



# Sri Devaraj Urs Medical College

Constituent college of

**Sri Devaraj Urs Academy of Higher Education & Research**

A Deemed to be University

Declared under Section 3 of UGC Act, 1956, MHRD GOI No.F.9-36/2006-U.3 (A) Dt. 25th May 2007

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## SANKEERNA-2022

Official College Magazine





**A Tribute to  
Late Sri R L Jalappa  
Founder President  
Sri Devaraj Urs Educational Trust**





# SANKEERNA-2022

## SRI DEVARAJ URS MEDICAL COLLEGE

Constituent college of  
SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH

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# SANKEERNA-2022

Institution to enable governance, leadership and management among students, faculty and non-teaching staff; has provided autonomy to express literary activities through Academy annual magazine, SANKEERNA.

SANKEERNA is a student centric magazine with collection of talents of students and faculty of Sri Devaraj Urs Academy of Higher Education and Research.

## Preamble:

SANKEERNA, time immemorial, has represented a medium for its stake holders to express their talents. It gives an articulate briefing of the activities and achievements of the Academy, thus building a bridge between the students' creativity and medical epistemology.

SANKEERNA in addition to academic, educational, sports & cultural events held at the college also echoes the vibrant college life and important events celebrated.

## Objectives:

- ◆ To provide a platform for students to express their adroit and crafty ideas
- ◆ To encourage freedom of expression
- ◆ To foster in students the literary interests and mould their intellect
- ◆ To provide a medium for exchange of thoughts and information among peers
- ◆ To provide training to students for better utilization of their leisure time
- ◆ To provide encouragement for and to stimulate worth-while activities

## Purpose:

SANKEERNA magazine reflects the identity of our educational institution and is an integral part in the governance, leadership and management through the writings of its students and teachers as well.





# Editorial



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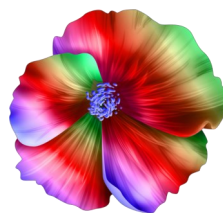


**Sitting (L to R):**

Dr.Waseem Anjum, Dr.K.N.Shashidhar, Dr.P.N.Sreeramulu,  
Dr.Harish.R Dr.Shivakumar.C.S

**Standing ( L to R):**

Dr.Abhinandan.R, Mr.Natesh Gowda.K, Ms. Atufa Neelam .Z,  
Dr.Kouser Mohammadi







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**SRI DEVARAJ URS EDUCATIONAL TRUST FOR BACKWARD CLASSES**  
**TAMAKA, KOLAR, KARNATAKA**



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**Dr. G Pradeep Kumar**  
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**Dr. D V L N Prasad**  
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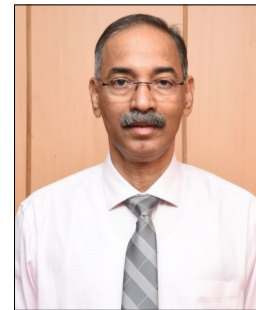
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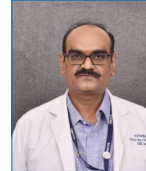


## Sri Devaraj Urs Academy of Higher Education & Research

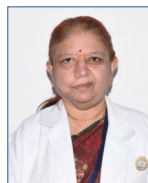
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Coordinator, PG Studies





## MESSAGE



Being Chancellor of this Internationally recognised institution, I am delighted to be a part of this occasion of “Graduation and Awards Day” and 12<sup>th</sup> Convocation on 19<sup>th</sup> and 20<sup>th</sup> August 2022 respectively of Sri Devaraj Urs Medical College constituent college of Sri Devaraj Urs Academy of Higher Education and Research.

Graduation day is a step towards achieving of a world-class academician, clinician and researcher.

Medical profession is a noble profession. This institution has provided the students an opportunity to receive training in all the determinants of becoming a globally competent professional with competence and compassion under the flex of reputed faculty.

I am enthralled to witness the long cherished dreams of our students come true. I wish the young graduates on this 12th convocation a great future and success in the medical profession.

My appreciations to the “SANKEERNA 2022” editorial committee for their laudable effort in bringing out this Periodical.

**Shri G H Nagaraja**  
President, SDUET  
Hon’ble Chancellor, SDUAHER





## MESSAGE



**Prof. Dr. S. Chandrashekar Shetty**  
Executive Advisor, Adichunchanagiri University

Sri Devaraj Urs Medical College, a constituent unit of Sri Devaraj Urs Academy of Higher Education & Research (A Deemed to be University), Kolar has made rapid growth and development since the establishment of the university in the year 2007. There is a tremendous opportunity for both quantitative & qualitative improvements in the areas of Multi/Interdisciplinary academics and Research by aligning itself with the goals and objectives of National Education policy – 2020 backed up by visionary leadership, good governance and management.

I have the proud privilege of offering my greetings and good wishes to all the graduating M.B.B.S students on the joyous occasion of **Graduation Day Ceremony 2022** as the founding Vice Chancellor of the University.

**Prof. Dr. S. Chandrashekar Shetty**

Former Vice Chancellor

Rajiv Gandhi University of Health Sciences, Bengaluru  
Sri Devaraj Urs Academy of Higher Education & Research  
(A Deemed to be University), Kolar  
Adichunchanagiri University, B G Nagara







## MESSAGE



I am glad to know that Sri Devaraj Urs Medical College, the constituent college of Sri Devaraj Urs Academy of Higher Education and Research is conducting “Graduation and Awards Day” and 12<sup>th</sup> Convocation on 19<sup>th</sup> and 20<sup>th</sup> August 2022 respectively.

My heartfelt congratulations to all the graduates and a special applaud to those who were instrumental for making the period of their study more competitive and meaningful.

It is also praiseworthy to note the sustained support of the faculty in ensuring the student progression.

It's time to recognize all the efforts of the stake holders and faculty in making this event happen.

I wish the graduates a big success in their future endeavours for the benefit of society.

I congratulate the team “SANKEERNA 2022” for capturing the essence of creativity within the young minds of our institution and journaling the department activities.

**Shri Rajendra J**  
Vice President, SDUET





## MESSAGE



It is indeed an honor to be part of Sri Devaraj Urs Medical College constituent college of Sri Devaraj Urs Academy of Higher Education and Research, A Deemed to be University and to witness “Graduation and Awards day” on 19.8.2022 and 12th Convocation on 20.8.2022.

I am proud to present the medical graduates of our Institution who are moulded by the eminent faculty in imparting the quality and competency based medical education to all its stakeholders.

The pragmatic approach in Medical Education has been comprehended by the Academy by providing the required infrastructure and resources which has made them competent globally.

I wish the young graduates a grand success.

I congratulate the editorial board of “SANKEERNA 2022” for depicting the campus, students and department activities in an impressive way.

Good Luck!!!!

**Shri. Hanumantha Raju K G**  
Secretary  
SDUET





## MESSAGE



It is indeed a Golden Opportunity to write a Message for our College Magazine “Sankeerna”.

I am highly impressed by the enormous strides which this college (Sri Devaraj Urs Medical College) has made in Teaching-Learning, Patient- care and Research - the three wings of activity of the Teachers. Being established by a Champion of Champions late Sri RL Jalappaji, the college stands as a very strong edifice to the legacy of the founder. In teaching learning, the college stands on top with students getting more than adequately trained. There are several alumni of the college, world over, who have attained name & fame in bringing glory to the Sri Devaraj Urs Medical College. The Teachers must be very hard working for this achievement of the students. The patient care is second to none. It only goes to show that our teachers again are doing their best in training the students. The enormous facilities created by the college management clearly prove that this is an excellent management always thinking of what improvement can be made, so that the students leave the portals of this college fully trained and completely molded to face the outside world. The college administration should be in safe hands. The newly introduced CBME a couple of years ago ensures quality medical education.

I feel very happy to belong to such a lovely college. In fact, I feel honored to be here looking at all small little changes and feeling happy at the larger changes. The extension of the hospital building to house the new ICU, dialysis unit, an enormously big new OT complex bear clear testimony to the commitment of the management.

Long live SDUMC

**Prof. C.V. Raghuveer**  
Hon'ble Pro Chancellor  
SDUAHER







## MESSAGE



Graduation day is a milestone for every student who will be eagerly waiting for. As Vice Chancellor of this esteemed Sri Devaraj Urs Academy of Higher Education and Research, A Deemed to be University I feel proud to present and witness our stakeholders in ceremonial attire while clutching their degree certificates.

Addition of new skills and competencies to the curriculum in medical education has enabled our students to play a vital role in the globalized world.

Patience and perseverance of our students are worthy of praise, through the journey of COVID-19 pandemic.

I wish the young graduates on this 12<sup>th</sup> convocation of our Academy a great success in their future endeavors.

“SANKEERNA 2022” College magazine is a platform for the stake holders of our Academy to highlight their talents and I am happy to be a part of the event in its release on this auspicious “Graduation and Awards day”.

I congratulate and wish the editorial team for bringing out this memoir.

**Dr. Pradeep Kumar G**  
Hon'ble Vice Chancellor  
SDUAHER





## MESSAGE



I am delighted to give a message to the graduates who are conferred their degrees on this 12<sup>th</sup> Annual Convocation. I congratulate the graduates on this auspicious occasion of “Graduation and Awards Day”.

The sleepless nights, long study hours and commitment has made you proud to get graduated from this Teaching Institution under the able guidance and supervision of the dedicated faculty.

I wish you continued success in this noble profession.

I state to the medical graduates that you shall never stop learning and remember that medicine is an art.

Institution shall remember our valued alumni and encourage the pursuit of innovation and advancement in research, education and patient care.

Stay in touch!

You are always welcome to your home away from home.

I applaud team “SANKEERNA 2022” for their exemplary work in publishing the college magazine

Congratulations !!!!!

**Dr. D V L N Prasad**  
Registrar  
SDUAHER





## MESSAGE



It gives me immense pleasure being the Principal of prestigious Sri Devaraj Urs Medical College, constituent college of Sri Devaraj Urs Academy of Higher Education and Research which has been recognized globally in Medical Education, Patient care, Research and Social Commitment.

I extend my warm greetings to the graduates on this “Graduation and Awards day” and 12th Convocation Day.

I congratulate the students for their Academic, Research, Clinical Skills, Community concern, Administrative and Leadership Capabilities and Extracurricular achievements acquired from this institution under the guidance of dedicated faculty and support of the management.

I am delighted to present 'SANKEERNA 2022', the College Magazine on this occasion.

I congratulate faculty and students for their valuable articles and untiring efforts of the editorial team in bringing out this magazine.

I wish Good Luck

**Dr. P.N. Sreeramulu**  
Principal, SDUMC  
Dean, Faculty of Medicine, SDUAHER  
Chairman, Magazine Committee







## MESSAGE



It is a great honor to me to write the graduation message.

Congratulations to the 2022 graduation batch, no one can deny the respect that you deserve for the hard work you put to reach this proud moment. As you move forward, develop life in a successful way. "Hard work matters" is realized on this graduation day, be proud of what you have accomplished.

I hope all of you will feel pride and confidence in serving mankind with values. I am sure you will do great justice in your entire future endeavor which will give satisfaction for Parents, Teachers and at large the Institution / Society.

I wish you all to bask in the glory of this Graduation day, and further feel the essence of teamwork, with discipline, conviction of good patient care which sets a momentum where life is our greatest gift.

**Dr. C D Dayanand**  
Dean-Faculty of Allied Health and Basic Sciences  
SDUAHER





It's a propitious moment to pen the editorial to much awaited release of **"SANKEERNA-2022"** on the auspicious occasion of "Graduation and Awards Day" conducted by Sri Devaraj Urs Medical College on 19<sup>th</sup> August 2022.

I congratulate the graduates who are presented of their degrees on 12<sup>th</sup> Convocation of Sri Devaraj Urs Academy of Higher Education and Research, A Deemed to be University on 20<sup>th</sup> August 2022.

**"SANKEERNA 2022"** is the compilation of the academic, cultural, sports and literary activities of the Stakeholders of this prestigious institution for the year 2021-22.

I take this opportunity to thank our management, trustees, administrators, faculty-teaching and non-teaching, students and supporting staff of our Institution for their inspiration and constant support to bring out the best.

The success of this magazine is attributed to the team work of the **"SANKEERNA 2022"** editorial board.

I extend my warm regards to the faculty and the students for their articles and portrayal of artistic skills, which I believe shall make this magazine an absolute joy to read.

I hope **"SANKEERNA 2022"** is a reminder of the memories of the stakeholders days spent in this Institution.

I wish all the graduates "Good Luck and Bright Future"

**Dr. Shashidhar K N**

Professor and HoD, Biochemistry

Vice Principal, SDUMC

Editor-in-Chief, SANKEERNA-2022





### A journey through and beyond the pandemic

It is my proud moment to present the college report of Sri Devaraj Urs Medical College, the constituent college of Sri Devaraj Urs Academy of Higher Education and Research A deemed to be University, Kolar, Karnataka for the year 2021-22.

The progress and achievements of our College are commendable and noteworthy. It provides its students with a top-notch in medical education. The students admitted to our institution are trained beyond the statutory body mandates and has enabled them become globally competent in health care delivery system.

Sri Devaraj Urs Medical College admits 150 MBBS students every academic year and the admission process is through the centralized system as per the GoI norms. All the departments are post graduate recognized departments and offer Ph.D., programs. Institution has all the infrastructure requisites for imparting quality medical education. Library and learning resources are periodically updated as per the stakeholder's requirements. Stakeholder's competency and faculty quality are promulgated by the substantial increase of the students who have secured Gold Medals, Distinctions and First Class in the University Examinations.

R L Jalappa hospital and Research Centre with bed strength of 1150 is fit enough to the requirements of the stakeholders TLE and research. NABH accredited Hospital with 24x7 services, well equipped infrastructure and facilities has enabled the people of Kolar-Chikkaballapura districts and neighboring Andhra and Tamilnadu to avail quality patient care with affordable price. Central Diagnostic Laboratory Services is NABL Accredited since February 2018 for its quality services and state of art instruments. Radiological facilities meet the clinician and patient care and research requirements.

There is an exponential increase in the intramural research grants and extramural grants for clinical trials and research consultancy. Department of Biochemistry with Dr. Shashidhar K N as the principal investigator was sanctioned with industry sponsored clinical trial and has generated revenue to the tune of INR 24 lakhs in 2021. Have more than 130 publications in Scopus/ WoS/ PubMed indexed journals with an impact factor upto 4.4, published patent. Faculty has presented their research work in national and international conferences and various scientific sessions and is awarded with "Best Paper" and "Best Poster".

Centre for Advanced Research and Excellence (CARE) and Fluorosis Research and Referral Laboratory attached to the department of Biochemistry notified by SDUAHER as a Center of Excellence has enhanced the advanced research with an impact on the molecular studies and social concern respectively. UG and PG ICMR projects sanctioned to our institution are noteworthy.





Institution has a concern for the community for which the “Door Step” Health services are provided to the rural population and needy by conducting free medical health check-up camps, school health check-up camps and camps under various State and union Government Schemes. Fluorosis Research and Referral Laboratory carries out water analysis in and around the campus to mitigate the effect of fluorosis. Primary Health care facility created at Devarayanasamudra and Urban Health Centre in Kolar town has enabled the provision of quality health care. Health awareness events are conducted regularly by students and faculty as outreach activities.

With the pandemic abating 2021-22, students of our institution have participated in various inter collegiate as well as intra collegiate extra-curricular activities, “Apollo Music and Medicine” a music feast, “Online Dance to Live” a dance competition with theme of folk dance, sketching competition, LitClub- a Literature debate competition and “Master of Music and Melodies 2022”.

Students participated in “Fun Mela-2021” intra collegiate sports event. Inter collegiate sports event “INVICTUS-2022” organized by Kasturba Medical College, Manipal, students of our Institution were runners up in the volley ball. “SILHOUETTES & AIIMBT-2022” inter collegiate sports event held in Armed Forces Medical College, Pune, students won gold medals in long jump and triple jump and were champions in badminton mixed doubles.

Alumni Association plays a vital role in networking the alumni by involving them in various academic and extracurricular activities. Alumni Day was conducted involving the alumni of different streams to enlighten the career opportunities and career guidance to the students.

The supporting staff of the Medical College and its attached teaching hospital RL Jalappa Hospital and Research Centre has added strength to our institution.

**Dr. P N Sreeramulu**  
Principal  
Sri Devaraj Urs Medical College









## SDUMC ACADEMIC TOPPERS



### MBBS



**Miss. Diksha Pandey**

### PG MD/MS 2018-19



**Dr. Sonia Kumari**  
MD Pathology



**Dr. Chinthana B S**  
MD Pediatrics



**Dr. Harshitha K M**  
MS Ophthalmology

### PG MD/MS 2019-20



**Dr. Soumya M Hadimani**  
MD Pathology



**Dr. Rakesh Kumar G**  
MD General Medicine



**Dr. Deepak Arora**  
MS Ophthalmology







## GOLD MEDALISTS IN SPORTS



2020-21



Dr. Abhijna Prasad



Dr. Doddarama Chandra Reddy



Dr. Guntupalli Akhil



Dr. Lavanya R

2021-22



Dr. Ajhay Srinivass C



Dr. Sahana Kashyap

## GOLD MEDALISTS IN CULTURAL

2020-21



Dr. Aadhil Bin Abdul Azeez



Dr. Amridhavarshini S

2021-22



Dr. Abdul Aleem Najeeb Kareem



Dr. Ayesha Shahin



**SRI DEVARAJ URS MEDICAL COLLEGE**



## **11TH ANNUAL VIRTUAL CONVOCATION**

07.05.2021





## HOSPITAL REPORT



R L Jalappa hospital and Research Centre (RLJH & RC) is a tertiary care NABH accredited hospital annexed to Sri Devaraj Urs Medical College constituent college of Sri Devaraj Urs Academy of Higher Education and Research with total bed strength of 1150.



The hospital continues to render exceptional health care services and is the Referral & Tertiary Care Centre for patients not only from Kolar & Chikkaballapur Districts, but also from the neighboring Districts of Andhra Pradesh and Tamil Nadu.

The Hospital offers free Medical Health check-up camps, School health check-up camps, and camps under various State and Central government programs as part of its commitment to society and to extending the benefits of quality healthcare to rural residents.

A new state of the art Critical Care Centre complex housing 12 modular OTs, well equipped ICU with 36 beds and Dept. of Nephrology with 21 Dialysis beds and Dept. of Gastroenterology has been added to the existing facilities of the teaching hospital.

RLJH & RC underwent NABH inspection in March 2021 and was fully accredited by NABH on April 15th 2022. Central Diagnostic Laboratory Services is NABL Accredited since February 2018 for its services and incorporating various special parameters.

The Hospital not only offers free professional services to all the patients admitted in the general ward but also provides breakfast; lunch and dinner with 200ml of milk every day.

In addition to providing regular healthcare services, the hospital was able to control the COVID-19 pandemic's second wave by taking a comprehensive approach that included primary prevention and tertiary medical care. As a primary prevention measure, the hospital, with the support of the management, has carried out numerous public awareness campaigns, given COVID pandemic management workshops to COVID warriors throughout the district, and with the assistance of the Government of India, immunized more than 9790 COVID warriors and residents in and around Kolar.

More than 39,872 suspected cases of COVID illness have been screened by the hospital and its medical staff, who have treated COVID-19 patients with unwavering impartiality and high-quality care. Of the approximately 11,000 instances of COVID illness that required hospitalization in Kolar, our hospital handled close to 50% of the total.

R L Jalappa Hospital and Research Center has received appreciation letter and Best Hospital award for managing COVID-19 pandemic by the District authority and the State government supported Suvarna Arogya Suraksha Trust (SAST) under Ayushman Bharath Arogya Karnataka on 15th August 2021.



As a responsible healthcare provider in the area, the R. L. Jalappa Hospital and Research Center is prepared to join forces in the fight against the COVID pandemic by expanding its Pediatric Intensive Care services with ventilator support and committed healthcare providers. This is because the hospital anticipated the third wave of the COVID pandemic and as per the WHO proposed concept of pediatric involvement.

Our hospital has treated 92 cases of Mucormycosis including 64 cross specialty surgeries for the same. The Medical and Surgical Intensive Care Units of the hospital have rendered top quality service to critically ill patients and has been the only center in this region efficiently attending to Severe Acute Respiratory Illness syndromes including the COVID-19 pandemic thereby saving many precious lives. Numerous lives have also been saved through nephrology and dialysis services.

R L Jalappa Hospital & Research Center has been offering top-notch cancer care for more than ten years to patients in and around the Kolar district as well as the adjacent states of Andhra Pradesh and Tamil Nadu. The R L Jalappa Institute of Oncology was established with the intention of improving and sustaining this service.

As for future plans, the hospital is preparing to expand its outreach medical services by establishing an Emergency and Outpatient department in the area of Taluk Headquarters in Kolar district. The hospital is expanding its infrastructure by building two more floors in the premises.

RL Jalappa Hospital and Research Center founded on the visionary idea of Sri RL Jalappa ji to provide comprehensive, holistic, affordable and quality care to the people of the region is endeavoring in this direction.

**Dr. Sheela S R**  
Medical Superintendent  
RL Jalappa Hospital & Research Center  
Kolar









## DEPARTMENT ACTIVITIES

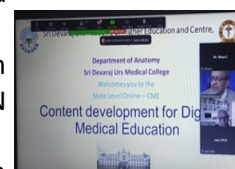




**Left to right (sitting):** Dr. Shashidhar K, Dr. Venkateshu K.V., Dr. Ashwini N.S, Dr. Sridevi N.S, Dr. Divya C  
Dr. Jayaprakash T

**Left to right (standing):** Mrs. Anjaneya Babu, Dr. Kumaraswamy R, Mr. Suresh T, Dr. Vinay Kulkarni  
Mrs. Ravi Shankar Prasad, Mrs. Krishnaveni C

- Dr. Sridevi N.S, Dr. Divya C, Dr. Shashidhar K, Dr. Vinay Kulkarni facilitated preconference workshops in IMECON 2021 at SDUAHER
- Dr. Vinay Kulkarni, Mr. Ravi and Mr. Anji Babu presented papers at AVEOCON 2021, July 2021
- State Level virtual CME was conducted on 13<sup>th</sup> November 2021 titled "Content development for Digital Medical Education"
- Dr. Divya C presented a paper titled "Effectiveness of flipped classroom compared to traditional teaching among medical students" at IMECON 2021
- Dr. Vinay Kulkarni presented paper titled "Mind mapping as learning tool in anatomy for undergraduate medical students" at IMECON 2021
- Mr. Suresh presented a paper titled "Ameliorative effects of Ginkgobiloba on histomorphological changes and learning and memory impairments induced by fluoride and arsenic in Wistar rats" at IVACON 2021
- Dr.Divya.C presented a paper titled "Use of Badges as Achievements to Enhance Online learning" at virtual NCHPE-2021



## Awards:

- ♦ Dr. Divya C was awarded "Promising paper award" for study titled "Effectiveness of flipped classroom compared to traditional teaching among medical students" at IMECON 2021
- ♦ Mr. Suresh won best paper award for oral presentation titled "Ameliorative effects of Ginkgobiloba on histo-morphological changes and learning and memory impairments induced by fluoride and arsenic in Wistar rats" at IVACON 2021

## Publications:

Arunashri, Lalitha C, Venkateshu KV. A Novel method of estimate height of an individual with facial index. Indian Journal of Forensic Medicine & Toxicology July- September 2021 15(3):40-43



**Left to Right 1st row:** Dr. Usha G Shenoy, Dr. Vinutha Shankar MS, Dr. Jagadamba A

**2nd row:** Dr. Mamatha Shree C, Dr. Ashwini K Shetty, Dr. Shobha MV, Dr. Geetha S

**3rd row:** Mrs. Pravallika P, Mr. Suresh K

#### Extension Activities:

- ◆ Dr Jagadamba A, Dr Shobha MV, Dr Ashwini K Shetty were the internal resource faculty for the preconference workshops IMECON 2021 held on 24<sup>th</sup> March 2021 conducted by University Centre for Health Professions Education, SDUAHER, Tamaka, Kolar
- ◆ Dr. Vinutha Shankar MS being a resource person in “Curriculum Enrichment program for post graduates-PREPARE-2021” conducted by department of Physiology, SRMC & RI on 07<sup>th</sup> -10<sup>th</sup> of April 2021
- ◆ Dr. Geetha, Associate Professor of Physiology, participated as a Resource person in Virtual webinar on teaching, learning and Assessment held on 12<sup>th</sup> June 2021 conducted by the Medical Education Unit, SDUMC, Kolar
- ◆ Dr.Vinutha Shankar MS being a resource person in National Conference on Health Professions Education “Looking Back to Leap Forward: Curriculum Innovation” at Sri Guru Ram Das University of Health Sciences, Mehta Road, Vallah, Sri Amritsar from 26<sup>th</sup> to 30<sup>th</sup> October 2021
- ◆ Dr. Ashwini K Shetty, Dr. Geetha S has participated as a Resource person in the Revised Basic Course Workshop in Medical Education Technologies conducted by St. John’s Medical College, Bangalore, Nodal centre in Medical Education Technologies, at SDUMC, Kolar from 6<sup>th</sup> to 8<sup>th</sup> September 2021

#### Research Projects:

##### Ongoing

- ◆ Mr. Suresh K, Dr. Vinutha Shankar MS - Neurobiological & neurochemical assessment of behaviour & cognitive changes in sleep deprived rats and effect of sleep recovery
- ◆ Dr Geetha S, Dr Vinutha Shankar M S, Dr Hemalatha A - Effect of enriched environment on memory and learning in Streptozotocin induced Type 1 diabetic rats
- ◆ Mrs. Pravallika, Dr Vinutha Shankar M S, Dr Shashidhar K N, Dr Hemalatha A - Effect of moringa olifera leaves on hematological profile & histomorphology of fluorosis affected rats
- ◆ Dr Usha G Shenoy, Dr Venkateswarlu Raavi, Mr Jagdish TV, Dr Jagmohan SV - Study on the extent of genotoxicity in the residents of the mine tailing and non-mine tailing area of KGF
- ◆ Suresh K, Raavi V, Kumar H, Shankar V. Effect of Chronic Sleep Deprivation and Sleep recovery on hippocampal CA3 neurons, Spatial Memory and Anxiety-like behavior in rats. Neurobiol Learn Mem. 2021 Nov 19:107559. Epub ahead of print. PMID: 34808338



### Paper Presentations – Oral / Poster

- ◆ Pravallika had Participated in a oral presentation titled "Effect of Moringa olifera leaves on haematological profile of fluorosis affected rats conducted by Clinical Nutrition & Dietetics on 27 April 2021 and won first prize
- ◆ Dr. Usha G Shenoy had participated in a poster presentation titled Association of respiratory symptoms and the pulmonary function parameters in the residents of mine tailing community conducted by SAAP VII and PSI conference 2021 HIMSR New Delhi on March 24-25
- ◆ Mrs. Pravallika has delivered oral presentation titled, "Effect of Mobile phone radio frequency electromagnetic radiations (RFEMR) on Neuronal Specific Enalose (NSE) and Malondialdehyde (MDA) levels in Sprague dawley (SD) rats" at RAMSIECON-2021 Conducted by Department of Physiology from 1<sup>st</sup> to 3<sup>rd</sup> July 2021 at Yenepoya Medical College, Mangalore, Karnataka, India
- ◆ Dr. Jagadamba had presented a poster titled ' Knowledge and practices on personal and hand hygiene and effect of its intervention among rural school children in UP-UK APPICON conference held on 12th November 2021 AIIMS Rishikesh, Uttarakhand, India
- ◆ Dr. Shobha presented oral presentation on Sarcopenia in type 2 diabetes mellitus and its relation with glycaemic control UP-UK APPICON 2020-21, 12<sup>th</sup> November 2021 at AIIMS Rishikesh, Uttarakhand, India
- ◆ Perception of Ethics Teaching by First Year Undergraduate Medical Students – A Cross Sectional Study was presented by Dr. Ashwini K Shetty, Dr. Geetha S at NCHPE 2021, Sri Guru Ram Das University of Health Sciences Mehta Road, Vallah, Sri Amritsar

### Research Publications

- ◆ Shobha MV, Jagadamba, Dr Prabhakar, Dr Shashidhar K N. Association of Serum Iron Indices with Insulin Resistance Index in Euglycemic offspring's of Diabetic and Non Diabetic Parents.IJMSCR.2021;4 : 959-968

### CME and workshop conducted

- ◆ Online International Obesity day, quiz was organized by Department of Physiology on 04<sup>th</sup> March 2021
- ◆ National virtual CME on "Intermittent Fasting in Health and Disease" was organized by the Department of Physiology on 30<sup>th</sup> July 2021
- ◆ Alzheimer's day on "Novel Biomarkers in Dementia" conducted by Department of Physiology on 21<sup>st</sup> September 2021





## DEPARTMENT OF BIOCHEMISTRY



**Teaching Faculty:** Sitting L to R: Dr. Munilakshmi. U, Dr. Susanna. TY, Dr. Harish. R, Dr. Shashidhar. KN, Dr. Prabhavathi. K, Dr. Deena Mendez, Dr. Mamatha Kunder  
**Standing L to R:** Mrs. Saideepika, Mr. Bhuneswar Yadav, Ms. Tejaswi Gowdu

- ◆ Value added course titled “Hospital for Accreditation Process” was conducted for I year Postgraduate students on 9<sup>th</sup> & 10<sup>th</sup> June 2022
- ◆ National Webinar on Fluorosis and its Global Perspective was conducted on 6<sup>th</sup> March 2021
- ◆ Virtual National CME “Current and future perspectives of Cytokines as Biomarkers in human disease’ was conducted on 13<sup>th</sup> May 2021
- ◆ Completed SDUAHER Funded project by Dr.Prabhavathi.K, Dr. Mamatha Kunder, Dr. Shashidhar K.N and Dr. Raveesha A titled “Serum Total Bilirubin and oxidative stress status in diabetic retinopathy-A hospital based observational study”
- ◆ Completed SDUAHER Funded project by Dr.K.N.Shashidhar, Dr.Deena Mendez, Dr.Munilakshmi.U and Dr.Raveesha titled “To find association of Fluoride in Diabetes Type 2 and its Microvascular Complications. A Tertiary Care Rural Hospital Case Control Study”
- ◆ 3 Ph.D scholars successfully declared in Defense Viva

### Oral Paper Presentations

- ◆ Dr. Shashidhar KN presented a paper titled “Effectiveness of Learning Management System in Teaching Biochemistry for I MBBS Students during Covid-19 Pandemic” at 28th National Conference Association of Medical Biochemists of India, on 02nd to 5th December 2021
- ◆ Dr. Prabhavathi K presented a paper titled “Assessment of risk of developing Type 2 Diabetes Mellitus among Medical College Students at Kolar by using Indian Diabetes Risk Score” at 28th National Conference Association of Medical Biochemists of India, conducted on 02nd to 5th December 2021
- ◆ Dr. Harish R presented a paper titled “Snippets of Students Centric Methods for Postgraduate Teaching” at iCON – National Conference on Innovations in Health Professions” Education, conducted from 02nd to 5th November 2021 Vinayaka Mission’s Research Foundation, Aarupadai Medical College, Salem
- ◆ Dr.Munilakshmi.U presented a paper titled “Impact of Neutrophil Gelatinase associated Lipocalin on Acute Kidney Injury Associated with clinical Comorbidities” at ACBICON 47th National Conference from 02nd to 5th December 2021, College of Medicine & JNM Hospital, WBUHS, Kalyani

### Innovation and best practices

- ◆ Research Day to elevate and appreciate faculty research endeavors
- ◆ Best technician Award to recognize technicians for their accomplishment and contribution for quality testing & reporting
- ◆ Lab Tour for Early clinical exposure and laboratory services



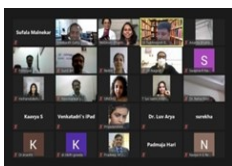
**Sitting (L to R):** Dr. Sarala N, Dr. Bhuvana K, Dr. Asha B  
**Standing (L to R):** Dr. Manju Priya, Dr. Smitha Rai

### Publication

- ◆ Meenakshi Iella, Sarala N, Sowmya C. Perception of medical interns towards the skills acquired. Natl Med J India. 2020;33:236-8, Indexed in Pubmed, Scopus and WOS with IF 0.644

### Faculty as Resource Person

- ◆ Dr. Sarala N, Internal Resource person for “Giving Feedback” and organizing committee member for iMECON SDUAHER from 25-03-2021 to 27-03-2021



- ◆ Dr. Asha B Organizing Committee member for workshop “Teaching, learning and assessment of professionalism” organized by University Bioethics Centre, SDUAHER, on 13-07-2021 and 23-07-2021

- ◆ Conducted National Webinar on “Covid 19 vaccine” Global Perspectives on 07-08-2021



- ◆ Dr. Sarala N was Guest speaker for the Continuing Medical Education program on “Clinically Relevant Drug Interactions” ESIC-MC and PGIMSR, Bengaluru on 22-09-2021.

- ◆ National Pharmacovigilance Week was conducted from 17<sup>th</sup> -23<sup>rd</sup> September 2021 to Create awareness to report adverse drug reactions among General Public, Consultants and postgraduate students



### Awards and Achievements

- ◆ Dr. Asha B was awarded ‘Certificate of Excellence in Reviewing’ by Journal of Scientific Research and Reports on 09-12-2021
- ◆ Central Animal House facility has been shifted to new location in the campus, inaugurated by Dr Pradeep Kumar G, Honorable Vice Chancellor, SDUAHER on 06-12-2021







## DEPARTMENT OF PATHOLOGY



**L-R: Row 1:** Dr. Swaroop Raj, Dr Hemalatha A, Dr Harendra Kumar ML, Dr Kalyani R (Professor & HoD), Dr TN Suresh, Dr Subhashish Das

**L-R: Row 2:** Dr Supreetha MS, Dr Shilpa MD, Dr. Sindhu C

**L-R: Row 3:** Dr. Nikhil, Dr. Soujanya Lakshmi, Dr. Princy, Dr. Ankitha Girdhar, Dr. Sudarshan K

**L-R: Row 4:** Dr. Sowmya Hadimani, Dr. Tunuguntla Amrutha, Dr. Satadruthi Chakraborty, Dr. Jhanavi Reddy, Dr. Snigdha

- ◆ In-house International Virtual CME on “Paediatric Cancer-An update” was conducted on 8<sup>th</sup> December 2021

### Awards

- ◆ Dr Kalyani R has been awarded FAMS, AIIMS New Delhi in August 2021
- ◆ Dr CSBR Prasad, Dr Manjula K and Dr Hemalatha have been awarded with MNAMS in August 2021 at AIIMS, New Delhi

### Chairperson / Resource Person / Guest speaker

- ◆ Dr. T.N. Suresh participated as a Judge in DemedCON, National Medical Education Conference conducted on 28<sup>th</sup> & 29<sup>th</sup> May 2021 at SDUAHER
- ◆ Dr. Kalyani R & Dr Hemalatha A were the judges for Paper presentation in 49<sup>th</sup> KAPCON 2021 VIRTUAL state Conference. Dr. Kalyani R was the chairperson for a scientific session.
- ◆ Dr. TN. Suresh & Dr. Hemalatha were the resource persons for MET workshop conducted by SDUAHER from 6<sup>th</sup> to 8<sup>th</sup> of September
- ◆ Dr. Kalyani R was the resource person in 5<sup>th</sup> World cancer congress 2021 which was held from 25<sup>th</sup> to 26<sup>th</sup> September 2021 at New Delhi, India
- ◆ Dr. Kalyani R, Dr. Suresh TN, Dr. S. Das, Dr. Hemalatha A were the resource persons in the in– house Cancer awareness programme conducted on 16<sup>th</sup> November 2021
- ◆ As a mark of respect to the technicians during the COVID 19, technician’s day was celebrated on 28<sup>th</sup> May 2021
- ◆ International Pathology day was conducted on 16<sup>th</sup> November 2021

### Publications

- ◆ Eleven publications have been done by faculties in National & International Journals

### Non-academic activities:

- ◆ 2<sup>nd</sup> year Post graduates participated in Fashion show on Hospital Day held in October 2021 & have got 3<sup>rd</sup> prize
- ◆ Mr. Partha & team received 1st prize in Kabbadi on Hospital Day
- ◆ Dr. Amrutha, 2<sup>nd</sup> year post graduate was runner up in poster competition on Gender equality conducted by Women Empowerment Cell





**Standing:** Dr Madhavi S Hullur

**Sitting (left to right):** Dr Bindu Madhavi R, Dr. Parimala S, Dr Arvind N, Dr Anitha D, Dr. Bharathi R, Dr Namitha B N

### Academic Activities

- ◆ COVID - 19 R.L Jalappa Hospital advisory documents has been prepared by Dr Arvind N and Dr Anitha D on Infection prevention and control practices and laboratory guidelines

### Paper Presentations

- ◆ Dr. Anitha D presented a Poster titled "Surgical site infection in gastrointestinal surgeries; Incidence, risk factors microbial profile at a rural tertiary teaching hospital" at GISICON 2021 virtual conference conducted by PGI Chandigarh.
- ◆ Dr Bindu M presented a Poster titled "Intestinal parasitic infections among patients attending tertiary care hospital" at GISICON 2021 virtual conference conducted by PGI Chandigarh
- ◆ Dr Bharathi presented a Poster titled "Multiple antibiotic resistance index of isolates from secondary peritonitis cases due to hollow viscus perforation from rural tertiary care hospital" at GISICON 2021 virtual conference conducted by PGI Chandigarh
- ◆ Dr Bindu M presented a Poster titled "A study on bacterial profile of infections among patients admitted in Intensive care unit at a tertiary care rural hospital" at Microcon National Conference held at Guwahati on 24<sup>th</sup> December 2021

### Research Projects

A total of 7 research Projects have been completed and 7 are ongoing

### CME/ Webinar/ Workshops

- ◆ Webinar titled "Tuberculosis" was conducted on 31<sup>st</sup> March 2021
- ◆ Webinar on the topic NIPAH virus was conducted on 22<sup>nd</sup> October 2021
- ◆ An Induction Training was conducted on 18<sup>th</sup> June 2021 on "Infection prevention and control practices in Health care settings" for fresh interns and newly joined consultants
- ◆ A workshop titled "Safety is everyone's responsibility" was conducted on 17<sup>th</sup> June 2021

### Publications

- ◆ A total of 5 publications have been done in various National & International Journals indexed in Scopus, PubMed & Web of Science

### Awards and Achievements:

- ◆ Dr. Arvind N was awarded Member of National Academy of Medical Sciences (India) in August 2021



**Sitting from L to R:** Dr Rajkumar M G, Dr Srinivasa Reddy P, Dr Ajay Kumar T S, Dr Abhinandana R.  
**Standing:** Dr Vishal V

- ◆ In the year 2021 conducted 275 autopsies, six exhumations of sensational cases
- ◆ A Guest lecture was organized on 30<sup>th</sup> October 2021 titled 'Untold Stories in Emergency Room' resource person was Dr. S. Senthilkumaran, Medical Director, Manian Medical Centre, Erode
- ◆ Completed three research projects and published 3 articles in National & International Journals
- ◆ Value added course on Ethics and Law at Health Care Profession was conducted for students of Allied Health Sciences on 30<sup>th</sup> and 31<sup>st</sup> May 2021



- ◆ Faculty Dr Srinivas Reddy, Dr Raj Kumar and Dr Abhinandan presented papers on topic 'Suicide disguised as homicide – A Case report'; 'Spectrum of Bull Gore injuries presenting to the Emergency Department of R.L. Jalappa Hospital, Kolar during the period 2015 to 2019'; 'Estimation of time since death by nuclei changes in bone marrow cells' respectively in the 29<sup>th</sup> State Annual virtual conference of Karnataka Medico-Legal Society (Online) at Srinivasa University, Mangalore, on 3<sup>rd</sup> and 4<sup>th</sup> December 2021







## DEPARTMENT OF COMMUNITY MEDICINE



**Sitting Left to Right:** Dr. Naresh Kumar S J, Dr. Prasanna Kamath B. T, Dr. Muninarayana. C, Mr. Ravishankar S.,

**Standing 1<sup>st</sup> Row Left to Right:** Dr. Waseem Anjum, Dr. Pradeep. T. S, Dr. Harshita H N, Dr. Vishwas S, Dr. Sunil. B. N, Dr. Sukurtha R.

**Standing 2<sup>nd</sup> Row Left to Right:** Dr. Sankiya M, Dr. Sindhu Shankar, Dr. Vivek Jayan, Dr. Ramees M Sali, Dr. Abhishek S V, Dr. Varun R, Dr. Bavani A.

- ◆ CME on “Vaccine Preventable Diseases (VPD) Surveillance” was conducted on 4<sup>th</sup> June 2022 to improve effective reporting and management of any Vaccine Preventable Disease, supported by Reproductive & Child Health Office, Kolar District & National Public Health Surveillance Project, WHO, Bengaluru
- ◆ A Webinar on “COVID-19 & Society” was conducted on 17<sup>th</sup> September 2021
- ◆ A Workshop on “Our Planet, Our Health” was conducted on World Health Day on 8<sup>th</sup> April 2022
- ◆ Faculty and PG’s presented 5 papers in IAPSMCON 2021, 1 in IPHACON 2021, 1 in AMRITACON 2021, 1 in EFICON 2021, 1 in COVIDCON 2021, 1 in National Webinar on World TB Day
- ◆ World No Tobacco Day was observed on 31<sup>st</sup> May 2021 and conducted a Poster Competition for Undergraduate Students
- ◆ World Environment Day was observed on 5<sup>th</sup> June 2021, e-Poster Competition was organised for Undergraduate Students
- ◆ World Tuberculosis Quiz was conducted on World Tuberculosis Day on 1st April 2022, participants, Winners & Runners were given Prizes and Certificate
- ◆ Dr Sunil B N was awarded Best Poster at Virtual Conference on COVID-19 and the beginning of a New Era in Reliance Foundation Hospital, 21st to 22nd August 2021; titled “Experiences for Reasons and Measures to Overcome Covid-19 Vaccine Hesitancy among Public at a Rural Tertiary Care Centre, South India”
- ◆ Dr Anandu S was awarded 2nd Prize at 2nd Annual National Conference of Epidemiology Foundation of India at AIIMS, Jodhpur held on 29<sup>th</sup> & 30<sup>th</sup> October 2021 for Oral Presentation titled “PTSD among Adolescent Girls infected with COVID-19 – A Cross Sectional Study”
- ◆ Dr. Vivek Jayan awarded for Best Paper at National Webinar on World TB Day, 24<sup>th</sup> March 2022 titled “Clinico Radiological spectrum of Pulmonary Tuberculosis in Diabetics and non-diabetic patients at Tertiary Care centre”
- ◆ Dr. Anandu. S received funds from MAMTA Foundation an NGO for his dissertation “Effectiveness of group health education on perceived stress among high children of Kolar- A Cluster randomized control trial”
- ◆ Three ICMR-STs Projects has been approved for the year 2021 and 2 for the year 2022
- ◆ A total of 3755 camps have been organised by the Department from June 2021 to May 2022



**Sitting (L to R):** Dr. Balan Ashok Kumar, Dr. Sagayaraj A, Dr. R P Deo, Dr. S M Azeem Mohiyuddin  
Dr. K C Prasad, Dr. Prashanth Babu A, Dr. Kouser Mohammadi

**Standing 1<sup>st</sup> Row (L to R):** Dr. Lalrinzuali, Dr. Meenavalli Rohitha, Dr. Harshitha N, Dr. Brindha H S  
Dr. Indu Varsha G, Dr. Swapanthi M B

**Standing 2<sup>nd</sup> Row (L to R):** Dr. Diana, Dr. Akshaya, Dr. Sanjana, Dr. Nisha V

**Standing 3<sup>rd</sup> Row (L to R):** Dr. Karnika R K, Dr. Niveditha A, Dr. Fesli Latheef, Dr. Vyshnavi, Dr. Lini Joseph

**Standing 1<sup>st</sup> Row (L to R):** Dr. Indranil, Dr. Shahrukh, Dr. Kunal Thakur, Dr. Arjun Gupta, Dr. Anirudh  
Dr. Irfan Ahmed Niwas, Mr. Subramani, Mr. Srinivasappa C

- ◆ Dr. S. M Azeem Mohiyuddin took incharge as Director of Research and Innovation, SDUAHER



- ◆ Dr. S.M Azeem Mohiyuddin has participated as Resource person in Orientation Course for MBBS Interns on 16<sup>th</sup> June 2021 conducted by the MEU

- ◆ A webinar on "Surgery of Paranasal Sinuses" was conducted on 15<sup>th</sup> July 2021

- ◆ A Guest Lecture was conducted on "Ossiculoplasty – An overview" on 6<sup>th</sup> August 2021, resource person was Dr. R.S Mudhol,



Vice-Chancellor BLDE University, Bijapur, Karnataka

- ◆ A CME on "Temporal Bone and Skull Base Dissection" was conducted on 16<sup>th</sup> September 2021



- ◆ Awareness and screening program "Hearing Care for All" Screen-Rehabilitate-Communicate for early detection and prevention of deafness was conducted on 29<sup>th</sup> September 2021 as a part of World Deafness Day



- ◆ PG Symposium was conducted on 18<sup>th</sup> October 2021 on the topic

"Dysphagia"

- ◆ A total of 8 publications have been done by faculties of the department in various National & International Journals indexed in Scopus, PubMed & Web of Science





- 1<sup>st</sup> row**-Dr. Vidyasagar C.R., Dr. Prabhakar K, Dr. Raveesha. A, Dr. B.N. Ragahvendra Prasad  
Dr. Srinivasa S.V
- 2<sup>nd</sup> row**-Left to right - Dr. Kavya BK, Dr. Poongulali, Dr. Sanmita, Dr. Vishwanath Reddy N  
Dr. Manjunatha N, Dr. Varsha Reddy Jayar, Dr. Karthik S, Dr. Rakesh Kumar N
- 3<sup>rd</sup> row**-Left to right - Dr. Sujitha, Dr. Manasa , Dr. Deepthi, Dr. Dhruvanandan K, Dr. Sreenath K  
Dr. Kishore, Dr. Hemanth Kumar
- 4<sup>th</sup> row**-Left to right: Dr. Pavan, Dr. Praveen, Dr. Aparna C, Dr. Manohar, Dr. Dheeraj, Dr. Javeria, Dr. Atishaya

### Guest Lectures

- ◆ “World TB Day” on 6-4-2021, “Haematology” on 9-4-2021 topic: “Thrombocytopenia – case based Approach” resource person was Dr. Anand Kumar K, Consultant Hemato – oncologist and BMT physician, Sparsh Hospital, Yeshwanthpur, Bengaluru



- ◆ “Approach to patient with multiple joint pain – clinical and interpretation of investigations” on 07-07-2021 by Dr Chandrashekara S, Rheumatologist, ChanRe, Bengaluru

- ◆ “Covid and post covid Management” on 05-08-2021 Resource person was Dr. Satyanarayana Mysore, HOD & Consultant – Pulmonology, Lung Transplant Physician, Manipal Hospitals, Bengaluru and Dr. Sunil Karanth, Chairman and consultant, Critical Care Medicine, Manipal Hospitals, Bengaluru



### Workshop

- ◆ Department of Medicine conducted workshop on 2D ECHO on 11<sup>th</sup> November 2021





### Paper Presentations – Oral / Poster

- ◇ APICON 2021 - A virtual Annual conference of the Association of Physicians of India was held at Mumbai from 4<sup>th</sup> - 7<sup>th</sup> March 2021, faculty and PGs presented papers
  - ◆ Dr. Rakesh Kumar G presented a Poster titled “Rare, but possible of liver cirrhosis and Rhino – orbital cerebral Mucormycosis”.
  - ◆ Dr. Rakesh Kumar G presented a Paper titled “Clinical score for Risk Stratification of COVID 19”.
  - ◆ Dr. Deepak presented a Poster titled “Atypical presentation of carcinoma breast”.
  - ◆ Dr. Javeria Afshan presented a Paper titled “Association of COVID -19 with ABO blood group”.
  - ◆ Dr. Dheeraj presented a Poster titled “Role of CRP, lactate dehydrogenase and neutrophil to lymphocytes ratio as predictors of disease severity and outcomes in Covid 19 patients”.
  - ◆ Dr. Poongulali MDS presented a Poster titled “A Rare Presentation of Kippel –Feil syndrome with unilateral Renal Agenesis”.
  - ◆ Dr. Manohar Gowda BG presented a Poster titled “A case report of Marfan syndrome with right sided Hydropneumothorax secondary to pulmonary embolism secondary to left deep vein thrombosis”.
  - ◆ Dr. Amulya presented a Poster titled “Case Report: Urinary Retention causing recurrent Hyponatremia”.
  - ◆ Dr. Tunga Leela Pavan presented a Paper titled “Rare presentation of Progressive Multifocal Leucoencephalopathy (PML) due to JC polyoma Virus in immunocompromised individual”.
  - ◆ Dr. Kavya BK presented a Poster titled “A rare case of PPP syndrome”.
- ◇ CRITICON Conference - 2021 State level conference of Critical Care Medicine organised by the Department of Pulmonary Medicine, Bangalore Medical college & Research Institute, Victoria Hospital Bengaluru on 23<sup>rd</sup> – 24<sup>th</sup> October 2021. PGs presented papers
  - ◆ Dr. Javeria Afsan presented a Paper titled “A study of clinical profile of Diabetic ketoacidosis”
  - ◆ Dr. Kavya BK presented a Paper titled “Neutrophil to Albumin Ratio as a prognostic marker of disease severity in COVID 19 infection and its relation to Neutrophil Lymphocyte Ratio” and was awarded 1<sup>st</sup> Prize for her Paper presentation
  - ◆ Dr. Sujitha presented a Poster titled “Doege - Potter Syndrome: Solitary Pleural Fibrous Tumour with Hypoglycaemia”
  - ◆ Dr. Hemanth Kumar presented a Paper titled “Correlation of prognostic risk score with mortality in patients admitted to RLJH ICU with Covid -19”
- ◇ API Karnataka Chapter conducted virtual clinical meeting due to covid – 19 on 24<sup>th</sup> April 2021
  - ◆ Dr. Rakesh Kumar. G presented a Case of Quadriplegia - A Rare Cause
  - ◆ Dr. Atishaya G.V presented a Case of a Rare Cause for Respiratory Failure
  - ◆ Dr. A. Dheeraj Kumar Reddy presented an interesting Case of Multiple Discharging Sinuses



### Book

- ◆ Dr Raveesha has authored chapter in an International Book : Medicine and Medical science “Insulin Resistance and sensitivity in type 2 diabetes mellitus and diabetic Nephropathy cases”

### Awards and Achievements

- ◆ Dr. Prabhakar K received certificate of membership by the Executive committee of scholars Academic and Scientific society in recognition for his outstanding contribution in education and research and is pleased to bestowed “SAS Eminent Fellow Membership”
- ◆ Dr. Sindhu was awarded Best COVID Warrior on Hospital Day, 19-10-2021
- ◆ Dr. Prabhakar K has been included as advisory board member of Karnataka Medical Council 2021



### Publications:

- ◆ A total of 14 publications by faculty of the department in National & International Journals indexed in Scopus, PubMed & Web of Science







**Sitting (L to R):** Dr. Srinivasan D, Dr. Shashirekha C.A, Dr. Sreeramulu P.N., Dr. K. Krishna Prasad, Dr. Mohan Kumar K, Dr. Prakash Dave

**Standing 1st Row (L to R):** Dr. Pujitha Arthimalla, Dr. Raadhika Raja, Dr. Dharmendra Kumar , Dr. Md Kashif Imran Dr. Ravikiran.H.R., Dr. Varsha A., Dr. Tejaswini M Pawar, Mrs. Somala

**Standing 2nd Row (L to R):** Dr. Lavanya R, Dr. Murakonda Sowmya Choudhary, Dr. Sharath Kumar S., Dr. Suhas B.S., Dr. Naveen N., Dr. Madineni Bhavana Chowdary, Dr. Sharath K, Dr. Sunil Mathew

**Standing 3rd Row (L to R):** Mr. Muniraju V.N., Dr. Yarremsetty Saivikram, Dr. Dave Tushar Jitendra , Dr. Tada Sina Sajay Reddy , Dr. Settigiri Avinash , Dr. Atul Dua, Dr. Yadamreddy Rohit Kumar

**Standing 4th Row (L to R):** Dr. Vedanth M., Dr. Manaswin K.S., Dr. Avinash M.S.N.V., Dr. B V Naveen Kumar Yadav



◆ National CME was conducted on "Infertility Update: FERTICON 2022" on 29<sup>th</sup> March 2022

◆ Guest Lecture by Dr. Ashish Shah on "Robotic Surgery" was conducted on 16<sup>th</sup> March 2022

◆ "Close the Care Gap" CME was conducted on the occasion of World Cancer Day on 4<sup>th</sup> February 2022

◆ Alumni Interactive session was conducted on Career Prospects NHS UK on 22<sup>nd</sup> February 2022

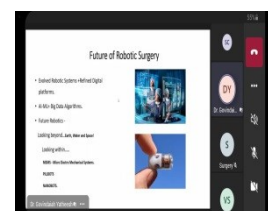
◆ Online guest lecture on Topic "Obstructive Jaundice" by Speaker Dr. N. Bheerappa, Prof. & HOD, Dept. of Surgical Gastroenterology, Nizam's Institute of Medical Sciences, Hyderabad was conducted on

4<sup>th</sup> August 2021

◆ Guest Lecture by Dr. Ravi P. Deo, Head & Neck surgeon on the Topic "Management of Thyroid Nodularity – Clinical Case Discussion" was conducted on 25<sup>th</sup> March 2021



◆ Regional CME with Hands-on workshop on "Laparoscopic Cholecystectomy - An Overview" and "Sutures & Staplers – Suturing & Knotting Techniques" respectively was conducted on 21<sup>st</sup> October 2021







**Sitting (L to R):** Dr.Narendra R R, Dr.Beere Gowda Y C, Dr.KNV Prasad, Dr.Sudha Reddy V R, Dr.Krishnappa J , Dr.Bhanuchand P

**Standing 1st Row (L to R):** Dr.Ramanjaenya G,Dr.James Daniel S,Dr.Yellappa Gowda N, Dr.Shivaraja A,Dr.Srikanth C

**Standing 2nd Row (L to R):** Dr. Y C Pravallika, Dr.J Sanjana, Dr.Vidyashree B, Dr.Rajitha B Reddy, Dr.Chinthana B S,Dr.Akshatha S,Dr. Sri Raksha S,Dr.Lavanya R A

**Standing 3rd Row (L to R):** Dr.V Nikitha, Dr.Bindu, Dr.Mathumitha,Dr.Mohammed Yasar, Clerk Gayathri

**Standing 4th Row (L to R):** Attender Jagannatha Dr. Srinadh P, Dr. Niranjan B Reddy, Dr. Jefrin Anto Dr. C Prakasha Reddy & Dr.Ankem Praveen



♦ Training program for paediatricians “Awareness of COVID third wave in Pediatrics” on 14<sup>th</sup> July 2021

♦ ORS day celebrated on 29<sup>th</sup> July 2021 created awareness on the theme ‘Oral Rehydration, No More Dehydration’

♦ 34<sup>th</sup> Annual IAP Pediatric Quiz (College Round) was conducted on 28<sup>th</sup> July 2021 for final year MBBS students



♦ World Breastfeeding Week 1<sup>st</sup> to 7<sup>th</sup> August 2021 was observed to create awareness & nursing students enacted a play, highlighting importance of breastfeeding

♦ Training program on Pediatric COVID-19 for Nursing Staff of Kolar District was conducted from 17<sup>th</sup> – 19<sup>th</sup> August 2021



♦ State level CME on “VACCINATION UPDATE” was conducted on 12<sup>th</sup> November 2021

♦ Children’s day was celebrated on 15<sup>th</sup> November, 2021 in pediatric ward premises with faculty, postgraduate students, interns and nursing staff participation





**Standing L to R Front Row:** Dr. Ruth Sneha, Dr. Mohan Reddy M, Dr. Navya AG

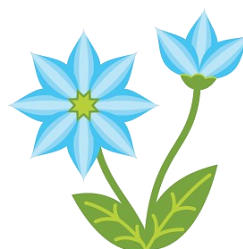
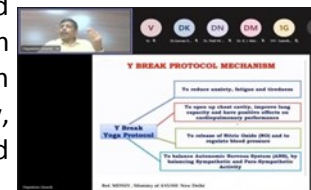
**Standing L to R Second Row:** Dr. Stuti Mashru, Dr. Veni Nirudya K, Dr. Afra Shaz, Dr. Manoranjitha V



- ◆ In collaboration with the NSS unit II, organized a guest lecture on 26<sup>th</sup> June 2021 on “International day against drug abuse and illicit trafficking”



- ◆ In collaboration with the Department of Integrative Medicine conducted virtual CME on 11<sup>th</sup> October 2021 on the theme “Mental Health in an Unequal World” to observe World Mental Health Day. Dr. Suman Kollipara, President and Co-founder of Peace Tree Innovations Society, Vancouver, Canada took a brief session on Sookshma Meditation and Mental Health







**Sitting (L to R):** Dr. Uday Kumar S, Dr. Hanumanthayya K, Dr. Rajashekar TS, Dr. Suresh Kumar. K, Dr. Sneha Krishnoji Rao

**Standing 1st Row (L to R):** Dr. Harish Prasanna R, Dr. Savana Waikhom, Dr. Chandrika Nayyar, Dr. Amulya YS, Dr. GVL Naveena, Dr. E Meghana Reddy, Dr. Pavithra TR , Dr. Madhu Kiran C

**Standing 2nd Row (L to R):** Dr. Y Deepthi Chowdary, Dr. Nishi Nagaria



◆ World Vitiligo Day 2021 was observed on 25<sup>th</sup> June 2021 with the theme "Debunking Vitiligo Myths"



◆ On the occasion of the World Urticaria Day, a Webinar was organized on "An Update on Urticaria and Angioedema" on 5<sup>th</sup> October 2021



◆ World Psoriasis Day 2021 themed "ALL OF US UNITED" observed on 29<sup>th</sup> October 2021



◆ World Leprosy Day awareness programme was organized in two schools of Kolar, R L Jalappa Central School and Suvarna Central School on 5<sup>th</sup> & 10<sup>th</sup> February 2022 respectively







**Sitting (L to R):-** Dr. Suresh Kumar N., Dr. Vishnuvardhan V, Dr. Shivakumar.K.M, Dr. Ravi.M, Dr. Kiran.N  
Dr.Sujatha.M.P, Dr. Lavanya.K

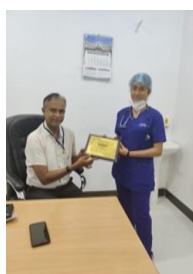
**Standing:-**

**1st Row (L to R):-** Dr. Sandeep. V.D, Dr. Sumanth.T, Dr. Naga Seshu, Dr. Sindhu.J, Dr. Abhinaya.M  
Dr. Manjula Devi.S, Dr. Sravanthi G.N.S.

**2nd Row (L to R):-** Mrs. Pushpa.G.V, Dr. Sinchana.B, Dr. Shri Easwari.S, Dr. Huchappa.K.V, Dr. Preethi.R  
Dr. Mahima.L.N, Dr. Vidyashree.C, Dr. Monisha.B

**3rd Row (L to R):-** Mr. Narayana Swamy.B.N, Dr. Ishita.R, Dr. Pooja G, Dr. Padmasree.M.K  
Dr. G. Sai Yashaswini.

**4th Row (L to R):-** Dr. Rahul Kurra, Dr. Mathew George, Dr. Aswin.B, Dr. Chandramohan.K, Dr. Yashwanth.P  
Dr. Sundeep.K.



◆ Department was recognized for rendering care for COVID -19 patients and awarded Certificate of Appreciation

◆ Final year post graduates- Dr. Ishitha Raj, Dr. Preethi R, Dr. Balaji J, Dr. Shri Easwari, Dr. Mahima L.N, Dr. Sinchana B, Dr. Chandramohan K presented papers in the 35<sup>th</sup> Annual Karnataka State Conference sponsored by ISA held on 7<sup>th</sup> October 2021. Dr. Ishitha Raj won the second place in paper presentation. Her paper was chosen for travel grant for presentation at the national conference.



- ◆ Above mentioned postgraduates presented papers in the 68<sup>th</sup> Annual conference of ISACON 2021, Ahmedabad from 24<sup>th</sup> to 28<sup>th</sup> November 2021 and 11 second year post-graduates presented posters



◆ Dr. Sumanth Tarigonda presented poster in 17<sup>th</sup> World Congress of Anaesthesiologists, Prague, Czech Republic from 1<sup>st</sup> to 5<sup>th</sup> September 2021

◆ Dr. Sravanthi GNS was felicitated as best postgraduate in 2021

◆ Value added course on BLS and ACLS for postgraduate students was conducted in the months of February and August, 2021



- ◆ 19 Publications in national and international indexed journals





**Sitting (L to R):** Dr. Ajay Kurahatti , Dr. Sagar. V, Dr. Prabhu. E, Dr. Arun H. S, Dr. Nagakumar J S  
Dr. Hariprasad.S Dr. Arunprasad. P

**Standing 1st Row (L to R):** Dr. Venugopal. T, Dr. Sakthikesavan. S, Dr. Kishore. V, Dr. Ajay S S, Dr. Sriharsha B,  
Dr. Sandesh Agarawal, Dr. Amith Kamath, Dr. Vinod Kumar K

**Standing 2nd Row (L to R):** Dr. Joe Lourdu Pradeep, Dr. Karthik. S. J, Dr. Sai Ganesh D Shetty,  
Dr. V Harsha Chowdary , Dr. Vyshanav Srinivasan, Dr. Bandaru Venkata Hrushikesh  
Dr. Somisetty Venkata Sai Tarun Kumar

**Standing 3rd Row (L to R):** Dr. Paramanantham Madhavan, Dr. Arun Kumaar. S. P, Dr. K G Kiran Theja  
Dr. Sachin Thagadur. C, Dr. Vishnudharan N R, Dr. Abhi Sharma

**Standing 4th Row (L to R):** Dr. Patel Dharshan Kumar Atulbhai, Dr. Jagadish U, Dr. Sourdeep  
Dr. Nandini Sanjay, Dr. Sandesh. V, Dr. Anil Kumar P, Dr. Siyad M. Nazar



♦ Workshop on “Basic Knotting Technique in Shoulder Arthroscopy” was conducted on 22<sup>nd</sup> December 2021 with Dr. P.C. Jagadeesh, Consultant Orthopaedic and Sports Medicine surgeon, Fortis Hospital, Bengaluru as Guest Speaker

♦ Postgraduates presented papers and posters in Annual conference of Bangalore Orthopaedic Society held on 27<sup>th</sup> March 2021; 45<sup>th</sup> State conference of Karnataka Orthopaedic Association (KOACON) held on 30<sup>th</sup> and 31<sup>st</sup> July 2021, Annual Conference of Orthopaedic association of South Indian States and Tamil Nadu Orthopaedic Association (TNOACON) held from 23<sup>rd</sup> to 25<sup>th</sup> September 2021 at Salem







**Left to Right:**

**Front Row:** Dr. Inchara. N, Dr. Reshma Ravindra, Dr. Sangeetha T, Dr Usha.B R, Dr Manjula.T.R  
Dr Hanumanthappa B O, Dr. Rashmi G, Dr. Chaitra M C, Dr Rahul Gowda N R

**Second Row:** Dr. Vrushab Malani, Dr Panaah Shetty, Dr Rehimunissa, Dr Poojitha, Dr Aparna, Patel,  
Dr Kruthika, Dr Yugandhara, Dr Sri Archana Shetty, Dr Karishma Agarwal, Dr Aastha Garg, Dr Deepak Arora

- ♦ World Optometry day was observed on 23<sup>rd</sup> March 2021 with Poster presentation by Final year B.Sc Optometry students and Remedial bridge course students



- ♦ “Approach to a case of Endophthalmitis” webinar with Dr Padma Malini, Uvea consultant, Narayana Nethralaya, Bangalore as speaker was conducted on 16<sup>th</sup> April 2021

- ♦ Observing Cataract Awareness Month poster competition for the 6<sup>th</sup> semester Undergraduate was conducted on 29<sup>th</sup> June 2021
- ♦ In-house Virtual National CME was conducted on ARMD on 14<sup>th</sup> August 2021 with Dr. Pavan Kumar-Founder Chairman Nagamani Retina Institute, Andhra Pradesh, Dr. Shailaja S, Associate professor and Vitreoretinal surgeon, Dept. of Ophthalmology, Kasturba Medical College, Manipal, Dr.Shobana , Senior Retinal Surgeon, Shivam Retina Hospital, Surat, Dr. Dilip Kumar K, Vitreo Retina Consultant, Devi Eye Hospitals, Bangalore as external speakers



- ♦ Eye donation fortnight was conducted on 1<sup>st</sup> September 2021 by conducting a rally from Bangarpete circle to SNR Hospital and street play in hospital premises

- ♦ World Sight Day’ was celebrated by on 14<sup>th</sup> October 2021 by organising a poster competition with the theme being “Love Your Eyes”



- ♦ “World Diabetes Day—Access to Diabetes Care” was observed from 10<sup>th</sup> to 15<sup>th</sup> November 2021 included free diabetic screening, ocular examination and nutritional advice, awareness rally, poster presentation by optometry and clinical nutrition & dietetics students



- ♦ Post graduate students presented papers and posters at Karnataka Ophthalmic Society virtual conference from 10<sup>th</sup> to 12<sup>th</sup> December 2021





**Sitting (L to R):** Dr. P. Rathnamma, Dr. Gomathy.E , Dr. Sheela.S.R , Dr. Vasantha Kumar  
Dr.Munikrishna. M

**Standing 1<sup>st</sup> Row (L to R):** Dr.Chandrachur Konar, Dr.Sneha .S, Dr.T Aashritha, Dr.Nandini  
Dr.Vimarshitha.P , Dr.Divya .J.Patil, Dr.Pavithra.J, Dr.Aritra Maji, Dr.Lisley Konar

**Standing 2<sup>nd</sup> Row (L to R):** Dr. Sabah Hussain, Mrs,Vijalakshmi.L, Dr.Kratika Kamath, Dr.Chaithanya.C  
Dr.Neha.B.S ,Dr.Kammila Sukhini , Dr.Sadana Reddy, Dr.Nekkanti Dhanusha, Dr.Sahithya.S  
Dr.Shravya Monica.

**Standing 3<sup>rd</sup> Row (L to R):**Mrs Sowbhagyamma, Dr.Shreya Singh, Dr.S. Komal Jentibhai, Dr.Karunaa  
Dr.Jahnvi. Dr.K.S.Raveena, C.M, Dr.Sudhamallidi , Dr.Pratyusha Borthakur, Dr.S.N.Srujana Lakshmi  
Dr.Nandini Bhavanam, Dr.Deeksha Rao, Dr.Akshitha Sai Ragam

- ◆ Webinar on topic “Renal disease in pregnancy” by Dr.Shankaran Sundar, Consultant Nephrologist, Head International Transplant Services, Manipal Hospital was conducted on 9<sup>th</sup> March 2021

- ◆ Webinar was conducted on 22<sup>th</sup> May 2021 on topic “Pathophysiology and Management of Preeclampsia and Eclampsia” with Dr Prakash K Mehta, Chief, Division of Maternal Fetal Medicine & HoD Dept. of OBG, Bhagwan Mahaveer Jain Hospital, Bengaluru as speaker



- ◆ Webinar on “Twin Pregnancy and Its Consequences” by Dr Prathima Radhakrishnan, Director and Consultant, Bangalore Fetal Medicine Centre, Bangalore was conducted on 25<sup>th</sup> August 2021

- ◆ Webinar on topic “Vault Prolapse” by Dr. Shailaja N, Rainbow Children Hospital, Bangalore was conducted on 12<sup>th</sup> August 2021
- ◆ Webinar was conducted on 21<sup>st</sup> September 2021 titled “Recent Advances in Obstetric and Gynaecology” with eminent speakers deliberating on the topic



- ◆ International Webinar on Women's Health and Wellness was conducted on 26<sup>th</sup> October 2021; topics deliberated included "Meditation and Women's Health" by Dr. Suman Kollipara, President & Co-founder, Peace Tree Innovations Society, Vancouver, Canada; "Pregnancy and COVID 19" by Dr. Rathnamma P Associate Professor & HOD, Dept. of OBG, SDUMC, Kolar; "Their healing and transformative powers" by Dr. Anuradha Choudry, Assistant Professor, Humanities and Social Sciences, Indian Institute of Technology, Kharagpur; "Wellbeing of Women and Yoga" by Dr. Latha Venkataram, Founder & Senior Consultant OBG, Rangadore Memorial Hospital, Bengaluru & Dr. R Nagarathna Medical Director, Arogyadhama, S-VYASA, Bengaluru



PG Intensive Training Program

- ◆ Post Graduate Intensive Training Programme was conducted from 10<sup>th</sup> to 12<sup>th</sup> December 2021 on topic "Uterovaginal prolapse, Female Infertility, Carcinoma Ovary, Incontinence and its Management in Rh Negative Pregnancy" by Dr. Malini K V, Prof. & HOD, Dept. of OBG, SABVMC, Bangalore and Dr. Hemanth Deshpande, Prof. & HOD, Dept. of OBG, DYPMc, Pune

- ◆ Final year postgraduates presented 4 papers at Bangalore Society of Obstetrics and Gynecology Gnana Varsha 2021 on 28<sup>th</sup> March 2021 and Tamil Nadu Federation of Obstetricians and Gynecologists (TNFOG) on 8<sup>th</sup> August 2021
- ◆ Dr Rathnamma P, Head of the Department of OBG secured first place in fancy dress competition and second place in mono acting competition in hospital day celebrations on 25<sup>th</sup> September 2021



Dr Rathnamma P  
HOD - In Monoacting



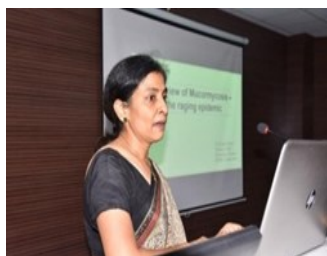
Dr Rathnamma P  
HOD- In Fancy Dress Competition



OBG Faculties- In Dance Competition

- ◆ Department of OBG participated in Dance competition held on 25<sup>th</sup> September 2021 as a part of Hospital Day Celebrations and secured first prize
- ◆ Dr.Nandini, Dr. Divya J Patil, Dr.Aashritha.T participated in quiz competition conducted by quality department on 26<sup>th</sup> November 2021 and secured second prize

## DEPARTMENT OF DENTISTRY



State level CDE programme titled "Overview of Mucormycosis – the raging epidemic" was organized on 23<sup>rd</sup> June 2021 by Departments of Dentistry and General Surgery







**1<sup>st</sup> row (Left to Right):** Dr. Madan, Dr. Revanth, Dr. Suraj, Dr. Nikhil, Dr. Yashas Ullas, Dr. Sandeep, Dr. Praveen Kumbar, Dr. Arun Raj Kumar, and Dr. Aashish

**2<sup>nd</sup> row (Left to Right):** Dr. Mahima, Dr. Uha, Dr. Chaithanya, Dr. Varshitha, and Dr. Monisha

**Sitting (left to right):** Dr. Deepti Naik, Dr. Anil Kumar Sakalecha, Dr. Rajeswari, and Dr. Bukke Ravindra Naik

Roentgen's day celebration & guest lecture by Dr. Sanjay Gandhi on 28<sup>th</sup> October 2022.

#### Achievements

- ◆ Dr. Deepti Naik, Professor authored a chapter on role of multidetector non – contrast CT scan in estimation of attenuation value of urinary calculi and predicting the outcome of ESWL
- ◆ Dr. Varshitha G R won second place for paper presentation on the topic “role of diffusion weighted MRI and apparent diffusion co-efficient values in differentiating benign and malignant breast lesions”
- ◆ Dr. Mahima won second place in poster presentation at SONOSUMMIT by IRIA 2021.
- ◆ Dr. Monisha V presented a paper titled “correlation between ACR-TIRADS with FNAC in the evaluation of thyroid nodules at SONOSUMMIT by IRIA 2021
- ◆ Dr. Chaithanya A presented a paper titled “Antenatal ultrasonographic assessment of normal operculisation pattern of sylvian fissure at SONOSUMMIT by IRIA 2021
- ◆ Dr. Suraj H S presented a paper titled “Midline shift and hematoma thickness as a prognostic factor of mortality in patients with acute subdural hematoma at CTBUZZ 2021 on 12<sup>th</sup>—14<sup>th</sup> November 2021
- ◆ Dr. Yashas Ullas, Presented a paper titled “Role of sonoelastography imaging of median nerve. at Asian Musculoskeletal society annual conference—2021 held on 16<sup>th</sup>—19<sup>th</sup> September 2021 at Vishakapatnam
- ◆ Dr. Revanth, Presented a paper titled “Sonoelastographic evaluation of plantar fascia in patients with clinically diagnosed plantar fasciitis: a case control study at AMS conference—2021.

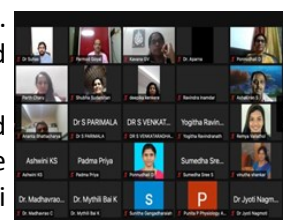






**Sitting (L to R) :** Dr. Swaroop Raj B.V , Dr.Subhashish Das, Dr. K N V Prasad, Dr. Pradeep Kumar G, Dr. N.Sarala, Dr.Vinutha Shankar M.S, Dr. Ashwini K Shetty

- ◆ “iMECON, International virtual medical education conference with Pre Conference workshop” was conducted from 25<sup>th</sup> to 27<sup>th</sup> March 2021 & 24<sup>th</sup> March 2021
- ◆ Workshop on “Learning Soft Skills for Successful Practice” by Dr. K R Sethuraman, Dean and Senior Prof. of Medicine & Medical Education at AIMST University, Malaysia was conducted on 10<sup>th</sup> July 2021
- ◆ The Monkey Workshop 1: Part 1 and 2 Managerial Leadership: Delegating for Development was conducted on 14<sup>th</sup> September 2021 & 21<sup>st</sup> September 2021. Workshop 2: Part 1 and 2 - Skills for Change Agents was conducted on 28<sup>th</sup> Sept. 2021 & 4<sup>th</sup> October 2021 with Ray Wells, Ph.D, Global Faculty, FAIMER, United States as resource person
- ◆ Workshop on “FDPs: Role in strengthening CBME implementation” was conducted on 11<sup>th</sup> December 2021 with Dr. P.V.Vijayaraghavan, Fulbright Scholar, Vice Chancellor, Sri Ramachandra Institute Of Higher Education And Research, Chennai as resource person
- ◆ Dr. Vinutha Shankar M S, Director of UCHPE was selected for International FAIME Institute 2021 for Fellowship and also is an Adjunct Faculty: Department of Medical Education, St John’s Medical College (MCI Nodal Centre for Faculty Development) from 1<sup>st</sup> October 2021
- ◆ Dr. Swaroop Raj B V Secured first position in Node-2 at 12<sup>th</sup> National Conference of Health Professions Education (NCHPE- 2021) at SGRDIMSR, Amritsar held on 26<sup>th</sup> - 30<sup>th</sup> October 2021 for the topic titled “e-portfolio for Post- Graduates in Pathology”
- ◆ Dr. Ashwini K Shetty presented a poster titled “Perception of medical students on medical ethics teaching” and Dr. Usha G Shenoy & Dr. Vinutha Shankar M S presented a poster titled “Submission of an Assignments as an Index of Professionalism in the 1<sup>st</sup> year Medical Students” at 12<sup>th</sup> National Conference of Health Professions Education (NCHPE- 2021) at SGRDIMSR, Amritsar held on 26<sup>th</sup> to 30<sup>th</sup> October 2021
- ◆ Invited Article titled “How Universities are adapting to administer the CBME Curriculum” in Association of Physician, India - API D.K Lahari (An official publication of API D.K Chapter) December 2021. Vol.2 Issue No.2 Published Quarterly by Dr.Vinutha Shankar M S, Director of UCHPE
- ◆ Dr. KNV Prasad, Professor of Paediatrics was a Resource Person and presented a paper titled “ Outcome Based Education Frame work for Postgraduates” at “iMECON, International virtual medical education conference with pre conference workshop” on 25<sup>th</sup> March 2021
- ◆ Dr. Vinutha Shankar M S, Director of UCHPE was a Panelist for “Structuring the time-table: Hindering or facilitating” at 12<sup>th</sup> National Conference on Health Professions Education, Sri Guru Ram das University of Health Sciences, Sri Amritsar from 26<sup>th</sup> - 30<sup>th</sup> October 2021





**Sitting L to R:** Dr. T N Suresh, Dr. Vinutha Shankar M S Dr. K N V Prasad, Dr. G. Pradeep Kumar, Dr. P.N. Sreeramulu and Dr. Muninarayana C  
**Standing L to R:** Dr. Sudha Reddy.V R, Dr.Hemalatha A, Dr.Parimala S, Dr. Sarala N, Dr. Geetha S, Dr. Prasanna Kamath B T and Dr. M Mohan Reddy

## Training Programs conducted by: MEU

- ◆ Orientation Program II MBBS Orientation Course Programme for 2019 - 2020 Batch students was conducted on 13<sup>th</sup> March 2021
- ◆ Online teaching Learning and Assessment for Teachers using zoom platform was conducted on 12<sup>th</sup> June 2021
- ◆ Orientation Course for Fresh Interns was conducted on 16<sup>th</sup> June 2021
- ◆ Online Workshop on AETCOM Module was conducted on 26<sup>th</sup> July 2021
- ◆ Revised Basic Course Workshop in Medical Education Technologies for faculty for which NMC Observer was Dr. Sanjiv Lewin, St. John's Medical College, MCI-RC, Bangalore, 6<sup>th</sup>—8<sup>th</sup> September 2021



The Orientation course for II MBBS students (2019-2020 Batch) was conducted on 13th March 2021





Orientation course for fresh Interns on 16<sup>th</sup> June 2021



Revised Basic Course workshop in Medical Education Technologies from 6<sup>th</sup> to 8<sup>th</sup> September 2021

Dr.Ashwini K Shetty presented a Poster titled “Perception of medical students on medical ethics teaching” at National Conference of Health Professions Education (NCHPE- 2021) at SGRDIMS, Amritsar.

Dr.Geetha S presented a Poster titled “Perception of online medical education by educators during the COVID-19 pandemic: a cross-sectional survey” at National Conference of Health Professions Education (NCHPE- 2021) at SGRDIMS, Amritsar from 26<sup>th</sup> to 30<sup>th</sup> October 2021.







**Sitting (L to R):-** Dr. Sudha Reddy V.R, Dr. Sheela S.R, Dr. Arun H.S, Dr. K.N.V Prasad(Chairman), Dr. Vinutha Shankar. M.S, Dr. Prakash Dave, Dr. Dinesh K

**Standing (L to R):-** Dr. Ramesh Kumar J, Dr. N.J. Patil, Dr. Zeanath C.J, Dr. Anitha A, Dr. Rajesh K, Dr. Sagayaraj A, Dr. T.N Suresh, Dr. M. Ravi,

The Centre for Clinical Skills and Simulation conducted around 72 simulation based teaching learning and evaluation courses for learners from MBBS program, Interns of SDUMC, Nursing program and postgraduate students of SDUMC.



Preparedness for Pediatrics Covid-19 workshop conducted by Dr. Sudha Reddy V.R Prof. & HoD, Dept. of Pediatrics and Birth simulation workshop conducted by Dr.Aritramaji, Professor, Department of OBG.



BLS/CPCR workshop conducted by Dr. Vishnuvardhan V, Department of Anesthesiology



Temporal bone and skull base dissection Workshop conducted by Dr. K.C Prasad, Professor & HoD, Department of ENT & Dr. Azeem Mohiyuddin, Professor, Department of ENT.



Basic Suturing skills suturing life back together conducted by Dr. P.N. Sreeramulu, Principal SDUMC & Professor, Department of Surgery.







## SUPPORTING DEPARTMENTS

### DEPARTMENT OF PHYSIOTHERAPY



**1st Row seated (L -R):** Dr Ramesh Kumar J , Mrs Kavitha Rani N, Dr. Sarulatha H, , Dr Senthil Kumar E.

**2<sup>nd</sup> Row standing (L-R):** Mr Naveen Kumar I, Ms Sasi Rekha S, Mrs Sathya M, Ms Sneha L Joy, Mr Saravanan J

- ◆ In collaboration with Department of Orthopedics, National virtual CME titled “Orthotics and Prosthetics for Rehabilitation Professionals” was organized on 6th March 2021



- ◆ On the occasion of International Women's Day, a workshop on Physiotherapy for Women's Health conducted at Government College for Women at Kolar on 16<sup>th</sup> March 2021

- ◆ In collaboration with Society of Onco Physiotherapist, National virtual CME titled “Current Concepts in Oncology Physiotherapy” conducted on 15<sup>th</sup> May 2021



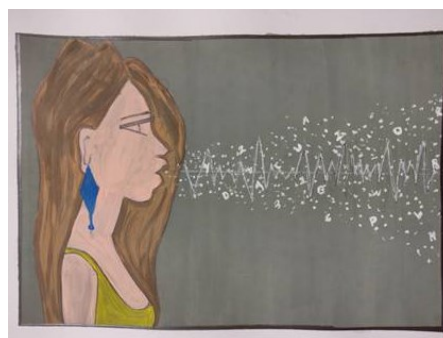
- ◆ Internal Quality Assurance Cell & Department of Physiotherapy organized webinar on “Professional Ethics” on 20<sup>th</sup> May 2021
- ◆ In association with Department of Medicine, Geriatric Unit conducted a CME on “Geriatric Fall Prevention” on 1<sup>st</sup> October 2021, on the occasion of International Day of Older Persons
- ◆ World Physiotherapy Day was observed on 8<sup>th</sup> September 2021, Community Awareness on long COVID Rehabilitation was organized at Kolar OPD annexed to RLJH & RC
- ◆ Webinar on career counseling for the outgoing UG students of FAH&BS On 29<sup>th</sup> December 2021
- ◆ Mr. Naveen Kumar I, resource person at International conference, STRIDE-21, organized by Saveetha College of Physiotherapy, Tamil Nadu delivered a talk on “Misleading abstracts and conclusion – understanding spin in research”







- ◆ 'International Day of Person with Disabilities' was observed on 3<sup>rd</sup> December 2021 themed "Leadership and participation of persons with disabilities towards an inclusive, accessible, and sustainable post-COVID-19 world"; focusing this BPT interns and final year students visited 'Mobility India', Bangalore
- ◆ Dr. Sarulatha H was speaker for the FDP "Making positive impact with mentoring", for foundation program – Mentoring, Exercise and health at SDUAHER and also resource person for "Code of Ethics & Professional conduct in Physiotherapy" organized by Vinakaya Mission's College of Physiotherapy, Tamil Nadu
- ◆ Four Intramural ongoing projects
- ◆ Five publications in Scopus indexed journals, JCBS and a chapter in book
- ◆ UG research projects - 4 completed and 4 ongoing
- ◆ Mr. Yogesh, Ms. Sneha and Ms. Anjali secured 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> prize respectively in short film contest, conducted by the University Bioethics Centre, SDUAHER as part of observing World Bioethics Day on 20<sup>th</sup> October 2021
- ◆ Ms. Prithvi J. Chodankar, BPT III Semester, secured 3rd place in all India painting competition organized by Indian Speech-Language and Hearing Association 2021





**Standing (L-R):** Mrs. Sunitha.L, Dr. Farkhand Jahan Nuzhath, Mr. Yadla Vishwa Sree, Mrs. Kavitha BV

**Sitting (L-R):** Dr. Ashween Bilagi, Dr. Neetinakumar Patil, Dr. K. J. Malagi, Dr. Patil Dhanashri



- ◆ In association with Women Empowerment cell, SDUAHER organized orientation program for non-teaching women's staff on theme 'Yoga for well-ness' on 6th March 2021 on the occasion of "International Women's Day"



- ◆ Orientation program on role of Yoga and Ayurveda during COVID 19 Pandemic was conducted on 28<sup>th</sup> April 2021 for nursing staff
- ◆ Orientation on 'Role of Yoga and Ayurveda during COVID-19 pandemic' conducted on 30<sup>th</sup> April 2021 for non-teaching staff



- ◆ Orientation on 'Stress management through Yoga for students' was conducted on 10<sup>th</sup> May 2021

- ◆ Tele Yoga classes for faculty "Yoga for Workplace Wellness" was conducted as part of International Day of Yoga for a period of 10 days from 1<sup>st</sup> June- 10<sup>th</sup> June 2021



- ◆ Tele Yoga classes for children's "Kids Yoga" was conducted as a part of International Day of Yoga for a period of 6 days from 11<sup>th</sup> June- 16<sup>th</sup> June 2021
- ◆ On 7<sup>th</sup> International Day of yoga, with a theme "Be with Yoga, Be at Home", on 21<sup>st</sup> June 2021, video blogging competition, online advance yoga competition, musical yoga competition along with online yoga competitions
- ◆ On the Eve of 7th International Day of Yoga-2021, National level Poster drawing competition and National level Essay writing competition was conducted on 21<sup>st</sup> June 2021 with the Theme: Yoga & COVID-19

- ◆ To commemorate 7th International Day of Yoga - 2021, "SAMATVAM



2021: Wellness from within" an International webinar was organized on 24th June 2021 by Department of Integrative medicine and Geriatric unit, Department of General Medicine in association with Swami Vivekananda Yoga Anusandhana samsthana, Bengaluru, India; Central council of research in yoga and naturopathy, New Delhi and Peace tree Centre for Wellness and Oneness, Vancouver, Canada.



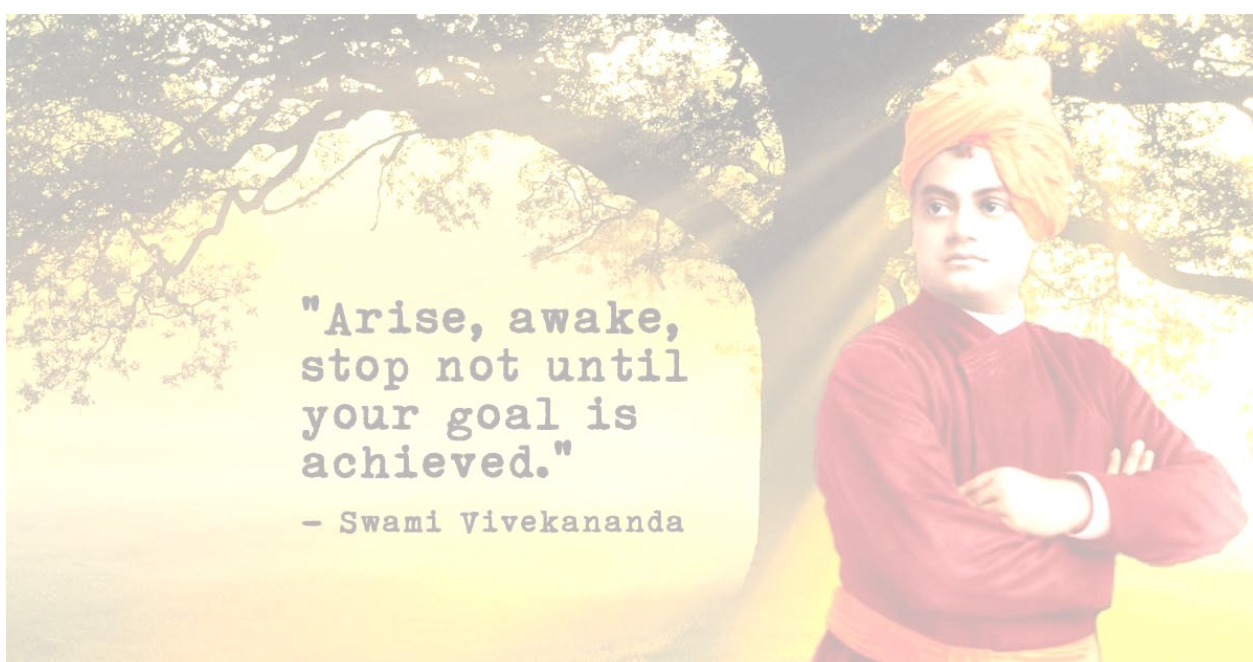
- ◆ The Department of Integrative Medicine in collaboration with the Department of Psychiatry, conducted a virtual CME on 11<sup>th</sup> October 2021 on the theme "Mental Health in an Unequal World" to observe World Mental Health Day.



- ◆ International Webinar on Women's Health and Wellness was conducted on 26<sup>th</sup> October 2021 by Department of Integrative Medicine in collaboration with the Department of OBG.



- ◆ Department of Integrative Medicine conducted 10 days yoga classes for students staying in women's hostel, from 27th June to 10th July 2021 as a part of Yoga for women's wellness during COVID-19 pandemic.
- ◆ Department of Integrative Medicine conducted 10 days (22 hour) Yoga classes for B.Sc. Horticulture Students in Horticulture College.







**Front row (L to R):** Ms. K K Julia, Dr. M Jayaram, Mrs. H M Apoorva, and Mrs. Anu Lokheshwar  
**Back row (L to R):** Mr. A V Sumanth, Mr. S Lokheshwar and Mr. M Abhijith

- ◆ Department observed World Hearing Day on 3 March 2021 by conducting quiz program for +2 students of PU Colleges of Kolar



- ◆ Dr Harsh Vardhan, Hon'ble Union Minister for Health and Family Welfare formally inaugurated the SDUAHER AIISH Newborn hearing screening (NBHS) Centre on 3<sup>rd</sup> March 2021, on the occasion of the World Hearing Day



- ◆ Established a special clinic- 'Neurogenic Communication Disorders Clinic' at the Department of General Medicine for stroke, or head injury or other neurological diseases patients



- ◆ A short film on "Aphasia – Importance of early intervention" was created for promoting early intervention to improve speech in stroke patients

- ◆ Free hearing screening camp was conducted for employees of KSRTC, Kolar in a phased manner stretching from 22<sup>nd</sup> October to 13<sup>th</sup> November



- ◆ As a part of "International Day of Persons with Disabilities" walkathon was conducted on 3<sup>rd</sup> December 2021 from Nalla Gangamma Temple to Gandhi statue, MG Road, Kolar and later concluded at Old Bus Stand, Kolar. A street play on aphasia was performed at Gandhi statue, M G Road and at old bus stand, Kolar after the Walkathon



- ◆ With Women Empowerment Cell, SDUAHER conducted elocution and poster competition to celebrate 'International Day of the Girl Child' on 19<sup>th</sup> November 2021





# SPORTS



Students participated in “Fun Mela-2021” intra collegiate sports event and “SILHOUETTES & AIIMBT-2022” and “INVICTUS-2022” inter collegiate sports events held in Armed Forces Medical College, Pune and Kasturba Medical College, Manipal respectively. Our students excelled in “SILHOUETTES & AIIMBT-2022” winning accolades in long jump, triple jump (gold medals) and badminton mixed doubles champions. In “INVICTUS-2022” our students were volley ball runners-up.







## SILHOUETTES & AIIMBT-2022



Under the auspices of the cultural committee various cultural events were conducted in which the students participated with zest. These events showcased the young talents and highlighted the festive spirits of our vibrant campus.

- ◆ “Apollo music and medicine” music fest
- ◆ “Online Dance to Live” dance competition with the theme of folk dance
- ◆ Sketching competition
- ◆ Literature Club conducted Debate Competition
- ◆ Cultural committee members organized Navratri celebration with festivities spanning across nine nights dedicated to honor the different aspects of Devi, the great Goddess and mother divine or the all-pervading Shakti
- ◆ “Master of Music and Melodies 2022” was organized by Burning Strings- Music Club

### *“Apollo Music and Medicine”*



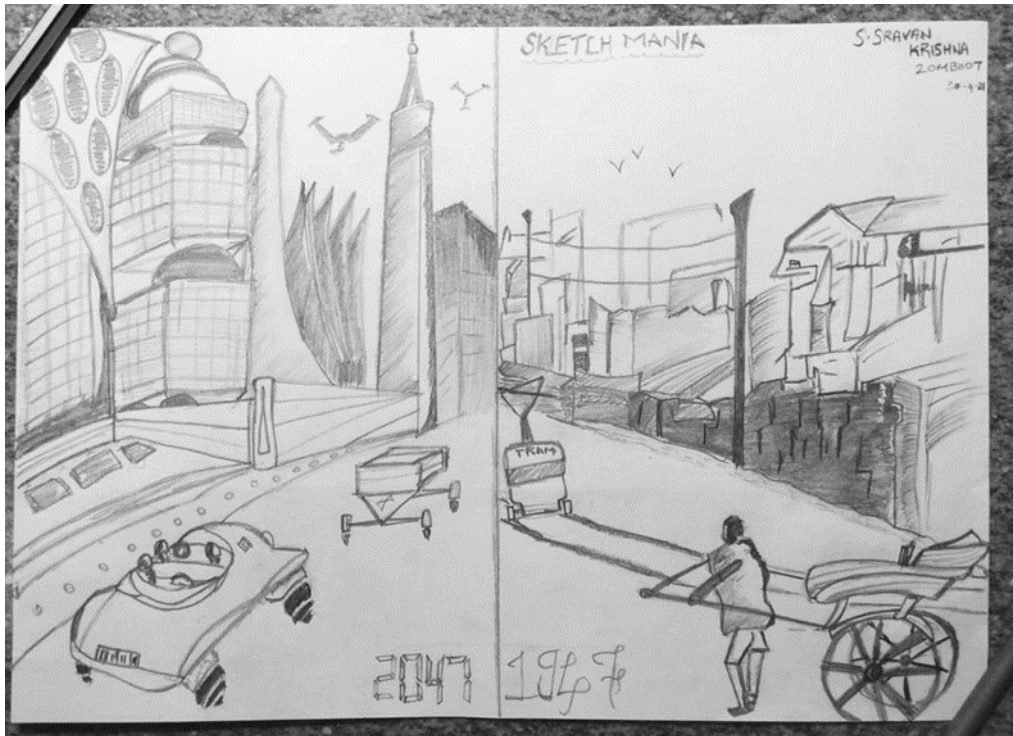


## *Folk Dance Competition (theme)*

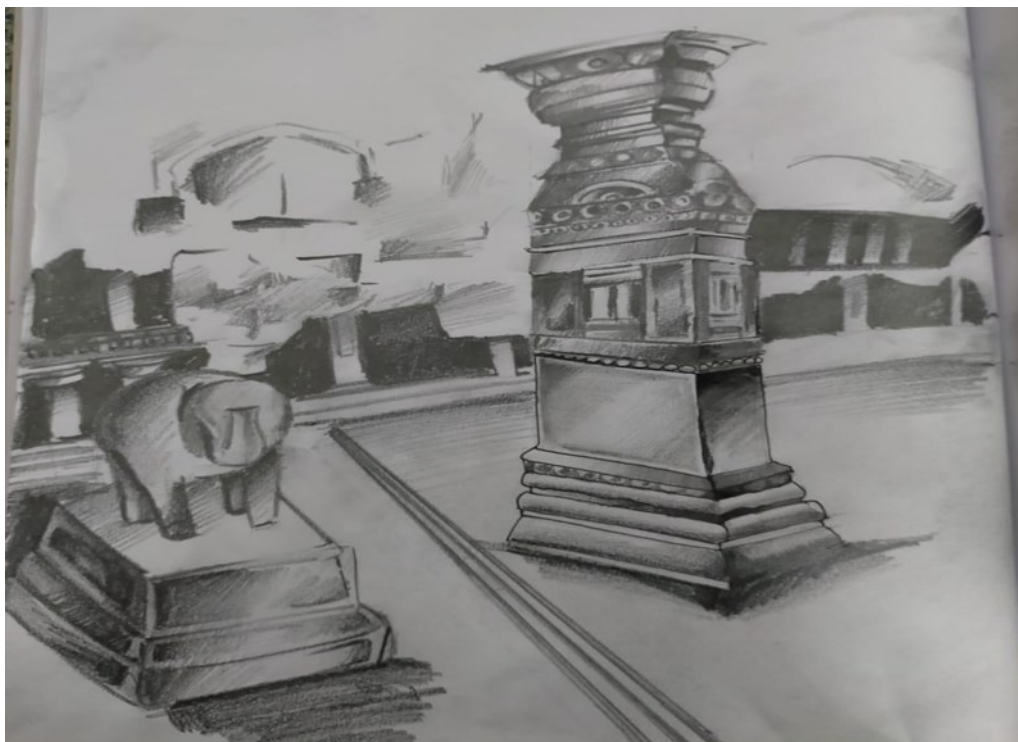




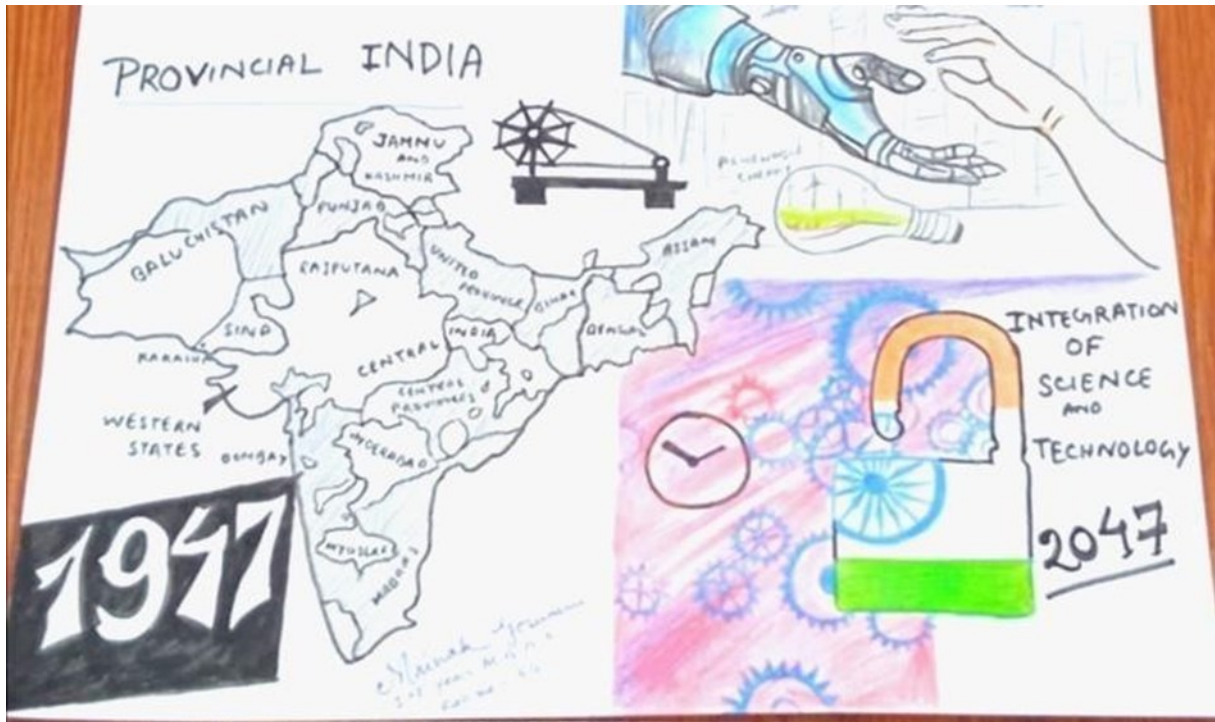
# “Sketching”



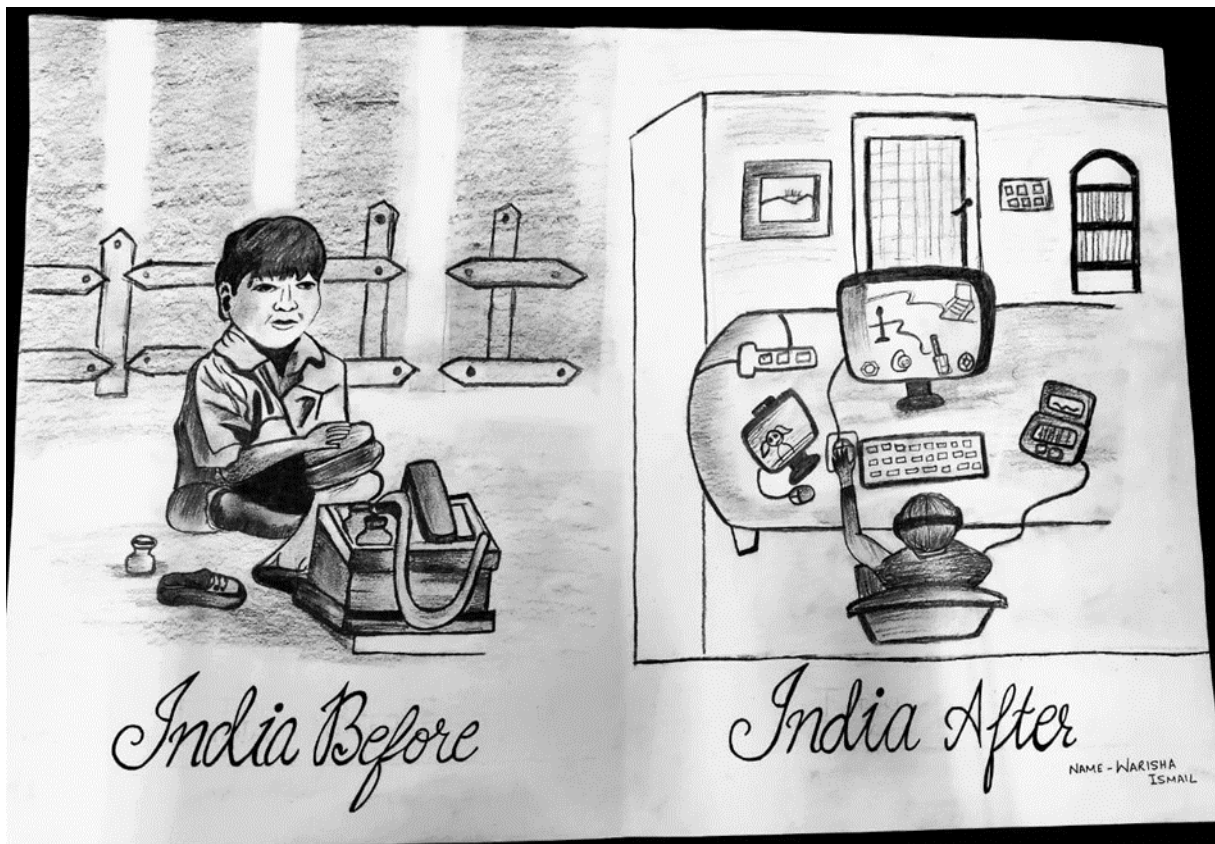
**Sravan Krishna**



**Pankaj**



Mainak Goswami

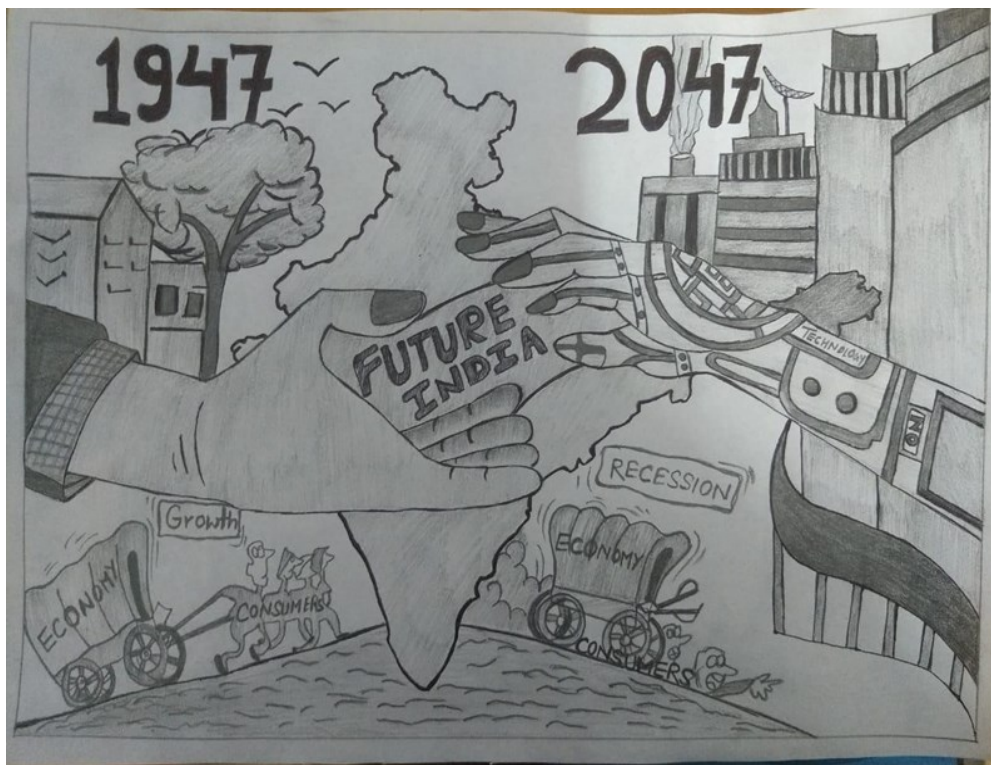


Warisha





**Dhivya Lakshmi**



**Prachi Mishra**



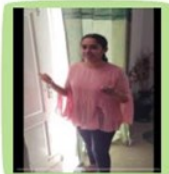


## *Debate competition*



## *“Drama Club event”*

### *Abhivryakti*



## Navaratri Celebrations



## “M & M: Master of Music and Melodies”













sankeerna

art is heart

Ms. Nikita  
III MBBS







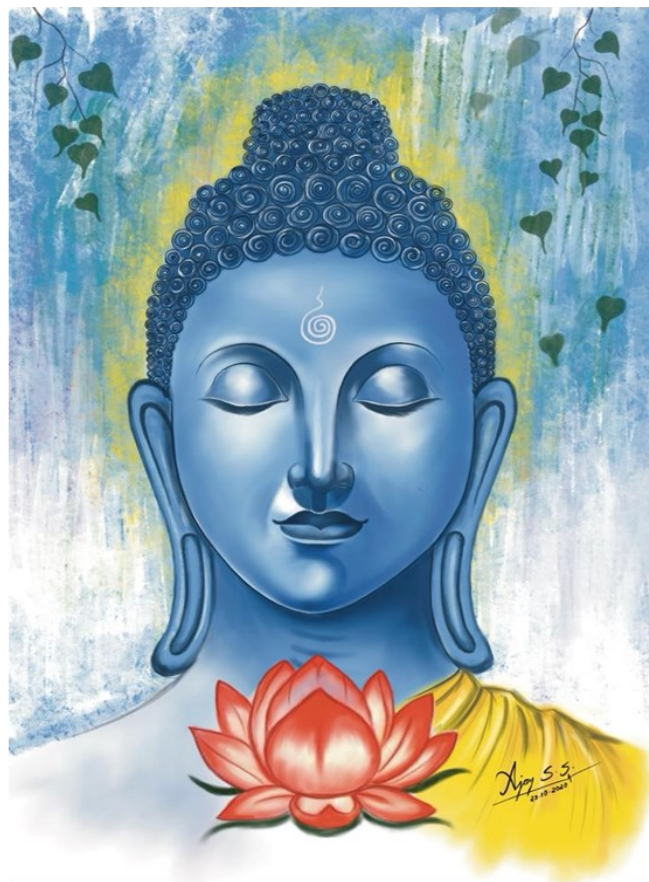
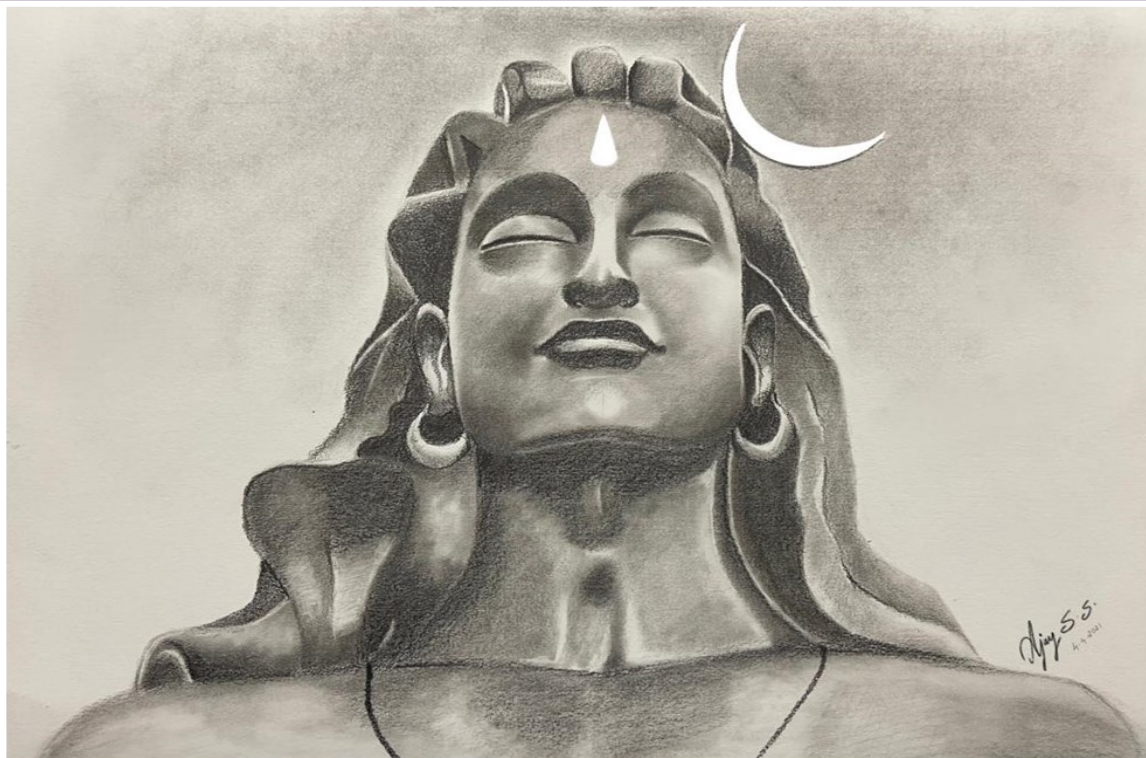
Ms. Nikita  
III MBBS



A R T  
I S  
H E A R T







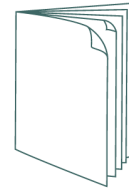
**Dr. Ajay S S**  
Assistant Professor  
of Orthopedics







Keerthana H K  
(1st year, B.ASLP)



**SANKEERNA**

Art is Heart

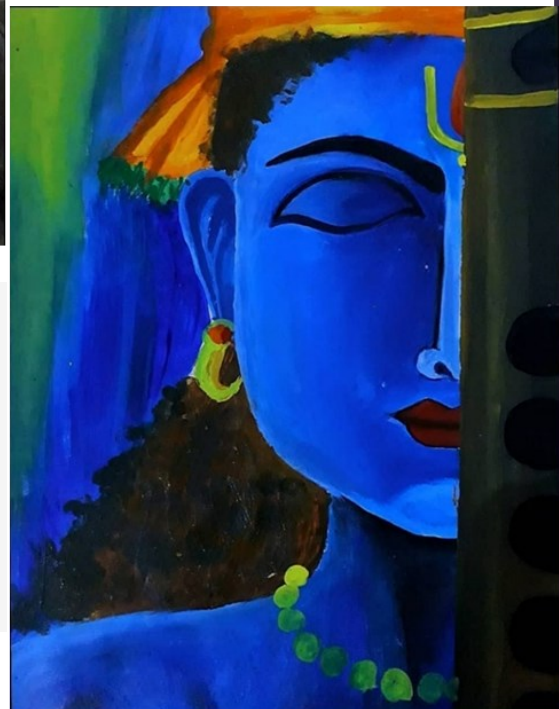


sankeerna  
art is heart



Keerthana H K  
(1st year, B.A.SLP)

SANKEERNA  
Art is heart









Dr. Sudharshan K  
PG, Dept. of Pathology



Nihala Parveen  
(4th year physiotherapy)



Nihala Parveen  
(4th year physiotherapy)





# SANKEERNA

*"the best thing about memories is making them"*

## Photography



Dr. Y. Deepthi Chowdary  
PG, Dept. of Dermatology



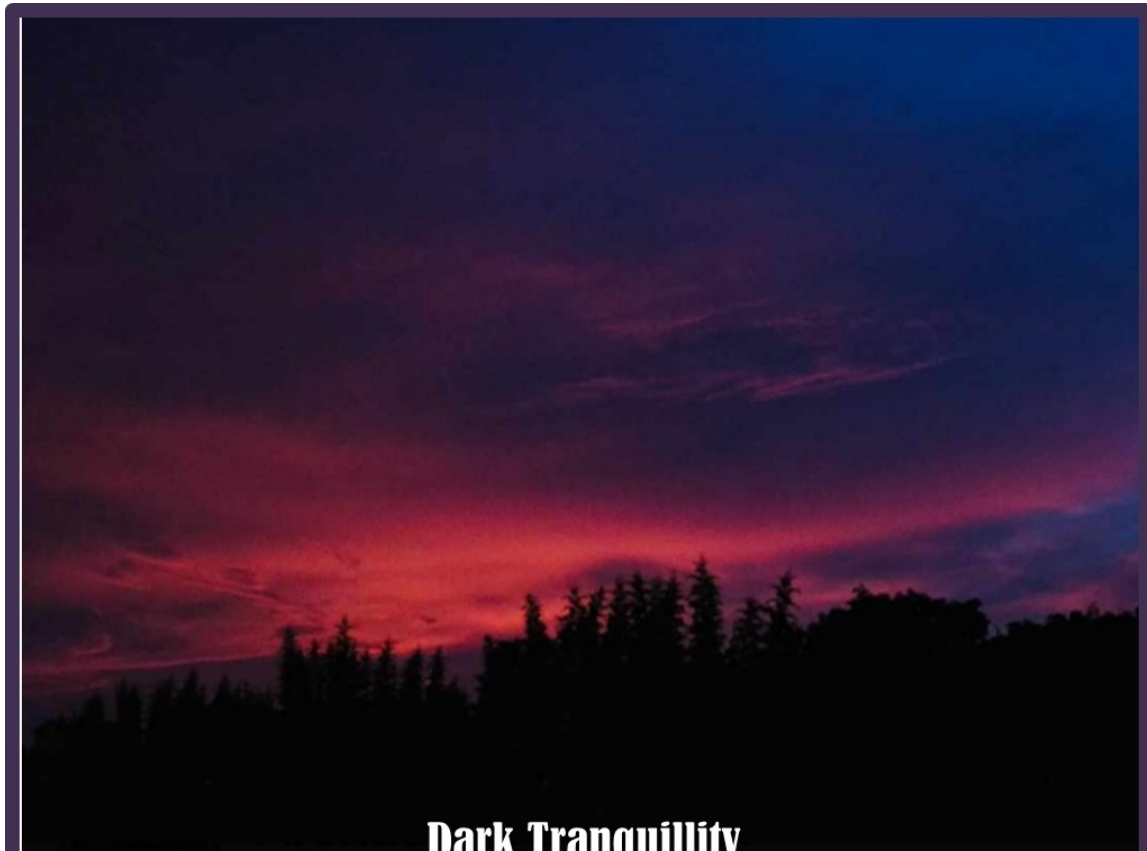


## Department of Orthopedics



Dr. Kiran Theja  
PG, Dept. of Orthopedics





### **Dark Tranquillity**

**"I lay in my car staring at the sun set  
Dark tranquillity spreads across the heaven's space  
Wraps all the troubles and regret  
Gentle breeze felt across my face  
The day's worries sink into the darkness  
The picture is reminiscent of silent lucidity  
The soul is set free as the skies seem diaphanous  
Closer to the surreal rather than a oddity  
I realize we are free from pain  
Only as we tread the path in dream domain"**

**-Dr. Harish R**

Photography: Dr. Kiran Theja  
PG, Dept. of Orthopedics



# ORIGAMI



S Lokheshwar  
(SLP, Dept. of Speech  
Pathology & Audiology)

# Creative Writing



## *Finding it humerus*

*Ignorant to all the jibes  
 Focused to make difference in patients' lives  
 First day in the OPD  
 With patients wanting immediate remedy  
 Kept repeating the hymn  
 Sister! Inj. Diclofenac 50mg IM  
 Time paved way for transition  
 People heeded to health education  
 From treating only symptoms without pause  
 To providing quality care by treating the  
 cause  
 Tiredness not even remotely vague  
 Never let the compassion fatigue  
 Profession had brought about the difference  
 Not only for the patients but also mine...*

## *Alice in Wonderland*

That morning Alice got out of bed  
 Yesterday's migraine in her head  
 She walked toward her room door  
 Wondering how fluffy felt the floor  
 As she peeped subtly into the corridor  
 Little did she know what was in store  
 Something indeed felt terribly wrong  
 The corridor appeared abnormally long  
 She was taken aback  
 And went back to her sack  
 As she lay by the window there  
 Looking into her hands in the sun's glare

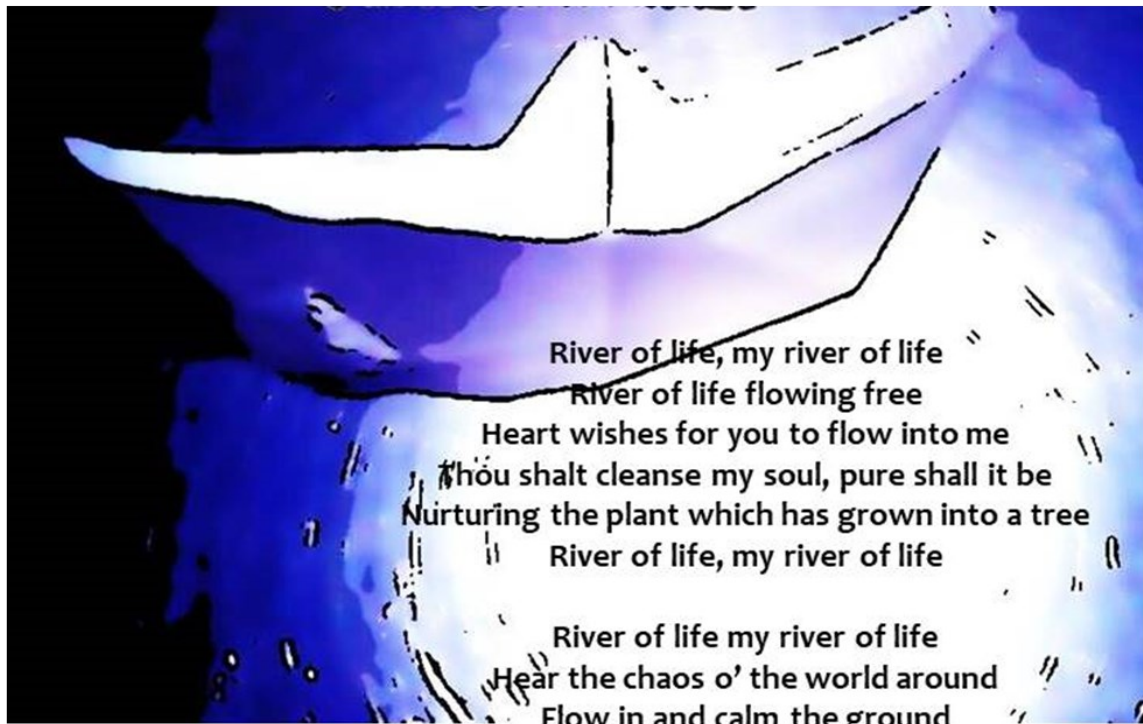
It seemed to her mind a deception  
 Distorted was her eye's perception. Alice  
 felt like Alice from wonderland.  
 Alice decided to seek the help of Dr River  
 Hoping to stop her mind's quiver  
 Unable to take in the strain  
 Feeling slowly her brain drain.  
 Doctor advised Brain, MRI and CT  
 Well, everything was just pragmatic  
 Speculating from genetic to epigenetic.  
 Realising there was no standardised remedy  
 Alice felt herself weighed down by malady.  
 Her hinterland felt like Wonderland  
 Alice from hinterland felt like Alice from wonderland  
 Alice was put on migraine prophylaxis  
 Doctor recommended the syndrome to be rare  
 Time flew by, Alice was lost in space continuum...

Until the next Autumn  
 When Doctor presented his findings in symposia  
 And measure against manifestations of dysmetropsia  
 The following week Doctor met Alice  
 And began a treatment to bring relief  
 Comfort and balance came back to her  
 Normalized became her visual perception,  
 Heartening became her life's reception.  
 As she adapted to daily hustle and bustle  
 A challenging and refreshing life,  
 She braced herself to walk the road ahead  
 And conquer the pain and troubles in her head  
 Alice from hinterland no longer felt like Alice in wonderland...

*-Charishma Harish, I MBBS*

*First Prize winning poem in contest organized by Mendelian Mind  
 KMC Manipal Medical Genetics Student Society*





River of life, my river of life  
River of life flowing free  
Heart wishes for you to flow into me  
Thou shalt cleanse my soul, pure shall it be  
Nurturing the plant which has grown into a tree  
River of life, my river of life

River of life my river of life  
Hear the chaos o' the world around  
Flow in and calm the ground  
Life is marred with lies abound  
Standing at your shores I feel the silence profound  
River of life my river of life

River of life my river of life  
My heart is afloat  
In the stream on a paper boat  
We can never be apart  
This journey that's about to start  
River of life my river of life

River of life my river of life  
Destiny shall not be farce  
Life's like written in the stars  
As the moments pass  
I realize I shall find you even if the hope is sparse  
River of life my river of life

-Dr. Vishal V

Tutor

Dept. of Forensic Medicine & Toxicology

SDUMC



# ಅಮ್ಮ

ಅಮ್ಮ ನನ್ನ ಜನ್ಮವನಿತ್ತೆ ಸುರಿಸುತ್ತಾ ನಿನ್ನ ರುಧಿರ  
ಅಗುತ್ತಾ ನನ್ನ ಬಾಳಿಗೆ ಆಧಾರ  
ನನ್ನ ಮೊದಲ ಕಣ್ಣೀರು ನಿನ್ನ ಭಿಕ್ಷೆ  
ನಿನ್ನ ಕಣ್ಣೀರು ಕೊಡುವುದು ಎನಗೆ ಶಿಕ್ಷೆ

ಅಮ್ಮ ನಿನ್ನ ನೆತ್ತರಿನಿಂದ ನನ್ನ ಮೊದಲ ಅಭ್ಯಂಜನ  
ಅದುವೇ ನನಗೆ ಚಂದನ  
ನೀನಿಟ್ಟು ಮೊದಲ ಚುಂಬನ  
ಅದುವೇ ನನ್ನ ಪ್ರಥಮ ಸ್ಪಂದನ

ಅಮ್ಮ ನೀನಿರಲು ಮನೆಯೇ ದೇವಳ  
ನೀನಿರದೆ ಮನತುಂಬ ಕಳವಳ  
ನೀ ಕಂಡ ನನ್ನೊಳು ಸಾಂಸ್ಕೃತಿಕ ಆಸಕ್ತಿ  
ಬಿಡದೆ ಬೆನ್ನಲುಬಾದೆ ಪಡೆಯುವವರೆಗೂ ಪ್ರಶಸ್ತಿ

ಅಮ್ಮ ನೀ ಶಾಲೆಯ ಸಹ ಶಿಕ್ಷಕಿ  
ಆದರೆ ನಮ್ಮ ಮನೆಮನದ ಮುಖ್ಯ ಶಿಕ್ಷಕಿ  
ನೀ ಎಂದಿಗೂ ಮಾಡಿಲ್ಲ ನನ್ನ ಬಂಧನ  
ಏಕೆಂದರೆ ನೀ ಮಾಡಿರುವೆ ಎನ್ನ ಅಧ್ಯಯನ

ನೀ ನನ್ನ ಜೀವನದ ಜೈವಿಕ ಇಂಧನ  
ಇಂಧನವಿಲ್ಲದೆ ನಡೆಯದು ಜೀವನ  
ನಾ ಎಷ್ಟೇ ಬೆಳೆದರೂ ನಿನ್ನ ಪುಟ್ಟ ಕೂಸು  
ಮಾಡಿಯೇ ತೀರುವೆ ನಿನ್ನ ಕನಸನ್ನು ನನಸು



Kushala K Krishna  
(1st year, B.A.SLP)



## మనవి ఆలకించరాదటే

వసంత రుతువులో వచ్చే కొత్త చిగురులా నా మనసులో  
నీకై చిగురించిన ఆశ  
నీకై వెతికి వెతికి అలసిన నాయనాలు  
ఓసారి కనపడమని పంపనా సీతాకోక చిలుకతో  
మేఘసందేశం  
ఓ అమృతం కురిసిన రాత్రి తారలు దిగి వచ్చిన వేళ  
కిన్నెరసాని నది ఒడ్డున మేఘమాల కురిపించే  
చిరుజల్లుల వర్షంలో తడుస్తు మన పెళ్లి జరగాలని,  
తదస్తు దేవతలు అందుకు అస్తు పలకాలని, నీ కళ్ళలోకి  
చూస్తు కాలం ఆగిపోయే ఆ క్షణాన నా మనసులో విరిసే  
ఇంద్రధనస్సు, ముఖంలో సిగ్గు, గిజిగాడి గూడులా ఇన్ని  
రోజుల నుండీ నా మనసులో అలుముకున్న నిశి,  
ఆలోచనలు పటాపంచలై నన్ను నేనే మరచిపోయే ఆ  
క్షణం కోసం ఎదురు చూస్తున్నా.

నీకై వేచిన నేను

Yerragangu Deepthi  
From Chowdary, Final year PG

## అలనాటి మధుర జ్ఞాపకాలు

Lpg సంస్కరణలు తరవాత మన దేశం చాల అభివృద్ధి చెందింది. ఆ కాలం లోనే పుట్టిన నేను అటు పాత కాలాన్ని ఇటు కొత్త తరాన్ని చూశాను. టెక్నాలజీ, ఫ్యాషన్, చదువుల్లో వచ్చిన మార్పులు చూశాను. నా చిన్ననాటి జ్ఞాపకాలు గుర్తుచేసుకున్నప్పుడు ముఖం మీద ఒక చిరునవ్వు వస్తుంది. వాటిలో నాకు గుర్తున్నవి కొన్ని....

ప్రతి పుట్టినరోజుకి కొన్న మహాలాక్ష్మి, మామిడికాయ, ఆశ చాక్లెట్లు, నాకు ఇష్టమైన బుజ్జాయి, బాలమిత్ర, చందమామ కథల పుస్తకాలు, ఆరోజుల్లో ట్వీంకిల్, చంపక్ పుస్తకాలు కూడా బాగా పేమన్. స్కూల్ కి రెండు జడలు వేసుకొని వెళ్ళడం, పలకా బలపం, స్కూల్ బయట అమ్మే రేగి వడియాలు, నారంజ బద్ద, పుల్లెన్, చిక్కి, జళ్ళు, గోలి సోడా కొట్టడం భలే సరదాగా అనిపించేది. క్లాస్ లో ఎక్కువగా వాడిన నటరాజ్ పెన్సిల్ ఎర్రజర్, రేనాల్డ్స్ పెన్, FLAMES, బుక్ క్రికెట్ ఆడడం, పెన్నుల ఆట, బూమర్ బబుల్ గ్రేటింగ్ కార్డర్ ఇచ్చి పుచ్చుకోవడం, సెలవుల్లో ఆడిన తొక్కుడు బిళ్ళ, కర్త బిళ్ళ, కోతి కొమ్మచ్చి, రాముడు సీత, SHOW ఆట, మారియో వీడియో గేమ్, బర్డ్ షూటింగ్ గేమ్, కంప్యూటర్ గేమ్స్, తాడు బొంగరం, అప్తా చెమ్మా, వైకుంఠపాళి, ప్లాంక్ తో క్రికెట్ ఆడడం, ఏడు పెంకులాట, గోలీలాట, దొంగా ఫోలీన్, చెట్లు ఎక్కడం, తోటలో బావిలో ఆడుకోవడం, తాడు బొంగరం, దాగుడు మూతలు, నాలుగు స్థంభాలాట, ఆరుబయట మడత మంచాలేస్తూని నక్షత్రాలు చూడటం, వర్షం వస్తే పడవలు చేసి వదలడం, దీపావళికి పిస్టల్ పెల్పడం, పాము బిళ్ళలు వెలిగించడం, టపాకాయలు ఎండబెట్టుకోవడం, ఉల్లిపాయ బాంబులు, సెలవుల్లో కొత్త సినిమాలకు వెళ్ళడం, యమహా ఆర్ఎక్స్ 100 బైక్, కొత్త పుస్తకాలకు అట్టలు స్టిక్కర్లు వేసుకోవడం, పెన్ పెన్సిల్, గాలి పటాలు ఎగురవేయడం, వీసీడి ఫ్లేయర్ అద్దెకు తెచ్చుకొని సినిమాలు చూడడం, టేప్ రికార్డర్, వాక్ మ్యాన్, క్యాసెట్లు, ఇన్ ల్యాండ్ లెటర్స్, ఫోస్ట్ మ్యాన్ తెచ్చే జవాబులు కోసం ఎదురుచూడడం, బ్లాక్ అండ్ వైట్ టీవీ, ల్యాండ్ లైన్ ఫోన్లు, కలర్ టీవీ వచ్చాక ఈటీవీలో వచ్చే పంచతంత్ర కథలు, భాగవతం, మహాభారతం, మహాభారతం. శ్రమిని, డిస్నీ లో వచ్చే మీ కోసం, పవర్ రేంజర్స్, ఫోకీమాన్, టామ్ అండ్ జెర్రీ, శక్తి మాన్, దూరదర్శన్, జంగిల్ బుక్, చిత్రలహరి పాటలు. Nokia 1100 ఫోన్, స్పైక్ అండ్ బ్లాక్ గేమ్లు, సైకిల్ ట్రే తో ఆడుకోవడం, రింగ రింగ రోజెన్, తాటాకు బొమ్మలు, పిప్పర్మింటు బిళ్ళలు, గ్రామ ఫోన్, మామిడి తాండ్ర, తాటి ముంజలు, తాటి చాపాలు, పీచు మిఠాయి, WWF, రీల్ కెమెరాలు, ఇసుక లో ఇళ్ళు కట్టడం, రీల్ కెమెరాలు, సంత్రాంతి హరి దాసులకి బియ్యం పోయ్యడం, ముగ్గులు వెయ్యడం, నాణేల సేకరణ, కాటాపుల్స్, కిరోసిన్ లాంతర్లు, స్ప్రింగ్ ఫోన్, తాటి ముంజలతో బండి, కొబ్బరి ఆకులతో బూరలు నేను ఎప్పటికీ మరవలేని జ్ఞాపకాలు.

**YERRAGANGU DEEPTHI CHOWDARY, Final year PG, Dermatology**



## HAR GHAR TIRANGA

Recently, Prime Minister launched Har Ghar Tiranga campaign - all Indians to hoist National flag in their homes from August 13<sup>th</sup>-15<sup>th</sup>. National flag is an emotion. "Har Ghar Tiranga" as part of Azadi Ka Amrit Mahotsav unites people to bring the Tiranga home and hoist it to commemorate India's 75<sup>th</sup> anniversary of independence.

We've always had an institutional relationship with the flag than a personal one. Bringing the flag home as a nation on our 75<sup>th</sup> year of independence symbolizes not only our commitment towards the nation's integrity but also our personal connection to the Tiranga.

On the occasion of 146<sup>th</sup> birthday of Pingali Venkayya, the designer of Indian flag; let us remember few incidents from our Indian history.

Mahatma Gandhi proposed the flag designed by Pingali Venkayya to the Indian National Congress in 1921.

The specially created Constituent Assembly resolved that the flag of India must be acceptable to all parties and communities a few days before India gained independence on August 15, 1947 and the tricolor flag with Ashoka Chakra was adopted on 22<sup>nd</sup> July 1947.

Sarojini Naidu in the constituent assembly stated "Remember this Flag there is no prince and there is no peasant, there is no rich and there is no poor. There is no privilege there is only duty and responsibility and sacrifice. Whether we be Hindus or Muslims, Christians, Sikhs or Zoroastrians and others, our Mother India has one undivided heart and one indivisible spirit. Men and women of reborn India. rise and salute this Flag I bid you, rise and salute the Flag".

Sarvepalli Radha Krishnan described the Flag as "Bhagwa or the saffron colour denotes renunciation or disinterestedness. Our leaders must be indifferent to material gains and dedicate themselves to their work. The white in the centre is light, the path of truth to guide our conduct. The green shows our relation to (the) soil, our relation to the plant life here, on which all other life depends. The "Ashoka Chakra" in the centre of the white is the wheel of the law of dharma. Truth or satya, dharma or virtue ought to be the controlling principle of those who work under this flag. Again, the wheel denotes motion. There is death in stagnation. There is life in movement. India should no more resist change, it must move and go forward. The wheel represents the dynamism of a peaceful change."

Flag is a spirit, leadership quality, emotion, symbolism. There are 2 acts in India- 'Flag Code of India 2002' and the 'Prevention of Insults to National Honour Act, 1971' which gives strict rules when to hoist, half hoist flag, proportions to make a flag and prevention of insult to the flag respectively. The material used for making flag should be Khadi & Village Industries Commission (KVIC) approved khadi. Flag Code of India, 2002 was amended by order dated "December, 2021," permitting the use of national flags made of polyester or machine-made flags.

It is our Fundamental duty to protect and honour National Flag.

***Let us make Har Ghar Tiranga a huge success...***

**Dr. Yerragangu Deepthi Chowdary**  
**3<sup>rd</sup> year PG Dermatology**





### *My Life in SDUMC*

The day I joined this prestigious college, Sri Devaraj Urs Medical College (SDUMC as we have all come to dearly call it); I felt very happy as I struggled very hard to get a seat for my PG course. When I look back at my UG days, I recall that I was consumed in studies through out. Life gave me one more chance to join a college as postgraduate and explore the college life yet again. This time I didn't want to have any regrets.

I was extremely delighted to be the "Master of the ceremony" for 2021 Independence day celebrations & the day when I got the special letter of appreciation for participating in the singing competition conducted by the college. There are many more elating and memorable moments in SDUMC for me like being recognized as a Gender Champion or organizing an event or participating in elocution or in athletics or winning a prize in essay writing competition or my article being published in SANKEERNA Magazine 2021 or writing a poem for college magazine in my mother tongue, becoming a part of Student council, Cultural committee and College Magazine committee. These activities I did for the first time in my life.

It was an enthralling experience!

I sang on the stage for the Hospital day celebrations and it is a memory I shall cherish. I acted in a drama, won a prize in lemon and spoon, played cricket. These activities were reminiscent of my childhood.

After the hard day's hospital work, I sit beneath the flag pole to enjoy the birds chirping, the greenery and the purple flowers in the Open Air Auditorium, feel the cool breeze and watch my favorite sparrows, these little things bring smile on my face.

These extracurricular activities helped me with my mental well being in the midst of the hustle and bustle of my course.

SDUMC has given me a small family here. A few considered me as their daughter, a few saw me as their friend, and I became a sister to a few. The college has provided an enabling environment where all women are treated with dignity and respect; envisaging them as gender champions.

**Dr. Yerragangu Deepthi Chowdary**  
**3<sup>rd</sup> year PG Dermatology**





## MY INSPIRATION

There are some people in our life who inspire us, I too have a few, among them first are my father and mother. There is one man in my life from whom I got inspired after listening to his story and reading about him in my childhood. He was a great Indian nationalist. Born on 23<sup>rd</sup> January 1897 in Cuttack, he grew up to be a revolutionary leader. The dynamic national leader was greatly influenced by Swami Vivekananda and saw him as "the maker of modern India." He recognized the enormous potential of youth power to vanguard the freedom movement and worked tirelessly to inspire India's youth.

He was also very concerned about the welfare of women. He noted that illiteracy and economic dependence are the main obstacles to women's freedom. He envisioned the important role of women in India's struggle for freedom. He asked them to serve in hospitals, tend to wounded soldiers, and even fight against the enemy with arms in hand.

Though selected for Indian Civil Services he resigned to participate in the Indian freedom struggle. He started newspaper "Swaraj" around 1921-22 and he was elected President of All India Youth Congress at the same time. For his role in freedom fight he by influencing the youth through his newspaper, he was transferred to Mandalay prison by the British.

He motivated troops with his speeches, inspired by this, He was elected as president of congress for two consecutive terms in Haripura and Tripuri sessions later resigned in 1939 and formed *Forward Bloc* party.

He went to Japan in 1943 where he was a part of Indian National Army which was non-communal and successful in capturing few portions and under its aegis formed Rani Jhansi brigade, a women's regiment. He strongly supported *Poorna Swaraj* for India. His famous call "Delhi Chalo", slogans "Jai Hind", "Give me blood I will give you freedom" was a source of inspiration to Indians within and outside the country. In his condolence message to the Mahatma on Kasturba's death, he was the first to address Gandhiji as the father of our nation in 1944 on Azad Hind Radio. He sought blessings of Gandhiji for "India's last war for Independence".

He is an unforgettable National hero; a great personality with indomitable spirit, selfless service and tremendous love for the country. This inspires people of India, especially the youth in fighting against poverty, gender discrimination, illiteracy, corruption, social discrimination in the society. Tears of happiness flow from my eyes whenever I hear Indian National Anthem and see the Indian National flag flying in its full glory. I feel a sense of pride in it. I am proud to be born in the country where he was born where he inspired people and sacrificed his life for the freedom of the country. He is one of the most beloved national heroes and an icon of India's freedom struggle. His birthday is celebrated as "PARAKRAM DIVAS".

"NETAJI SUBHASH CHANDRA BOSE"

***Jai Hind***

**Dr. Yerragangu Deepthi Chowdary**  
**3<sup>rd</sup> year PG Dermatology**



# Campus Tour







***Graduation isn't the end  
of a tough journey  
it is the beginning  
of a beautiful one...***



# Sri Devaraj Urs Medical College

Constituent college of

**Sri Devaraj Urs Academy of Higher Education & Research**

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