

Rajiv Gandhi University of Health Sciences, Karnataka
III Year B.Sc. Nursing Degree Examination – 03-Jul-2023

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS2, RS3, RS4 & RS5)
Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Write down the classification of psychotropic drugs.
b) Explain the Indications of anti-anxiety drugs.
c) Describe the role of nurse in administration of anti-anxiety drugs.
2. a) Define dementia.
b) Explain the stages of dementia.
c) Describe the nursing management of a patient with dementia.

SHORT ESSAYS

7 x 5 = 35 Marks

3. Describe the concept of normal & abnormal behaviour.
4. Describe the etiology of Mental disorders.
5. Explain group therapy.
6. Explain dissociative disorders.
7. Describe the role of nurse in managing a child with conduct disorder.
8. Explain the management of a patient with aggressive behaviour.
9. Explain the objectives and approaches of National Mental Health Programme.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Differentiate echolalia and echopraxia
11. Differentiate transference & counter transference
12. Enlist the indications for Electro Convulsive Therapy.
13. Enlist the signs and symptoms of mania.
14. Explain the characteristic features of catatonic stupor.
15. Define Alcoholic Anonymous group.
16. Describe agoraphobia.
17. Define pedophilia.
18. Define parole.
19. Explain McNaughten's rule.

Rajiv Gandhi University of Health Sciences, Karnataka
III Year B.Sc. Nursing Degree Examination – 08-Jun-2022

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS2, RS3 & RS4)
Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Define psychotherapy.
b) Enlist the types of psychotherapy.
c) Explain the techniques of behaviour therapy.
2. a) Explain the causes of depression.
b) Describe the nursing management of a patient with severe depression.

SHORT ESSAYS

7 x 5 = 35 Marks

3. Explain the factors affecting the level of nursing practice.
4. Explain the psychopathology of mental disorders.
5. Define communication and explain the technique of therapeutic communication.
6. Explain the types of Dissociative disorder.
7. Explain conduct disorders in children.
8. Explain the different types of Crisis.
9. Explain the role of a nurse in tertiary prevention of psychiatric illness.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Define Denial with example.
11. Define tardive dyskinesia.
12. Enlist the Components of therapeutic relationship.
13. List the negative symptoms of schizophrenia.
14. Classify antidepressants with examples.
15. List the types of anxiety disorders.
16. Enlist the Symptoms of Opioid Use Disorders.
17. Define gender identity disorder and its types.
18. Define parole.
19. Define nursing malpractice.

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.Sc. Nursing Degree Examination – 02-Dec-2021

Time: Three Hours
Marks

Max. Marks: 75

MENTAL HEALTH NURSING **(RS2, RS3 & RS4)** **Q.P. CODE: 1770**

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Define Electro Convulsive Therapy (ECT).
b) Explain the nurses' role in ECT.
2. a) Define Mania. List the types of Mania.
b) Explain the nurse's responsibility in caring for a patient with acute Mania.

SHORT ESSAYS

7 x 5 = 35 Marks

3. Enlist the objectives of National Mental Health Programme.
4. Explain the standards of psychiatric nursing.
5. Explain Process Recording.
6. List the signs and symptoms of Post traumatic stress disorder and explain the nursing intervention.
7. Define Mental Retardation and explain the etiology of Mental Retardation.
8. Explain the management of a person with suicidal tendency.
9. Explain the role of a nurse in secondary prevention of psychiatric illness.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Enlist the members of Mental health team.
11. Enlist the components of therapeutic communication.
12. Define Token economy.
13. List down the clinical features of catatonic stupor.
14. Define Alzheimer's disease.
15. Define hypochondriasis.
16. Enlist the characteristics of Wernicke's syndrome.
17. Define Narcissitic personality disorder.
18. Enlist the legal responsibilities of a mental health nurse.
19. Enlist the types of admission in a psychiatric hospital.

Rajiv Gandhi University of Health Sciences, Karnataka

III Year B.Sc. (Nursing - Basic) Degree Examination – 02-Dec-2021

Time: Three Hours

Max. Marks:

80 Marks

MENTAL HEALTH NURSING (RS)

Q.P. CODE: 1690

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define Therapeutic communication. Explain the techniques of Therapeutic communication.
2. Define Bipolar Affective Disorder. Mention the causes of Mood Disorder. Explain the role of Nurse in management of client with Bipolar Affective Disorder.
3. Define a Neurotic Disorder. Classify Obsessive Compulsive Disorder. Explain the role of Nurse in management of client with OCD.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. National Mental Health Programme 1982
5. Explain 5 defence mechanisms with an example for each.
6. Role of Nurse in management of Extra Pyramidal Symptoms
7. Behavioural therapy
8. Define and classify Phobias.
9. Management of client with Alcohol withdrawal symptoms
10. Management of client with Anorexia Nervosa
11. Management of client with Alzheimer's disease
12. Explain types of Crisis.
13. Mental Health Services available at the primary, secondary, tertiary levels

SHORT ANSWERS

10 x 2 = 20 Marks

14. Rights of Mentally Ill clients
15. Illusion
16. Circumstantiality
17. Perseveration
18. Stupor
19. Thought Broadcasting
20. Verbigeration
21. Echopraxia
22. Depersonalization
23. Anhedonia

Rajiv Gandhi University of Health Sciences, Karnataka
III Year B.Sc. (Nursing - Basic) Degree Examination – 30-Jul-2021

Time: Three Hours

Max. Marks: 80 Marks

MENTAL HEALTH NURSING (RS)

Q.P. CODE: 1690

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define Mental Health Nursing. Explain the Nature and scope of mental health nursing.
2. Define Electro Convulsive Therapy. Explain the role of Nurse before, during and after ECT.
3. Define Mental Retardation. Classify Mental Retardation. Explain Nursing management of child with severe Mental Retardation.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Role of Mental Health team members
5. Explain the etiological factors of Mental Illness.
6. What are therapeutic impasse and write its management.
7. What are Psychological tests and write the role of Nurse in Psychological tests.
8. Write the indication, contra indications of anti depressants.
9. Play therapy
10. Nursing management of Client with Dissociation and Conversion disorder
11. Disulfiram ethanol reaction
12. Classification of Sexual Disorders.
13. Write the management of Child with Autism.

SHORT ANSWERS

10 x 2 = 20 Marks

14. Insight
15. Cataplexy
16. Negativity
17. Abstract thinking
18. Affect
19. Chorea
20. Sublimation
21. Regression
22. Kleptomania
23. Fugue

Rajiv Gandhi University of Health Sciences, Karnataka
III Year B.Sc. Nursing Degree Examination – 30-Jul-2021

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS2, RS3 & RS4)
Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Describe the components of therapeutic community.
b) Describe the nurses' role in therapeutic community.
2. a) Define dementia. b) List down the causes of dementia.
c) Explain the nursing management of a patient with dementia.

SHORT ESSAYS

7 x 5 = 35 Marks

3. Describe the nature & scope of mental health nursing.
4. Explain the principles of mental health nursing.
5. Enlist the signs and symptoms of Lithium toxicity and management of lithium toxicity.
6. Describe the etiological factors in Substance use disorders.
7. Explain the prevention of Mental Retardation.
8. Explain the stages of grief according to Kubler Ross.
9. Explain the objectives and approaches of National Mental Health Programme.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Define Confabulation.
11. Define Process Recording and list down the purposes.
12. List the contraindications of ECT.
13. List the symptoms of paranoid schizophrenia.
14. List the symptoms of hypomania.
15. List the types of somatoform disorders?
16. Enlist the symptoms of Korsakoff's syndrome.
17. Enlist the complications of Anorexia Nervosa.
18. Explain the role of a nurse in discharge procedure.
19. Describe Durham's rule.

Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – 07-Sep-2020

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS2, RS3 & RS4)

Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary. Answer All Questions

LONG ESSAYS

2 x 10 = 20 Marks

1. a) Classify psychotropic drugs.
b) Write the nurses' responsibility in caring for a patient receiving antipsychotic drugs.
2. a) Enlist the etiology of delirium (acute organic brain syndrome).
b) Explain the nursing intervention for a patient with delirium.

SHORT ESSAYS

7 x 5 = 35 Marks

3. Explain the current trends in Mental health nursing.
4. Explain Interpersonal Model.
5. Enumerate advantages and disadvantages of therapeutic community.
6. Explain the psychiatric complications of Alcohol dependence syndrome.
7. Explain the management of a child with Enuresis.
8. Explain the role of a nurse in Crisis intervention.
9. Define community mental health nursing. Explain the goals of community mental health nursing.

SHORT ANSWERS

10 x 2 = 20 Marks

10. Differentiate Suppression & Repression with example
11. Enlist the symptoms of Dystonia.
12. Enlist the components of therapeutic community.
13. Differentiate cyclothymia and dysthymia
14. Enlist 4 A's of Bleuler.
15. Define obsessional thoughts. List the common types of obsessional thoughts content.
16. List the commonly used psychotropic substances.
17. Differentiate sexual sadism and sexual masochism
18. List down the objectives of Mental Health Act of 1987.
19. Enlist the civil responsibilities of a mentally ill person.

Rajiv Gandhi University of Health Sciences, Karnataka
III year B.Sc. (Nursing - Basic) Degree Examination – APRIL-2019

Time: Three Hours

Max. Marks: 80 Marks

MENTAL HEALTH NURSING

(Revised Scheme)

Q.P. CODE: 1690

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What are the clinical features of catatonic schizophrenia? Explain the nursing management of patient with catatonic schizophrenia. (4+6=10)
2. Explain the principles of psychiatric nursing with suitable examples.
3. Discuss the role of nurse in National Mental Health Programme.

SHORT ESSAYS (Answer any Eight)

8 x 5 = 40 Marks

4. Extra Pyramidal Symptoms.
5. Process recording.
6. Interpersonal model.
7. Conduct disorder.
8. Suicide prevention.
9. Management of Phobia.
10. Delirium Tremens.
11. Admission procedure.
12. Causes of Mental Retardation.
13. Mental Status Examination.

SHORT ANSWERS

10 x 2 = 20 Marks

14. Insomnia.
15. Hypochondriasis.
16. Dementia.
17. Hallucination.
18. Amnesia.
19. Milieu Therapy.
20. Abreaction.
21. Trans sexualism.
22. Token economy.
23. Flooding.

Rajiv Gandhi University of Health Sciences, Karnataka
III year B.Sc. Nursing Degree Examination – APRIL-2019

Time: Three Hours

Max. Marks: 75 Marks

Mental Health Nursing

Q.P. CODE: 1770

RS4 – Batch (2015 – 2016 Batch Admission Onwards)
Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define mental health nursing
b) Explain the principles of mental health nursing (2+8)
2. a) Define therapeutic communication
b) List the various techniques of therapeutic communication
c) Explain any two techniques of therapeutic communication with suitable example (2+3+5)
3. a) What are the common psychiatric emergencies?
b) Explain the management of a patient with suicidal ideation (2+8)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Explain the nature and scope of mental health nursing
5. Describe the components of mental status examination
6. Explain the management of child with mental retardation.
7. Distinguish between typical and atypical Antipsychotics
8. Describe the role of nurse in post traumatic stress disorder
9. Management of client with alcoholic dependence syndrome
10. Explain the civil rights of mentally ill.
11. Write the first rank symptoms of schizophrenia?
12. Write the indications and contra indications of ECT?

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define Dysthymia
14. Meaning of somnambulism
15. Enlist the types of phobia
16. Define therapeutic community
17. What is nihilistic delusion?
18. Define Echolalia
19. Meaning of hysteria
20. List the extra pyramidal symptoms
21. Define anterograde amnesia
22. What is tangentiality?

ajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – APIRL 2018

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS -2)

Q.P. CODE: 1770

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1.) Define mental health nursing.
) List the principles of mental health nursing.
) What are the factors that cause mental illness? (2+3+5)
2.) List the various treatment modalities used for mental disorders.
) What is the role of a nurse during electro convulsive therapy? (5+5)
3.) Define schizophrenia.
) What are the clinical manifestations of paranoid schizophrenia?
) What is the nursing management of a client with paranoid schizophrenia? (2+3+5)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Describe the role of alternative systems of medicine in psychiatric nursing.
5. Explain the mental health services available at various levels.
6. Clinical types of OCD
7. Explain mental status examination of a client.
8. What is EPS? Management of a client with EPS
9. Management of a child with mental retardation
10. Define dementia and explain the stages.
11. ICD-10 classification of mental disorders
12. Nursing management of a client with suicidal tendency

SHORT ANSWERS

10 x 2 = 20 Marks

13. List the types of Eating disorders.
14. Define delusion.
15. Detoxification in substance use disorder
16. Psychodrama
17. Differentiate mental health and mental illness.
18. Define Post traumatic stress disorder.
19. Name two radiological assessment tests in mental health.
20. Differentiate tangentiality and circumstantiality.
21. Indications of Time out
22. List the types of memory.

Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – APRIL 2017

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS -2)

Q.P. CODE: 1770

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define phobia.
b) List the various types of phobia.
c) Explain the management of phobia. (2+3+5)
2. a) What are the levels of prevention of mental health? Explain any one in detail.
b) Describe the mental health issues of an elderly client. (5+5)
3. a) What are sexual disorders?
b) Enlist classification of sexual disorders.
c) What is the nursing management for a client with sexual disorders? (2+3+5)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Briefly explain the Mental Health Act of 1987.
5. Enlist the types of schizophrenia. Explain any one in detail.
6. Describe the nursing management of a 65 years old elderly client with dementia.
7. Explain the types of crisis and crisis intervention.
8. Management of child with mental retardation
9. Explain the nursing management of a client with alcohol withdrawal syndrome.
10. Discuss the management of client with post traumatic stress disorder.
11. Describe the side effects of antidepressants.
12. Define ECT. Explain the nurse's role during ECT.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define Perseveration.
14. List four clinical features of depression.
15. Define Akathisia.
16. Differentiate echolalia and echopraxia.
17. Conversion disorder
18. Name four psychological assessment tests.
19. Differentiate illusion and hallucination.
20. List the phases of nurse patient therapeutic relationship.
21. Meaning of Behaviour therapy
22. List any six alternative systems of medicine used for mentally ill clients.

Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – May 2016

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS -2)

Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define ECT. Explain the nurse's responsibility before, during and after ECT. (2+8)
2. What is rapport? How do you establish the rapport with the client admitted in psychiatric ward? (2+8)
3. Define schizophrenia. Write the classification of schizophrenia as per ICD-10. Describe nurse's role in caring for a patient in catatonic excitement. (2+4+4)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Explain the characteristics of borderline personality disorders
5. Management of obsessive compulsive disorder (OCD)
6. Prevention of mental illness
7. Nursing management of an elderly client with dementia
8. Crisis intervention techniques
9. Etiological factors of mental illness
10. Management of a patient with suicidal tendency
11. Classification of Sexual disorders
12. Behaviour therapy techniques

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define circumstantiality.
14. Types of mood stabilizers
15. List any six alternative systems of medicine used in psychiatry.
16. Define hypomania.
17. Delusions of persecution
18. Define drug abuse.
19. What is neologism?
20. Define anorexia nervosa.
21. Define psychodrama.
22. Define Echolalia.

Rajiv Gandhi University of Health Sciences, KarnatakaIIIrd year B.Sc. Nursing Degree Examination – APRIL 2015**Time: Three Hours****Max. Marks: 75 Marks****MENTAL HEALTH NURSING (RS -2)****Q.P. CODE: 1770**

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)**2 x 10 = 20 Marks**

1. a) Define schizophrenia.
b) List the types of schizophrenia.
c) Develop a nursing care plan for a patient suffering from paranoid schizophrenia. (2+2+6)
2. a) Define alcohol dependence syndrome.
b) List the psychiatric complications of alcohol dependence syndrome (ADS).
c) Write nursing care plan for a patient hospitalized with ADS. (2+3+5)
3. What are the types of admission and discharge procedures according to the Mental Health Act of 1987?

SHORT ESSAYS (Answer any Seven)**7 x 5 = 35 Marks**

4. Etiology of mental disorders
5. Management of client with suicidal tendency
6. Causes and clinical features of Anti social personality disorder
7. Therapeutic community
8. Techniques of Crisis intervention
9. Conversion disorders
10. Classification of mental retardation
11. Explain objectives and approaches of National Mental Health Programme.
12. Management of a patient with dementia

SHORT ANSWERS**10 x 2 = 20 Marks**

13. Opioid use disorder
14. Levels of Insight
15. Define BPAD.
16. Denial
17. Neuroleptic malignant syndrome
18. Meditation
19. Define Transference.
20. Define Ambivalence.
21. What is Flight of ideas
22. Types of relationship

Rajiv Gandhi University of Health Sciences, Karnataka

III year B.Sc. Nursing Degree Examination – SEP 2016

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS -2)

Q.P. CODE: 1770

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define psychiatric nursing. Describe in detail about scope and current trends of psychiatric nursing.
2. What are the etiological theories of substance abuse? Explain nursing management for Alcohol dependence.
3. Define Schizophrenia. Explain etiology of schizophrenia and write on the nursing management for a patient with catatonic schizophrenia.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Explain multi-disciplinary team.
5. Explain rights of mentally ill patients.
6. National Mental Health Program.
7. Describe various mental health services available for mentally ill patients.
8. Group therapy
9. Describe nursing management for patient with suicidal ideation.
10. Explain the stages and clinical features of Alzheimer's dementia.
11. Explain the general principles of psychiatric nursing.
12. Explain the phases of therapeutic nurse patient relationship.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Types of hallucinations
14. Meaning of neologism
15. Depersonalization
16. Meaning of flight of ideas
17. Side effects of ECT
18. Classification of mood stabilizing drugs
19. List extra-pyramidal symptoms
20. List four neurotransmitters.
21. What is informed consent?
22. List the stages of grief.
