COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF TRANSDERMAL PATCHES OF BUPRENORPHINE AND FENTANYL IN MANAGEMENT OF POSTOPERATIVE PAIN AFTER LOWER LIMB SURGERIES: A RANDOMIZED CONTROLLED STUDY

BY:

Dr. S.P SHRUTHI



DISSERTATION SUBMITTED TO SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH, TAMAKA, KOLAR, KARNATAKA

In partial fulfilment of the requirements for the degree of

UNDER THE GUIDANCE OF

M.D. (ANAESTHESIOLOGY)

Dr. KIRAN.N

MBBS, MD, DA

PROFESSOR

DEPARTMENT OF ANAESTHESIOLOGY SDUMC, KOLAR



DEPARTMENT OF ANAESTHESIOLOGY SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA, KOLAR - 563101

2024

DECLARATION BY THE CANDIDATE

I HEREBY DECLARE THAT THIS DISSERTATION/THESIS ENTITLED

"COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF

TRANSDERMAL PATCHES OF BUPRENORPHINE AND FENTANYL IN

MANAGEMENT OF POSTOPERATIVE PAIN AFTER LOWER LIMB

SURGERIES: A RANDOMIZED CONTROLLED STUDY" IS A BONAFIDE AND

GENUINE RESEARCH WORK CARRIED OUT BY ME UNDER GUIDANCE OF

DR KIRAN N. MBBS MD DA PROFESSOR, DEPARTMENT OF

ANESTHESIOLOGY, SRI DEVARAJ URS MEDICAL COLLEGE, TAMAKA,

KOLAR.

DATE: SIGNATURE OF THE CANDIDATE

PLACE: KOLAR DR. SP SHRUTHI

CERTIFICATE BY THE GUIDE

THIS IS TO CERTIFY THAT THE DISSERTATION/THESIS ENTITLED

"COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF

TRANSDERMAL PATCHES OF BUPRENORPHINE AND FENTANYL IN

MANAGEMENT OF POSTOPERATIVE PAIN AFTER LOWER LIMB

SURGERIES : A RANDOMIZED CONTROLLED STUDY" IS A BONAFIDE AND

GENUINE RESEARCH WORK CARRIED OUT BY **DR. SP SHRUTHI** IN PARTIAL

FULFILMENT OF THE REQUIREMENT FOR THE DEGREE OF DOCTOR OF

MEDICINE IN ANAESTHESIOLOGY.

DATE:

SIGNATURE OF THE GUIDE

PLACE: KOLAR

Dr. KIRAN.N

MBBS,MD,DA

PROFESSOR

DEPARTMENT OF ANAESTHESIOLOGY

SRI DEVARAJ URS MEDICAL COLLEGE

Щ

ENDORSEMENT BY THE HOD, PRINCIPAL / HEAD OF THE INSTITUTION

THIS IS TO CERTIFY THAT THE DISSERTATION/THESIS ENTITLED

"COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF

TRANSDERMAL PATCHES OF BUPRENORPHINE AND FENTANYL IN

MANAGEMENT OF POSTOPERATIVE PAIN AFTER LOWER LIMB

SURGERIES: A RANDOMIZED CONTROLLED STUDY" IS A BONAFIDE AND

GENUINE RESEARCH WORK CARRIED OUT BY DR. SP SHRUTHI IN PARTIAL

FULFILMENT OF THE REQUIREMENT FOR THE DEGREE OF DOCTOR OF

MEDICINE IN ANAESTHESIOLOGY.

DR. SURESH KUMAR N MBBS,MD,IDCCM PROFESSOR & HEAD OF DEPARTMENT DEPARTMENT OF ANAESTHESIOLOGY SDUMC, KOLAR DR. PRABHAKAR
MBBS, MD, MNANS,
FICP, AFISC, FIAMS
PRINCIPAL & PROFESSOR
DEPARTMENT OF MEDICINE
SDUMC, KOLAR

Date: Date:

Place: Kolar Place: Kolar

COPYRIGHT

DECLARATION BY THE CANDIDATE

I HEREBY DECLARE THAT THE SRI DEVARAJ URS ACADEMY OF HIGHER

EDUCATION AND RESEARCH CENTER, KOLAR, KARNATAKA SHALL

HAVE THE RIGHTS TO PRESERVE, USE AND DISSEMINATE THIS

DISSERTATION/THESIS IN PRINT OR ELECTRONIC FORMAT FOR ACADEMIC

/RESEARCH PURPOSE.

DATE:

SIGNATURE OF THE CANDIDATE

PLACE: KOLAR

DR. SP SHRUTHI

© Sri Devaraj Urs Academy of Higher Education & Research, Tamaka, Kolar, Karnataka

V

9

SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

SRI DEVARAJ URS MEDICAL COLLEGE

Tamaka, Kolar

INSTITUTIONAL ETHICS COMMITTEE



Members

- Dr. D.E.Gangadhar Rao, (Chairman) Prof. & HOD of Zoology, Govt. Women's College, Kolar
- Dr. Sujatha.M.P. (Member Secretary), Prof. Dept. of Anesthesia, SDUMC
- Mr. Gopinath Paper Reporter, Samyukth Karnataka
- Mr. G. K. Varada Reddy Advocate, Kolar
- Dr. Hariprasad S, Assoc. Prof Dept. of Orthopedics, SDUMC
- Dr. Abhinandana R
 Asst. Prof. Dept. of Forensic Medicine, SDUMC
- Dr. Ruth Sneha Chandrakumar Asst. Prof. Dept. of Psychiatry, SDUMC
- Dr. Usha G Shenoy Asst. Prof., Dept. of Allied Health & Basic Sciences SDUAHER
- Dr. Munilakshmi U
 Asst. Prof.
 Dept. of Biochemistry, SDUMC
- 10.Dr.D.Srinivasan, Assoc. Prof. Dept. of Surgery, SDUMC
- Dr. Waseem Anjum, Asst. Prof. Dept. of Community Medicine, SDUMC
- Dr. Shilpa M D Asst. Prof. Dept. of Pathology, SDUMC

No. SDUMC/KLR/IEC/281/2022-23

Date: 20-07-2022

PRIOR PERMISSION TO START OF STUDY

The Institutional Ethics Committee of Sri Devaraj Urs Medical College, Tamaka, Kolar has examined and unanimously approved the synopsis entitled "Comparative evaluation of analgesic efficacy of transdermal patches of buprenorphine and fentanyl in management of postoperative pain after lower limb surgeries: A randomized controlled study" being investigated by Dr.S.P.Shruthi & Dr.Kiran N in the Department of Anaesthesiology at Sri Devaraj Urs Medical College, Tamaka, Kolar. Permission is granted by the Ethics Committee to start the study.

Member Secretary
Member Secretary
Institutional Einics Committee
Sri Devaraj Urs Medical College
Tumnha, Kolar.

Chairman CHAIRMAN Institutional Ethics Constants Sri Devano Urs Memeal College Tomaka, Kolar



SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION & RESEARCH

Tamaka, Kolar 563103

Certificate of Plagiarism Check

Title of the	COMPARATIVE EVALUATION OF	
Thesis/Dissertation	ANALGESIC EFFICACY OF TRANSDERMAL	
	PATCHES OF BUPRENORPHINE AND	
	FENTANYL IN MANAGEMENT OF	
	POSTOPERATIVE PAIN AFTER LOWER	
	LIMB SURGERIES	
Name of the Student	DR. S. P. SHRUTHI	
Registration Number	21AN1079	
Name of the Supervisor /	DR. KIRAN N.	
Guide		
Department	Anaesthesiology	
Acceptable Maximum Limit		
(%) of Similarity	10%	
(PG Dissertation)	The last contract the last contract to	
Similarity	7%	
Software used	Turnitin	
Paper ID	2409360780	
Submission Date	05/07/2024	

Shruthi

Signature of Student

Signature of Guide/Supervisor

Or. N. KIRAN

Professor

Dept. of Anaesthesiology

SDUMC, Tamaka, Kolar

KMC No. 62267

N. Suzah Kuma **HOD Signature**

> Professor And Head Department of Anaesthesiology Srl Devaraj Urs Medical College R.L. Jaluppa Hospital & Research Centre TAMAKA, KOLAR-563 101.

PG Co-ordinator Sri Devaraj Urs Medical College Tamaka, Kolar-563103

Senior Librarian ULLAC, SDUAHER Tamaka, KOLAR-563103



Digital Receipt

This receipt acknowledges that Turnitin received your paper. Below you will find the receipt information regarding your submission.

The first page of your submissions is displayed below.

Submission author: Dr. Shruthi SP

Assignment title: PG Dissertation - 2024

Submission title: COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF TRA...

File name: FENTANYL_IN_MANAGEMENT_OF_POSTOPERATIVE_PAIN_AFT...

File size: 4.27M

Page count: 63

Word count: 9,628 Character count: 45,773

Submission date: 05-Jul-2024 02:14PM (UTC+0530)

Submission ID: 2409360780

COMPARATOE IN ALEASON OF ANALESSIC DEBENEY OF DEANOGEDIAL PAYORS OF BETTER ORDERED AND EAST EAST.

AMBRESTATION

SCHUAHER ULLI Tamaka, OLAR-563103

Or. Professinsky zist

Copyright 2024 Turnitin. All rights reserved.

urnitin Originality Report	actic virgini		
Westerd to (\$1.62-2194 0.15 107			
) processings		Similarity by Source	
Red Charles Made	Sentincy Index	Separat Souries 359	
OMPARATIVE EVALUATION OF ANALGESIC FFICACY By Dr. Shruthi SP	7%	Fubications 5% (10 chart there is a chart there is a chart there is a chart there is a chart the	
include quoted] include bibliography.] [excluding matches < 10 wardsmixed.]	i) mode: quidi	vew stacces report v print reh	esh
1% match (Hemadip Tavethiya, "Compensor of Pustoperative A versus Bupivacame with Deximatermidine in Laparoscopic Surgerian Townships, "Comparison of Postoperative Analysis Liv. Burnariano with Deximatermidine in Laparoscopic Surgeries".	peries", Indian Iournal Intraperitoncal Inflira	of Ancithesia and Analgesia, 7020) tion of Buolyacaine worsks	
13% match (Internet from 15-Oct-2022) https://eimcm.com/article_19843_be7a4100074bf78.bu76ca14883355b1.adf			81
<1% match (Internet from 22-Sep-2022) https://esmcm.com/article_10390_ce20340ae5847b00abe4691	75feh7241.ndf		
<1% match (Internet from 18-Dec-2923) https://www.meduide.in/Anestheiology/Article/Volume138ssee	2/Anes 13 2 14.ndf		13
<1% match (Zenjir, Maryam, "Pain Management during and foll Network Mcta-Analyses,", University of Toronto (Canada), 2021 Zanjir, Maryam, "Pain Management during and following Endodl Analyses,", Conversity of Toronto (Canada), 2021.	i) polic Treatment: Syste	mostic Reviews and Retwork Meta-	
< 1% match (Rowena Murray, Sheena Holmes, "Partnerships in	staff development: An	institutional case-study", Studies i	n
Higher Education, 1997) Bownia Murray, Sheena Holmes, "Partnerships in staff develope Education, 1997.	ment: An institutional	rase-study", Studies in Higher	n
<1% match (student papers from 16-Nov-2020) Submitted to Amrita Vishwa Virivapeetham on 2020-11-16		samo	SIX
<1% metch (student papers from 03-Mar-2021) Submitted to Amrite Vishwa Vidvapeetham en 2021-03:03		ULLAC, SOUAT Tamaka, KOLAR-5	63103
<1% match (Internet from 26-Mar-2024) https://xdr.net/articles/PDF/17578/62119 CEFRall (QM) E(K	R) PF1(AG SS) PFA(A	AG KM) PNIKM).ndf	0
<1% match (Internet from 21-Feb-2023) https://www.ejmcm.com/article/20375/13930ech130e3adffh7		0	es.
<1% match (Internet from 21-May-2023) https://medicopublication.com/index.obs/fighted/artisle/view/1		Or - Print of Open Manageria With Port-Sile Postgraduate Institute of Nectical	W. P
<1% match (Internet from 23-Apr-2022) https://archive.org/stream/nesspad_gmail_Sd/sd_djyu.txt		<u>Q</u>	VESSOT SO
<1% match (student papers from 04-Nov-2022) Submitted to October University for Modern Sciences and Arts	(MSA) on 2022-11-04	or. er	ARBESTINAKE
<1% match (student papers from 14-Dec-2022) Submitted to Purdue University on 2022-12-14		Depun	WE NO.
<1% match (Kawarti, Jitendra N., "Comparison of Ultrasound- Infitration of Rophyacaide in Patients Undergoing Laparoscopic Education and Research, Chandigarh (India), 2024) Kwarti, Itendra N., "Comparison of Litrasound-Guided Paraw Boodyscelle in Patients Undergoing Laparoscopic Danor Nephe Research, Chandigarh (India), 2024	and a state of State Analogo	in With Port-Site Infiltration of	10
<1% match (student papers from 15-Aug-2022) Submitted to University of Brighton on 2022-08-15			a
<1% match (Internet from 03-Jun-2022) https://www.journaliar.com/ueloads/60160c356865e_HAR-34	988.ndf		n
<1% match (Vaidehi V. Paranjape, Heather K. Knych, Londo J. variables, thermal nociceptive threshold testing and pharmaco matrix-type patch in healthy adult horses", Frenkiers in Pain R vaidehi V. Paranjape, Heather K. Knych, Londo J. Berohaus, Je thermal nociceptive threshold testing and charmacokinetics du natch in healthy, adult horses", Frentiers in Pain Research, 202	esearch, 2024) essica Cathoart et al. " uring placement of tra	Evoluation of physical variables.	10
<1% match (Internet from 28-May-2023) https://www.courscherp.com/file/94524443/FIELD-ATTACHM TRAINING-CENTERdocs/	ENT-REPORT-CARRIED	D-OUT-AT-MASIANGA-AGRICUITURA	u_ m

ACKNOWLEDGEMENT

Dearest Almighty, thank you!

I am grateful for the path you've paved for me, which allowed me to follow and fulfil my dreams.

My sincere appreciation to my respected guide **Dr. Kiran N** for his unwavering guidance. His valuable suggestions, and kind encouragement throughout this study were immeasurable. His constant support, wise guidance, and prudent admonitions have empowered me to cultivate a profound comprehension of the subject.

I extend my heartfelt gratitude to **Dr. Suresh Kumar N**, the Head of the Department of Anaesthesiology. His steadfast guidance, practicality, a knack for solving the problems and ability to break complex ideas into simple terms taught me to think beyond the box.

I am sincerely thankful to the esteemed faculty members: **Dr. Ravi M, Dr. Sujatha MP, Dr.Dinesh, Dr. Lavanya K, Dr. Vishnuvardhan V, Dr. Sumanth T, Dr. Abhinaya M,** and **Dr.Ankitha S** for their insightful discussions during seminars and valuable suggestions. Their expertise and wisdom have significantly contributed to my personal and professional advancement. I appreciate their rigorous standards which challenged my thoughts and inspired me to improvise.

My heartfelt thanks to senior residents, and my super seniors and my seniors for their practical tips, advice and constant encouragement.

I express my sincere thanks to my colleagues and dearest friends **Dr. Sushmitha S, Dr. Haritha P, Dr. Sankiya Murugan, Dr. Radhika, Dr. Hazarath Nabi, Dr. Rukmini K, Dr. Ushasree, Dr. Revathi, Dr K Dinesh, Dr Harini Dev, Dr. Nagasobbanaa, Dr. Kushal SM, Dr. Arunseth C**, for their co-operation and help in carrying out this study. I thank my **Juniors** for providing useful tips and clues in completing this vast work.

I would like to express my deepest gratitude to my husband, **Hareesh Babu S** whose unwavering support, encouragement, and understanding have been invaluable throughout

this journey. Your patience, love, and belief in me have been my pillars of strength during

the many late nights and challenging moments.

I would like to thank my parents, SP Narender Swamy and V Sunitha for their

unwavering support, endless love, and constant encouragement have been the foundation

upon which I have built my academic and personal achievements. Your sacrifices and belief

in my potential have given me the strength to persevere through the most challenging times.

Thank you for instilling in me the values of hard work, dedication, and integrity.

To my elder sister, SP Snigdha your guidance, wisdom, and understanding have been a

source of inspiration and motivation throughout my journey. Your support and belief in me

have been invaluable, and I am deeply grateful for your constant encouragement and

advice.

I would like to extend my deepest gratitude to my brother-in-law Vijay Burri for being

more than just a brother-in-law; you have been a true brother to me.

My dearest niece **Krishika Burri** who brightens my day like the sun brightens the sky.

I would like to express my sincere gratitude to my in-laws, Dr. Ramesh Babu and

Prasanna Laxmi for their unwavering support and encouragement throughout this

journey. Your kindness and understanding have been a constant source of strength for me.

Lastly, I would like to extend my gratitude to the operation theatre nursing staff and

hospital workers for their assistance in conducting the study. My humble acknowledgement

to the patients and their next of kin for their cooperation during this research.

Place: Kolar

DR. SP SHRUTHI

ABBREVIATIONS

CNS - Central Nervous System

GRS - Graphic Rating Scale

mV - millivolt

Na+ - Sodium Ion

NaV - Voltage-Gated Sodium Channel

NRS - Numerical Rating Scale

PDI - Psychomotor Development Index

TDS - Transdermal Drug Delivery System

VAS - Visual Analogue Scale

VLBW - Very Low Birth Weight

VRS - Verbal Rating Scale

ABSTRACT

Background: "Postoperative pain management remains a significant challenge, as inadequate analgesic relief can delay rehabilitation, prolong hospital stays, and contribute to hemodynamic and psychosocial issues. Transdermal drug delivery systems (TDS) offer a non-invasive alternative to traditional needle injections, providing controlled drug release and enhanced patient compliance. Buprenorphine and fentanyl, two lipophilic opioid analgesics, have shown promise in various clinical settings for postoperative pain management.

Aim: This study aimed to compare the analgesic efficacy of buprenorphine and fentanyl transdermal patches in managing postoperative pain following lower limb surgeries.

Materials and Methods: A randomized controlled trial was conducted with 58 patients undergoing lower limb orthopedic surgeries under spinal anesthesia. Patients were randomly assigned to either Group A (buprenorphine transdermal patch, 20 μg·h-1, n=28) or Group B (fentanyl transdermal patch, 25 μg·h-1, n=28). Pain scores were measured using the Numerical Rating Scale (NRS) at 1, 2, 4, 8, 12 hours, and every 12 hours up to 72 hours postoperatively. Rescue analgesia was provided with diclofenac and tramadol if NRS >4. Statistical analysis was performed using SPSS v23.0, with a p-value <0.05 considered significant."

Results: The mean age and baseline vital parameters were comparable between the two groups (p>0.05). Complete blood picture, random blood sugar levels, and renal parameters showed no significant differences. NRS scores at various time points were similar between the groups (p>0.05). The need for rescue analgesia was comparable overall, but at the 4th hour, Group B (fentanyl) required significantly more rescue analgesia (21.4%) compared to Group A (buprenorphine) (3.6%).

Conclusion: Both buprenorphine and fentanyl transdermal patches effectively managed postoperative pain with similar efficacy in most measured intervals. However, buprenorphine was associated with a lower requirement for rescue analgesia at the 4th postoperative hour, suggesting a potential advantage in early pain management. Further research with larger sample sizes is necessary to confirm these findings.

Keywords: Postoperative pain, Transdermal drug delivery, Buprenorphine, Fentanyl, Analgesic efficacy, Rescue analgesia.

TABLE OF CONTENTS

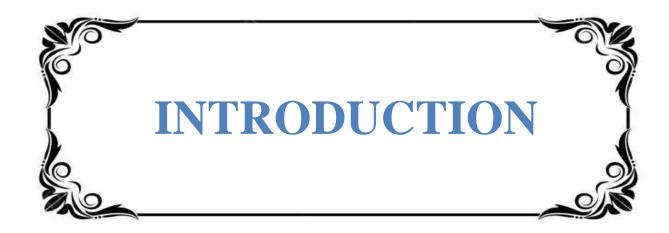
ABBREVIATIONS	XII
ABSTRACT	XIII
LIST OF TABLES	XVI
LIST OF FIGURES	XVII
INTRODUCTION	2
AIMS & OBJECTIVES	5
REVIEW OF LITERATURE	7
MATERIAL & METHOD	30
STATISTICAL ANALYSIS	35
RESULTS	37
DISCUSSION	47
SUMMARY	52
CONCLUSION	54
BIBLIOGRAPHY	56
ANNEXURE	63
MASTERCHART	73

LIST OF TABLES

Table 1: Comparison of the mean age among the groups	.37
Table 2: Comparison of the vital parameters among the groups	.38
Table 3: Comparison of the general physical examination findings among the groups	.39
Table 4: Comparison of the blood count, RBS and renal profile among the groups	.40
Table 5: Comparison of the NRS score among the groups	.42
Table 6: Comparison of the rescue analgesia among the groups	.44

LIST OF FIGURES

Figure 1: Structure and Configuration of voltage Gated Na+ Channel ¹³ 9
Figure 2: Primary afferent nociceptors
Figure 3: Pain Reflex
Figure 4: Graphic Rating Scale
Figure 5: Fentanyl structure Physio- chemical properties
Figure 6: anatomical view of skin
Figure 7: Comparison of the mean age among the groups
Figure 8: Comparison of the vital parameters between the groups
Figure 9: Comparison of the general physical examination findings among the groups39
Figure 10: Comparison of the blood count, between the groups40
Figure 11 : Comparison of the RBS among the groups41
Figure 12: Comparison of renal profile among the groups
Figure 13: Comparison of the NRS core among the groups
Figure 14 : Comparison of the rescue analgesia between the groups



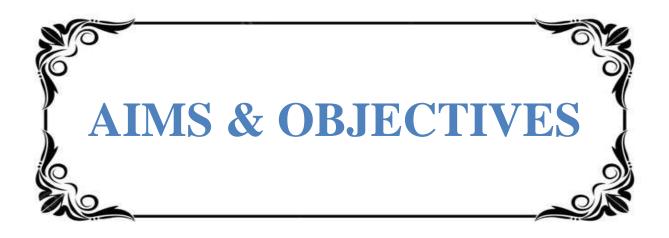
INTRODUCTION

Post operative pain management still remains as a challenging issue.¹ In adequate analgesic relief after surgery will lead to delayed rehabilitation, prolonged hospital stays, deranged hemodynamic variabilities and other psychosocial problems.²

Transdermal drug delivery system (TDS) as an alternative to conventional needle injections. TDS is a simple, painless, non-invasive method of drug delivery to the patients.^{3,4} Drugs like fentanyl, diclofenac, buprenorphine, scopolamine etc., can be used through transdermal route TDDS, offer a controlled release of the drugs through the skin of the patients, does not involve passage through the gastrointestinal tract thus by reducing the first pass metabolism, without interference drugs can be delivered from potential of hydrogen (pH), enzymes and intestinal bacteria and lesser systemic side effects.^{5,6}

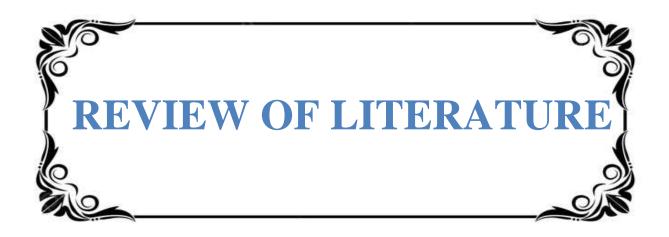
TDS improve the dosage efficacy by maintaining steady blood drug profiles throughout the treatment and enhance patient compliance. Buprenorphine and fentanyl are low molecular weight lipophilic opioid analgesics. Numerous studies have explored the effectiveness and safety of transdermal buprenorphine and fentanyl patches across various clinical settings, including postoperative pain management. These studies have reported favourable outcomes, including reduced pain intensity, decreased opioid consumption, and improved patient satisfaction. However, comparative studies directly assessing the analgesic efficacy of buprenorphine versus fentanyl transdermal patches specifically in the context of lower limb surgeries are limited. 9–11 Studies were done comparing transdermal buprenorphine and fentanyl patches with non-opioid analgesics using numerical rating scale (NRS) had stated that patients on opiods had enhanced pain relief, decreased pain intensity, and prolonged pain-free sleep, decreased need for rescue analgesia. 12

The present study aimed to examine the analgesic effectiveness of buprenorphine and fentanyl transdermal patch in management of pain following lower limb surgeries.



AIMS & OBJECTIVES

- > To compare the analgesic efficacy of buprenorphine and fentanyl transdermal patch in postoperative pain management using numerical rating scale (NRS)
- > The need for any rescue analgesia



REVIEW OF LITERATURE

Nerve anatomy and physiology¹³ Nerve signals move quickly to and from the central nervous system. Due to the action potential jumping between nodes of Ranvier, faster transmission takes place along myelinated fibres. These myelinated A fibres have different functions: $A\alpha$ fibres control skeletal muscles, $A\beta$ fibres transmit tactile sensations, $A\gamma$ fibres innervate muscle spindles, and $A\delta$ fibres transmit nociception and cold sensations. Autonomic pre-ganglionic nerves are carried out by myelinated B fibres, while slower non-myelinated C fibres convey a dull ache from the skin and organs.^{14,15}

The depolarization that follows nociceptors' stimulation opens voltage-dependent sodium channels, which are found in the membranes of neuron & cardiac cells. These channels have a complicated structure with one or two β subunits in addition to a big pore-forming α subunit. The α subunit is composed of four domains(I-IV), consisting of six segments(S1-S6) around a central channel shaped like a bell. Segments S5 and S6, together with the brief amino acid loops that link them, constitute the channel. Domains III and IV form a loop that creates the inactivation gate. Each domain's S4 section, which is the voltage-sensitive portion of the sodium channel , is made up of amino acids with positive charge, such as arginine or lysine. 16,17

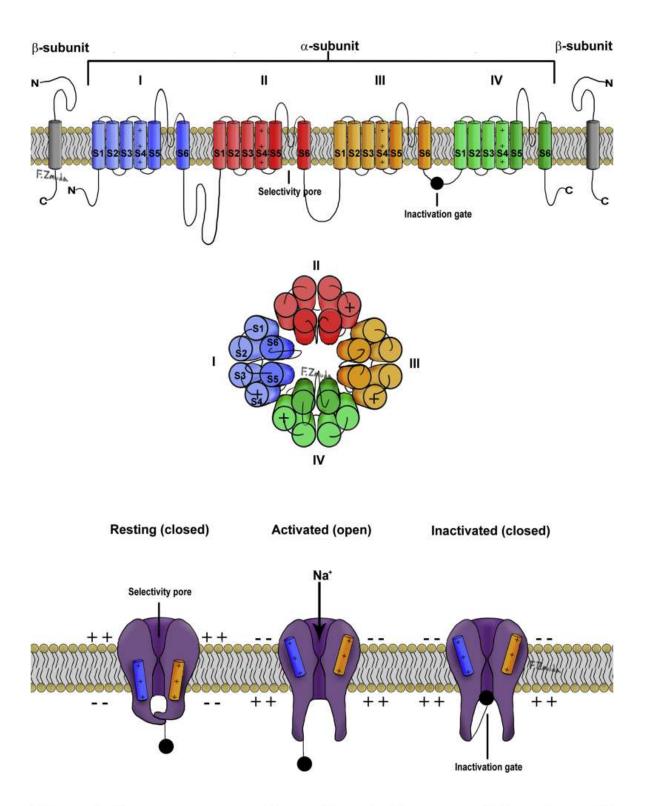


Figure 1: Structure and configuration of voltage gated Na+ channel¹³

There are three different structural states for the Na+ channel: open, inactivated, and resting. The membrane potential, which is determined by the outward migration of K+ ions along their concentration gradient, is approximately -70 mV in the resting state. In the meantime, negatively charged anions, mainly proteins, stay inside the cell, creating a transmembrane voltage that is referred to as the resting membrane potential. The S4 segments are oriented downward during this phase, which makes the channel nonconductive.

An outward spiral spin of the S4 segments causes the Na+ channels to open upon depolarization, allowing a fast inflow of Na+ ions along both chemical and electrical gradients. Channel inactivation results from this action's exposure of the inactivation gate's receptor location, which is situated between domains III and IV. To return to the resting state from the inactivated state, the channel must undergo repolarization of the cell membrane.¹⁸

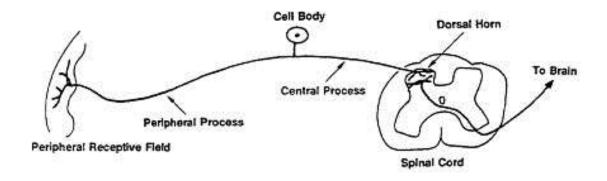


Figure 2: Primary afferent nociceptors

Via certain ion channels, "nerve impulse propagation causes fast inward migration of Na+ions and outward movement of K+ions. An action potential is triggered by a fast influx of positive Na+ions through voltage-gated Na+ channels when the membrane potential hits a threshold of -55 mV. This potential peaks at +40 mV. After that, the sodium channel is

inactivated and K+ ions are ejected, causing the neuron to repolarize and go back to resting." Subsequently, the Na+/K+ pump functions to replenish the electrochemical gradients that are necessary to preserve the membrane potential at rest. ¹⁸

There are ten genes responsible for encoding voltage-gated Na+ channels. These channels are all vulnerable to blockade by local anaesthetics. The expression of Na+ channel genes varies across different tissues, indicating differential distribution and function within the body. ¹⁸ For instance, NaV1.7 and NaV1.8 Na+ channels exhibit high expression levels in sensory neurons. In contrast, NaV1.5 channels are primarily located in cardiac cells, as well as in metastatic cells of breast and colon cancers.

PAIN

"Pain is an unpleasant side effect that is linked to substantial physiological and psychological changes that occur both during and after surgery. 19 This may be resolved with the right medications and methods. There are distinct benefits to using regional anesthetic treatments for both stand-alone anesthesia and as an adjuvant analgesic for postoperative and intraoperative care." The typical method of providing anesthesia for surgeries involving the arms, forearms, and hands is the brachial plexus block. The patient may have paraesthesia in the arm, forearm, hand, or fingers at this point. This is necessary to establish an adequate block. The needle tip should be in touch with or near to a nerve. For upper limb procedures, brachial plexus blocking is a tried-and-true anesthetic approach. 20 The supraclavicular method is thought to be the most straightforward and successful of the brachial plexus block techniques. Kulenkampff carried out the first supraclavicular brachial plexus block in 1912. 21

Pathway: "The four main processes are transduction, transmission, modulation, and perception. Transduction is the process by which tissue-damaging stimuli cause nerve terminals to fire. Transmission refers to the relay systems that move the message from the location of tissue damage to the areas of the brain that support perception. A recently discovered brain function called modulation works specifically to reduce transmission system activity. The subjective awareness that results from sensory input is called perception, and it involves combining many sensory cues to form a coherent and meaningful whole. The process of perception is complex and involves several different processes, including expectation, interpretation, and attention."

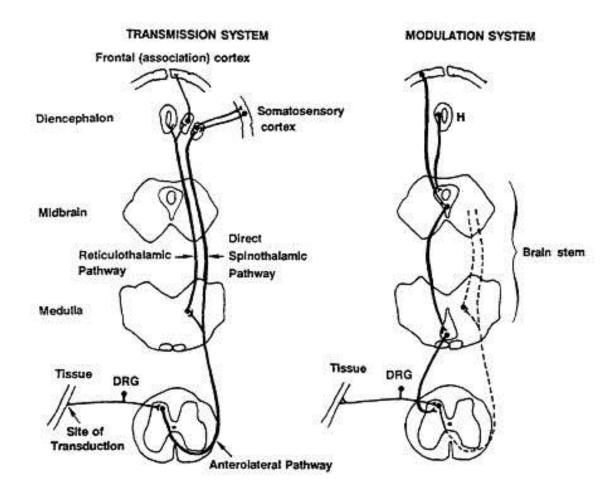


Figure 3: Pain reflex

A diagram illustrating the key brain structures involved in the perception of pain. Transduction(bottom left) is the first step in the process that leads to pain perception in the transmission system, where a harmful stimulus triggers nerve impulses in the primary afferent nociceptor. The main afferent nociceptors in the spinal cord connect the central pain-transmission cells with these impulses. Central pain-transmission cells either directly or indirectly, through the spinothalamic tract, the reticular formation, and the reticulothalamic pathway, relay the message to the thalamus. The thalamus sends the message to Cerebral cortex. The pain-modulation system (H) receives information from the hypothalamus and the frontal association cortex. The outflow lowers the intensity of perceived pain by inhibiting pain-transmission cells in the dorsal horn of the spinal cord after passing via the midbrain and medulla.

PAIN ASSESSMENT²²

VISUAL ANALOGUE SCALE OR GRAPHIC RATING SCALE

"The Visual Analogue Scale (VAS) is a straight line with edges that represent extreme limits such as "no pain at all" and "pain at its worst possible level". The patient is asked to draw a line between two points and indicate their level of pain. The patient's suffering is measured by calculating the distance between 'no pain at all' and the given mark. Freyd utilised this method for the first time in psychology in 1923. When descriptive phrases such as "mild", "moderate", or a number scale are added to the VAS, it is referred to as a Graphic Rating Scale (GRS). When compared to the 5- and 20-cm variants, a line-length of 10 or 15 cm demonstrated the smallest measurement error and appears to be the most practical for responders." 23,24

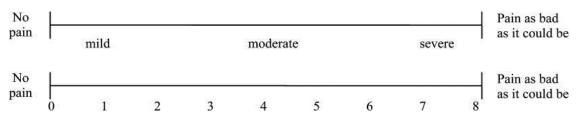


Figure 4: Graphic rating scale

The distribution of answers was fairly balanced because "patients with limited experience with a GRS with numbers 1–20 beneath the line favoured the numbers 10 and 15, whereas patients with competence ignored the numbered scale and showed no preferences. To create analogous observations, descriptive language was employed. Numerous experiments have demonstrated that VAS and GRS are sensitive to treatment effects. ^{25,26} They were found to correlate favourably with other self-reported pain intensity measures. ²⁷ Furthermore, the difference in pain intensity evaluated by VAS at two separate periods in time indicates the true difference in magnitude of pain, which appears to be the main benefit of this instrument over others. This ratio, however, is more reliable at the group level than at the individual level."²³

NUMERICAL RATING SCALE

In a Numerical Rating Scale (NRS), "patients are prompted to select a number from a predetermined range, "typically between 0 and 10, 0 and 20, or 0 and 100, to indicate their pain intensity. Zero typically represents 'no pain at all', while the upper limit signifies 'the worst pain imaginable'." Unlike the Visual Analog Scale (VAS) or Graphic Rating Scale (GRS), where the position along a continuous line is significant, in the NRS, only the numerical values themselves hold importance. This indicates that there are just 11 potential answers for an NRS of 0–10, 21 for an NRS of 0–20, and 101 for an NRS of 0–100. As a

result, the VAS/GRS potentially gives an infinite number of possible answers, whereas the NRS permits a less subtle separation of pain levels."²³

Numerical rating scales and other pain-assessment tools have demonstrated strong relationships in several studies. Additionally, its compliance and usefulness have been shown. ²³ NRS can be used in telephone interviews as it can be given verbally. Findings, unlike VAS/GRS data, cannot always be regarded as ratio data. ^{27–29}

VERBAL RATING SCALE

In this scale (VRS), various adjectives are employed to articulate different degrees of pain intensity. The individual is prompted to select the adjective that most closely aligns with their existing pain level. Like the "Visual Analog Scale (VAS), two endpoints are established, typically 'no pain at all' and 'extremely intense pain'. Between these extremes, a series of adjectives are positioned to represent varying levels of pain severity, arranged in order of increasing intensity. Clinical trials commonly utilize VRS with four to six points. Another variation of the VRS is the behavioural rating scale, where different pain levels are described through sentences containing behavioural cues."

PHARMACOLOGY OF BURENORPHINE³¹

The synthetic opioid buprenorphine is used to treat both opioid use disorder and pain. It debuted in the latter part of the 1960s. It is a synthetic version of the alkaloid component called thebaine, which is present in poppy flowers. Because it is a schedule III substance, there is a chance of both significant psychological reliance and moderate to low physical dependence. ^{32–34}

The FDA has authorized buprenorphine for the treatment of opioid addiction, acute pain, and chronic pain. It is an agent used in agonist substitution therapy, an addiction treatment approach that substitutes a drug (such methadone or buprenorphine) with a stronger full agonist opioid (like heroin). The doctor will then progressively cut back on the alternative, allowing the patient to taper off the opiates with little difficulty. The patient may concentrate on therapy rather than uncomfortable withdrawal symptoms with the help of buprenorphine substitution therapy.

Indication

To address the needs of opioid-dependent patients who cannot use methadone due to contraindications or lack of accessibility to methadone facilities or healthcare providers, buprenorphine may be a viable alternative. This option becomes particularly relevant when there is a prolonged waitlist exceeding three months for enrolment in a methadone clinic.

Furthermore, individuals who are intolerant to or have not responded well to methadone treatment may also find relief with buprenorphine therapy.

Moreover, buprenorphine may be advantageous for individuals with a relatively short history of opioid dependence or those requiring lower doses of opioid agonists, potentially offering effective management for their condition.

Mechanism of action

Since buprenorphine only partially stimulates opiate receptors, it is only a partial agonist at the mu receptor. "Additionally, it is a little agonist of the delta receptor and antagonist of the kappa receptor. It has effects on the central nervous system and is a potent analgesic

(CNS). One characteristic that sets buprenorphine apart is its partial agonism at the mu receptor. One of its many unique characteristics is that, at higher dosages, its analysesic effects become antagonistic as opposed to plateauing at all." When it comes to agonist replacement treatment for addiction, buprenorphine is safer than methadone since it has a ceiling effect on respiratory depression.

"Buprenorphine exhibits delayed dissociation kinetics and a strong affinity for mu-opioid receptors. This is how it varies from other full-opioid agonists like morphine and fentanyl, enabling the patient to experience less severe and milder withdrawal symptoms."

Because of the first-pass effect, buprenorphine has a limited bioavailability when taken orally. Most of the drug is metabolized in the stomach and liver. Sublingual administration is the method of delivery. The first pass effect is avoided, and the absorption happens quickly. When the tablet is put beneath the tongue, its effects become more pronounced three to four hours after intake. Buprenorphine is changed by cytochrome CYP 34A enzymes into norbuprenorphine, an active metabolite with little intrinsic action. After sublingual administration, average half-life of buprenorphine is 38 hours, ranging from 25 to 70 hours. Higher levels of buprenorphine may be produced by medications that efficiently block the enzyme 3A4, for instance ketoconazole or protease inhibitors, whereas lower levels may be produced by medications that activate this enzyme such as carbamazepine, topiramate, phenytoin, or barbiturates.

Adverse effects

Buprenorphine has anticholinergic like actions and may produce central nervous system depression, hypotension, QT prolongation, and reduced seizure threshold. Other adverse effects of buprenorphine include nausea, vomiting, drowsiness, dizziness, headache, memory loss, sweating, dry mouth, miosis, orthostatic hypotension, sexual side effects, and urine retention.

Contraindication

Hypersensitivity to buprenorphine is the only real reason not to use it. When used in patients with gastrointestinal obstruction or respiratory depression, it should be utilized carefully.

Additionally, individuals who are currently using full opioid agonists, such heroin or morphine, should not take buprenorphine since this might undermine the purpose of administering buprenorphine by causing a fast withdrawal. It is not necessary to modify the dose of buprenorphine in patients with renal impairment. For those with hepatic impairment, the dosage needs to be lowered in order to prevent toxicity.^{35–37}

Toxicity

The patient must be evaluated for buprenorphine toxicity on a frequent basis. Vital signs should be taken, and the patient's general physical and mental health state should be assessed. If the patient seems sluggish or drunk, the practitioner should not provide buprenorphine. In rare situations, the pharmacist may be required to withhold the

buprenorphine dosage. Patient safety must be prioritised, hence these measures must be communicated to the healthcare practitioner.

PHARMACOLOGY OF FENTANYL³⁸

"Fentanyl is a synthetic, lipophilic phenylpiperidine opioid agonist with analysis and anaesthetic properties. First synthesized by Paul Janssen in 1960 by assaying analogues of the structurally related drug pethidine." ³⁹

Chemical name: "N-phenyl-N-[1-(2-phenylethyl)-4-piperidinyl] propanamide."

Chemical structure:

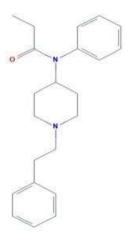


Figure 5: Fentanyl structure Physio- chemical properties

- Pka –8.99
- Molecular weight -336.5g/ml
- Molecular formula–C22H28N2O
- Protein binding -80%

Uses

- Premedication
- Patient controlled analgesia

- Pain management
- Adjuvant to regional anaesthesia

Preparations and storage

- Available as 100mcg/2ml and 500mcg/10 ml ampoules
- Transdermal patches
- Lozenges for children

Fentanyl is potent agonist at μ opioid receptors. is a common anaesthetic agent that is around 100 times more effective than morphine. "It causes moderate drowsiness and has a quick onset and short half-life (20–30 minutes) when administered intravenously in modest dosages (1 mcg/Kg). On the other hand, fentanyl has been used as the only anaesthetic drug in cases when large dosages (50–150 mg/kg) result in deep drowsiness and unconsciousness, however awareness has been documented throughout operation." High dosages may cause the chest wall's muscles to become stiff.

Similar to other opioid analgesics, "fentanyl depresses breathing in a way that is dose-dependent. Even at large dosages, the medication causes cardiovascular stability, albeit bradycardia can happen and may need atropine therapy. The stress reaction to surgery is also lessened or eliminated by high dosage fentanyl anaesthesia."

Action duration: Fentanyl passes the blood-brain barrier quickly due to its high lipid solubility, and its concentration in the central nervous system often matches its plasma concentration (with a five-minute delay). Its duration of action is brief at low dosages (1-2 mcg/Kg) because during the distribution phase, plasma and CNS concentrations drop below an effective level. As a result, the effects are recovered from quickly. On the other hand following large or numerous Fentanyl dosages, the distribution phase ends while the Fentanyl plasma concentration remains over the minimally effective threshold. The drug's

duration of action is greatly prolonged, and recovery from its effects is contingent upon its comparatively sluggish clearance from the body. Under these conditions, severe respiratory depression might persist for a few hours after surgery.⁴⁰

Pharmacokinetics:

"There is considerable inter-individual variation in the pharmacokinetics of Fentanyl. After an intravenous bolus dose, plasma concentrations decline rapidly (distribution half-life approximately 13 min). Its terminal half life is 3-4 hours in normal subjects, but may be as long as 7-8 hours in some patients. The volume of distribution is relatively large (approximately 4 L/Kg) due to its high lipid solubility and extensive uptake by tissues and clearance is slightly less than hepatic blood flow. Fentanyl is predominantly metabolized by N-dealkylation and hydroxylation in the liver, and metabolites can be detected in blood within 1-2 minutes. Approximately 70% of the drug is excreted in urine as inactive metabolites over severaldays."

Adverse effects

- Nausea and vomiting
- Constipation
- Respiratory depression
- Dry mouth
- Retention of urine
- Itching

TRANSDERMAL DRUG DELIVERY SYSTEM

Univariate and multivariate hierarchical linear analyses identified perinatal risk factors associated with "poor developmental scores (MDI or PDI) in 8517 very low birth weight (VLBW) infants. Factors such as father's education level, teenage pregnancy, multiple pregnancies, infant's gestational age, gender, low birth weight (<999 gm), neonatal intensive care unit stay duration, and presence of various diseases were linked to poor developmental outcomes. Additional risk factors for adverse PDI scores included polyhydramnios, emergency caesarean delivery, birth weight <1250 gm, and periventricular/intraventricular haemorrhage stage I-II. Despite a considerable number of infants showing low MDI or PDI scores below 55 at 24 months, six-month assessments had limited predictive ability for outcomes at 24 months, with sensitivity and positive predictive values below 60% and specificity and negative predictive values exceeding 85%."

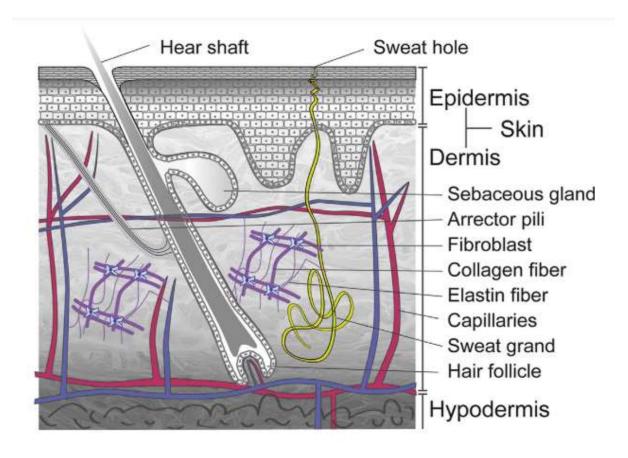


Figure 6: Anatomical view of skin

The permeability of drugs through the skin layers can be influenced by factors such as gender and overall health. The stratum corneum, consisting of hardened, flattened, and stacked dead cells with a thickness of 10–20μm, acts as a waterproof barrier. This barrier function poses a significant challenge for the penetration of hydrophilic drugs, as the stratum corneum consists predominantly of proteins (79%–90%) and lipids (5%–15%). Additionally, the stratum corneum restricts the permeation of larger drug molecules into the epidermis, particularly those exceeding 500Da in size. Moreover, the stratum corneum plays a role in regulating natural water loss through skin, maintaining pH levels, and controlling temperature. These functions include water evaporation rates ranging from 5–30 g/m2 h, pH levels between 5.0–5.4, and temperatures of 31–33°C.

In recent times, Transdermal Drug Delivery (TDD) has become increasingly utilized for treating various diseases with transdermal drugs available on the US market. However, the barrier function of the epidermis limits the penetration of transdermal drugs due to their relatively large molecular weight, typically restricting them to molecular weights smaller than 500Da. Since the flux of transdermal drugs is inversely proportional to their molecular size, an ideal molecular size for TDD is typically less than 400. Generally, transdermal drugs exhibit poor absorption via oral medication, resulting in low bioavailability. Consequently, the topical method has been adopted to enhance drug efficacy, even though transdermal drugs may offer higher bioavailability due to other benefits such as long-term healing and self-medication management.

Furthermore, the partition coefficient (Pow) also plays a crucial role in transdermal drug delivery, indicating the drug's solubility or lipophilicity (hydrophobicity). The partition coefficient is defined as follows:

$$\log P_{ow} = \log \frac{C_o}{C_w}$$

In this context, "Co and Cw represent concentrations in oil and water solutions, respectively. The partition coefficient (Pow) of chemicals is determined experimentally using chromatographic instrumentation, such as funnel extraction and high-pressure liquid chromatography. A log Pow of 1.0 indicates that the drug's solubility is 10 times greater in a lipophilic solution (such as octanol) compared to water."

Lipophilic compounds are usually administered transdermal because cell membranes are compatible with oil/water interfaces. Cell membranes consist of phospholipid double layers (lipid bilayers), which preferentially pass lipophilic drugs over hydrophilic ones because of the lipophilic nature of the cells.

Various articles discussing the transdermal patch of buprenorphine and fentanyl in management of postoperative pain;

In a study by Prausnitz MR et al in 2008 has stated that "transdermal drug delivery has achieved its potential as an alternative to oral and hypodermic injections. First generation transdermal delivery system is used for delivery of small lipophilic low dose drugs. Second generation uses iontophoresis for control delivery rates. Third generation uses microneedles, thermal ablation, electroporation methods." Using these novel strategies transdermal delivery has increased its impact on medicine.²

In a study conducted by Arshad Z et al., (2015) to assess the transdermal buprenorphine and fentanyl for postoperative pain. While none of the patients in Group B needed rescue analgesics, five out of thirty patients (16.7%) in Group A needed a single dosage. Despite this, the necessity for rescue analgesics did not change statistically significantly (p-value 0.0522). The majority of patients (20%) in the fentanyl group and 16.7% in the buprenorphine group reported experiencing adverse effects, with nausea and vomiting accounting for the majority of these cases. In the buprenorphine and fentanyl groups, the incidence of nausea and vomiting was 6.7% and 10%, respectively. Transdermal fentanyl and buprenorphine systems were both generally safe and successful in managing postoperative pain. But fentanyl was discovered to be better in this area than buprenorphine.

In a study by Oh CS et al., (2015) to assess the effect of nefopam versus fentanyl based patients controlled analgesia. "The study involved 94 patients and compared the effects of two patient-controlled analgesia (PCA) regimens: one using nefopam and the other using fentanyl. Results showed that the group using nefopam had significantly lower incidences and severity of postoperative nausea and vomiting (PONV) and Rhodes index scores compared to the fentanyl group across all measured times. Specifically, 24 hours after post-anaesthesia care unit (PACU) discharge, the nefopam group had a lower incidence of PONV and severity, along with lower Rhodes index scores compared to the fentanyl group. There was no significant difference in postoperative pain between the two groups. Dry mouth was more frequent in the nefopam group initially but decreased over time, resulting in a lower incidence after 24 hours". Overall, using a PCA regimen with nefopam provided similar pain control and better PONV outcomes compared to fentanyl, with no adverse events reported. 42

Study by Gujjar P et al., in 2017 have stated that drug delivery system has been noted newer systems with controlled release, target controlled infusion. Applying pharmacokinetics principles could improve safety and keep the body's drug levels constant.⁸

Desai S et al., (2017) conducted a randomized control trial study to assess the safety of transdermal buprenorphine versus the oral tramadol. "Resting pain scores and pain during movement were consistently lower in the Transdermal Buprenorphine (TDB) Group compared to the Oral Tramadol (OT) Group over the course of seven days, beginning 24 hours after surgery. Additionally, the need for rescue analgesics was significantly lower in the TDB Group compared to the OT Group. While all patients in the OT Group required rescue analgesics, only 68% of patients in the TDB Group needed them. Moreover, the

incidence of vomiting was lower, and satisfaction scores were markedly higher in the TDB Group compared to the OT Group (79% vs. 66%, P < 0.001). These findings suggest that transdermal buprenorphine can be safely used for post-operative pain management and is more effective in reducing post-operative pain after 24 hours, with fewer side effects compared to oral tramadol." ⁷

In a randomized control trial study conducted by Oliashirazi A et al., (2017) Fentanyl infusion transdermal system (ITS) significantly enhanced overall patient mobility, as well as each aspect of mobility (with a p-value less than 0.0001) across various patient demographics (such as gender, age, BMI categories), and types of surgeries. This improvement was consistent across assessments conducted by both nurses and physical therapists. The incidence of treatment-emergent adverse events (TEAEs) was generally comparable between the two treatment groups. In contrast to fentanyl intravenous PCA, a greater percentage of patients had TEAEs associated with opioids when receiving intravenous morphine patient-controlled analgesia (PCA) (p-value: 0.003). In conclusion, fentanyl ITS's increased mobility indicates that problems are probably less common than with intravenous and epidural PCA. By include this strategy in postoperative pain treatment guidelines, hospital expenses and length of stay (LOS) might be decreased. ⁴³

In a systemic review conducted by Machado FC et al., (2020) to assess the role of transdermal buprenorphine for acute postoperative pain. Studies examining the use of transdermal buprenorphine in the perioperative setting typically commence administration 6 to 48 hours before surgery, continuing for 1 to 28 days post-procedure. Although the frequency of side effects varies throughout research, most suggest that using buprenorphine does not significantly increase the risk of drug-related adverse effects, with the exception

of comparisons with transdermal fentanyl and oral tramadol. It's crucial to remember, though, that a large number of these conclusions are predicated on data that has a high or ambiguous risk of bias overall. In summary, preliminary data indicate that transdermal buprenorphine may be a feasible and secure opioid treatment alternative for immediate postoperative pain, even if more investigation is necessary. 44

In a study by Khandelwal H et al., (2021) to assess the analgesic efficacy of buprenorphine transdermal patch and fentanyl patch. "A final analysis was performed on 150 of the 175 patients who were originally tested; baseline characteristics were similar for all three groups. At different times after surgery, Group 3's median Numeric Rating Scale (NRS) score was found to be considerably lower than the other groups (the Kruskal-Wallis test yielded a p-value < 0.05). Furthermore, without a discernible rise in adverse events, Group 3 demonstrated the lowest overall intake of the postoperative rescue analgesic diclofenac. In conclusion, applying a 20 μ g·h-1 buprenorphine patch 12 hours before to arthroscopic lower limb surgery has been shown to be an effective postoperative analgesic with no appreciable side effects." ⁴⁵

In a study conducted by Kauser D et al., (2022) to assess the transdermal buprenorphine patch versus transdermal fentanyl patch for postoperative analgesia. With a p-value of 0.0005, the results showed significant VAS values at the fourth hour for Group B and the eighth hour for Group F. With six patients in Group F and two in Group B, pruritus was more common in Group F than in Group B—a statistically significant difference. Additionally, although this difference was not statistically significant, Group F needed more antiemetic medicine and experienced a greater incidence of nausea and vomiting. In summary, the buprenorphine patch outperformed the fentanyl patch for managing

postoperative pain following lower limb arthroscopic surgeries, and no increase in hemodynamic instability or adverse effects was noted. 46

In a study by Mythili N et al., (2022) to study the efficacy of transdermal buprenorphine patch in postoperative pain. The study found that the "mean Visual Analogue Scale (VAS) score was higher in females (4.4) compared to males (3.9), indicating potentially greater effectiveness of the patch in males. Trauma patients had a mean VAS score of 3.9, while pathology patients had a mean VAS score of 4.1. About 36% of patients required additional analgesics due to VAS scores exceeding 5, with varying percentages across age groups: 20% in the 20–30 age group, 66.7% in the 31–40 age group, no patients in the 41–50 age group, and 13.3% in the 51–60 age group. Furthermore, 24% of female patients required additional analgesics compared to 12% of male patients, and 21.6% of pathology patients required additional analgesics compared to 8.2% of trauma patients.

The study demonstrated a sensitivity of 94.1% and specificity of 33.3%. In conclusion, buprenorphine displayed high analgesic potential, a favourable safety profile, ease of opioid switching, and reversibility by μ -antagonists. Its transdermal administration was cost-effective and associated with increased patient compliance and ease of handling, with fewer adverse effects, indicating good efficacy in postoperative pain management." ⁴⁷



MATERIAL & METHOD

Source of data This study was conducted among patients undergoing lower limb surgeries done under spinal anaesthesia without any adjunct at R.L.Jalappa Hospital and Research Centre attached to Sri Devaraj Urs Medical College, Tamaka, Kolar during the period from September 2022 – December 2023

Study Design: Randomized control trial.

Sample Size: 56

Duration of study: 16 months

Sampling Method: Computerized random sampling

Sample size estimation: According to previous studies P=16.7 Q = (100-P) = 83.3 Sample

size = 4PQ/L2 = 4x16x83.3/100 = 55.64 n = 55.64/56

FORMULA: $n = 2sp \ 2 \ [z1-\dot{\alpha}/2+z1-\beta] \ 2 \ \mu d \ 2 \ sp \ 2 = s1 \ 2 + s2 \ 2 \ 2$

Where, s1 2= Standard deviation in the first group

s2 2= Standard deviation in the second group

μd 2= Mean difference between the samples

 $\dot{\alpha}$ = Significance level 1- β = Power

30

Inclusion Criteria

- Age 18 to 60 years
- Individuals receiving spinal anaesthesia for orthopaedic procedures for lower limbs.
- ASA 1 and 2

Exclusion Criteria

- > Chronic alcoholics
- ➤ Hepatic disease and renal disease
- > Taking opioids, NSAIDS or any pain medication for more than 3 months
- ➤ Chronic pain syndrome
- ➤ On antiepileptics or antidepressants
- ➤ Undergoing emergency operation, pregnancy, malignancy.

Sampling procedure

- ➤ Patients undergoing lower limb orthopaedic surgeries under spinal anaesthesia were randomly selected.
- ➤ Informed consent was taken from the patients.
- Result values were recorded using a proforma.
- ➤ The patient's complete medical history was obtained
- ➤ A comprehensive physical assessment was conducted.
- ➤ Routine investigations were checked.
- > Intravenous line was secured and IV fluids was connected.

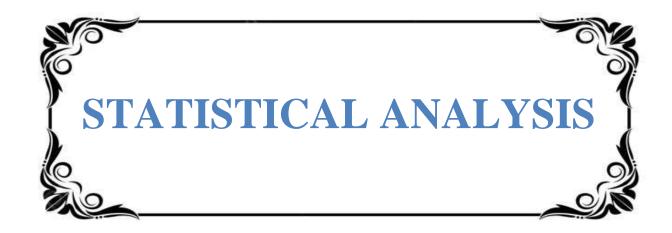
- Patients were divided into two groups randomly, 28 in Group-A and 28 in Group-B
- Froup A: Buprenorphine transdermal patch of 20 μg·h-1 was applied on prepared areas of the right upper arm.
- For Group B: Fentanyl transdermal patch of 25 μg·h-1 was applied on prepared areas of the right upper arm.
- All the patients received subarachnoid block in sitting or lateral position using 0.5% bupivacaine heavy without any adjunct.
- Intraoperative monitoring and fluids are given as per the ASA protocol to maintain heart rate and mean arterial pressure within +/-20% of baseline.
- All patients were analyzed for post operative pain (using NRS), after surgery in postoperative room at 1,2,4,8 and 12 hrs. After 12 hrs. the patients were assessed at 12 hourly intervals up to 72 hrs. The patients who had NRS >4 was given diclofenac 75 mg slow intravenous as rescue analgesia. If the pain persisted or NRS >4 within 6 hrs. of last dose of diclofenac then the patients were given tramadol 50 mg intravenous. Ondansetron 4 mg intravenous was given to the patients who complained of nausea and vomiting.

Parameters to be observed

- Pain scores was measured and compared using Numerical analogue scale (NRS) which was recorded at 1hr, 2 hr, 4 hr, 8 hr, 12 hr and after 12 hourly the patient was assessed up to 72 hrs
- > Postoperative 1st rescue analgesia dose and time, hemodynamic variability like heart rate and mean arterial pressures was noted

Does the study require any investigation or intervention to be conducted on patients or other humans or animals? If so, please describe briefly. No intervention on animals required.

Routine investigations will be done. No special investigations required.



STATISTICAL ANALYSIS

"All the collected data were entered in excel sheet and analysed using SPSS v23.0. the data were summarised as mean, standard deviation, frequency and percentage. The summarised data were compared using unpaired t-test for continuous data and for categorical data using chi-square test. The data were represented with help of tables, figures and bar diagram. For all statistical purpose a p-value of <0.05 was considered statistically significant."



RESULTS

Present study included total of 56 patients, divided into two group with 28 in group A and 28 patients in group B.

Table 1: Comparison of the mean age among the groups

	Group A		Grou	p-value	
Mean SD		Mean	Mean SD		
Age	30.4	11.7	28.8	10.0	0.574

The mean age of patients in both the groups were comparable with no significant

difference noted. (p>0.05)

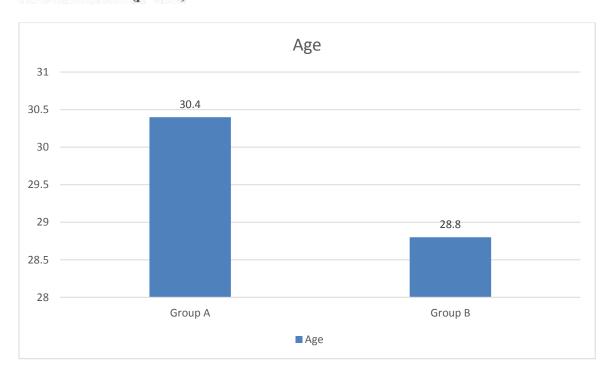


Figure 7: Comparison of the mean age among the groups

Table 2: Comparison of the vital parameters among the groups

	Group A		Group	p-value	
	Mean	SD	Mean	SD	
PR	92.3	8.5	94.7	8.5	0.29
RR	16.2	1.7	16.2	1.8	0.98
SBP	125.1	8.9	126.2	9.6	0.66
DBP	79.7	6.8	79.6	7.2	0.93

On assessment of the baseline vital parameters, there is no noticeable difference among the groups. (p>0.05)

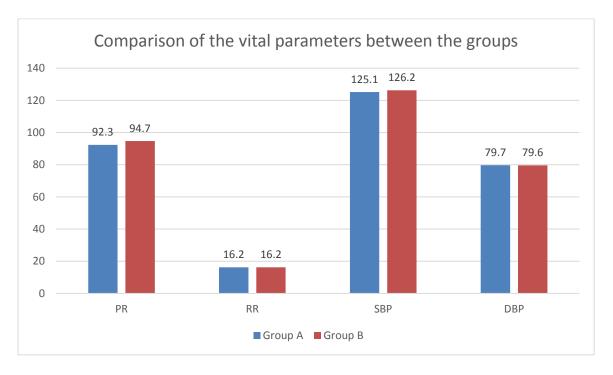


Figure 8: Comparison of the vital parameters between the groups

Table 3: Comparison of the general physical examination findings among the groups

		Group A		Group B		p-value
		Count	N %	Count	N %	
General examination	Norm	27	96.4%	27	96.4%	1.1 (0.99)
findings	al					
	Pallo	1	3.6%	1	3.6%	
	r					

On general physical examination, pallor was seen in 1 patient in both the groups.

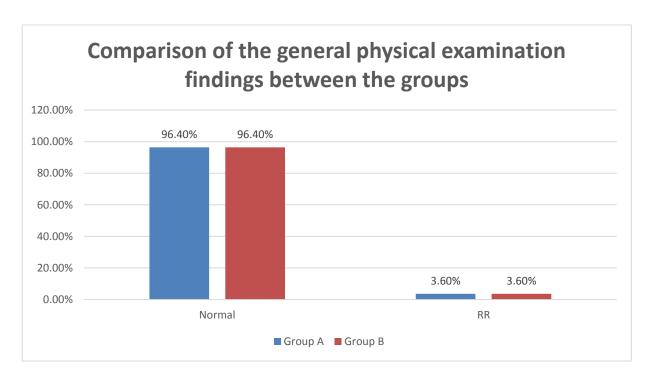


Figure 9: Comparison of the general physical examination findings among the groups

Table 4: Comparison of the blood count, RBS and renal profile among the groups

	Group A		Group B		p-value
	Mean	SD	Mean	SD	
НВ	13.5	4.6	13.7	3.6	0.83
WBC	13.29	24.62	8.95	17.99	0.45
Platelet	99.0	76.3	87.8	63.6	0.55
RBS	107.6	17.8	115.3	24.2	0.18
Blood urea	14.9	2.7	15.1	3.0	0.85
S Creatinine	.9	.2	1.0	.2	0.15
Sodium	139	3	139	3	0.82
Potassium	4.06	.59	4.22	.81	0.37

The complete blood picture parameters such as hemoglobin level, WBC, platelet were found to be comparable among the groups.

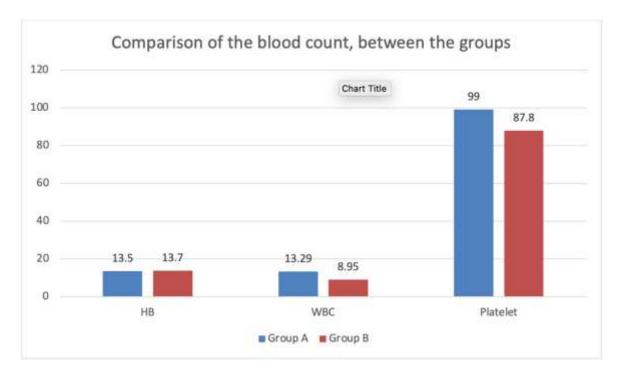


Figure 10: Comparison of the blood count, between the

The random blood sugar level was found to be comparable between two groups.

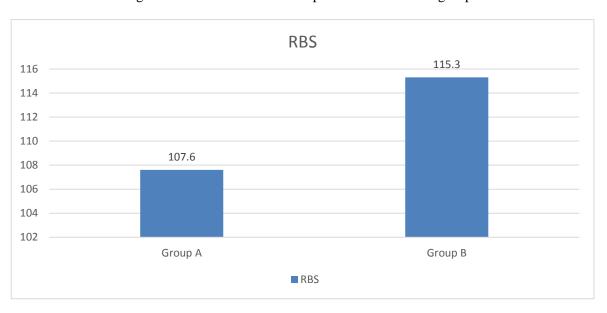


Figure 11 : Comparison of the RBS among the groups

The renal parameters such as urea, creatinine and electrolytes were found to be comparable with no noticeable difference noted among the groups.(p>0.05)

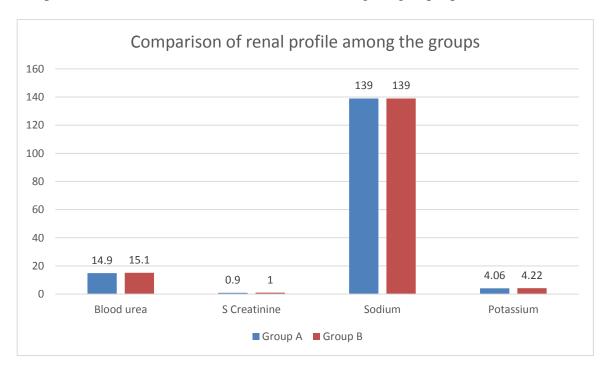


Figure 12: Comparison of renal profile among the groups

Table 5: Comparison of the NRS score among the groups

NRS	Group A		Grou	p-value	
	Mean	SD	Mean	SD	
Immediate	8.2	.4	8.2	.4	0.74
1hr	8.2	.4	8.2	.4	0.74
2hr	6.6	.5	6.6	.5	0.99
4hr	4.6	.5	4.6	.5	0.59
8hr	4.5	.5	4.6	.5	0.59
12hr	4.5	.5	4.6	.5	0.61
24hr	4.5	.6	4.6	.6	0.64
36hr	2.2	.4	2.2	.4	0.74
48hr	2.7	.5	2.8	.4	0.56
60hr	2.7	.4	2.8	.4	0.51
72hr	1.9	.6	1.9	.5	0.9

On assessment of the NRS scoring at different point of time, there is no noticeable difference noted among the groups at varied time interval of measurements. (p>0.05)

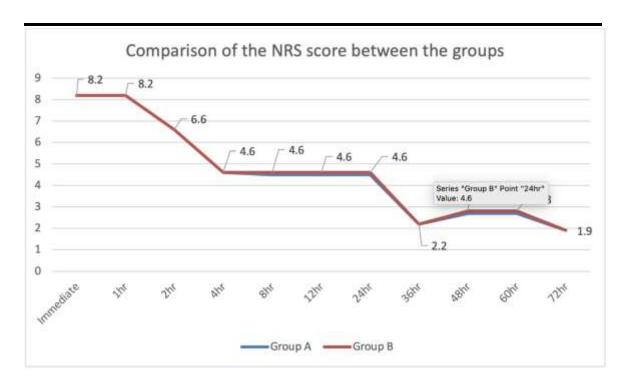


Figure 13: Comparison of the NRS core among the groups

Table 6: Comparison of the rescue analgesia among the groups

Rescue analgesia		Group A		Gr	oup B	Chi-square
		Count	N %	Count	N %	(p-value)
Immediate	No	17	60.7%	23	82.1%	3.15 (0.07)
	Yes	11	39.3%	5	17.9%	_
1hr	No	21	75.0%	24	85.7%	2.8 (0.24)
	Yes	7	25.0%	4	14.3%	
2hr	No	12	42.9%	14	50.0%	0.28 (0.59)
	Yes	16	57.1%	14	50.0%	_
4hr	No	27	96.4%	22	78.6%	4.08 (0.04)*
	Yes	1	3.6%	6	21.4%	
8hr	No	21	75.0%	24	85.7%	2.8 (0.24)
	Yes	7	25.0%	4	14.3%	
12hr	No	12	42.9%	15 5	53.6%	0.64 (0.44)
	Yes	16	57.1%	13	46.4%	_
24hr	No	27	96.4%	28	100.0%	1.01 (0.313)
	Yes	1	3.6%	0	0.0%	_
36hr	No	12	42.9%	15	53.6%	0.64 (0.422)
	Yes	16	57.1%	13	46.4%	_
48hr	No	27	96.4%	28	100.0%	1.01 (0.313)
	Yes	1	3.6%	0	0.0%	
60hr	No	28	100.0%	27	96.4%	1.01 (0.31)
	Yes	0	0.0%	1	3.6%	
72hr	No	28	100.0%	28	100.0%	-

The requirement of the rescue analgesia was found to be comparable between the groups at various time interval of measurements. At 4^{th} hr, the requirement of rescue analgesia was seen to be substantially greater in patients in group B (21.4%) as opposed to those in group A (3.6%).

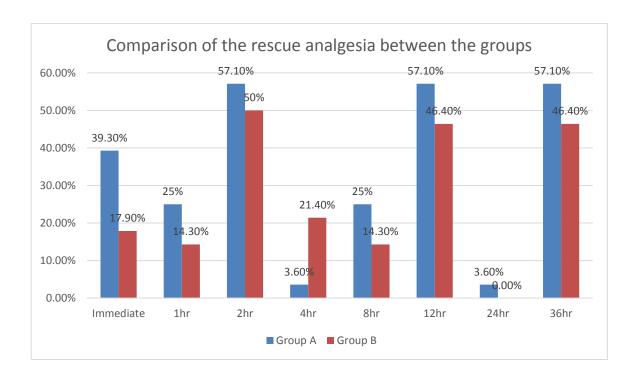


Figure 14: Comparison of the rescue analgesia between the groups



DISCUSSION

Effective postoperative pain management is critical for enhancing recovery and improving patient outcomes following lower limb surgeries. Opioid analgesics remain a cornerstone for managing moderate to severe postoperative pain, with transdermal systems offering significant advantages in terms of sustained delivery and patient compliance. Among the options available, buprenorphine and fentanyl transdermal patches are widely utilized due to their unique pharmacological profiles and efficacy in controlling pain.

Buprenorphine, a semi-synthetic opioid, is a partial agonist at the mu opioid receptor, providing potent analgesic effects without a ceiling effect within its therapeutic range. This characteristic allows buprenorphine to be used alongside full mu-agonists without the risk of antagonism, making it a versatile option in multimodal pain management strategies. Additionally, buprenorphine is notable for its lack of immunosuppressive activity at therapeutic doses, differentiating it from other opioids such as fentanyl and morphine. The transdermal delivery system (TDS) for buprenorphine is designed to provide continuous pain relief over an extended period, typically up to one week, enhancing convenience and compliance.

Synthetic opioids like fentanyl are known for their strong effects and quick start. It is really well suited for transdermal administration as they are more lipid soluble in nature along with less molecular weight which enables a constant release of the medication at rates between 25 to 100 mg/hr. By keeping plasma concentration constant, the fentanyl patches affectively control acute postoperative pain by lowering variations and the need of

changing dosage frequently. So, fentanyl shows immunosuppressive effects at analgesic dosages unlike buprenorphine.

The effectiveness of transdermal systems in managing the pain after lower limb surgery is an area of significant clinical interest. Buprenorphine and Fentanyl patches provide sustained analgesia, their various side effect profiles and receptor affinity may affect how beneficial they are in comparison and how appropriate they are for the postoperative environment. The aim of this discuss is to compare and inspect the analgesic efficacy, side effects, and the overall impact of the buprenorphine and fentanyl transdermal patches in pain management post limb surgery. By understanding these factors in detail, final goal is to provide judgement that could suggest better analgesic strategies and improve patient result in postoperative care.

Present study included total of 58 patients, divided into two group with 28 in group A and 28 patients in group B. The mean age of patients in both the groups were comparable with no significant difference noted. (p>0.05) On assessment of the baseline vital parameters, there is no significant difference noted between the groups.(p>0.05) On general physical examination, pallor was seen in 1 patient in both the groups.

In similar to presents study Arshad Z et al., documented comparable mean age of the patients between the groups, with mean age of 39.87 in buprenorphine group and 38.8yrs in fentanyl group. Overall they also documented with male preponderance in both the group. The vitals were comparable with stable blood pressure and heart rate between the groups. ¹² In concordance another study by Khandelwal et al., documented male

preponderance in study with mean age of patients 46.65yr. The physical characteristics such as height, weight BMI were comparable between the groups.⁴⁵

The synthetic opioid fentanyl has strong analgesic effects. Its exceptional lipid solubility and less molecular weight make it a very good candidate for transdermal therapeutic systems delivery. The medication is reliably delivered by these devices at rates between 25 and 100 micrograms per hour. As a partial agonist at the mu opioid receptor, buprenorphine is a semi-synthetic opioid analgesic. Prescription buprenorphine transdermal delivery systems (TDS) relieve pain for a maximum of seven days. There is no evidence of a ceiling impact on analgesia within its therapeutic dosage range. Complete mu-agonists can be used with buprenorphine without running the risk of antagonistic effects. Unlike fentanyl and morphine, buprenorphine does not exhibit immunosuppressive activity at therapeutic analgesic concentrations. On assessment of the NRS scoring at different point of time, there is no significant difference noted between the group at various time interval of measurements.(p>0.05)

In study by Kauser D et al., found that the VAS score at 4th hour in buprenorphine group and 8th hr fentanyl group were significant difference. Additionally, the fentanyl group had a greater frequency of nausea or vomiting and needed antiemetics. For the purpose of managing pain during lower limb arthroscopic operations, the buprenorphine patch outperformed the fentanyl patch, with no discernible increase in hemodynamic instability or adverse effects. ⁴⁶

Another study by Khandelwal H et al., found that application of a 20 µg·h-1 buprenorphine patch 12 hours before the procedure proves to be an effective postoperative analgesic with no significant associated adverse effects. ⁴⁵ in concordance to present study Arshad Z et al., documented significant lower mean VAS score in fentanyl group compared to the buprenorphine and also lower incidence of requirement of rescue analgesia in fentanyl group. Also, found overall, both fentanyl and buprenorphine transdermal systems were effective and safe in controlling postoperative pain. However, fentanyl was found to be superior to buprenorphine in this regard. ¹²

Mythili N et al., documented buprenorphine displayed strong analgesic potency, a good safety record, ease of switching between opioids, and reversibility when combined with μ -antagonists. Its transdermal delivery was economical, linked to better patient compliance, convenience of use, and fewer side effects, suggesting that it was useful in managing pain following surgery. ⁴⁷

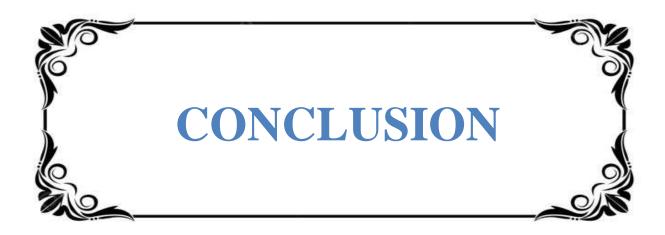
The requirement of the rescue analgesia was found to be comparable between the groups at various time interval of measurements. At 4th hr, the requirement of rescue analgesia was found to be significantly higher in group B patients (21.4%) compared to group A patients (3.6%).

In study by Desai S et al., the requirement of the additional rescue analgesia was significantly reduced. These findings suggest that transdermal buprenorphine is more effective at lowering post-operative pain after 24 hours and has fewer adverse effects when used carefully for pain management following surgery. ⁷



SUMMARY

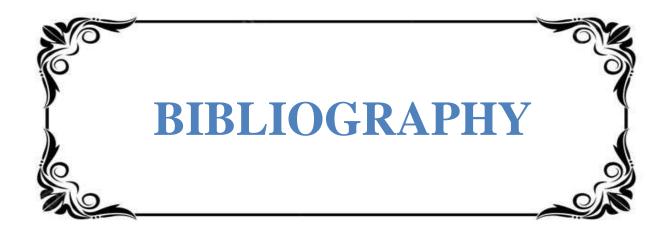
- ➤ Present study included total of 58 patients, divided into two group with 28 in group A and 28 patients in group B.
- The mean age of patients in both the groups were comparable with no significant difference noted. (p>0.05)
- > On assessment of the baseline vital parameters, there is no significant difference noted between the groups.(p>0.05)
- > On general physical examination, pallor was seen in 1 patient in both the groups.
- ➤ The complete blood picture parameters such as haemoglobin level, WBC, platelet were found to be comparable between the groups.
- > The random blood sugar level was found to be comparable between two groups.
- ➤ The renal parameters such as urea, creatinine and electrolytes were found to be comparable with no significant difference noted between the groups.(p>0.05)
- ➤ On assessment of the NRS scoring at different point of time, there is no significant difference noted between the group at various time interval of measurements.(p>0.05)
- The requirement of the rescue analgesia was found to be comparable between the groups at various time interval of measurements. At 4th hr, the requirement of rescue analgesia was found to be significantly higher in group B patients (21.4%) compared to group A patients (3.6%).



CONCLUSION

Overall, both buprenorphine and fentanyl transdermal patches were effective in managing postoperative pain, with similar efficacy in most time points measured. The notable difference in rescue analgesia requirement at the 4th hour suggests a potential advantage of fentanyl over buprenorphine in the immediate postoperative period.

These findings support the use of both agents for pain management but indicate that fentanyl may provide more consistent pain relief without the need for additional analysis early in the postoperative phase. Further studies with larger sample sizes are warranted to validate these results.



REFERENCES

- 1. Rawal N. Current issues in postoperative pain management. Eur J Anaesthesiol. 2016;33(3):160–71.
- 2. Prausnitz MR, Langer R. Transdermal drug delivery. Nat Biotechnol. 2008;26(11):1261–8.
- 3. Wong WF, Ang KP, Sethi G, Looi CY. Recent Advancement of Medical Patch for Transdermal Drug Delivery. Medicina (Kaunas). 2023;59(4).
- 4. Alkilani AZ, McCrudden MTC, Donnelly RF. Transdermal Drug Delivery:

 Innovative Pharmaceutical Developments Based on Disruption of the Barrier

 Properties of the stratum corneum. Pharmaceutics. 2015;7(4):438–70.
- 5. Dumitriu Buzia O, Păduraru AM, Stefan CS, Dinu M, Cocoș DI, Nwabudike LC, et al. Strategies for Improving Transdermal Administration: New Approaches to Controlled Drug Release. Pharmaceutics. 2023;15(4).
- 6. Bird D, Ravindra NM. Transdermal drug delivery and patches—An overview. Med DEVICES SENSORS. 2020 Dec 1;3(6):e10069.
- 7. Desai SN, Badiger S V, Tokur SB, Naik PA. Safety and efficacy of transdermal buprenorphine versus oral tramadol for the treatment of post-operative pain following surgery for fracture neck of femur: a prospective, randomised clinical study. Indian J Anaesth. 2017;61(3):225–9.

- 8. Dave S, Shriyan D, Gujjar P. Newer drug delivery systems in anesthesia. J Anaesthesiol Clin Pharmacol. 2017;33(2):157–63.
- 9. Hembram B, Brahma SK, Mandal PK, Hussen S. Safety and Efficacy of Transdermal Buprenorphine Versus Oral Tramadol for Treatment of Post-Operative Pain Following Lower Limb Surgery.
- Chris Rathbun R, Farmer KC, Stephens JR, Lockhart SM. Impact of an adherence clinic on behavioral outcomes and virologic response in treatment of HIV infection:
 A prospective, randomized, controlled pilot study. Clin Ther. 2005;27(2):199–209.
- 11. Mercadante S, Porzio G, Ferrera P, Fulfaro F, Aielli F, Verna L, et al. Sustained-release oral morphine versus transdermal fentanyl and oral methadone in cancer pain management. Eur J Pain. 2008;12(8):1040–6.
- 12. Arshad Z, Prakash R, Gautam S, Kumar S. Comparison between transdermal buprenorphine and transdermal fentanyl for postoperative pain relief after major abdominal surgeries. J Clin diagnostic Res JCDR. 2015;9(12):UC01.
- 13. Taylor A, McLeod G. Basic pharmacology of local anaesthetics. BJA Educ. 2020 Feb;20(2):34–41.
- 14. Kier L, Hall L, Tombes RM. Enhanced Action Potential Passage Through the Node of Ranvier of Myelinated Axons via Proton Hopping. Curr Comput Aided Drug Des. 2015;11(1):5–7.

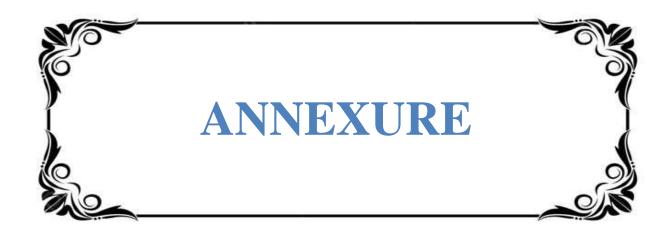
- Cohen CCH, Popovic MA, Klooster J, Weil M-T, Möbius W, Nave K-A, et al. Saltatory Conduction along Myelinated Axons Involves a Periaxonal Nanocircuit. Cell. 2020;180(2):311-322.e15.
- Eijkelkamp N, Linley JE, Baker MD, Minett MS, Cregg R, Werdehausen R, et al. Neurological perspectives on voltage-gated sodium channels. Brain. 2012;135(Pt 9):2585–612.
- 17. Wang J, Ou S-W, Wang Y-J. Distribution and function of voltage-gated sodium channels in the nervous system. Channels (Austin). 2017;11(6):534–54.
- 18. Catterall WA, Swanson TM. Structural Basis for Pharmacology of Voltage-Gated Sodium and Calcium Channels. Mol Pharmacol. 2015 Jul;88(1):141–50.
- 19. Klaastad O, Sauter AR, Dodgson MS. Brachial plexus block with or without ultrasound guidance. Curr Opin Anaesthesiol. 2009;22(5):655–60.
- T.Grey A. ultrasound guidance for regional anesthesia. In: Ronald.D.Miller, editor.
 Miller's Anesthesia. 7th ed. Churchill living stone Elsevier; 2010. p. 1675–86.
- 21. Carty S, Nicholls B. Ultrasound-guided regional anaesthesia. Contin Educ Anaesth Crit Care Pain. 2007;7(1):20–4.
- 22. Haefeli M, Elfering A. Pain assessment. Eur spine J Off Publ Eur Spine Soc Eur Spinal Deform Soc Eur Sect Cerv Spine Res Soc. 2006 Jan;15 Suppl 1(Suppl 1):S17-24.

- 23. Freyd M. The Graphic Rating Scale. J Educ Psychol [Internet]. 1923 Feb;14(2):83–102. Available from: http://doi.apa.org/getdoi.cfm?doi=10.1037/h0074329
- 24. Seymour RA, Simpson JM, Charlton EJ, Phillips ME. An evaluation of length and end-phrase of visual analogue scales in dental pain. Pain. 1985 Feb;21(2):177–85.
- Joyce CR, Zutshi DW, Hrubes V, Mason RM. Comparison of fixed interval and visual analogue scales for rating chronic pain. Eur J Clin Pharmacol. 1975 Aug;8(6):415–20.
- 26. Jensen MP, Karoly P, Braver S. The measurement of clinical pain intensity: a comparison of six methods. Pain. 1986 Oct;27(1):117–26.
- 27. Kremer E, Atkinson HJ, Ignelzi RJ. Measurement of pain: patient preference does not confound pain measurement. Pain. 1981 Apr;10(2):241–8.
- 28. Von Korff M, Jensen MP, Karoly P. Assessing global pain severity by self-report in clinical and health services research. Spine (Phila Pa 1976). 2000 Dec;25(24):3140–51.
- 29. Price DD, Bush FM, Long S, Harkins SW. A comparison of pain measurement characteristics of mechanical visual analogue and simple numerical rating scales. Pain. 1994 Feb;56(2):217–26.
- 30. Budzynski TH, Stoyva JM, Adler CS, Mullaney DJ. EMG biofeedback and tension headache: a controlled outcome study. Psychosom Med. 1973;35(6):484–96.

- 31. Kumar R, Viswanath O, Saadabadi A. Buprenorphine. In: StatPearls [Internet]. StatPearls Publishing; 2021.
- 32. Lyden J, Binswanger IA. The United States opioid epidemic. Semin Perinatol. 2019 Apr;43(3):123–31.
- 33. Van Zee A, Fiellin DA. Proliferation of Cash-Only Buprenorphine Treatment Clinics: A Threat to the Nation's Response to the Opioid Crisis. Am J Public Health. 2019 Mar;109(3):393–4.
- 34. Preuss C V, Kalava A, King KC. Prescription of Controlled Substances: Benefits and Risks. In Treasure Island (FL); 2022.
- 35. Quaye AN-A, Zhang Y. Perioperative Management of Buprenorphine: Solving the Conundrum. Pain Med. 2019 Jul;20(7):1395–408.
- Volkow ND, Jones EB, Einstein EB, Wargo EM. Prevention and Treatment of Opioid Misuse and Addiction: A Review. JAMA psychiatry. 2019 Feb;76(2):208–16.
- 37. Coe MA, Lofwall MR, Walsh SL. Buprenorphine Pharmacology Review: Update on Transmucosal and Long-acting Formulations. J Addict Med. 2019;13(2):93–103.
- 38. Ramos-Matos CF, Bistas KG, Lopez-Ojeda W. Fentanyl. StatPearls. 2017. p. 1–8.
- 39. Feierman DE, Lasker JM. Metabolism of fentanyl, a synthetic opioid analgesic, by human liver microsomes. Role of CYP3A4. Drug Metab Dispos. 1996;24(9):932–9.

- 40. Vardanyan RS, Hruby VJ. Fentanyl-related compounds and derivatives: current status and future prospects for pharmaceutical applications. Future Med Chem. 2014;6(4):385–412.
- 41. Gardocki JF, Yelnosky J. A study of some of the pharmacologic actions of fentanyl citrate. Toxicol Appl Pharmacol. 1964;6(1):48–62.
- 42. Oh C-S, Jung E, Lee SJ, Kim S-H. Effect of nefopam-versus fentanyl-based patient-controlled analgesia on postoperative nausea and vomiting in patients undergoing gynecological laparoscopic surgery: a prospective double-blind randomized controlled trial. Curr Med Res Opin. 2015;31(8):1599–607.
- 43. Oliashirazi A, Wilson-Byrne T, Shuler FD, Parvizi J. Patient-Controlled Fentanyl Iontophoretic Transdermal System Improved Postoperative Mobility Compared to Intravenous Patient-Controlled Analgesia Morphine: A Pooled Analysis of Randomized, Controlled Trials. Pain Pract. 2017;17(2):197–207.
- 44. Machado FC, Carone G, Paiva LO de, Soares TC, Nakamura RK, Nascimento L de F, et al. Transdermal buprenorphine for acute postoperative pain: a systematic review. Rev Bras Anestesiol. 2020;70:419–28.
- 45. Khandelwal H, Negi A, Govil N, Singh A, Parag K, Bhardwaj BB. Comparative evaluation of analgesic efficacy of buprenorphine transdermal patch and fentanyl patch in management of postoperative pain after arthroscopic lower limb surgery: A randomized controlled trial. J Anaesthesiol Clin Pharmacol. 2021;37(2):272–8.

- 46. Kauser D, Singh D. Comparisons of Transdermal Buprenorphine Patch versus Transdermal Fentanyl patch for postoperative analgesia in lower limb orthopedic surgery. Indian J Public Heal Res Dev. 2022;13(3).
- 47. Navaneetham R, Sham ME, Menon S, Kumar V. Efficacy of transdermal buprenorphine patch in postoperative pain management in oral and maxillofacial surgery. J Maxillofac Oral Surg. 2022;1–6.

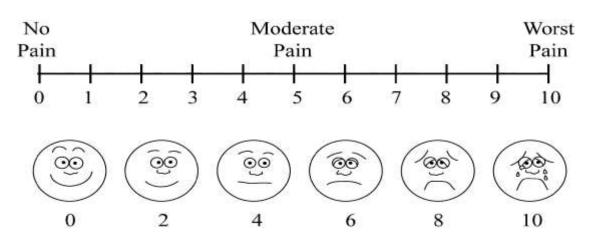


PROFORMA

STUDY: COMPARATIVE EVALUATION OF ANALGESIC EFFICACY OF TRANSDERMAL PATCHES OF BUPRENORPHINE AND FENTANYL IN MANAGEMENT OF POSTOPERATIVE PAIN AFTER LOWER LIMB SURGERIES

UNGENIES			
	Investigators: Da	r S P Shruthi / Dr Kira	an.N
Name of the patient:		Age/Sex:	Ward:
IP No:			ASA grade:
General physical ex	<u> xamination:</u>		
Height:		Weight:	
Pulse rate:		Blood pressure	2:
Pallor/Systemic exam	-	lubbing/lymphadenopa	athy/edema
CNS:		P/A:	
> Investigations:			
Blood Grp:	Hb:	WBC:	Platelets:
RBS Potassium:	Blood Urea:	Sr. Creatinine:	Sodium:
ECC:			
ECG:			

- **Diagnosis:**
- > Surgery:
- For Group A: Patient will be applied buprenorphine patch 20 μg·h-1
- For Group B: Patient will be applied fentanyl patch 25 μg·h-1
- > NUMERICAL RATING SCALE (NRS) (for pain)
 - 0 No pain
 - 1-3 mild pain
 - 4-6 moderate pain
 - 7-10 severe pain



TIME	Numerical rating scale	Group 1 (BUPRENORPHINE PATCH 20 μg·h-1)	Group 2 (FENTANY L PATCH 25 μg·h-1	RESCUE ANALGESIA (DICLOFENAC 75 MG OR TRAMADOL 50 MG)
Immedi				
ate post				
op				
1hr				
2hr				
4hr				
8hr				
12hr				
24hr				
36hr				
48hr				
60hr				
72hr				

TIME	HEART RATE	MAP
Immediate post op		
1hr		
2hr		
4hr		
8hr		
12hr		
24hr		
36hr		
48hr		
60hr		
72hr		

PATIENT INFORMATION SHEET

Study: Comparative evaluation of analgesic efficacy of transdermal patches of buprenorphine and fentanyl in management of postoperative pain after lower limb surgeries

Investigators: Dr S P Shruthi/ Dr Kiran.N

Study location: R.L.Jalappa Hospital and Research Centre attached to Sri Devaraj Urs Medical College, Tamaka, Kolar.

Details -Patients undergoing lower limb orthopaedic surgeries under spinal anaesthesia.

This study aims is to compare the efficacy of buprenorphine transdermal patch ($20~\mu g \cdot h - 1$) and fentanyl transdermal patch ($25~\mu g \cdot h - 1$) in managing acute postoperative pain in lower limb surgeries. Patient and the attenders will be completely explained about the procedure being done .All the patients were analyzed for postoperative pain (using NRS),mean arterial pressure ,heart rate after surgery in postoperative room at 1,2,4,8 and 12 hr after 12 hr the patients are assessed up to 72 hr .

Trandermal patches will be avoided in the patients associated with test drug, known hypersensitivity to the drug, chronic alcoholic, renal impairment and psychiatric patients.

Please read the information and discuss with your family members. You can ask any question regarding the study. If you agree to participate in the study, then relevant information and history will be taken. This information collected will be used only for dissertation and publication.

All information collected from you will be kept confidential and will not be disclosed to any outsider. Your identity will not be revealed. There is no compulsion to agree to this study. The care you will get will not change if you don't wish to participate. There will not be any monetary benefits/incentives for taking part in this study. You are required to sign/provide thumb impression only if you voluntarily agree to participate in this study.

For further information contact

Dr S P Shruthi	Dr Kiran N
SDUMC Kolar	Professor in Anaesthesiology, SDUMC Kolar Mobile no: 9740468460

ರೋಗಿಯ ಮಾಹಿತಿ ಹಾಳೆ

ಅಧ್ಯಯನ: ಬುಪ್ರೆನಾರ್ಫಿನ್ ಟ್ರಾನ್ಸ್ ಡರ್ಮಲ್ ಪ್ಯಾಚ್ ಮತ್ತು ಫೆಂಟನಿಲ್ ಪ್ಯಾಚ್ನ ನೋವು ನಿವಾರಕ ಪರಿಣಾಮಕಾರಿತ್ವದ ತುಲನಾತ್ಮಕ ಮೌಲ್ಯಮಾಪನವು ಕೆಳ ಅಂಗಗಳ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರದ ನೋವಿನ ನಿರ್ವಹಣೆಯಲ್ಲಿ

ತನಿಖಾಧಿಕಾರಿಗಳು: ಡಾ ಎಸ್ ಪಿ ಶೃತಿ/ ಡಾ ಕಿರಣ್.ಎನ್

ಅಧ್ಯಯನ ಸ್ಥಳ: ಆರ್.ಎಲ್.ಜಾಲಪ್ಪ ಆಸ್ಪತ್ರೆ ಮತ್ತು ಸಂಶೋಧನಾ ಕೇಂದ್ರವು ಶ್ರೀ ದೇವರಾಜ್ ಅರ್ಸ್ ವೈದ್ಯಕೀಯ ಕಾಲೇಜು, ಟಮಕ, ಕೋಲಾರ.

ವಿವರಗಳು - ಸಂಯೋಜಿತ ಬೆನ್ನುಮೂಳೆಯ ಅರಿವಳಿಕೆ ಅಡಿಯಲ್ಲಿ ಕಡಿಮೆ ಅಂಗ ಮೂಳೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಗೆ ಒಳಗಾಗುವ ರೋಗಿಗಳು.

ಈ ಅಧ್ಯಯನವು ಬುಪ್ರೆನಾರ್ಫಿನ್ ಟ್ರಾನ್ಸ್ ಡರ್ಮಲ್ ಪ್ಯಾಚ್ (20ಮೈಕ್ರೊಮ್/ಗಂ) ಮತ್ತು ಫೆಂಟಾನಿಲ್ ಟ್ರಾನ್ಸ್ ಡರ್ಮಲ್ ಪ್ಯಾಚ್ (25ಮೈಕ್ರೊಗ್ಮಿ/ಗಂ) ಯ ಪರಿಣಾಮಕಾರಿತ್ವವನ್ನು ಕಡಿಮೆ ಅಂಗಗಳ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಗಳಲ್ಲಿ ತೀವ್ರವಾದ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರದ ನೋವನ್ನು ನಿರ್ವಹಿಸುವ ಗುರಿಯನ್ನು ಹೊಂದಿದೆ. ರೋಗಿಯು ಮತ್ತು ಹಾಜರಾದವರಿಗೆ ಮಾಡಲಾದ ಕಾರ್ಯವಿಧಾನದ ಬಗ್ಗೆ ಸಂಪೂರ್ಣವಾಗಿ ವಿವರಿಸಲಾಗುವುದು .ಎಲ್ಲಾ ರೋಗಿಗಳಿಗೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರದ ನೋವು (ಎನ್ಆರ್ಎಸ್ ಬಳಸಿ), ಸರಾಸರಿ ಅಪಧಮನಿಯ ಒತ್ತಡ, ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರ ಹೃದಯ ಬಡಿತವನ್ನು 1,2,4,8 ಮತ್ತು 12 ಗಂಟೆಗಳ ನಂತರ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರದ ಕೋಣೆಯಲ್ಲಿ ವಿಶ್ಲೇಷಿಸಲಾಗಿದೆ. 12 ಗಂಟೆ ರೋಗಿಗಳನ್ನು 72 ಗಂಟೆಗಳವರೆಗೆ ಮೌಲ್ಯಮಾಪನ ಮಾಡಲಾಗುತ್ತದೆ.

ಪರೀಕ್ಷಾ ಔಷಧಿ, ಔಷಧಿಗೆ ತಿಳಿದಿರುವ ಅತಿಸೂಕ್ಷ್ಮತೆ, ದೀರ್ಘಕಾಲದ ಆಲ್ಕೊಹಾಲ್ಯುಕ್ತ, ಮೂತ್ರಪಿಂಡದ ದುರ್ಬಲತೆ ಮತ್ತು ಮನೋವೈದ್ಯಕಯ ರೋಗಿಗಳಿಗೆ ಸಂಬಂಧಿಸಿದ ರೋಗಿಗಳಲ್ಲಿ ಟ್ರಾಂಡರ್ಮಲ್ ಪ್ಯಾಚ್ಗಳನ್ನು ತಪ್ಪಿಸಲಾಗುತ್ತದೆ.

ದಯವಿಟ್ಟು ಮಾಹಿತಿಯನ್ನು ಓದಿ ಮತ್ತು ನಿಮ್ಮ ಕುಟುಂಬ ಸದಸ್ಯರೊಂದಿಗೆ ಚರ್ಚಿಸಿ. ಅಧ್ಯಯನಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ನೀವು ಯಾವುದೇ ಪ್ರಶ್ನೆಯನ್ನು ಕೇಳಬಹುದು. ನೀವು ಅಧ್ಯಯನದಲ್ಲಿ ಭಾಗವಹಿಸಲು ಒಪ್ಪಿದರೆ, ನಂತರ ಸಂಬಂಧಿತ ಮಾಹಿತಿ ಮತ್ತು ಇತಿಹಾಸವನ್ನು ತೆಗೆದುಕೊಳ್ಳಲಾಗುತ್ತದೆ. ಸಂಗ್ರಹಿಸಿದ ಈ ಮಾಹಿತಿಯನ್ನು ಪ್ರಬಂಧ ಮತ್ತು ಪ್ರಕಟಣೆಗೆ ಮಾತ್ರ ಬಳಸಲಾಗುತ್ತದೆ.

ನಿಮ್ಮಿಂದ ಸಂಗ್ರಹಿಸಿದ ಎಲ್ಲಾ ಮಾಹಿತಿಯನ್ನು ಗೌಪ್ಯವಾಗಿ ಇರಿಸಲಾಗುತ್ತದೆ ಮತ್ತು ಯಾವುದೇ ಹೊರಗಿನವರಿಗೆ ಬಹಿರಂಗಪಡಿಸಲಾಗುವುದಿಲ್ಲ. ನಿಮ್ಮ ಗುರುತನ್ನು ಬಹಿರಂಗಪಡಿಸಲಾಗುವುದಿಲ್ಲ. ಈ ಅಧ್ಯಯನವನ್ನು ಒಪ್ಪಿಕೊಳ್ಳಲು ಯಾವುದೇ ಒತ್ತಾಯವಿಲ್ಲ. ನೀವು ಭಾಗವಹಿಸಲು ಬಯಸದಿದ್ದರೆ ನೀವು ಪಡೆಯುವ ಕಾಳಜಿಯು ಬದಲಾಗುವುದಿಲ್ಲ. ಈ ಅಧ್ಯಯನದಲ್ಲಿ ಭಾಗವಹಿಸಲು ಯಾವುದೇ ವಿತ್ತೀಯ ಪ್ರಯೋಜನಗಳು/ಪ್ರೋತ್ಸಾಹಗಳು ಇರುವುದಿಲ್ಲ. ಈ ಅಧ್ಯಯನದಲ್ಲಿ ಭಾಗವಹಿಸಲು ನೀವು ಸ್ವಯಂಪ್ರೇರಣೆಯಿಂದ ಸಮ್ಮತಿಸಿದರೆ ಮಾತ್ರ ನೀವು ಸಹಿ/ಹೆಬ್ಬೆರಳಿನ ಗುರುತನ್ನು ಒದಗಿಸಬೇಕಾಗುತ್ತದೆ.

<u>ಹೆಚ್ಚಿನ ಮಾಹಿತಿಗಾಗಿ ಸಂಪರ್ಕಿಸಿ</u>

ಡಾ ಎಸ್ ಪಿ ಶೃತಿ ಡಾ ಕಿರಣ್.ಎನ್ ಅರಿವಳಿಕೆ ಶಾಸ್ತ್ರದಲ್ಲಿ ಸ್ನಾತಕೋತ್ತರ ಪದವಿ, ಅರಿವಳಿಕೆ ಶಾಸ್ತ್ರದ ಪ್ರಾಧ್ಯಾಪಕ SDUMC ಕೋಲಾರ ಅರಿವಳಿಕೆ ವಿಭಾಗ, SDUMC ಕೋಲಾರ ಮೊಬೈಲ್ ಸಂಖ್ಯೆ: 7416952767 ಮೊಬೈಲ್ ಸಂಖ್ಯೆ: 9740468460

INFORMED CONSENT FORM

Name of the institution: SRI DEVARAJ URS ACADEMY OF HIGHER EDUCATION AND RESEARCH.

Name of the principal investigator: $\operatorname{Dr.}\ \operatorname{S}\ \operatorname{P}\ \operatorname{Shruthi}$

Name of the guide: Dr. Kiran.N Name of the subject/participant:

STUDY: Comparative evaluation of an	algesic efficacy of transdermal
patches of buprenorphine and fentanyl	in management of postoperative pain
after lower limb surgeries	
Date:	
I,	aged,after
being explained in my own vernacular langurisks and complications of the procedure, her without any force or prejudice for using anal patch and fentanyl patch in management of posurgeries under spinal anaesthesia. The nature me to my satisfaction. I have been explained have read the patient information sheet and I have read the patient information sheet and I have question that I have asked, have been voluntarily to participate as a participant in the my history, undergo physical examination, unand provide its results and documents etc. to scientific purpose, the operation / procedure, All the data may be published or used for any / institute etc. responsible for any untoward of am aware that there wont be any monetary be A copy of this Informed Consent Form and Patthe participant.	reby give my valid written informed consent gesic efficacy of buprenorphine transdermal stoperative pain after lower limb orthopaedic re and risks involved have been explained to in detail about the study being conducted. I have had the opportunity to ask any question. In answered to my satisfaction. I consent his research. I hereby give consent to provide indergo the procedure, undergo investigations the doctor / institute etc. For academic and etc. may be video graphed or photographed. academic purpose. I will not hold the doctors consequences during the procedure / study. I mefits for taking part in this study.
(Signature & Name of Pt. Attendant)	(Signature/Thumb Impression & Name
(Relation With Patient):	of Patient/Guardian
Witness 1:	Name of Doctor: DR. SP SHRUTHI
Witness 2:	(Principal Investigator)

ಮಾಹಿತಿ ನೀಡಿದ ಒಪ್ಪಿಗೆ ನಮೂನೆ

ಸಂಸ್ಥೆಯ ಹೆಸರು: ಶ್ರೀ ದೇವರಾಜ್ ಯುಆರ್ಎಸ್ ಅಕ	ಾಡೆಮಿ ಆಫ್ ಹೈಯರ್ ಎ	ಜುಕೇಶನ್ ಅಂಡ್
ರಿಸರ್ಚ್.		
ಪ್ರಧಾನ ತನಿಖಾಧಿಕಾರಿಯ ಹೆಸರು: ಡಾ. ಎಸ್ ಪಿ ಶೃತಿ		
ಮಾರ್ಗದರ್ಶಕರ ಹೆಸರು: ಡಾ. ಕಿರಣ್.ಎನ್		
ವಿಷಯ/ಭಾಗವಹಿಸುವವರ ಹೆಸರು:		
ಅಧ್ಯಯನ : ಬುಪ್ರೆನಾರ್ಫಿನ್ ಟ್ರಾನ್ಸ್ ಡರ್ಮಲ್ ಪ್ಯಾಚ್	ಮತ್ತು ಫೆಂಟನಿಲ್ ಪ್ಯಾ೭	ತ ್ನ ನೋವು ನಿವಾರಕ
ಪರಿಣಾಮಕಾರಿತ್ವದ ತುಲನಾತ್ಮಕ ಮೌಲ್ಯಮಾಪನವು ಕ	ಳ ಅಂಗಗಳ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ	ು ನಂತರ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ
ನಂತರದ ನೋವಿನ ನಿರ್ವಹಣೆಯಲ್ಲಿ		
ದಿನಾಂಕ:		
ನಾನು,	ವಯಸ್ಸಿನ	, ಅಧ್ಯಯನದ ಉದ್ದೇಶ
ಮತ್ತು ಕಾರ್ಯವಿಧಾನದ ಅಪಾಯಗಳು ಮತ್ತು ತೊಡಕುಗಳ ಬಗ್ಗೆ ನನ್ನದೇ ಆ	rದ ಸ್ಥಳೀಯ ಭಾಷೆಯಲ್ಲಿ ವಿವರಿಸಿದ <u>ಸ</u>	ನಂತರ, ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರದ
ನಿರ್ವಹಣೆಯಲ್ಲಿ ಬಪ್ರನಾರ್ಫಿನ್ ಟ್ರಾನ್ಸ್ ಡರ್ಮಲ್ ಪ್ಯಾಚ್ ಮತ್ತು ಫೆಂಟನಿ	ಲ್ ಪ್ಯಾಚ್ನ ನೋವು ನಿವಾರಕ ಪ	ಪರಿಣಾಮಕಾರಿತ್ವವನ್ನು ಬಳಸಲ <u>ು</u>
ಯಾವುದೇ ಬಲ ಅಥವಾ ಪೂರ್ವಾಗ್ರಹವಿಲ್ಲದೆ ನನ್ನ ಮಾನ್ಯ ಲಿಖಿತ ತಿಳುವ	ಳಿಕೆಯನ್ನು ನೀಡುತ್ತೇನೆ. ಬೆನ್ನುಮೂಳ	ೆಯ ಅರಿವಳಿಕೆ ಅಡಿಯಲ್ಲಿ ಕಡಿಮೆ
ಅಂಗ ಮೂಳೆ ಶಸ್ತ್ರಚಿಕಿತ್ಸೆಯ ನಂತರ ನೋವು. ಒಳಗೊಂಡಿರುವ ಸ್ವಭಾ	ಾವ ಮತ್ತು ಅಪಾಯಗಳನ್ನು ನನಗೆ	ತೃಪ್ತಿಪಡಿಸಲು ವಿವರಿಸಲಾಗಿದೆ.
ನಡೆಸುತ್ತಿರುವ ಅಧ್ಯಯನದ ಬಗ್ಗೆ ನನಗೆ ವಿವರವಾಗಿ ವಿವರಿಸಲಾಗಿದೆ. ನಾ	ಾನು ರೋಗಿಯ ಮಾಹಿತಿ ಹಾಳೆಯಾ	ನ್ನು ಓದಿದ್ದೇನೆ ಮತ್ತು ಯಾವುದೇ
ಪ್ರಶ್ನೆಯನ್ನು ಕೇಳಲು ನನಗೆ ಅವಕಾಶವಿದೆ. ನಾನು ಕೇಳಿದ ಯಾವುದೇ	: ಪ್ರಶ್ನೆಗೆ ನನ್ನ ತೃಪ್ತಿಗೆ ಉತ್ತರಿಸ	ಲಾಗಿದೆ. ಈ ಸಂಶೋಧನೆಯಲ್ಲಿ
ಪಾಲ್ಗೊಳ್ಳುವವರಾಗಿ ಭಾಗವಹಿಸಲು ನಾನು ಸ್ವಯಂಪ್ರೇರಣೆಯಿಂದ ಸಮ	್ಮುತಿಸುತ್ತೇನೆ. ನನ್ನ ಇತಿಹಾಸವನ್ನು	ಒದಗಿಸಲು, ದೈಹಿಕ ಪರೀಕ್ಷೆಗೆ
ಒಳಗಾಗಲು, ಕಾರ್ಯವಿಧಾನಕ್ಕೆ ಒಳಗಾಗಲು, ತನಿಖೆಗೆ ಒಳಗಾಗಲು ಮ	ತ್ತು ಅದರ ಫಲಿತಾಂಶಗಳು ಮತ್ತು	ದಾಖಲೆಗಳನ್ನು ಇತ್ಯಾದಿಗಳನ್ನು
ವೈದ್ಯರು / ಸಂಸ್ಥೆ ಇತ್ಯಾದಿಗಳಿಗೆ ಒದಗಿಸಲು ನಾನು ಈ ಮೂಲಕ ಒಪ್ಪಿಗೆ ನೀ	ಿದುತ್ತೇನೆ. ಶೈಕ್ಷಣಿಕ ಮತ್ತು ವೈಜ್ಞಾನಿ	ಕ ಉದ್ದೇಶಕ್ಕಾಗಿ, ಕಾರ್ಯಾಚರಣೆ
/ ಕಾರ್ಯವಿಧಾನ, ಇತ್ಯಾದಿ. ಗ್ರಾಫ್ ಅಥವಾ ಛಾಯಾಚಿತ್ರ. ಎಲ್ಲಾ ಡೇಟಾ	ವನ್ನು ಪ್ರಕಟಿಸಬಹುದು ಅಥವಾ ಯ	ಾವುದೇ ಶೈಕ್ಷಣಿಕ ಉದ್ದೇಶಕ್ಕಾಗಿ
ಬಳಸಬಹುದು. ಕಾರ್ಯವಿಧಾನ / ಅಧ್ಯಯನದ ಸಮಯದಲ್ಲಿ ಯಾವುದೇ ಆ	್ಲಿ ೨ಹಿತಕರ ಪರಿಣಾಮಗಳಿಗೆ ನಾನು ವ	ೈದ್ಯರು / ಸಂಸ್ಥೆ ಇತ್ಯಾದಿಗಳನ್ನು
ಹೊಣೆಗಾರರನ್ನಾಗಿ ಮಾಡುವುದಿಲ್ಲ. ಈ ಅಧ್ಯಯನದಲ್ಲಿ ಪಾಲ್ಗೊಳ್ಳುವುದರಿಂದ	1 ಯಾವುದೇ ಹಣಕಾಸಿನ ಪ್ರಯೋಜನ	್
ම් එ ඛ්ධ්.		
ಈ ತಿಳುವಳಿಕೆಯುಳ್ಳ ಒಪ್ಪಿಗೆ ನಮೂನೆಯ ಪ್ರತಿಯನ್ನು ಮತ್ತು ರೋಗಿಯ ಮ	ಾಹಿತಿ ಹಾಳೆಯನ್ನು ಭಾಗವಹಿಸುವವ	ರಿಗೆ ಒದಗಿಸಲಾಗಿದೆ
	(ನೋಡಿಯ ಪ್ರಪ್ರಸ	ನುವು ನಕ್ಕಿ /ಹೆಂಕೆ ನಂಕ an 9 9. ತಿ)
(ರೋಗಿಯೊಂದಿಗಿನ ಸಂಬಂಧ)	(യാവ് യാധ	ಮತ್ತು ಸಹಿ∕ಹೆಬ್ಬೆರಳ ಅನಿಸಿಕೆ)
ಸಾಕ್ಷಿ 1:	ವೈದ್ಯರ ಹೆಸರು. ${ m I}$	DR. ఎస్పి ಶೃತಿ
ಸಾಕ್ಷೆ 2:	(ಪ್ರಧಾನ ತನಿಖಾಧಿ	ರ್ನಾರಿ)



MASTERCHART

SI No	Group	Age	Gender	ASA Grade	PR	RR	SBP	DBP	General examination findings	RS	CVS	CNS	Abdomen	Blood group	HB	WBC* 10 3 cumm	Platelet * 10 3 cumm	RBS	Blood urea	S. Creatinine	Sodium	Potassium	ECG	Surgery
1	Α	23	M	1	86	18	118	80	Normal	Normal	Normal	Normal	Normal	A +	12.4	5.2	114	96	13	0.8	137	4.5	Normal	Lowerlimb surgery
2	A	24	M	2	84	16	128	80	Normal	Normal	Normal	Normal	Normal	AB -	14.1	6.4	54	94	15	0.9	142	4.4	Normal	Lowerlimb surgery
3	Α	30	M	2	78	14	124	78	Normal	Normal	Normal	Normal	Normal	O +	12.1	3.1	309	99	11	1.1	140	5.1	Normal	Lowerlimb surgery
4	A	20	M	1	96	15	130	90	Normal	Normal	Normal	Normal	Normal	O +	27.5	2.4	155	123	12	0.9	140	3.01	Normal	Lowerlimb surgery
5	A	60	M	2	96	16	134	70	Normal	Normal	Normal	Normal	Normal	O +	11	4.7	52	96	20	0.7	136	3.8	Normal	Lowerlimb surgery
6	A	30	F	1	98	14	142	70	Normal	Normal	Normal	Normal	Normal	O +	12	34	178	81	18	0.7	136	3.8	Normal	Lowerlimb surgery
7	A	45	M	1	100	15	130	84	Pallor	Normal	Normal	Normal	Normal	O +	7	96	39.8	93	19	0.9	140	3.01	Normal	Lowerlimb surgery
8	A	22	F	2	110	16	118	80	Normal	Normal	Normal	Normal	Normal	O +	13.9	4.5	26	101	17	1.1	136	4.6	Normal	Lowerlimb surgery
9	A	46	M	1	100	18	110	78	Normal	Normal	Normal	Normal	Normal	O +	8.8	5.3	83	98	12	1.4	141	3.9	Normal	Lowerlimb surgery
10	A	32	M	2	90	17	132	92	Normal	Normal	Normal	Normal	Normal	O +	10.9	6.59	39	142	14	1	134	3.6	Normal	Lowerlimb surgery
11	Α	34	F	2	90	20	126	80	Normal	Normal	Normal	Normal	Normal	O +	14	2.8	44	98	15	1.4	141	3.9	Normal	Lowerlimb surgery
12	Α	20	M	1	92	16	110	70	Normal	Normal	Normal	Normal	Normal	O +	13.9	6.8	79	128	13	0.9	141	4.1	Normal	Lowerlimb surgery
13	A	23	M	2	86	18	118	80	Normal	Normal	Normal	Normal	Normal	O +	12.2	5.46	105	128	16	0.9	141	4.1	Normal	Lowerlimb surgery
14	Α	18	M	1	84	16	128	80	Normal	Normal	Normal	Normal	Normal	B +	13.3	3.6	41	126	13	0.9	138	4.1	Normal	Lowerlimb surgery
15	Α	30	M	2	78	14	124	78	Normal	Normal	Normal	Normal	Normal	AB+	14.9	5.14	144	100	15	1	139	4.4	Normal	Lowerlimb surgery
16	A	22	M	1	96	15	130	90	Normal	Normal	Normal	Normal	Normal	A+	14.9	5.14	144	112	11	1	136	4.4	Normal	Lowerlimb surgery
17	Α	24	M	2	96	16	134	70	Normal	Normal	Normal	Normal	Normal	O +	13.4	2.29	47	132	12	0.9	132	4.4	Normal	Lowerlimb surgery
18	A	19	M	1	98	14	142	70	Normal	Normal	Normal	Normal	Normal	O +	13.1	7	82	140	20	0.8	142	4	Normal	Lowerlimb surgery
19	A	27	M	2	100	15	130	84	Normal	Normal	Normal	Normal	Normal	O +	18.4	4.09	24	94	18	0.9	147	5	Normal	Lowerlimb surgery
20	A	40	M	1	110	16	118	80	Normal	Normal	Normal	Normal	Normal	O +	12.4	5.2	114	132	19	1.1	140	4	Normal	Lowerlimb surgery
21	A	35	M	2	100	18	110	78	Normal	Normal	Normal	Normal	Normal	O +	14.1	6.4	54	118	17	1.1	139	3.8	Normal	Lowerlimb surgery

22	A	19	M	1	90	17	132	92	Normal	Normal	Normal	Normal	Normal	B +	12.1	3.1	309	96	12	0.8	137	4.5	Normal	Lowerlimb surgery
23	A	24	M	2	90	20	126	80	Normal	Normal	Normal	Normal	Normal	AB+	27.5	2.4	155	94	14	0.9	142	4.4	Normal	Lowerlimb surgery
24	A	30	M	1	92	16	110	70	Normal	Normal	Normal	Normal	Normal	A +	11	4.7	52	99	15	1.1	140	5.1	Normal	Lowerlimb surgery
25	A	20	M	1	86	18	118	80	Normal	Normal	Normal	Normal	Normal	O +	12	34	178	123	13	0.9	140	3.01	Normal	Lowerlimb surgery
26	A	60	M	2	84	16	128	80	Normal	Normal	Normal	Normal	Normal	B +	7	96	39.8	96	16	0.7	136	3.8	Normal	Lowerlimb surgery
27	A	30	F	1	78	14	124	78	Normal	Normal	Normal	Normal	Normal	AB+	13.9	4.5	26	81	13	0.7	136	3.8	Normal	Lowerlimb surgery
28	A	45	M	1	96	15	130	90	Normal	Normal	Normal	Normal	Normal	A+	8.8	5.3	83	93	15	0.9	140	3.01	Normal	Lowerlimb surgery
29	В	22	F	1	96	16	134	70	Normal	Normal	Normal	Normal	Normal	O +	10.9	6.59	39	101	11	1.1	136	4.6	Normal	Lowerlimb surgery
30	В	46	M	2	98	14	142	70	Normal	Normal	Normal	Normal	Normal	O +	14	2.8	44	98	12	1.4	141	3.9	Normal	Lowerlimb surgery
31	В	32	M	2	100	15	130	84	Normal	Normal	Normal	Normal	Normal	O +	13.9	6.8	79	142	20	1	134	3.6	Normal	Lowerlimb surgery
32	В	34	F	1	110	16	118	80	Normal	Normal	Normal	Normal	Normal	O +	12.2	5.46	105	98	18	1.4	141	3.9	Normal	Lowerlimb surgery
33	В	20	M	2	100	18	110	78	Normal	Normal	Normal	Normal	Normal	O +	13.3	3.6	41	128	19	0.9	141	4.1	Normal	Lowerlimb surgery
34	В	23	M	1	90	17	132	92	Normal	Normal	Normal	Normal	Normal	O +	14.9	5.14	144	128	17	0.9	141	4.1	Normal	Lowerlimb surgery
35	В	18	M	1	90	20	118	80	Normal	Normal	Normal	Normal	Normal	O +	14.9	5.14	144	126	12	0.9	138	4.1	Normal	Lowerlimb surgery
36	В	30	M	1	86	18	128	80	Normal	Normal	Normal	Normal	Normal	B +	13.4	2.29	47	100	14	1	139	4.4	Normal	Lowerlimb surgery
37	В	22	M	2	84	16	124	78	Normal	Normal	Normal	Normal	Normal	AB+	18.4	4.09	24	112	15	1	136	4.4	Normal	Lowerlimb surgery
38	В	24	M	2	78	14	130	90	Normal	Normal	Normal	Normal	Normal	A +	12.4	5.2	114	99	13	0.8	147	7.5	Normal	Lowerlimb surgery
39	В	27	M	1	96	15	134	70	Normal	Normal	Normal	Normal	Normal	O +	14.1	6.4	54	180	16	1.4	143	5.1	Normal	Lowerlimb surgery
40	В	29	F	2	96	16	142	70	Normal	Normal	Normal	Normal	Normal	O +	12.1	3.1	309	123	13	1.1	139	3.8	Normal	Lowerlimb surgery
41	В	23	M	1	98	14	130	84	Normal	Normal	Normal	Normal	Normal	O +	27.5	2.4	155	96	15	0.8	137	4.5	Normal	Lowerlimb surgery
42	В	24	M	1	100	15	118	80	Normal	Normal	Normal	Normal	Normal	O +	11	4.7	52	81	11	0.9	142	4.4	Normal	Lowerlimb surgery
43	В	30	M	2	110	16	110	78	Normal	Normal	Normal	Normal	Normal	O +	12	34	178	93	12	1.1	140	5.1	Normal	Lowerlimb surgery
44	В	20	M	1	100	18	132	92	Pallor	Normal	Normal	Normal	Normal	B +	7	96	39.8	101	20	0.9	140	3.01	Normal	Lowerlimb surgery
45	В	60	M	2	90	17	126	80	Normal	Normal	Normal	Normal	Normal	AB+	13.9	4.5	26	98	18	0.7	136	3.8	Normal	Lowerlimb surgery
46	В	30	F	2	90	20	110	70	Normal	Normal	Normal	Normal	Normal	A +	8.8	5.3	83	142	19	0.7	136	3.8	Normal	Lowerlimb surgery
47	В	45	M	1	92	16	118	80	Normal	Normal	Normal	Normal	Normal	O +	10.9	6.59	39	98	17	0.9	140	3.01	Normal	Lowerlimb surgery
48	В	22	F	2	86	18	128	80	Normal	Normal	Normal	Normal	Normal	B +	14	2.8	44	128	12	1.1	136	4.6	Normal	Lowerlimb surgery
49	В	46	M	1	84	16	124	78	Normal	Normal	Normal	Normal	Normal	AB+	13.9	6.8	79	128	14	1.4	141	3.9	Normal	Lowerlimb surgery
50	В	32	M	2	78	14	130	90	Normal	Normal	Normal	Normal	Normal	A +	12.2	5.46	105	126	15	1	134	3.6	Normal	Lowerlimb surgery

51	В	34	F	1	96	15	134	70	Normal	Normal	Normal	Normal	Normal	O +	13.3	3.6	41	100	13	1.4	141	3.9	Normal	Lowerlimb surgery
52	В	20	M	2	96	16	142	70	Normal	Normal	Normal	Normal	Normal	A-	14.9	5.14	144	112	16	0.9	141	4.1	Normal	Lowerlimb surgery
53	В	23	M	1	98	14	130	84	Normal	Normal	Normal	Normal	Normal	O +	14.9	5.14	144	99	18	0.9	141	4.1	Normal	Lowerlimb surgery
54	В	18	M	2	100	15	118	80	Normal	Normal	Normal	Normal	Normal	A+	13.4	2.29	47	180	12	0.9	138	4.1	Normal	Lowerlimb surgery
55	В	30	M	1	110	16	110	78	Normal	Normal	Normal	Normal	Normal	B +	18.4	4.09	24	96	19	1	139	4.4	Normal	Lowerlimb surgery
56	В	22	M	2	100	18	132	92	Normal	Normal	Normal	Normal	Normal	AB+	12.4	5.2	114	115	11	1	136	4.4	Normal	Lowerlimb surgery

SI No	Group	Immediat e_NRS	1 hr_NRS	2 hr_NRS	4 hr_NRS	8 hr_NRS	12 hr NRS	24 hr NRS	36 hr NRS	48 hr NRS	60 hr NRS	72 hr NRS	Immediat e_Rescue analgesia	1 hr_Rescue analgesia	2 hr_Rescue	4 hr_Rescue	8 hr_Rescue	12 hr_Rescue	24 hr_Rescue	36 hr_Rescue	48 hr_Rescue	60 hr_Rescue	72 hr_Rescue
1	A	8	8	7	5	4	4	3	2	3	3	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
2	A	8	8	7	4	4	4	5	2	2	2	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
3	A	8	8	6	4	5	5	4	2	3	3	3	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
4	A	9	9	7	5	5	5	4	3	3	3	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
5	A	8	8	6	5	4	4	5	2	3	3	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
6	A	8	8	7	4	5	5	5	2	2	2	1	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
7	A	8	8	6	5	4	4	4	2	3	3	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
8	A	9	9	7	4	5	5	5	3	2	2	2	Yes	No	No	No	No	No	No	No	No	No	No
9	A	8	8	6	5	5	5	4	2	3	3	1	Yes	No	No	No	No	No	No	No	No	No	No
10	A	8	8	7	5	5	5	5	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No
11	A	8	8	7	5	4	4	5	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No
12	A	8	8	7	4	4	4	5	2	2	2	2	No	Yes	No	No	Yes	No	No	No	No	No	No
13	A	8	8	6	4	5	5	4	2	3	3	3	No	Yes	No	No	Yes	No	No	No	No	No	No
14	A	9	9	7	5	5	5	4	3	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
15	A	8	8	6	5	4	4	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
16	A	8	8	7	4	5	5	5	2	2	2	1	No	No	Yes	No	No	Yes	No	Yes	No	No	No
17	A	8	8	6	5	4	4	4	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
18	A	9	9	7	4	5	5	4	3	2	2	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
19	A	8	8	6	5	5	5	5	2	3	3	1	No	No	Yes	No	No	Yes	No	Yes	No	No	No
20	A	8	8	7	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
21	A	8	8	7	5	4	4	5	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No
22	A	8	8	7	4	4	4	4	2	2	2	2	Yes	No	No	No	No	No	No	No	No	No	No
23	A	8	8	6	4	4	4	4	2	3	3	3	Yes	No	No	No	No	No	No	No	No	No	No
24	A	9	9	7	5	5	5	5	3	3	3	2	No	Yes	No	Yes	Yes	No	Yes	No	Yes	No	No
25	A	8	8	6	5	5	5	5	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No

26	A	8	8	7	4	4	4	4	2	2	2	1	No	No	No	No	No	No	No	No	No	No	No
27	A	8	8	6	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
28	A	9	9	7	4	4	4	4	3	2	2	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
29	В	8	8	6	5	5	5	5	2	3	3	1	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
30	В	8	8	7	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
31	В	8	8	7	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	Yes	No
32	В	8	8	7	4	4	4	4	2	2	2	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
33	В	8	8	6	4	4	4	4	2	3	3	3	No	No	Yes	No	No	Yes	No	Yes	No	No	No
34	В	9	9	7	5	5	5	5	3	3	3	2	Yes	No	No	No	No	No	No	No	No	No	No
35	В	8	8	6	5	5	5	5	2	3	3	2	No	yes	No	No	yes	No	No	No	No	No	No
36	В	8	8	7	5	4	4	3	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No
37	В	8	8	7	4	5	5	5	2	2	2	2	No	No	Yes	No	No	No	No	No	No	No	No
38	В	8	8	6	4	4	4	4	2	3	3	3	No	No	No	Yes	No	No	No	No	No	No	No
39	В	9	9	7	5	5	5	4	3	3	3	2	Yes	No	No	No	No	No	No	No	No	No	No
40	В	8	8	6	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
41	В	8	8	7	4	5	5	5	2	2	2	1	No	No	Yes	No	No	Yes	No	Yes	No	No	No
42	В	8	8	6	5	4	4	4	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
43	В	9	9	7	4	4	4	5	3	2	2	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
44	В	8	8	6	5	4	4	4	2	3	3	1	No	No	Yes	No	No	Yes	No	Yes	No	No	No
45	В	8	8	7	5	5	5	5	2	3	3	2	Yes	No	Yes	No	No	Yes	No	Yes	No	No	No
46	В	8	8	7	5	5	5	5	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
47	В	8	8	7	4	4	4	5	2	2	2	2	No	No	No	Yes	No	No	No	No	No	No	No
48	В	8	8	6	4	5	5	4	2	3	3	3	No	No	No	Yes	No	No	No	No	No	No	No
49	В	9	9	7	5	4	4	4	3	3	3	2	No	No	No	Yes	No	No	No	No	No	No	No
50	В	8	8	6	5	5	5	5	2	3	3	2	No	No	No	Yes	No	No	No	No	No	No	No
51	В	8	8	7	4	5	5	5	2	2	2	1	No	No	No	Yes	No	No	No	No	No	No	No
52	В	8	8	6	5	5	5	4	2	3	3	2	No	No	Yes	No	No	Yes	No	Yes	No	No	No
53	В	9	9	7	4	4	4	4	3	2	2	2	No	Yes	No	No	Yes	No	No	No	No	No	No
54	В	8	8	6	5	4	4	5	2	3	3	1	Yes	No	No	No	No	No	No	No	No	No	No

	55	В	8	8	7	5	5	5	5	2	3	3	2	No	Yes	No	No	Yes	No	No	No	No	No	No
:	56	В	8	8	7	5	5	5	5	2	3	3	2	No	No	No	No	No	No	No	No	No	No	No