



Beloved Hon'ble
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SDUET



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH
It's Constituent
SRI DEVARAJ URS MEDICAL COLLEGE
AND
DEPARTMENT OF ALLIED HEALTH AND BASIC SCIENCES

Presents

SANKEERNA-2019

Official Academy Magazine (March 2018 - February 2019)



sankeerna@sdumc.ac.in



SANKEERNA~2019



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

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AND

DEPARTMENT OF ALLIED HEALTH AND BASIC SCIENCES

Ph:08152-210573,243003,243009 Fax:01852-243006

Website : www.sdumc.ac.in

www.sduu.ac.in



Send your comments and feed back to:

Prof.(Dr.) Shashidhar.K.N

Convener & Editor in Chief

Mob: 9845248742

Email: editorsankeerna@sdumc.ac.in , sankeerna@sdumc.ac.in

SANKEERNA-2019

"Genius is one gold in the mine, talent is the miner that works and brings it out" says Marguerite Blessington; so is this "Sankeerna".

Here it is...your Sankeerna back to you in action again with much more than previous. This is our pride to bring out this issue of "Sankeerna", in this glorious moment. As a forum for exhibiting the hidden talents of the students, teaching and non-teaching staff, "Sankeerna" has been emerging out successfully from past few years and this year also it is in your hand with good-better-best write ups, filled with variety of ideas, thoughts and experiences.

This year our prestigious Sri Devaraj Urs Medical College, constituent college of Sri Devaraj Urs Academy of Higher Education and Research is celebrating Graduation Day. In this momentous occasion, it is our privilege to present you this issue. We hope the lovely response that we got from you will continue throughout the years to come. Until readers are there to read, writers do write and will keep writing.

Thoughts and ideas are best expressed through writing... Writing is the form to express your emotional and intellectual make-up. Life is full of experience and writing is the best thing to bring down those experiences to words.... and Sankeerna is the platform for doing so.

Readers...

Talents should not be gone unread. Read... write.... and encourages us to bring many more issues of Sankeerna ahead. Thanks for all your support all these years and also in future.





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MESSAGE



I extend my heartfelt wishes to all my students and interns of Sri Devaraj Urs Medical College constituent of Sri Devaraj Urs Academy of Higher Education and Research on this college day and Annual Convocation celebration.

It gives me great satisfaction that Sri Devaraj Urs Medical College has completed 33 years of dedicated service in the field of Medical Education and Health Care in a rural atmosphere.

I am glad that the college day and annual convocation is being celebrated on 22nd and 23rd March 2018 respectively. This is a great accession for management and staff as well as for students and their parents and also for all those who have contributed for the overall development of this institution.

On this occasion the Institutional magazine “SANKEERNA 2019” a memoir containing information on institutional academic and non academic activities of faculty and students is released and I wish editorial board best wishes.

I wish graduation day all success.

If you do the right things, the right things will happen to you - this is the nature of existence.

Shri. R.L.Jalappa
Founder President
SDUAHER

MESSAGE



I am overwhelmed to see all my students and interns on this college day and Annual Convocation day 22nd and 23rd March 2019 graduating from this Institution.

As Secretary of Sri Devaraj Urs Educational Trust it gives me immense pleasure that Sri Devaraj Urs Medical College established in 1986 is doing its dedicated service in the health care system.

I congratulate the editorial board of “SANKEERNA 2019” and wish them good luck .

I wish this event all success.

“Congratulate all the fresh graduates graduating today on your well-deserved success”

**G.H. Nagaraja
Secretary
SDUET**



Message from Mr. Rajesh N Jagdale

VICE CHAIRMAN, SRI DEVARAJ URS EDUCATION TRUST, TAMAKA, KOLAR

6.3.19

Youth has no age – Pablo Picasso

Hearty congratulations to one and all on the occasion of 9th convocation of SDUAHER, Kolar (23.3.19), and for the youthful endeavour: 'Sankeerna 2019', the annual college magazine.

Sri R L Jalappa's vision to provide educational vistas to rural population has given birth to this unparalleled institution: SDUAHER, a deemed to be university. Under the umbrella of SDUAHER, several empowering courses are offered to provide a glistening career to the youth. Sri R L Jalappa is indeed a visionary who started SDUAHER and SDUET, Kolar for the rural masses, in a humble manner - way back in 1986.

In keeping with the modern trend of inter-disciplinary research and learning, integrated medicine and preventive medicine – technology and tradition are blended through scientific temper at SDUAHER, Kolar.

'Sankeerna 2019' is an important facet of SDUAHER's educational activities. 'Sankeerna 2019' also documents the milestones achieved by SDUAHER as a 'temple of higher learning'. 'Sankeerna 2019' is a valuable memorabilia for out-going students, present students, faculty and all associated with SDUAHER, Tamaka, Kolar.

I take this opportunity to express my hearty congratulations to the young learners who are graduating and obtaining their respective degrees at the 9th convocation of SDUAHER, Kolar.



Rajesh N Jagdale
Vice Chairman, SDUET

MESSAGE



I am happy to see students and interns of Sri Devaraj Urs Medical College constituent of Sri Devaraj Urs Academy of Higher Education and Research A Deemed to be University, graduating on college day and Annual Convocation day 22nd and 23rd March 2019 from our Institution.

It gives me an immense pleasure that Sri Devaraj Urs Medical College started in a very backward area of Karnataka is doing an exemplary service to mankind

I applaud the editorial board of “SANKEERNA 2019” and wish them good luck.

I wish all graduates a great future.

“Warmest congratulations on College day and Annual Convocation”

Shri.J. Rajendra
Director (A&F)
SDUET

MESSAGE



Dear All,

Cordial greetings and warm wishes to all at Sri Devaraj Urs Academy of Higher Education & Research.

It is with delight that I write this message to wish all my dear students and colleagues who have launched into bringing out the current years college magazine - SANKEERNA 2019, in keeping with the best tradition and practice of this institution.

Occasions such as this call for creativity and the hidden talents in our students and colleagues to emerge. I have always found it necessary to recall the words of Swami Vivekananda - "Have faith in yourselves, great convictions are the mother of great ideas. Infinite faith and strength are the only conditions of success".

Many a times students and even staff shy away from "breaking free" to come out with their 'creative best'. Fear of failure or fear of underperformance over rides their drive to perform. They are even willing to face the guilt of 'not having tried' in life. Please realize that when you succeed you get introduced to the world, but when you fail-the world gets introduced to you. What a great moment in life. 'Well that was only to motivate more students and faculty to be part of this great annual event in the future.

All round development of our students is the responsibility of the institution. Creating opportunities for bringing out talent is an important and critical effort. 'Ability' when subjected to systematic training. Becomes 'proficiency', There is no other way to be the best. Do your best with dedication and devotion -"Shradha". We want that education imparted by us should help form character, which will increase the strength of the young mind, their intellect to be expanded and by which they will stand tall on their own feet.

My best wishes to the Literary Committee and the Magazine Editorial group for their effort, dedication and committed performance. I am confident of their continued effort. God bless.

Dr.S.Kumar
Chancellor
SDUAHER

MESSAGE



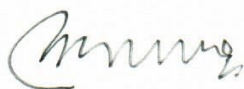
Dear Students,

Congratulations to you on completing your academic journey. You have accomplished an enormous amount, and you have even greater potential than when you began your studies here. You have earned a degree, but a lot to gain intellectually and professionally in the near future. You have also matured emotionally and socially. Your newly acquired education will serve you well throughout your life, and the University's friendships and memories are ones I hope you return to often.

As qualified professionals, you are placed in the hands of the society for its development, enrichment and well-being. It is in this context I would like you to remember the words of wisdom by Albert Einstein, *"bear in mind that the wonderful things you learn in your universities are the work of many generations, produced by enthusiastic effort and infinite labour in every country of the world. All this is put in your hands as your inheritance so that you may receive it, honour it, add to it, and one day faithfully hand it on to your children. Thus, we mortals achieve immortality in the permanent things which we create in common"...if you always keep that in mind you will find a meaning in life and work and acquire the right attitude."* (1934, Pp. 56).

Towards this, my message to all of you is the same: Irrespective of what pursuits you undertake, pursue your passion even though the path may sometimes seem difficult and hard. Work hard, have fun, but remain sharply aware of the inevitable and perpetual changes in the world around you and the new opportunities they create. Always remain open to new possibilities and share your knowledge to generations to come.

I take this opportunity to congratulate your Chancellor, Vice Chancellor, Teachers and the entire staff at the Devaraj Urs Academy of Higher Education and Research, Kolar for their dedication and commitment in contributing qualified and passionate young professionals like you to the society.



M.R.JAYARAM

Chief Guest College Day; 22-03-2019

MESSAGE



It gives me immense pleasure being part of this auspicious function, Annual Convocation 2019 of Sri Devaraj Urs Academy of Higher Education and Research as Chief Guest.

It is happy to see the fresh graduates who are graduating today. I am sure that the young budding doctors who have graduated today will be feeling relaxed after their rigorous examination activities and in future will practice the art and science of medicine in the true spirit of the Hippocratic oath that they have taken. I congratulate all the graduating students and wish them the very best in all their future endeavors.

I am delighted to know that 'SANKEERNA 2019', the College Magazine is being released on the College Day of Sri Devaraj Urs Medical College.

I would also like to compliment the Editorial team for their untiring efforts in bringing out this magazine.

Dr. B.N. Gangadhar
Director
NIMHANS, Bangalore

Chief Guest Annual Convocation; 23-03-2019

MESSAGE



I am delighted to know that 'SANKEERNA 2019', the College magazine is being brought out during the 9th College Day of our esteemed institution, Sri Devaraj Urs Medical College.

The magazine provides an ideal platform for the students to showcase their achievements, put forth their thoughts and share their experiences of the years spent at the college.

I am sure that the young budding doctors who have graduated today, will practice the art and science of medicine in the true spirit of the Hippocratic oath that they have taken. I congratulate all the graduating students and wish them the very best in all their future endeavors.

I would also like to compliment the Editorial team for their untiring efforts in bringing out this magazine.

Dr.C.K.Ranjan
Pro Chancellor
SDUAHER

MESSAGE



I am pleased to learn that Sri Devaraj Urs Medical College, the constituent college of Sri Devaraj Urs Academy of Higher Education and Research is celebrating the College Day on 22nd March 2019. I understand that on this occasion the graduating students of the Medical College will be awarded certificates of merit in appreciation and honor thereof for their curricular, co-curricular and extra-curricular achievements.

Sri Devaraj Urs Medical College with a standing of over three decades has been an institution of repute imparting high quality training in medical education. The most noteworthy aspect of the Medical College is its committed teaching staff and disciplined students. The students are provided with best of facilities to augment their knowledge and competencies to fulfill their dreams of becoming responsible and committed professionals.

I feel truly proud to convey my heartiest congratulations to all those meritorious and talented students who would be receiving their academic awards and recognition for their brilliance on the occasion of College Day celebration. I wish all the outgoing graduates of this prestigious institution all the very best in their future endeavors and may almighty shower blessings upon them.

Dr.A.V.M.Kutty
I/c Vice Chancellor

MESSAGE



It is an honour for me to represent as Registrar of Sri Devaraj Urs Academy of Higher Education and Research, A Deemed to be University, Tamaka, Kolar on the solemn occasion of College Day and Annual Convocation on 22nd and 23rd March 2019 respectively.

I am delighted on the hard work put up by the graduate and post graduate students of our Academy leading to this day of graduation in their academic life.

I wish all the outgoing graduates and post graduates of today's convocation a bright future.

I also appreciate the Editorial Board of "SANKEERNA 2019" for the release of this valuable memoir consisting of the achievements of our Academy. I wish them good luck.

"With love and pride today and always"

Dr.K.N.V.Prasad
Registrar, SDUAHER

MESSAGE



It's my immense pleasure being the Principal of Sri Devaraj Urs Medical College and Dean Faculty of Medicine, Sri Devaraj Urs Academy of Higher Education and Research, Tamaka, Kolar and being the part of this institution.

As Principal it seems deemed to be happy and pleasure to witness young graduates of our institution being conferred degrees on this auspicious college day and annual convocation 2019 of our Academy on 22nd and 23rd March 2019 respectively. I wish fresh graduates and their parents a bright future ahead

“The beautiful thing about learning is that no one can take it away from you, but I wish you apply the knowledge and skills gained in this institution to every needy person on this globe”.

Dr.P.N.Sreeramulu
Principal, SDUMC
Dean, SDUAHER
Chairman, Magazine Committee

MESSAGE



It gives me immense pleasure to write this message for “SANKEERNA 2019” Annual College Magazine.

At the Outset let me congratulate all the students for their academic achievement. For our outgoing students, we hope you had an enjoyable time and are coming back with a heightened level of enthusiasm and passion to continue with your future endeavors.

We will continue to invest in our efforts to enrich your creativity and enhance your critical thinking to enable you to embrace new ideas and values which will help find smart solutions. Hard work isn't over when you graduated. It's just a break as you enter the new battlefields of life.

In my message I wish you to set your goals high, and won't stop till you get there!

My best wishes to outgoing students.

Dr. Muninarayana. C
Controller of Examination
SDUAHER

MESSAGE



My sincere greetings to you all on this occasion. I am one of those fortunate one who had opportunity to teach observe and follow up the Medical Graduates from the very first batch from 1986. Young teenage students join the MBBS course and develop the necessary knowledge, skills and transformed medical professional attitude. This is an wonderful transformation in them that we all cherish. Fortunate are their Parents who witness this transformation. Institution produces global Medical Graduates.

To achieve this goal, the Academy has created an wonderful physical infrastructure, provided best of faculty, hostel, food court, Library and Information Centre, playgrounds and gymnasium Periodic sports and cultural activities are held every year

I wish the fresh outgoing Medical Graduates and Post Graduates very great success in their professional endeavor.

**Medical Superintendent
Dr.V.Lakshmaiah
RLJH & RC**



I Am Proud to be the Alumnus of this esteemed institution of 1988 Undergraduate batch, as Vice-Principal of Sri Devaraj Urs Medical College A constituent of Sri Devaraj Urs Academy of Higher Education and Research and Editor- In- Chief of editorial board of our Institutional Newsletter “SANKEERNA 2019” since 2016. I like to pen few words for this College Day, Graduation Day and SANKEERNA 2019.

It refreshes to see this propitious occasion of college day and Annual Convocation on 22nd and 23rd March 2019 and remembers of our batch way back in the year 1994 when I graduated.

“SANKEERNA 2019” is our official institutional magazine released annually on College Day of our Institution. SANKEERNA contains messages from great educationists and people who have excelled in health care system. It also includes academic and non-academic activities of our institution. SANKEERNA creates a platform for faculty, students and non-teaching staff of our institution to exhibit their talents to get published. The efforts of SANKEERNA in venturing updates of our institution have been applauded by people, public, authorities, statutory and governing bodies.

As editor- in- chief of SANKEERNA I have in- depth gratitude to my Management, committee members, institution, technical and non technical staff for their valuable support.

With Swamy Vivekananda Quote

“Arise, Awake and Stop not till the goal is reached”

I wish proud graduates graduating on this occasion a bright future.

Dr.K.N.Shashidhar
Vice-Principal, SDUMC
Coordinator (R & D), SDUAHER
Editor in Chief SANKEERNA



It is my great privilege to present the college report on the progress and achievements of our esteemed Sri Devaraj Urs Medical College, the achievements in academic, non-academic, research and publications and teaching learning evaluation during the academic year 2018-19.

Sri Devaraj Urs Medical College was started by Sri Devaraj Urs Educational Trust in the year 1986 and since 2007 is a constituent college under SDUAHER. The vision and mission of SDUMC are in accordance to those of the University and has objectives of ensuring highly qualified and motivated faculty, providing necessary infrastructure and facilities for students and staff and facilitating need based quality Medical Research.

Highly qualified and motivated faculty who are provided with necessary infrastructure and facilities for training and research with equally motivated and committed students strive hard to attain the objectives set by the institution to accomplish the mission of Quality health care.

The College offers MBBS course with 150 Annual Admissions, 18 departments offer PG degree course, 13 departments offer Ph.D. programmes. Totally 51 students have been enrolled for Ph.D., Dr. N. Krishna Sumanth, Dept. of Biochemistry were awarded with Ph.D during the year 2018. Till date SDUMC has produced 3918 MBBS Graduates, 573 PG Degree & Diploma holders. The Medical College has more than adequate qualified teaching and non-teaching staff to undertake teaching, training and service delivery.

The Medical College has infrastructure and learning resources which are periodically updated as per the needs of the students and faculty. The lecture galleries have been upgraded to smart class rooms and the University Library and Learning resource Centre consists of 28000 volumes of books, 11300 back volumes (journals) and 1165 compact discs (CD). The library subscribes to 56 foreign titles of current journals and 99 Indian journals.

A Modern Central Diagnostic Laboratory provides all necessary investigations for patient care and research. A State of the art Centre for Advanced Research and Excellence – CARE for clinical skills and simulation with simulators provides hands- on-training to all the undergraduates, PGs, Interns and faculty. 3 primary health centers are attached to the medical college of which Devaraya Samudra PHC is being adopted and complete administration is being done by the Dept. of Community Medicine. In addition, an Urban Health Centre and outreach clinics are being run by the Department of Community Medicine.

The college maintains high standard in Teaching, Training and Evaluation processes as evidenced by the high pass percentage with a substantial number of students securing Gold Medals/Distinctions/First Classes, in the University Examinations and is a testimony to the efforts of the dedicated faculty.

Fully integrated, innovative, curricula within the regulation of Medical Council of India have been prepared for the students to acquire adequate knowledge, requisite skills and competence. Students are also taught Medical Ethics, the Constitution of India and research in emerging areas of knowledge in each subject of study.

The college campus provides adequate and comfortable Hostel accommodation. There are five men's hostels with 536 students and with 736 capacity, five ladies hostels with 642 students and with 875 students' capacity. The canteens, cafeteria, bakery, consumer co-operative society, laundry, ATM and other such facilities to take care of day-to-day needs of the students and staff. The staff is provided with in-campus accommodation and their presence in the campus creates a homely atmosphere. Various guest houses accommodate visiting dignitaries, examiners, parents and Alumni of our institution. Alumni and Parent-Teacher Associations are active with their valuable suggestions.

The inmates are protected round the clock by vigilant security personnel. The college offers unique professional, cultural and recreational opportunities in a serene and cordial environment. The hallmark of the college is the excellent discipline and moral values inculcated among the students.

A fully equipped modern gymnasium, synthetic tennis court, indoor sports facility, basketball court, playground and athletic grounds meet the extracurricular activities of the students. Annual intercollege and intra collegiate level sports and athletic meets are held on regular basis.

For the working professionals, a crèche facility is also available within the campus which has trained personnel for the care of the children.

During the year 2018 various departments of the Medical College conducted several professional enhancement activities including Continuing Medical Education programmes, Conferences, Symposia, Workshops and Seminars. The faculty members have published over 118 publications in various reputed and indexed journals.

The Dept. of Pathology has conducted IAC-KC-CON-2018 Annual State Conference on "Cytology Update" (In association with Indian Academy of Cytologists – Karnataka Chapter) in collaboration with ICMR & MET on 2nd & 3rd March 2018.

The Dept. of Integrative Medicine & Dept. of Medicine has conducted National conference 'SAMANVAYA – 2018 on 29th June 2018.

The students are also encouraged to participate in research activities. Till date our institution has been sanctioned 72 STS ICMR Projects and around 8 PG ICMR funding. Under graduate and Post Graduate Students are encouraged to convert research into publications. Faculty are encouraged by granting seed grants by our Academy.

Various health events of importance are conducted by involving students as outreach activity and orient students regarding community awareness by having a community oriented approach.

Alumni Association of Sri Devaraj Urs Medical College celebrated “Teachers Day” on 5th Sept.2018. On this occasion, Dr. Hiremath. S.G, Former Prof. & HOD of Comm. Medicine, SDUMC was felicitated.

The college has a strong alumni association that plays a vital role in networking old students and involving them in various platforms.

Faculty and Departments are recognized for the meritorious service extended and suitably rewarded. Department of Medicine was judged as the best department for the year 2018 and Best Teacher Award for the year-2018 were awarded under the three cadres.

Dr. Sarala N – Professor of Pharmacology

Dr. Hemalatha –Assoc Prof. of Pathology

Dr. Sangeetha – Asst. Prof. of Ophthalmology

The Intra-collegiate Fest “PARVA” was conducted from 3rd - 6th of October 2018. Various events were organized for the students.

Our Institution recognizes and awards the best outgoing Sports & Cultural students every year, for those who have excelled in Sports and Cultural activities throughout their course. The best outgoing Cultural students’ for the year 2018 were Dr. Nali Sireesha, Dr. Prakhyath.B.H and Dr. Ruchir Uttam and best outgoing Sport’s students were Dr. Shravya Monica.K and Dr. Dhruva Kumar Reddy.G

The Medical College faculty are very much motivated, enthusiastic and also there is good support & encouragement from our Academy. All staff members have excelled in teaching, patient care and in diagnostics. The dedications rendered by the faculty and the endless support from the management has taken the Institution’s name to greater heights.

Dr.P.N.Sreeramulu
Principal, SDUMC



Student's Secured Highest Marks



LAU LEE SIANG
Anatomy, Physiology



TANG CHUN KIT
Biochemistry, Microbiology,
OBG



GINSKY CHAN
Pathology



MRUDULA.M.L
Forensic Medicine



**ABINAYA
RAVICHANDRAN**
Pharmacology, Ophthalmology, ENT,
General Surgery



VISHNU PREYESH
Community Medicine



MAHNAAZ SULTANA AZEEM
Pediatrics, General Medicine

Best Outgoing Students in Cultural Events



Nali Sireesha



Prakhyath.B.H



Ruchir Uttam

Best Outgoing Students in Sports



Shravya Monika K



Dhruvakumar Reddy

PG-MD/MS Toppers



DR. PANDEY SWATI
Pathology



DR. NIKILA.D.G
Anaesthesia



**DR. POONGUZHALI
LISTON**
OBG

PG-Diploma Toppers



DR. APOORVA.D.S
D.A.



DR. PRADEEP KRISHNA.R
D.L.O





2018

Graduation Day





R.L.Jalappa Hospital and Research Centre is a Teaching Hospital attached to Sri Devaraj Urs Medical College, which is the Constituent Institution of Sri Devaraj Urs Academy of Higher Education and Research. Ours is a tertiary referral Health Care Centre started in the year 1994 with out-patient service and has grown up to the present state of art quality health care delivery system. Our hospital is catering to the Health care needs of Kolar and Chikkaballapur district and also the adjoining areas of Andhra Pradesh and Tamil Nadu.

The newer additions to our R.L.Jalappa Hospital and Research Centre in the year 2018-19 include

- ♦ State of the Art Critical Care Centre was added in October 2018, with 36 bedded ICU, 12 modular OTs, 22 Hemodialysis machines and endoscopy services. The facilities were inaugurated by Shri.D.K.Shivakumar, Hon'ble Minister of Medical Education & Medium & Major Irrigation, Govt. of Karnataka. The other dignitaries for the function were Shri.R.L.Jalappaji Hon'ble Chairman, SDUET & Former Union Cabinet Minister & Former Cabinet Minister of Karnataka, Dr.S.Kumar Hon'ble Chancellor, SDUAHER, Shri.K.Srinivas Gowda, MLA, Kolar Constituency, Dr. Ajit K. Huilgol Senior Transplant Surgeon, Columbia Asia Hospital, Bangalore, Dr.Sunil Karanth Senior Consultant & Intensivist, Manipal Hospital, Bangalore, Dr.Umesh Jalihal Senior Gastroenterologist, Columbia Asia Hospital, Bangalore, Dr.S.Sundar, Senior Nephrologist, Manipal Hospital, Bangalore, Sri.G.H.Nagaraj, Secretary of Sri Devaraj Urs Educational Trust, Sri.J.Rajendra, Trustee and Director (A&F), SDUET, Dr.A.V.M.Kutty, In-charge Hon'ble Vice Chancellor, Dr.M.L.Harendra Kumar, Principal SDUMC and Dr.V.Lakshmaiah, Medical Superintendent, RLJH & RC.

- ◆ The World Labour Day was celebrated in the hospital on 01-05-2018, chaired by Dr.V.Lakshmaiah, Medical Superintendent of RLJH & RC.
- ◆ Hospital is empanelled with ESIS, Bangalore for Secondary care.
- ◆ ESI Dispensary at our hospital premises was inaugurated on 28-8-2018 by Shri. G.H.Nagaraja, Secretary of our Trust. It was attended by Shri. J.Rajendra, Director A &F,SDUET; Dr.S.Kumar, Chancellor, SDUAHER; Dr.C.V.Raghuveer, Vice Chancellor; Dr.A.V.M.Kutty,Registrar,SDUAHER; Dr.M.L.Harendra Kumar, Principal SDUMC; Dr.V.Lakshmaiah, Medical Superintendent RLJH & RC.
- ◆ Hospital Day was celebrated on 19-10-18 to commemorate the birthday of our Respectable Chairman Shri.R.L.Jalappaji. Chief Guest for the function was Shri.G.H.Nagaraja Secretary, SDUET. The function was Presided by Dr.S.Kumar, Hon'ble Chancellor, SDUAHER. The event was also graced by Shri.J.Rajendra, Trustee and Director A & F, SDUET, Dr.A.V.M.Kutty, In-charge Hon'ble Vice Chancellor, SDUAHER; Dr.M.L.Harendra Kumar, Principal, Dr.Lakshmaiah Medical Superintendent and Shri.R.L.Jalappaji family members.
- ◆ Kannada Rajyotsava day was celebrated on 02-11-2018 and the Chief Guest was Mr.Pandith Munivenkatappa, Social activist, the program was witnessed by Shri.J.Rajendra, Dr.A.V.M.Kutty, Dr.M.L.Harendra Kumar, Dr.V.Lakshmaiah.
- ◆ Inauguration of the Laparoscopic Tubectomy Operation Theater of R.L.Jalappa Hospital & Research Centre was held on 15th February 2019 by Shri G.H.Nagaraja Secretary, SDUET. The program was attended by Shri.J.Rajendra, Dr.A.V.M.Kutty, Dr.K.N.V.Prasad, Registrar,SDUAHER; Dr.P.N.Sreeramulu,Principal, SDUMC and Dean faculty of Medicine SDUAHER, Shri. Hanumantha Rao, Executive Engineer, SDUAHER, Dr.S.R.Sheela, Professor and HoD of Dept. of OBG and Dr.Doddabadre Gowda, Laparoscopic surgeon, Mulbagal .
- ◆ Christmas Day was celebrated in the hospital on 20-12-2018. Function was chaired by Dr.V.Lakshmaiah, Medical Superintendent of RLJH & RC.
- ◆ Our hospital has conducted around 1073 camps to meet the health care needs of rural population at their doorstep. Those who required inpatient care and surgeries were admitted in our hospital and were given quality patient care.

Medical Superintendent
Dr.V.Lakshmaiah
RLJH & RC

HOSPITAL DAY



Happy Birthday
Shri.R.L.Jalappaji
President, SDUET



DEPARTMENT OF ANATOMY



Left to right (sitting): Dr.Ashwini.N.S, Dr.Venkateshu.K.V. Dr.Sridevi.N.S, Dr.Shashidar.K, Dr.Divya.C
Left to right (1st row): Mr.Anjaneya Babu, Mr.Suresh.T, Mrs.Krishnaveni.C, Mr.Ravishankar Prasad



Department of anatomy had conducted a Workshop titled **“Empowering youth through life skills”** on 11.12.2018 for first MBBS students, The guest speakers were coordinators of Yuvaspan-dana and Life Skills Program and NIM-HANS.



Student’s active participation in self-building session

Department faculty have actively participated in various academic activities:

- ♦ Dr.Shashidhar.K, attended NTTC at JIPMER, Pondicherry from 19.02.2018 to 24.02.2018.
- ♦ Dr.Sridevi.N.S, Dr.Ashwini.N.S and Dr.Vinay Kulkarni attended CME on Genetics in clinical practice at Rajarajeshwari medical college on 27.04.2018.
- ♦ Dr.Sridevi.N.S. Dr.Shashidhar.K, Dr.Vinay Kulkarni had attended Icon 2018 Authentic learning innovations for 21st century medicos at Pondicherry from 29.06.2018 to 30.06.2018.
- ♦ Dr.Divya.C had attended CME on Overview of CNS development with emphasis on developmental anomalies at MVJ medical college on 03.08.2018.
- ♦ Dr.Divya. C attended Advance Course in Medical Education -first contact session at St.Johns' medical college from 22.09.2018 to 26.09.2018.
- ♦ Dr.Divya.C attended and presented a scientific paper in the 20th KCA State conference held at Adichunchanagiri institute of Medical Science from 28.9.2018 to 30.09.2018.
- ♦ Mr.Krishnakishore, PhD Scholar attended and presented scientific paper in the 17th Regional Society of Anatomists Meet-2018, in Andhra Pradesh.
- ♦ Mrs.Krishnaveni.C attended and presented scientific paper in the 66th National Conference of ASI at RISHIKESH AIIMS.
- ♦ Dr.Ashwini.N.S attended Workshop on Research Methodology at St.Johns Medical college, Bangalore, from 17.12.2018 to 21.12.2018.
- ♦ Department of Anatomy published 4 scientific articles in various reputed journals.
- ♦ Mrs.Krishnaveni.C was awarded Bharathratna Dr Abdul Kalam Gold Medal Award 2018.
- ♦ Dr.Divya.C was awarded Best Oral Paper presentation at 20th KCA State conference at Adichunchanagiri institute of Medical Science for paper titled- "Morphometric study of gall bladder in cadavers".
- ♦ Mr.Krishna Kishore was awarded best paper presentation at 17th Regional Society of Anatomists Meet-2018, in Andhra Pradesh for paper titled "Effect of non-ionizing radiation on spatial learning-memory in swiss-Albino mice"
- ♦ Department of Anatomy had conducted Project-Based Learning for I-MBBS students, where students prepared charts and presented, which was judged by Dr.S.R.Prasad and Dr.A.Bhaskaran and prizes were distributed to best posters.



Students presenting the charts on General Anatomy prepared by them to the Judges.



Sitting L to R : Dr.Jagadamba.A, Dr.Vinutha Shankar.M.S, Dr.Shobha.M.V.
Standing 1st Row L to R: Mrs.Usha G Shanoy, Dr.Ashwini.K.Shetty, Miss.Pravallika, Dr.Geetha.S

Department of physiology faculty in the academic year 2018-19 has achieved and participated in various CME's and Conferences.

- ♦ Dr.Geetha.S and Ms.Pravallika P attended an ADHOC TRAINING PROGRAM ON LABORATORY ANIMALS at National Centre for Laboratory Animal Sciences, Hyderabad from 12.02.2018 to 17.02.2018.
- ♦ Dr.Geetha. S attended a workshop on Design and Conduct of Observational studies using Epi Info from 5.03.2018 to 9.03.2018 at Indian Institute of Public Health, Gurgaon, Haryana.
- ♦ Dr. Vinutha Shankar M.S represented as a resource faculty for Master class-Teachers training programme at JSS Dental college & Hospital, Mysuru on 30th March 2018.
- ♦ Three teams of I MBBS students represented the college in the State-wide Physiology quiz – UTTUNGA conducted by Kempegowda Institute of Medical Sciences, Bangalore on 06.04. 2018.
- ♦ Dr.Geetha.S, Dr.Jagadamba.A and Dr.Shobha M.V attended a workshop on Bioethics, organized by Sri Devaraj Urs Academy of higher Education and Research with faculty from the Division of Health and Humanities at St. John's Research Institute, Bangalore on 16.05.2018.
- ♦ Dr.Vinutha Shankar. M.S had attended as FAIMER faculty at PSG FAIMER REGIONAL INSTITUTE, Coimbatore from 11.06.2018 to 16.06.2018.
- ♦ Dr.Geetha.S was an organizing committee member for SAMANVAYA -2018; A National Conference on "Integrative Diabetology", on 29.06.2018, held at silver jubilee auditorium, SDUAHER.





Sitting L to R : Dr.Mohamadi Begaum, Dr.Prabhavathi.K, Dr.Deena Mendez, Dr.Mamtha Kundar, Dr.Sumathi.M.E, Dr.Susanna T.Y, Dr.Munilakshmi.U, Dr.Shashidhar.K.N.

Standing 1st Row L to R: Mrs.Mallesawari, Mrs.Veena, Miss. Sangeetha, Miss. Tejashwi, Mr.Rajiv.G, Mr.Bhubnasewar, Mrs.Sai Deepika, Mrs.Ranjeetha

Department of Biochemistry in the year 2018-19 has introduced few curriculum reforms.

- ♦ Department had introduced Clinical oriented OSPE Stations and urine examination by strip method for the undergraduate MBBS Course.
- ♦ Case Based learning and Team based learning has been introduced across undergraduate MBBS and Allied Health Sciences Courses.
- ♦ Department had conducted State level CME titled Biomarkers – Promise into Reality on 11.05.2018, at AV Hall, adjacent to Community Medicine SDUMC, Kolar.



CME Inauguration was by
Dr. Raghuveer Former
Vice Chancellor of SDUAHER

- ◆ Department of Biochemistry organized a Workshop on ‘Implementation of Six Sigma Metrics in Clinical Laboratories’ on 21.08.2018 at the Library AV hall, Library and Information Centre SDUMC.
- ◆ Department was approved with an STS ICMR project in the year 2018 titled ‘Significance of Folic Acid in Patients of Type 2 Diabetes Mellitus with and without Retinopathy- a Hospital Based Case Control Study’
- ◆ Dr. Shashidhar K N, Professor was the Chairperson for the CME cum Workshop on Head and Neck oncology update on 23.03.2018 to 25.03.2018.
- ◆ Dr. Sumathi M.E was awarded Best Quality Manager in International Quality Manager’s Conclave held at NIMHANS on 10.07.2018 and 11.07.2018.
- ◆ Dr. Shashidhar K N, Professor was the Chairperson for the CME “Insight into Quality Management in Clinical Laboratory” on 29.10.2018 at Vydehi Institute of Medical Sciences and Research Centre, Bangalore.
- ◆ Dr. Shashidhar K N, Professor is appointed as one of the Editorial Board member for the “International Journal of Diabetes and Endocrinology”.
- ◆ Clinical Biochemistry of CDLS was accredited with NABL ISO 15189.



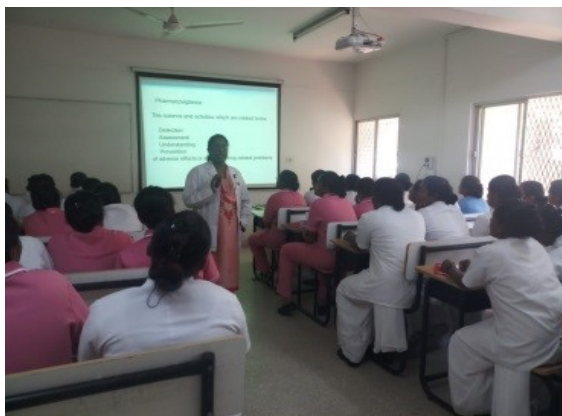


Sitting L to R: Dr. Harish S, Dr. Bhuvana K, Dr. Sarala.N, Dr. Asha B, Dr. Smitha Rai
Standing L to R: Dr. Saqlain Mohamed, Dr. Sraavani Thokachitchu,

Department of Pharmacology has actively involved in academic and non-academic activities.

Conducted CME's

- ♦ Workshop on “Problem Based Learning” on 07-08-2018, program was inaugurated by Dr. C.V. Raghuv eer, Hon’ble Vice-Chancellor and other dignitaries.



- ♦ Awareness program on Sensitization of Nursing staff towards Pharmacovigilance Program on 05-02-2019 and 06-02-2019. Dr. Bhuvana K was the resource person.

Paper and poster presentation:

- ♦ Dr. Asha B, presented oral paper titled “Rare unusual reaction followed by intrauterine death to iron sucrose” in Evidence Based Medicine and Clinical Research Conference (EBCCON 18) at SRM University, Chennai on 10-03-2018
- ♦ Miss. Chinmayee K Reddy , presented poster on ‘Quality of life in elderly population in Kolar’ in EBCCON 18 at SRM University, Chennai on 10-03-2018
- ♦ Mr. Saad Khan Mayana , presented oral paper on “Perception and attitude of health care professionals about mentally ill patients” in EBCCON 18 at SRM University, Chennai on 10-03-2018.
- ♦ Miss Tandu Bonie , presented oral paper on “Assessment of knowledge, attitude and practice patterns of mothers regarding gripe water use in infants” in EBCCON 18 at SRM University, Chennai on 10-03-2018.
- ♦ Dr. Sarala N was Resource person for ‘The Hindu – EDGE career counselling’ on 27-05-2018 at Sambhram College of Hotel management, KGF



Awards and Achievements

- ♦ Dr. Sarala N, Dr. Asha B and Dr. Harish S completed online course on “Grant Management for Health and Social Science Researchers from St. John’s Research Institute, Bangalore.
- ♦ Dr. Sarala N chaired a session on ‘Diagnosis and management of diabetes by Ayurveda’ in Samanvaya on 29-06-2018.
- ♦ Dr. Bhuvana K chaired the session in Guest lecture on “Appropriate usage of antibiotics” organized by department of Medicine on 23-10-2018.
- ♦ Dr. Sarala N received “Teacher of the year” award (Professor cadre) for the year 2017-18 in Professor Cadre on 05-09-2018. She was felicitated by Dr. Raghuveer CV, Hon’ble Vice chancellor, SDUAHER.



Non Academic activities

- ♦ Dr. Bhuvana K, Dr. Sarala N and Dr. Asha B were judges for various events during PARVA 2018
- ♦ Mr. Anand B.H, Mr.Srinivasa J, Mrs.Gowramma V and Mrs. Mani Kumari T were felicitated for completing 20 years of service in the Institute during Hospital Day celebration on 19-10-18
- ♦ Non-teaching staff participated in various events during PARVA and Hospital Day celebrations and Annual Athletic Meet 2018 and won prizes
- ♦ Dr. Asha B participated in various events during Annual Athletic meet 2018 and bagged prizes
- ♦ Mr. Anand B.H, Mr.Srinivasa were felicitated for completing 20 years of service in the Institute during Hospital Day celebration on 19-10-2018.
- ♦ Mani Kumari T was felicitated for completing 20 years of service in the Institute during Hospital Day celebration on 19-10-2018.
- ♦ Mrs. Gowramma V was felicitated for completing 20 years of service in the Institute during Hospital Day celebration: 19-10-2018
- ♦ Mani Kumari T won second prize in Talent show for non- teaching staff during PARVA 2018
- ♦ Dr.Asha B won first place in Javelin throw during Annual athletic meet 2018





Sitting L to R : Dr.Hemalatha.A,Dr.Suresh T N, Dr.M.L.Harendra Kumar, Dr.Kalyani.R
Dr.CSBR Prasad, Dr.Subhashish Das, Dr.Manjula

Standing L to R 1st row Dr.Swaroop Raj , Dr. Supreetha M.S, Dr.Yashaswini.R, Dr.Varsha.R,
Dr.Geetha.S, Dr.Shilpa.M.D , Dr.Preethi Uttnal

Standing L to R 2nd row: Dr.Mannan Shah, Dr.Hajra, Dr.Chandana.K, Dr.Sonia Kumari,

Department of pathology has actively involved in teaching learning evaluation, research, diagnostic work, patient care and other academic activities

CME's and Conferences.

- ◆ Indian Academy of Cytology – Karnataka State Chapter Conference-2018 (IAC-KC-Con-2018) in March, 2018 in collaboration with ICMR & MET at our campus which included renowned resource persons from SRMC, Chennai, TMH Mumbai, CMC Vellore, Kidwai Memorial Institute of Oncology, Bengaluru and St.John's Medical College, Bengaluru.
- ◆ 13th CME Pathology (Workshop) in September 2018 in association with Academy of Pathology.
- ◆ Haematology CME in collaboration with HCG Bangalore in the month of September.
- ◆ Staff and PG's participated in two international CME, one National CME and one international conference, three National conference, two state conference and one workshop where Ten oral papers and Seven posters were presented.

Awards:

- ◆ Dr.R.Kalyani, Professor, was awarded the best paper award in IAC-KC-Con-2018.
- ◆ Dr.Preethi Uttal 2nd year post graduate won best poster presentation in the 45th Annual KCIAPM conference in October 2018.
- ◆ 5th term undergraduates trained by faculty won 2nd place in the state level undergraduate quiz 2018 at ESI medical college Bangalore.

Chairperson/Resource Person/Guest Speaker:

- ◆ Dr.CSBR.Prasad, participated as a judge for oral presentations in International Conference on Paediatric Pathology, BMCRI, Bengaluru.
- ◆ Dr.TN.Suresh, Dr.Subhashish Das, Dr.R.Kalyani, Dr.Manjula and Dr.A.Hemalatha Chaired the sessions in IAC-KC-Con-2018, SDUMC, Kolar.
- ◆ Dr.Kalyani and Dr.CSBR Prasad participated as a judge for poster presentation in State level KAPCON conference in Bengaluru.
- ◆ Dr.Suresh was the resource person in Research Methodology Workshop in the month of October 2018 in SDUAHER.



Sitting L to R: Dr Arvind.N, Dr.Beena.PM, DrParimala.S, Dr.Savitha.N
Standing L to R : Dr.Namitha.B.N, Dr.Bharathi.R, Dr.Bindu Madhavi.R,

Department of microbiology has achieved academically and non-academically in year 2018.

Dr.Beena PM and Dr SR Prasad judged the poster and paper presentations, in the 42nd Annual Conference of Indian Association of Medical Microbiologists in Dec 2018 at NIMHANS, Bengaluru and Faculty of department of Microbiology have presented posters titled.



- ♦ An analysis of anti HBs titres in health care workers of clinical laboratory at RL Jalappa Hospital” by Dr. Parimala S
- ♦ Prevalence of Rotavirus and adenovirus among children with acute gastroenteritis in a tertiary care teaching hospital” by Dr. Arvind N.
- ♦ Occupational blood exposures in health care workers at a tertiary care workers at tertiary care hospital in Karnataka: incidence, characteristics, and transmission of blood borne pathogens by Dr. Anitha D.

Faculty participation in CME, State and National conference have helped them in application of knowledge and implement newer techniques in good laboratory practice.

Dr Savitha N, attended Postgraduate certificate programme in “Quality Management and Accreditation of Healthcare organization at New Delhi.

Publications:

Faculty department of microbiology has published 6 articles in indexed journals in 2018.

Research Funding:

Dr Bindu Madhavi R and Dr Anitha D were sanctioned seed grant from SDUAHER for scientific study titled: **“Immunological profiling of anti-diphtheria antibodies among population from diphtheria affected region of Kolar, Karnataka”**



Sitting from L to R: Dr Rajkumar M G, Dr Srinivasa Reddy P, Dr Ajay Kumar T S, Dr Abhinandana R.

Department of Forensic Medicine and Toxicology in addition to their teaching learning evaluation, research and administration have contributed quality reports in solving critical cases.

Dr. Srinivasa Reddy. P, Prof. and HOD Forensic Medicine & Toxicology with staff performing exhumation of a sensational case.



Department conducted a guest lecture in the year 2018 on POCSO Act. The resource person was Dr.Jagadeesh N, Prof. and HOD Forensic Medicine, Vydehi Institute of Medical Sciences And Research Centre, Bangalore.



Department of Community Medicine in addition to Teaching Learning Evaluation, Research, Patient Care is involved in conduct of Scientific Programs.



Sitting Left to Right: Mr. Ravishankar S, Dr. Ananta Bhattacharyya, Dr. Prasanna Kamath B. T, Dr. Muninarayana. C, Dr. Naresh Kumar S. J
Standing 1st Row Left to Right: Dr. Krishnamurthy, Dr. Varsha R. Mokhasi, Dr. Mahendra. M, Dr. Sunil. B. N, Dr. Pradeep. T. S
Standing 2nd Row Left to Right: Dr. Swathi H. J, Ms. Ramya. N, Dr. Bhoomika V, Dr. Sushma. A, Dr. Nagaraj. G. M

CMEs : Acute Encephalitis Syndrome – Current trends in Diagnosis and treatment on 15-09-2018 in collaboration with NIMHANS.

CONFERENCES: Staff and PG's presented 8 papers in National and International Conferences

National Health Days:

- ♦ Observed World Health day on 07-04-2018 at Devarayasamudra where ITI students from Devarayasamudra and local people also participated.
- ♦ Observed World AIDS day on 01-12-2018 at Devarayasamudra where foreign delegates participated along with ITI students and a role play was performed by Interns.
- ♦ On the occasion of World Diabetes Day on 14/11/2018 a rally was conducted at UHTC, Kolar.
- ♦ On the occasion of World TB day a rally was conducted from SNR Hospital to Govt. Women's College, Kolar along with field based activity in 3 groups headed by PGs was conducted in 2nd week of April.

- ♦ Dr Vishwas S Anesty was deputed to participate as a member of Rapid Response Team (RRT) for WHO to support MR Campaign for Chattisgarh and M.P from 08-10-2018 to 08-03-2019 (5 Months).
- ♦ Dept. Staff and Post Graduates participated for Mission Indradhanush – Extended Gram Swaraj Abhiyaan as External Monitors for WHO for a total of 6 rounds representing Kolar, Chikkaballapur and Bangalore Urban and Rural Districts.
- ♦ Dr. Waseem Anjum participated as External Monitor for Active Case Finding of Tuberculosis for State Task Force for Kolar and Chikkaballapur Districts.



Dr. Ravi V, senior Professor at NIMHANS delivering a lecture during CME Acute Encephalitis Syndrome – Current trends in Diagnosis and treatment on 15-09-2018

Celebrating World AIDS day on 01-12-2018 at Devarayasamudra where foreign delegates participated along with ITI students.



Dr Muninarayana C delivering a talk on the occasion of World Health day on 07-04-2018 at Devarayasamudra where ITI students from Devarayasamudra and local people also participated.



Felicitation for Toppers for scoring highest marks in Community Medicine

Department of General Medicine a major department of SDUAHER has contributed quality health care needs of population attending R.L.Jalappa Hospital and Research Centre in addition to the door step health care facilities by involving in camps.



Front row: (LtoR) Dr.P.N.Venkatarathnamma, Dr.Raveesha. A, Dr. B.N.Ragahvendra Prasad, Dr. Lakshmaiah V, Dr.Prabhakar K, Dr.Hareesha Babu, Dr.Vidyasagar C.R, Dr. Srinivasa S.V
1st standing row (L to R) : Mr. Chandrappa, Dr. Raghavendra B.L, Dr.Prasanna Kumar N, Dr. Jagmohan S.V, Dr. Vishwanath Reddy N, Dr. Mahesh Kakanale, Dr. Manjunatha. N, Dr.Phaneesh Bharadwaj B.S, Dr. Anitha A
2nd standing row (L to R) : Dr.Dwarak, Dr. Abhishek, Dr. Suhas, Dr. Rakesh, Dr. Thanuj Reddy, Dr. Vennela, Dr. Shwetha, Dr. Hamsa, Dr. Deepa, Dr. Monica sai, Dr. Meena Menon
Back Row (L to R): Dr. Tameem Imran, Dr. Sanketh, Dr. Jithendra, Dr. Raghavendra Reddy, Dr. Sambasiva Rao, Dr. Minni Meka, Dr. Manoj, Dr. Rumaisa, Dr. Pujitha, Dr. Aarthi

Achievements:

Department in recognition for its yeoman services in patient care, teaching learning evaluation, research and administration was conferred best department for the year 2018 by SDUAHER.



Dr. Prabhakar. K , Head Of the Department of General Medicine delivered a lecture on “ Gut Microbiota- Health Implications” in KAPICON 2018 held at Raichur , Karnataka, on 10/6/2018



Dr.Hamsa , 2nd year PG resident's study on “Significance of APTT as an early predictor of bleeding in comparison to thrombocytopenia in dengue virus infection “ was nominated for the best Paper Award in KAPICON -2018 held at Raichur , Karnataka on 9/6/2018.

♦ Dr.Manoj , 2nd year post graduate won the best poster award for “Evans's Syndrome – a Case report” in KAPICON 2018 held at Raichur , Karnataka on 9/6/2018

- ♦ A total of 13 Scientific Posters and Papers were selected for presentation from the abstracts submitted by Department Of General Medicine , SDUMC , at KAPICON 2018 , Raichur . Our department received acknowledgement from the organizers for being the 3rd highest contributor in Karnataka, in terms of number, towards scientific Posters and Papers sessions at the conference.



- ♦ Received approval for a collaborative research project titled ‘Evaluation of add on efficacy and safety of an ayurvedic formulation in the management of dengue fever and prevention of its complications – A double blind study” from *Central Council For Research In Ayurvedic Sciences* , Ministry of AYUSH , Government of India . A sum of 22.59 Lakhs has been sanctioned for the project . In Association with Department of integrative Medicine the following project is sanctioned. As Dengue fever is more prevalent in Kolar, it is prestigious to start the study.



- ♦ Department faculty have published 23 papers in quality indexed journals in the year 2018.

- ♦ Organized a regional CME on “Domain enlightening program on Diabetes Mellitus” in collaboration with Karnataka Branch of Research Society for the Study of Diabetes in India (KRSSDI) on 11-4-2018 . The CME had several talks by eminent diabetologists from Karnataka and was well received.



- ♦ Department of medicine in association with department of integrative medicine conducted CME “ SAMANVAYA” on 28-6-2018. The program was inaugurated by Dr.C.V.Raghuveer, Hon’ble Vice chancellor, SDUAHER.



- ♦ The Department of Medicine Conducted CME on 29-8-2018 “ Neurology update”. The resource person for the scientific program was Dr. Shiva kumar R , Consultant, Neurology & Epileptology, institute of Neuroscience, Bangalore.

- ♦ Department of Medicine in association with Manipal Hospital white field Conducted CME on 19-9-2018 topic titled: “Management of upper GI bleed”, “Role of surgeon in managing complications of chronic pancreatitis”



- ♦ Department of Medicine in association with Manipal Hospital Bangalore Conducted a CME on 15/11/2018. Resource person was Dr. Ravinchand Siddachari, consultant, HPB & Liver Transplant surgeon, Manipal Hospital, Bangalore. He spoke on “Living Donor Transplantation an overview and HPB & GI surgery recent updates”.

- ♦ The Department of Medicine Conducted Workshop on 14/12/2018 “Management of Diabetes and its complications. Resource person was Dr. Sharada to she spoke on “Diabetes and its complications”.



Guest Lecture:

- ♦ “Simplifying insulin therapy- A case based discussion” and “ Basal initiation and knowledge sharing – work shop” by Dr.Fred Williams, renowned endocrinologist on 22/03/18.



- ♦ “Recent updates in Tuberculosis” by Dr.Shazia , WHO TB Consultant on 28/3/2018 to sensitize health care workers in and around Kolar towards RNTCP New Drug regimen and latest trends in managing tuberculosis.

- ♦ “Diabetic Management in critical care and ICU” by Dr. Mahesh D.M eminent endocrinologist, Astar Hospital Bangalore 25/5/2018 .



- ♦ Appropriate usage of Antibiotics by Dr. Rajesh Kumar R, Ex-professor Department of Pharmacology , MMS & Medical Advisor, Glaxosmithkline Pharmaceuticals Ltd, Bangalore .



- ♦ Dr. Radheshyam Naik HOD , Medical oncology, Haematology and Bone Marrow transplant , HCG Bangalore delivering talk on Newer advances in Haematology and bone marrow transplant and Dr.



Raghavendra Babu HPB and Liver Transplant Surgeon HCG Bangalore, delivering a talk on Latest advances in HPB and Liver on 27-2-2019.

Department of Pediatrics in its continuous stride has contributed to the scientific world by publishing articles related to the present day challenges. Department faculty has published 7 papers in indexed journals.



Sitting L to R: Dr.Srikanth.C, Dr.Beere Gowda.Y.C, Dr.Krishnappa.J, Dr.Sudha Reddy,V.R, Dr.K.N.V.Prasad, Dr.Bhanuchand.P, Dr.Ambarish
Standing 1st row L to R: Dr.Manjunath,Dr.Priyantha Goyal, Dr.Manasa Shetty, Dr.Chinthana, Dr.Akshatha, Dr.Suman,Dr.Yasar, Dr.Naveen,
Standing 2nd Row L to R:Dr.Srinadh,Dr.Sampath ,Dr.Pradeep,Dr.Ritesh

- ♦ Dr Naveen Kumar B, post graduate,MD under the guidance of Dr Sudha Reddy V R, has obtained ICMR grant for his MD Dissertation titled: Evaluation of Neonatal trigger score as an early warning tool in post natal wards – a prospective study.

In addition to teaching learning evaluation, research and patient care, department has involved in various national programs.

- ♦ NAVJAAT SHISHU SURAKSHA KARYAKRAM (NSSK) Programme on 19.04.2018 & 20.04.2018.



Children's day Celebration
Held on 14/11/2018



From L to R: Dr. Prakruthi N, Dr. Ruth Sneha C, Dr. Mohan Reddy M, Dr. Jagadish S.N, Dr. G.P.Gururaj

Department of psychiatry in the year 2018-19 has conducted various academic and nonacademic activities to keep abreast and to meet the present day challenges.

Department has conducted CME on 12-10-2018 on the theme “Young People and Mental Health in a Changing World.” The program was inaugurated by Dr.Mohan Kumar.K Director PG Studies, Dr.V.Lakshmaiah, Medical Superintendent, RLJH & RC, Dr.Raveesha.A, Professor & HoD, Dept. of General Medicine, Dr.Mohan Reddy, Prof. & HoD, Psychiatry and other faculty members of Dept. of Psychiatry.



Department conducted psycho social programs for the benefit of population :

- ◆ International Day Against Drug Abuse And Illicit Trafficking 26-6-2018



Department of Dermatology in the year 2018-19 has achieved the best of its teaching learning evaluation, research and patient care. Department has planned to start sub specialty clinics to meet the present day challenges and requirements of patients.



Left to right. Sitting: Dr. Sharanya Padma, Dr.Rajashekar T.S, Dr.Suresh Kumar.K
Standing (1st row): Dr.Shruthi.M, Dr.Ashna, Dr.Naveena, Dr.Sneha, Dr.Priya,

Department of Dermatology conducted a CME on "OVERVIEW OF AESTHETIC DERMATOLOGY "Timeless charm, Timeless beauty" on 10th October 2018. Program was inaugurated by Dr. Harendra Kumar M.L , Principal, SDUMC & Dr.Lakshmaiah.V, Medical Superintendent, RLJH & RC, Tamaka ,Kolar.



The department of Dermatology in addition to CME has conducted various Social programs to create awareness among the population.



IDVL Vitisigo Day Ratha -
 June 2018



World Leprosy Day,
 January 30th 2018



World Vitisigo day
 June 24th 2018



Sitting: 1st Row : R to L : Dr. Kiran N, Dr. Ravi M, Dr. Dinesh k, Dr. Suresh Kumar N, Dr. Shivakumar K M

Standing: 2nd Row : R to L: Dr. Sumanth T, Dr. Vishnuvardhan V, Dr. Naveed Abrar, Dr. Ahmed Fathima, Dr. Sujatha M P, Dr. Threja C K, Dr. Mallika Ganesh, Dr. Naga Seshu, Dr. Nikila D G, Dr. Bhavana B G

3rd Row : R to L: Mr. Narayana Swamy, Dr. Nagaraj, Dr. Sreenidi, Dr. Arpitha Mary, Dr. Kavitha, Dr. Manjula Devi, Dr. Prashanthi, Dr. Nikita, Dr. Pallavi, Dr. Sindhu

4th Row : R to L: Mr. Manjunath, Dr. Sandeep, Dr. Abhinaya, Dr. Sushma, Dr. Lakshmi, Dr. Sravanthi, Dr. Varaprasad, Dr. Rashmi

Department of Anaesthesiology in the year 2018 has achieved exemplary achievements.

Dr. Abhishek K M & Dr. Priyanka Das Post Graduates topped the Degree & Diploma exams conducted by the SDUAHER 2018 and received the Honorable Chancellors Gold medal in the Annual Convocation held in April 2018.



Abhishek K M MD Anaesthesiology



Dr. Priyanka Das DA Anaesthesiology

- ◆ Department has published Seven articles in indexed journals.
- ◆ Department was approved seed grant to carry out two research projects by SDUAHER in the year 2017-18.
- ◆ Faculty Dr. Threja C K, Dr. Naga Seshu and Dr. Sujatha MP, Dr. Mamatha Mishra were certified as BLS & ACLS Providers. The training was conducted by St Johns Medical College, Bangalore in February 2018 and May 2018 respectively, the Centre is affiliated to American Heart Association.
- ◆ Department conducted in-house BLS workshop for Physiotherapy students in June 2018 at Centre for Clinical Skills & Simulations.
- ◆ Annual State Level CME on Neuro Anaesthesia



in

association with ISA Kolar City branch was held on 21st July 2018. Resource persons were faculty, Dept. of Anaesthesiology.

- ◆ BLS Workshop was conducted for Botswana nursing students who were admitted to our academy for exchange program during

14th August 2018.

- ◆ World Anaesthesia Day was celebrated on 16th October 2018 at Doctors Club SDUAHER.
- ◆ Inauguration of New ICU and OT Complex was held on 17th December 2018 and 11th February 2019 respectively by Hon'ble Chancellor Dr. S. Kumar.



New OT



New ICU

- ◆ Dr. Dinesh K, Professor & HOD and Dr. Ravi M, Professor were the guest speakers for the State level Annual PG Excel held at RRMBC Bangalore during February 2019.

Department of General Surgery being the major department of SDUAHER is actively involved in teaching learning and evaluation, quality patient care, research and administrative activities.



1st Row (Left to Right): Dr.D.Srinivasan, Dr.K.Krishna Prasad, Dr.Sreeramulu.P.N., Dr.A.Bhaskaran, Dr.Mohan Kumar K, Dr.Shashirekha.C.A., Dr.Prakash Dave.
2nd Row (Left to Right) : Dr.Konappa V, Dr.Amit Mittal, Dr.Asadulla Baig, Dr.Pavan B.K., Dr.Vikranth Suresh Nandurkar, Dr.Ravikiran.H.R., Dr.Abhilash V, Dr.Nawaz Shariff, Dr.Spurthi Sangana-boina.
3rd Row (Left to Right): Dr.Rahul Singh.R.,Dr.Sandeep Vogu, Dr.Sharath, Dr.Raghupathi S, Dr.Akarsh Y.G., Dr.M.Kumara Raghavendra Varma, Dr.Karthik Hareen T.V.K., Dr.Suma S.
4th Row (Left to Right): Dr.Paul Dhinakaran MDS, Dr. Dinesh Kumar S, Dr.Sunil Mathew, Dr.Dave Tushar Jitendra, Dr.Madineni Bhavana Chowdary, Dr.Vijay Kumar S, Dr. Dharmendra Kumar, Dr.Muktesh B.S.,
5th Row (Left to Right): Mr.Subramani, Dr.Tadasina Sajay Reddy, Dr.Atul Dua, Tejaswini M Pawar, Dr.Varsha A, Dr.Radhika Raja, Dr.Neemalidinne Keerthi.

Department conducted Annual State level CME on 18-09-2018 titled : “An Update on GI Endoscopy”. Program was inaugurated by Hon’ble Chancellor Dr.S.Kumar and Hon’ble Vice Chancellor and Dr.P.N.Sreeramulu, Prof. & HOD General Surgery.



In addition to academic activities department is involved in non-academic activities:

- ♦ Dr Srinivasan D bagged prize for fast walking and Javelin throw in the different sports events conducted during University Annual Athletic meet in the month of November 2018.
- ♦ Dr. Prakash Dave, judged the English debate competition and Hindi Poetry writing competitions during PARVA (intra collegiate event) 2018.
- ♦ PG’s and Faculty members participated in Literary, arts and cultural events in Parva 2018.





Sitting (L To R): Dr. Ashik A Bary, Dr.Sagar V,Dr. Prabhu E , Dr. Arun H.S, Dr. Shaik Nazeer, Dr. D.Satya Rup,Dr. Nagakumar J. S., Dr. Hari Prasad S,
Standing (Middle Row L To R):Dr.Kishore, Dr.Sandesh A, Dr.Jishnu, Dr. Prabhulingreddy Patil, Dr. Eswara Reddy G,Dr. Manoj Kumar R, Dr. Ranganath K.V.
Standing (Middle Row L To R): Dr.Harsha.M, Dr.Neeraj,Dr. Abhishek Yadav, Dr. Sreejith Thampy J, Dr. Umesh M, Dr.Sarath, Dr. Abhimanyu Singh,
Standing Last Row L to R): Dr. Salunkhe Abhijeet Sunil, Dr. Wayal Utkarsh Ashok, Dr.Joe, Dr. Cecil Fernando, Dr. Sachin T, Dr. Ajay Kurahatti, Dr.Roger, Dr. Sachin, Dr.Sandesh, Dr.Souradeep, Dr. Rammanohar Surepally.

Department of Orthopaedics an allied subject of General Surgery has conducted

- ◆ Guest Lecture on Limb Salvage Principles And Recent Advances 23/03/2018
- ◆ CME on Paediatric orthopaedic on 22/09/2018
- ◆ Workshop on knee and shoulder arthroscopy on 27/10/2018
- ◆ CME and WORKSHOP on Tendon repair techniques and tendon transfer for upper limb nerve injuries on 06/12/2018 the program was chaired by renowned Dr.KK Kumar, Consultant, Hand Surgery, Hosmat Hospital, Bangalore.
- ◆ CME and WORKSHOP on Basic and Complex Total Knee Arthroplasty was conducted on 06/02/2019. The program was chaired by Dr. Gautam Chakravarthy a renowned orthopedic surgeon trained at Manchester, United Kingdom.

Non-academic activities

- ◆ Faculty and PG's have actively participated in PARVA 2018 and won Third prize in fashion show.
- ◆ PG's and faculty participated in academy conducted sports events 2018 and won TUG of war Runners.



Faculty training

- ◆ Dr. Hariprasad has registered for Hip & Pelvi-acetabular surgery at Mainz, Germany which will begin from 10th October 2018 to 9th November 2018.

The Dept. of Otorhinolaryngology and Head and Neck Surgery at SDUMC Kolar has been regularly and continuously striving to deliver top quality health care for its patients particularly from rural background.



Sitting (L to R): Dr.Shree Harsha.M, Dr.Prashanth Babu.A, Dr.Sagayaraja.A, Dr.Ravindra.P.Deo, Dr.S.M.Azeem Mohiyuddin, Dr.K.C.Prasad, Dr.Kauser Mohammadi, Dr.Deepika.K
Standing 1st Row (L to R): Dr.Benod, Dr.Balan Ashok, Dr.Linu Thomas, Dr.Manna Jose.P, Dr.Abhilasha.K, Dr.Shashank Choudhary, Dr.Swapanthi.M.B, Dr.Induvarsha.G, Dr.Sreelekshmi
Standing 2nd Row (L to R): Dr.Vyshnavi.V, Dr.Lini Joseph, Dr.Harshita.N, Dr.Viswhwasanthi.P, Dr.Anjali.P.K, Dr.Aishwarya.R.P, Dr.Harshita.N, Dr.Brindha.H.S, Dr.Pratyusha.K
Standing 3rd Row (L to R): Mr.M.Linga Reddy, Mr.C.Srinivasappa, Dr.Kunal Thakur, Dr.Arjun Guptha, Dr.Gujarati Harsh Vivek

The Department of ENT provides comprehensive management for all E.N.T and Head and Neck diseases and disorders including Pediatric airway emergencies, locally advanced Head and Neck cancers and reconstructions. It is proud to be conducting post M.S fellowship in Head and Neck Oncosurgery for ENT and General surgeons and Oral Oncosurgery fellowship for Maxillo-Facial surgeons. This is being done by very few medical colleges in the country. The quality and commitment of the faculty and innovations in teaching learning programs have proved in it as efficiency in securing 100% pass rates in PG exams and very high pass rates in UG MBBS examinations. The department's involvement in research and collaborative studies and transcription of research into quality publications in journals with high impact factor has resulted in recognition of department's efficiency various parts of the country. Department is highly grateful and indebted to the Management and authorities of the Academy and college for encouragement and support and to our previous and present faculty members, fellows, PGs, students and paramedical staff its achievements.

Achievements of the Department of ENT March 2018 to February 2019:

- ◆ Dr. S M Azeem Mohiyuddin became a Fellow of both American College of Surgeons (FACS) and International College of Surgeons (FICS). He was nominated as a member of executive committee of Foundation for Head and Neck Oncology, India
- ◆ Dr. Abhilasha Karunasagar completed Fellowship in Advanced Endoscopic Sinus surgery and Endoscopic skull base surgery
- ◆ Dr. Sumanth and Dr. Abhishek successfully completed Fellowship in Head and Neck Oncosurgery with Dr Sumanth securing 71% marks
- ◆ Dr Shreeharsha Maruvala successfully completed DNB in Otorhinolaryngology in addition to his MS ENT qualification
- ◆ The Department started Fellowship in Oral Oncosurgery for Maxillo-facial surgeons in addition to ongoing Fellowship program in Head and Neck Oncosurgery for ENT and general surgeons
- ◆ All 4 MS and 2 DLO post graduates were successful in their summative assessment and 4 of them secured first class
- ◆ The department conducted a Zonal level CME with Hands-on cadaver dissection in March 2018. The program was highly appreciated by delegates and external faculty
- ◆ World Cancer Day (3rd Feb) and World deafness day (29th Sept) were observed for awareness and free screening
- ◆ Dr. Induvarsha won 3rd Prize in Paper Presentation for “A Revisit to high jugular bulb” in Midterm Association of Otolaryngologists of India conference June 2018
- ◆ Dr Brindha H. S secured 2nd place in OSCE (for Post graduates and Fellows in Head and Neck Surgery) at AHEAD – a National level CME at Amrita Institute of Medical Sciences, Kochi
- ◆ The department has had 30 indexed publications in 2018 which includes 2 collaborative publications with Jawaharlal Nehru center for advanced scientific research, Impact factor >4 and 2 publications with department of Department of Cell Biology and Molecular Genetic, SDUAHER, Kolar with Impact factor >2. One Publication in European archives (Impact factor 1.5) and 6 publications in Indian Journal of otorhinolaryngology.
- ◆ Two Professors and one Visiting professor of the department were faculty in multiple CMEs, Workshops and conferences in ENT, Head and Neck, and Oncology in various parts of the country
- ◆ Dr. Kouser Mohammadi completed MCI Advanced course in Medical education at MCI nodal center for faculty Development

- ◆ The Department has innovative teaching programs like Case based learning, Debates by PG's on Controversial topics, Learning over Breakfast with the Professor and Cadaver Dissections
- ◆ The Department conducts multi-specialty clinics like weekly Tumor board (Joint Clinic), Head and Neck Malformations Clinic, weekly specimen discussion with the dept. Of Pathology, Vertigo clinic, Deafness clinic and Headache clinic. The department also conducts hearing screening programs for newborns.
- ◆ Department is having 2 funded and 6 Non-funded on-going Projects
- ◆ The Department is well-known all over the country for Excellence in Head and Neck Oncosurgery and has patient input from adjoining states and distant parts of the country and a few international patients.
- ◆ The department is proud to have more than 100% bed occupancy since the last 3 years
- ◆ Cultural activity: The department Faculty and post graduates won 3rd place in Parva Department Show
- ◆ Sports – Dr Prashant captained the cricket team which won the inter house Cricket tournament
- ◆ Dr. G Harsh Vivek was declared “Man of the match” for Knock out rounds in an in-house shuttle badminton tournament – SDU Premier Badminton League 2018
- ◆ In addition to regular ENT surgeries the department, regularly performs Head and Neck cancer surgeries with reconstructions, extensive ear surgeries, advanced Endoscopic Sinus and Skull base surgeries, Management of airway foreign bodies and emergencies in children.
- ◆ The DLO seats of the Department have been converted to MS seats from the coming academic year and therefore the Department will have 6 MS seats per year.
- ◆ The Department is keen to upgrade the existing head and neck Oncosurgery fellowship to MCh in Head and neck surgery (which evolved as a sub-specialty in July 2015)
- ◆ The Department conducts OSCE for internal assessment; competency based medical education and direct observation of procedural skills (DOPS) and hands-on training for PGs and Fellows in OT and Skill lab.
- ◆ The Department takes part in Swaccha Bharath and Tree Plantation activities regularly.





Department Faculty with PG's

Department of ophthalmology conducted

- ◆ Guest lecturers “Imaging modalities in management of Glaucoma” on 23-03-18 .
- ◆ “Role of Computed Tomography and Magnetic Resonance Imaging in Ophthalmology” on 23-11-2018.
- ◆ Wet Lab session on “Phacoemulsification with foldable intraocular lens implantation” on 27-04-2018.
- ◆ Did eye donation programme fortnight from 25-08-2018 to 08-09-18.
- ◆ CME on “Strabismus” was conducted on 30.08.18.
- ◆ Dr. K Kanthamani, Professor, HoD, Dr. M S Padmajothi, Professor, Dr. Sangeetha T, Assistant Professor & all the Post Graduates of 2016 batch & DOMS students of 2017 batch attended the “IIRSI 2018” The Annual Conference of Intraocular Implant & Refractive Society of India held on 07-07-2018 and 08-07-2018 at Chennai and 37th regional meet KOS conference held at Mangalore on 7th, 8th and 9th of December 2018.





Sitting 1st Row L to R: Dr.Suman Patil,Dr.Gomathy.E,Dr.Sheela.S.R,Dr.Munikrishna.M,Dr.Veena Vidyasagar,Dr.Smitha.D.S

Standing 2nd row L to R : Dr.Sonam Singh, Dr.Priyanka Chatterjee, Dr.Bhavana.H.J, Dr.Kratika Kamath

Dr.Ritika Narayan, Dr.Teashree.N.R, Dr.Kammila Sukhini, Dr.Neha.B.S

Standing 3rd row L to R : Dr.B.Udayabhaskar Dr.Deepa Patharde, Dr.Nikitha S Vasan, Dr.Krithika Raj, Dr.Rashmi S, Dr.Sneha Singh, Dr.Syeda Seema, Dr.Supriya H M, Dr.Vishwanath.K,

Standing 4th row L to R:Mrs.sowbhagyamma, Dr.Shweta Sinha,Mrs,Vijayalakshmi, Dr.K.Charishma, Dr.Vishnu Priya Kesani, Dr.Arptha Shruthi.A, Dr.K.Radhika, Dr.V Satya Sree

Department of Obstetrics and Gynecology conducted “GYNECOLOGICAL UPDATE” CME on 12.12.2018 in which “fertility enhancing endoscopic surgeries, updates in uterine fibroid, apical suspension procedures for pelvic organ prolapse, lower uterine segment fibroid, updates in PCOD” presented. Published 8 original papers in 2018. Talk conducted at Gattahalli to students of university of western Australia about adolescent health. Participation in college fest PARVA 2018 and won the first prize in departmental show. Won the first prize in throw ball competition in sports during the hospital day celebration.



WON FIRST PRIZE IN DEPARTMENTAL SHOW IN ANNUAL COLLEGE FEST “PARAVA”2018



AYUDH POOJA CELEBRATED IN THE DEPARTMENT

Department of Radiology has contributed as a supporting department to patient care at R.L.Jalappa Hospital and Research Centre. Department is well equipped with modern facilities to meet the present day requirement of stakeholders.



Sitting (L to R) - Dr. Gaurav Yadav, Dr. Shivaprasad G. Savagave, Dr. Ashwathnarayan, Dr. Rachegowda N., Dr. Anil Kumar Sakalecha, Dr. Rajeswari, Dr. Varun S. **Standing- (L to R; 1st Row)** - Dr. Gnana Swaroop Rao Poladi, Dr. Ravindra Naik, Dr. Madhukar M., Dr. Darshan A.V., Dr. Nishi Kant, Dr. Rahul Deep G., Dr. Sahana N. Gowda, Dr. Divya Teja Patil, Dr. Gowthami M. **Standing- (L to R; 2nd Row)** Dr. Anshul Singh, Dr. Hithishini H., Dr. Athira P. M., Dr. Parameshwar Keerthi B.H., Dr. Esakki Rajulu, Dr. Channappa Goud N., Dr. Anil Kumar T. R., **Standing- (L to R; 3rd Row)** -Dr. E.Vineela, Dr. Thati Sai Soumya, Dr. Amrutha Ranganath, Dr. Sushmitha Prasad.

Post graduates of department of radiology presented

- ♦ A research paper and 3 posters in 72nd Annual Conference of the Indian Radiological & Imaging Association at PGI Chandigarh.
- ♦ A research paper and 5 posters in IRIA KARRADCON 2018 state conferences held at S. S. Institute of Medical Sciences, Davanagere
- ♦ Dr Anil Kumar Sakalecha, was the chairperson for paper presentation and Dr. Purnima Hegde was one of the judges for poster presentations in KARRADCON 2018
- ♦ Department of Radio-diagnosis has conducted a state level CME, On “Abdominal imaging” on 31st August 2018
- ♦ On occasion of “WORLD ROENTGEN DAY”, Radiology Quiz programme for post graduates was conducted on 08-11-2018.



NON ACADEMIC ACTIVITIES

- ♦ Dr. Rachegowda N, won first prize in Shuttle badminton, 100 m walking race, shot-put & 50 m slow walking race and second prize in chess & disc throw in SDUAHER annual athletic meet conducted in 2018
- ♦ Dr. Gowthami M, Senior Resident won first prize in 100 m running race & disc throw and second prize in 200 m running race & shot-put in SDUAHER annual athletic meet conducted in 2018
- ♦ Post graduates were runners up in SDU IPL cricket tournament conducted in SDUMC from 01-10-2018 to 07-11-2018
- ♦ Post graduates were winner in SDU BPL shuttle badminton tournament conducted in SDUMC from 19-11-2018 to 04-12-2018

University Department of Medical Education (UDOME)

Academic activities:

- ◆ The Orientation course was conducted by UDOME for the Interns (March 2018 Batch) by in house faculty on 14-03-2018.
- ◆ Microteaching workshop was conducted by UDOME where in house faculty were the resource persons for PGs - MD/MS (2017-18 batch) on 18-05-2018.
- ◆ The Orientation Program was conducted by UDOME for 1st Year Postgraduates of Batch 2018-19 by in house faculty on 02-08-2018.
- ◆ Research Methodology Workshop Program was conducted by UDOME for 1st Year Postgraduates of Batch 2018-19 (MD/MS only) by in house faculty on 03-08-2018 to 04-08-2018.
- ◆ Workshop on “Implementation of Competency Based Medical Education (CBME)” was conducted by UDOME on 16-08-2018 to 17-08-2018 by experienced team of senior faculty from MDMCRI, SBV, Puducherry who are the core of the Academic unit were invited as experts for conducting the workshop.
- ◆ The Orientation Course Program was conducted by UDOME for I-MBBS Students of Batch 2018-19 by in house faculty on 03-09-2018.
- ◆ The Orientation Course Program was conducted by UDOME for II-MBBS Students of Batch 2017-18 by in house faculty on 10-10-2018.
- ◆ The National Education Day is celebrated on 12/11/2018 as a mark of respect and to commemorate the birth anniversary of Sri Maulana Abul Kalam Azad who was India’s first education minister - post independence. Dr. P Mohan Rao, Executive Director of MVJ Medical College and Research Hospital, Hoskote, delivered a guest lecture on “History of Evolution of Medicine- Global Perspective”.





Orientation Course for new
Interns (March 2018 Batch)
on 14-03-2018

Microteaching Workshop for PGs
(2017-18 Batch) on 18th May 2018



Workshop on “Implementation of
Competency Based Medical
Education (CBME)” on 16-08-2018 to
17-08-2018

Orientation course for II MBBS
students (2017-18 batch)
on 10-10-2018



- ◆ Orientation Program and Research Methodology Workshop for 1st year Postgraduates of 2018-19 batch was conducted by Student Research Committee and University Department of Medical Education, SDUAHER from 02-08-2018 to 04-08-2018.
- ◆ Research Methodology workshop organized for Undergraduate students of 2016-17 batch by the Students Research Committee, SDUAHER on 27-10-2018.



Orientation Program and Research Methodology Workshop for 1st year Postgraduates of 2018 -19 batch was conducted by Student Research committee and University department of Medical Education, SDUAHER form 02-08-2018 to 04-08-2018 Resource persons, organizers along with the participants

Research Methodology Workshop for undergraduate of 2016-17 batch was conducted by Student Research committee, SDUMC, SDUAHER on 27-10-2018. Resource persons, organizers along with Principal Dr Harendra Kumar.M.L.



University Centre for Clinical Skills & Simulations in its continuous stride has involved in imparting the clinical skills, Basic Life support and CPR training to the faculty, students, Nursing staff and Paramedical Staff for the past 4yrs. About 4000 beneficiaries have undergone certification in basic life support.



Sitting (L to R):- Dr. K.C Prasad, Dr. A. Raveesha, Dr. K. Dinesh, Dr. A. Bhaskaran (Director), Dr. M. Ravi, Dr. V.R Sudha Reddy, Dr. E. Gomathy,

Standing (L to R):- Dr. N.S Sridevi, Dr. N. Savitha, Dr. Talasila Sruthi, Dr. T. Sangeetha, Dr. S.V Srinivas, Dr. T. Sumanth, Dr. S.M Murali, Dr. B.K Pavan. Dr. S. Hariprasad, Dr. Vikranth,

The medical under graduate students from their initial posting to the hospital, are trained in various procedural skills tailored to their needs. Similarly the post graduate students also are being trained in advanced procedural skills and their performance will be assessed periodically .

This skill lab is headed by Dr.A.Bhaskaran, Professor and HoD of General Surgery and Director Skills and Simulations. The department started in the year 2014 with minimal facilities has been upgraded to the present state of art skills and simulations laboratory. The faculty from all the clinical departments is involved in providing the skill based training programs.



Basic surgical skills



Procedural skills
(Orthopaedics)



Procedural skills (ENT)



Procedural skills (Anesthesia)



CPCR



Birthing simulation

University Department of Library in addition to maintenance and update of titles, Journals and Electronic teaching learning materials has conducted a Workshop on “Plagiarism Detection Tools In Research” on 17th November 2018. The programme was to sensitise Post Graduates, Research Scholars, Faculty regarding Scientific Publications and various tools available for Plagiarism Check. The Programme included 2 sessions and the Resource Persons were Dr. M. Krishnamurthy Assoc. Prof. DRTC, Bengaluru, Dr. Sarala. N Prof. of Pharmacology and Director of Academics, SDUAHER, Dr. K.N. Shashidhar, Prof. of Biochemistry and coordinator of Research and Development, SDUAHER and Mr. Jayann from Drill Bit SofTech India Pvt. Ltd., Bengaluru.



SUPPORTIVE DEPARTMENTS

DEPARTMENT OF PHYSIOTHERAPY

Department of Physiotherapy a major supportive department to all the clinical departments of RLJH & RC has achieved its objectives by fulfilling the requirements of its stakeholders in the year 2018-19.



Left to Right: Ms. Sasi Rekha, Ms. Sneha L Joy , Mrs. Sarulatha H, Dr. Ramesh Kumar J,

Teaching learning and evaluation

- ◆ Workshop on soft tissue mobilization, 27th March 2018.



- ◆ Workshop on Dry Needling, 17th and 18th August 2018.



Research, innovations and extensions:

- ◆ Department of Physiotherapy submitted 2 research projects for research grants.
- ◆ Dr. Ramesh Chaired a scientific session at national level conference “LATCHIYA KANAVUGAL - 2018” at Tamil Nadu on 20th and 21st Jan 2018.
- ◆ Dr. Ramesh was organizing committee member for the scientific session at “BPN - National level physiotherapy conference” conducted by Bangalore physiotherapy network Bangalore on 29th July 2018.
- ◆ Dr. Ramesh received Best Teacher award at THERACON International conference at Salem on 16th Sep 2018.
- ◆ Mrs. Satya M. Tutor Physiotherapy Department attended a workshop on “Exercise and women after child birth” at SRMC Chennai on November 16th 2018.
- ◆ Department of Physiotherapy provides extension service in the Community Health Center – Bethamangala from September 2018 on every Monday.



Students support and progression

- ◆ Physiotherapy Department conducted Induction program for the batch 2018-19 batch on 1st Aug 2018 at AV Hall SDUMC
- ◆ Seven students of Physiotherapy Department of various batches secured distinction in the last academic year
- ◆ Prince Jehoash of Physiotherapy department was awarded Best Student for academic excellence
- ◆ Students of physiotherapy department participated in poster presentations at SRM College of physiotherapy Chennai and one poster secured 2nd prize at EYAN 2018 on 13th and 14th Dec 2018.

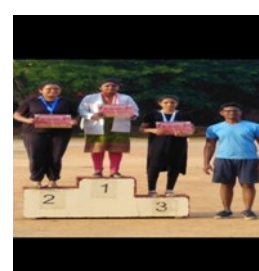


Governance, Leadership and Management

- ◆ Dr. Ramesh Kumar and Ms. Sneha L Joy were organizing committee members for
- ◆ “SAMANVAYA” 2018 at SDUMC Kolar.

Institutional Values and Best Practices

- ◆ Department of physiotherapy conducts Yoga and Fitness training for all students weekly once as a motto of healthy living
- ◆ Physiotherapy students participated in PARVA 2018 at SDUMC and Nelson secured 1st prize in short film and Chris and Wafa secured 2nd prize in movie dub.
- ◆ Students of physiotherapy department secured prize for various events in Sports Day at SDUMC



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS



Conference Attended



All the Department of CND Students and Staff attended the 50th Annual International Conference of NSI that was held on 15th – 17th November 2018 at NIN, Hyderabad.



NUTRITION EDUCATION :

- ♦ World Food Day 23rd Oct 2018, Department CND conducted an education program at orphanage near Antargange, Kolar and distributed food.



- ♦ National nutrition week; 1st to 7th September 2018, theme “Go Further with Food” to create awareness among people the importance of Nutrition.



- ♦ Diabetics Day was celebrated on 28th January 2019, people were counseled about the diet for diabetes to maintain normal blood glucose levels to lead a healthy life.





Sitting L to R :Dr .Kiranmayee.P,

3rd National Training Programme on ‘**Techniques in Genetics**’ was conducted by the Department of Cell Biology and Molecular Genetics between 8th May – 2nd June 2018. The programme was sponsored through grant-in-aid from the **Department of Health Research**, Ministry of Health & Family Welfare, Government of India, under HRD scheme for building capacity for research in medical institutions. Nine trainees from five states participated in the programme.



College Day 2018 was celebrated on 6th march 2018 at the Silver Jubilee Auditorium. The program included distribution of awards and gold medals to the best students of the outgoing batch of 2012-13 who have excelled in various cultural events.

INVICTUS 2018 – KMC MANIPAL CULTURAL FEST – 27 students of our institution participated in the Cultural fest “INVICTUS 2018” held at – KMC MANIPAL. From 23rd to 29th April 2018 and won prizes in

- ♦ Dance Face Off – Winner – S Farha
- ♦ Eastern Dance Solo - 1st Place – Preethika Sharma
- ♦ Eastern Group Dance – 2nd Place
- ♦ Classical Dance Solo – 3rd Place – Gayathri Jeejo
- ♦ MIME – 2nd place
- ♦ Mad ads 2nd place
- ♦ MELA Quiz – Qualified for Final
- ♦ Painting – 3rd Place Aleem Najeeb
- ♦ Cartooning – 3rd place – Aleem Najeeb
- ♦ Face Painting – 3rd place – Aleem Najeeb

PARVA- INTRACOLLEGIATE FEST

Intra-collegiate Annual Cultural Fest PARVA 2018 was conducted from 3rd to 6th October 2018 and the organizing batch was students who got admitted in 2015-16.

- ♦ A total of 63 events were conducted across four days which saw participation from various batches, right from the fresher's till the interns. There was active participation from the PGs. Departmental Show was organized to showcase the talents of the faculty and it turned out a huge success.
- ♦ A dance show by Ramana Maharshi Blind School was organized on Day 1. The performance by the students left the audience awestruck and they were honoured with mementos by the higher officials.
- ♦ The 3rd term (2017 batch) emerged as winners of PARVA 2018 and were honored with a Trophy by the Cultural Convener and team on the last day of the fest.





University department of sports has proved the excellence in training students and to participate in various sports events and has won many prizes to its credit.

INVICTUS-2018 An Inter Medical Sports fest, 23rd to 29th April 2018 at Kasturba Medical College, Manipal our college Volleyball (men) team were Winners



AUTUMN MUSE - 2018: An inter medical Sports fest was held from 20/08/2018 to 08/09/2018 at St. Johns Medical college, Bangalore our college Basketball (Men) team was Runners.

Winners of Cricket
Teaching and Non-Teaching
Sports Team SDUAHER



Winners of Kabbadi
Teaching and Non-Teaching
Sports Team SDUAHER



अंधेरा

अंधेरा ! घटाटोप अंधेरा, स्याह अंधेरा
 क्या रोक सकता है, आनेवाला सवेरा ?
 थदी नही तो फिर डरने की क्या बात है ?
 अंधेरे से तु क्यों मयसीत उदास है ?
 प्रतीक्षा कर सुबह की जिसका आना अवश्यमावी है
 कुछ खोया है थदी तुने तो कुछ पाना भी सम्भावी है !

पर,
 सुबह की सुनहरी धुप में अपनी आँखें चौंधियाने मत देना !
 अंधेरे से,
 जो आँखें फाड़-फाड़कर देखते थे, उस आदत को घूँटी जाने
 मत देना !

क्योंकि - अंधेरा एक डर है, जो आदमी को सज्जा बनाए
 रखता है।
 पर, अंधेरे के बाद आया सवेरा उसे असहज, अस्वस्थान
 बना देता है।
 या फिर सवेरे की तेज रोशनी उसे आँख मीचने को
 उकसाती है।
 वह रोशनी के जीत ले जाता है पर, वस्तुतः
 आँखों पर अंधेरा ही अंधेरा छाया रहता है।

प्रासदी यह की जब फिर अंधेरा होता है,
 तब और तब उसे यह अहसास होता है,
 की पिछले अंधेरे से ज़िसे उसने सहेज कर
 रखा था,
 उसे सवेरे की रोशनी से उसने जवाँ दिया है।

Poem by
 Aayush Srivastava
 1st Year
 Phoenix Batch

अतीत

- ① [अतीत तु इतना प्यारा क्यों है ?
वर्तमान अपना छोटे दुःख भी पंशया क्यों है ?]
- ② [अतीत की दीस भी गुदगुदाती क्यों है ?
वर्तमान की सखसली धुआन भी खिजलाती क्यों है ?]
- ③ [आदमी जीवन की इस अंधी दौड़ से हर रोज
अपने और अपने से कटता जाता है कुछ और !

जबकी हर बीते कल की ओर खींचती है
उसे अपने और अपने की ओर ।]
- ④ [अतीत से जाना है अने सुर का सुर
वर्तमान ने दिया है उसे अधिक, और अधिक सुर पाने का दुःख
अतीत की बंद मुठ्ठी से है उसका बीता
दुःख कल पूरी तरह साबूत
वर्तमान की बाँटे तत्पर है
बनाने को सविष्य की ताबूत ।]
- ⑤ [वर्तमान की बलिष्ठ बाँहे रोज
उसे ही उससे काटती है ; उस ताबूत से भरती जाती है
आधुनिक जीवन मूल्यों को निमाने की उसकी लाचारगी
खोल देती देती है उसकी बेचारी,
और अतीत का गम लिए - वर्तमान का
वर्तमान का जहर पीये - पीये
वह सुंदर सविष्य का ~~अच्छा~~ आह्वान
भर करता रह जाता है ।]

Poem by
Aayush Srivastava
1st Year
Phoenix Batch



BEING A BRAVEHEART



Her Ears Were Now Accustomed
To The Faint Perpetual Ticking Of The Clock.
She Sat There Patiently And Waited
For Her Shipwrecked Thoughts To Somehow Reach A Dock.

She Was Still As She Stared Into That Lifeless Form;
It Looked Back At Her With Equal Despair.
The Tears Obstructed Her View And Scalded Her
Flesh.
Her Only Wish Was To Be Reborn.

The Mirror Felt Ashamed Of Itself
As It Could Only Show Back Her Acid Burnt Face.
Oh How It Cursed Itself For Being Unable To Tell Her
That Her Inner Beauty Glowed With All Her Strength
And Grace.

Her Mind Went Back Against Her Wish,
To That Fateful Night She Had Faced.
How She Wished To Turn The Clock Back To The
Happy Times,
When She Fulfilled The Dreams She Chased.

She Asked Herself For The Millionth Time
Was It Her Fault She Wore A Dress?
Was It Her Fault She Couldn't Resist Him
Successfully?
Was It Her Responsible For This Irreparable Mess?

She Thought How Ironical It Was;
Only A Few Months Ago She Had Marched
For Equal Women Rights With Zeal
And Now How Desolate She Felt,
How Her Thoughts Were Now Cracked And Parched.

Her Mind Again Flew Back To That Night
When In The Darkness She Did Not See
Near The Corner The Man Who Lurked
And What A Mistake That Proved To Be.
Within Moments She Was Writhing In Pain;
The Acid Had Done It's Work.

She Winced At The Memory,
Wanting To Forget All Of It.
But As Her Self-Worth Again Took A Plunge,
She Knew It Would Continue Feeding At Her Mind,
Bit By Bit.

At This Crucial Point,
She Knew She Had To Choose.
The Next Step She'd Take
Would Either Make Her Or Break Her;
And Being The Brave heart She Was,
She Battled Her Inhibitions, Chased Away The Blues,
And Finally, She Won.

She Could See The Hope Shining Inside Of Her ,
Urging Her To Go On, And Telling Her To Stop Put-
ting
Herself At Blame.
She Could Feel This As The Starting Of Her New Life.

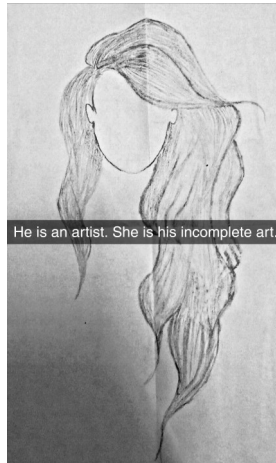
All She Needed Now Was A Hero,
So That's What She Became.

She Fought With All Her Might
And Faced Grueling Hours In Court
But Never, Not Once Did She Believe
That She Wasn't Right;
What She Did Believe, With All Her Heart Was
The Hotter The Battle,
The Sweeter Your Victory.

And Sweet Indeed Her Victory Was,
Her Rapist And Acid Attacker, Both The Same De-
mon,
Summoned To The Hangman's Noose.
Life Had Handed Her A Lemon,
She Had Finally Squeezed It Back Into Its Eyes.
She Had Dreams, She Had Nightmares,
She Overcame The Nightmares Because Of Her
Dreams.

All This Experience Had Left Her,
Broken, Imperfect And Flawed In The World's Eyes.
But She, Only She Knew,
That She Had Only Become Strong, If Not Stronger.

Poem by
Vishwani Rakesh
1st Year
Phoenix Batch



“ HE WAS AN ARTIST, SHE WAS HIS INCOMPLETE ART ”

An artist could be persuasive enough;
to be the thought behind all her feelings,
her songs, her ache, even her beautiful
starlit nights.

She was indeed too, the language he spoke,
the musings behind his art and inspiration
behind everything he created.

To him it was always about multitudes,
to her it was more of inordinate.

She was made of words;
he, of colours and pictures.

And yet somehow, he couldn't complete
her in his art and she couldn't fill
him up in her poetry.

Still wondering...

when their stars would align,
their souls would collide,

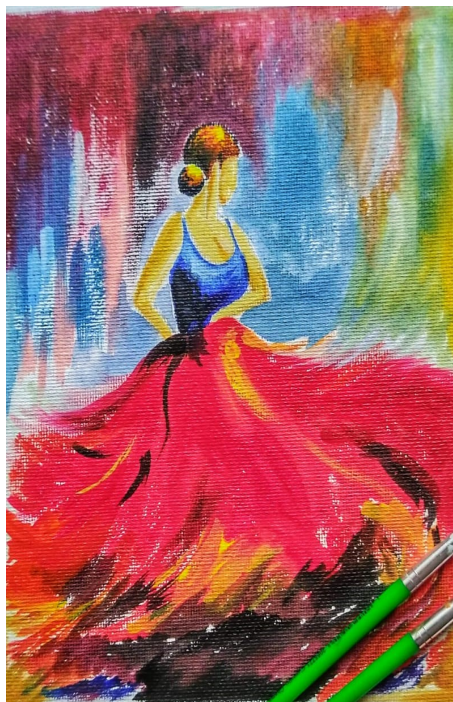
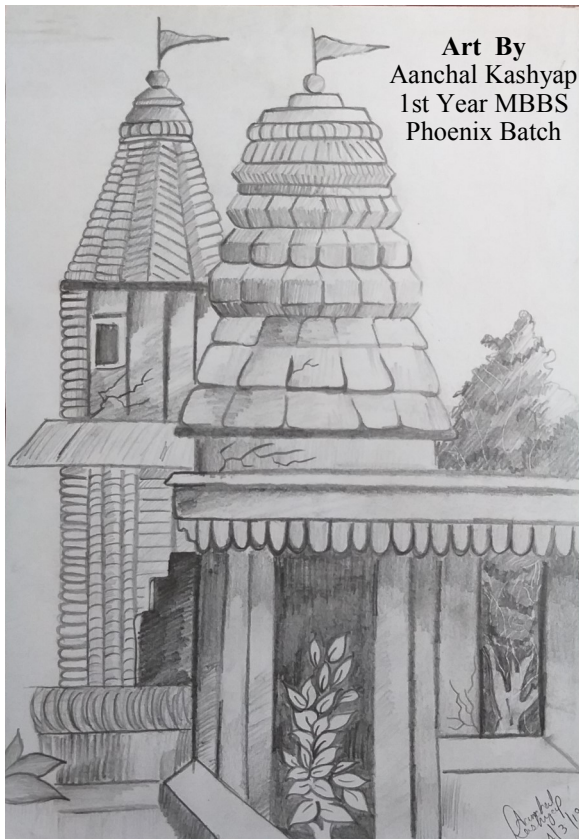
when the recognition would be mutual
and feelings would subside,

Possibility? Quite infinite.

Yet, wondering, if in this lifetime!

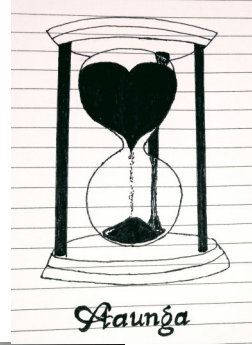
— Kanishka Singh
MBBS, 1st Term

Poem by
Kanishka Singh
1st Year MBBS
Phoenix Batch





Art By
Raghav Maheshwari
1st Year MBBS
Phoenix Batch



Meri zindagi me mehekti rehna gulabaon ki tarah
 Mai tujhe gulzaari karunga baharon ki tarah...
 Meri raaton me jagmagati rehna sitaron ki tarah
 Mai tujhe roshan karunga ujalon ki tarah...
 Rehna tu mere zehen me hamesha hasraton ki tarah
 Khud ko likhoonga tere naseeb ki lakiron me
 Barkaton ki tarah...
 Mere labzon ko hatheli par ukarna likhawat ki tarah
 Tere hathon par muskurahat likhne dunga
 Safawat ki tarah...
 Mere sath hone ka yakeen dilati rehna mujhe choo kar
 tere hathon ki narmahat ki tarah
 Tujhe sukoon dunga saral raaton me mili garmahat
 ki tarah...
 Meri khamoshi me tu bayaan hona ankahi alfaz
 ki tarah
 Tere aansuon se mai tapkoonga tere jazbaat
 ki tarah...

"The DAUNTLESS"

Most of all, it was some sort of
hollowness that took the toll,
All the while she kept wondering,
if she can be considered pure.
Her childhood was already crushed
behind their glare
Growing up, she knew she had to spare.
She kept wondering, why this fate?
She had no one who would confess,
that things wouldn't change.
Afraid and scared with no one who
would defend,
She knew her morales were too high to
bend
Knowing she was alone in this fight
of one
And that, she had to bravely face everyone
Now that she knew time was ticking,
She had one last job on hand that
needed an ending.

- Kanishka Singh
MBBS, 1st Term

Poem by
Kanishka Singh
1st Year MBBS
Phoenix Batch

कहानी है प्यारी, बड़ा प्यारा है हिस्सा
मेरी जिन्दगी का एक दोला सा हिस्सा ।
जब दोहरे से हम थे, किसी से न डर थे
सदा मुस्कुराते चाहे जैसे भी गम थे ।
न खाने की चिन्ता, न पीने की सुध थी
न रुठे कभी हम न की कोई जिद थी !
अब कहानी है, अब की जब हम थोड़े बड़े हैं।
खुले आसमां डे नीचे खड़े हैं ॥
जो आये मुसीबत वो खुद सह रही हैं।
मेरी जिन्दगी मुझसे कुछ कह रही हैं।
न घबराना प्यारे आँधी में खड़े रहना
चाहे तूफान आये, बस तुम तो अँडे रहना ।
और ये दुनियां डे रंगों रिवाजों को दोड़ो
जो किया तय लक्ष्य, बस उसी की ओर दौड़ो ।
चाहे कुछ भी हो हालत अँचा होंसला हो
मंजिल तो मिलेगी, बस यही फैसला हो ।
चाहे हालात हो बुरी, चाहे बन जाओ जोगी
ये दावा है मेरा, मंजिल कदमों में होगी ॥

Poem by
Rajesh Rajawat
1st Year MBBS
Phoenix Batch

-ॐ- मेरी मंजिल -ॐ-

मेरी मंजिल मुझसे दूर सी गयी है
सारी उम्मीदें दूर सी गयी हैं।
कौन नहीं चाहता कामयाबी अपनी
पर कामयाबी भी हाथों से दूर सी गयी है।

पर हार नहीं मानूँगा मैं, अपना सीना तानूँगा मैं
मंजिल को मुझसे दूर करे कोई तब तो जानूँगा मैं।
दुख और सुख के भेले हैं। पर वो भी हमने भेले हैं
-चाहे हो दुनिया साध मेरे चाहे हम निपट अकेले हैं।
लगता है दुख भी जायेगा मेरे घर भी सुख आयेगा।
अब तो उठ खड़ा हुआ हूँ मैं, मंजिल को मैं भी पाऊँगा
बहती गंगा में हर कोई, हाथ सरीडे धो जाये।
बात कोई ऐसी न करे, जिससे संकट कम हो जाये।
पर एक दिन तो संकट कम होंगे

हम भी एक Atom बम होंगे
एक दिन भी ऐसा आयेगा

जिस दिन बस हम ही हम होंगे -

जिस दिन बस हम ही हम होंगे

Poem by
Rajesh Rajawat
1st Year MBBS
Phoenix Batch

EVERY REVISIT

Only been in college for seven months and visited home thrice already. Everything blooms even in winter when foot is set back at home.

Life is easy when you know there are people who will take care of the mess created , who will make your favorite meals and who will pamper you.

Home is beautiful . Not just includes the house we revisit every holiday but also everything around it. Feels sometimes that the birds chirp your language . The ghats feel your own. The river knows you. Most importantly you know everything around you. Fear of unknown leaves you for a few days.

Every revisit home makes my saturated soul full of stress, tension and anxiety a bit light again. Thought that it might take me some time to know for sure whether I want to spend my entire life at the place where I have already lived long enough but it just took my first visit after college that made me adamant over the fact that there is no other.

Article by
Kanupriya Prasad
1st Year MBBS
Phoenix Batch

EYELIDS

Eyelids heavy.. hearts heavier..
Knowing that nothing is same between them.. made her nights even more scarier
Making a note of past memories and blossomed sunshine's which used to b so once livelier..
She knew nothing could b undone as was between them earlier

Eyelids heavy.. hearts heavier
Walking alone on the paths of heartbreaks would never b so easier
Little did she knew.. what the end of these paths carry for her..
It was the pain and struggle which rewarded her.. as being bolder stronger and even more happier.

Article by
Vidushi Swaroop
1st Year MBBS
Phoenix Batch

IN DELIRIUM

When its 1:58am on the clock and you're not sure whether to call it too late at night or too early in the morning and you're doused up with coffee staring on, fixatedly, at a particular point in your not so significant surroundings whilst trying neither to fall asleep nor to stay entirely awake, certain sinister thoughts begin to nestle in your erstwhile blank mind. Like, "where did the birds from the neighbourhood tree fly off to?" or, "why don't they serve *dal* every day in the mess?"

As you sit in your chair shifting your weight from your left hip to right with your mind clouded with quasi-relevant topics, you start, almost unknowingly, scribbling on the first parchment of paper you see. And then, almost rhetorically, your mind delves into the deeper concepts of human morality, politics, string theory or whatever may be your cup of tea. Pretending like some great author whose work is yet to be appreciated by the common masses, you start your writing with heavy and loaded words – with each sentence garnering more momentum than the previous one, there comes a threshold point beyond which neither your brain nor your hand has the strength to continue professing to the world (apparently) in speeches about "the philosophy of human morality" or "realms of human endeavour" or whatever psycho-babble genre of writing that grasps your attention, and you give up almost entirely overnight, on your grandiose literary career and chuck it on your table. And eventually, by next morning, all your words bear significance none more than the idiosyncrous musings of every commonplace eccentric- rambling, monotonous and unending.

Article by
Aanchal Kashyap
1st Year MBBS
Phoenix Batch



INDEBTED

As I see the cars passing by,
The star light seems to bid good bye;
All I could see is the street light embraced:
By the little mirror pieces attached to the attire I was fit into, tight.

I have seen the sun rising past midnight,
Staring into that trembling tower's bulb of light,
Which makes me blind grabbing the sheets tight.

I know exactly how coins hurt and not paint balls with increasing smile curves and points.

Each time I see a car coming with alternating beams,
I feel my shaking leam.

I wait:
I wait for a grin and a night full of sin with notes dropped in the bin.

For her smile, I choose the less walked aisle.

Her, you ask?

My daughter's smile is my daily task.

I wish someday,
Someone would slow down, roll down and pass a smile brown.
Someday, Someone would embrace me with quilts and not sinner's twists.

Until then?

It's all about:
Dominance,
Submission,
And, shining attire, that'll always be tight to tackle the light.

Wake me up when she can stand.
Wake me up when I would not have to wait for any slowing brands.
Wake me up when I can rely on her try.

The day is bright so is night,
For her curves matter and her contours shouldn't shatter.

I work in an organization, pleasing the unpleasant.

Where all what matters is the shade of your lipstick and your trade.
Soul could be black but lipstick got to be chunky red to please the raid and continue the trade.

The colour of her warm smile is soothing red, so is blood's.

I choose her smile and I walk across the road and put myself amongst the traded souls.
Where I lose myself to the empty roads,
Where I could barely turn back to my own name but whore and Chameli.

Where for them, I'll be deployed tonight and they'll consider me a toy like all other nights.

Poem by
Aryan Pankaj
1st Year MBBS
Phoenix Batch

Life in SDUMC

Days just passed away..... Now it had become my routine..... After 4:30 pm either to look at those puppies or to hear the interesting talks of others. Round table is the highlight of all the time. If God has given those stone pillars a life, even they too would have many stories to speak up.... proposals, breakups, birthday parties and of course about the so called interaction session.

In the coldest days of December, where our entire body wish to have a hot sun bath, i could see that man, maybe the cook (still I don't know what is his name) coming at 4:30 am, slowly opening the door of mess, where the entire kolar is under the deep valley of silence. It's interesting to look at the moon above the volleyball court and the PG students with their busy life schedules. In the midst of December even there has been time where the breaks at 11:30 am was a relief for all of us, where every one of us would have a hot Sunbathe. When my roomier gaze upon the vibrant colors of her smartphone, I would go out and gaze to infinity and she calls me as "psycho".

When friends pour concentrated Hcl instead of sulphuric acid and the sharpening stories of eosin pencils added to the fun.

Just like celebrities change their life and lifestyle even some of us opted for changes. So from the world of virtual reality we decided to live in the world of reality. Now as every individual in the world has citizenship, it's mandatory that every single person has smart phone with him. Even the mode of communication has changed. Rather than having a good oratory skill now the speed of our hand decides the extend of communication. Updating and uploading goes in one hand and we ourself forget about the present. It's a fact that this virtual reality has soothened our life and made things easier. But what if things change from use to overuse?

Yeah..... Of course we are gaining many things through the modern Era technology but at the same time we are loosing something. Something between you and me, in between families, in between friends, societies and communities that is what we call as interaction.....

Poem by
Amithia.G
1st Year MBBS
Phoenix Batch

NEO-POLITICO CONSPIRACIES

Premise:

“There are 100 cadres inside an ordinary plane. Only 3 other people that you can trust. You must parachute out to a safe location where your selection of ammunition awaits. Beware, for you might not be alone. Sprint, drive, swim; but stay inside the safe zone. Do not forget to pick up your scope and suppressors. You see an air drop in your periphery; the safe zone growing smaller; you let out a sigh and feel the bloodbath awaiting you at the cornucopia. SCAR-L, UZI, AKM, M16A4; be careful to choose the faster weapon...”

Reality:

India has a daily average of 20million active PUBG players at any time during the day. India has approximately 1.4million active military personnel.

The aforementioned two statements have no relation with each other. However, they both bear significant relevance to the era and geopolitical scenario that we’re currently living in.

War, however much we wish to vilify or glorify it, is essentially the most brutal and horrific way to inflict violence upon each other. In the aftermath of the recent Pulwama attack it felt like both nations were once again perched on the precipice of an erupting war. Hysteria grasps the masses faster than a bout of cholera. And the shrill war cry for a bloodbath echoes louder than ever (#PKMKB). However, we miss two key points of the situation; firstly, neither nations are in any state, not financially, nor politically to be involved in a war. Secondly, all caps opinions of an everyday “twitterati” demanding a trial at arms does not make for appropriate counsel to the defence ministry.

As of now, it is a huge sigh of relief to see the heat hasn’t reached the head, or rather, the “heads of state” and even at the heights of tension, both convoys of ministries, despite their power-packed speeches, haven’t taken any rash steps. *Yet*. Neither history nor reality of war between India and Pakistan reveal a pretty future- it would set back years of diplomatic relations and economic growth, lead to loss of innumerable soldiers, paramilitary personnel and civilians, incur severe financial loss in both countries. Lest we not forget that both countries are nuclear powers and make this war an apocalyptic event for the population of both nations and the global geopolitical implications would not only make it to be a spectator sport of bloodshed but would also polarize international support across the world. India shares approximately 15,000km of international land and 7,000km of international sea border as its territory; concentrating our forces in one specific landmass leaves precious key locations barren and open for attack.

Coming to the PUBG angle, having less to do with the game and more to do with the players itself, it is evident that most of the active players are members of our own generation. Ours is a generation formed largely of smart phone wielding millennials and Gen-Ys who have never actually lived through a war in our lifetimes. Be it in our sheer ignorance or inexperience, all relevance we have with the act of war is not from lived experiences but from fanciful depictions from movies or playing a close game of PUBG. In emotions of hyper nationalism and arrogance we thrive on our quest for revenge, putting in risk the lives of the same soldiers we claim to love, while remaining safely sequestered in our respective homes.

In the aftermath of the Indian pilot being captured in Pakistani soil, the focus shifted from a hyperbolic quest for bloodbath to ensuring the safe return of our pilot. This brush with reality served as a quick preview to the price tag of war- is our generation really ready to martyr lives in our thirst for revenge? Are we ready to lose our men to the other side as prisoners or to death? Are we really ready to curtail individual freedom and live in a situation of fear and gamble on victory?

Bottom line is, there is neither valour nor victor after a war, only the side that remains. India, in all its history has never been an initiator or aggressor in matters of war. Hope we don’t start now.

Article by
Aanchal Kashyap
1st Year MBBS
Phoenix Batch

**ಶ್ರೀಯುತ ಕವಿ ಹಣಬೆ, ನಾ.ಪಾಪೇಗೌಡರಿಗೆ
“ಶ್ರೀ ನಾಲ್ವಡಿ ಕೃಷ್ಣರಾಜ ಒಡೆಯರ್ ಪ್ರಶಸ್ತಿ”**



ದಿನಾಂಕ: 13.01.2019 ರಂದು ಮಂಡ್ಯ ನಗರದ ಗಾಂಧಿಭವನದಲ್ಲಿ ದಿವ್ಯ ಜ್ಯೋತಿ ಕಲಾ ಮತ್ತು ಸಾಹಿತ್ಯ ವೇದಿಕೆ, ಮಂಡ್ಯ ಇವರು 63ನೇ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವದ ಮತ್ತು 4ನೇ ವಾರ್ಷಿಕೋತ್ಸವದ ಅಂಗವಾಗಿ ಏರ್ಪಡಿಸಿದ್ದ ಪ್ರಶಸ್ತಿ ಪ್ರಧಾನ ಸಮಾರಂಭದಲ್ಲಿ ಕೋಲಾರದ ಶ್ರೀ ದೇವರಾಜ್ ಅರಸ್ ವಿಶ್ವವಿದ್ಯಾಲಯದಲ್ಲಿ ಗುವಾಸ್ತರು ಮತ್ತು ಬೆರಳಚ್ಚುಗಾರನಾಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿರುವ **ಶ್ರೀಯುತ ಕವಿ ಹಣಬೆ, ನಾ.ಪಾಪೇಗೌಡರಿಗೆ “ಶ್ರೀನಾಲ್ವಡಿ ಕೃಷ್ಣರಾಜ ಒಡೆಯರ್ ಪ್ರಶಸ್ತಿ”**ಯನ್ನು ನೀಡಿ ಸನ್ಮಾನಿಸಿರುತ್ತಾರೆ. ಆದಕಾರಣ **ಶ್ರೀಯುತ ಕವಿ ಹಣಬೆ, ನಾ. ಪಾಪೇಗೌಡರಿಗೆ** ಶ್ರೀದೇವರಾಜ್ ಅರಸ್ ಉನ್ನತ ಶಿಕ್ಷಣ ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ ಯವತಿಯಿಂದ **ಅಭಿನಂದನೆಗಳು.**



ಹೆಣ್ಣುಕ್ಕಳೇ ಸ್ವಾಂಗ್

ಹೆಣ್ಣೇ ಕುಟುಂಬದ ಕಣ್ಣು
ಅನ್ನೋ ಗಾದೆಗೆ
ಕಲಿಯುಗದ ಮಾದರಿ ಹೆಣ್ಣಿನ
ತಗಾದೆಯ ವರಸೆ ಇಲ್ಲಿದೆ ವಕಾಲತ್ತು

ಮದುವೆಯಾದ ಮೇಲೆ
ಬೆಳೆಯುವ ವಯಸ್ಸು
ಹರೆಯದ ಹುಮ್ಮಸ್ಸು ಇಲ್ಲದೆ ಹೋಯ್ತು
ಬರೀ ಮರುಗುವ ಮನಸು
ಕನಸು ಕಾಣುವ ನನಸು ಮಾಯಾವಾಯ್ತು
ಅಂತಾಳೆ ವೈ-ಫೈ ಫ್ಯಾಮಿಲಿ ಲೇಡಿ

ಯಾರ ಮುಂದೆ ಕೈ ಚಾಚೋಲ್ಲ
ಯಾರ ಮಾತನೂ ಕೇಳೋದಿಲ್ಲ
ಯಾರಿಗೂ ಸಲಾಂ ಹೊಡೆಯೋಲ್ಲ
ಅಂತಾ ಕೈಯನ್ನ ತಿರುಗುತ್ತಾಳೆ ಮಾಡ್ರನ್ ಲೇಡಿ

ತನ್ನ ನಿರ್ಧಾರ ಬೇರೋಬ್ಬರಿಗೆ ನೀಡೋಲ್ಲ
ತನ್ನ ಯೋಚನೆಗಳ ಯಾರ ಹತ್ತಿರ ಹೇಳೋಲ್ಲ
ಸಂಸಾರಕ್ಕಾಗಿ ದಿನನಿತ್ಯ ಸಾಯೋದು ಬೇಕಾಗಿಲ್ಲ
ಅಂತಾ ಕಾಲನ್ನ ತಿರುಗುತ್ತಾಳೆ ಕಿಂಗ್ ಆಫ್ ಲೇಡಿ

ಸವಾರಿ ಮಾಡೋ ಗಂಡನ್ನ ಬೇಡುತ್ತೀನಿ
ಗಂಡನಂತೆ ಹೊರಗಡೆ ನಾನು ದುಡ್ಡುತ್ತೀನಿ
ಗಂಡನಂತರ ಸ್ನೇಹಿತರ ಸಹವಾಸ ಮಾಡ್ತೀನಿ
ಅಂತಾ ಮೂತಿನಾ ತಿರುಗುತ್ತಾಳೆ ಡಿಮ್ಯಾಂಡ್ ಲೇಡಿ

ದಿನಗಟ್ಟಲೆ ಫೋನ್‌ನಲ್ಲೇ ಕ್ಷೇಮ ಸಮಾಚಾರ
ಗುಟ್ಟಗಟ್ಟಲೆ ವಾಟ್ಸಾಪ್‌ನಲ್ಲೇ ವಾಕ್ ಸಮರ
ವಾರಗಟ್ಟಲೆ ಷಾಪಿಂಗ್, ಪಾರ್ಟಿ ಅನ್ನೋತರ
ಬಜಾರ್ನಲ್ಲಿ ಬಜಾರಿಯಂಗಿ ಸುತ್ತೋ ಸ್ವಾಂಗ್ ಲೇಡಿ
ಏನನ್ನಬೇಕೋ ಏನ್ ಹೇಳಬೇಕೋ ಒಟ್ಟಿನಲ್ಲಿ ಹೆಣ್ಣುಕ್ಕಳೇ ಸ್ವಾಂಗ್

ಹೆಣಬೆ, ನಾ.ಪಾಪೇಗೌಡ

ಶ್ರೀ ದೇವರಾಜ್‌ಅರಸ್ ಉನ್ನತ
ಶಿಕ್ಷಣ ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ
ಟಮಕ, ಕೋಲಾರ



*Graduation isn't the end
of a tough journey
it is the beginning
of a beautiful one...*

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Sri Devaraj Urs Academy of Higher Education & Research
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TAMAKA, KOLAR-563 103, KARNATAKA, INDIA

Ph.: 08152-243003, 210604, 210605, Fax: 08152-243008, E-mail: sankeerna@sdumc.ac.in , editorsankeerna@sdumc.ac.in
website: www.sduu.ac.in , www.sdumc.ac.in