

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – 21-Jun-2023

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS3 & RS4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What is prevention? List the types of prevention. Explain secondary prevention for mental illnesses.
2. Define therapeutic nurse patient relationship. Describe in detail about therapeutic communication techniques.
3. List mood disorders. Explain signs and symptoms of severe depression. Describe nursing management for depressive patient.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Define ECT. Explain the nurse's role during ECT.
5. Explain the rehabilitative services available for mentally ill patients in India
6. Nursing management for somatoform disorder
7. List signs and symptoms of attention deficit hyperactivity disorder and explain nursing management for hyperactive child.
8. Explain the management of child with mental retardation
9. Differentiate between delirium and dementia
10. Explain role of a nurse in psychological therapies?
11. Explain indications, contra-indications and side-effects of antipsychotic drugs
12. List types of phobia. Write a note on medical and nursing management of phobic patient.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Waxy flexibility
14. Define Confabulation
15. Meaning of neologism
16. What is echolalia?
17. Define obsession and compulsion.
18. Four cardinal symptoms of dissociative disorder
19. What is half way home?
20. What is Free association
21. Difference between illusion and hallucination
22. Types of crisis

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PC) Degree Examination - 28-Feb-2023

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS-3 & RS-4)
Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What is preventive psychiatry? Briefly describe the models of prevention. Discuss the nurse's role in preventive psychiatry.
2. What is Mania? What are the types of Mania? Discuss the nursing care of a client with Mania and discuss any two-nursing diagnosis according to priority.
3. What is Milieu therapy? Who are the people who form the team in milieu therapy? How is it implemented?

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

- ~~4.~~ Discuss the nursing management in case of psychiatric emergencies.
- ~~5.~~ How will you prepare the unit for the electro convulsive therapy?
- ~~6.~~ Anti depressants
- ~~7.~~ Phobic disorder
- ~~8.~~ Therapeutic communication techniques
- ~~9.~~ Etiological factors in substance abuse disorders
- ~~10.~~ Classification of mental (sub normality) *illness*
11. Assessment methods in psychiatry
- ~~12.~~ Concept of normal and abnormal behaviour

SHORT ANSWERS

10 x 2 = 20 Marks

13. Any four indications for electro convulsive therapy
14. Classification systems for mental disorders
15. Define illusions.
16. List any four types of moods.
17. Depersonalization
18. Substance dependence
19. List any four indications for behaviour therapy.
20. Define mental illness.
21. Define family therapy.
22. Any four causes of organic disorders.

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – 26-May-2022

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS3 & RS4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define psychiatric nursing
b) Explain in detail the principles of psychiatric nursing
2. a) Define schizophrenia
b) Explain the nursing management of a patient with catatonic schizophrenia
3. a) Define community mental health nursing
b) List the goals of community mental health nursing
c) Explain the community mental health agencies

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Describe the various functions of members of mental health team
5. Explain the phases of nurse patient relationship
6. Explain the admission procedure of mentally ill client to psychiatric hospital
7. Enlist the classification of mental disorder according to ICD-10
8. Characteristics of mentally healthy person
9. Enlist the indications and contra indications of ECT?
10. What are the etiological factors and clinical manifestations of Obsessive-compulsive disorder?
11. What are the withdrawal symptoms of alcoholic dependence syndrome?
12. Management of a client with suicidal tendency

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define alcoholic anonymous
14. What is counter transference?
15. List any four extrapyramidal symptoms.
16. What is grief?
17. Define therapeutic communication
18. List the stages of mania
19. Meaning of Fetishism
20. Meaning of insight
21. How will you calculate the IQ level?
22. What is depersonalization?

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – 29-Nov-2021

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING (RS3 & RS4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define therapeutic nurse patient relationship. Explain the phases of therapeutic nurse patient relationship
2. Define personality disorder. Explain the nursing management of patient with anti social personality disorder
3. Define ECT. Explain the role of nurse before during and after ECT

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Nursing management of suicidal patient
5. Techniques of behavior therapy
6. Principles of psychiatric nursing
7. Lithium toxicity
8. Obsessive Compulsive disorder
9. Psychiatric social work
10. Psychiatric emergencies
11. Alcohol dependence syndrome
12. Admission and discharge procedure

SHORT ANSWERS

10 x 2 = 20 Marks

13. Kleptomania
14. Dysthymia
15. Negativism
16. Akathesia
17. Tactile hallucination
18. Nihilistic delusion
19. Stupor
20. Euphoria
21. Compulsion
22. Neologism

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – 30-Jul-2021

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS3 & RS4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define bipolar mood disorders. Explain its causes and clinical features.
b) Explain nursing management of patient with mania.
2. What is, meant by electro convulsive therapy? Explain various methods of ECT with role of nurse before, during and after administration.
3. Define personality disorders. Describe types and management of Cluster B personality disorders.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Historical development of mental health nursing
5. Autism
6. Therapeutic community
7. Role of nurse in preventive psychiatry
8. Anxiety disorders
9. Admission procedure in psychiatry
10. Mental health act
11. Define Schizophrenia. Explain the classification and symptomatology of schizophrenia.
12. Grief process

SHORT ANSWERS

10 x 2 = 20 Marks

13. Echopraxia
14. DSM IV - TR
15. Delirium tremens
16. Exhibitionism
17. Lithium toxicity
18. Occupational therapy
19. Genuineness
20. Dyslexia
21. Ambivalence
22. Delusion of Grandeur

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PB) Degree Examination – 27-Nov-2020

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS3 & RS4)
Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What is community mental health nursing? Discuss the role of nurse in community mental health nursing.
2. What is substance abuse? Explain the management of patient with alcohol dependence syndrome.
3. List-out the types of psychiatric emergencies. Discuss the role of nurse in the management of violent behavior.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Theories of grief
5. Mental status examination
6. Concept of normal and abnormal behaviour
7. Process recording
8. National mental health program
9. Admission and discharge procedure
10. Anti-psychotic drugs
11. Mental Health team
12. Techniques of therapeutic communication

SHORT ANSWERS

10 x 2 = 20 Marks

13. Neologism
14. Echolalia
15. Somnambulism
16. Voyeurism
17. Stupor
18. Token economy
19. Suicide
20. Dementia
21. Transference and counter transference
22. Agoraphobia

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PB) Degree Examination – 07-Sep-2020

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS3 & RS4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define psychiatric nursing. Describe in detail about current trends in psychiatric nursing.
2. What are the causes of substance abuse? Explain nursing management for alcohol intoxication?
3. Describe signs and symptoms of paranoid schizophrenia and write a note on nursing management for a patient with paranoid schizophrenia.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Explain signs and symptoms and psychological therapies for OCD?
5. Explain types of admission procedures in psychiatry?
6. Describe the nursing management of a client with suicidal tendency.
7. Describe various mental health services available for mentally ill patients.
8. What is behavior therapy? Explain various techniques of behavior therapy.
9. Describe nursing management of a patient with lithium toxicity.
10. Explain the stages and clinical features of Alzheimer's dementia.
11. Explain etiological factors for mental illness.
12. Describe therapeutic communication techniques.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Any four types of Delusion
14. Meaning of thought broadcasting
15. Negative symptoms of schizophrenia
16. Meaning of leave of absence
17. Any four contra indications of ECT
18. List down the classifications of anti depressant drugs.
19. Enlist the Phases of Nurse Patient Relationship
20. List any four neurotransmitters
21. What is crisis?
22. Meaning of denial

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PB) Degree Examination – OCT-2019

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define Mental Health Nursing
b) Explain the principles of Mental Health nursing with suitable examples. (2+8)
2. a) What is Organic Brain disorder?
b) Explain the nursing management of an elderly client with Alzheimer's diseases. (2+8)
3. a) What are Psychiatric Emergencies?
b) What assessment should a nurse make in a psychiatric emergency?
c) Explain the nursing management of a client with suicidal behavior. (2+3+5)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Enlist the types of schizophrenia and explain in detail any one type.
5. Describe the development of Mental Health Nursing in India.
6. Explain the management of patient with alcohol dependent syndrome.
7. What are the rights of a Mentally ill client?
8. What are the skills required for an interview in the nurse-patient relationship?
9. Enlist the different types of personality disorders and explain any one in detail.
10. Classifications of mental disorders
11. Management of a client with violent behaviour
12. Explain the nursing interventions for a client during ECT.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Types of crisis
14. How will you test remote memory of a client?
15. Difference between dementia and delirium
16. Define circumstantiality.
17. Define Amnesia
18. List five types of delusions
19. Define Ambivalence
20. Define Confabulation
21. Clinical features of ADHD
22. List any four Extra Pyramidal Syndromes.

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PC) Degree Examination – APRIL-2019

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. What is the National Mental Health Policy? What are its objectives? Critically evaluate its achievement. (2+3+5)
2. What is electro convulsive therapy (ECT)? What are its indications? Discuss the role of the nurse during the Pre ECT period. (2+3+5)
3. What is Schizophrenia? List the types of Schizophrenia. Plan the care of a client with paranoid schizophrenia and discuss any two nursing diagnosis according to priority. (2+3+5)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Discuss the steps in the crisis intervention.
5. Lithium therapy
6. Obsessive compulsive disorder
7. Process recording
8. Classification of psychoactive substances
9. Etiological factors causing mental sub normality
10. Assessment of mental disorders
11. Qualities of a mental health nurse
12. Family therapy

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define crisis.
14. ICD classification
15. Define delusions.
16. List any four types of hallucinations.
17. Echolalia
18. Intoxication
19. Personality
20. Stress
21. Define psychotherapy.
22. Any four indications for behaviour therapy

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – SEP-2018

Time: Three Hours

Max. Marks: 75 Marks

Mental Health Nursing

(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked.
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define therapeutic nurse patient relationship. Explain phases of nurse patient relationship with suitable examples.
2. Define therapeutic communication. Discuss the interview skills necessary and the therapeutic communication techniques.
3. What are the different types of psychiatric emergencies? Explain psychopathology and nursing management of patient with suicide behaviour.

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Classification of mental disorders
5. Preventive psychiatry
6. Electroconvulsive therapy
7. Dementia
8. Process recording
9. Concept of normal and abnormal behavior
10. Psycho-physiological disorders
11. Preventive and rehabilitative aspects in substance abuse
12. Conduct disorders

SHORT ANSWERS

10 x 2 = 20 Marks

13. Echolalia
14. Hypochondriasis
15. Hallucination
16. Kleptomania
17. Derealization
18. Obsessions
19. Tics
20. Flooding
21. Transference
22. Leave of absence

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – APRIL-2018

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define Psychiatric Nursing. Explain the general principles of psychiatric nursing. (2+8)
2. Explain the primary, secondary and tertiary prevention of mental retardation. (4+3+3)
3. Discuss the medical and nursing management of a patient with alcohol dependence syndrome. (4+6)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Describe the etiological factors of mental illness.
5. Explain any five therapeutic communication techniques with examples.
6. List down the nursing diagnosis and nursing interventions for a patient with sexual disorders. (2+3)
7. Enlist the types of schizophrenia. Explain any one in detail.
8. Describe the clinical features of mania.
9. Nurse's responsibility for a patient getting discharged on tab. sertraline (SSRI)
10. Explain the etiology and clinical features of delirium. (2+3)
11. Explain the modalities of behaviour therapy available for the management of phobia.
12. Discuss the etiology of personality disorder.

SHORT ANSWERS

10 x 2 = 20 Marks

13. List down four types of crisis.
14. Define hallucination.
15. Any four complications of ECT
16. What is meant by EPS?
17. Meaning of milieu therapy
18. What is projection?
19. List down any four types of psychiatric emergencies.
20. What is neologism?
21. Define tangentiality.
22. What is conduct disorder?

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – SEPT 2017

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Explain the various therapeutic roles of a psychiatric-mental health nurse.
2. Explain the primary, secondary and tertiary prevention of mental retardation. (4+3+3)
3. Explain the medical and nursing management of a patient with mania. (4+6)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Briefly explain the classification of mental disorders according to ICD-10.
5. What is therapeutic impasse? How will you manage therapeutic impasse? (2+3)
6. Explain the management for a patient with schizophrenia.
7. Explain the discharge advice for a patient getting discharged on tab. olanzepine
8. Discuss the clinical types of OCD.
9. Describe the etiology of personality disorders.
10. Explain the nursing interventions for a child with ADHD
11. What is psychiatric emergency? Explain the nursing interventions for a patient with catatonic stupor. (2+3)
12. Define dementia. Explain the stages of dementia.

SHORT ANSWERS

10 x 2 = 20 Marks

13. What is National mental health program?
14. Define crisis intervention.
15. List down any four indications of ECT.
16. Define therapeutic community.
17. What is biofeedback?
18. List down any four benefits of occupational therapy.
19. What is autistic thinking?
20. Define delusion.
21. What is rationalization?
22. Define confabulation.

Rajiv Gandhi University of Health Sciences, Karnataka

II Year B.Sc. Nursing (PB) Degree Examination – APRIL 2017

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING

(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Define therapeutic relationship. Explain the phases of therapeutic relationship between a nurse and patient. (2+8)
2. Define crisis. Which are the various types of crisis? Explain the role of a nurse in crisis intervention. (2+2+6)
3. Explain the medical and nursing management of a patient with paranoid schizophrenia. (4+6)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Discuss the various functions of the multidisciplinary team members in psychiatry.
5. List down the nursing diagnosis and nursing interventions for a patient with suicidal ideation. (2+3)
6. Explain the stages and clinical features of dementia.
7. Explain the modalities of behaviour therapy available for the management of OCD.
8. What is delirium tremors? List down the clinical features of delirium tremors? (2+3)
9. Explain the clinical features of antisocial personality disorder.
10. Explain the classification of mental retardation.
11. Discuss the nursing interventions for a patient receiving antipsychotics.
12. Define ECT. Explain the nurse's role during ECT.

SHORT ANSWERS

10 x 2 = 20 Marks

13. What is meant by EPS?
14. Define circumstantiality.
15. Meaning of milieu therapy
16. What is crisis?
17. Therapeutic and maintenance levels of blood lithium levels
18. Define psychosocial rehabilitation.
19. Define psychiatric emergency.
20. What is national mental health program?
21. Define thought block.
22. What is illusion?

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PB) Degree Examination – SEP - 2016

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. Explain in detail about current trends and scope of mental health nursing. (5+5)
2. List various clinical features of obsessive compulsive disorder. Write a note on management of patient with OCD. (3+7)
3. Define ECT. Describe care of patient before, during and after ECT. (2+3+3+2)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Explain management of patient with suicidal tendency.
5. Explain signs and symptoms of anxiety disorder and briefly explain nursing management for it.
6. Describe etiological factors and signs and symptoms of childhood autism
7. Explain suggested recreational activities for psychiatric disorders.
8. Explain patient education related to management of alcoholism.
9. Explain therapeutic impasses and interventions for overcoming them
10. Crisis intervention techniques
11. Psychosis Vs neurosis
12. Enlist the types of schizophrenia and explain any one in detail.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Meaning of token economy
14. Indications of group therapy
15. Meaning and types of mania
16. Meaning of multiple personality
17. List the personality disorders.
18. What are the drugs commonly used for mood disorder?
19. Meaning of flight of ideas
20. Types of conversion disorders
21. Types of organic brain disorders
22. What is the meaning of neologism?

Rajiv Gandhi University of Health Sciences, Karnataka
II Year B.Sc. Nursing (PB) Degree Examination – MAY 2016

Time: Three Hours

Max. Marks: 75 Marks

MENTAL HEALTH NURSING
(RS-3 & RS-4)

Q.P. CODE: 1743

Your answers should be specific to the questions asked
Draw neat labeled diagrams wherever necessary

LONG ESSAYS (Answer any Two)

2 x 10 = 20 Marks

1. a) Define Mental retardation
b) List the clinical manifestations of mental retardation
c) Explain the nursing management of a child with mental retardation (2+3+5)
2. a) Define Bipolar disorder
b) Explain the management of a patient with severe depression (2+8)
3. a) Define substance abuse
b) explain the management of a patient with alcoholic dependence syndrome (2+8)

SHORT ESSAYS (Answer any Seven)

7 x 5 = 35 Marks

4. Describe the concept of normal and abnormal behavior
5. Explain the phases of nurse patient relationship
6. Explain the admission procedure of mentally ill client
7. Enlist the techniques of therapeutic communication
8. Describe the clinical picture of bulimia nervosa
9. Explain the role of nurse before, during and after ECT
10. Define conduct disorder and explain etiological factors of conduct disorder.
11. Explain the objectives and approaches of national mental health programme
12. Enlist types of schizophrenia. Explain any one in detail.

SHORT ANSWERS

10 x 2 = 20 Marks

13. Define infantile autism
14. What is systematic desensitization?
15. Difference between Delusion and Illusion
16. What is confabulation?
17. Define therapeutic milieu
18. List any four techniques of behavioral therapy
19. Meaning of tangentiality
20. List four stages of mania
21. What are the levels of prevention?
22. What is displacement?
