



Beloved Hon'ble President  
**Shri. R. L. Jalappa**  
Sri Devaraj Urs Educational Trust



**SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH**  
**IT'S CONSTITUENT**  
**SRI DEVARAJ URS MEDICAL COLLEGE**  
**AND**  
**DEPARTMENTS OF ALLIED HEALTH AND BASIC SCIENCES**

*Presents*

# **SANKEERNA-2020**

**Official Academy Magazine (March 2019 - February 2020)**

[sankeerna@sdumc.ac.in](mailto:sankeerna@sdumc.ac.in)





# SANKEERNA-2020

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

It's Constituent

SRI DEVARAJ URS MEDICAL COLLEGE

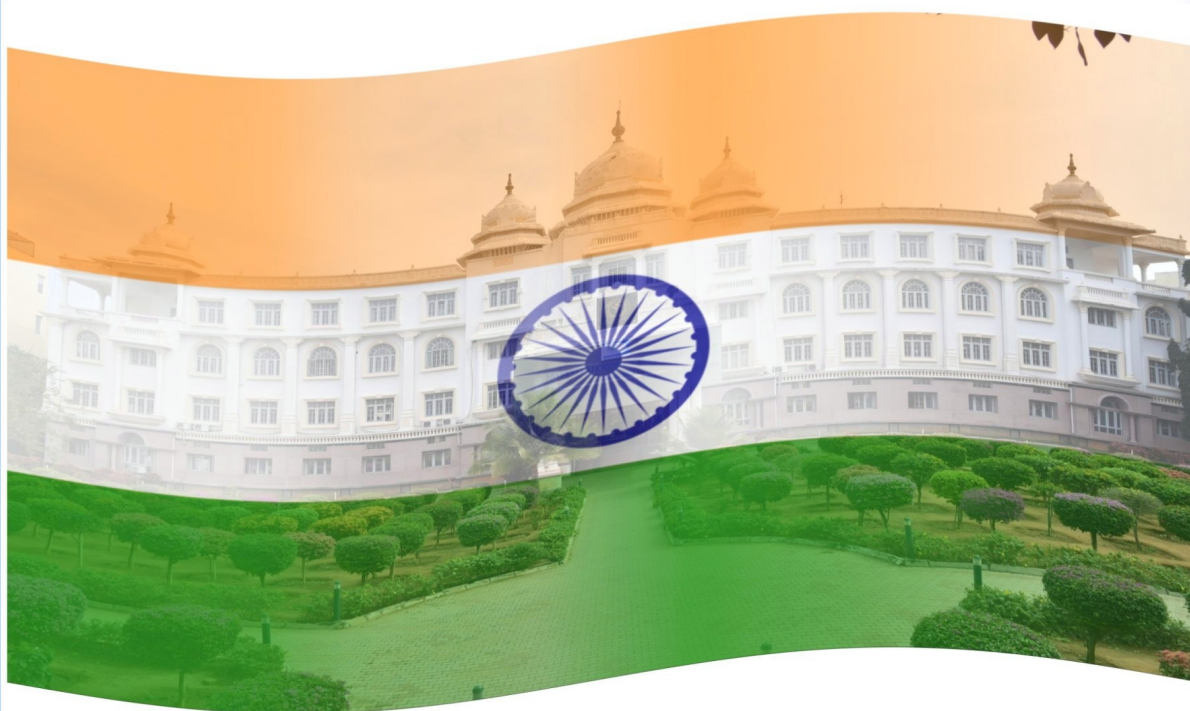
AND

DEPARTMENTS OF ALLIED HEALTH AND BASIC SCIENCES

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## SANKEERNA-2020



Institution to enable governance, leadership and management among students, faculty and non-teaching staff; has provided autonomy to express literary activities through Academy annual magazine, SANKEERNA.

SANKEERNA is a student centric magazine with collection of talents of students and faculty of Sri Devaraj Urs Academy of Higher Education and Research.

### **Preamble:**

SANKEERNA, time immemorial, has represented a medium for its stakeholders to express their talents. It gives an articulate briefing of the activities and achievements of the Academy, thus building a bridge between the students' creativity and medical epistemology.

SANKEERNA in addition to academic, educational, sports & cultural events held at the college also echoes the vibrant college life and important events celebrated.

### **Objectives:**

- ♦ To provide a platform for students to express their adroit and crafty ideas
- ♦ To encourage freedom of expression
- ♦ To foster in students the literary interests and mould their intellect
- ♦ To provide a medium for exchange of thoughts and information among peers
- ♦ To provide training to students for better utilization of their leisure time
- ♦ To provide encouragement for and to stimulate worth-while activities

### **Purpose:**

SANKEERNA magazine reflects the identity of our educational institution and is an integral part in the governance, leadership and management through the writings of its students and teachers as well.



# EDITORIAL



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PRADHAY



AVI GOPINATH





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**SRI DEVARAJ URS EDUCATIONAL TRUST FOR BACKWARD CLASSES**  
**TAMAKA, KOLAR, KARNATAKA**



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Director, PG Studies



**Dr. Shashireka C.A**  
Chairman,  
Women Empowerment Cell

## MESSAGE



I congratulate all the graduates on this occasion.

It is a great occasion to see the overall growth and achievement of the Institution.

Today is a day on which every graduate takes a pledge to practice medicine ethically with dignity and commitment to serve humanity.

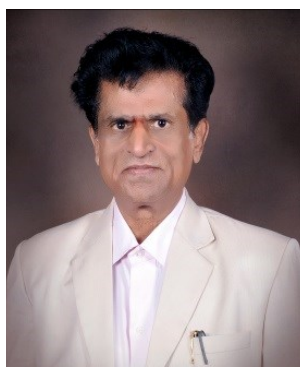
It is also a day to take oath for the welfare of mankind and not to differentiate people on the basis of caste, creed, richness or poverty.

On this occasion the college magazine, "SANKEERNA - 2020" is being released which contains colorful, informative and educative articles contributed by our staff and students.

I bless the outgoing students all the very best in their future endeavors and I am confident that wherever they are placed they shall with dedication, determination and discipline serve our nation.

**Shri. R. L. Jalappa**  
Founder President, SDUAHER

## MESSAGE



It is a matter of great pride and pleasure that Sri Devaraj Urs Medical College, the constitute college of Sri Devaraj Urs Academy of Higher Education and Research is celebrating the 10<sup>th</sup> Convocation.

I am happy that our students are emerging from the institution and also exhibiting extracurricular and co-curricular talents with a very good academic performance.

It is also a celebration time for parents to see their children successfully completing the course with added knowledge, abilities and values to their credit.

I am happy to note the growth of our Institution and the commitment of the staff who have guided the students.

"SANKEERNA" the college magazine, is being released on the occasion of the Convocation day. It is a treasure house of articles by staff and students; the college magazine exposes their hidden talents.

I wish that the occasion will be an enjoyable and memorable one.

**G.H. Nagaraja**  
Secretary, SDUET



## MESSAGE



My hearty congratulation to the professional team spirit of the students and faculty for "SANKEERNA 2020".

During the year 1986, our Visionary Leader' Sri R.L. Jalappaji made the dream come true by creating Medical Institution in a Rural Area.

Today SDUAHER is a Massive Temple structure of "VIDYA". This premier institution offers the highest quality education, world-class medical teaching and learning facilities at Kolar. Sri Devaraj Urs Medical College provides facilities for social service, leadership development and focused on Medical Research Projects. Thanks to the Dynamic, inspired, visionary leadership of Sri R.L. Jalappaji whose contributions are enormous to build such a Massive Educational Institutions.

On this occasion, I congratulate all those young students who are Graduating at the 10th Convocation of SDUAHER.

I wish the Young Graduates to Focus on Research Activities, Innovations, which would contribute for the Health of Mankind today.

"Education is the most powerful weapon which you can use to change the world"

*Youth Leadership is the Capacity to translate Vision into Reality*

*- Warren Bennis*

**Rajesh N. Jagdale**  
Vice Chairman, SDUET

## MESSAGE



It is a happiest moment to note the Institution is celebrating 10th annual convocation. It is a proud occasion to release the college magazine "SANKEERNA-2020" on this auspicious occasion.

"SANKEERNA-2020" is the mirror of the innate creativity of the students in the field of literature and fine arts which are an essential component to any student in addition to the regular curriculum.

The articles in the magazine reveal the wisdom, enthusiasm and knowledge of the students to the fullest.

I extend my heartiest congratulations to the students, staff and the editorial board of SANKEERNA-2020.

I wish all graduates a great future.

*"Warmest congratulations on 10<sup>th</sup> Annual Convocation"*

**Shri. J. Rajendra**  
Director (A&F), SDUET

## MESSAGE



I am glad to know that Sri Devaraj Urs Medical College, Kolar is bringing out the College Magazine SANKEERNA-2020. The college magazine is a forum which could aptly be used for recording events, fond memories and creative writing. I am sure that this magazine will be informative and resourceful.

On this occasion, I convey my good wishes to the students and faculty of the college in their endeavors. It was quite inspiring to watch and witness the potential of our students unfolding at various stages and situations each day. The management and the staff have been compassionate of the various activities that were undertaken by the students in view of helping them reach the pinnacle of perfection and professionalism in their academics as well as extracurricular activities. The college magazine exemplifies the literary skills of our students and faculty.

The institution has fostered the aspirant doctors' Art and literary desires and has given the students physical and emotional space to record their feelings.

Best wishes and blessings to our dear outgoing students of the Batch 2019-20. Congratulations to the editorial team for their determined efforts in bringing out this magazine. The college magazine is the 'seamless amalgamation of students' creativity and essence of the activities of the medical college which nurtures the vision and inspires innovation towards the society.

**Dr. S. Kumar**  
Chancellor, SDUAHER





## MESSAGE



डि. प्रशांत कुमार रेड्डी, भा.प्रशा.से.  
**D. Prasanth Kumar Reddy, IAS**



भारत के उप-राष्ट्रपति के निजी सचिव  
**PRIVATE SECRETARY**  
**TO THE VICE-PRESIDENT OF INDIA**  
नई दिल्ली / NEW DELHI - 110011  
TEL.: 23016344 / 23016422 FAX : 23018124

The Hon'ble Vice President of India is happy to know that Sri Devaraj Urs Medical College, Sri Devaraj Urs Academy of Higher Education & Research, Kolar, Karnataka, is organizing its '10<sup>th</sup> Convocation' and 'College Day' celebrations on March 28, 2020.

The Hon'ble Vice President extends his greetings and congratulations to the students, teachers and all the staff members of the college and wishes the event all success.

(D. Prasanth Kumar Reddy)

New Delhi  
13<sup>th</sup> March, 2020.

## MESSAGE



I am pleased to learn that Annual Magazine of Sri Devaraj Urs Medical College, SANKEERNA 2020 will be released on the occasion of 10<sup>th</sup> convocation (virtual) of Sri Devaraj Urs Academy of Higher Education and Research, Kolar scheduled on 12<sup>th</sup> June 2020.

Human resources with requisite skills and decision making capabilities are integral in building a self-reliant nation. I am sure that the students of this deemed to be university are fortunate, as they are given the best of opportunities to acquire skills and competencies to become successful professionals in their respective fields of study.

I wish all the outgoing graduates, post graduates and the doctoral degree awardees great success in their future endeavor. I congratulate the team's effort in bringing out this magazine.

**Dr. A. V. M. Kuty**  
Pro-chancellor Academics, SDUAHER

## MESSAGE



I am happy to know that 'SANKEERNA-2020', the Annual College magazine is being brought out during the 10<sup>th</sup> College day celebrations of Sri Devaraj Urs Medical College.

During the last academic year, the students have made the best use of the facilities available at the campus and excelled in curricular, co-curricular and research activities.

This annual publication chronicles the various events and activities at the college and also showcases the artistic, literacy and creative prowess of the students of this esteemed institution.

I compliment the editorial team for their untiring efforts and wish them the very best.

**Dr. C K Ranjan**  
Pro Chancellor (Health Care), SDUAHER

## MESSAGE



It is an honour for me to represent as Registrar of Sri Devaraj Urs Academy of Higher Education and Research, A Deemed to be University, Tamaka, Kolar on the solemn occasion of 10<sup>th</sup> Annual Convocation.

I am delighted on the hard work put up by the graduates and post graduate students of our Academy leading to this day of graduation in their academic life.

I wish all the outgoing graduates and post graduates of today's convocation a bright future.

I also appreciate the Editorial Board of "SANKEERNA 2020" for the release of this valuable memoir consisting of the achievements of our Academy.

I wish them good luck.

*"With love and pride today and always"*

**Dr. K. N. V. Prasad**  
Registrar, SDUAHER

## MESSAGE



It gives immense pleasure to know that Sri Devaraj Urs Medical College is bringing out its annual magazine "SANKEERNA-2020" which is reflection of all the academic and non-academic activities of the college with students forming the crux of it. The magazine is like kaleidoscope of students' different talents and hard work conveying the message of Unity in Diversity.

Sri Devaraj Urs is a pivotal organization in developing medical education in a rural sector of Kolar. Not only has there been a vast change in the fields of medical education and patient care in last few decades, but with revolution of information technology, the nature of education, teaching and learning has changed. The expectations of students, teachers, professional bodies and other stake holders are increasingly demanding. A higher and deeper engagement of everyone involved in constant quality improvement has become a necessity. The Academy is constantly striving to reach the goals of academic excellence with the quality patient care as well.

My wishes to all graduates, I hope they will serve the expectant society with the professional service they were trained with. I congratulate all the graduates on this joyous occasion and wish the university and its staff success in their forthcoming endeavors.

Wishing all the very best.

**Dr. G. Pradeep Kumar**  
Vice-Chancellor, SDUAHER



## MESSAGE



I congratulate all the graduates for their academic achievement and wish them good luck and bright future on this 10<sup>th</sup> Convocation.

I hope the stakeholders of this Convocation Day had an enjoyable time during their stay at this campus and expect them that will be coming back to this Institution with a great zeal & enthusiasm.

It gives me great pleasure to present to you "SANKEERNA-2020", the much awaited annual college magazine.

"SANKEERNA-2020" is a collection of overall activities of the Institution and includes academic, cultural, sports and literary activities.

I would like to take this opportunity to thank our Beloved President of Trust Shri. R. L. Jalappa, Respected Secretary Shri. G. H. Nagaraja, Trustees, Engineering Department and Esteemed Officers of our Academy for their support and encouragement to bring out the best in all of us.

I thank the members of the editorial board for their splendid effort in making this magazine.

I extend my warm regards to all the faculty and students for their marvelous contribution in bringing out "SANKEERNA-2020".

I sincerely wish that this magazine brings to you memories you can treasure forever.

I hope this magazine gives you an enjoyable read.....

*"All power is within you; you can do anything and everything..."*

*-Swami Vivekananda*

**Dr. P.N. Sreeramulu**, Principal, SDUMC  
Dean, Faculty of Medicine, SDUAHER  
Chairman, Magazine Committee



As Editor- in- chief of our college magazine, I feel proud and happy to present “SANKEERNA 2020 “

The essentiality of our college Magazine is to inform, engage, inspire and entertain a diverse readership. Include alumni, faculty, staff, students, parents, friends and well wishers of our Institution to present an intimate, timely and honest portrait of our Institution. I and my team have tried to fulfill it by taking care to publish the content with utmost care.

As the world is suffering from COVID 19 related crisis, I pray almighty to end this at the earliest and keep every individual safe and healthy.

I and my team welcome suggestions from reader concerning content. This will enable us for **“Continuous Quality Improvement”** of our college Magazine and serve you better in future.

Although the magazine may not fully reflect the diversity of the College and its family, editor shall make every effort to represent, over the course of time, great diversity of interest, opinion and background inherent in the magazine's readership.

I thank, our Management, Trustees, Dr. S. Kumar Honorable Chancellor, Dr. Pradeep Kumar G. Honorable Vice- Chancellor, Dr. K.N.V Prasad, Registrar, SDUAHER, Dr. Sreeramulu P.N, Principal and Dean Faculty Medical Science & Chairman of our magazine committee, and all Advisors and my Magazine Committee Team, Faculty and Students for their timely contribution in bringing out this News Letter.

*“Safety isn’t expensive, it’s priceless”*

**Your comments and Suggestions !!!!!!!**

**Please mail to**

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[sankeerna@sdumc.ac.in](mailto:sankeerna@sdumc.ac.in)

**Dr. K.N. Shashidhar**

Professor Biochemistry

Editor-In-Chief, SANKEERNA



Sri Devaraj Urs Medical College, a unit of Sri Devaraj Urs Academy of Higher Education and Research, Kolar was started in the year 1986 by group of philanthropists and educationists. The team was headed by Shri. R.L.Jalappa, Founder chairman in the small hamlet, Tamaka, Kolar, Karnataka. The motive of starting this institution was to cater quality higher education to the backward classes. The institution was started with an intake of 100 undergraduate students and in a short span increased to 150 students. The beginning years itself the college has created a history by bagging 12 Gold Medals in the affiliated Bangalore University examination conferred in the year 1991. From that time, Sri Devaraj Urs Medical College has excelled in the higher education.

The Medical college has started its postgraduate courses from the year 1996 and at present has postgraduate programme in 19 departments. The college has applied for start of new courses in the departments of Emergency Medicine and Transfusion Medicine. Further, medical college in due course of time is applying for super specialty courses in Urology, Neurology, Plastic surgery and Cardiology.

Sri Devaraj Urs Medical College affiliated to Sri Devaraj Urs Academy of Higher Education and Research in the year 2007 has started Ph.D. programme in 8 departments and Fellowship programme in Head and Neck Oncology.

Medical College has a well-structured curriculum beyond the statutory body guidelines. This has enabled the students graduating from medical college to compete globally and become a competent doctor.

Medical College has a well-qualified faculty who are dedicated and competent in teaching, learning and evaluation. This has been proved year on year with the results and the student feedback. The competency, the students acquire from this institution has been applauded globally. The transparency in conduct of examination both in formative and summative assessments has been captured in the feedback form submitted by students and external examiners. Medical College has coterie of faculty who are pioneers in medical education headed by Dr. P. N. Sreeramulu, Principal as the Chairman. College has implemented CBME curriculum from the present batch and all the faculty are trained for the same.



Medical college has central formative assessment and evaluation system invigilation of formative assessment is also centralized at the college level. This has proved the transparency in the examination and evaluation system of our institution. College has implemented 100% Objective structured practical examination and Objective structured clinical examination in both formative and summative assessments.

Medical college has a well-equipped state-of-art Central Diagnostic Laboratory service, Central Research Laboratory and Center for Advanced Research and Excellence (CARE), where undergraduates, postgraduates, Ph.D. scholars, faculty and scientists can carry out their research activities. Department of Biochemistry has established Fluorosis Research Referral Laboratory (FRRL) to conduct research on fluorosis which is endemic in this area. FRRL is headed by Dr. K. N. Shashidhar, from Department of Biochemistry and supported by all the departments of Faculty of Medicine and Faculty of Allied Health and Basic Sciences. Department of Forensic Medicine in collaboration with the Department of Biochemistry has established Toxicology and Poison Detection Center (PDC).

From 1<sup>st</sup> April 2019 to 31<sup>st</sup> March 2020 college has published 194 research publications in peer reviewed, indexed journals with a good impact factor. Faculty of SDUMC was sanctioned 17 SDUAHER funded projects and research is in progress. Faculty and postgraduate students has presented research papers in National and International conferences.

Our institution has been continuously approved with STS ICMR projects for undergraduates and the number which was 02 in 2006 has increased to more than 54 in the current year. The postgraduate ICMR projects have also increased exponentially year on year.

With respect to infrastructure and learning resources, medical college has 6 lecture galleries with modern facilities to train the students in the health care delivery system. Institution has well equipped laboratories to train students in core competencies to prepare them to compete globally. Institution has a structured mentorship programme. The mentorship programme has helped the students to improve their student- teacher relationship and also mentor-mentee relationship. Thus, the students' attendance, performance in both academic and non-academic activities has improved beyond expectation. SDUMC has an in-house student counselor to address issues related to student relations. College has separate hostel facilities for boys and girls students with round the clock security and infrastructural facility. Residential facilities are available for teaching and non-teaching staff of medical college.

College has a Herbal garden with plants of medicinal importance and animal house for research activities.



Animal house is well equipped with suitable environmental condition for the animals and has an in-house veterinary office to take care of their health. Medical college has rainwater harvesting facility and facility for Divyaangan (physically challenged persons). Campus is filled with lush green environment with more than 3,000 trees of different families. Institution has natural apiculture due to the in-house horticulture.

Medical college is vibrant in conduct of various CMEs, Guest Lectures, Days of importance, Workshops, Melas, Birthday celebrations of National leaders and freedom fighters etc. Our institution has been encouraging the diversity of students by conducting festivals of State and National importance.

Students are encouraged to participate in sports and cultural activities at state and international level and have brought accolades to the institution.

Institution has governance, leadership and management at student, faculty as well as non-teaching staff. The students are included in the various committees and are given autonomous to carry out the activities related to sports, cultural, magazine, academic society, student welfare etc. However, the students are monitored and guided by the well experienced faculty.

**The Institutional values are:**

- ◆ On par with The Academy Vision and Mission statement and most of the short term goals have been achieved.
- ◆ The institution promotes the gender equity
- ◆ 24 x 7 security to students and faculty and an extra care towards female employees.
- ◆ Has in-house student counselor to take care of students psychological needs.
- ◆ Provision for separate boys and girls lounge.
- ◆ Has well equipped Crèche facility for kids of employees.
- ◆ To initiate go - green and save energy measures has solar geysers installed in all the hostels.
- ◆ Conduct Kannada classes for 1<sup>st</sup> year students to make them competent enough to converse with patients.
- ◆ To save water, institution has rain harvesting facility.
- ◆ To promote unity in diversity college conducts major festivals of all communities.
- ◆ In addition to regular teaching, learning and evaluation, the students are encouraged in cultural, sports and societal activities.
- ◆ Encourage faculty and Department by identifying the Best Teacher and Best Department respectively and award them.
- ◆ SDUMC has signed MoU to train UG students for entrance examination to join postgraduate MD / MS courses.
- ◆ As extension services and consultancy, SDUMC has entered in to MoU with Silver Crest Private Limited.
- ◆ Alumni association of SDUMC has donated study furniture to a Primary Govt. School at Marimakalahalli, a remote village in Chikkaballapur District.
- ◆ College has conducted online classes as per the schedule fixed at the beginning of the academic year and also the online assessments during COVID-19 crisis.

**Dr. P. N. Sreeramulu**  
Principal, SDUMC



## MBBS



**KAVYA. I**  
Anatomy, ENT,  
Pediatrics,  
General Medicine



**SMITHA MENON**  
Physiology, Pathology,  
Microbiology,  
Pharmacology,  
Forensic Medicine,  
Ophthalmology



**JAVVAJI LOKESH**  
Biochemistry,  
General Surgery



**GUNDALA SUPRAJA**  
Community Medicine, OBG

## Best Outgoing Students in Cultural Events



**MAREEDU SIRISHA**



**PRIYATHAM REDDY KOTI**

## Best Outgoing Students in Sports



**GUTTA GOUTHAM KRISHNA**



**APYAYA NIMMAGADDA**



### PG-MD/MS



**DR. SHAH MANAN BHARAT  
KUMAR**  
MD PATHIOLOGY



**DR. LAKSHMI K SWAMY**  
MD ANAETHESIOLOGY



**DR. ANJALI P. K**  
ENT

### PG-Diploma Toppers



**DR. DEEPA PATHARDE**  
DGO



**DR. PALLAVI N**  
DA



*"Many of life's failures are people who did not realize how close they were to success when they gave up."*

*-Thomas A. Edison*





R. L. Jalappa Hospital and Research Centre is a 1200 bedded tertiary rural health care hospital attached to Sri Devaraj Urs Medical College a constituent of Sri Devaraj Urs Academy of Higher Education and Research serving an economically backward area. It provides comprehensive health care at affordable cost and is therefore a privilege to Kolar district and adjoining areas of neighbouring states. It aims to provide state of the art patient care complying with international standards and at the same time participates in high quality research thereby contributing to medical knowledge. This is the only centre providing super specialty services in this region and excels in emergency medical and surgical care particularly for complicated cases.

This hospital is a confluence of excellent patient care, high quality medical education and contemporary research. The Emergency medical services, Oncology treatment & care and other Super specialty services like Neurosurgery, Urology etc., are a boon to the population of this region benefitting a large number of patients. The hospital has a close tie up with Cell biology and Molecular Genetics department, Department of Audiology and Speech Pathology, Physiotherapy and Nutrition and Dietetics department which come under Allied Health Sciences faculty of this University and contribute to patient care and research.

- ♦ Talking about the challenges faced the biggest and the meanest challenge of all was the COVID-19 pandemic. When the whole world was fighting the COVID-19 pandemic it was our responsibility to prepare ourselves and join hands with the world in this fight. In response to the dire need to take the COVID-19 crisis of this region head on, the R.L. Jalappa Hospital & Research Centre took a series of measures to address the emerging burning issues and has been providing the best of services possible.
- ♦ When whole world was buzzing with the word 'CORONA' and the pandemic was gripping all around our region as Chikkaballapur, Bengaluru rural and cross border districts too it was 43 days later to declaration of COVID-19 as pandemic our district reported the first case and we were prepared for this battle by then.





- ◆ We started by conducting awareness programmes about the pandemic, a spectrum of training sessions, right from cough etiquettes and proper use of masks to use of ventilator strategy in the management of COVID-19 pandemic. The training was for in house employees and we also extended our sensitisation programmes, trainings on diagnosis of the disease, trainings on management of dead bodies and many more to the district administrative authorities, police officers & staff, district health care officers and many more.
- ◆ Our management stood with us by encouraging and supporting morally and financially to curb the disease spread by supplying face masks, face shields, hand sanitizers, high end diagnostic facilities and many more.
- ◆ Apart from earmarking 420 beds along with 34 ICU beds with 14 ventilators, BiPAP, HFNO facilities a dedicated team of expert doctors and paramedical personnel, supporting staffs have been at the forefront in the battle against COVID pandemic, going beyond the call of duty with zeal & dedication. In the process, some of our health workers got infected in spite of following guidelines to prevent cross infection. Notwithstanding this, our personnel are highly motivated and keen to be at the forefront in serving the community in this crisis.
- ◆ In a brisk and energetic effort the diagnostic facility (RTPCR and TrueNaat) has been boosted up by more than ten times from mere 20 tests per day. Today at our laboratories we are performing up to 300 tests a day. We have even extended our hands in helping the district authorities by providing laboratory diagnostic facilities for diagnosis of COVID-19 samples obtained throughout the district. Till date we have tested and provided results to beyond 13,000 samples requested by the district administrative authorities. (cost amounting to more than rupees 2 crores).
- ◆ By instituting a systematic screening protocol beyond 15,064 COVID-19 suspect cases have been screened and tested. As a tertiary care hospital, we have managed nearly 2000 (1965) suspected COVID-19 cases as inpatients till date of these 1173 are confirmed COVID-19 cases and the count is still on.
- ◆ HICC and NABH training for all the Teaching and Non-teaching staff was conducted between 11<sup>th</sup> May to 23<sup>rd</sup> May 2020 regarding hand hygiene, standard precautions, PPE, cough etiquette, HCAI definition and surveillance, cleaning and disinfection, CPR training, IPC measures for COVID-19 pandemic.





- ♦ Taking the COVID challenge head on our hospital started an integrated all-round care program for COVID-19 patients by enlisting supports from Aayush OPD, Yoga therapy and Physiotherapy.
- ♦ Quality department of RLJH & RC conducted NABH training for all doctors on 7th 8th & 10th Feb-2020.
- ♦ BD company conducted a training programme for all doctors on 25<sup>th</sup> February 2020 regarding hand hygiene, standard precautions HAI's (Health care Associated Infection), biomedical waste management, equipment & disinfection, prevention of NSI (Needle stick injury) at centre for Clinical Skills and Simulations.
- ♦ Our hospital started '**Comprehensive Integrated Geriatric Care**' along with speciality in **Geriatrics Palliative Care**.
- ♦ The Intensive Care Units have rendered top quality service in critically ill patients belonging to both Medical and Surgical specialties and have been the only centre in this region efficiently attending to Severe Acute Respiratory Illness Syndromes including the COVID-19 subjects thereby saving many precious lives.
- ♦ The Nephrology and Dialysis services have also been instrumental in saving many lives.
- ♦ The hospital takes pride in running post-doctoral fellowships in Head and Neck Onco surgery and Oral Onco surgery under the auspices of Sri Devaraj Urs Academy of Higher Education and Research.
- ♦ A new block for Maternal and Child health care with modern state of the art Operation theatres facilities and Intensive Care Units have commenced operations.
- ♦ A new and advanced operation theatre for Ophthalmological procedures has been started.
- ♦ **CDLS** underwent 2<sup>nd</sup> cycle of **NABL accreditation** in February 2020 and we received **NABL accreditation certificate for the next 2 years**.
- ♦ **CDLS** expanded the scope of investigations including Iron profile, PAS, Bi-carbonates and Paratharmones.
- ♦ R.L. Jalappa hospital was established with vision of quality care to the needy people of this region at affordable costs. Apart from catering to this in the last financial year our hospital has provided subsidies of more than rupees 10 crores to the needy patients.



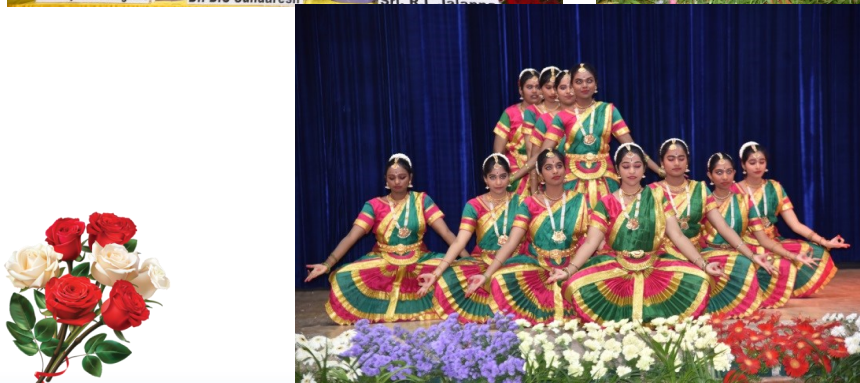
### FUTURE PLANS

- ♦ In June 2020 the Molecular biology section started its tests for COVID-19 by RTPCR methods. Now the **CDLS** has plans of expanding the Molecular biology testing for other RNA viruses and also to manage COVID-19 patients profile including IL-6 and D-Dimer assay.
- ♦ R.L.Jalappa hospital plans to start its own '**Hospital Kitchen**' with support from department of Clinical Nutrition and Dietetics to provide quality and prescribed diets to the patients.
- ♦ Department of 'Emergency Medicine' aims to start Post graduate degree program in Emergency Medicine and other Emergency Medicine technical courses.
- ♦ Department of Nursing is collaborating with Sri Devaraj Urs Academy of Higher Education and Research to start 'Home care Nursing courses' in preparation for multi skill nursing assistance.
- ♦ The hospital adopted the new and improved software '**HMIS**' for management of patients. This improved software provides digitalization of patient records, Registration, Billing, Online fetching of documents and much more. Apart from managing patients documents, it also provides real time census and captures key performance indicators which would help in making hospital policies and improve health care delivery. This software is planned to be implemented from today in phased manner.
- ♦ We are looking forward to start a state of the art Oncology center and M.Ch. courses in the near future.
- ♦ The hospital is ready and keen to undergo full NABH accreditation in a month or two. This hospital looks forward to have regular upgradation and expansion of services and achieve overall excellence.

### Statistics of the hospital for the past year is as follows:

Total Outpatient services	3,73,443
Total In – patient services	2,82,277
Total cases treated at Emergency in Casualty	19,325
Total number of surgeries done	7,566
Total number of Normal deliveries conducted	1,241
Total number of Caesarean sections conducted	1,630
Total number of outreach camps conducted	923
Total number of patients treated by outreach camps	36,272
Total number laboratory investigations done	17,47,012

# HOSPITAL DAY







**Sitting (L to R):** Dr. Shashidar.K, Dr.Ashwini.N.S, Dr.Sridevi.N.S, Dr. Divya.C, Dr. Venkateshu.K.V  
**Standing (L to R):** Mrs. Krishnaveni.C, Dr. Kumaraswamy.R, Mr. Suresh.T, Dr. Vinay Kulkarni, Mr.Jayaprakash

- ♦ A state level CME “Hands on Literature Review & Citation an imperative step to conduct research” was conducted on 20-12-2019.



- ♦ Dr. Ashwini N.S was awarded Best Oral paper presentation at KCACON-2019 State conference at Bangalore Medical College on 21-09-2019.



- ♦ Dr. Divya.C was awarded for best paper presentation at 2<sup>nd</sup> contact session of Advance Course in Medical Education at St. John’s medical college, Bangalore on 26-04-2019.



- ♦ Mrs. Krishnaveni.C was awarded with “WOMEN RESEARCH AWARD” for paper presentation at 1<sup>st</sup> International Scientist Awards on Engineering, Sciences and Medicine, Chennai organized by VDGOD Professional Association held on 14-09-2019 to 15-09-2019 and “BHARATH RATNA RAJIV GANDHI GOLD MEDAL” award for paper presentation on 20-07-2019, Bangalore.



- ♦ 1<sup>st</sup> MBBS Students were divided into groups and general Anatomy chart presentation was judged by two faculty from other department and prizes were distributed.



**Sitting (L to R) :** Dr.Jagadamba.A, Dr.Vinutha Shankar.M.S, Dr.Shobha.M.V.

**Standing 1<sup>st</sup> Row (L to R):** Mrs.Usha G Shanoy, Dr.Ashwini.K.Shetty, Mrs.Pravallika, Dr.Geetha.S

**Standing 2<sup>nd</sup> Row:** Mr. K.Suresh

- ♦ Dr. Geetha S & Miss. Pravallika presented a poster each at the International Conference on Neurochemistry and Neuropharmacology, organized by JSS college of Pharmacy from 14-03-2019 to 16-03-2019.
- ♦ Dr. Vinutha Shankar M.S., Professor & HoD, presented an oral paper at the 6<sup>th</sup> Annual National Conference of Association of Physiologists of India from 12-09-2019 to 14-09-2019 at JSS Medical College, Mysore.
- ♦ Mr. K. Suresh presented an oral paper and a poster at IBRO-APRC sponsored Neuroscience school on “Molecular Basis of Neuroinflammation mediated Neurodegeneration”, Banaras Hindu University, Varanasi, India from 01-09-2019 to 14-09-2019 and Indian Academy of Neuroscience conference, AIIMS, New Delhi, 19-11-2020 to 21-11-2020 respectively.



- ♦ Dr. Geetha S. presented a poster in NCHPE Conference held at KLE University, Belagavi from 21-11-2019 to 23-11-2019.

- ♦ A CME on Physical Activity in Health and Disease was conducted on 21-08-2019 in association with APPI,

Bangalore chapter and MERT.







**Sitting (L to R):** Dr.Munilakshmi. U Dr.Susanna T.Y Dr. Harish. R, Dr.Shashidhar.K.N  
Dr.Prabhavathi.K, Dr.Deena Mendez

**Standing (L to R):** Mrs.Sai Deepika, Miss. Tejashwi

- ♦ A State Level CME titled “Nutraceuticals in Health and Disease: Envisioning the Future” on 17-05-2019
- ♦ Dr. Shashidhar K.N, has been elected as a member of the National Academy of Medical Sciences (India).
- ♦ Dr. Shashidhar K.N, participated in International NABL Lead Assessor Training course at Nepal 2019.
- ♦ Dr. Shashidhar. K.N, was the Resource person in the Research Methodology National Conference on “Accelerating Nursing Research for Future outlook”, 31-01-2020, SDUAHER.
- ♦ Dr. Munilakshmi. U presented an oral Paper and Ph.D Scholars, Mrs. Saideepika and Mr. Rajeev Gandham presented a poster in the 17<sup>th</sup> Annual Meeting of Society for Free Radical Research- India (SFRR- INDIA- 2020) and International Conference on “Role and Management of Oxidative Stress in Human Disease” held on 12-02-2020 to 15-02-2020 at Bhabha Atomic Research Centre Mumbai respectively.





**Sitting (L to R):** Dr. Asha B, Dr. Bhuvana K, Dr. Sarala N, Dr. Muninarayana S

**Standing (L to R):** Dr. Harish S, Dr. Sraavani Thokachitchu, Dr. Smitha Rai, Dr. Madhusudhan CN

- ♦ Dr. Sarala N attended “Curriculum Implementation Support Program” and Expert Committee Meeting on “Evidence Based Medicine” held from 12-03-2019 to 14-03-2019 at St. John’s Medical College, Bangalore, MCI Nodal centre.
- ♦ Dr. Sarala N participated in the 59<sup>th</sup> Annual Conference of National Academy of Medical Sciences and was elected as a member of NAMS held at AIIMS, Bhopal from 11-10-2019 to 13-10-2019.



- ♦ A workshop on “Electives in Competency Based Medical Education” was organized on 03-08-2019.
- ♦ Awareness program on Sensitization of Nursing staff towards Pharmacovigilance Program was conducted on 11-02-2020 and 12-02-2020. Dr. Bhuvana K was the resource person for training session for Nursing faculty on Pharmacovigilance Program of India (PvPI)
- ♦ Dr. Asha B presented a paper at 5<sup>th</sup> International Union of Clinical Pharmacologists (IUPHAR) World Conference on the Pharmacology of Natural Products and 51<sup>st</sup> Annual Conference of Indian Pharmacological Society from 05-12-2019 to 07-12-2019 at ICMR- National Institute of Nutrition, Hyderabad, Telangana.
- ♦ Dr. Sarala N, participated as a resource person for “Research Methodology Workshop”, Bangalore on 04-08-2019, at PESIMSR, Kuppam, on 08-08-2019 and at MVJ Medical College and RH, Bangalore on 25-09-2019.







**Sitting (L to R):** Dr Hemalatha A, Dr CSBR Prasad, Dr Harendra Kumar ML, Dr Kalyani R (Professor & HoD), Dr TN Suresh, Dr Subhashish Das, Dr.Manjula.K

**Standing 1<sup>st</sup> Row (L to R):** Dr Swaroop Raj B V, Dr Supreetha MS, Dr Geetha S, Dr Shilpa MD, Dr. Rashmi.S

**Standing 2<sup>nd</sup> Row (L to R):** Dr.Nikhil, Dr.Sonia Kumari, Dr.Princy S Soman, Dr. Sowmya MH, Dr.Gaurav.K

- ◆ A state level CME with theme “Sudden death” on 17-12-2019



- ◆ Dr. M.L. Harendrakumar and Dr. T.N. Suresh have been selected as the members of National Academy of Medical Sciences.

- ◆ Dr. Kalyani. R recieved Dr APJ Abdul Kalam Award for Teaching Excellence 2019 by Marina Laboratory, Research and Development Department, Chennai and

also has been felicitated with Outstanding Scientist award by VDGOD technology factory.

- ◆ A Guest lecture on “Risk Mitigation in Transfusion Services: An overview of risks, their assessment and mitigation” and “Quality and Accreditation in Laboratory & Transfusion Services”, 18-06-2019 and 29-01-2020 by Dr.Shivram.C, Manipal Hospital, Bangalore respectively.



- ◆ Organized 14<sup>th</sup> CME Pathology - Hands on Workshop in Flow Cytometry on 15-04-2019.

- ◆ Observed Blood Donor's day on 14-06-2019.

◆ The faculty and post graduate students participated in two International, two National, one State Conferences and have presented a total of 10 oral and posters presentations. The department of Pathology has published 20 research articles.



**Sitting (L to R):** Dr.Parimala.S, DrArvind.N,Dr.Anitha.D

**Standing (L to R) :** Dr.Bharathi.R, Dr.Bindu Madhavi.R, Dr.Namitha.B.N, Dr.Madhavi.S

- ◆ Dr. Bharathi R presented a poster titled “Tuberculous Orchitis in a young adult diagnosed as Testicular tumour” at 74<sup>th</sup> National Conference of Tuberculosis and Chest Diseases, RNTCP, NATCON 2019, Chennai, 21-12-2020.
- ◆ Dr. Parimala S and Dr. Bindu Madhavi. R presented posters titled “Speciation and antibiotic susceptibility pattern of shigella isolates in a rural tertiary care hospital” and received best poster award and “Clinical and antimicrobial profile of acinetobacter species at a tertiary care teaching center” respectively at the Annual conference of IAMM- KC, Mysore, 01-02-2020.



- ◆ HICC workshop on “Hospital infection prevention and control practices” for new post graduate students, 17-07-2019 & 18-07-2019 and HICC induction workshop for Interns, nurses and newly recruited consultants at R.L Jalappa Hospital and Reseach center on 25-10-2019

◆ A guest lecture on “Nanopore DNA sequencing”, Speakers were Dr. Rahul Roy, Chemical Engineer, IISc, Bangalore, Dr. Varsha Shridhar, Director & Co- Founder, Molecular Solutions Care Health, 16-02-2019.

- ◆ Antibiotic policy sensitization programme by Dr. Anitha, Infection Control Officer, for Clinicians in all the departments in the month of July and August 2019
- ◆ Gap assessment by BD faculty was conducted on 13-02-2020 & 14-02-2020 exclusively for HICC, based on their report, action plan was initiated.



- ◆ HICC team visited Meera Envirotech (final BMW Treatment facility).





**Sitting (L to R):** Dr Rajkumar M G, Dr Srinivasa Reddy P, Dr Ajay Kumar T S, Dr Abhinandana R.  
**Standing (L to R):** Dr Mahesh Sagar K, Dr Srinivasagowda K

- ♦ A workshop “Empowering Police Force – Crime scene and Stress management” was



organized for the police officers on 18-06-2019. Dr. G.Pradeep Kumar, Hon’ble Vice-Chancellor, discussed about ‘Crime scene care and its utility in crime investigations’.

♦ A State level CME in association with Sri Devaraj Urs College of Nursing was organized with theme - “Crime against Women -Challenges, 31-08-2019.



♦ Dr.Srinivasa Reddy P, Professor and HoD delivered lecture “Why women don’t report sexual assault”.

♦ Two exhumations of two different sensational cases on 03-09-2019 and 25-10-2019 and the same were video recorded by concerned police after obtaining written order from district magistrate.



♦ Dr. Shubhakar, Forensic Physician, United Kingdom, delivered a Guest Lecture on “Confronting Rape and Sexual Violence”, 04-10-2019.

♦ A lecture on “Sudden death and its medico-legal aspects” by Dr.Srinivasa Reddy P, CME organized by Dept. of Pathology, 17-12-2019.



**Sitting (L to R):** Dr. Waseem Anjum, Dr. Naresh Kumar S. J, Dr.Muninarayana. C, Dr.Prasanna Kamath B. T, Dr.Ananta Bhattacharyya, Mr. Ravishankar S.

**Standing 1<sup>st</sup> Row (L to R):** Dr. Sushma. A, Dr. Alamelu. K, Dr. Sunil. B. N, Dr. Vishwas S, Dr. Mahendra. M, Ms. Ramya.N, Dr. Varsha R Mokhasi, Dr. Bhoomika V

**Standing 2<sup>nd</sup> Row (L to R):** Dr.Nagaraj. G. M, Dr.Pradeep. T. S

- ♦ South Zone CME on “Programmatic Updates in Maternal & Child Health”, focused on some important programmatic updates important in view of MCH care under Public Health Domain.
- ♦ A rally on World TB day from SNR Hospital to Rangamandir Auditorium, Kolar, 25-03-2019. Medical students of SDUMC performed a skit on WHO TB Theme for 2019- “IT’s TIME” at Doddpete circle Kolar.
- ♦ Dr. Mahendra M was awarded certificate of completion of National SORT-IT course 2018–19 and has been given UGC–NET qualified Assistant Professor in subject of Social Medicine & Community Health on 12-03-2019.
- ♦ World Health Day on 07-04-2019 at RHTC, Devarayasamudra, where ASHA Workers, ANMs, Anganwadi Workers from Devarayasamudra and local people also participated.





- ♦ World Health Day Quiz for students wherein elimination and final rounds were held on 02-04-2019 and 08-04-2019 respectively by Dr. Waseem Anjum, Quiz-master.



- ♦ Dr. Waseem Anjum was awarded KACH Memorial Award at 31<sup>st</sup> Annual Conference of Karnataka Association of Community Health, AIIMS, B. G Nagar, Mandya, 13-09-2019 & 14-09-2019.



- ♦ World AIDS day, 02-12-2019, RHTC, Devarayasamudra in collaboration with the Sri Devaraj Urs College of Nursing, Government High school, Devarayasamudra. Students performed a Role Play to address stigma, modes of spread and treatment options was organized for public at Devarayasamudra and awareness programme by SNR Hospital in collaboration with district AIDS Control office, Kolar, where a Jatha and Skit was organised by Medical Students of SDUMC, Kolar.



- ♦ World Diabetes day, 04-12-2019 at R.L Jalappa Central School. A health education skit and Diabetes screening for all school teachers and health education session was given to VII, VIII, IX and X standard students.



*"It is during our darkest moments that we must focus to see the light."*

*-Aristotle*



**Sitting 1<sup>st</sup> Row (L to R):** Dr.Srinivasa S.V, Dr.B.N.Ragahvendra Prasad, Dr.Lakshmaiah.V, Dr.Raveesha.A, Dr.Prabhakar K, Dr.Vidyasagar C.R

**Standing 2<sup>nd</sup> Row (L to R) :** Dr.Guru Prasad, Dr. Prashob Krishna, Mr. Chandrappa K, Dr.Phaneesh Bhardwaj Dr.Vishwanath Reddy N, Dr. Prasanna Kumar N, Dr. Sanketh J , Dr. Sindhu, Dr. Niveditha .

**Standing 3<sup>rd</sup> Row (L to R) :** Dr. Amruth, Dr. Tameem Imran, Dr. Rakesh, Dr. Thanuj Reddy KV , Dr. Maharaj LYSMJ, Dr. Deepathi, Dr. Kishore, Dr. Sanmita Ram, Dr. Megha Shree V, Dr. Aparna

**Standing 4<sup>th</sup> Row (L to R) :** Dr. Sreenath, Dr. Raghavendra Reddy, Dr. Hamsa, Dr. Minni Meka, Dr. Deepak, Dr. Deepa

**Standing 5<sup>th</sup> Row (L to R) :** Dr. Dhruvandahan K, Dr. Kishore, Dr. Sasi Sekhar, Dr. Charchit M, Dr. Pujitha S.N, Dr. Manoj, Dr. Samba siva , Dr. Jithendra, Dr. Deepa, Dr. Javeria, Dr. Dheeraj

- ◆ A guest lecture on " Cardiology A Glance Through 2018" by Dr. Jayaprasad, on 17-01-2019.

- ◆ Dr. Radheshyam Naik and Dr. Raghavendra Babu from



HCG Bangalore delivered a talk on "Newer advances in Haematology and bone marrow transplant" and "Latest advances in HPB and Liver Transplant" respectively on 27-02-2019.



- ◆ CME on "Recent updates on Management of Tuberculosis under RNTCP" and poster presentations at Pulmonology CME. 26-03-2019

- ◆ Dr. Niranjan Reddy, Cardiologist , NH, delivered guest lecture on "Role of ARNi in Heart failure" on 29-03-2019





- ◆ Dr. Anitha A, Asst. professor of Medicine attended “ABI-Acute Brain Infections project” in Collaboration with the Liverpool University the Re-Global meeting brain infection at CMC Vellore , from 09-07-2019 to 11-07-2019.



- ◆ Dr. Prabhakar K attended the American Diabetes Association ADA Primer



Clinical update in Diabetes-2019, 06-08-2019 to 18-08-2019, Hotel Conrad, Bengaluru, gave a talk on problem case discussion by PG's in 17<sup>th</sup>

Dr. KSS Appa National Symposium in cardiology and 1<sup>st</sup> Annual CME in internal Medicine, 16-09-2019 to 22-09-

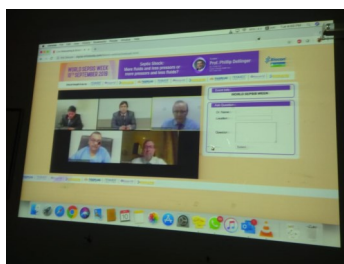


2019, API Bhavana, Bengaluru and received first prize in quiz, Hypertension T Conclave National Conference' Diabetes updates, Mumbai on July- 2019.



- ◆ An interactive webinar “Septic shock : More fluids and less pressors or more pressors and less fluids?”, 10-09-

2019 with Professor Phillip Dellinger and live webcast on reno-protection with RAAS blockers and Beyond on 21-09-2019



- ◆ Guest Lecture on 30-11-2019 : Managing Heart failure in presence of kidney disease by Dr. Yashwanth Cardiologist, Narayana Hrudaya-



laya.  
◆ Dr. Prabhakar K received the award by APJ Abdul Kalam ,teaching excellence, Marina labs, R&D Department.



- ◆ A guest lecture titled: “Approach to a patient with multiple joint pain” by Dr. Srinivas consultant Rheumatologist, 04-12-2019



**Sitting (L to R):** Dr.Narendra R R, Dr.Beere Gowda Y C, Dr. KNV Prasad, Dr. Sudha Reddy V R, Dr. Krishnappa J , Dr. Bhanuchand P, Dr. Ambresh R

**Standing 1<sup>st</sup> Row (L to R):** Dr. Y C Pravallika, Dr. J Sanjana, Dr. Vidyashree B, Dr.Srikanth C, Dr. Manasa U Shetty, Dr. Naveen Kumar B, Dr. Rakshith Reddy, Dr. Shivtej N

**Standing 2<sup>nd</sup> Row (L to R):** Dr. SriRaksha , Dr. Naveen, Dr.Mohammed Yasar, Dr. Rajitha B Reddy, Dr. Akshatha S

**Standing 3<sup>rd</sup> Row (L to R):** Dr. Srinadh P, Dr. Niranjana B Reddy, Dr. Sampath Goud, Dr. Pradeep Goud, Mr Jagannatha V.

- ♦ ORS Day was conducted on 29-07-2019. Importance of ORS in diarrhea and proper method of ORS preparation was provided in the form of a skit by the Post Graduates and House Surgeons of the Department.



- ♦ “World Breast Feeding Week” was conducted from 01-07-2019 to 07-07-2019, with the theme “Empower Parents, Enable Breastfeeding”.



- ♦ IAP Under Graduate Intra College Quiz final round was conducted on 11-07-2019 to inculcate interest towards Pediatrics and motivate students to take up Pediatrics as a career of choice.



- ♦ A CME on “Developmental Pediatrics”, 25-10-2019 where the developmental delay among children and its remedial plan of action to shape a child’s future was highlighted.

- ♦ Basic Neonatal Resuscitation Program (NRP) workshop for new interns on 28-05-2019 and 29-05-2019. Delegates were trained and certificates were distributed.





**Sitting (L to R):** Dr. Sharanya Padma, Dr. Hanumanthayya, Dr. Rajashekar .T.S, Dr. Suresh Kumar K, Dr. Uday Kumar S.

**Standing (L to R):** Dr.Chandrika Nayyar, Dr. Savana Waikhom, Dr.Sneha Krishnoji Rao, Dr.Ashna Ashraf, Dr.Amulya Y S, Dr.G V L Naveena, Dr.Nishi Nagaria

- ♦ Vitiligo Day was observed on 25-06-2019 to end the stigma and myths about vitiligo.



- ♦ Psoriasis Day, 29-10-2019 to create awareness of the disease and the treatment on psoriasis.



- ♦ A CME on 27-11-2019 with theme “Dermato-fight - A fight against Dermatophytosis.”



- ♦ World Leprosy Day, 30-01-2020, theme: "Ending discrimination, stigma and prejudice". This Programme was to end the stigma towards leprosy and discrimination towards it. Dr. Ra-

jashekar T S created awareness on prevention of leprosy and importance of transforming India into “Kusth Mukth Bharath”.

- ♦ Dr. Hanumanthayya K educated students of Gupta International School, Kolar and Sri Jalappa Central School on 06-02-2020 and 13-02-2020 respectively to be empathetic and compassionate to those who are suffering from leprosy.







**Left to Right:** Dr.Ruth Sneha, Dr.G.P Gururaj, Dr.Mohan Reddy M, Dr.Jagadish SN, Dr.Prakruthi N

- ◆ The “International day against drug abuse and illicit trafficking” on 26-06-2019. T Posters were made by interns in Kannada were displayed to create awareness to the public.

- ◆ A CME, theme “SUICIDE PREVENTION”, 10-10-2019 to create awareness amongst the students. 7<sup>th</sup> term MBBS students also performed a skit on suicide prevention.



- ◆ A Guest lecture on the topic “The Misunderstood – An Overview on Neurodevelopmental Disorders Assessment and Management”, 07-02-2020. The Speaker highlighted importance about Neurodevelopmental disorders and their etiology, later briefed about autism & Attention Deficit Hyperactive disorders, its clinical features, assessment and management.





**Sitting (L to R):** Dr. Suresh Kumar N, Dr. Ravi M, Dr. Dinesh K, Dr. Kiran N, Dr. Sujatha M P  
**Standing 1<sup>st</sup> Row (L to R):** Dr. Sumanth. T, Dr. Vishnuvardhan V, Dr. Naga Seshu, Dr. Ahmed Fathima, Dr. Threja C K, Mr. Munshi MD Washim, Mr. Narayana Swamy  
**Standing 2<sup>nd</sup> Row (L to R):** Dr. Mahima L N, Dr. Shri Eshwari, Dr. Arpitha, Dr. Sreenidhi, Dr. Lakshmi K Swamy  
**Standing 3<sup>rd</sup> Row (L to R):** Dr. Rashmi, Dr. Sindhu K G, Dr. Sandeep V D, Dr. Prashanthi M, Dr. Manjula Devi S, Dr. Sravanthi, Dr. Varaprasad  
**Standing 4<sup>th</sup> Row (L to R):** Dr. Ishitha Raj, Dr. Preeti R, Dr. Sinchana, Dr. Nagaraj S K, Dr. Balaji, Dr. Chandra Mohan

- ◆ Dr. Nikila D G & Dr. Apoorva D S Post Graduates from the Department topped the Degree & Diploma examinations, SDUAHER and received the Gold medal during the Annual Convocation, April 2019.



- ◆ Annual State level CME on "Pocus in Critical Care", 27-07-2019, emphasized on recent trends & diagnostics in critical care & peri-operative pain management.

- ◆ Annual General Body meeting of ISA Kolar City Branch, 21-06-2019 at



Doctors Club. Dr. Dinesh K and Dr. Ravi M was elected as the President and Vice-President of the ISA Kolar respectively. Dr. Kiran N & Dr. Vishnuvardhan V were elected as Secretary and Treasurer respectively for the year 2019-20.

- ◆ Ethers Day, 16-10-2019 at Doctors Club by ISA Kolar where Dr. Mo-

han Reddy, Professor & HoD, Psychiatry spoke on Stress Management in Anaesthesia.

- ◆ A Guest Lecture in association with ISA Kolar on 10-01-2020, Dr. Manjunath T, Consultant Intensivist from Manipal Hospital, Bangalore, spoke about Medicolegal Issues.







**Sitting 1<sup>st</sup> Row (L to R):** Dr.D.Srinivasan, Dr. S.N. Shirbur, Dr.Sreeramulu.P.N., Dr.K.Krishna Prasad, Dr.Mohan Kumar K, Dr.Shashirekha.C.A.

**Standing 2<sup>nd</sup> Row (L to R):** Dr.Raghupathi S, Dr.Akarsh Y.G., Dr.Asadulla Baig, Dr.Sundeep Vogu, Dr. Rahul Singh R., Dr.M.Kumara Raghavendra Varma, Dr. Ravikiran.H.R., Dr.Nawaz Shariff A, Dr.Paul Dhinakaran MDS, Dr. Manaswin K.S., Dr. Mohammed Kashif Imran,

**Standing 3<sup>rd</sup> Row (L to R):** Dr. Yadamreddy Rohit Kumar, Dr. Radhika Raja, Dr. Murakonda Sowmya Choudhary, Dr.Madineni Bhavana Chowdary, Dr.Varsha A, Dr. Deepthi Pradeep Patil Kulkarni, Dr.Tejaswini M Pawar, Dr.Suma S

**Standing 4<sup>th</sup> Row (L to R):** Dr. Avinash MSNV, Dr.Sharath K., Dr.Tadasina Sajay Reddy, Dr. Settigiri Avinash, Dr.Atul Dua, Dr.Dave Tushar Jitendra, Dr.Sunil Mathew, Dr. Dharmendra Kumar, Dr.Vijay Kumar S, , Dr.Muktesh B.S.

- ♦ A CME on “Hepato-Biliary diseases” in association with Fortis Hospital, Bangalore, 27-03-2019.



- ♦ A workshop on “Science of Tissue Management” in association with ETHICON, Chennai at Skill Lab, 29-03-2019.



- ♦ A Guest lecture on “Skin and soft tissue infections and the role of HBOT (Hyperbaric oxygen treatment)”, 09-05-2019. Dr Mahesh Kottapalli, M.D., Infectious Disease Associates of Dallas, USA was the Speaker for the session.

“Skin and soft tissue infections and



- ♦ Annual State level CME, “Colorectal disorders was conducted”, 24-09-2019, to sensitize regarding the behavior and management of commonly encountered colorectal disorders and the role of General surgeons.

- ♦ A Guest Lecture with Quiz and Interactive teaching session by Dr. Rajagopal Shenoy, Associate Dean and Professor of Surgery, Kasturba Medical College, Manipal, 29-11-2019.
- ♦ A Lecture by Dr. Mohan Kumar K on the topic “Emerging Trends in Medical Education”, May 2019 at LUZHOU, China and was also a resource person for Faculty CSEP programme conducted at St. John’s Medical College, Bangalore on 06-03-2020 & 07-03-2020.



- ♦ Dr. Krishna Prasad K, Professor of Surgery was one of the speakers in the CME conducted by Department of Pathology on topic “Sudden Death” on 17-12-2019.
- ♦ Dr. Atul Dua and Dr. Sunil Mathew, awarded 2<sup>nd</sup> prize for E-poster presentation at KSC-ASICON 2020, Bangalore from 14-02-2020 to 16-02-2020.
- ♦ 11 Publications have been done from Department of Surgery



"Don't judge each day by the harvest you reap but by the seeds that you plant."

*-Robert Louis Stevenson*





**Sitting (L to R):** Dr. Venugopal.T, Dr.Arunprasad .P, Dr.Sagar.V, Dr.Prabhu.E,Dr.Arun H.S, Dr.Manohar.P.V, Dr.Nagakumar .J.S, Dr.Hariprasad.S

**Standing 1<sup>st</sup> Row (L to R):** Dr.Nandini Sanjay, Dr. Salunkhe Abhijeet sunil, Dr.Sandesh Agarawal, Dr.Karthik.S.J, Dr.Sakthikesavan.S, Dr.Kishore.V, Dr.Paramanantham Madhavan, Dr.Harsha.M, Dr.Vinod Kumar

**Standing 2<sup>nd</sup> Row (L to R):** Dr.Arjit Kumar Pateria, Dr.Abhishek Yadav, Dr.Rammanohar Surepally, Dr.Roger Kennedy, Dr. Saiganesh D shetty, Dr.Joe Lourdu Pradeep, Dr.Anilkumar.P

**Standing 3<sup>rd</sup> Row (L to R):** Dr.Souradeep Mitra, Dr.Neeraj Desai .J, Dr. Sachin Thagadur. C, Dr.Patel Dharshan Kumar Atulbhai, Dr. Arun Kumaar.S.P, Dr.Ajay Kurahatti, Dr.Abhisarma, Dr.Sriharsha, Dr.Sandesh.V

- ♦ A CME on “Basic Total Hip Arthroplasty Course and Workshop” on 04-04-2019. Basic hip arthroplasty techniques were discussed.



- ♦ CME on “Basic course in hand surgery”, 30-11-2019.



- ♦ A talk on “Biofilm and prevention of surgical site infection”, Dr. Arun H S, Professor and HoD, in state level conference Karnataka Orthopaedic Association Conference KOACON Bangalore 2019.

- ♦ Dr. Eswar Reddy and Dr. Sagar V have presented papers in OASISCON Pondicherry, 23-08-2019 - 25-08-2019 and at Karnataka Orthopaedic Association Conference KOACON Bellary, on 31-01-2020 respectively.
- ♦ Orthopedics Department was awarded as “BEST DEPARTMENT” by the University for the Year 2019 based on overall performance.



**Sitting (L to R):** Dr. Kouser Mohammadi, Dr. Sagayaraj.A, Dr.Ravindra.P.Deo, Dr.S.M.Azeem Mohiyuddin, Dr.K.C.Prasad, Dr.Prashanth Babu. Dr. Ashok Balan.

**Standing 1<sup>st</sup> Row (L to R):**Dr.Anjali.P.K, M.Rohitha, Karnika. R.K, Fesli Lateef, Niveditha. A., Dr. Lini Joseph, Dr.Abhilasha.Karunasagar Dr.InduVarsha.

**Standing 2<sup>nd</sup> Row (L to R):**Dr.Deepika K, D.Mallika Reddy, Dr.Khuteja Al Kubra, Dr. Brindha. H Dr. Aishwarya Raj Pillai D, Dr. Priyadarshini. Ashok, Dr. Vyshnavi. V, Dr. Harshitha.N, Dr. Sreelekshmi S, Dr.Prathyusha Koneru,

**Standing 3<sup>rd</sup> Row (L to R):** Dr. Gujarathi Harsh Vivek, Dr. Arjun Gupta, Dr. Irfan Ahmed, Mr. C Srinivasappa. Mr. M.Linga Reddy.

- ◆ Dr. Azeem Mohiyuddin was elected as Member of National Academy of Medical Science, India in 2019 by National Academy of Medical Science.
- ◆ Dr. Azeem Mohiyuddin was invited as Faculty and Guest Speaker at
  - Manipal Head and Neck surgery and LASER workshop at Kasturba Medical College, MAHE, Manipal from 19-07-2019 to 21-07-2019.
  - CANCON - Head and Neck 2019 in Management of Oral Cancer- Resection, Reconstruction, Rehabilitation and Research held on 27-07-2019 and 28-07-2019 at Cytecure Cancer Hospital, Bangalore.
  - Academic Session on Management of Thyroid and Parathyroid Surgical Complications, 15-09-2019, Narayana Health city, Bangalore.
  - 65<sup>th</sup> Annual conference of International College of Surgeons - Indian Section, from 11-10-2019 to 13-10-2019 held at Mysore.
- ◆ Dr. Kouser Mohammadi was awarded Fellowship of International College of Surgeons – Indian Section by International College of Surgeons – Indian Section, October 2019.



- ♦ Dr. K C Prasad guided a “Temporal bone dissection competition” for the final year



Post Graduates, January 2020, judged by Dr. Abhilasha K, Dr. Prathyusha K and Dr. Anjali P K. The winner of the competition was awarded a prize for the skill and knowledge displayed.

- ♦ Dr. Brinda H. S won 2<sup>nd</sup> prize in the Dr. M V Venkateshmurthy Gold Medal for Poster presentation at the State conference 37<sup>th</sup> AOIKON held at Madikeri from 27-09-2019 to 29-09-2019.

- ♦ Dr. Kunal Thakur won Best Poster award at the 43<sup>rd</sup> Annual State Conference of AOI, Bihar and Jharkand held at Jharkand from 06-12-2019 to 08-12-2019.



- ♦ A CME and Live Workshop titled “Beyond Mainstream ENT – Thinking out of box” was



conducted from 14-06-2019 to 16-06-2019.

- ♦ A Guest Lecture on “Oral & Esophageal cancer in North East India continues in epidemic proportions: Evaluation of Carcinogenic Risks, its early detection and mitigate deleteri-ous effects of traditional habit by Potentilla Fulgens Root” by Dr. Debpath Tripathi, Molecular Scientist, North Eastern Hill University, Shillong, 31-07-2019.

- ♦ Dr. Priyadrashini Ashok, won 1<sup>st</sup> place in Eastern vocal solo and 2<sup>nd</sup> place in Classical vocal in the Intracollegiate Cultural Festival Parva conducted in February 2020.



*Excellence happens not by accident. It is a process.*

*A P J Abdul Kalam*



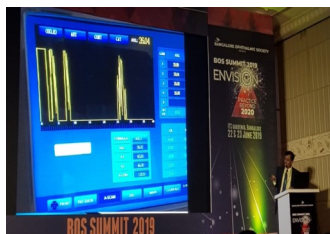
**1<sup>st</sup> Row (L to R):** Dr. Sandhya R, Dr. Inchara. N, Dr. Chaitra M C, Dr Manjula.T.R, Dr Usha.B R, Dr. Rashmi G, Dr. Sangeetha T.

**2<sup>nd</sup> Row (L to R):** Dr Deepak Arora, Dr Amulya Padmini HM, Dr. Smitha Shyam Kumar, Dr. Varsha. V, Dr. Manu Saini, Dr Karishma Agarwal.

**3<sup>rd</sup> Row (L to R):** Dr. Nithiya Joe Babu , Dr. Harshitha. K M, Dr Sri Archana Shetty, Dr Aastha Garg, Dr. Reshma Ravindra, Dr. Sumanth. I M.

**4<sup>th</sup> Row (L to R):** Mr. Srinivas, Dr Rahul Gowda N R, Dr. Apurva Navale Shiviji, Dr. Shreen Hasan Bhat, Dr. Sai Monisha Jammula, Dr Anneshi R C.

- ♦ Glaucoma week was observed on 14-03-2019 wherein awareness programme on preventable diseases of the eye was given to the Ophthalmic Assistants of Kolar and Chikkaballapur districts.



♦ Dr. Mohan Kumar H and Dr. Sandhya R, invited as speakers at Bangalore Ophthalmic Society, BOS SUMMIT 2019, Bangalore, 22-06-2019.



- ♦ A Guest Lecture on “Corneal imaging-an eye opener for postgraduates in Ophthalmology” by Dr. K Kiran Kumar, Assistant Professor, Minto Eye Hospital, Bengaluru on 14-11-2019.



- ♦ A CME on “Neuro Ophthalmology”, 03-09-2019.
- ♦ World sight day, 10-10-2019 and an awareness talk was given by Dr. Usha B.R.

- ♦ All the post graduate students presented papers and posters in various sections at 38<sup>th</sup> regional meet KOS conference, Belgavi, 06-12-2019 - 08-12-2019.
- ♦ Faculty and post graduates participated in the







**Sitting (L to R):** Dr.K.Radhika, Dr.P.Rathnamma, Dr.Gomathy.E, Dr.Sheela.S.R, Dr.Vasanth Kumar.S, Dr.Munikrishna.M, Dr.Nandini.S

**Standing 1<sup>st</sup> Row (L to R):** Dr.Vimarshitha.P, Dr.Krithika Raj, Dr.Sneha Singh, Dr.Rashmi S, Dr.Supriya HM, Dr.Nikitha S Vasan, Dr.Ritika Narayan, Dr.Vishwanath.K

**Standing 2<sup>nd</sup> Row (L to R):** Mrs.Vijalakshmi.L, Dr.Vishnu Priya Kesani, Dr.Neha.B.S, Dr.Kammila Sukhini, Dr.Sadana Reddy, Dr.Chaithanya.C, Dr.Kratika Kamath, Dr.Tejasree.N.R

**Standing 3<sup>rd</sup> Row (L to R):** Mrs.Sowbhagyamma, Dr.Sudhamallidi, Dr.S.N.Srujana Lakshmi, Dr.Jahnavi.C, Dr.Karunaa, Dr.Meghana Sreenivas, Dr.Deeksha Rao.M, Dr.Madana Jyotsna Priya, Dr.Shreya Singh.

- ♦ Dr. Sheela.S.R, Professor and HoD presented a paper on Blood transfusion in obstetric emergencies- A rural scenario at AICOG 2020 National Conference, Lucknow, Uttar Pradesh.
- ♦ Dr. Gomathy.E, awarded the Fellowship in Minimal Access Surgery (FMAS) at Nagpur, November 2019.
- ♦ Dr.Munikrishna.M, a guest speaker at pathology CME “Sudden Death”, 11-10-2019



- ♦ State Level CME on “Medical disorders in Pregnancy”, 28-08-2019. Quiz was conducted for all the post graduates.



- ♦ A Guest lecture on “Antenatal Antibody Screening”, 18-10-2019 by Dr.Subhashish Das, Professor and Dr. Princy S Soman , Junior Resident, Department of Pathology



**Sitting (L to R):** Dr. Gnana Swaroop Rao Poladi, Dr. Madhukar M., Dr. Ravindra Naik, Dr. Rachegowda N., Dr. Anil Kumar Sakalecha, Dr. Rajeswari, Dr. Rahul Deep G, Dr. Darshan A.V

**Standing 1<sup>st</sup> Row (L to R):** Dr. Hithishini H., Dr. Athira P. M., Dr. Anshul Singh, Dr. Chaithanya A., Dr. Varshitha G.R., Dr. Monisha V., Dr. Sahana N. Gowda, Dr. Sushmitha Prasad, Dr. Thati Sai Soumya.

**Standing 2<sup>nd</sup> Row (L to R):** Dr. Parameshwar Keerthi B.H., Dr. Aashish, Dr. Yashas Ullas L., Dr. Divya Teja Patil, Dr. Amrutha Ranganath, Dr. E.Vineela.

Post graduates of Department of Radiology presented

- ◆ Four research paper and six posters in 35<sup>th</sup> Annual IRIA Conference of Karnataka state chapter - MYRAD, Golden Landmark Resorts, Mysore, 16-03-2019-17-03-2019.
- ◆ Dr. Hithishini presented two posters at APIRIA 5<sup>th</sup> State Conference, Nellore, 27-07-2019 – 28-07-2019 and Dr. T. Sai Soumya presented a research paper at 5<sup>th</sup> Annual Telangana State Conference, Secunderabad, 20-09-2019 on “Comparison of mannitol , water and positive oral contrast in evaluation of bowel by MDCT”.
- ◆ Two research papers in 73<sup>rd</sup> Annual Conference of the Indian Radiological & Imaging Association at Mahatma Convention centre, Gandhinagar, Ahmedabad, 23-01-2020 - 26-01-2020.
- ◆ A research paper and six posters in 36<sup>th</sup> annual state conference of Karnataka chapter Karavali RADCON 2020, Mangalore, 07-03-2020 - 08-03-2020.
- ◆ Dr Athira P. M. attended CME on society for Emergency Medicine Radiology, 25-08-2019, Teleradiology Solutions Bangalore and won first place in Quiz Competition.
- ◆ A state level CME, on “Paediatric Imaging” on 16-08-2019.
- ◆ “World Roentgen Day” was celebrated, 08-11-2019.







**Sitting (L to R):** Dr. Abhinov.T, Dr. Rajesh.K, Dr.Govindaraju.M, Dr.Devendra Prasad, Dr.Krishna Moorthy

**Standing 1<sup>st</sup> Row (L to R):** Dr.Bharathi, Dr.Manjupriya, Dr.Himabindu

With nation prioritizing Emergency Care to all its citizens, Sri Devaraj Urs Academy of Higher Education and Research took its lead in eastern most part of Karnataka with interstate diversity by creating state of art emergency wing. The Department of Emergency Medicine has been evolved from its nascent stage of causality to a specialized state of art 24\*7



quality emergency medicine care with emphasis of best resuscitation in the golden hour to all kinds of emergencies presenting to R L Jalappa Hospital & Research Centre. The advanced Emergency Wing of the Department of Emergency Medicine was inaugurated on 15-08-2019.

The Department of Emergency Medicine celebrated its first EM DAY on 24-05-2019 under the guidance of Honorable Pro-Chancellor Dr. C K Ranjan and Honorable Vice- Chancellor Dr. Pradeep Kumar G and support from all the heads of the Institute and other associated section heads directly or indirectly linked with the Department.







**Sitting (L to R):** Dr. Muninarayana C, Dr. P.N. Sreeramulu , Dr. Pradeep Kumar G, Dr. K N V Prasad, Dr. Lakshmaiah V

**Standing (L to R):** Dr. Sudha Reddy.V R, Dr. Sarala N, Dr. Prasanna Kamath B T, Dr. Geetha S Dr. Vinutha Shankar M S

- ♦ Orientation course for new interns (2019 Batch) was conducted on 08-03-2019.

- ♦ A Refresher Workshop on Specific Learning Objectives for faculty was conducted on 20-04-2019.



- ♦ Workshop on Microteaching was conducted on 25-05-2019 for Post Graduates of 2018-19 Batch.



- ♦ A session on “CBME - Implementing Flipped Class Rooms - Why should we flip and how do we flip” was conducted on 06-07-2019.



- ♦ Orientation course for II MBBS Students, 04-09-2019.



- ♦ A workshop on competency based assessment for Post Graduate teachers on 23-10-2019. This workshop was to guide the faculty to conduct quarterly competency based assessments as mandated by MCI for Post Graduates.



**Sitting (L to R):** Dr. Sudha Reddy V.R, Dr. Sheela S.R, Dr. Arun H.S, Dr. K.N.V Prasad (Chairman), Dr. Vinutha Shankar. M.S, Dr. Prakash Dave, Dr. Dinesh K

**Standing (L to R):** Dr. Ramesh Kumar J, Dr. N.J. Patil, Dr. Zeanath C.J, Dr. Anitha A, Dr. Rajesh K, Dr. Sagayaraj A, Dr. T.N Suresh

The Medical under graduate students from their initial posting to the hospital, are trained in various procedural skills tailored to their needs. Similarly the post graduate students also are being trained in advanced procedural skills and their performance will be assessed periodically .

University Centre for Clinical Skills & Simulations is a state-of-the-art training hub for Faculty, Students, Nursing Staff and Paramedical Staff.

This skill lab is headed by Dr.KNV Prasad, Registrar, SDUAHER and Director Skills and Simulations. The department started in the year 2014 with minimal facilities has been upgraded to the present state of art skills and simulations laboratory. The faculty from all the clinical departments is involved in providing the skill based training programs.







**NRSK Workshop**



**Obstetric Drills**



**Knee Arthroplasty workshop**



**Procedural skills**



**BLS Workshop**



**Procedural Skills (ENT)**



- ♦ University Library conducted CME on “How to Practice Evidence Based Medicine Using UpToDate Database to commemoration of Librarian’s Day on 14-08-2019 .



- ♦ A hands on training (Orientation) on Reference Management tools in Academic writing: with reference to Zotero” was conducted on 23-10-2019 for final year Post Graduates.



*“Thinking should become your capital asset, no matter whatever ups and downs you come across in your life.”*

**A P J Abdul Kalam**

### DEPARTMENT OF PHYSIOTHERAPY



**Left to Right:** Ms. Sasi Rekha, Ms. Sneha L Joy , Mrs. Sarulatha H, Dr. Ramesh Kumar J, Mr. Senthil Kumar, Mrs. M Satya, Mrs.Kavitha Rani N, Mrs. Saravanan J Reddy

- ♦ The Department of Physiotherapy along with Department of OBG, Department of



Integrative Medicine and Women Empowerment Cell organized “National Conference on Women’s Health – Current Practice Guidelines” on 08-03-2019.

♦ A workshop on Ante-Natal and Post-Natal Physiotherapy on 09-03-2019 to develop Comprehensive evaluation and treatment of antenatal and postnatal physiotherapy.



♦ World Obesity Day was observed and as a part of it an obesity screening camp was conducted at Kor’in school on 24-10-2019.

♦ World Physiotherapy day was observed on 08-09-2019 and a rally was conducted on 11-09-2019.

- ♦ A student from Physiotherapy participated in Gardenia Sports meet at Garden City University, Bangalore and won 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prizes held on 30-08-2019.



♦ Physiotherapy students have participated in poster and sports events at Physio Troops Conference 2019, held at Kanyakumari from 05-12-2019 to 07-12-2019.







**Left to Right:** Miss. Anjali, Dr. Anees Fathima Thabassum.Z, Dr. Madhavi Reddy, Dr. Shivakumara C.S and Mr. Satish. A

- ♦ A Guest Lecture titled “Nutritional Aspect and Practical applications of Enteral feeding in Health Care Systems” was conducted on 13-04-2019.



♦ Faculty and students attended (SRNMCON2019) 4<sup>th</sup> Annual National Conference, Department of Nephrology and Nutrition and Dietetics, M.S Ramaiah Medical College and Sri Devaraj Urs Medical College, in association with Nephrology Association of Karnataka, Bangalore held from 24-08-2019 to 25-08-2019.



- ♦ National Nutrition Week was observed from 03-09-2019 to 07-09-2019 and a Jatha was conducted to create awareness regarding usage of plastic and its adverse effects on 03-09-2019.
- ♦ A workshop on baking was conducted on 07-09-2019.



♦ World Food Day was observed on 16-10-2019 and “Cooking without Fire” competition was conducted among the students, .

♦ An awareness camp on Diabetes was conducted on 14-11-2019 among the employees of KMF in view of World Diabetes Day. A book on “Diet and Diabetes” written by Dr. Madhavi Reddy was released during the event.



- ♦ Enteral feed section was inaugurated on 18-11-2019 to cater to the nutritional requirements of the patients based on the disease condition.
- ♦ The Department along with Greenmile (FSSAI) conducted the Fostac Training programme (Basic and Advanced levels) in Catering at our Academy on 30-11-2019.





**Left to Right:** Dr. Kiranmayee P, Dr. A V M. Kutty, Dr. Sharath B, Dr. Venkateswarlu Ravi

- ◆ 4<sup>th</sup> National Training Programme on “Techniques in Genetics” between 14-05-2019 to 10-06-2019. The programme was sponsored through grant-in-aid from the Department of Health Research, Ministry of Health & Family Welfare, and Government of India.



- ◆ The department received Best Performing Department of the Year Award on Independence Day 2019.



*Two rules for a peaceful life: Depression in failure should never go to heart, and ego in success should never go to the brain.*

**A P J Abdul Kalam**

Department of Sports of the Academy has time and again proved their efficiency in training students and harnesses their talents while the students have performed excellently



Olympic Torch receiving by the Chief Guest Hon'ble Vice Chancellor  
Dr. Pradeep Kumar. G, during the Annual Athletic Meet



Individual championship 2019-2020  
Ms. Bhavya T M  
&  
Mr Suhas R





Volleyball (Men) Winners team along with  
Chief Guest Prof. Dr. Sathish Bhandary,  
Hon'ble Vice Chancellor, Nitte University,  
Mangalore



Volleyball (Men) Winners team along with trophy



Tennis (Men) team along with Chief Guest  
Prof. Dr. Sathish Bhandary, Hon'ble  
Vice Chancellor, Nitte University, Mangalore



Badminton (Men) team along with Chief  
Guest Prof. Dr. Sathish Bhandary, Hon'ble  
Vice Chancellor, Nitte University,  
Mangalore



*"You can't put a limit on anything. The more you dream, the farther you get".*

**- Michael Phelps**





College Day 2019, 22-03-2019 at Silver jubilee auditorium. The programme included distribution of awards and gold medals to the best students of the outgoing batch of 2013-14 who have excelled in various cultural events.



### Prometheus at M.S. Ramaiah Medical College

Students participated in the intercollege cultural fest Prometheus held by M.S. Ramaiah Medical College, 12-09-2019 - 14-09-2019 and have yet again made our college proud with their accomplishments. Students from 1<sup>st</sup> term to 9<sup>th</sup> term participated enthusiastically in various arts, literature, dramatics and music events and bagged several prizes.

#### Notable achievements:

Dramatics team consisting of Amith from 9<sup>th</sup> term, Riya, Manjul, Rajesh, Naresh, Shivayendra from 5<sup>th</sup> term, and Ravi, Ankur, Aditi, Aditya from 3<sup>rd</sup> term won first prize in Street play.

- ◆ Sketching - 1<sup>st</sup> place-Vaishak
- ◆ Painting- 1<sup>st</sup> place- Aleem
- ◆ Painting- 2<sup>nd</sup> place-Yukta
- ◆ Doodling - 1<sup>st</sup> place- Aleem

### FRESHER'S DAY 2019

Newness or novelty has been intriguing and fascinating to man since Neanderthal times and the fresher's day, 2019 themed film fare was no less than that. Novelty for us is excitement and exuberance, surprise and socializing, cheerfulness and joy, hope and happiness, boldness and buoyancy, positivity and passion. The evening started off with an elegant invocation dance, setting the bars high. Giving insight into the day, we had the cultural and literary representatives speak. Games were conducted between performances to keep the audience involved apart from being entertained, the first of which was judged by Dr. Sunil, from the department of Community Medicine. Escape route- the college band, had the audience under the spell of their euphony.

Taboo game was conducted with Dr. Reshma, from department of Ophthalmology and Dr. Sunil, from the department of Community Medicine as the judges. There were dance performances by various students from different batches, inclusive of a surprise performance by the final year students and a performance by 'storm breakers'-the team included students from all years of MBBS.

The last event for the day was film fare award ceremony; there were five rounds through which 12 participants were filtered out to choose seven. This was the first of its kind in the history of SDUMC and the titles chosen were as follows, The black diamond, best debutant - male and female, best entertainer- male and female, best dressed- male and female.



### NAVARATHIRI 2019

Navarathri festival was celebrated from 29-09-2019 to 05-10-2019 by all the students of the SDUAHER with great enthusiasm. The festival began with the Kalash Sthapan marking the beginning of Navarathri. In the morning and evening the place was decorated with beautiful Rangoli and fairy lights. Durga pooja was done and everyone gathered and chanted the name of goddess. On the 7<sup>th</sup> day of this festival kanya puja was performed inviting the children of the hostel workers which was followed with Dandiya in the evening where all the students along with faculty participated and enjoyed the event.



## VIGILANCE AWARENESS WEEK -2019

Sri Devaraj Urs Medical College, a constituent college of Sri Devaraj Urs Academy of Higher Education and Research, conducted the Vigilance Awareness Week 2019 on the theme “Integrity – A way of life” from 28-10-2019 to 02-11-2019. The purpose of this week was to spread awareness amongst students as well as general public about the ongoing corruption in various fields, especially education and how it is detrimental to us and that it is our moral duty as the citizens of this country to take a step forward and fight against corruption with integrity.

The following events took place during the Vigilance Awareness Week,

- ♦ Poster Making and Slogan Writing
- ♦ Essay Writing
- ♦ Quiz
- ♦ Debate
- ♦ Panel Discussion
- ♦ Walkathon

Event	Winners	Position
Essay Writing	Aadhil Azeez	1 <sup>st</sup>
	Aditi Singh	2 <sup>nd</sup>
	Saurabh Singh	3 <sup>rd</sup>
Slogan Writing and Poster Making	Deeksha	1 <sup>st</sup>
	K. Soudesswari	2 <sup>nd</sup>
	Silpa Nambiar	3 <sup>rd</sup>
Debate	Hardik Mangla	1 <sup>st</sup>
	Akshita, Menaliuthpala Dissanayake	2 <sup>nd</sup>
	Suryakant Sharma	3 <sup>rd</sup>
Quiz	Jatin Vyas and Harsh	1 <sup>st</sup>
	Shravani and Vinay	2 <sup>nd</sup>
	Kapil Mahawar	3 <sup>rd</sup>
	Makhthum Muwafikha	3 <sup>rd</sup>



*You have to dream before your dreams can come true.*

**A.P.J. Abdul Kalam**



## **PARVA 2020:**

Intra- collegiate Annual Cultural Fest was conducted from 26-02-2020 to 29-02-2020. Organizing team and faculty in-charge of the club organized the event.

- ♦ A total of 58 events were conducted across four days which shows active participation from various batches right from the first MBBS till the interns.
- ♦ There was active participation from the PGs also.
- ♦ The departmental show was organized to showcase the talents of the faculty and the Department of Medicine won the first prize and the Department of ophthalmology is the runner-up.
- ♦ Events were also conducted for non-teaching staff to bring out their hidden talent.
- ♦ The 4<sup>th</sup> term ( 2018-19 batch) emerged as winners of PARVA 2019-20 and were honoured with the trophy by the Principal and cultural convener on last day of the fest.



*A man is but a product of his thoughts. What he thinks he becomes.*

**Mahatma Gandhi**

## *Fallen Leaves*



**As I stepped out of my home  
 My tiresome eyes fell  
 On the fallen leaves scattered across  
 My badly mowed lawn.  
 Memories clouded my mind.  
 I still remember, running across the lawn,  
 When I was a child.  
 My brother and I, the games we played,  
 How used to throw the fallen leaves  
 At each other and run.  
 I still remember, those cold nights,  
 Setting ablaze the fallen leaves for warmth,  
 How we used to dance around  
 The fiery flame.  
 I remember my teenage life,  
 My lover and I, cuddled under  
 The shades of a tree,  
 Hands intertwined, glancing at  
 Those heart shaped leaves fallen nearby  
 Announcing our love to them.  
 On my hand, a leaf fell  
 Bringing me back to the present.  
 I stare at the window.  
 An old lady stared back,  
 Pale faced, uncut white hair  
 Falling across her face.  
 Oh! My own reflection!  
 A lot has changed with time.  
 My eyes turn to the leaves  
 Scattered over the yard.  
 It dawns upon me that I,  
 And these fallen leaves are the same.**

**Besides memories of what used to be,  
 We are all lonesome.  
 I step back into the lonely house,  
 And through the windows  
 A cool gush of wind rushes past.  
 I look at the tree, the leaves are falling,  
 I notice them smiling, they are happy.  
 I look farther up and see new life beginning,  
 The sprouting of new leaves.  
 And a ray of hope strikes me  
 That someone, someday, will  
 Come back for me.**

**Niharika Rajeev.**

*Third Place: Niharika Rajeev*



## PERSONAL ARTICLES

### Scars immortal beneath my soul

A dream has been subdued so far  
I wish my face had no scars

With gleamy eyes and charming features  
I am soft at heart and soulful creature.

I try hard to avoid those queasy stares  
And act best to show that I don't even care

But this damn heart ditches me sometimes  
It tries to ignore but weeps behind.

Some point out, some people just stare  
Others give suggestions and a few gets scared  
I do share my survival story with pride  
It's not my sin that I need to hide.

Having a scar is a remnant of bravery  
It's a mark of victory not a blotch that's scary  
So carry it with pride, no sympathy to behold  
It's a battle you won, whose story is still untold.

**Shreyashi Shukla**  
**Batch 2018-19(Phoenix)**





## Cadaver Feelings

मेरा स्वर्ग अब यही dissection hall है

मेरा घर अब formalin container है

तुम जब भी scalpel चलाते हो

दर्द मुझे भी होता है

Pin चुभोते हो

Skin हटा देते हो

Cotton लगा देते हो

Muscle काट देते हो

फिर भी हँसता हूँ



कुछ तो मुझे देख के हँसते भी है

लेकिन मैं बेबस हूँ

मेरा धर्म है anatomy सिखाना

मैं तुम्हे anatomy सिखाने के लिए ही cadaver बना हूँ

मैं मुर्दा हो के भी तुम्हे anatomy सीखा रहा हूँ

बस तुम अपने doctor होने का धर्म मत भूल जाना

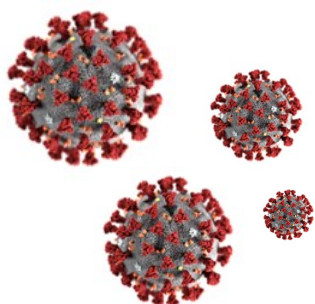
Anatomy pass करने के बाद मुझे मत भूल जाना

बस थोड़ी सी मेरी इज्जत कर लेना।।

**Manoj**  
**Batch Phoenix (4th term)**



## Ortho Corona Virinae !!!



Corona is just a disease but you people  
Don't take it at ease  
As it can make you  
Rest in peace!!

Masks can protect Corona  
But oh god!!  
It's in made in Wuhan too  
Now what to do?

I wonder is it born in China  
Oh god i wonder!  
It's lasting more than a month  
Oh lord I wonder!

Corona kills thousands  
Crazy over masks!  
Accident kills millions  
No helm oh my gosh!



Care to Corona is full  
But to road safety is null  
Wear to helm at will or  
Tear to hell!

Hey Corona! You pandemic  
We won't get panic  
Winter is gone dude  
Summer is coming!

**Dr. Kishore V**  
**Department of Orthopedics**

## Speed Thrills but Kills



Wear helmet for safety  
While riding two wheelers





## Dusk to Dawn



A nightmare woke you up suddenly. You're perplexed. You fail to recall the events before you went to sleep. You open your sleepy eyes and look out of the window. It's hard to tell if it's a sunrise or a sunset. The same golden-red sun glimmers through the slightly shifted blinds. The trees sway merrily as the chilly breeze brushes their branches. The birds flock outside the window, but then, they chirp in the evening as well, don't they?

Life confuses us. Sunset and sunrise look so similar yet are so paradoxical. We, as the human nature goes, rush into decision-making.

Both salt and sugar bear the same powdery white texture but differ in their core flavors. You can't prepare pudding with salt and pasta with sugar.

So next time, when a nightmare interrupts your beauty-nap, don't just jump out of the bed to mourn a loss or rejoice a triumph. Make the right choice. What looks like the end of a journey might be the beginning. The night may be long but the morning has to come. Cling on to the hope that fires your spirit. Stop, breathe and think if you're walking into the murky dusk or the delightful dawn!

**Snigdha  
Centaurs**

## Uncertainty

Uncertainty has taught me to make every moment of my life with whomever it is worthwhile and meaningful because, I may not have it again. It is obviously impossible to always match wavelengths and be nice...but it's not just about being nice, it's more of being yourself through and through. I guess when we are certain about many things in the present we tend to assume them in the future also. This is self-created mirage work we live in... And there are times when this mirage work breaks and we have to face reality and then we realize that we shouldn't have taken it for granted. Yes, we do take things for granted. The "bitter" truth that we seldom realize is that we take or tend to take almost all the things for granted...material or mortal

We take the time for granted, we take love for granted...we hardly realize that there are many in this world who deserve better from us and we take them for granted too. The certainty that, yes if I don't do it today, I'll do it tomorrow is also responsible for taking tomorrow's morning for granted... Some think that it is the pessimistic approach to life, but if we keep a factor of uncertainty, things will be more enjoyable, more fulfilling. For the sake of just trying something new, why not try this?

**Maitreyi Pande  
Invictus**



Do fairy-tale romances exist in real life?

Well, I guess most of us know Cinderella, a miserable girl initially, who lands up marrying a prince and leads a “happily ever after” in the end. I don’t believe such stories exist in real life. I think there’s no such thing as “happily ever after”. If it means getting married to someone whom you select or your parents, then why are so many pending cases of divorces piled up in our judiciary system. One can argue that not all marriages land up in a divorce.

Many marriages in India, where “what will the society say” is way more important than a person’s happiness, do “last” a lifetime.

One can definitely have a fairytale themed marriage, but cannot have that life forever. In reality, no two people can agree on similar terms always. They do end up fighting, having misunderstandings, and eventually ends up hurting each other. Honestly, fairy-tale romances were deliberately made as an idealization for the real-life couples.

According to me, fairytale romances do exist in our subconscious but circumstances don’t allow us to live them. If one understands the bridge between reality and fairytale, he/she can lead a content life. But mind you, no such cliché childhood fairytale romances exist. It is rather one’s own perception and choices that allows them to lead their very own “fairytale romance”.

**Vidya Nidhi**  
**Batch 2016-17**





## Shades of love



Some say,  
Love never dies,  
And other some say  
Love is blind  
While some others days  
Love is everlasting.  
Which is true?

The answer only known to a person who is or was in love...

My concepts kept on changing over the years. My first concept consisted of soul mates. A person made for you living somewhere in the world. And fate will make you meet him/her and you will fall in love with them. I used to be so obsessed with the theory that I used to wonder what if we pass each other while crossing a road or in a mall or travelling in the same bus oblivion to the other's presence? Or what if we miss the signs he was 'the One'. Well their true women do overthink here and there.

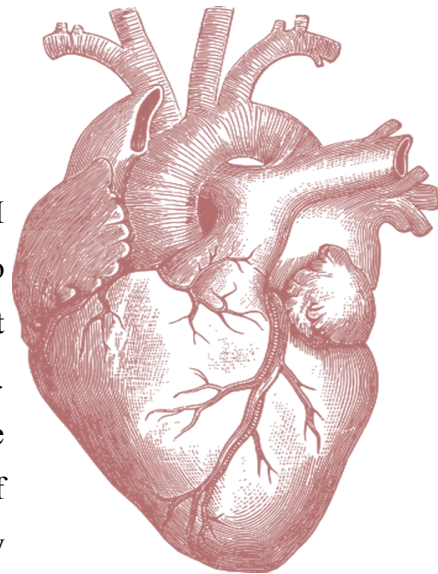
While I was on my research about love, I could see my friends in love.

Love is truly magical.  
It will give a skip to your walk,  
Make your eyes twinkle,  
Beautify our smile,  
It will bring out our charming personality,  
It will make us an extrovert,  
It can make us feel young and alive oozing of boundless energy,  
It will teach us to appreciate cheesy words and gestures,  
It can awaken the poet in you,  
And last not the least,

It will make the world a beautiful place for us. But having an unrequited love or a tragic love will make us see the other side of love...the toxic love.

Love can paint the liar as truthful,  
 Love can create rage to murder,  
 Love can weaken relations with other beings,  
 Love can suck even the last ounce of life from us.

I have realized the concept of soul mate a myth. Now I believe there are few people out there in the world who are compatible to our mind, body and soul. We might not meet all the people in the list in our lifetime. Chance and decision will take us to a few. We have free will to choose with whom we should spend rest of our life with, some marry others continue their journey inspite meeting one of their 'the One'.



Most people will measure the other in terms of religion, wealth and education.

And on the basis of those they will decide with great heartache not to pursue their relation with them. I felt this theory was a more plausible one; because most of us fall in love more than once in a lifetime. And each time it feels like love.

There are still many decades of life left to explore different shades of love.

**Rose Treesa Mathew**  
**Batch - 2016-2017, Centaurs**

*Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world.*

**Albert Einstein**





## Lavender Skies



Under the Lavender skies,  
Flocks of Raven swirl,  
And I consign to oblivion,  
The fact that I'm a girl.  
They expect the grace of ball gowns,  
But I dress shabbily.  
They expect soothing words of a lady,  
But I abuse recklessly.  
They expect me to elegantly befit,  
But I sit clumsily.  
They expect me to flow like a stream,  
My walk is so ungainly.  
They expect utmost forbearance,  
But I'm provoked easily.  
They bind me to Earthly dominions,  
But my mind roams freely.  
They expect words of wisdom,  
But I make decisions hastily.  
They want me to embrace silence,  
I stand against miscreants boldly.  
Look how much it irks them,  
They look at me inappropriately,  
They point fingers and pass comments,  
I shrug them off, calmly!  
So under the Lavender skies,  
Clouds rejoice and twirl,  
I dance to their tunes,  
Even though I'm a girl!

**Snigdha**

Batch - Centaurs (2016-17)



## Amidst this chaos where art thou?



Life's short that's the feel  
Flipside is what's real  
Confusions' is what we have to deal  
Inconspicuously layered conspiracies  
Convoluting mind of intricacies  
Complexities of distorted ideologies  
Critical analysis of right and wrong  
Cluttered thoughts and the road is still long

*There must be a purpose to the life's flow Amidst this chaos where art thou?*

Lie, cheat, steal is like the solitaire unravelling  
For some that's the life calling  
When everything's failing  
Albert Schweitzer said eventually everything will fall into place  
Until then need to keep up the pace  
Before we're all consumed in this rat race  
We analyze every second we exist  
Something which the futile life can't resist

*There must be a purpose to the life's flow Amidst this chaos where art thou?*

Winners or losers there's no hope  
Unless we stop putting life under the microscope  
Life's just a passing strife  
Good bad circumstantial as we all live within the friction of life  
Ain't pulling through life's trick  
As always get the shortest straw to pick  
The times come to set it off

Unwind the double helix show people what you're is made of

*There must be a purpose to the life's flow Amidst this chaos where art thou?*

**Dr. Harish. R**  
Department of Biochemistry



## Sound of silence

Between the rich and poor there's a chasm

World's filled with sarcasm

Poor are oppressed

Youth are depressed

Chaos in the Nation

Society in commotion

Choices and consequences influence existence

Politics transform into pestilence

The path of peace shrouded in violence

Idle is the proletariat vox populi in silence

Mahatma said "there's enough in the world to meet one's need but not for his  
greed..."

Pervasive hatred left to breed

The soul feels shredded

The sound of silence must be heard .

**Dr. Harish. R**  
Department of Biochemistry

*Happiness is when what you think, what you say, and what you do are in harmony.*

**Mahatma Gandhi**







## Virescit Vulnere Virtus

Virescit vulnere virtus  
The world as we know it, these changed times  
With stereotypical rhymes  
The man feels life holds no reward  
There's no honor says the bard  
Makes the man brood  
With bad memories that flood  
Ballad of life  
Full of riff raff and strife  
All the noise and commotions  
Not valued is the gamut of emotions  
Hear the life's conspectus  
Virescit vulnere virtus  
Muffled are people's cries  
Darkness covers the skies  
Unilateralism, bilateralism  
Root cause is materialism  
Morality in schism  
Ideologies split like the light through a prism  
In times when one needs to retaliate  
Idle is the proletariat  
Self-defeatist society needs reform  
Despair difficult to fathom  
Hear the life's conspectus  
Virescit vulnere virtus  
Can't look beyond, world's covered in tall grass  
That's the illusion & farce

Cntd.....



The feel to go far away to an island  
Take the break from the urban brand  
Concrete jungle where all is blended  
Cause that's life pun intended  
If you want happiness in your crate  
Then learn to fight the fate  
Struggle to rise to prominence  
Perseverance is life's essence  
Hear the life's conspectus  
Virescit vulnere virtus

Time is the ultimate healer  
Life is the best teacher  
From days playing with matchsticks that's never been burnt  
To being used to words as weapons & withstanding the brunt  
When you realize that life's melancholy is the foe  
It's a struggle the keeps you on the toe  
Keep on moving forward  
Through the storm and blizzard  
Cause in the end it doesn't matter  
What doesn't kill you will only make you stronger  
Hear the life's conspectus  
Virescit vulnere virtus  
Courage grows through pain...

**Dr. Harish. R**  
Department of Biochemistry





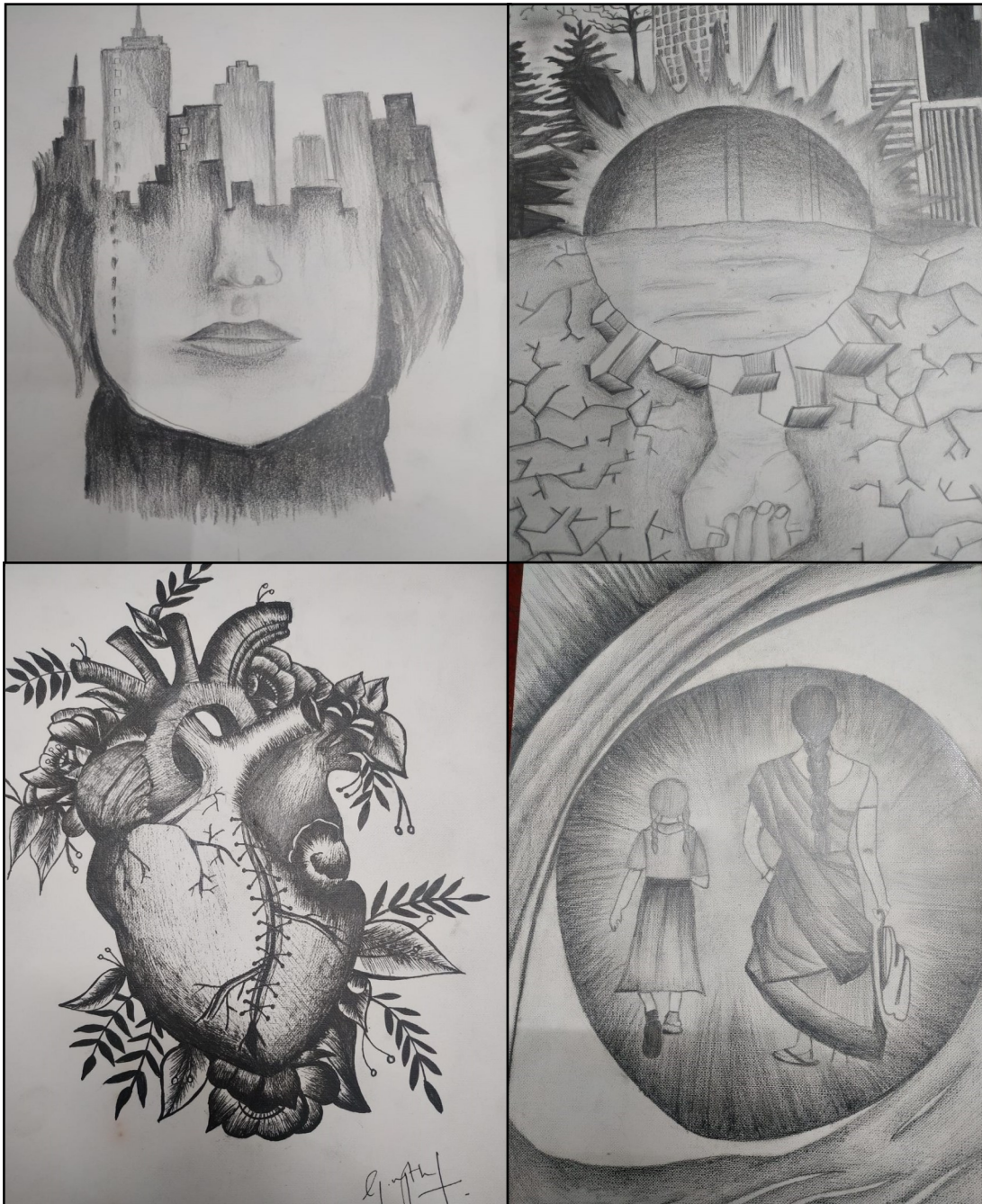
**Vaisakh Venugopal**  
Batch 2018-19 (Phoenix)







**Mythli G.**  
**Batch 2018-19(Phoenix)**



**Mythli G.**  
**Batch 2018-19 (Phoenix)**

“It is impossible to escape the impression that people commonly use false standards of measurement - that they seek power, success and wealth for themselves and admire them in others, and that they underestimate what is of true value in life.”

– Sigmund Freud





**Nikita**  
**Batch 2019-20**

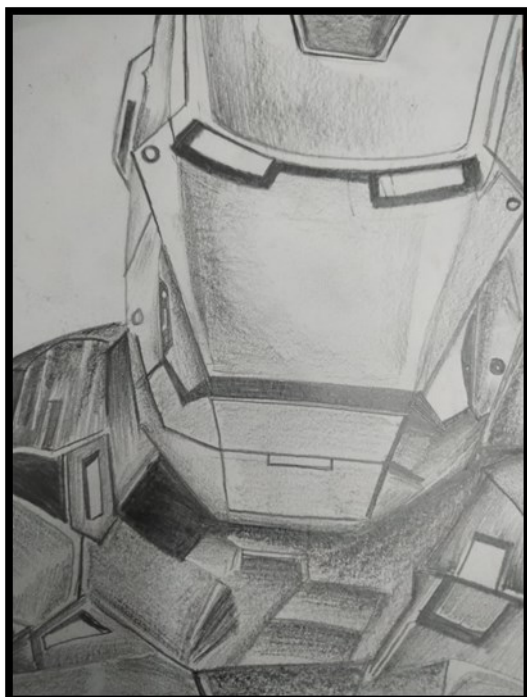


**Nikita**  
**Batch 2019-20**





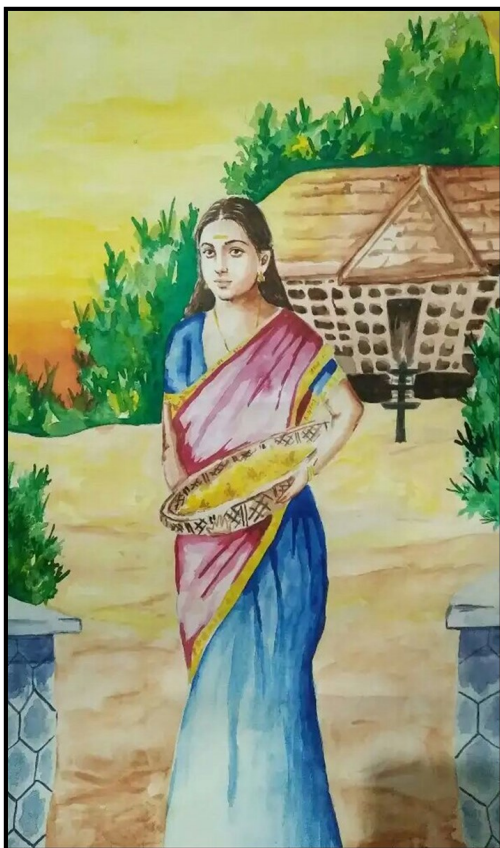
**Anamika**  
**Batch 2019-20**



**Mythli. G**  
**Batch 2018-19(Phoenix)**

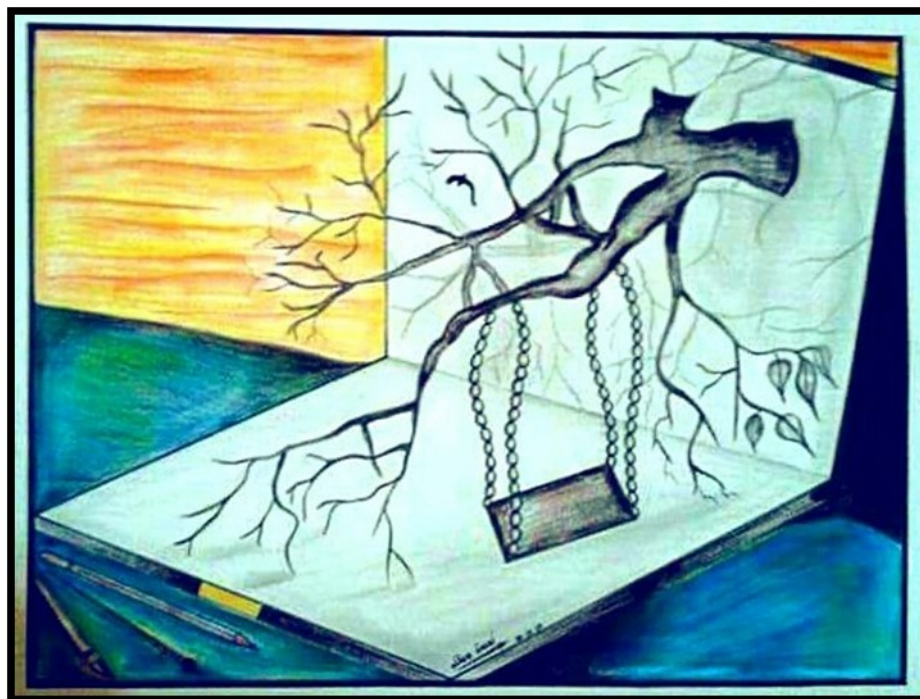


**Karthika**  
**Batch 2019-20 (Invictus)**



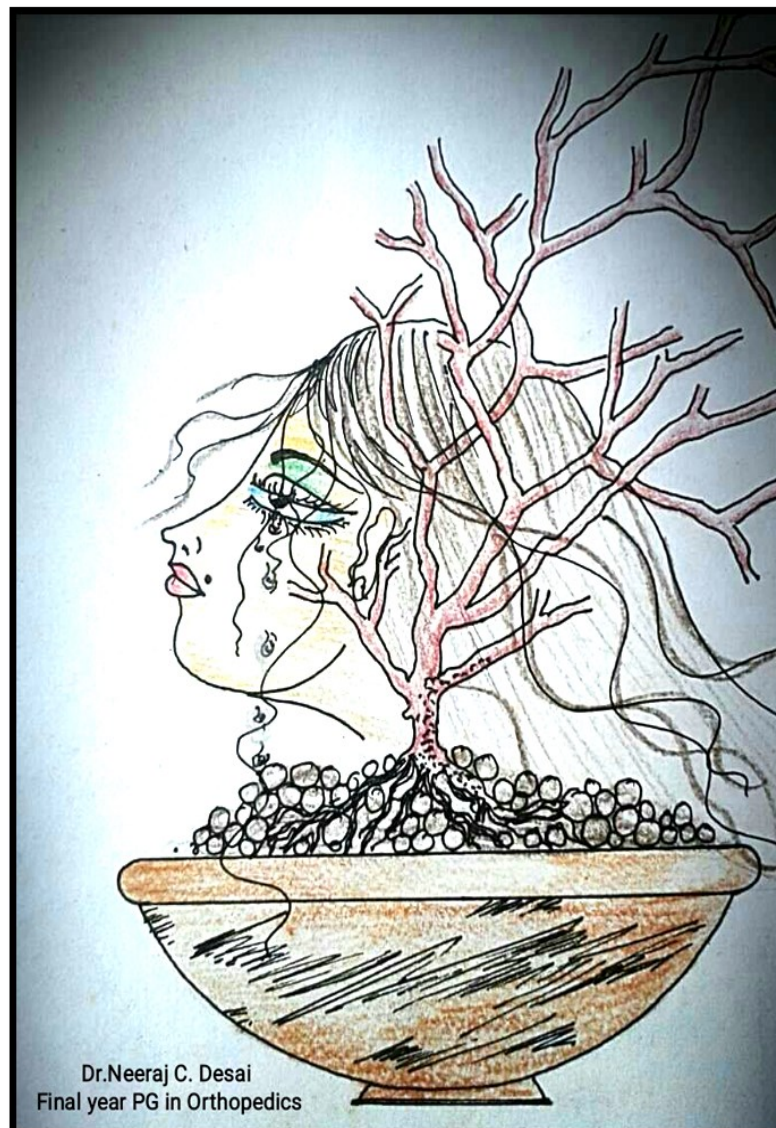
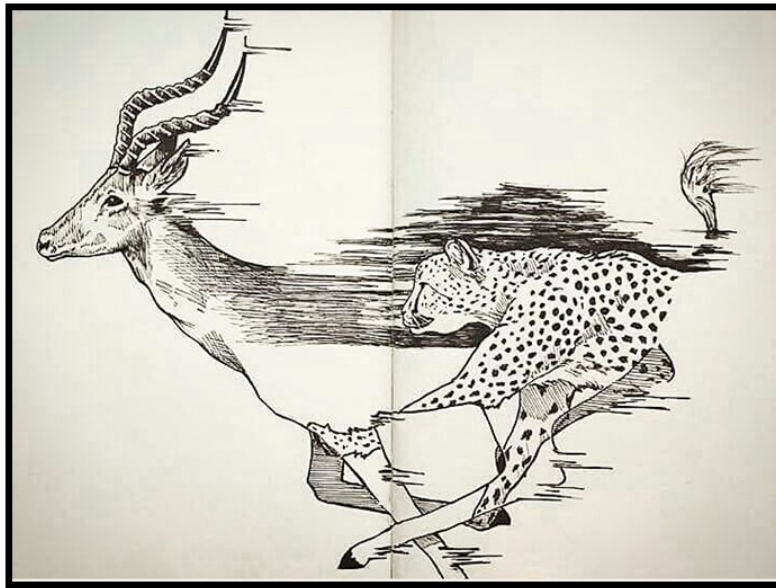
**Silpa Nambiar**  
**Batch 2019-20**





**Dr. Neeraj C Desai**  
**Department of Orthopedics**





Dr. Neeraj C. Desai  
Final year PG in Orthopedics







***Graduation isn't the end  
of a tough journey  
it is the beginning  
of a beautiful one...***





## **Sri Devaraj Urs Academy of Higher Education & Research**

Comprising

**Sri Devaraj Urs Medical College and Departments of Allied Health and Basic Science**

**A DEEMED TO BE UNIVERSITY**

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