

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – 22-Feb-2023

Time: Two Hours

Max. Marks: 35 Marks

NURSING FOUNDATION

(RS3 & RS4)

Q.P. CODE: 1731

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Explain the importance of ethics in profession. Describe the ICN code of ethics for nursing.
2. Explain in detail the expanded role of a nurse?

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Team nursing
4. Types of stress & its management
5. Indian nursing council
6. Write in brief about biomedical waste management.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Four advantages of progressive patient care
8. TNAI
9. Define nursing standards.
10. Tools for assessment
11. Holistic nursing

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Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – 24-Feb-2023

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS

(RS3 & RS4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked.

Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Explain the various methods of cooking and its effect on nutrients.
2. Explain the nutritional needs of a lactating mother in detail.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. What are the factors affecting food and nutrition?
4. Explain on supplementary feeding.
5. Define balanced diet. What are the factors you would consider while planning a diet?
6. Explain the advantages and need for School lunch programme in India.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What is caloric value of fat?
8. What are the sources of potassium?
9. Define RDA.
10. What are the functions of Vitamin C.
11. PEM.

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – 20-May-2022

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS
(RS3 & RS4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Write the role of a nurse in nutrition programme.
2. Plan a diet suitable in Pregnancy.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. What are the function of Protein?
4. What is safe food handling?
5. Write the clinical inputs for reducing malnutrition.
6. Why is special emphasis laid on nutrition during pregnancy? Write about the excess need of supplementary food during pregnancy.

SHORT ANSWERS

5 x 2 = 10 Marks

7. What is liquid diet?
8. Factors affecting BMR.
9. Define allergy.
10. Weaning diet.
11. Deficiency of Vitamin K.

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – 07-Feb-2022

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS
(RS3 & RS4)
Q.P. CODE: 1732

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define community Nutrition and explain the various community nutrition programmes.
2. Define balanced diet. Explain the components and importance of Balanced diet.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Balanced diet for elderly.
4. Explain the Food standards.
5. Assessment of Nutritional status.
6. Describe different methods of cooking.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Malnutrition.
8. Colostrum.
9. Baking.
10. Vitamin K deficiency
11. Food adulteration.

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – 28-Jul-2021

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS
(RS3 & RS4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) What are the nutritional needs of a pregnant woman?
b) Plan a menu for a pregnant woman
2. a) Discuss the importance of nutrition of education.
b) Explain the role of a nurse nutrition education.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Milk hygiene
4. BFHI (Baby friendly hospital initiative)
5. Effects of folic acid deficiency
6. Functions of iron

SHORT ANSWERS

5 x 2 = 10 Marks

7. Obesity
8. Fluid diet
9. Essential amino acid
10. Balanced diet
11. Vegetable soup

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – 25-Nov-2020

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS
(RS3 & RS4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked.
Draw neat, labeled diagrams wherever necessary.

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Mention the water-soluble vitamins and write about anyone them.
2. Explain briefly on current nutritional programmes in India.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Food adulteration and its prevention
4. Vitamin K – Sources, Uses, requirements.
5. Method of food preservation
6. Explain the therapeutic diet for Gastro Intestinal disease.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Nutritional anaemia
8. Dehydration
9. Grilling
10. Endemic goiter
11. BMR (Basal Metabolic Rate)

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – OCT-2019

Time: Two Hours

Max. Marks: 35 Marks

Nutrition and Dietetics

(RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. List the nutritional problems in India and explain the role of a nurse in national nutritional programmes.
2. Define therapeutics diet. Explain therapeutic diet for cardiovascular diseases.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Food standards.
4. Preservation of food.
5. Food hygiene.
6. What are the various ways to assess the nutritional status?

SHORT ANSWERS

5 x 2 = 10 Marks

7. Weaning.
8. Malnutrition.
9. Methods of storage of food.
10. What is balanced diet?
11. Macronutrients.

Rajiv Gandhi University of Health Sciences, Karnataka
I Year B.Sc. Nursing (PC) Degree Examination – APRIL-2019

Time: Two Hours

Max. Marks: 35 Marks

Nutrition and Dietetics

(RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. What is Balanced Diet? Mention the factors that affect Balanced Diet.
2. Explain in detail the method of nutrition education in the community and Hospital

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Explain the role of a Nurse in importance of Breast feeding.
4. What are the various ways to assess the nutritional status?
5. What is PEM and how it can be prevented?
6. Vitamin A deficiency and control.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Composition of breast milk.
8. What is overcooking of food?
9. What is adulteration of food?
10. Sources of Vitamin C.
11. What are micronutrients give example.

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination - OCT-2018

Time: Two Hours

Max. Marks: 35 Marks

Nutrition and Dietetics (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define protein energy malnutrition.
b) Explain the different methods used for nutritional assessment.
2. a) Define Dietetics.
b) Explain the therapeutic diet for hypertension.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Vitamin D deficiency
4. Supplementary feeding
5. Functions of carbohydrate
6. Guidelines available for menu planning

SHORT ANSWERS

5 x 2 = 10 Marks

7. Boiling
8. Sources of Vitamin A
9. Anemia
10. Role of fibre in diet
11. Total parenteral nutrition

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination - APRIL-2018

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) List out the principles of cooking.
b) Explain in detail about different methods of cooking and its effect on nutrients. (2+8)
2. a) Define Community nutrition.
b) Explain the need for community nutrition programme. (2+8)

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Classification of food
4. Prepare a diet plan for pregnant mother
5. Deficiency disorders of Vitamin B
6. Explain the effects of over nutrition and its management.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Nutritive value of Breast milk
8. Low cost protein rich diet
9. Define balanced diet.
10. Rich dietary sources of Iron
11. Scurvy

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination - SEP-2017

Time: Two Hours

Max. Marks: 35 Marks

Nutrition And Dietetics (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define balanced diet. Discuss the factors to be considered while planning a balanced diet. Plan a day's menu for a pregnant mother keeping in mind the nutritional needs. (2+3+5)
2. Define Malnutritional. Describe the signs and symptoms of malnutritional. Discuss in detail the nutritional management of a toddler with malnutritional. (2+3+5)

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Describe the therapeutic diet in Diabetes mellitus.
4. Explain the nutritional requirements in feeding normal infants.
5. List the methods of nutrition education and explain the role of nurse in nutrition education.
6. Describe the nutritional needs of the elderly.

SHORT ANSWERS

5 x 2 = 10 Marks

7. List the methods of food preservation.
8. Define Bitot Spots.
9. Define Pasteurization.
10. List any 4 current nutritional problems in India.
11. List the direct methods of assessing nutritional status.

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – APRIL 2017

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) What are micronutrients?
b) Explain the sources, functions and deficiency of Vitamin A. (2+8)
2. a) List the nutritional problems in India.
b) Describe the various national nutritional programmes. (2+8)

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Supplementary feeding of Infants
4. Plan a diet menu for preschool child
5. Methods of assessing nutritional status of an individual
6. Food preservation

SHORT ANSWERS

5 x 2 = 10 Marks

7. RDA for lactating mother
8. Define Weaning.
9. Macronutrients
10. Broiling
11. Beri-beri

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – SEP 2016

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define nutrition.
b) Explain the various methods of assessing nutritional status of individual and community. (2+8)
2. a) Define weaning.
b) Discuss the points to be remembered while weaning.
c) Prepare a weaning schedule. (2+5+3)

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. ICDS programme
4. Write the functions, requirements and deficiency of Vitamin-D.
5. Protein energy malnutrition.
6. Food adulteration and its prevention

SHORT ANSWERS

5 x 2 = 10 Marks

7. Micronutrients
8. Dehydration
9. Food hygiene
10. Grilling
11. Dietary sources of Calcium

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – May 2016

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS

(RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. Define diet therapy. Describe the therapeutic diet in renal disorders. Plan a therapeutic diet for a 60 year old lady admitted in the hospital with Chronic Renal failure. (2+4+4)
2. Explain the need the community nutrition programs. Discuss the methods of assessing nutritional status of individuals and groups in the community.

SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Describe the factors to be considered in Menu Planning.
4. Explain the process of introducing Supplementary feeding in infants.
5. Describe the nutritional management of Kwashiorkor and Marasmus.
6. Explain the National Nutritional Anemia Control Program.

SHORT ANSWERS

5 x 2 = 10 Marks

7. Define food hygiene.
8. List the macronutrients.
9. Enumerate 4 signs of Vitamin D Deficiency.
10. List any 4 methods of nutrition education.
11. List the advantages of School Lunch Program.
