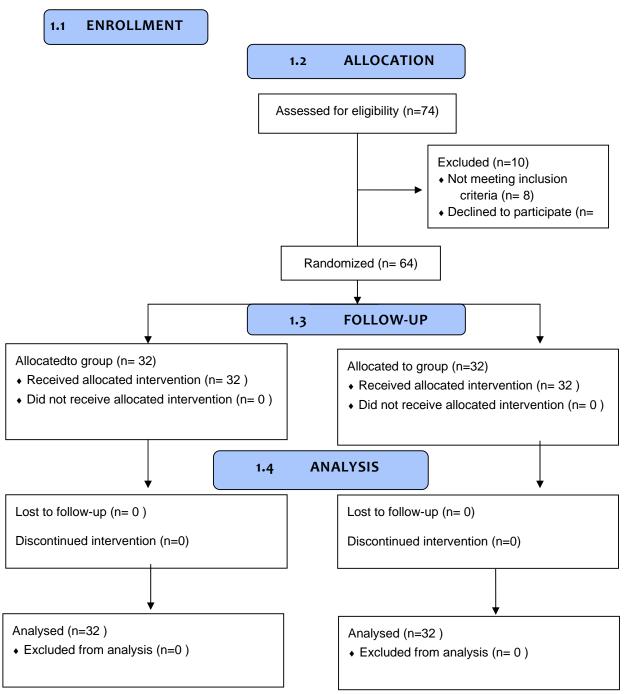
Anaesthesia was maintained with 60% Nitrous Oxide in O2, Isoflurane and Inj. Vecuronium 0.1 mg/kg as muscle relaxant. Patients were mechanically ventilated to maintain ETCO 2 between 30-35 mmHg.

Intra operatively, HR, NIBP, ECG, ETCO 2 and SPO 2 were monitored and recorded at 15 min interval till the finishing of surgery. Hypotension was treated by decreasing the dial concentration of isoflurane or rate of infusion of IV fluids and bradycardia was treated with IV Atropine.

After conclusion of surgery, the residual neuro-muscular blockade was withdrawn with Inj.Neostigmine 0.05mg/kg and Inj.Glycopyrrolate 0.008 mg/kg. Extubation was done after adequate motor recovery and spontaneous breathing efforts.

The awakening time following reversal of neuromuscular blockade was recorded. Patients were later transferred to PACU to be observed for respiratory depression, sedation score, VAS score, haemodynamic changes, nausea, vomiting or any additionaldrug induced adverse effects or complications.

Figure 7. Modified CONSORT flow diagram



PARAMETERS TO BE OBSERVED:

- ➤ Heart Rate, ETCO2, SpO2
- Systolic Blood Pressure
- Diastolic Blood Pressure
- > Mean Arterial Pressure

ETHICAL CONSIDERATION:

Institutional Ethical Committee approval was acquired from the institution before the

commencement of the study. Informed written consent from each participant was

obtained.

Source of Funding:None

Conflict of Interest:None

STUDY PERIOD:

January 2020 to May 2021.

STATISTICAL METHODS:

Descriptive Statistics:

1. Numerical variables like Ageetc., are represented in mean, median, mode and

standard deviation.

2. Categorical variables like gender, etc., are represented in frequencies and

percentages. Pie-charts and bar diagrams are used as appropriate.

Inferential Statistics:

3. When a mean difference of a Numerical variable is compared among the group

A and B, independent t test is used.

4. When a Categorical Variable is compared with a categorical variable, the

variablesare represented in both by tables and bar diagrams. For test of

significance, chi-square test is used. Fisher's exact test is used when more than

20% of the cell values have expected cellvalue less than 5.

5. P-values less than 0.05 were regarded as statistically significant.

6. Data was entered in MS excel sheet and analysed using SPSS software version

26.

22

7 RESULTS

Results of the study is discussed under the following headings:

- i. Study groups
- ii. Age distribution among the study population
- iii. Gender distribution among the study population
- iv. Weight among the study participants
- v. ASA classification among the study participants
- vi. Procedure among the study participants
- vii. Diagnosis among the study participants
- viii. Heart rate changes among the study participants
- ix. Systolic Blood pressure changes among the study participants
- x. Diastolic blood pressure changes among the study participants
- xi. Mean Arterial pressure amongst the study participants
- xii. Oxygen Saturation among the study participants

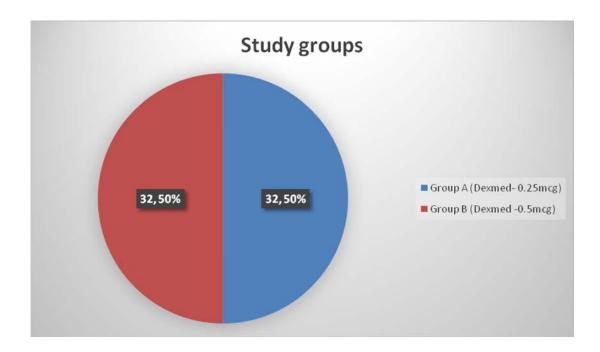
i. Study groups:

The Study population consists of 64 Patients admitted for elective laparoscopic surgeries performed with General Anaesthesia. They were allocated into two separate groups, Group A (Dexmed- 0.25mcg) and Group B (Dexmed -0.5mcg). The study groups are represented in the following table and visualised using the pie chart,

Table 2. Study groups

Group	Frequency	Percent
Group A (Dexmed- 0.25mcg/kg/hr)	32	50
Group B (Dexmed -0.5mcg/kg/hr)	32	50

Figure 8. Pie Chart. Study groups



ii. Age distribution among the study population:

The mean age and the Standard deviation of the study participants was 41.46 ± 8.94 and 41.50 ± 8.49 among the Group A and Group B respectively. These differences were not found to be statistically significant using t test and is represented in the following table

Table 3. Mean age among the two groups:

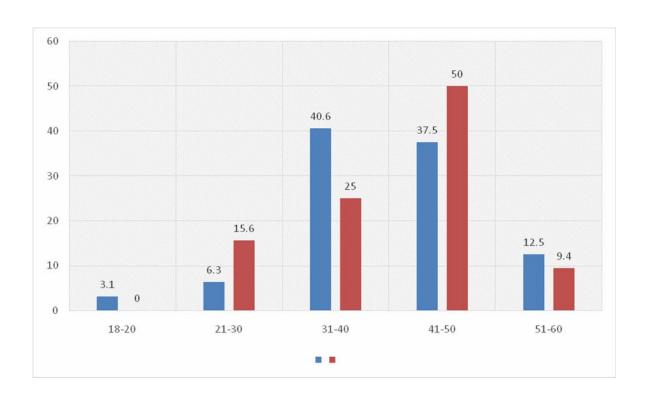
	Group	N	Mean	Std. Deviation	p-value (t test)
Age	A	32	41.4688	8.94782	0.989
	В	32	41.5000	8.49288	(Not Significant)

The age distribution of the study participants between the groups are represented in the following table and visualised using Bar chart,

Table 4. Age distribution of the study participants

S no	Age (years)	Group A	up A Group B		P value*	
		Frequency	Percentage	Frequency	Percentage	
1	18-20	1	3.1	0	0	0.381
2	21-30	2	6.3	5	15.6	(Not Significant) – Chi – Square test used
3	31-40	13	40.6	8	25	
4	41-50	12	37.5	16	50	
5	51-60	4	12.5	3	9.4	

Figure 9. Bar Chart. Age distribution of the study participants



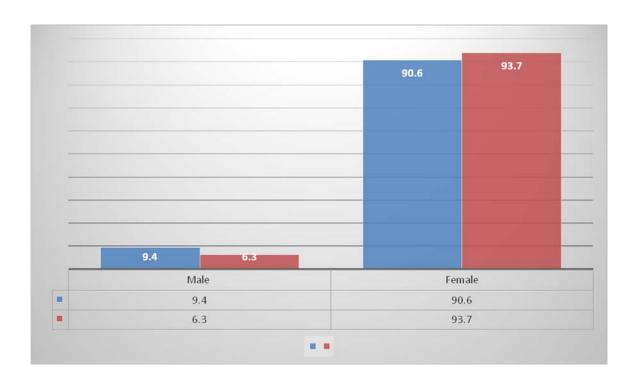
iii. Gender distribution among the study population:

Majority of the study participants were females in both the study groups. 29 (90.6%), 30 (93.7%) among group A and Group B respectively. These differences were not found to be statistically significant. The gender distribution of the study participants between the groups are represented in the following table and visualised using Bar chart,

Table 5. Gender distribution among the study participants

S no	Gender	Group A		Group B		P value*
		Frequency	Percent	Frequency	Percent	
1	Male	3	9.4	2	6.3	0.641 (Not Significant) –
2	Female	29	90.6	30	93.7	Chi – Square test used

Figure 10. Gender distribution of the study participants



iv. Weight among the study participants:

The mean weight and the Standard deviation of the study participants was 63.75 ± 8.88 and 62.18 ± 5.96 among the Group A and Group B respectively. These differences were not found to be statistically significant using t test and is represented in the following table,

Table 6. Mean weight among the two groups:

	Group	N	Mean	Std. Deviation	p-value (t test)
Weight	A	32	63.7500	8.87912	0.412
	В	32	62.1875	5.95920	(Not Significant)

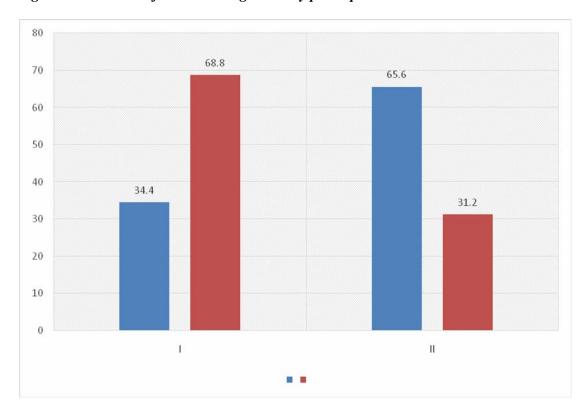
v. ASA classification among the study participants:

Majority of the study participants (65.6%) in Group A had ASA II and majority in (68.8%) group B had ASA I.The ASA classification grade among the study groups is statistically significant using Chi – Square test and is represented in the following table,

Table 7. ASA classification among the study participants

S no	ASA	Group A		Group B		P value*
		Frequency	Percent	Frequency	Percent	
1	I	11	34.4	22	68.8	0.006 (Significant) –
2	II	21	65.6	10	31.2	Chi – Square test used

Figure 11. ASA classification among the study participants



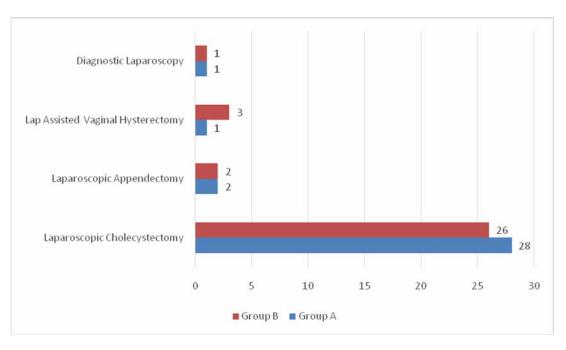
vi. Procedure among the study participants:

Among the 32 study participants each in Group A and B, 28 and 26 had laparoscopic cholecystectomy. The difference in procedures among the groups is not statistically significant using chi-square test and is represented in the following table and visualised using bar chart,

Table 8. Distribution of Procedure among the study participants

S	Procedure	Group A		Group B		P value*
no		Frequency	Percentage	Frequency	Percentage	
1	Laparoscopic Cholecystectomy	28	87.5	26	81.2	0.783(Not Significant) – Chi – Square
2	Laparoscopic Appendectomy	2	6.3	2	6.3	test used
3	Lap Assisted Vaginal Hysterectomy	1	3.1	3	9.4	
4	Diagnostic Laparoscopy	1	3.1	1	3.1	

Figure 12. Bar Chart. Distribution of Procedure among the study participants



vii. Diagnosis among the study participants:

Among the study participants majority (87.5% in group A and 81.2% in group B) were getting treated for cholecystitis in both the groups, followed by appendicitis and Artificialuterine bleeding. The diagnosis among the study groups is represented in the following bar chart,

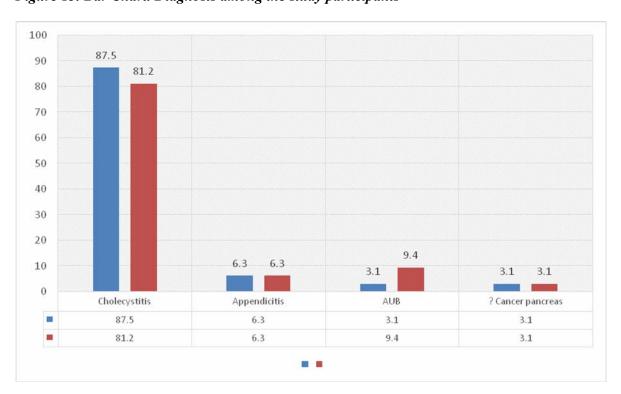


Figure 13. Bar Chart. Diagnosis among the study participants

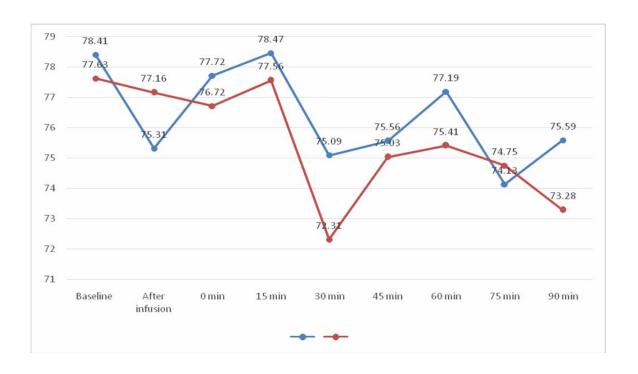
viii. Heart rate changes among the study participants:

The mean difference of heart rate between the groups was -1.84, 1.00, 0.906, 2.78, 0.53, 1.78, -0.62 and 2.31 respectively at after infusion, 0,15,30,45,60, 75 and 90 minutes. There differences between the groups in maintaining the heart ratewas not found to be statistically significant. The mean and standard deviations of Heart rate among group A and group B is represented in the following table and visualised using means plot,

Table 9. Heart rate changes among the study participants

S no	Heart rate	Grou	p-A	Gro	P value	
		Mean	SD	Mean	SD	
1	Baseline	78.41	8.076	77.63	6.676	.636
2	After infusion	75.31	8.778	77.16	9.689	.371
3	0 min	77.72	9.102	76.72	9.991	.798
4	15 min	78.47	8.393	77.56	8.699	.652
5	30 min	75.09	9.275	72.31	9.107	.216
6	45 min	75.56	9.108	75.03	9.943	.867
7	60 min	77.19	9.003	75.41	11.039	.554
8	75 min	74.13	8.163	74.75	9.339	.804
9	90 min	75.59	9.970	73.28	9.173	.405

Figure 14. Heart rate changes among the study participants:



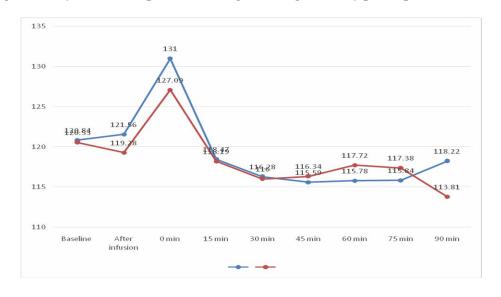
ix. Systolic Blood pressure changes among the study participants:

The mean difference of systolic blood pressure between the groups was 2.28, 3.90, 0.28, 0.28, -0.75, -1.93, -1.53 and 4.40 respectively at after infusion, 0,15,30,45,60, 75 and 90 minutes. They did not observe any statistical significance in difference in maintaining the systolic blood pressure except at 90 minutes between the groups. The mean and std. deviations of Systolic Blood pressure among group A and group B is represented in the following table and visualised using means plot,

Table 10. Systolic Blood pressure changes among the study participants

S no	Systolic Blood	Group B Group B				P value
	pressure	Mean	SD	Mean	SD	
1	Baseline	120.84	10.662	120.53	8.923	.685
2	After infusion	121.56	8.915	119.28	8.263	.296
3	0 min	131.00	8.636	127.09	8.208	.080
4	15 min	118.47	7.594	118.19	8.185	.866
5	30 min	116.28	9.254	116.00	8.485	.995
6	45 min	115.59	8.776	116.34	9.393	.752
7	60 min	115.78	7.942	117.72	7.871	.310
8	75 min	115.84	7.883	117.38	7.820	.447
9	90 min	118.22	7.443	113.81	8.146	.029

Figure 15. Systolic blood pressure changes among the study participants

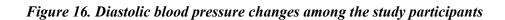


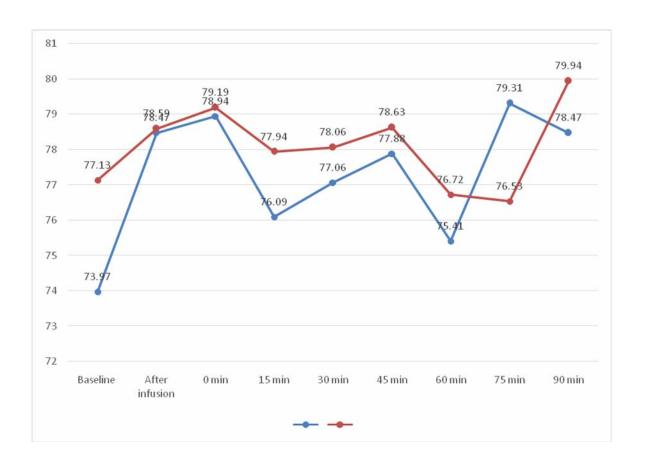
x. Diastolic blood pressure changes among the study participants:

The mean difference of diastolic blood pressure between the groups was -0.12, -0.25, -1.84, -1.00, -0.75, -1.31, 2.78 and -1.46 respectively at after infusion, 0,15,30,45,60, 75 and 90 minutes. There was no statistical significance in difference between the groups in maintaining the diastolic blood pressure. The mean and standard deviations of Diastolic blood pressure among group A and group B is represented in the following table and visualised using means plot,

Table 11. Diastolic blood pressure changes among the study participants:

S no	Diastolic Blood	Group A		Group B		P value
	pressure	Mean	SD	Mean	SD	
1	Baseline	73.97	7.694	77.13	7.699	.157
2	After infusion	78.47	8.367	78.59	7.641	.882
3	0 min	78.94	8.458	79.19	7.446	.962
4	15 min	76.09	8.050	77.94	8.328	.476
5	30 min	77.06	8.359	78.06	7.919	.628
6	45 min	77.88	7.534	78.63	7.971	.682
7	60 min	75.41	7.816	76.72	7.826	.471
8	75 min	79.31	8.177	76.53	7.224	.129
9	90 min	78.47	7.397	79.94	7.721	.343





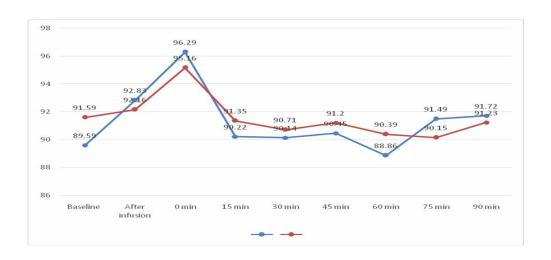
xi. Mean Arterial pressure among the study participants:

The mean differences of mean arterial pressures between the groups was 0.67, 1.13, -1.13, -0.57, -0.75, -1.52, 1.34 and 0.49 respectively at after infusion, 0,15,30,45,60, 75 and 90 minutes. There was no statistical significance in difference between the groups in maintaining the mean arterial pressure. The mean and standard deviations of Mean Arterial pressure among group A and group B is represented in the following table and visualised using means plot,

Table 12.Mean Arterial pressure amongst the study participants

S no	Mean Arterial	Group A		Group B		P value
	pressure	Mean	SD	Mean	SD	
1	Baseline	89.59	7.814	91.59	7.355	.310
2	After infusion	92.83	6.471	92.16	6.226	.825
3	0 min	96.29	6.348	95.16	5.659	.401
4	15 min	90.22	6.418	91.35	6.444	.409
5	30 min	90.14	6.289	90.71	5.780	.672
6	45 min	90.45	5.098	91.20	5.229	.610
7	60 min	88.86	5.676	90.39	5.508	.351
8	75 min	91.49	5.939	90.15	5.459	.307
9	90 min	91.72	5.505	91.23	5.635	.893

Figure 17. Mean Arterial pressure changes among the study participants



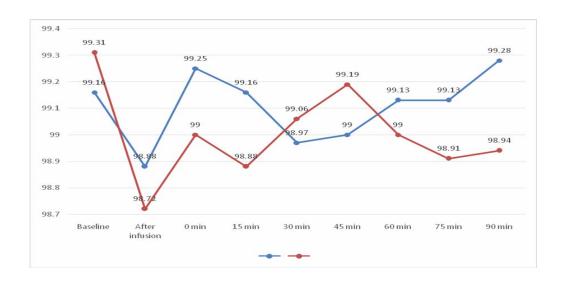
xii. Oxygen Saturation between the study participants:

The mean difference of oxygen saturation between the groups was 0.15, 0.25, 0.28, -0.94, -0.18, 0.12, 0.21 and 0.34 respectively at after infusion, 0, 15, 30, 45, 60, 75 and 90 minutes. There was no statistical significance in difference between the groups in maintaining the oxygen saturation. The mean and standard deviations of Oxygen Saturation among group A and group B is represented in the following table and visualised using means plot,

Table 13.Oxygen Saturation among the study participants

S no	Oxygen	Group B Group B				P value
	Saturation	Mean	SD	Mean	SD	
1	Baseline	99.16	.808	99.31	.780	.426
2	After infusion	98.88	.833	98.72	.924	.384
3	0 min	99.25	.842	99.00	.880	.250
4	15 min	99.16	.920	98.88	.871	.209
5	30 min	98.97	.861	99.06	.914	.667
6	45 min	99.00	.950	99.19	.859	.433
7	60 min	99.13	.833	99.00	.803	.530
8	75 min	99.13	.751	98.91	.818	.268
9	90 min	99.28	.683	98.94	.759	.066

Figure 18. Oxygen saturation among the study participants



8 DISCUSSION

Laparoscopic surgeries necessitate intraperitoneal insufflations with carbon di oxide which is linked with significant hemodynamic changes including reduced stroke volume, increased blood pressures and rise in pulmonary and systemic vascular resistance.(33,34)These Problems happening during the laparoscopic surgeries are primarily due to the combined effects of pneumoperitoneum with CO2 insufflation and the positioning of patient, which results in several hemodynamic and ventilatory changes.(35–37)

Because of decreased venous return and increased systemic vascular resistance, systemic hypertension can occur. This in turn increases the essential for deepening the plane of anaesthesia and requires the usage of vasodilators to offset the rising blood pressures. IAPs greater than 10 mm Hg due to the peritoneal insufflation with carbon di oxide makes significant alterations in hemodynamics, characterised by reduction in venous return, increase in arterial pressures, increase in systemic vascular resistance and pulmonary vascular resistance. Heart rate remains unchanged or increases only slightly. These hemodynamic perturbations occur mostly at the commencement of peritoneal insufflation.(38,39)

The use of alpha 2 agonists during the perioperative period have been related with decreased anaesthetic requirements and diminished the heart rate and blood pressure to the stress responses. Furthermore, α 2 receptors lying within the spinal cord modulate the pain pathways, thus providing some grade of analgesia.(40,41)

Anaesthesia during these laparoscopic surgeries has emphasized on usage of many pharmaceutical agents which can counteract these hemodynamic changes. Various studies have been conducted with different pharmacological interventions which result in reduced incidence of tachycardia, hypertension during the surgeries via laparoscopy and provide a stable hemodynamic state with minimal undesirable effects. α 2-adrenergic agonists may aid the role of ideal pharmacological adjuvant for laparoscopic surgeries, as they provide anxiolysis, sedation, analgesia, hypnosis and sympatholysis.(42,43)

Dexmedetomidine is a highly selective alpha-2-adrenoceptor agonist with anxiolytic, sedative, and analgesic properties. It is more selective for $\alpha 2$ receptors with 1600 times greater affinity than $\alpha \square$ receptor. Its sympatholytic effect decreases mean arterial pressure(MAP) and heart rate by reducing norepinephrine release. In addition,Dexmedetomidine has the ability to reduce both the anaesthetic and opioid analgesic requirements during the perioperative period. Moreover, Dexmedetomidine is short acting and has an antidote for its sedative effect called Atipamezole. (16,44–46)

The above-mentioned properties render Dexmedetomidine suitable for sedation and analgesia in the perioperative period; as a premedication, as an anaesthetic adjunct, and as postoperative analgesic and sedative. It was observed that dexmedetomidine used in premedication attenuates the sympathetic activation. (47)

The primary objective of this research is to investigate the hemodynamic stability with two separate doses of dexmedetomidine (0.25mcg/ml & 0.5mcg/ml) among patients who underwent laparoscopic surgeries with general anaesthesia. This is Prospective observational study done among 64 Patients who underwent elective laparoscopic surgeries performed with General Anaesthesia. They were classified into two separate groups, Group A (Dexmed- 0.25mcg/ml) and Group B (Dexmed - 0.5mcg/ml). Haemodynamic alterations were studied between the two groups.

In this study, Theage, gender, weight, procedures and diagnosis differences between the groups were not of statistical significance. Majority of the study participants (65.6%) in Group A had ASA II and majority in (68.8%) group B had ASA I. The ASA classification grade among the study groups is statistically significant using Chi – Square test. This will not cause any bias or confounding effect while assessing the hemodynamic changes of two seperate doses of dexmedetomidine, but these study results cause a definitive bias while assessing the ease of the intubation and extubation with respect to the different doses of dexmedetomidine.

Haemodynamic changes:

The difference in means of the haemodynamic parameters such as Heart rate, systolic, diastolic, andmean arterial pressure, and oxygen saturation were between the study groups were not statistically significant except the systolic blood pressure at 90 min, where the mean SBP is significantly greater in Group A(Dexmed-0.25mcg/kg/hr).

Heart rate: In this study, The mean difference of heart rate between the groups was - 1.84-2.31 respectively measured every 15 mintues during the study. There difference between the groups in maintaining the heart ratewas not of statistical significance. None of the patients developed bradycardia.

However, in a study done by **Gunalan S et al**, it showed that the mean heart rate was decreased significantly in the group dexmedetomidine(0.5mcg) when related to the fentanyl group immediately after induction and there was significant reduction in the heart rate for up to 10 minutes post intubation among the participants who received dexmedetomidine. (48)Accordingly, a study done by **Jain V et al** showed that in group D,dexmeditomidine(0.5mcg) the mean heart reduced after intubation. The reduction was by 0.7 beats/min at 1 min to 4.7 beats per min at 15 minutes.(49)

Presynaptic activation of alpha 2 adrenoceptor lying in the locus ceruleus of brain impedes nor epinephrine release. Furthermore, the locus ceruleus is the origin site for descending medullo-spinal noradrenergic pathway, which is known to be an imperative modulator of nociceptive neurotransmitters. Postsynaptic activation of alpha 2 receptors in the central nervous system will result in reduction in sympathetic activity which in turn leads to fall in heart rate.(50,51)

Systolic blood pressure: The mean difference of systolic blood pressure between the groups measured at 15min interval did not have any statistical significance difference between the studygroups in maintaining the systolic blood pressure except at 90 minutes.

A study done by **Gogus N et al**, stated that the mean systolic blood pressure was significantly reduced at 1-6 minutes in dexmedetomidine group and in fentanyl group it was significantly reduced at 2-6 minutes.(52) A study done by **Jain V et al**demonstrated that in group D, the Systolic blood pressure increased by 2.16mmHg at 1 minutes and 0.06mmHg at 2 min. After that they started to decline by 5.4mmHg at 5 minutes to 8.97 mmHg at 15 minutes. Though there was increase in systolic pressure in group D, it was reduced than that of their counterparts. (49)The present study did not observe this transient increase in the systolic blood pressure.

Diastolic blood pressure:In this study, the mean difference of diastolic blood pressure measured at 15min interval during the study showed no statistical significance in difference between the groups in maintaining the diastolic blood pressure.

On the contrary, A study done by **Patel ND et al**it showed a significant decrease in diastolic blood pressure.(53)**Ebert TJ et al** studied the hemodynamic responses to increasing concentrations of Dexmedetomidine and concluded that

increasing concentrations of Dexmedetomidine in humans resulted in progressive increases in sedation and analgesia and progressive decreases in heart rate, cardiac output and memory.(54)

Mean arterial pressure: The mean difference of mean arterial pressure between the groups also had no statistical significance in difference between the groups in maintaining the mean arterial pressurewhen measured at 15min interval during the study

In a randomized study by **Menda F et al**dexmedetomidine was used for reduction of hemodynamic response with low dose fentanyl and etomidate in patients undergoing myocardial revascularization receiving beta blocker treatment. Among the dexmedetomidine group systolic, diastolic and mean arterial pressures were lower at all times compared to baseline values.(55)

Sulaiman S et al directed a study regarding the efficacy of intra-venous dexmedetomidine for attenuation of haemodynamic responses. Dexmedetomidine at a dosage of 0.5 mcg/kg as 10 minutes infusion administered before induction of general anaesthesia reduces the sympathetic response.(56)

Oxygen saturation: There was no statistical significance in difference between the groups in maintaining the oxygen saturation. Moreover much differences, could not be observed in oxygen saturation between the groups as with even minor drop in oxygen saturation will be addressed by the anaesthetist immediately.

We did not observe any majorly adverse side effects in both the groups, with the haemodynamically stability with the two separate dosages of dexmedetomidine, the drug can be used with any of the doses, depending upon the desired effect.

LIMITATIONS

This study was donein a tertiary care setting where the skill levels of the anaesthetists are quitehigh, better monitoring facilities and probably that would be a reason for the absence of any adverse events in both the study groups. Hence the study results cannot be readily generalised to the resource limited settings.

The study was conducted with a relatively smaller sample size to measure the differences in the hemodynamic parameters. Also, the desired sample size was achieved despite the Covid pandemic threat mandating a halt in elective surgeries during the majority of the study duration.

The role of Confounding factors in cannot be ruled out, even though the factors such as baseline attributes were comparable in both the groups and randomisation was followed to allocate the groups.

STRENGTHs

The data was collected primarily by the principal investigator, hence the inter observer reliability bias will be minimal.

The age, gender, weight, procedures, and diagnosis differences were not of statistical significance between the groups, hence the role of confounding bias by these factors on the study results is less.

The study participants were assigned into two groups by computerised randomisation technique. This will eliminate allocation bias and ensures the comparability between the groups.

RECOMMENDATIONS

We did not witness any majorly adverse side effects in both the groups, with the haemodynamically stability with the two separate doses of dexmedetomidine, the drug can be used with any of the doses, depending upon the desired effect.

Dexmedetomidine can be safely used with haemodynamic stability at doses of both 0.25mcg/kg/hrl& 0.5mcg/kg/hr.

Further studies and research with improved sample size will increase the power of the study in identifying the differences in all the haemodynamic parameters. More studies from resources limited centers may add new challenges to the existing literature.

SUMMARY OF RESULTS

Baseline Characteristics:

The Study population consists of 64 Patients admitted for elective laparoscopic surgeries performed with General Anaesthesia. They were classified into two separate groups, Group A (Dexmed- 0.25mcg/kg/hr) and Group B (Dexmed- 0.5mcg/kg/hr). The Baseline characteristics between the groups were having no statistical significance except the ASA grade.

The demographic data including age,gender,weight matched and was comparable in both the groups

ASA grade: Majority of the study participants (65.6%) in Group A had ASA II and majority in (68.8%) group B had ASA I.

The ASA classification grade among the study groups is statistically significant using Chi – Square test.

Procedures: Among the 32 study participants each in Group A and B, 28 and 26 had laparoscopic cholecystectomy.

Diagnosis: Among the study participants majority (87.5% in group A and 81.2% in group B) were getting treated for cholecystitis in both the groups, followed by appendicitis and Abnormal uterine bleeding.

Haemodynamic changes:

The difference in means of the haemodynamic parameters such as Heart rate, systolic, diastolic, andmean arterial pressures, and oxygen saturation were between the study groups were not statistically significant except the systolic blood pressure at 90 min, where the mean SBP is significantly increased in Group A(Dexmed-0.25mcg/kg/hr).

Heart rate: The mean difference of heart rate between the groups had no statistical significance in difference between the study groups in maintaining the heart rate.

Systolic blood pressure: The mean difference of systolic blood pressure between the groups at 15 min interval, showed no statistical significance in difference between the study groups in maintaining the systolic blood pressure except at 90 minutes.

Diastolic blood pressure: The mean difference of diastolic blood pressure between the groups also did not have statistical significance in difference between the study groups in maintaining the diastolic blood pressure.

Mean arterial pressure: The mean difference of mean arterial pressure between the groups observed at 15 min had no statistical significance in difference between the study groups in maintaining the mean arterial pressure.

Oxygen saturation: The mean difference of oxygen saturation between the groups was 0.15-0.34 respectively after infusion. There was no statistical significance in difference between the study groups in maintaining the oxygen saturation.

CONCLUSION

The Baseline attributes between the groups were not having statistical significance except the ASA grade. The difference in means of the haemodynamic parameters such as Heart rate, systolic, diastolic, and mean arterial pressures, and oxygen saturation were between the study groups were not statistically significant except the systolic blood pressure at 90 min, where the mean SBP is significantly higher in Group A(Dexmed- 0.25mcg/kg/hr).

Hence this study, we conclude that there is no difference in hemodynamic stability with two separate doses of dexmedetomidine (0.25mcg/kg/hr& 0.5mcg/kg/hr) among patients undergoing surgeries with laparoscopywith general anaesthesia. We did not witness any majorly adverse side effects in both the groups.

6 BIBLIOGRAPHY

- Miller KA, Harkin CP, Bailey PL. Postoperative tracheal extubation. Anesth Analg. 1995;80(1):149–72.
- 2. Joris JL, Noirot DP, Legrand MJ, Jacquet NJ, Lamy ML. Hemodynamic changes during laparoscopic cholecystectomy. Anesth Analg. 1993;76(5):1067–71.
- 3. Velanovich V. Laparoscopic vs open surgery. Surg Endosc. 2000;14(1):16–21.
- 4. Crist DW, Gadacz TR. Complications of laparoscopic surgery. Surg Clin North Am. 1993;73(2):265–89.
- Manne GR, Upadhyay MR, Swadi VN. Effects of low dose dexmedetomidine infusion on haemodynamic stress response, Sedation and post-operative analgesia requirement in patients undergoing laparoscopic cholecystectomy. Indian J Anaesth. 2014;58(6):726–31.
- 6. Wunsch H, Kress JP. A new era for sedation in ICU patients. Vol. 301, JAMA Journal of the American Medical Association. JAMA; 2009. p. 542–4.
- Swami S, Ladi S, Keniya V, Rao R. Comparison of dexmedetomidine and clonidine
 (α2 agonist drugs) as an adjuvant to local anaesthesia in supraclavicular brachial
 plexus block: A randomised double-blind prospective study. Indian J Anaesth. 2012
 May;56(3):243.
- 8. Bloor BC, Ward DS, Belleville JP, Maze M. Effects of intravenous dexmedetomidine in humans: II. Hemodynamic changes. Anesthesiology. 1992;77(6):1134–42.
- Verma R, Gupta R, Bhatia V, Bogra J, Agarwal S. Dexmedetomidine and propofol for monitored anesthesia care in the middle ear surgery. Indian J Otol. 2014 Apr 1;20(2):70–4.
- 10. Gurbet A, Basagan-Mogol E, Turker G, Ugun F, Kaya FN, Ozcan B. Intraoperative infusion of dexmedetomidine reduces perioperative analgesic requirements. Can J

- Anaesth. 2006 Jul;53(7):646–52.
- 11. Hall JE, Uhrich TD, Barney JA, Arain SR, Ebert TJ. Sedative, amnestic, and analgesic properties of small-dose dexmedetomidine infusions. Anesth Analg. 2000;90(3):699–705.
- 12. Jun W, Zhengzhuang A, Li O. Analgesic efficacy of dexmedetomidine used for epidural anesthesia on labor analgesia. Biomed Res. 2018;29(3):426–30.
- 13. Kaur M, Singh P. Current role of dexmedetomidine in clinical anesthesia and intensive care. Anesth Essays Res. 2011;5(2):128.
- 14. Scheinin H, Aantaa R, Anttila M, Hakola P, Helminen A, Karhuvaara S. Reversal of the sedative and sympatholytic effects of dexmedetomidine with a specific α2-adrenoceptor antagonist atipamezole. A pharmacodynamic and kinetic study in healthy volunteers. Anesthesiology. 1998 Sep;89(3):574–84.
- 15. Fernandez P, Luna J. Tumor recurrence in a previous abdominal incision site in a patient with endometrial adenocarcinoma: A case report. Anesth Essays Res. 2011 May 1;5(2):128–33.
- 16. Gertler R, Brown HC, Mitchell DH, Silvius EN. Dexmedetomidine: A Novel Sedative-Analgesic Agent. Baylor Univ Med Cent Proc. 2001 Jan;14(1):13–21.
- Kamibayashi, Takahiko., Maze M. Clinical Uses of α2-Adrenergic Agonists |
 Anesthesiology | ASA Publications. Anesthesiol J Am Soc Anesthesiol.
 2000;93(11):1345–9.
- 18. Scafuro M, Gargano F, Fiore M. New Insights into the Pharmacology of Dexmedetomidine and Open Issues for Neurosurgical Procedures. Neuromethods. 2020;150:187–206.
- 19. Housmans PR. Effects of dexmedetomidine on contractility, relaxation, and intracellular calcium transients of isolated ventricular myocardium. Anesthesiology.

- 1990;73(5):919–22.
- Gupta R, Bogra J, Verma R, Kohli M, Kushwaha JK, Kumar S. Dexmedetomidine as an intrathecal adjuvant for postoperative analgesia. Indian J Anaesth. 2011 Jul;55(4):347–51.
- 21. Kamibayashi T, Maze M. Clinical uses of alpha2 -adrenergic agonists.

 Anesthesiology. 2000 Nov;93(5):1345–9.
- 22. MacDonald E, Kobilka BK, Scheinin M. Gene targeting--homing in on alpha 2-adrenoceptor-subtype function. Trends Pharmacol Sci. 1997 Jun;18(6):211–9.
- 23. Arain SR, Ebert and TJ. The Efficacy, Side Effects, and Recovery Characteristics of Dexmedetomidine Versus Propofol When Used for Intraoperative Sedation. Anesth Analg. 2002 Aug;95(2):461–6.
- 24. Ebert T, Maze M. Dexmedetomidine: Another arrow for the clinician's quiver. Vol. 101, Anesthesiology. Lippincott Williams and Wilkins; 2004. p. 568–70.
- 25. Wang K, Wu M, Xu J, Wu C, Zhang B, Wang G, et al. Effects of dexmedetomidine on perioperative stress, inflammation, and immune function: systematic review and meta-analysis. Br J Anaesth. 2019 Dec 1;123(6):777–94.
- 26. Jan S, Ahmad T, Rashid S. Dexmedetomidine Infusion an Effective Intra-Operative Medication for Patients Undergoing Laparoscopic Cholecystectomy. Int J Anesth Anesthesiol. 2018;5(3):18–21.
- 27. Trikhatri Y, Singh SN, Koirala S, Prasad JN. Effect of Dexmedetomidine on Intraoperative Haemodynamics and Postoperative Analgesia in Laparoscopic Cholecystectomy. J Coll Med Sci. 2018;14(1):14–20.
- 28. Ye Q, Wang F, Xu H, Wu L, Gao X. Effects of dexmedetomidine on intraoperative hemodynamics, recovery profile and postoperative pain in patients undergoing laparoscopic cholecystectomy: a randomized controlled trial. BMC Anesthesiol.

- 2021;21(1):63.
- 29. Chilkoti GT, Karthik G, Rautela R. Evaluation of postoperative analgesic efficacy and perioperative hemodynamic changes with low dose intravenous dexmedetomidine infusion in patients undergoing laparoscopic cholecystectomy A randomised, double-blinded, placebo-controlled trial. J Anaesthesiol Clin Pharmacol. 2020;36(1):72–7.
- 30. El-Tahan MR, Mowafi HA, Al Sheikh IH, Khidr AM, Al-Juhaiman RA. Efficacy of dexmedetomidine in suppressing cardiovascular and hormonal responses to general anaesthesia for caesarean delivery: a dose–response study. Int J Obstet Anesth. 2012;21(3):222–9.
- 31. Sun M, Peng T, Sun Y, Huang Z, Jiang J, Wang C, et al. Intraoperative use of low-dose dexmedetomidine for the prevention of emergence agitation following general anaesthesia in elderly patients: a randomized controlled trial [Internet]. Aging Clinical and Experimental Research. 2021. Available from: https://doi.org/10.1007/s40520-021-01984-y
- 32. Samel SA, Patil BM, Nigalye N. Effect of Low Dose Dexmedetomidine Infusion on Hemodynamics in Patients Undergoing Laparoscopic Cholecystectomy: A Prospective Observational Study. Int J Contemp Med Res [IJCMR]. 2017;4(10):2069–74.
- 33. Struthers AD, Cuschieri A. Cardiovascular consequences of laparoscopic surgery.

 Lancet (London, England). 1998 Aug;352(9127):568–70.
- 34. Atkinson TM, Giraud GD, Togioka BM, Jones DB, Cigarroa JE. Cardiovascular and Ventilatory Consequences of Laparoscopic Surgery. Circulation. 2017 Feb;135(7):700–10.
- 35. Gutt CN, Oniu T, Mehrabi A, Schemmer P, Kashfi A, Kraus T, et al. Circulatory and

- Respiratory Complications of Carbon Dioxide Insufflation. Dig Surg. 2004;21(2):95–105.
- 36. Srivastava A, Niranjan A. Secrets of safe laparoscopic surgery: Anaesthetic and surgical considerations. J Minim Access Surg. 2010 Oct;6(4):91–4.
- 37. Nguyen NT, Wolfe BM. The physiologic effects of pneumoperitoneum in the morbidly obese. Ann Surg. 2005 Feb;241(2):219–26.
- 38. Hofhuizen C, Lemson J, Snoeck M, Scheffer G-J. Spinal anesthesia-induced hypotension is caused by a decrease in stroke volume in elderly patients. Local Reg Anesth. 2019;12:19–26.
- 39. Lonjaret L, Lairez O, Minville V, Geeraerts T. Optimal perioperative management of arterial blood pressure. Integr Blood Press Control. 2014;7:49–59.
- 40. Eisenach JC, De Kock M, Klimscha W. α2-Adrenergic agonists for regional anesthesia: A clinical review of clonidine (1984-1995). Vol. 85, Anesthesiology. Lippincott Williams and Wilkins; 1996. p. 655–74.
- 41. Bahari Z, Meftahi GH. Spinal α(2) -adrenoceptors and neuropathic pain modulation; therapeutic target. Br J Pharmacol. 2019 Jul;176(14):2366–81.
- 42. Bajwa SJS, Kulshrestha A. Anaesthesia for laparoscopic surgery: General vs regional anaesthesia. J Minim Access Surg. 2016;12(1):4–9.
- 43. Maze M, Tranquilli W. Alpha-2 adrenoceptor agonists: defining the role in clinical anesthesia. Anesthesiology. 1991 Mar;74(3):581–605.
- 44. Paranjpe J. Dexmedetomidine: Expanding role in anesthesia. Med J Dr DY Patil Univ. 2013 Jan 1;6(1):5–13.
- 45. Giovannitti JA, Thoms SM, Crawford JJ. Alpha-2 adrenergic receptor agonists: a review of current clinical applications. Anesth Prog. 2015;62(1):31—39.
- 46. Bhana N, Goa KL, McClellan KJ. Dexmedetomidine. Drugs. 2000 Feb;59(2):263-70.

- 47. Naaz S, Ozair E. Dexmedetomidine in current anaesthesia practice- a review. J Clin Diagn Res. 2014 Oct;8(10):GE01-4.
- 48. Gunalan S, Venkatraman R, Sivarajan G, Sunder P. Comparative Evaluation of Bolus Administration of Dexmedetomidine and Fentanyl for Stress Attenuation During Laryngoscopy and Endotracheal Intubation. J Clin Diagn Res. 2015 Sep;9(9):UC06-9.
- 49. Jain V, Chandak A, Ghosh A, Golhar M. Comparison of dexmedetomidine and fentanyl for attenuation of the hemodynamic response to laryngoscopy and tracheal intubation. Ain-Shams J Anaesthesiol. 2015 Apr 1;8(2):236–43.
- 50. Washburn M, Moises HC. Electrophysiological correlates of presynaptic alpha 2-receptor-mediated inhibition of norepinephrine release at locus coeruleus synapses in dentate gyrus. J Neurosci. 1989 Jun;9(6):2131–40.
- 51. Atzori M, Cuevas-Olguin R, Esquivel-Rendon E, Garcia-Oscos F, Salgado-Delgado RC, Saderi N, et al. Locus Ceruleus Norepinephrine Release: A Central Regulator of CNS Spatio-Temporal Activation? Front Synaptic Neurosci. 2016;8:25.
- 52. Gogus N, Akan B, Serger N, Baydar M. [The comparison of the effects of dexmedetomidine, fentanyl and esmolol on prevention of hemodynamic response to intubation]. Rev Bras Anestesiol. 2014;64(5):314–9.
- 53. Patel ND, Patel JJ, Patel DD. A study on comparison of intravenous dexmedetomidine with intravenous fentanyl for suppression of hemodynamic responses to laryngoscopy and endotracheal intubation during general anaesthesia. Natl J Med Res. 2015;5(2):127–31.
- 54. Ebert TJ, Hall JE, Barney JA, Uhrich TD, Colinco MD. The effects of increasing plasma concentrations of dexmedetomidine in humans. Anesthesiology. 2000 Aug;93(2):382–94.
- 55. Menda F, Köner O, Sayin M, Türe H, Imer P, Aykaç B. Dexmedetomidine as an

adjunct to anesthetic induction to attenuate hemodynamic response to endotracheal intubation in patients undergoing fast-track CABG. Ann Card Anaesth. 2010;13(1):16–21.

56. Sulaiman S, Karthekeyan RB, Vakamudi M, Sundar AS, Ravullapalli H, Gandham R. The effects of dexmedetomidine on attenuation of stress response to endotracheal intubation in patients undergoing elective off-pump coronary artery bypass grafting. Ann Card Anaesth. 2012;15(1):39–43.

<u>ANNEXURE – I PROFORMA</u>

EVALUATION OF EFFECT OF LOW DOSE DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN PATIENTS UNDERGOING LAPAROSCOPIC SURGERIES UNDER GENERAL ANAESTHESIA

Investigators: DR.PREETHI R / DR.SURESHKUMAR N Name: Age: Sex: Weight: Hospital no: ASA grade: Diagnosis: Operation: Pre anaesthetic evaluation: PR: BP: CBC: Hb -CVS: wbc -RS: Platelets -CNS: BT -CT -Pa: Rft: S.Electrolytes: X ray chest: Rbs: Mallampati grading: Anticipated difficult airway: yes / no (Dexmed- 0.25mcg): Will receive dexmedetomidine 0.25mcg/kg/hr as continuous iv infusion at a rate of 0.05ml/kg/hr from a prepared dexmedetomidine diluted in saline to a concentration of 5mcg/ml.

Group B (Dexmed -0.5mcg): Will receive dexmedetomidine 0.5mcg/kg/hr as continuous iv infusion at a rate of 0.05ml/kg/hr from a prepared dexmedetomidine diluted in saline to a concentration of 10mcg/ml.

Time	HR	SBP	DBP	MAP
0 min				
15 min				
30 min				
45 min				
60 min				
75 min				
90 min				
105 min				
120 min				

ANNEXURE II- PATIENT INFORMATION SHEET

STUDY EVALUATION TITLE: **OF EFFECT** OF LOW DOSE

DEXMEDITOMIDINE ON INTRAOPERATIVE HEMODYNAMICS IN

PATIENTS UNDERGOING LAPAROSCOPIC **SURGERIES** UNDER

GENERAL ANAESTHESIA

Investigators: Dr.PREETHI.R / Dr.SURESH KUMAR N

Study location: R L Jalappa Hospital and Research Centre attached to Sri Devaraj

URS Medical College, Tamaka, Kolar.

Details - All Patients posted for Laparoscopic surgeries under general anesthesia will

be included in this study. Patients with co-morbid conditions will be excluded from

the study.

This study aims to reduce the incidence of hypotension in patients undergoing

laparoscopic surgeries under general anesthesia. Patients will have to undergo all the

routine investigations. Patient and the attenders will be completely explained about

the procedure being done (i.e.) one group of patients will be receiving

dexmedetomidine 0.25mcg/kg/hr as continuous iv infusion at a rate of 0.05ml/kg/hr

from a prepared dexmedetomidine diluted in saline to a concentration of 5mcg/ml,

and another group of subjects will be receiving receive dexmedetomidine

0.5mcg/kg/hr as continuous iv infusion at a rate of 0.05ml/kg/hr from a prepared

dexmedetomidine diluted in saline to a concentration of 10mcg/ml. Dexmedetomidine

will be avoided in patients with cardiovascular disease, chronic hypertension,

advanced heart block, severe ventricular dysfunction, hypovolemia, bradycardia.

58

Please read the information and discuss with your family members. You can ask any

question regarding the study. If you agree to participate in the study we will collect

information. Relevant history will be taken. This information collected will be used

only for dissertation and publication.

All information collected from you will be kept confidential and will not be

disclosed to any outsider. Your identity will not be revealed. There is no compulsion

to agree to this study. The care you will get will not change if you don't wish to

participate. You are required to sign/ provide thumb impression only if you

voluntarily agree to participate in this study.

For further information contact

Dr.PREETHI.R

1st year Postgraduate

Dept of Anaesthesia, SDUMC Kolar

Mobile no: 9487779089

59

ANNEXURE III - INFORMED CONSENT SHEET

I,Mr/Mrs	son/daughter/wife of Mr/Mrs	,aged	_years have
been explained i	n the language understood by me abo	out the study entitled	:
EVALUATI	ION OF EFFECT OF LOW DOSE	DEXMEDITOMII	DINEON
INTRAOPE	CRATIVE HEMODYNAMICS IN I	PATIENTS UNDER	RGOING
LAPAROS	SCOPIC SURGERIES UNDER GE	ENERAL ANAEST	HESIA
I have been expl	lained about the procedure and invest	igations that will be	done during
this study.			
I have no object	ions for sharing the medical informat	ion and details in the	case
records with the	investigators of this study. I am awar	re that the data gener	rated in the
study may be us	ed for publication/dissertation purpos	se and personal ident	ity will not
be revealed.			
I confirm that I l	have not been offered any financial in	centives for particip	ating in this
study or I shall r	not derive any financial benefits from	the study.	
I understand tha	t my son/daughter/wife's participation	n in this study is enti	irely
voluntary and w	ilfully give consent regarding particip	pation in the study for	or specified
duration.			
PARTICIPAN	Γ'S NAME:		
SIGNATURE (OF INVESTIGATOR:		
SIGNATURE /	THUMB IMPRESSION OF PATI	ENT:	
PATIENT ATT	TENANDANT/WITNESS'S NAME	·.	
SIGNATURE:			

KEY TO MASTER CHART

M Male

F Female

KGS Kilograms

ASA PS American Society of Anaesthesiologists Physical Status

HR Heart Rate

SBP Systolic Blood Pressure

DBP Diastolic Blood Pressure

MAP Mean Arterial Pressure

mmHg Millimetre Of Mercury

SPO2 Peripheral Capillary Oxygen Saturation

MINS Minutes

SECS Seconds

						is is							a	<u>a</u>							ا ب	<u>م</u>						<u>.</u>	Ļ														
S no Group	-	IP no Age	Gender	ASA	Weight	Diagnos	BaseHR AftinfHF	0HR	15HR	45HR	60HR	75HR	BaseSB	AftinfSBI	0SBP	15SBP	45SBP	60SBP	75SBP	90SBP	BaseDB	AftinfDBF ODBP	15DBP	30DBP	45DBP 60DBP	75DBP	90DBP	Ваѕем		15MAP	30MAP		A MOR	75MAP	90MAP	Base02	Aftinf02	005	1502 3002	4502	6002	7502	9002
1 A		397 38				Acute CholecystitisLap Cholecystectomy	60 86	90	75 78	8 87	87	71 79	125	125	131	116 11	0 121	121		124		75 76		86 7	74 73		2.4	94 9	2 9	4 9	7 9	4 9	0 8	9 97		98			00 99		99	98	100
2 A	822	2844 33	F	II	51	Acute Cholecystitis Lap Cholecystectomy	70 82	78	64 88	3 74	71	74 7	120	115	146	110 11	7 125	125	116	113	80 8	30 77	7 67	68 6	67 75	64	76	93 9	2 10	0 8	1 8	4 8	6 9	2 8	1 88	99	99 1	00 1	00 100	98	100	98	99
3 A	781	853 40	F			Acute Cholecystitit Lap Cholecystectomy	86 73	84	84 82	2 69	82	62 6	130	140	144	118 11	5 109	115	111	106	74 7	75 90	74	79 7	74 70	77	72	93 9	7 10	8 89	9 9	1 8	6 8	5 88	83	99	98 1	00	98 98	98	98	99	99
4 A	785	465 46	F	II	58	Acute Cholecystitis Lap Cholecystectomy	80 82	60	75 82	2 83	89	86 63	110	124	120	122 11	3 121	114	122	112	74 7	78 87	7 74	76 8	34 73	79	76	36	3 9	8 90	8 (8 9	6 8	7 93	88	99	99	98 1	00 100	100	99	100	99
5 A	784	1453 50	F	I	65	Acute Cholecystitis Lap Cholecystectomy	78 63	90	86 62	2 89	80	85 8	110	112	120	105 12	4 116	104	119	125	70 7	70 64	4 67	91 7	72 86	80 8	32	33 8	4 8	3 80	10	2 8	7 9	2 93	3 96	100	99 1	00 1	00 99	100	100	100	100
6 A	826	30	F	II	60	Acute Cholecystitis Lap Cholecystectomy	90 64	76	88 64	4 68	8 87	60 8	3 100	116	130	113 12	4 120	107	113	125	76 9	90 91	1 66	91 7	74 75	71 8	35 8	34 9	9 10	4 82	2 10	2 8	9 8	88	98	100	100	99	99 100	100	100	100	98
7 A	803	36	F	П	74	Acute Cholecystitis Lap Cholecystectomy	66 89	68	76 72	2 77	69	77 6	134	144	146	105 12	6 102	125	110	123	78 8	88 81	1 69	67 6	66 68	65 6	66	97 10	7 10	3 8	1 8	7 7	8 8	7 80	85	99	99 1	00	98 100	98	98	99	100
8 A	793	3047 48	F	II	52	Acute Cholecystitis Lap Cholecystectomy	84 77									126 12						90 85	5 64	68 8	89 64	78	77 {	31 10	1 10	3 8	5 8	8 9	6 8	1 86	92	98	99 1	00	99 98	99	98	100	100
9 A	793	3093 42	F	I	71	Acute Cholecystitis Lap Cholecystectomy	84 78																7 75	67 7	77 78	89 8		33 10	1 10	5 9·	1 7	9 8	7 9	3 9	92	99	98 1	00 1	00 98	100	100	99	99
10 A	804	1485 47	F	П	59	Acute Cholecystitis Lap Cholecystectomy	75 62	83	70 79	9 69	64	76 70	135	130	140	113 10	3 119	104	108	129	89 7	76 64	4 65	89 8	30 66	81 8	31 10)4 9	4 8	9 8	1 9	4 9	3 7	9 90	97	98	99	99 1	00 98	98	99	100	99
11 A	828	3117 40	М	II	57	Acute Cholecystitis Lap Cholecystectomy	80 85									122 10									64 72		(36 9	1 9	6 9 ⁻	1 8	9 8	6 8	5 93	3 91	100	98 1	00	98 99	99	99	99	98
12 A	792	2627 37	F			Acute Cholecystitis Lap Cholecystectomy	82 63									116 10									32 85			95 9	3 9	8 9	5 8	3 9	1 9	98	87	100	100	98	99 100	100	99	98	99
13 A	773	3117 33	F			Acute Cholecystitis Lap Cholecystectomy	74 74			5 80	76	87 6	1 124	116	132	106 11	5 104	122	121	116	80 8						,	95 9	3 9	7 8	5 8	8 8	8 9	1 83	89	100	98	99 1	00 99	100	100	99	100
14 A	764	1204 50	F	11	63	Acute Cholecystitis Lap Cholecystectomy	94 66			2 69	84	90 8	3 114	118		113 12			111	111	74 9				71 68		,	37 9	9 8	9 8	8 6	3 8	7 8	1 97	7 92	98	99	98 1	00 98	100	98	100	99
15 A	771	295 56	F			Acute Cholecystitis Lap Cholecystectomy	66 84																		90 84		,	39 8	5 10	4 100	9	8 9	7 9	92	2 81	100	100 1	00	98 100	98	100	99	99
16 A	809	527 51	F			Acute Cholecystitis Lap Cholecystectomy	88 70																				11)4 8	7 9	8 9	5 10	1 9	8 9	9 79	98	100	100 1	00	98 98	99	100	100	100
17 A	811	1553 49	F			Acute Cholecystitis Lap Cholecystectomy	85 60																				- 11)2 8	7 9	2 94	4 9	3 9	4 9	8 84	4 97	98	100 1	00	98 98	98	99	100	99
18 A	745	5850 38	F			Acute Cholecystitis Lap Cholecystectomy	75 75																				- '	39 8	9 8	5 93	3 8	4 9	0 8	5 94	4 98	99	99	99	98 98	100	98	99	99
19 A		33				Acute Cholecystitis Lap Cholecystectomy	82 75																				- '	73 8	5 8	7 83	3 8	7 8	7 8	2 93	3 98	99	99 1	00	98 98	100	98	98	98
20 A	726	5533 40	F			Acute Cholecystitis Lap Cholecystectomy	88 75																				- '	33 10	0 10	3 82	2 9	8 9	3 9	4 86	88	99	100	98	98 98	100	99	99	100
21 A	703	3103 46	F	_		Acute Cholecystitis Lap Cholecystectomy	68 79																				- 11	00 9	7 9	7 9	5 9	9 8	3 8	9 99	87	100	98 1	00 1	00 100	98	100	100	99
22 A	644	1465 16				Acute Appendicitis Lap Appendectomy	78 60																				,	34 8	2 9	3 90	6 9	2 8	6 8	1 9	5 87	100	98	99 1	00 99	98	98	98	99
23 A	848	3489 55	F			AUB Lap assisted vaginal hys																						73 8	6 9	2 8	1 9	2 9	5 8	7 97	7 95	99	98	99 1	00 99	98	99	98	98
24 A	849	9069 48	М			Acute Appendicitis Lap Appendectomy	80 84																				,	33 9	2 9	9 9	7 8	9 8	9 9) 94	4 93	100	98	98	99 100	100	100	99	100
25 A		5578 53				AUB Lap assisted vaginal hys																					,		3 10	3 9	7 8	1 8	9 9	9	5 101	100	98 1	00	99 100	99	100	98	100
26 A	675	5570 46	F			Acute Cholecystitis Lap Cholecystectomy	76 88																				,	93 8	5 9	8 94	4 9	2 9	3 8	2 92	2 100	100	98	99	98 99	98	100	100	99
27 A	632	2080 38	F			Acute Cholecystitis Lap Cholecystectomy	78 78																					91 9	7 8	9 9	1 9	5 9	4 8	7 99	92	98	98 1	00 1	00 98	98	98	99	100
28 A		7864 36				Acute Cholecystitis Lap Cholecystectomy	84 79																				- '	39 9	0 9	1 100	8 (0								00 99				
29 A	760	0816 23	F			Acute Cholecystitis Lap Cholecystectomy	68 90																				,	33 9	8 9	0 9	1 8	6 9	5 9	3 87	7 90	99	100 1	00 1	00 99	98	99	99	100
30 A	676	6023 40	F			Acute Cholecystitis Lap Cholecystectomy	78 72																					99 9	1 10	1 98	3 9	1 8	3 8	7 92	2 99	99	99	99	98 100	100	98	99	99
31 A	664	1815 46	F			Acute Cholecystitis Lap Cholecystectomy	76 73																					93 10	3 9	6 93	3 8	9 9	4 9	99	9 85	98	98 1	00 1	00 98	98	100	100	99
32 A	683	3664 43	F	I	66	Acute Cholecystitis Lap Cholecystectomy	68 66	80	81 6	1 64	73	62 7	1118	124	122	112 10	3 130	128	126	121	66 8	85 84	4 86	69 8	87 64	74 8	32 8	33 9	8 9	7 9	5 8	0 10	1 8	5 9°	1 95	98	100	98 1	00 100	100	99	99	100

MASTER CHART GROUP B: (Dexmed -0.5mcg/kg/hr)

																																			$\overline{}$	$\overline{}$		$\overline{}$					\neg
							σ	ø																0						<u> </u>													
	dn		0 .	der	4	ght	gnosi	cedur	eHR nfHR		R	<u>α</u> α	2 2	<u>~</u> 0	K eSBP	AftinfSBF	٥	F P	В	ВР	<u> </u>	ᆸ	ерв	AftinfDBF 0DBP	- B	F 6	ВР	9 9	eMAF	nfMAI	ط ا	ΔA	IAP	ΙΑΡ	ΙΑΡ	ΙAΡ	e02	Aftinf02	2	ı <u>0</u>	7	2 2	7
Snc	Group		IP n Age	Gender	ASA	Weight	Diag	Pro	Bas	吊	15HR	30HR	H09	75H	90HK Base	Afti	OSBP	158	308	45SBP	809 75C	90SBP	Bas	Aftin 0DB	150BP	45DBP	600ВР	75D	Bas	Afti	0M/	30MAP	45MAP	60MAP	75M	90МАР	Bas	Afti	1502	300	450	6002	900
1	В	6929	913 29	F	I	69	Acute Cholecystitis	Lap Cholecystectomy	68 79	65	81	62 63	82	82 7	2 122	130	138	8 115	105 1	08 1	26 10	4 105	90	91 89	82 7	4 81	65	65 87	101	104	05 9	3 84	90	85	78	93	99 10	00 8	98 98	98	98 9	98 100	99
2	В	7431	170 40	F	-	54	Acute Cholecystitis	Lap Cholecystectomy	84 77	75	65	68 68	5 87	73 6	7 124	1 120	138	8 126	126 1	12 1	21 11	1 129	84	74 86	89 6	7 91	75	70 85	97	89 1	03 10	1 87	98	90	84 1	00 1	100 9	98 9	99 99	99	100	98 98	99
3	В	7486	691 46	F				Lap Cholecystectomy	76 88																1 79 7			77 83	100	97	97 9	5 92	93	91	86	93 1	100 10	00 10	00 98	3 99	99 9	99 100 1	100
4	В	7565	525 30	F	<u> </u>			Lap Cholecystectomy							_										5 91 8					91	94 9	3 100	81	95	91	94	98 9	98 9	98 100	99	100 9	99 100	98
5	В	7562	204 33	F	_	00		Lap Cholecystectomy																	1 76 9				37	85	86 9	1 96	92	86	87	96	99 5	98 10	00 99	9 100	100 10	00 99 1	100
6			326 43		-			Lap Cholecystectomy																	81 7	_	88	70 68	93		84 9						99 10			9 100		00 98	99
7			596 41		11			Lap Cholecystectomy	86 63																		76	00 70	97		03 8										100 9	99 99	99
8			186 43		11			Lap Cholecystectomy	66 76	00															3 71 6	6 76	90	60 73	,								100 10		99 98			99 98	
9			203 23		"		Acute Appendicitis		90 62	82								0 129							5 73 9	0 70	68	67 88	90			85										00 99	
10			186 30				Acute Appendicitis	Lap Appendectomy																	8 85 8			74 78	, 00		93 8									3 100		99 100	
11			557 60		" -		CA Pancreas	Diagnostic laproscopy																	5 89 7			89 88	97		99 9									100		00 99	
12			301 46		· 			Lap Cholecystectomy	70 69						_										2 67 8			81 83	, 0.	87 1									99 99			00 100	
13			272 48 134 40		-			Lap Cholecystectomy																	8 83 6			71 89	,	102	88 8									3 100		98 99	
15			350 42		ı			Lap Cholecystectomy Lap Cholecystectomy	74 61																			85 79	- 00	95	97 9					98 1	100 10			3 100		99 98 1	
16			671 43		ı			Lap Cholecystectomy	80 85	67	75	82 84	1 66	77 7	9 115	5 116	122	2 115	117 1	21 1	12 12	2 128	72	83 71	1 73 8				100	93	88 8				83 1				99 98			99 98 1	
17			388 44		I			Lap Cholecystectomy	80 88	75	85	73 85	88	69 7	7 127	125	112	2 130	111 1	03 1	15 12	6 117	88	80 84	1 76 8	1 75	88	86 70	101	95	93 9									0 100		00 100	
18			348 46		ı			Lap Cholecystectomy	88 84	62	89	68 84	62	90 6	1 115	5 112	124	4 116	121 1	23 1	21 10	3 109	78	74 76	5 70 6	6 75	66	74 65			92 8								00 100			00 100 1	
19			503 50		ı		AUB	Lap assisted vaginal hy	84 79	71	79	75 87	83	87 6	5 130	122	140	0 116	123 1	13 1	17 11	6 103	72	67 73	8 82 8	9 73	72	87 88	91		95 9				97					100		00 98	
20			344 55				AUB	Lap assisted vaginal hy																			75	86 72	79	87		3 101							00 100			00 98 1	
21		8263	341 60	F			AUB	Lap assisted vaginal hy																						85	97 8	1 91	99	90							100	99 98 1	100
22	В	8250	032 28	F	Ι		Acute Cholecystitis																		88 8					92	97 9	6 89	88	96	84	92	98 !	98 5	99 99	98	99	98 98	98
23	В	8245	580 40	F	Ι	60	Acute Cholecystitis	Lap Cholecystectomy	80 70	85	83	61 67	61	86 6	1 104	114	142	2 113	104 1	17 1	14 12	2 102	68	75 70	72 7	2 82	65	85 89	80	88	94 8	6 83	94	81	97	93	99 9	98 9	99 98	3 100	99	99 99	99
24	В	8776	627 42	? F	I	54	Acute Cholecystitis	Lap Cholecystectomy	78 90	89	81	88 73	61	90 6	3 118	120	130	0 109	118 1	09 1	24 12	9 118	74	81 86	79 8	4 79	86	80 72	89	94	01 8	9 95	89	99	96	87	98 9	98 9	98 100	99	100	98 99	98
25	В	6899	988 41	F	П	68	Acute Cholecystitis	Lap Cholecystectomy	92 62	63	84	64 62	81	62 6	3 125	125	13	1 126	130 1	06 1	17 13	0 117	78	70 91	1 89 7	3 86	67	75 88	94	88 1	04 10	1 92	93	84	93	98 1	.00 10	00 5	98 98	98	99	98 99	99
26	В	6834	175 38	F	II	60	Acute Cholecystitis	Lap Cholecystectomy	80 86	64	90	64 60	80	76 6	3 110	122	128	8 110	130 1	25 1	25 11	0 104	70	86 87	7 65 7	7 75	80	81 70	83	98 1	01 8	95	92	95	91	81 1	.00 9	98 10	00 99	100	100	98 100	99
27	В	8714	144 48	F	II	77	Acute Cholecystitis	Lap Cholecystectomy	76 77	89	67	82 7	62	82 7	3 122	130	138	8 128	115 1	27 1	26 11	3 102	90	87 74	82 7	8 90	79	82 86	101	101	95 9	7 90	102	95	92	91 1	00 5	98 9	98 99	98	100	98 98	99
28	В	8820	045 40	F	I	65	Acute Cholecystitis	Lap Cholecystectomy	80 71	74	85	86 84	73	75 7	1 110	110	120	0 130	115 1	14 1:	25 11	5 110	75	76 65	5 74 7	4 68	75	74 83	87	87	83 9	3 88	83	92	88	92 1	00 5	98 10	00 100	98	99	98 99	99
29	В	8782	239 38	F	ı	58	Acute Cholecystitis	Lap Cholecystectomy	80 88	90	77	62 7	87	80 8	7 116	125	120	0 129	129 1	12 1	27 12	9 122	70	66 87	7 80 6	5 91	76	75 78	85	86	98 9	86	98	93	93	93	98 9	98 10	00 98	3 100	99	99 100	99
30	В	6566	33	F	I	62	Acute Cholecystitis	Lap Cholecystectomy	80 81	79	84	87 90	63	88 8	9 110	110	120	0 103	107 1	20 1	13 11	8 118	80	78 74	4 75 8	5 86	70	70 73	90	89	89 8	4 92	97	84	86	88 1	00 10	00 10	00 99	98	100	98 99 1	100
31	В	8780	95 43	F	I	64	Acute Cholecystitis	Lap Cholecystectomy	80 83	88	88	78 63	69	62 6	5 118	120	130	0 118	108 1	02 1	23 11	9 109	74	87 79	73 7	0 71	69	79 69	89	98	96 8	83	81	87	92	82 1	00 9	98 10	00 98	3 100	98	99 99	98
32	В	8541	198 45	F	Ш	68	Acute Cholecystitis	Lap Cholecystectomy	75 62	74	68	83 63	63	60 7	7 120	120	130	0 127	129 1	29 1	23 12	3 109	70	81 78	8 89 7	7 76	85	83 81	87	94	95 10	2 94	94	98	96	90	99 9	98 (98 100	100	98	99 98	98